

2023-12-03 LAC deel 2
Leiden, 3-12-2023

Programmanr. 1
3-12-2023 - 14:30

200m vrije slag

Minioren 3 en 4
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Minioren 3 en 4, Jongens					
1.	Riff van der Zwaan	ZVL-1886 Center	2:48.93	201400053	2:37.81
	50m: 35.90	100m: 1:16.38	200m: 2:37.81		
2.	Niko Taylan	Niemo Barracuda	3:14.77	201500069	3:13.65
	50m: 42.89	100m: 1:33.49	200m: 3:13.65		
3.	Bob van Lith	ZVL-1886 Center	3:44.91	201400935	3:50.63
	50m: 52.91	100m: 1:53.39	200m: 3:50.63		
4.	Casper Thijssen	ZV Sassenheim	NT	201400939	3:56.46
	50m: 51.71	100m: 1:52.60	200m: 3:56.46		
5.	Kian Franks	ZVL-1886 Center	NT	201401413	4:24.32
	50m: 58.12	100m: 2:11.00	200m: 4:24.32		

Minioren 3 en 4, Meisjes

1.	Jolie Fransen	Blue Marlins	2:46.55	201400034	2:44.95
	50m: 37.25	100m: 1:19.33	200m: 2:44.95		

Programmanr. 2
3-12-2023 - 14:35

Jongens, 800m vrije slag

Junioren 1 en 2
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Lev Rudman	Blue Marlins	11:11.59	201102343	10:44.45
	50m: 34.75	100m: 1:14.94	200m: 2:38.48	400m: 5:25.91	800m: 10:44.45
2.	Maxwell Russel	Zpch	12:08.77	201002715	10:48.98
	50m: 36.48	100m: 1:16.37	200m: 2:39.51	400m: 5:24.24	800m: 10:48.98
3.	Joep Lindhout	Niemo Barracuda	11:28.84	201100873	11:00.37
	50m: 36.16	100m: 1:16.83	200m: 2:40.36	400m: 5:27.70	800m: 11:00.37
4.	Finn Knijnenburg	De Columbiaan	NT	201101319	11:33.27
	50m: 38.04	100m: 1:20.93	200m: 2:47.68	400m: 5:44.02	800m: 11:33.27
5.	Jake van Duivendijk	Blue Marlins	11:45.51	201000945	11:35.99
	50m: 37.38	100m: 1:19.88	200m: 2:49.35	400m: 5:48.65	800m: 11:35.99
6.	Jaysley Brouwn	Niemo Barracuda	12:11.49	201101033	11:55.03
	50m: 40.74	100m: 1:24.46	200m: 2:54.31	400m: 5:56.67	800m: 11:55.03
7.	Kaj van der Ham	ZVL-1886 Center	NT	201100325	11:57.18
	50m: 38.25	100m: 1:22.64	200m: 2:52.44	400m: 5:55.97	800m: 11:57.18
8.	Laurens Steenaart	Zpch	13:30.74	201100829	12:36.32
	50m: 41.93	100m: 1:29.80	200m: 3:05.93	400m: 6:20.16	800m: 12:36.32
9.	Teun Evers	ZVL-1886 Center	17:20.70	201101965	12:36.83
	50m: 42.25	100m: 1:29.60	200m: 3:06.75	400m: 6:21.47	800m: 12:36.83
10.	Jesse van 't Veer	Blue Marlins	NT	201002831	12:40.57
	50m: 40.72	100m: 1:25.96	250m: 3:01.48	400m: 6:17.77	800m: 12:40.57
11.	Victor Thijssen	ZV Sassenheim	NT	201102221	12:57.21
	50m: 40.61	100m: 1:25.86	200m: 3:01.89	400m: 6:21.21	800m: 12:57.21
12.	Enrico Avella	De Columbiaan	NT	201000727	13:24.76
	50m: 42.18	100m: 1:30.93	200m: 3:11.44	400m: 6:41.18	800m: 13:24.76
13.	Hidde Bouman	De Columbiaan	NT	201101893	13:38.90
	50m: 44.03	100m: 1:33.55	200m: 3:18.21	400m: 6:47.73	800m: 13:38.90
14.	Tim Barendrecht	Niemo Barracuda	NT	201100651	13:59.31
	50m: 42.59	100m: 1:32.92	200m: 3:19.73	400m: 6:56.75	800m: 13:59.31
15.	Siem Fieret	ZVL-1886 Center	NT	201101567	14:13.39
	50m: 46.37	100m: 1:37.40	200m: 3:25.90	400m: 7:07.67	800m: 14:13.39
AFGEM	Eli Shields	Niemo Barracuda	10:55.68	201000407	

2023-12-03 LAC deel 2
Leiden, 3-12-2023

Programmanr. 3
3-12-2023 - 15:24

Meisjes, 800m vrije slag

Junioren 1 en 2
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Milou Filemon	Blue Marlins	10:12.63	201100078	10:09.34
	50m: 33.90	100m: 1:11.32	200m: 2:28.16	400m: 5:03.13	800m: 10:09.34
2.	Rozalia Diederiks	ZVL-1886 Center	12:06.20	201100904	10:27.21
	50m: 34.15	100m: 1:12.50	200m: 2:30.96	400m: 5:13.80	800m: 10:27.21
3.	Kamila Makhmadiyarova	Blue Marlins	NT	201103178	11:30.09
	50m: 38.12	100m: 1:21.65	200m: 2:49.30	400m: 5:48.49	800m: 11:30.09
4.	Anouk Mulder	De Columbiaan	NT	201200962	11:39.83
	50m: 39.51	100m: 1:22.85	200m: 2:50.77	400m: 5:49.91	800m: 11:39.83
5.	Floortje Bakker	Blue Marlins	12:22.60	201101124	12:00.61
	50m: 38.71	100m: 1:22.32	200m: 2:52.22	400m: 5:56.46	800m: 12:00.61
6.	Tatum Vered	Blue Marlins	15:31.80	201201322	12:17.36
	50m: 39.79	100m: 1:24.17	200m: 2:57.37	400m: 6:06.27	800m: 12:17.36
7.	Danique Sanstra	De Columbiaan	NT	201200092	13:17.58
	50m: 42.37	100m: 1:30.55	200m: 3:11.86	400m: 6:34.19	800m: 13:17.58
8.	Yara Fortes	Blue Marlins	NT	201103030	13:41.66
	50m: 45.37	100m: 1:36.87	200m: 3:22.46	400m: 6:53.66	800m: 13:41.66
9.	Sofiia Budylevskya	Niemo Barracuda	NT	201102752	14:44.17
	50m: 49.49	100m: 1:43.06	200m: 2:33.58	400m: 7:20.82	800m: 14:44.17

Programmanr. 4
3-12-2023 - 15:56

Heren, 1500m vrije slag

Junioren 3 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Guus Hoogduin	ZVL-1886 Center	17:10.09	200201069	17:14.00
	50m: 30.18	100m: 1:03.03	200m: 2:09.98	400m: 4:26.26	800m: 9:05.24
					1500m: 17:14.00
2.	Jelte de Jong	Zpch	18:13.85	200900975	17:36.28
	50m: 30.71	100m: 1:05.00	200m: 2:15.50	400m: 4:37.99	800m: 9:23.14
					1500m: 17:36.28
3.	Aidan van der Stelt	Blue Marlins	17:57.59	200900901	18:10.48
	50m: 32.10	100m: 1:08.43	200m: 2:22.72	400m: 4:51.85	800m: 9:47.14
					1500m: 18:10.48
4.	Mark Hensen	Niemo Barracuda	18:30.00	197900497	18:31.13
	50m: 32.40	100m: 1:08.40	200m: 2:22.35	400m: 4:51.43	800m: 9:49.44
					1500m: 18:31.13
5.	Figo van Duuren	Zpch	18:18.03	200800391	18:46.13
	50m: 33.08	100m: 1:09.43	200m: 2:24.13	400m: 4:54.12	800m: 9:57.99
					1500m: 18:46.13
6.	Wesley van der Luit	ZV Sassenheim	19:28.42	199701895	19:13.41
	50m: 34.03	100m: 1:10.31	200m: 2:25.31	400m: 4:57.31	800m: 10:08.00
					1500m: 19:13.41
7.	Robin van Peenen	ZVL-1886 Center	19:44.06	200201059	20:00.88
	50m: 30.45	100m: 1:06.04	200m: 2:21.21	400m: 4:56.84	800m: 10:22.44
					1500m: 20:00.88
8.	Lucas Schouten	Zpch	23:29.52	200901925	20:19.40
	50m: 34.71	100m: 1:14.45	200m: 2:34.88	400m: 5:19.69	800m: 10:49.25
					1500m: 20:19.40
9.	Reinier Velthuijs	Niemo Barracuda	20:08.95	200503537	20:22.84
	50m: 35.29	100m: 1:14.17	200m: 2:34.16	400m: 5:15.78	800m: 10:43.89
					1500m: 20:22.84
10.	Brayden Vered	Blue Marlins	26:17.75	200802517	21:01.54
	50m: 37.43	100m: 1:18.21	200m: 2:43.32	400m: 5:35.48	800m: 11:17.45
					1500m: 21:01.54
11.	Jochem Evers	ZVL-1886 Center	NT	200903423	21:07.97
	50m: 38.69	100m: 1:21.97	200m: 2:49.59	400m: 5:41.94	800m: 11:21.44
					1500m: 21:07.97
12.	Lars Barendrecht	Niemo Barracuda	22:15.62	200800587	21:31.98
	50m: 35.94	100m: 1:16.66	200m: 2:41.59	400m: 5:33.31	800m: 11:21.26
					1500m: 21:31.98
13.	Thijs Bijman	Niemo Barracuda	21:29.09	200901111	21:35.62
	50m: 37.97	100m: 1:19.07	200m: 2:46.07	400m: 5:40.10	800m: 11:31.67
					1500m: 21:35.62
14.	Emiel Ghali	Niemo Barracuda	21:10.00	198701019	21:44.51
	50m: 35.48	100m: 1:14.56	200m: 2:37.91	400m: 5:30.68	800m: 11:23.16
					1500m: 21:44.51
15.	Mitchell van Dijk	Niemo Barracuda	NT	200800577	22:19.57
	50m: 39.33	100m: 1:23.51	200m: 2:51.63	400m: 5:51.03	800m: 11:53.36
					1500m: 22:19.57
16.	Yaroslav Budylevskiy	Niemo Barracuda	NT	200903563	22:19.86
	50m: 37.74	100m: 1:20.15	200m: 2:48.15	400m: 5:51.49	800m: 11:57.05
					1500m: 22:19.86
AFGEM	Robin van Beusekom	Niemo Barracuda	21:19.07	199205841	
AFGEM	Ids de Klerk	Niemo Barracuda	23:39.46	199803237	

2023-12-03 LAC deel 2
Leiden, 3-12-2023

Programmanr. 5
3-12-2023 - 17:33

Dames, 1500m vrije slag

Junioren 3 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Alysha de Jong 50m: 30.45	Zpch	17:44.19 200400086	17:49.46	17:49.46
2.	Anouchka Bos 50m: 31.90	Niemo Barracuda	19:02.73 200501528	18:37.29	18:37.29
3.	Nina Tetteroo 50m: 33.99	De Columbiaan	20:24.24 201000048	19:23.71	19:23.71
4.	Mila Oomens 50m: 33.95	Niemo Barracuda	19:47.22 200700016	19:35.15	19:35.15
5.	Jenny Muntinga 50m: 34.24	Zpch	NT 200900450	19:54.10	19:54.10
6.	Marijke Kommers 50m: 36.13	Niemo Barracuda	20:24.45 199305334	20:05.34	20:05.34
7.	Danielle Thuijs 50m: 35.49	Zpch	21:10.08 200305302	20:31.03	20:31.03
8.	Dewi ten Have 50m: 37.06	Zpch	24:13.86 200703738	21:17.60	21:17.60
9.	Guusje Winkel 50m: 36.70	Zpch	24:44.14 200704012	21:50.90	21:50.90
10.	Wictoria Diederiks 50m: 35.99	ZVL-1886 Center	24:18.22 200900758	21:52.88	21:52.88
11.	Sabine Looden 50m: 36.10	De Columbiaan	22:10.78 200601390	22:00.13	22:00.13
12.	Anne van Lith 50m: 37.95	ZVL-1886 Center	25:04.88 201001000	22:23.16	22:23.16
13.	Rosalie Moller 50m: 40.57	Niemo Barracuda	NT 200903292	22:43.22	22:43.22
14.	Valerie Bakker 50m: 38.19	ZVL-1886 Center	23:30.00 200103672	22:43.81	22:43.81
15.	Demi Bos 50m: 37.27	Niemo Barracuda	23:10.27 201001282	22:54.70	22:54.70
16.	Lynn Walter 50m: 41.59	Niemo Barracuda	24:30.57 201000394	24:18.56	24:18.56
17.	Aryana Franks 50m: 41.51	ZVL-1886 Center	NT 201002088	25:29.50	25:29.50
18.	Angeliek van Es 50m: 39.83	Niemo Barracuda	27:30.87 200902332	25:40.47	25:40.47

Programmanr. 6
3-12-2023 - 19:16

Jongens, 400m vrije slag

Minioren 5 en 6
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Kris Stoyanov 50m: 35.93	Blue Marlins	6:46.58 201201505	5:30.48	
2.	Loek van Lith 50m: 39.84	ZVL-1886 Center	6:10.29 201200683	6:02.17	
3.	Luuk Bijman 50m: 38.57	Niemo Barracuda	6:30.55 201200201	6:12.70	
4.	Teo Taylan 50m: 41.12	Niemo Barracuda	6:22.75 201300219	6:20.62	
5.	Jesse Walter 50m: 43.53	Niemo Barracuda	7:27.65 201200525	7:06.13	
6.	Jorn Klerk 50m: 48.60	ZVL-1886 Center	NT 201301277	7:20.72	
7.	Andrew Ho 50m: 51.82	Blue Marlins	9:58.74 201301211	7:44.35	
8.	Mick Redegeld 50m: 49.46	ZVL-1886 Center	NT 201301993	7:58.32	
AFGEM	Isai Shields	Niemo Barracuda	6:01.98 201300031		

2023-12-03 LAC deel 2
Leiden, 3-12-2023

Programmanr. 7
3-12-2023 - 19:35

Meisjes, 400m vrije slag

Minioren 5
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Tara van 't Veer	Blue Marlins	7:00.91	201300496	6:30.93
	50m: 42.75	100m: 1:32.50	200m: 3:13.82	400m: 6:30.93	
2.	Yeani Dukuray	ZVL-1886 Center	8:52.63	201300684	6:55.18
	50m: 42.32	100m: 1:32.54	200m: 3:19.86	400m: 6:55.18	
3.	Neva Aydemirli	Zpch	NT	201300706	8:17.82
	50m: 51.05	100m: 1:52.26	200m: 4:01.31	400m: 8:17.82	
AFGEM	Jelaysa Haimé	Blue Marlins	7:30.64	201301446	