

# Nederlandse Junioren Kampioenschappen korte baan



KNZB i.s.m. Z&PV Nuenen  
Eindhoven 8-12-2023 t/m 10-12-2023

Nummer: 1 - vrijdag 8 december 2023 om 15:30u (25 m)

Aanvangstijd juryvergadering: 14:30u

## 1. 400m vrije slag - Dames

11 - 12 jaar (Junioren 1 en 2)

1. Malin Roozeboom (WVZ, 201100006)					04:34.95(+79)		
50m	00:31.94 31,94	150m	01:42.04 35,39	250m	02:51.86 34,77	350m	04:01.29 34,63
100m	01:06.65 34,71	200m	02:17.09 35,05	300m	03:26.66 34,80		
2. Yill van Bezouw (Hieronymus, 201100704)					04:47.21(+71)		
50m	00:32.01 32,01	150m	01:44.26 36,50	250m	02:57.76 36,95	350m	04:12.64 37,64
100m	01:07.76 35,75	200m	02:20.81 36,55	300m	03:35.00 37,24		
3. Rozalia Diederiks (ZVL-1886, 201100904)					04:50.41(+83)		
50m	00:33.83 33,83	150m	01:48.02 37,74	250m	03:02.79 37,28	350m	04:15.90 35,97
100m	01:10.28 36,45	200m	02:25.51 37,49	300m	03:39.93 37,14		
4. Noa van Zalk (ZPC AMERSFOORT, 201102534)					04:51.23(+65)		
50m	00:32.32 32,32	150m	01:45.27 36,80	250m	02:59.61 37,37	350m	04:14.63 37,04
100m	01:08.47 36,15	200m	02:22.24 36,97	300m	03:37.59 37,98		
5. Anna Lepoutre (PSV, 201100534)					04:51.95(+64)		
50m	00:32.19 32,19	150m	01:46.13 37,56	250m	03:00.96 37,09	350m	04:15.95 37,50
100m	01:08.57 36,38	200m	02:23.87 37,74	300m	03:38.45 37,49		
6. Frédérique Nijziel (PSV, 201103114)					04:56.09(+75)		
50m	00:33.10 33,10	150m	01:49.67 38,83	250m	03:04.75 37,47	350m	04:19.52 37,16
100m	01:10.84 37,74	200m	02:27.28 37,61	300m	03:42.36 37,61		
7. Elin Reinstra (TriVia, 201100842)					04:56.91(+76)		
50m	00:33.12 33,12	150m	01:47.08 37,20	250m	03:03.79 38,26	350m	04:20.15 37,95
100m	01:09.88 36,76	200m	02:25.53 38,45	300m	03:42.20 38,41		
8. Odenza Soselisa (Blue Marlins, 201101780)					05:01.73(+72)		
50m	00:33.47 33,47	150m	01:49.46 38,67	250m	03:07.17 38,98	350m	04:24.99 38,99
100m	01:10.79 37,32	200m	02:28.19 38,73	300m	03:46.00 38,83		
9. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)					05:02.10(+76)		
50m	00:32.96 32,96	150m	01:50.02 39,03	250m	03:08.11 38,75	350m	04:26.65 38,93
100m	01:10.99 38,03	200m	02:29.36 39,34	300m	03:47.72 39,61		
10. Lola Verheijen (PSV, 201100832)					05:03.69(+63)		
50m	00:32.33 32,33	150m	01:49.35 38,95	250m	03:07.43 39,06	350m	04:25.57 39,08
100m	01:10.40 38,07	200m	02:28.37 39,02	300m	03:46.49 39,06		
11. Chloé in 't Veen (WVZ, 201100010)					05:03.97(+61)		
50m	00:33.63 33,63	150m	01:49.46 38,69	250m	03:08.11 39,62	350m	04:26.54 39,02
100m	01:10.77 37,14	200m	02:28.49 39,03	300m	03:47.52 39,41		
12. Elke Kriesels (Hieronymus, 201100898)					05:07.19(+80)		
50m	00:34.56 34,56	150m	01:52.13 39,53	250m	03:10.72 39,33	350m	04:29.56 39,53
100m	01:12.60 38,04	200m	02:31.39 39,26	300m	03:50.03 39,31		
13. Ylène Zondervan (ZPC AMERSFOORT, 201200016)					05:07.20(+94)		
50m	00:34.50 34,50	150m	01:51.70 39,20	250m	03:10.96 39,57	350m	04:29.92 39,10
100m	01:12.50 38,00	200m	02:31.39 39,69	300m	03:50.82 39,86		
14. Casharell Kraan (Blue Marlins, 201103426)					05:07.47(+62)		
50m	00:31.28 31,28	150m	01:47.03 38,70	250m	03:07.89 40,55	350m	04:28.87 40,25

	100m 01:08.33 37,05	200m 02:27.34 40,31	300m 03:48.62 40,73	
15. Mattea Gliese-Sloojer (De Dinkel, 201100008)				05:07.76(+83)
	50m 00:32.96 32,96	150m 01:50.09 39,30	250m 03:09.54 39,83	350m 04:29.32 39,89
	100m 01:10.79 37,83	200m 02:29.71 39,62	300m 03:49.43 39,89	
16. Noortje Bisperink (ZPC AMERSFOORT, 201100486)				05:10.37(+74)
	50m 00:35.03 35,03	150m 01:52.68 39,36	250m 03:12.51 39,92	350m 04:32.67 39,85
	100m 01:13.32 38,29	200m 02:32.59 39,91	300m 03:52.82 40,31	
17. Fanni Farkas (De Columbiaan, 201100360)				05:10.77(+64)
	50m 00:36.33 36,33	150m 01:54.30 39,09	250m 03:13.48 39,72	350m 04:31.46 38,55
	100m 01:15.21 38,88	200m 02:33.76 39,46	300m 03:52.91 39,43	
18. Melody Paulussen (De Dolfijn, 201101106)				05:11.47(+81)
	50m 00:36.56 36,56	150m 01:55.71 39,77	250m 03:14.93 39,52	350m 04:34.09 39,47
	100m 01:15.94 39,38	200m 02:35.41 39,70	300m 03:54.62 39,69	
19. Sterre de Veen (Hellas-Glana, 201100086)				05:14.11(+61)
	50m 00:33.68 33,68	150m 01:51.78 39,94	250m 03:12.39 40,32	350m 04:34.06 40,64
	100m 01:11.84 38,16	200m 02:32.07 40,29	300m 03:53.42 41,03	
20. Simone Brobbel (ZPC Numansdorp, 201200058)				05:14.52(+72)
	50m 00:35.63 35,63	150m 01:57.09 41,19	250m 03:17.73 39,18	350m 04:38.38 39,83
	100m 01:15.90 40,27	200m 02:38.55 41,46	300m 03:58.55 40,82	
21. Norell Kroeze (ZC Polaris, 201100378)				05:15.45(+74)
	50m 00:35.63 35,63	150m 01:56.88 41,07	250m 03:17.26 39,80	350m 04:36.72 39,29
	100m 01:15.81 40,18	200m 02:37.46 40,58	300m 03:57.43 40,17	
22. Mette Hogenhuis (Zwemlust- den Hommel, 201101254)				05:17.71(+88)
	50m 00:34.62 34,62	150m 01:55.10 40,76	250m 03:16.90 40,92	350m 04:39.06 40,77
	100m 01:14.34 39,72	200m 02:35.98 40,88	300m 03:58.29 41,39	
23. Isabel Amelink (Deltasteur, 201100196)				05:18.93(+92)
	50m 00:34.59 34,59	150m 01:54.70 41,18	250m 03:18.82 42,12	350m 04:40.55 41,20
	100m 01:13.52 38,93	200m 02:36.70 42,00	300m 03:59.35 40,53	
24. Julia Bannatyne (BZ&PC, 201201020)				05:18.94(+66)
	50m 00:36.02 36,02	150m 01:57.81 41,55	250m 03:20.87 41,18	350m 04:40.96 39,01
	100m 01:16.26 40,24	200m 02:39.69 41,88	300m 04:01.95 41,08	
25. Julia Ketelaars (Hellas-Glana, 201200028)				05:19.05(+82)
	50m 00:35.32 35,32	150m 01:55.76 41,07	250m 03:18.67 41,32	350m 04:41.74 42,07
	100m 01:14.69 39,37	200m 02:37.35 41,59	300m 03:59.67 41,00	
26. Lobke Hempenius (HZ&PC Heerenveen, 201100522)				05:19.53(+67)
	50m 00:35.72 35,72	150m 01:57.57 41,34	250m 03:20.79 41,90	350m 04:41.62 39,99
	100m 01:16.23 40,51	200m 02:38.89 41,32	300m 04:01.63 40,84	
27. Noa Spaans (De Dolfijn, 201100222)				05:20.01(+86)
	50m 00:35.48 35,48	150m 01:55.91 40,75	250m 03:18.53 41,42	350m 04:40.93 41,30
	100m 01:15.16 39,68	200m 02:37.11 41,20	300m 03:59.63 41,10	
28. Alissa Rooijackers (Z&PV Nuenen, 201101892)				05:20.81(+72)
	50m 00:35.95 35,95	150m 01:57.31 40,72	250m 03:19.73 40,92	350m 04:42.53 41,12
	100m 01:16.59 40,64	200m 02:38.81 41,50	300m 04:01.41 41,68	
29. Esmee Reuver (ZC Polaris, 201100846)				05:21.90(+60)
	50m 00:37.41 37,41	150m 01:58.61 40,89	250m 03:21.30 41,40	350m 04:43.14 40,63
	100m 01:17.72 40,31	200m 02:39.90 41,29	300m 04:02.51 41,21	
30. Nynke Muntinga (ZPCH, 201100060)				05:22.31(+57)
	50m 00:35.38 35,38	150m 01:56.06 41,10	250m 03:19.67 41,90	350m 04:42.73 41,16
	100m 01:14.96 39,58	200m 02:37.77 41,71	300m 04:01.57 41,90	
31. Morrison Schram (De Schelde, 201100686)				05:24.06(+80)
	50m 00:35.83 35,83	150m 01:57.93 41,46	250m 03:22.50 42,40	350m 04:46.27 40,75
	100m 01:16.47 40,64	200m 02:40.10 42,17	300m 04:05.52 43,02	
32. Sara Creemers (Hellas-Glana, 201100242)				05:24.30(+73)
	50m 00:35.84 35,84	150m 01:57.21 41,40	250m 03:20.29 41,78	350m 04:41.04 40,02

	100m 01:15.81 39,97	200m 02:38.51 41,30	300m 04:01.02 40,73		
33. Annefleur Schraa (SWOL 1894, 201100044)					05:24.34(+83)
	50m 00:37.06 37,06	150m 02:01.45 43,23	250m 03:25.48 41,68	350m 04:47.43 40,72	
	100m 01:18.22 41,16	200m 02:43.80 42,35	300m 04:06.71 41,23		
34. Vicky Horens (Hellas-Glana, 201200252)					05:24.76(+65)
	50m 00:36.66 36,66	150m 01:59.75 42,00	250m 03:23.78 42,01	350m 04:45.41 40,32	
	100m 01:17.75 41,09	200m 02:41.77 42,02	300m 04:05.09 41,31		
35. Esra Simon (Hellas-Glana, 201100004)					05:24.91(+67)
	50m 00:35.09 35,09	150m 01:54.80 40,54	250m 03:17.52 41,19	350m 04:39.55 40,23	
	100m 01:14.26 39,17	200m 02:36.33 41,53	300m 03:59.32 41,80		
36. Lise Markes (SBC2000, 201101276)					05:26.61(+76)
	50m 00:36.06 36,06	150m 01:58.45 41,81	250m 03:24.08 42,78	350m 04:47.86 41,17	
	100m 01:16.64 40,58	200m 02:41.30 42,85	300m 04:06.69 42,61		
37. Carlijn Dezutter (Scheldestroom, 201100770)					05:28.14(+73)
	50m 00:35.81 35,81	150m 01:57.90 41,63	250m 03:22.54 42,52	350m 04:45.61 40,36	
	100m 01:16.27 40,46	200m 02:40.02 42,12	300m 04:05.25 42,71		
38. Roubin van Kampen (ZPCH, 201200370)					05:28.51(+60)
	50m 00:37.21 37,21	150m 01:59.02 41,64	250m 03:24.03 43,06	350m 04:48.59 42,35	
	100m 01:17.38 40,17	200m 02:40.97 41,95	300m 04:06.24 42,21		
39. Meike van der Klugt (WVZ, 201100808)					05:30.21(+85)
	50m 00:35.36 35,36	150m 01:58.02 42,73	250m 03:23.97 43,02	350m 04:49.24 42,04	
	100m 01:15.29 39,93	200m 02:40.95 42,93	300m 04:07.20 43,23		
40. Emma van den Berg (V.Z.V. Njord, 201100830)					05:31.89(+76)
	50m 00:35.80 35,80	150m 02:01.05 43,50	250m 03:27.67 43,71	350m 04:53.27 42,35	
	100m 01:17.55 41,75	200m 02:43.96 42,91	300m 04:10.92 43,25		
41. Juno Toornend (Team Noord Holland, 201101718)					05:32.59(+62)
	50m 00:35.81 35,81	150m 01:57.92 42,32	250m 03:24.23 43,51	350m 04:50.51 42,95	
	100m 01:15.60 39,79	200m 02:40.72 42,80	300m 04:07.56 43,33		
42. Minke Bouman (Blue Marlins, 201100104)					05:33.50(+74)
	50m 00:36.63 36,63	150m 02:00.65 42,06	250m 03:27.60 42,92	350m 04:53.73 42,74	
	100m 01:18.59 41,96	200m 02:44.68 44,03	300m 04:10.99 43,39		
43. Elle van Gemeren (DAW, 201100428)					05:34.05(+84)
	50m 00:36.42 36,42	150m 01:59.53 42,63	250m 03:26.03 42,96	350m 04:52.78 43,02	
	100m 01:16.90 40,48	200m 02:43.07 43,54	300m 04:09.76 43,73		
44. Eva ter Horst (ZPC Hoogeveen, 201200070)					05:37.22(+87)
	50m 00:38.10 38,10	150m 02:02.43 42,36	250m 03:28.93 43,56	350m 04:56.48 43,92	
	100m 01:20.07 41,97	200m 02:45.37 42,94	300m 04:12.56 43,63		
45. Amila Mustafic (DZ&PC, 201200026)					05:39.39(+89)
	50m 00:34.66 34,66	150m 02:00.68 44,18	250m 03:30.64 45,23	350m 04:55.41 42,43	
	100m 01:16.50 41,84	200m 02:45.41 44,73	300m 04:12.98 42,34		
46. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)					05:41.20(+71)
	50m 00:37.45 37,45	150m 02:02.59 43,39	250m 03:31.66 44,90	350m 05:00.99 44,19	
	100m 01:19.20 41,75	200m 02:46.76 44,17	300m 04:16.80 45,14		
47. Syll Rinsma (Orca, 201200798)					05:43.02(+54)
	50m 00:36.58 36,58	150m 02:02.50 43,82	250m 03:32.12 45,24	350m 05:00.72 43,83	
	100m 01:18.68 42,10	200m 02:46.88 44,38	300m 04:16.89 44,77		
48. Alaine Dumont (ZV De Watervogels, 201102140)					05:43.44(+66)
	50m 00:35.88 35,88	150m 01:59.31 41,98	250m 03:28.11 44,54	350m 04:59.13 45,40	
	100m 01:17.33 41,45	200m 02:43.57 44,26	300m 04:13.73 45,62		
49. Charlie Klaver (De Dolfijn, 201102094)					05:50.23(+69)
	50m 00:38.92 38,92	150m 02:08.08 45,38	250m 03:39.73 45,98	350m 05:09.25 44,58	
	100m 01:22.70 43,78	200m 02:53.75 45,67	300m 04:24.67 44,94		
DIS. Milou Filemon (Blue Marlins, 201100078)					00:00.00

2. 400m vrije slag - Heren

12 - 13 jaar (Junioren 1 en 2)

1. Ramon Vos (ZPC Hoogeveen, 201100051)					04:37.29(+58)
50m	00:29.69 29,69	150m	01:40.15 35,72	250m	02:51.70 35,85
100m	01:04.43 34,74	200m	02:15.85 35,70	300m	03:27.39 35,69
350m	04:02.92 35,53				
2. Abel op den Velde (De Duinkickers, 201000079)					04:38.00(+74)
50m	00:30.63 30,63	150m	01:40.74 35,66	250m	02:52.36 35,96
100m	01:05.08 34,45	200m	02:16.40 35,66	300m	03:28.54 36,18
350m	04:03.98 35,44				
3. Alief Jan van der Sluis (PSV, 201003425)					04:41.06(+77)
50m	00:31.17 31,17	150m	01:43.16 36,54	250m	02:55.20 35,50
100m	01:06.62 35,45	200m	02:19.70 36,54	300m	03:32.01 36,81
350m	04:09.30 37,29				
4. Mathijs de Wit (KSN (SG), 201001215)					04:41.88(+77)
50m	00:31.18 31,18	150m	01:42.60 35,97	250m	02:55.39 36,68
100m	01:06.63 35,45	200m	02:18.71 36,11	300m	03:31.30 35,91
350m	04:07.15 35,85				
5. Ruben Kragt (ZV 44, 201000007)					04:41.99(+68)
50m	00:30.23 30,23	150m	01:40.50 36,03	250m	02:53.50 36,47
100m	01:04.47 34,24	200m	02:17.03 36,53	300m	03:30.23 36,73
350m	04:06.74 36,51				
6. Mattias Stolk (HZ&PC Heerenveen, 201000525)					04:42.82(+67)
50m	00:32.02 32,02	150m	01:43.14 35,95	250m	02:55.67 36,00
100m	01:07.19 35,17	200m	02:19.67 36,53	300m	03:31.90 36,23
350m	04:08.29 36,39				
7. Oleksandr Hordiienko (ZV De Aalscholver, 201003061)					04:42.96(+85)
50m	00:31.30 31,30	150m	01:43.80 36,81	250m	02:56.84 36,21
100m	01:06.99 35,69	200m	02:20.63 36,83	300m	03:32.60 35,76
350m	04:07.69 35,09				
8. Thijmen Pruijssers (Hieronymus, 201000129)					04:43.76(+63)
50m	00:30.48 30,48	150m	01:41.70 36,52	250m	02:54.48 36,85
100m	01:05.18 34,70	200m	02:17.63 35,93	300m	03:31.58 37,10
350m	04:08.10 36,52				
9. Mathieu Gepkens (VZC, 201000045)					04:44.40(+81)
50m	00:31.51 31,51	150m	01:42.80 35,89	250m	02:55.91 36,70
100m	01:06.91 35,40	200m	02:19.21 36,41	300m	03:32.61 36,70
350m	04:09.03 36,42				
10. Evren Ege Orcunus (De Dolfijn, 201003253)					04:44.97(+64)
50m	00:30.38 30,38	150m	01:38.86 34,97	250m	02:52.63 37,33
100m	01:03.89 33,51	200m	02:15.30 36,44	300m	03:29.86 37,23
350m	04:08.09 38,23				
11. Max van der Spank (Hieronymus, 201000275)					04:44.99(+80)
50m	00:31.16 31,16	150m	01:42.85 36,31	250m	02:56.25 37,16
100m	01:06.54 35,38	200m	02:19.09 36,24	300m	03:32.85 36,60
350m	04:09.41 36,56				
12. Mauro Bedeke (DAW, 201000537)					04:45.81(+62)
50m	00:31.60 31,60	150m	01:43.08 36,50	250m	02:57.03 37,25
100m	01:06.58 34,98	200m	02:19.78 36,70	300m	03:33.60 36,57
350m	04:10.92 37,32				
13. Baris Tomu (ZPCH, 201000869)					04:45.88(+67)
50m	00:31.37 31,37	150m	01:42.36 35,80	250m	02:56.25 37,12
100m	01:06.56 35,19	200m	02:19.13 36,77	300m	03:33.52 37,27
350m	04:10.48 36,96				
14. Bink Elgersma (Zwemlust- den Hommel, 201000137)					04:47.20(+83)
50m	00:30.31 30,31	150m	01:42.14 36,82	250m	02:56.15 36,92
100m	01:05.32 35,01	200m	02:19.23 37,09	300m	03:33.76 37,61
350m	04:11.12 37,36				
15. Eli Shields (Niemo Barracuda, 201000407)					04:47.98(+73)
50m	00:32.30 32,30	150m	01:45.12 36,68	250m	02:58.77 36,73
100m	01:08.44 36,14	200m	02:22.04 36,92	300m	03:36.34 37,57
350m	04:13.01 36,67				
16. Dax van den Nouland (Blue Marlins, 201000071)					04:48.00(+73)
50m	00:32.05 32,05	150m	01:45.08 36,77	250m	02:58.27 36,49
100m	01:08.31 36,26	200m	02:21.78 36,70	300m	03:35.41 37,14
350m	04:12.23 36,82				
17. Girish Nolden (Blue Marlins, 201000087)					04:49.42(+72)
50m	00:31.69 31,69	150m	01:45.60 37,44	250m	03:01.16 38,12
100m	01:08.16 36,47	200m	02:23.04 37,44	300m	03:38.41 37,25
350m	04:14.74 36,33				
18. Myron Artemenko (Niemo Barracuda, 201003021)					04:49.66(+69)

	50m 00:31.53 31,53	150m 01:43.60 36,59	250m 02:57.19 36,61	350m 04:13.04 38,64	
	100m 01:07.01 35,48	200m 02:20.58 36,98	300m 03:34.40 37,21		
19. Joey Snabel (ZPC AMERSFOORT, 201002847)					04:49.82(+64)
	50m 00:31.00 31,00	150m 01:43.61 37,15	250m 02:58.90 37,85	350m 04:14.76 37,60	
	100m 01:06.46 35,46	200m 02:21.05 37,44	300m 03:37.16 38,26		
20. Sven Casper Hageman (Steenwijk 1934, 201000009)					04:49.93(+67)
	50m 00:29.98 29,98	150m 01:41.28 36,42	250m 02:57.33 38,07	350m 04:13.39 37,91	
	100m 01:04.86 34,88	200m 02:19.26 37,98	300m 03:35.48 38,15		
21. Gwee Bokma (Zwemlust- den Hommel, 201002259)					04:50.82(+76)
	50m 00:31.74 31,74	150m 01:44.96 36,82	250m 02:57.99 36,72	350m 04:10.77 35,99	
	100m 01:08.14 36,40	200m 02:21.27 36,31	300m 03:34.78 36,79		
22. Tycho Wienbelt (De Vikings, 201001397)					04:51.28(+76)
	50m 00:33.28 33,28	150m 01:45.59 36,83	250m 03:00.22 37,16	350m 04:14.56 37,00	
	100m 01:08.76 35,48	200m 02:23.06 37,47	300m 03:37.56 37,34		
23. Kris Westerhout (ZZ&PC De Devel, 201000883)					04:52.43(+65)
	50m 00:32.11 32,11	150m 01:45.15 36,80	250m 02:59.59 37,49	350m 04:15.24 38,09	
	100m 01:08.35 36,24	200m 02:22.10 36,95	300m 03:37.15 37,56		
24. Mathijs Boersma (ZPC Hoogeveen, 201000313)					04:52.46(+82)
	50m 00:32.12 32,12	150m 01:45.48 37,04	250m 03:00.21 37,57	350m 04:15.52 37,82	
	100m 01:08.44 36,32	200m 02:22.64 37,16	300m 03:37.70 37,49		
25. Matthijs van Velzen (ZV 44, 201100435)					04:52.64(+75)
	50m 00:31.63 31,63	150m 01:45.34 37,13	250m 03:00.00 37,40	350m 04:15.61 37,82	
	100m 01:08.21 36,58	200m 02:22.60 37,26	300m 03:37.79 37,79		
26. Stijn Dijkstra (DZ&PC, 201000279)					04:55.21(+68)
	50m 00:34.45 34,45	150m 01:49.47 37,80	250m 03:03.30 37,03	350m 04:18.60 38,02	
	100m 01:11.67 37,22	200m 02:26.27 36,80	300m 03:40.58 37,28		
27. Melle Pittie (Zwemclub Eijsden, 201000179)					04:56.27(+78)
	50m 00:33.33 33,33	150m 01:48.12 37,71	250m 03:05.03 39,10	350m 04:20.55 37,65	
	100m 01:10.41 37,08	200m 02:25.93 37,81	300m 03:42.90 37,87		
28. Duco de Gelder (Blue Marlins, 201000217)					04:58.18(+70)
	50m 00:31.69 31,69	150m 01:45.74 37,57	250m 03:02.47 38,57	350m 04:20.28 38,92	
	100m 01:08.17 36,48	200m 02:23.90 38,16	300m 03:41.36 38,89		
29. Yorre van der Wal (ZV 44, 201000017)					04:59.33(+83)
	50m 00:32.84 32,84	150m 01:47.40 37,37	250m 03:04.01 38,24	350m 04:21.90 39,31	
	100m 01:10.03 37,19	200m 02:25.77 38,37	300m 03:42.59 38,58		
30. Thijn Runia (DZT'62, 201000895)					05:00.27(+74)
	50m 00:32.92 32,92	150m 01:49.11 38,14	250m 03:07.06 39,32	350m 04:24.07 38,36	
	100m 01:10.97 38,05	200m 02:27.74 38,63	300m 03:45.71 38,65		
31. Thijs Jonkman (De Duck, 201000481)					05:00.54(+66)
	50m 00:32.04 32,04	150m 01:45.93 37,73	250m 03:03.37 39,01	350m 04:23.12 39,04	
	100m 01:08.20 36,16	200m 02:24.36 38,43	300m 03:44.08 40,71		
32. Tygo van de Wal (DVK, 201001329)					05:01.11(+75)
	50m 00:33.49 33,49	150m 01:49.00 38,39	250m 03:06.57 38,47	350m 04:24.05 38,55	
	100m 01:10.61 37,12	200m 02:28.10 39,10	300m 03:45.50 38,93		
33. Finn Wensveen (Zv de Ham, 201000811)					05:01.13(+85)
	50m 00:33.55 33,55	150m 01:49.05 38,11	250m 03:06.34 38,52	350m 04:24.30 39,05	
	100m 01:10.94 37,39	200m 02:27.82 38,77	300m 03:45.25 38,91		
34. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)					05:02.11(+56)
	50m 00:33.17 33,17	150m 01:48.90 38,25	250m 03:07.01 39,22	350m 04:24.83 38,28	
	100m 01:10.65 37,48	200m 02:27.79 38,89	300m 03:46.55 39,54		
35. Mees Janssen (DSZ, 201102025)					05:02.64(+63)
	50m 00:32.24 32,24	150m 01:45.69 37,14	250m 03:01.70 38,47	350m 04:22.48 40,32	
	100m 01:08.55 36,31	200m 02:23.23 37,54	300m 03:42.16 40,46		
36. Sven Potappel (DVK, 201000127)					05:03.84(+63)

	50m 00:33.33 33,33	150m 01:50.12 38,76	250m 03:08.59 39,46	350m 04:26.03 38,26	
	100m 01:11.36 38,03	200m 02:29.13 39,01	300m 03:47.77 39,18		
37. Jorick Johannes (HZ&PC Heerenveen, 201000403)					05:06.25(+68)
	50m 00:33.36 33,36	150m 01:51.54 39,31	250m 03:09.87 38,53	350m 04:29.28 39,69	
	100m 01:12.23 38,87	200m 02:31.34 39,80	300m 03:49.59 39,72		
38. Nordin Vermeer (DWK, 201000227)					05:06.30(+67)
	50m 00:33.96 33,96	150m 01:49.63 37,99	250m 03:07.84 39,74	350m 04:28.64 40,99	
	100m 01:11.64 37,68	200m 02:28.10 38,47	300m 03:47.65 39,81		
39. Vince van Dam (ACZ, 201000405)					05:07.77(+75)
	50m 00:33.58 33,58	150m 01:48.97 38,42	250m 03:07.92 39,69	350m 04:28.45 40,14	
	100m 01:10.55 36,97	200m 02:28.23 39,26	300m 03:48.31 40,39		
40. Nick Vodde (AZ&PC De Futen, 201002211)					05:08.61(+79)
	50m 00:33.57 33,57	150m 01:50.68 39,64	250m 03:10.15 39,61	350m 04:30.33 39,98	
	100m 01:11.04 37,47	200m 02:30.54 39,86	300m 03:50.35 40,20		
41. Dax Muijlaert (SG Octopus - ZVV, 201100535)					05:09.30(+74)
	50m 00:34.03 34,03	150m 01:51.35 39,00	250m 03:10.68 39,70	350m 04:30.42 39,91	
	100m 01:12.35 38,32	200m 02:30.98 39,63	300m 03:50.51 39,83		
42. Kasper Lubbers (Orca, 201100025)					05:09.93(+67)
	50m 00:34.83 34,83	150m 01:51.77 38,74	250m 03:11.00 39,85	350m 04:31.12 40,01	
	100m 01:13.03 38,20	200m 02:31.15 39,38	300m 03:51.11 40,11		
43. Kick Germers (SWOL 1894, 201000185)					05:10.00(+73)
	50m 00:34.81 34,81	150m 01:52.27 38,99	250m 03:11.79 39,96	350m 04:32.15 40,29	
	100m 01:13.28 38,47	200m 02:31.83 39,56	300m 03:51.86 40,07		
44. Amor van der Veen (ZV 44, 201100197)					05:10.78(+65)
	50m 00:33.43 33,43	150m 01:52.01 39,92	250m 03:12.60 40,84	350m 04:32.45 39,69	
	100m 01:12.09 38,66	200m 02:31.76 39,75	300m 03:52.76 40,16		
45. Franzi Ziegler (DAW, 201100891)					05:10.95(+66)
	50m 00:33.79 33,79	150m 01:51.19 39,22	250m 03:11.32 40,10	350m 04:32.97 41,05	
	100m 01:11.97 38,18	200m 02:31.22 40,03	300m 03:51.92 40,60		
46. Luca Monster (ZPC Numansdorp, 201100343)					05:16.23(+66)
	50m 00:34.22 34,22	150m 01:53.11 39,86	250m 03:13.85 40,52	350m 04:36.33 41,37	
	100m 01:13.25 39,03	200m 02:33.33 40,22	300m 03:54.96 41,11		
47. Nils Bellert (SG Octopus - ZVV, 201100347)					05:17.75(+79)
	50m 00:35.46 35,46	150m 01:54.78 40,52	250m 03:17.53 41,45	350m 04:38.98 40,14	
	100m 01:14.26 38,80	200m 02:36.08 41,30	300m 03:58.84 41,31		
48. Joep Lindhout (Niemo Barracuda, 201100873)					05:17.87(+74)
	50m 00:35.49 35,49	150m 01:55.18 39,74	250m 03:16.07 40,50	350m 04:37.42 39,88	
	100m 01:15.44 39,95	200m 02:35.57 40,39	300m 03:57.54 41,47		
49. Cayden Malone (De Dolfijn, 201002195)					05:18.95(+62)
	50m 00:32.64 32,64	150m 01:47.82 38,90	250m 03:11.63 42,19	350m 04:37.94 42,86	
	100m 01:08.92 36,28	200m 02:29.44 41,62	300m 03:55.08 43,45		
50. Nathan Magava (De Dolfijn, 201003067)					05:28.95(+62)
	50m 00:34.91 34,91	150m 01:55.49 41,03	250m 03:19.79 42,47	350m 04:46.83 43,69	
	100m 01:14.46 39,55	200m 02:37.32 41,83	300m 04:03.14 43,35		
3. 400m wisselslag - Dames					
13 - 14 jaar (Junioren 3 en 4)					
1. Fay Boxum (DZ&PC, 200900060)					05:00.05(+68)
	50m 00:31.38 31,38	150m 01:45.85 36,16	250m 03:04.93 42,42	350m 04:24.91 36,05	
	100m 01:09.69 38,31	200m 02:22.51 36,66	300m 03:48.86 43,93		
2. Juliëtte Woltjes (VZC, 200900774)					05:01.36(+81)
	50m 00:31.46 31,46	150m 01:47.63 39,56	250m 03:09.50 42,91	350m 04:29.53 36,12	
	100m 01:08.07 36,61	200m 02:26.59 38,96	300m 03:53.41 43,91		
3. Elin Ditewig (VZC, 200900392)					05:01.51(+73)
	50m 00:30.92 30,92	150m 01:45.12 37,70	250m 03:07.39 44,62	350m 04:27.55 35,12	

	100m 01:07.42 36,50	200m 02:22.77 37,65	300m 03:52.43 45,04		
4. Luus Gielens (PSV, 200900138)					05:08.89(+88)
	50m 00:32.29 32,29	150m 01:49.01 38,59	250m 03:12.44 45,35	350m 04:33.95 36,24	
	100m 01:10.42 38,13	200m 02:27.09 38,08	300m 03:57.71 45,27		
5. Bregje Dekkers (PSV, 200900746)					05:09.48(+71)
	50m 00:32.59 32,59	150m 01:50.33 40,53	250m 03:14.24 44,16	350m 04:35.29 35,74	
	100m 01:09.80 37,21	200m 02:30.08 39,75	300m 03:59.55 45,31		
6. Amber Kunst (DAW, 200900680)					05:19.52(+66)
	50m 00:33.20 33,20	150m 01:54.75 40,54	250m 03:18.89 45,05	350m 04:43.08 37,60	
	100m 01:14.21 41,01	200m 02:33.84 39,09	300m 04:05.48 46,59		
7. Suuz Griekspoor (Noordwijkerhout, 200901204)					05:20.92(+72)
	50m 00:32.67 32,67	150m 01:54.14 41,25	250m 03:20.36 45,43	350m 04:44.79 37,35	
	100m 01:12.89 40,22	200m 02:34.93 40,79	300m 04:07.44 47,08		
8. Lotte Lübbers (KSN (SG), 200900190)					05:21.42(+71)
	50m 00:34.17 34,17	150m 01:56.88 41,81	250m 03:23.43 46,63	350m 04:47.26 36,64	
	100m 01:15.07 40,90	200m 02:36.80 39,92	300m 04:10.62 47,19		
9. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)					05:21.58(+63)
	50m 00:32.92 32,92	150m 01:52.14 41,05	250m 03:19.05 46,06	350m 04:46.38 39,25	
	100m 01:11.09 38,17	200m 02:32.99 40,85	300m 04:07.13 48,08		
10. Tess Vonk (De Geul, 200900024)					05:25.67(+64)
	50m 00:31.69 31,69	150m 01:51.96 42,33	250m 03:18.91 44,84	350m 04:45.96 40,73	
	100m 01:09.63 37,94	200m 02:34.07 42,11	300m 04:05.23 46,32		
11. Erin de Jong (GZC DONK, 201000024)					05:26.10(+91)
	50m 00:33.62 33,62	150m 01:52.38 40,21	250m 03:21.63 48,91	350m 04:48.83 38,00	
	100m 01:12.17 38,55	200m 02:32.72 40,34	300m 04:10.83 49,20		
12. Fenne Metten (ZPC AMERSFOORT, 201000102)					05:26.58(+73)
	50m 00:33.38 33,38	150m 01:55.41 42,26	250m 03:22.98 47,53	350m 04:50.57 37,94	
	100m 01:13.15 39,77	200m 02:35.45 40,04	300m 04:12.63 49,65		
13. Carla Moreno Palacios (De Dolfijn, 201002302)					05:28.53(+70)
	50m 00:34.47 34,47	150m 01:58.96 42,58	250m 03:25.95 45,41	350m 04:50.71 38,80	
	100m 01:16.38 41,91	200m 02:40.54 41,58	300m 04:11.91 45,96		
14. Myrthe Stelten (Hellas-Glana, 200900234)					05:28.60(+76)
	50m 00:33.66 33,66	150m 01:56.46 42,84	250m 03:22.70 44,49	350m 04:49.28 41,36	
	100m 01:13.62 39,96	200m 02:38.21 41,75	300m 04:07.92 45,22		
15. Madeleine Bertram (De Dolfijn, 200900516)					05:28.74(+65)
	50m 00:33.67 33,67	150m 01:55.62 40,49	250m 03:24.80 49,19	350m 04:52.48 38,19	
	100m 01:15.13 41,46	200m 02:35.61 39,99	300m 04:14.29 49,49		
16. Nienke Koster (ZPC Hoogeveen, 200900612)					05:29.27(+64)
	50m 00:33.93 33,93	150m 01:55.45 40,41	250m 03:22.87 46,70	350m 04:50.48 40,07	
	100m 01:15.04 41,11	200m 02:36.17 40,72	300m 04:10.41 47,54		
17. Fenna Zusterzeel (PSV, 201000008)					05:29.49(+73)
	50m 00:34.53 34,53	150m 01:58.54 41,02	250m 03:23.91 45,23	350m 04:50.27 40,30	
	100m 01:17.52 42,99	200m 02:38.68 40,14	300m 04:09.97 46,06		
18. Jenny Muntinga (ZPCH, 200900450)					05:30.03(+69)
	50m 00:34.10 34,10	150m 01:57.64 41,79	250m 03:26.57 47,73	350m 04:53.21 38,39	
	100m 01:15.85 41,75	200m 02:38.84 41,20	300m 04:14.82 48,25		
19. Marre van der Wal (ZV 44, 201000046)					05:30.07(+73)
	50m 00:36.48 36,48	150m 02:01.73 42,81	250m 03:28.10 44,04	350m 04:53.06 39,01	
	100m 01:18.92 42,44	200m 02:44.06 42,33	300m 04:14.05 45,95		
20. Rixt Rothschild (ZC Borger, 200900026)					05:34.40(+70)
	50m 00:34.92 34,92	150m 01:57.98 42,86	250m 03:26.78 45,82	350m 04:55.76 41,69	
	100m 01:15.12 40,20	200m 02:40.96 42,98	300m 04:14.07 47,29		
21. Anna Strang van Hees (De Duinkickers, 200902566)					05:34.77(+90)
	50m 00:36.00 36,00	150m 02:00.93 42,33	250m 03:29.88 46,72	350m 04:57.13 39,01	

	100m 01:18.60	200m 02:43.16	300m 04:18.12			
22. Anouk Molenberg (VZC, 200902112)					05:36.54(+78)	
	50m 00:34.54	150m 02:00.00	250m 03:30.52	350m 05:00.06		
	100m 01:15.30	200m 02:42.40	300m 04:19.63			
23. Flo Streep (DAW, 200900676)					05:37.04(+82)	
	50m 00:34.17	150m 02:02.09	250m 03:33.63	350m 05:01.07		
	100m 01:18.84	200m 02:44.81	300m 04:22.93			
24. Karlijn Siderius (DWK, 200900032)					05:37.44(+77)	
	50m 00:32.19	150m 01:56.69	250m 03:29.95	350m 04:59.88		
	100m 01:12.93	200m 02:39.81	300m 04:20.97			
25. Nina Tetteroo (De Columbiaan, 201000048)					05:37.64(+81)	
	50m 00:35.42	150m 02:02.23	250m 03:31.89	350m 04:59.88		
	100m 01:18.95	200m 02:43.65	300m 04:20.50			
26. Anne Engbersen (ZPC AMERSFOORT, 201000044)					05:39.65(+79)	
	50m 00:35.75	150m 02:03.41	250m 03:34.75	350m 05:02.53		
	100m 01:20.63	200m 02:45.48	300m 04:24.03			
27. Esmaé de Gans (ZPC AMERSFOORT, 200900134)					05:39.94(+78)	
	50m 00:34.34	150m 02:00.37	250m 03:30.02	350m 05:00.33		
	100m 01:15.91	200m 02:43.10	300m 04:20.67			
28. Sterre Dietvorst (ZPC AMERSFOORT, 200900726)					05:40.57(+85)	
	50m 00:33.83	150m 02:03.34	250m 03:35.05	350m 05:03.73		
	100m 01:17.95	200m 02:46.55	300m 04:26.15			
29. Femke ter Horst (ZPC Hoogeveen, 201000108)					05:40.78(+80)	
	50m 00:35.39	150m 02:00.33	250m 03:33.13	350m 05:02.81		
	100m 01:17.19	200m 02:42.52	300m 04:23.07			
30. Manou Longayroux (Blue Marlins, 201000580)					05:40.80(+67)	
	50m 00:33.88	150m 01:56.71	250m 03:28.97	350m 05:02.29		
	100m 01:13.52	200m 02:38.11	300m 04:20.68			
30. Elin Baars (DWK, 201000138)					05:40.80(+77)	
	50m 00:35.30	150m 02:04.11	250m 03:34.23	350m 05:02.16		
	100m 01:18.33	200m 02:46.96	300m 04:22.39			
32. Wieke Dekker (De Dolfijn, 201002020)					05:40.98(+75)	
	50m 00:38.82	150m 02:09.52	250m 03:38.21	350m 05:04.35		
	100m 01:25.90	200m 02:52.00	300m 04:24.77			
33. Gwen Hermans (De Columbiaan, 200900058)					05:46.07(+68)	
	50m 00:34.43	150m 01:59.46	250m 03:33.27	350m 05:07.53		
	100m 01:15.94	200m 02:41.74	300m 04:25.78			
34. Grace Peters (Feijenoord Albion, 200901474)					05:49.33(+75)	
	50m 00:34.62	150m 02:02.74	250m 03:36.23	350m 05:09.00		
	100m 01:15.88	200m 02:48.09	300m 04:25.96			
35. Anouk Steller (WVZ, 201000004)					05:52.32(+80)	
	50m 00:34.50	150m 02:00.11	250m 03:36.29	350m 05:11.32		
	100m 01:16.98	200m 02:44.23	300m 04:29.91			
36. Marjolje Spelde (ZC Borger, 200900266)					05:53.98(+75)	
	50m 00:35.27	150m 02:02.34	250m 03:35.82	350m 05:12.42		
	100m 01:19.63	200m 02:43.73	300m 04:30.29			
37. Annebel Kluijtmans (Arethusa, 200900808)					05:54.77(+83)	
	50m 00:38.18	150m 02:06.83	250m 03:40.27	350m 05:13.56		
	100m 01:24.18	200m 02:50.77	300m 04:31.18			
38. Alexx Broekman (Arethusa, 200902374)					05:56.54(+92)	
	50m 00:38.65	150m 02:12.43	250m 03:47.47	350m 05:19.47		
	100m 01:25.78	200m 02:56.38	300m 04:38.99			

#### 4. 400m wisselslag - Heren

14 - 15 jaar (Junioren 3 en 4)



1. Wytse Broekstra (De Vikings, 200800121)					04:31.02(+76)
50m	00:29.28 29,28	150m	01:38.22 33,74	250m	02:49.13 37,49
100m	01:04.48 35,20	200m	02:11.64 33,42	300m	03:27.56 38,43
350m	04:00.07 32,51				
2. Yarno van Dam (ACZ, 200800115)					04:35.17(+72)
50m	00:28.80 28,80	150m	01:36.83 34,44	250m	02:50.61 39,24
100m	01:02.39 33,59	200m	02:11.37 34,54	300m	03:30.52 39,91
350m	04:02.36 31,84				
3. Xiaoyu Yin (Blue Marlins, 200803363)					04:39.22(+68)
50m	00:28.32 28,32	150m	01:36.41 35,22	250m	02:51.59 40,49
100m	01:01.19 32,87	200m	02:11.10 34,69	300m	03:33.78 42,19
350m	04:06.58 32,80				
4. Sven Koornstra (De Vikings, 200900189)					04:42.85(+77)
50m	00:31.10 31,10	150m	01:44.46 38,88	250m	02:59.48 37,48
100m	01:05.58 34,48	200m	02:22.00 37,54	300m	03:38.10 38,62
350m	04:11.56 33,46				
5. Rijk Leenders (VZC, 200800627)					04:47.80(+72)
50m	00:30.47 30,47	150m	01:41.23 35,86	250m	02:58.46 41,54
100m	01:05.37 34,90	200m	02:16.92 35,69	300m	03:40.35 41,89
350m	04:14.96 34,61				
6. Willem Weustink (Team Noord Holland, 200800109)					04:50.32(+68)
50m	00:29.25 29,25	150m	01:41.45 36,74	250m	03:01.70 43,10
100m	01:04.71 35,46	200m	02:18.60 37,15	300m	03:44.92 43,22
350m	04:18.07 33,15				
7. Martijn Nies (PSV, 200902095)					04:51.49(+73)
50m	00:30.15 30,15	150m	01:44.44 38,63	250m	03:04.56 42,00
100m	01:05.81 35,66	200m	02:22.56 38,12	300m	03:47.96 43,40
350m	04:20.04 32,08				
8. Nout Folkersma (PSV, 200800595)					04:52.08(+70)
50m	00:30.20 30,20	150m	01:44.53 37,89	250m	03:02.74 40,72
100m	01:06.64 36,44	200m	02:22.02 37,49	300m	03:45.31 42,57
350m	04:19.06 33,75				
9. Diede Veld (HZ&PC Heerenveen, 200800011)					04:52.13(+70)
50m	00:30.78 30,78	150m	01:44.74 37,47	250m	03:03.44 42,29
100m	01:07.27 36,49	200m	02:21.15 36,41	300m	03:46.28 42,84
350m	04:20.11 33,83				
10. Jaydey Schonewille (Steenwijk 1934, 200800025)					04:52.46(+77)
50m	00:30.01 30,01	150m	01:44.46 38,47	250m	03:02.85 41,13
100m	01:05.99 35,98	200m	02:21.72 37,26	300m	03:45.89 43,04
350m	04:20.26 34,37				
11. Luca Boorsma (De Dolfijn, 200902031)					04:54.39(+63)
50m	00:29.63 29,63	150m	01:42.06 37,05	250m	03:01.94 42,52
100m	01:05.01 35,38	200m	02:19.42 37,36	300m	03:45.45 43,51
350m	04:20.98 35,53				
12. Adriaan Coppelmans (AZC, 200903243)					04:54.45(+66)
50m	00:30.84 30,84	150m	01:45.26 37,58	250m	03:04.08 40,37
100m	01:07.68 36,84	200m	02:23.71 38,45	300m	03:46.90 42,82
350m	04:21.96 35,06				
13. Bas Mostert (VZC, 200800629)					04:54.62(+82)
50m	00:29.79 29,79	150m	01:44.85 40,35	250m	03:07.28 42,96
100m	01:04.50 34,71	200m	02:24.32 39,47	300m	03:51.26 43,98
350m	04:23.43 32,17				
14. Rens Noordover (Team Noord Holland, 200800237)					04:57.23(+80)
50m	00:31.62 31,62	150m	01:46.64 38,49	250m	03:05.27 41,20
100m	01:08.15 36,53	200m	02:24.07 37,43	300m	03:47.92 42,65
350m	04:22.79 34,87				
15. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)					04:57.52(+69)
50m	00:30.99 30,99	150m	01:46.63 37,71	250m	03:06.31 42,15
100m	01:08.92 37,93	200m	02:24.16 37,53	300m	03:49.85 43,54
350m	04:23.89 34,04				
16. Ivo Bot (Wiekslag, 200900509)					04:57.56(+72)
50m	00:30.67 30,67	150m	01:45.58 37,82	250m	03:06.65 43,64
100m	01:07.76 37,09	200m	02:23.01 37,43	300m	03:50.86 44,21
350m	04:24.43 33,57				
17. Tim Boerefijn (WVZ, 200802815)					04:59.73(+75)
50m	00:30.59 30,59	150m	01:42.48 36,68	250m	03:05.18 46,00
100m	01:05.80 35,21	200m	02:19.18 36,70	300m	03:51.88 46,70
350m	04:25.86 33,98				
18. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)					05:00.00(+68)
50m	00:28.26 28,26	150m	01:43.02 38,79	250m	03:05.45 44,01
100m	01:04.23 35,97	200m	02:21.44 38,42	300m	03:51.24 45,79
350m	04:26.09 34,85				

19. Mattia Maggio (Hellas-Glana, 200903311)					05:00.07(+65)
50m	00:30.50 30,50	150m 01:44.10 38,41	250m 03:05.90 44,06	350m 04:25.72 35,92	
100m	01:05.69 35,19	200m 02:21.84 37,74	300m 03:49.80 43,90		
20. Gijs Hartwijk (ZVL-1886, 200800573)					05:00.96(+62)
50m	00:31.03 31,03	150m 01:46.40 39,51	250m 03:09.28 42,99	350m 04:27.59 34,78	
100m	01:06.89 35,86	200m 02:26.29 39,89	300m 03:52.81 43,53		
21. Mike Hilders (De Dolfijn, 200900281)					05:02.80(+70)
50m	00:31.04 31,04	150m 01:44.02 37,10	250m 03:05.57 45,17	350m 04:27.41 35,59	
100m	01:06.92 35,88	200m 02:20.40 36,38	300m 03:51.82 46,25		
21. Jelte de Jong (ZPCH, 200900975)					05:02.80(+71)
50m	00:31.06 31,06	150m 01:45.80 38,11	250m 03:08.79 45,68	350m 04:29.39 34,97	
100m	01:07.69 36,63	200m 02:23.11 37,31	300m 03:54.42 45,63		
23. Bram ter Braak (De Dinkel, 200800281)					05:03.57(+70)
50m	00:29.30 29,30	150m 01:44.78 38,41	250m 03:08.69 45,71	350m 04:29.72 33,95	
100m	01:06.37 37,07	200m 02:22.98 38,20	300m 03:55.77 47,08		
24. Rein Stoel (ZVL-1886, 200800463)					05:04.49(+72)
50m	00:30.85 30,85	150m 01:44.45 37,18	250m 03:06.21 45,08	350m 04:29.67 37,71	
100m	01:07.27 36,42	200m 02:21.13 36,68	300m 03:51.96 45,75		
25. Felix Gepkens (VZC, 200800631)					05:05.25(+75)
50m	00:29.70 29,70	150m 01:42.88 37,60	250m 03:06.99 47,17	350m 04:31.02 36,39	
100m	01:05.28 35,58	200m 02:19.82 36,94	300m 03:54.63 47,64		
26. Stefan van der Meer (VZC, 200901361)					05:07.50(+70)
50m	00:31.34 31,34	150m 01:47.68 39,22	250m 03:10.34 44,80	350m 04:32.79 36,86	
100m	01:08.46 37,12	200m 02:25.54 37,86	300m 03:55.93 45,59		
27. Bjorn Scholten (WS Twente, 200801143)					05:07.53(+85)
50m	00:31.24 31,24	150m 01:45.34 37,49	250m 03:11.13 48,51	350m 04:33.60 35,31	
100m	01:07.85 36,61	200m 02:22.62 37,28	300m 03:58.29 47,16		
28. Mink Hugen (Aqua-Novio'94, 200801391)					05:09.86(+72)
50m	00:31.26 31,26	150m 01:49.37 40,61	250m 03:12.73 44,61	350m 04:34.75 35,65	
100m	01:08.76 37,50	200m 02:28.12 38,75	300m 03:59.10 46,37		
29. Rian Schoneveld (De Berkelduikers, 200801789)					05:10.06(+70)
50m	00:29.06 29,06	150m 01:42.20 38,10	250m 03:08.87 48,82	350m 04:34.66 36,31	
100m	01:04.10 35,04	200m 02:20.05 37,85	300m 03:58.35 49,48		
30. Jamie Kenworthy (De Dolfijn, 200800045)					05:11.32(+72)
50m	00:30.00 30,00	150m 01:48.79 41,53	250m 03:14.18 45,66	350m 04:36.61 36,30	
100m	01:07.26 37,26	200m 02:28.52 39,73	300m 04:00.31 46,13		
31. Sverre van der Zwaan (WVZ, 200900737)					05:11.58(+65)
50m	00:32.57 32,57	150m 01:50.79 38,79	250m 03:13.75 44,36	350m 04:36.64 36,53	
100m	01:12.00 39,43	200m 02:29.39 38,60	300m 04:00.11 46,36		
32. Teun van Weeren (WS Twente, 200801145)					05:12.38(+71)
50m	00:31.95 31,95	150m 01:50.64 40,06	250m 03:16.05 46,09	350m 04:37.84 34,77	
100m	01:10.58 38,63	200m 02:29.96 39,32	300m 04:03.07 47,02		
33. Thomas Nauta (Arethusa, 200900339)					05:13.33(+63)
50m	00:34.53 34,53	150m 01:59.00 41,36	250m 03:20.39 41,77	350m 04:40.12 36,11	
100m	01:17.64 43,11	200m 02:38.62 39,62	300m 04:04.01 43,62		
34. Duuk Harms (Dedemsvaart-AC, 200900201)					05:13.64(+73)
50m	00:33.92 33,92	150m 01:51.76 37,26	250m 03:14.59 45,99	350m 04:37.29 37,06	
100m	01:14.50 40,58	200m 02:28.60 36,84	300m 04:00.23 45,64		
35. Aidan van der Stelt (Blue Marlins, 200900901)					05:13.80(+65)
50m	00:33.30 33,30	150m 01:55.46 42,55	250m 03:20.29 44,96	350m 04:42.54 36,49	
100m	01:12.91 39,61	200m 02:35.33 39,87	300m 04:06.05 45,76		
36. Tim van de Moosdijk (PSV, 200900187)					05:15.39(+75)
50m	00:31.59 31,59	150m 01:52.14 39,16	250m 03:18.40 46,89	350m 04:41.50 36,08	
100m	01:12.98 41,39	200m 02:31.51 39,37	300m 04:05.42 47,02		

37. Mart Tempelman (Dedemsvaart-AC, 200801075)					05:15.45(+68)			
50m	00:31.17	31,17	150m	01:47.73	39,42			
100m	01:08.31	37,14	200m	02:26.64	38,91			
250m	03:12.93	46,29	300m	03:59.85	46,92	350m	04:38.65	38,80
38. Joey Pop (ZV Vlaardingen-Schiedam, 200800277)					05:15.85(+83)			
50m	00:32.16	32,16	150m	01:53.16	40,78			
100m	01:12.38	40,22	200m	02:33.46	40,30			
250m	03:20.62	47,16	300m	04:07.84	47,22	350m	04:43.01	35,17
39. Brent Schifflers (ZPC Woerden, 200902041)					05:15.86(+73)			
50m	00:32.76	32,76	150m	01:50.63	38,70			
100m	01:11.93	39,17	200m	02:28.41	37,78			
250m	03:16.22	47,81	300m	04:04.17	47,95	350m	04:41.46	37,29
40. Lars de Kooter (De Biesboschzwemmers, 200800185)					05:18.13(+71)			
50m	00:32.60	32,60	150m	01:55.78	41,82			
100m	01:13.96	41,36	200m	02:36.42	40,64			
250m	03:18.13	41,71	300m	04:02.08	43,95	350m	04:40.53	38,45
5. 200m wisselslag - Dames								
11 - 12 jaar (Junioren 1 en 2)								
1. Malin Roozeboom (WVZ, 201100006)					02:26.54(+77)			
50m	00:33.20	33,20	100m	01:10.21	37,01			
150m	01:53.21	43,00						
2. Yill van Bezouw (Hieronymus, 201100704)					02:32.63(+72)			
50m	00:32.72	32,72	100m	01:12.42	39,70			
150m	01:56.94	44,52						
3. Frédérique Nijziel (PSV, 201103114)					02:36.89(+75)			
50m	00:30.70	30,70	100m	01:10.81	40,11			
150m	02:00.39	49,58						
4. Lola Verheijen (PSV, 201100832)					02:37.01(+74)			
50m	00:32.71	32,71	100m	01:15.03	42,32			
150m	02:02.19	47,16						
5. Noa van Zalk (ZPC AMERSFOORT, 201102534)					02:37.27(+67)			
50m	00:33.24	33,24	100m	01:13.91	40,67			
150m	02:01.25	47,34						
6. Rozalia Diederiks (ZVL-1886, 201100904)					02:37.89(+83)			
50m	00:35.36	35,36	100m	01:16.60	41,24			
150m	02:02.01	45,41						
7. Casharell Kraan (Blue Marlins, 201103426)					02:38.86(+65)			
50m	00:35.77	35,77	100m	01:15.21	39,44			
150m	02:02.65	47,44						
8. Elin Reinstra (TriVia, 201100842)					02:39.84(+73)			
50m	00:36.70	36,70	100m	01:16.13	39,43			
150m	02:03.28	47,15						
9. Odenza Soselisa (Blue Marlins, 201101780)					02:40.09(+65)			
50m	00:33.10	33,10	100m	01:13.53	40,43			
150m	02:01.55	48,02						
10. Chloé in 't Veen (WVZ, 201100010)					02:41.39(+59)			
50m	00:34.34	34,34	100m	01:16.97	42,63			
150m	02:03.39	46,42						
11. Sterre de Veen (Hellas-Glana, 201100086)					02:41.64(+58)			
50m	00:35.56	35,56	100m	01:17.33	41,77			
150m	02:03.33	46,00						
12. Elke Kriesels (Hieronymus, 201100898)					02:41.79(+77)			
50m	00:34.32	34,32	100m	01:18.02	43,70			
150m	02:05.97	47,95						
13. Ylène Zondervan (ZPC AMERSFOORT, 201200016)					02:42.13(+96)			
50m	00:34.69	34,69	100m	01:16.05	41,36			
150m	02:04.98	48,93						
14. Milou Filemon (Blue Marlins, 201100078)					02:42.29			
50m	00:36.30	36,30	100m	01:15.51	39,21			
150m	02:04.81	49,30						
15. Anna Lepoutre (PSV, 201100534)					02:42.84(+72)			
50m	00:34.52	34,52	100m	01:17.81	43,29			
150m	02:06.81	49,00						
16. Lobke Hempenius (HZ&PC Heerenveen, 201100522)					02:44.27(+61)			
50m	00:37.87	37,87	100m	01:20.32	42,45			
150m	02:07.87	47,55						
17. Esra Simon (Hellas-Glana, 201100004)					02:45.41(+62)			
50m	00:34.56	34,56	100m	01:17.38	42,82			
150m	02:06.17	48,79						
18. Elle van Gemeren (DAW, 201100428)					02:45.72(+87)			
50m	00:36.78	36,78	100m	01:20.38	43,60			
150m	02:07.83	47,45						

19. Minke Bouman (Blue Marlins, 201100104)				02:46.57(+68)	
50m 00:35.13	35,13	100m 01:17.88	42,75	150m 02:04.07	46,19
20. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)				02:46.91(+63)	
50m 00:33.92	33,92	100m 01:15.88	41,96	150m 02:08.77	52,89
21. Simone Brobbel (ZPC Numansdorp, 201200058)				02:46.95(+69)	
50m 00:35.01	35,01	100m 01:14.53	39,52	150m 02:07.54	53,01
22. Julia Ketelaars (Hellas-Glana, 201200028)				02:47.30(+67)	
50m 00:36.91	36,91	100m 01:21.55	44,64	150m 02:11.27	49,72
23. Melody Paulussen (De Dolfijn, 201101106)				02:47.35(+61)	
50m 00:36.63	36,63	100m 01:20.10	43,47	150m 02:09.76	49,66
24. Julia Bannatyne (BZ&PC, 201201020)				02:47.37(+80)	
50m 00:35.22	35,22	100m 01:18.32	43,10	150m 02:09.91	51,59
25. Mette Hogenhuis (Zwemlust- den Hommel, 201101254)				02:47.46(+84)	
50m 00:38.76	38,76	100m 01:20.71	41,95	150m 02:09.31	48,60
26. Alaine Dumont (ZV De Watervogels, 201102140)				02:47.66(+66)	
50m 00:35.11	35,11	100m 01:18.72	43,61	150m 02:09.37	50,65
27. Mattea Gliese-Sloojier (De Dinkel, 201100008)				02:47.98(+78)	
50m 00:37.30	37,30	100m 01:18.01	40,71	150m 02:09.63	51,62
28. Emma van den Berg (V.Z.V. Njord, 201100830)				02:48.12(+72)	
50m 00:35.18	35,18	100m 01:18.81	43,63	150m 02:08.41	49,60
29. Carlijn Dezutter (Scheldestroom, 201100770)				02:49.36(+76)	
50m 00:37.52	37,52	100m 01:20.76	43,24	150m 02:10.30	49,54
30. Meike van der Klugt (WVZ, 201100808)				02:49.38(+94)	
50m 00:41.47	41,47	100m 01:23.66	42,19	150m 02:10.56	46,90
31. Vicky Horens (Hellas-Glana, 201200252)				02:49.76(+60)	
50m 00:38.29	38,29	100m 01:22.27	43,98	150m 02:11.50	49,23
32. Norell Kroeze (ZC Polaris, 201100378)				02:49.82(+79)	
50m 00:38.54	38,54	100m 01:23.97	45,43	150m 02:13.31	49,34
33. Lise Markes (SBC2000, 201101276)				02:51.62(+78)	
50m 00:36.53	36,53	100m 01:22.55	46,02	150m 02:12.03	49,48
34. Morrison Schram (De Schelde, 201100686)				02:51.74(+83)	
50m 00:38.88	38,88	100m 01:24.42	45,54	150m 02:12.65	48,23
35. Isabel Amelink (Deltasteur, 201100196)				02:52.08(+95)	
50m 00:40.57	40,57	100m 01:24.78	44,21	150m 02:14.06	49,28
36. Alissa Rooijackers (Z&PV Nuenen, 201101892)				02:52.17(+73)	
50m 00:37.26	37,26	100m 01:20.48	43,22	150m 02:12.17	51,69
37. Fanni Farkas (De Columbiaan, 201100360)				02:52.18(+95)	
50m 00:37.72	37,72	100m 01:23.60	45,88	150m 02:14.87	51,27
38. Nynke Muntinga (ZPCH, 201100060)				02:52.54(+58)	
50m 00:38.39	38,39	100m 01:23.67	45,28	150m 02:13.96	50,29
39. Noa Spaans (De Dolfijn, 201100222)				02:52.62(+76)	
50m 00:36.50	36,50	100m 01:18.48	41,98	150m 02:10.53	52,05
40. Noortje Bisperink (ZPC AMERSFOORT, 201100486)				02:52.97(+86)	
50m 00:39.79	39,79	100m 01:21.89	42,10	150m 02:14.17	52,28
41. Esmee Reuver (ZC Polaris, 201100846)				02:53.55(+60)	
50m 00:42.56	42,56	100m 01:24.34	41,78	150m 02:14.78	50,44
42. Sara Creemers (Hellas-Glana, 201100242)				02:53.74(+70)	
50m 00:39.56	39,56	100m 01:24.11	44,55	150m 02:12.64	48,53
43. Juno Toornend (Team Noord Holland, 201101718)				02:54.20(+77)	
50m 00:37.22	37,22	100m 01:21.30	44,08	150m 02:13.39	52,09

44. Roubin van Kampen (ZPCH, 201200370)				02:55.19(+78)	
50m	00:40.8240,82	100m	01:28.5647,74	150m	02:16.8348,27
45. Annefleur Schraa (SWOL 1894, 201100044)				02:57.54(+81)	
50m	00:40.7840,78	100m	01:23.9543,17	150m	02:15.6051,65
46. Syll Rinsma (Orca, 201200798)				03:00.32(+59)	
50m	00:40.2540,25	100m	01:27.6347,38	150m	02:18.5950,96
47. Amila Mustafic (DZ&PC, 201200026)				03:00.89(+65)	
50m	00:37.9437,94	100m	01:22.7944,85	150m	02:21.6258,83
48. Charlie Klaver (De Dolfijn, 201102094)				03:02.18(+69)	
50m	00:41.4341,43	100m	01:31.7650,33	150m	02:21.6449,88
49. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)				03:03.78(+69)	
50m	00:38.5938,59	100m	01:24.3445,75	150m	02:25.4661,12
DIS. Eva ter Horst (ZPC Hoogeveen, 201200070)				00:00.00(+88)	
6. 200m wisselslag - Heren					
12 - 13 jaar (Junioren 1 en 2)					
1. Mathijs de Wit (KSN (SG), 201001215)				02:25.12(+72)	
50m	00:33.6233,62	100m	01:10.5836,96	150m	01:52.6042,02
2. Ruben Kragt (ZV 44, 201000007)				02:25.37(+68)	
50m	00:31.4231,42	100m	01:09.0437,62	150m	01:51.3942,35
3. Myron Artemenko (Niemo Barracuda, 201003021)				02:26.93(+73)	
50m	00:31.8431,84	100m	01:09.2737,43	150m	01:53.6944,42
4. Evren Ege Orcunus (De Dolfijn, 201003253)				02:26.99(+62)	
50m	00:30.8130,81	100m	01:07.8737,06	150m	01:53.4145,54
5. Max van der Spank (Hieronymus, 201000275)				02:27.07(+72)	
50m	00:31.7531,75	100m	01:10.6238,87	150m	01:53.9143,29
6. Thijmen Pruijssers (Hieronymus, 201000129)				02:30.99(+68)	
50m	00:33.5633,56	100m	01:12.2638,70	150m	01:56.0443,78
7. Gwee Bokma (Zwemlust- den Hommel, 201002259)				02:31.46(+75)	
50m	00:30.8730,87	100m	01:08.8237,95	150m	01:55.6746,85
8. Nick Vodde (AZ&PC De Futen, 201002211)				02:31.52(+75)	
50m	00:29.0329,03	100m	01:10.1341,10	150m	01:55.8745,74
9. Dax van den Nouland (Blue Marlins, 201000071)				02:32.45(+74)	
50m	00:33.9933,99	100m	01:12.4438,45	150m	01:56.6344,19
10. Thijn Runia (DZT'62, 201000895)				02:32.46(+78)	
50m	00:31.9131,91	100m	01:11.4239,51	150m	01:54.7143,29
11. Mathieu Gepkens (VZC, 201000045)				02:33.36(+79)	
50m	00:34.7734,77	100m	01:13.7839,01	150m	01:58.4644,68
12. Sven Casper Hageman (Steenwijk 1934, 201000009)				02:33.66(+70)	
50m	00:33.9933,99	100m	01:13.0239,03	150m	01:58.2245,20
13. Oleksandr Hordiienko (ZV De Aalscholver, 201003061)				02:33.97(+81)	
50m	00:33.5033,50	100m	01:12.7339,23	150m	01:59.0646,33
14. Ramon Vos (ZPC Hoogeveen, 201100051)				02:33.99(+75)	
50m	00:34.3634,36	100m	01:12.6938,33	150m	02:00.3947,70
15. Thijs Jonkman (De Duck, 201000481)				02:34.27(+72)	
50m	00:33.6533,65	100m	01:13.5039,85	150m	01:59.4245,92
16. Duco de Gelder (Blue Marlins, 201000217)				02:34.92(+63)	
50m	00:34.1834,18	100m	01:13.2239,04	150m	01:58.9445,72
17. Mauro Bedeke (DAW, 201000537)				02:35.18(+50)	
50m	00:32.8932,89	100m	01:13.4040,51	150m	01:59.2045,80

17. Kris Westerhout (ZZ&PC De Devel, 201000883)				02:35.18(+64)
	50m 00:32.49 32,49	100m 01:14.22 41,73	150m 01:59.11 44,89	
19. Eli Shields (Niemo Barracuda, 201000407)				02:35.39(+71)
	50m 00:33.17 33,17	100m 01:12.03 38,86	150m 01:59.22 47,19	
20. Joey Snabel (ZPC AMERSFOORT, 201002847)				02:35.51(+68)
	50m 00:35.39 35,39	100m 01:15.48 40,09	150m 02:01.29 45,81	
21. Sven Potappel (DWK, 201000127)				02:35.81(+71)
	50m 00:32.33 32,33	100m 01:13.38 41,05	150m 02:00.02 46,64	
22. Tycho Wienbelt (De Vikings, 201001397)				02:36.13(+80)
	50m 00:36.75 36,75	100m 01:15.78 39,03	150m 02:00.44 44,66	
23. Kick Germers (SWOL 1894, 201000185)				02:36.22(+75)
	50m 00:34.32 34,32	100m 01:15.30 40,98	150m 01:59.73 44,43	
24. Abel op den Velde (De Duinkickers, 201000079)				02:36.91(+77)
	50m 00:34.23 34,23	100m 01:12.28 38,05	150m 02:02.07 49,79	
25. Baris Tomu (ZPCH, 201000869)				02:37.24(+66)
	50m 00:36.65 36,65	100m 01:16.63 39,98	150m 02:02.21 45,58	
26. Girish Nolden (Blue Marlins, 201000087)				02:37.25(+72)
	50m 00:32.35 32,35	100m 01:12.80 40,45	150m 02:00.95 48,15	
27. Kasper Lubbers (Orca, 201100025)				02:37.50(+65)
	50m 00:35.73 35,73	100m 01:16.39 40,66	150m 02:01.40 45,01	
28. Melle Pittie (Zwemclub Eijdsen, 201000179)				02:37.85(+75)
	50m 00:36.51 36,51	100m 01:18.24 41,73	150m 02:04.21 45,97	
29. Matthijs van Velzen (ZV 44, 201100435)				02:38.17(+68)
	50m 00:32.82 32,82	100m 01:13.31 40,49	150m 02:01.82 48,51	
30. Alief Jan van der Sluis (PSV, 201003425)				02:38.48(+77)
	50m 00:33.99 33,99	100m 01:15.74 41,75	150m 02:05.55 49,81	
31. Cayden Malone (De Dolfijn, 201002195)				02:39.25(+76)
	50m 00:34.49 34,49	100m 01:17.85 43,36	150m 02:02.58 44,73	
32. Bink Elgersma (Zwemlust- den Hommel, 201000137)				02:39.74(+83)
	50m 00:34.28 34,28	100m 01:15.02 40,74	150m 02:03.56 48,54	
33. Franzl Ziegler (DAW, 201100891)				02:39.75(+66)
	50m 00:33.09 33,09	100m 01:16.61 43,52	150m 02:03.38 46,77	
34. Tygo van de Wal (DWK, 201001329)				02:39.76(+76)
	50m 00:35.06 35,06	100m 01:17.25 42,19	150m 02:02.12 44,87	
35. Nils Bellert (SG Octopus - ZVV, 201100347)				02:40.11(+74)
	50m 00:33.14 33,14	100m 01:15.38 42,24	150m 02:03.33 47,95	
36. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)				02:40.44(+73)
	50m 00:35.43 35,43	100m 01:17.84 42,41	150m 02:03.52 45,68	
37. Mattias Stolk (HZ&PC Heerenveen, 201000525)				02:40.58(+75)
	50m 00:40.74 40,74	100m 01:21.17 40,43	150m 02:05.40 44,23	
38. Nathan Magava (De Dolfijn, 201003067)				02:41.36(+70)
	50m 00:33.49 33,49	100m 01:15.88 42,39	150m 02:01.91 46,03	
39. Nordin Vermeer (DWK, 201000227)				02:42.33(+69)
	50m 00:35.99 35,99	100m 01:17.91 41,92	150m 02:05.44 47,53	
40. Yorre van der Wal (ZV 44, 201000017)				02:43.27(+69)
	50m 00:39.08 39,08	100m 01:18.43 39,35	150m 02:05.30 46,87	
41. Dax Muijlaert (SG Octopus - ZVV, 201100535)				02:43.68(+70)
	50m 00:35.74 35,74	100m 01:18.02 42,28	150m 02:07.18 49,16	

42. Jorick Johannes (HZ&PC Heerenveen, 201000403)				O2:44.46(+65)
50m	00:36.12	36,12	100m 01:17.29	41,17
150m	02:08.10	50,81		
43. Luca Monster (ZPC Numansdorp, 201100343)				O2:44.48(+68)
50m	00:35.45	35,45	100m 01:19.45	44,00
150m	02:04.35	44,90		
44. Vince van Dam (ACZ, 201000405)				O2:44.92(+78)
50m	00:34.02	34,02	100m 01:15.58	41,56
150m	02:05.06	49,48		
45. Mees Janssen (DSZ, 201102025)				O2:44.95(+62)
50m	00:33.32	33,32	100m 01:15.28	41,96
150m	02:07.30	52,02		
46. Finn Wensveen (Zv de Ham, 201000811)				O2:45.59(+92)
50m	00:39.66	39,66	100m 01:20.54	40,88
150m	02:10.09	49,55		
47. Joep Lindhout (Niemo Barracuda, 201100873)				O2:45.67
50m	00:38.24	38,24	100m 01:20.76	42,52
150m	02:08.98	48,22		
48. Stijn Dijkstra (DZ&PC, 201000279)				O2:46.33(+57)
50m	00:37.97	37,97	100m 01:20.19	42,22
150m	02:09.91	49,72		
49. Amor van der Veen (ZV 44, 201100197)				O2:50.11(+68)
50m	00:38.12	38,12	100m 01:16.89	38,77
150m	02:12.39	55,50		
DIS. Mathijs Boersma (ZPC Hoogeveen, 201000313)				00:00.00
7. 4x200m vrije slag dames Junioren				
11 - 14 jaar (Junioren 4 en jonger)				
1. PSV				08:48.18
Bregje Dekkers 2009 (+71)	50m	00:30.64	30,64	
Bregje Dekkers 2009 (+71)	100m	01:03.65	33,01	
Bregje Dekkers 2009 (+71)	150m	01:37.10	33,45	
Bregje Dekkers 2009 (+71)	200m	02:09.75	32,65	
Luus Gielens 2009 (+38)	250m	02:39.73	29,98	
Luus Gielens 2009 (+38)	300m	03:12.94	33,21	
Luus Gielens 2009 (+38)	350m	03:46.57	33,63	
Luus Gielens 2009 (+38)	400m	04:19.93	33,36	
Fenna Zusterzeel 2010 (+51)	450m	04:49.91	29,98	
Fenna Zusterzeel 2010 (+51)	500m	05:24.33	34,42	
Fenna Zusterzeel 2010 (+51)	550m	06:00.28	35,95	
Fenna Zusterzeel 2010 (+51)	600m	06:36.00	35,72	
Kinley Cole 2009 (+39)	650m	07:05.20	29,20	
Kinley Cole 2009 (+39)	700m	07:38.63	33,43	
Kinley Cole 2009 (+39)	750m	08:13.39	34,76	
Kinley Cole 2009 (+39)	800m	08:48.18	34,79	
2. ZPC AMERSFOORT				08:55.47
Robine Moot 2009 (+75)	50m	00:29.74	29,74	
Robine Moot 2009 (+75)	100m	01:02.87	33,13	
Robine Moot 2009 (+75)	150m	01:36.81	33,94	
Robine Moot 2009 (+75)	200m	02:10.96	34,15	
Fenne Metten 2010 (+20)	250m	02:40.71	29,75	
Fenne Metten 2010 (+20)	300m	03:14.64	33,93	
Fenne Metten 2010 (+20)	350m	03:49.49	34,85	
Fenne Metten 2010 (+20)	400m	04:23.32	33,83	
Sterre Dietvorst 2009 (+65)	450m	04:52.89	29,57	
Sterre Dietvorst 2009 (+65)	500m	05:27.33	34,44	
Sterre Dietvorst 2009 (+65)	550m	06:03.47	36,14	
Sterre Dietvorst 2009 (+65)	600m	06:38.51	35,04	
Senna Rijnbeek 2009 (+69)	650m	07:09.72	31,21	
Senna Rijnbeek 2009 (+69)	700m	07:45.33	35,61	
Senna Rijnbeek 2009 (+69)	750m	08:21.99	36,66	
Senna Rijnbeek 2009 (+69)	800m	08:55.47	33,48	
3. De Dolfijn				08:57.07
Elin Brinkhof 2009 (+70)	50m	00:30.20	30,20	
Elin Brinkhof 2009 (+70)	100m	01:03.05	32,85	
Elin Brinkhof 2009 (+70)	150m	01:36.37	33,32	
Elin Brinkhof 2009 (+70)	200m	02:09.99	33,62	
Madeleine Bertram 2009 (+69)	250m	02:39.66	29,67	

Madeleine Bertram 2009 (+69) 300m 03:13.31 33,65  
Madeleine Bertram 2009 (+69) 350m 03:48.11 34,80  
Madeleine Bertram 2009 (+69) 400m 04:22.51 34,40  
Carla Moreno Palacios 2010 (+58) 450m 04:52.91 30,40  
Carla Moreno Palacios 2010 (+58) 500m 05:27.68 34,77  
Carla Moreno Palacios 2010 (+58) 550m 06:04.21 36,53  
Carla Moreno Palacios 2010 (+58) 600m 06:39.34 35,13  
Yara van Asselen 2009 (+39) 650m 07:09.75 30,41  
Yara van Asselen 2009 (+39) 700m 07:44.50 34,75  
Yara van Asselen 2009 (+39) 750m 08:21.37 36,87  
Yara van Asselen 2009 (+39) 800m 08:57.07 35,70

4. DZ&PC

09:05.90

Fay Boxum 2009 (+75) 50m 00:29.49 29,49  
Fay Boxum 2009 (+75) 100m 01:02.67 33,18  
Fay Boxum 2009 (+75) 150m 01:36.28 33,61  
Fay Boxum 2009 (+75) 200m 02:09.55 33,27  
Amila Mustafic 2012 (+68) 250m 02:40.90 31,35  
Amila Mustafic 2012 (+68) 300m 03:18.43 37,53  
Amila Mustafic 2012 (+68) 350m 04:00.27 41,84  
Amila Mustafic 2012 (+68) 400m 04:41.35 41,08  
Fenna Westerneng 2009 (+30) 450m 05:10.60 29,25  
Fenna Westerneng 2009 (+30) 500m 05:43.14 32,54  
Fenna Westerneng 2009 (+30) 550m 06:17.12 33,98  
Fenna Westerneng 2009 (+30) 600m 06:51.22 34,10  
Ilse Wiltjer 2009 (+60) 650m 07:21.78 30,56  
Ilse Wiltjer 2009 (+60) 700m 07:55.69 33,91  
Ilse Wiltjer 2009 (+60) 750m 08:31.16 35,47  
Ilse Wiltjer 2009 (+60) 800m 09:05.90 34,74

5. Aqua-Novio'94

09:11.99

Tara Langkamp 2009 (+71) 50m 00:29.71 29,71  
Tara Langkamp 2009 (+71) 100m 01:04.67 34,96  
Tara Langkamp 2009 (+71) 150m 01:40.54 35,87  
Tara Langkamp 2009 (+71) 200m 02:15.88 35,34  
Caitlin Sülter 2009 (+44) 250m 02:47.54 31,66  
Caitlin Sülter 2009 (+44) 300m 03:22.53 34,99  
Caitlin Sülter 2009 (+44) 350m 03:58.47 35,94  
Caitlin Sülter 2009 (+44) 400m 04:32.24 33,77  
Eva de Man 2010 (+44) 450m 05:02.47 30,23  
Eva de Man 2010 (+44) 500m 05:38.27 35,80  
Eva de Man 2010 (+44) 550m 06:17.40 39,13  
Eva de Man 2010 (+44) 600m 06:57.32 39,92  
Myla Klaassen 2009 (+27) 650m 07:27.25 29,93  
Myla Klaassen 2009 (+27) 700m 08:01.96 34,71  
Myla Klaassen 2009 (+27) 750m 08:37.35 35,39  
Myla Klaassen 2009 (+27) 800m 09:11.99 34,64

6. DAW

09:12.00

Flo Streep 2009 (+70) 50m 00:30.08 30,08  
Flo Streep 2009 (+70) 100m 01:05.28 35,20  
Flo Streep 2009 (+70) 150m 01:41.48 36,20  
Flo Streep 2009 (+70) 200m 02:17.09 35,61  
Dante van Meene 2009 (+46) 250m 02:47.92 30,83  
Dante van Meene 2009 (+46) 300m 03:23.00 35,08  
Dante van Meene 2009 (+46) 350m 04:00.47 37,47  
Dante van Meene 2009 (+46) 400m 04:35.92 35,45  
Eva Leuerman 2009 (+40) 450m 05:07.50 31,58  
Eva Leuerman 2009 (+40) 500m 05:42.80 35,30  
Eva Leuerman 2009 (+40) 550m 06:20.98 38,18  
Eva Leuerman 2009 (+40) 600m 06:58.67 37,69  
Amber Kunst 2009 (+32) 650m 07:28.35 29,68  
Amber Kunst 2009 (+32) 700m 08:02.67 34,32  
Amber Kunst 2009 (+32) 750m 08:37.83 35,16  
Amber Kunst 2009 (+32) 800m 09:12.00 34,17

7. Blue Marlins

09:15.29

Ece Öngören 2009 (+75) 50m 00:30.77 30,77



Ece Öngören 2009 (+75)	100m	01:05.26	34,49
Ece Öngören 2009 (+75)	150m	01:40.98	35,72
Ece Öngören 2009 (+75)	200m	02:16.44	35,46
Julia Dąbrowska 2010 (+55)	250m	02:46.97	30,53
Julia Dąbrowska 2010 (+55)	300m	03:22.37	35,40
Julia Dąbrowska 2010 (+55)	350m	03:59.96	37,59
Julia Dąbrowska 2010 (+55)	400m	04:36.82	36,86
Mariia Kostina 2010	450m	05:06.81	29,99
Mariia Kostina 2010	500m	05:42.64	35,83
Mariia Kostina 2010	550m	06:21.07	38,43
Mariia Kostina 2010	600m	06:58.92	37,85
Mijke Ouderkerken 2009	650m	07:29.94	31,02
Mijke Ouderkerken 2009	700m	08:04.04	34,10
Mijke Ouderkerken 2009	750m	08:39.97	35,93
Mijke Ouderkerken 2009	800m	09:15.29	35,32

8. ZV 44

09:26.07

Hanna Heller 2011 (+94)	50m	00:34.00	34,00
Hanna Heller 2011 (+94)	100m	01:12.43	38,43
Hanna Heller 2011 (+94)	150m	01:54.52	42,09
Hanna Heller 2011 (+94)	200m	02:36.28	41,76
Marre van der Wal 2010 (+72)	250m	03:08.86	32,58
Marre van der Wal 2010 (+72)	300m	03:44.48	35,62
Marre van der Wal 2010 (+72)	350m	04:20.57	36,09
Marre van der Wal 2010 (+72)	400m	04:55.56	34,99
Paula Spans 2010 (+62)	450m	05:26.68	31,12
Paula Spans 2010 (+62)	500m	06:01.12	34,44
Paula Spans 2010 (+62)	550m	06:36.62	35,50
Paula Spans 2010 (+62)	600m	07:11.23	34,61
Chiara Lammertink 2009 (+56)	650m	07:41.44	30,21
Chiara Lammertink 2009 (+56)	700m	08:15.96	34,52
Chiara Lammertink 2009 (+56)	750m	08:52.44	36,48
Chiara Lammertink 2009 (+56)	800m	09:26.07	33,63

9. ZPC AMERSFOORT

09:26.53

Anne Engbersen 2010 (+78)	50m	00:30.28	30,28
Anne Engbersen 2010 (+78)	100m	01:05.08	34,80
Anne Engbersen 2010 (+78)	150m	01:40.88	35,80
Anne Engbersen 2010 (+78)	200m	02:15.76	34,88
Esmaé de Gans 2009 (+66)	250m	02:47.78	32,02
Esmaé de Gans 2009 (+66)	300m	03:23.62	35,84
Esmaé de Gans 2009 (+66)	350m	04:01.28	37,66
Esmaé de Gans 2009 (+66)	400m	04:38.57	37,29
Noa van Zalk 2011 (+27)	450m	05:10.86	32,29
Noa van Zalk 2011 (+27)	500m	05:47.62	36,76
Noa van Zalk 2011 (+27)	550m	06:25.64	38,02
Noa van Zalk 2011 (+27)	600m	07:03.22	37,58
Brechtje Slootweg 2011 (+32)	650m	07:34.43	31,21
Brechtje Slootweg 2011 (+32)	700m	08:10.87	36,44
Brechtje Slootweg 2011 (+32)	750m	08:48.58	37,71
Brechtje Slootweg 2011 (+32)	800m	09:26.53	37,95

10. DWK

09:27.80

Karlijn Siderius 2009 (+73)	50m	00:32.75	32,75
Karlijn Siderius 2009 (+73)	100m	01:09.04	36,29
Karlijn Siderius 2009 (+73)	150m	01:45.36	36,32
Karlijn Siderius 2009 (+73)	200m	02:20.59	35,23
Elin Baars 2010 (+59)	250m	02:52.85	32,26
Elin Baars 2010 (+59)	300m	03:28.76	35,91
Elin Baars 2010 (+59)	350m	04:05.99	37,23
Elin Baars 2010 (+59)	400m	04:43.14	37,15
Tessa van Beek 2010 (+70)	450m	05:15.19	32,05
Tessa van Beek 2010 (+70)	500m	05:50.47	35,28
Tessa van Beek 2010 (+70)	550m	06:26.85	36,38
Tessa van Beek 2010 (+70)	600m	07:03.54	36,69
Lili Oosting 2009 (+33)	650m	07:37.55	34,01
Lili Oosting 2009 (+33)	700m	08:14.76	37,21
Lili Oosting 2009 (+33)	750m	08:51.92	37,16

Lili Oosting 2009 (+33) 800m 09:27.80 35,88

11. WVZ

09:48.60

Sanne Mulder 2009 (+71) 50m 00:32.95 32,95  
Sanne Mulder 2009 (+71) 100m 01:11.46 38,51  
Sanne Mulder 2009 (+71) 150m 01:51.88 40,42  
Sanne Mulder 2009 (+71) 200m 02:30.23 38,35  
Anouk Steller 2010 (+47) 250m 03:02.35 32,12  
Anouk Steller 2010 (+47) 300m 03:38.64 36,29  
Anouk Steller 2010 (+47) 350m 04:16.06 37,42  
Anouk Steller 2010 (+47) 400m 04:53.43 37,37  
Tess van de Steeg 2010 (+40) 450m 05:24.62 31,19  
Tess van de Steeg 2010 (+40) 500m 05:59.50 34,88  
Tess van de Steeg 2010 (+40) 550m 06:35.52 36,02  
Tess van de Steeg 2010 (+40) 600m 07:11.53 36,01  
Jubilee van Heijdoorn 2009 (+57) 650m 07:44.43 32,90  
Jubilee van Heijdoorn 2009 (+57) 700m 08:23.39 38,96  
Jubilee van Heijdoorn 2009 (+57) 750m 09:05.92 42,53  
Jubilee van Heijdoorn 2009 (+57) 800m 09:48.60 42,68

8. 4x200m vrije slag heren

12 - 15 jaar (Junioren)

1. Team Noord Holland

07:59.45

Rens Noordover 2008 (+75) 50m 00:27.84 27,84  
Rens Noordover 2008 (+75) 100m 00:59.06 31,22  
Rens Noordover 2008 (+75) 150m 01:31.25 32,19  
Rens Noordover 2008 (+75) 200m 02:03.50 32,25  
Suraj Baladurage 2008 (+41) 250m 02:30.08 26,58  
Suraj Baladurage 2008 (+41) 300m 03:01.41 31,33  
Suraj Baladurage 2008 (+41) 350m 03:35.08 33,67  
Suraj Baladurage 2008 (+41) 400m 04:07.85 32,77  
Willem Weustink 2008 (+21) 450m 04:34.30 26,45  
Willem Weustink 2008 (+21) 500m 05:04.20 29,90  
Willem Weustink 2008 (+21) 550m 05:35.68 31,48  
Willem Weustink 2008 (+21) 600m 06:06.81 31,13  
Giovanni Phillipson 2008 (+61) 650m 06:32.08 25,27  
Giovanni Phillipson 2008 (+61) 700m 06:59.69 27,61  
Giovanni Phillipson 2008 (+61) 750m 07:29.75 30,06  
Giovanni Phillipson 2008 (+61) 800m 07:59.45 29,70

2. PSV

08:03.42

Theodore Allan 2009 (+64) 50m 00:27.09 27,09  
Theodore Allan 2009 (+64) 100m 00:57.45 30,36  
Theodore Allan 2009 (+64) 150m 01:28.54 31,09  
Theodore Allan 2009 (+64) 200m 01:59.30 30,76  
Jones Chuang 2008 (+51) 250m 02:25.41 26,11  
Jones Chuang 2008 (+51) 300m 02:55.18 29,77  
Jones Chuang 2008 (+51) 350m 03:27.77 32,59  
Jones Chuang 2008 (+51) 400m 04:01.41 33,64  
Wout Serrarens 2008 (+38) 450m 04:28.78 27,37  
Wout Serrarens 2008 (+38) 500m 04:59.64 30,86  
Wout Serrarens 2008 (+38) 550m 05:31.72 32,08  
Wout Serrarens 2008 (+38) 600m 06:03.31 31,59  
Nout Folkersma 2008 (+32) 650m 06:30.28 26,97  
Nout Folkersma 2008 (+32) 700m 07:00.43 30,15  
Nout Folkersma 2008 (+32) 750m 07:31.71 31,28  
Nout Folkersma 2008 (+32) 800m 08:03.42 31,71

3. De Dinkel

08:06.00

Job Sportel 2008 (+68) 50m 00:27.82 27,82  
Job Sportel 2008 (+68) 100m 00:58.31 30,49  
Job Sportel 2008 (+68) 150m 01:29.49 31,18  
Job Sportel 2008 (+68) 200m 02:00.57 31,08  
Bram ter Braak 2008 (+40) 250m 02:27.36 26,79  
Bram ter Braak 2008 (+40) 300m 02:58.52 31,16  
Bram ter Braak 2008 (+40) 350m 03:29.72 31,20  
Bram ter Braak 2008 (+40) 400m 04:00.66 30,94  
Sam Leferink 2008 (+40) 450m 04:27.68 27,02

Sam Leferink 2008 (+40)	500m	04:59.27	31,59
Sam Leferink 2008 (+40)	550m	05:32.95	33,68
Sam Leferink 2008 (+40)	600m	06:07.54	34,59
Milan Veelders 2008 (+56)	650m	06:34.23	26,69
Milan Veelders 2008 (+56)	700m	07:03.96	29,73
Milan Veelders 2008 (+56)	750m	07:34.82	30,86
Milan Veelders 2008 (+56)	800m	08:06.00	31,18

4. ZPC AMERSFOORT

08:09.08

Tobian Vos 2009 (+55)	50m	00:27.68	27,68
Tobian Vos 2009 (+55)	100m	00:58.23	30,55
Tobian Vos 2009 (+55)	150m	01:29.81	31,58
Tobian Vos 2009 (+55)	200m	02:00.90	31,09
Feddo Smink 2009 (+59)	250m	02:28.78	27,88
Feddo Smink 2009 (+59)	300m	03:00.93	32,15
Feddo Smink 2009 (+59)	350m	03:34.20	33,27
Feddo Smink 2009 (+59)	400m	04:05.66	31,46
Jesse Molegraaf 2008 (+22)	450m	04:33.13	27,47
Jesse Molegraaf 2008 (+22)	500m	05:04.03	30,90
Jesse Molegraaf 2008 (+22)	550m	05:36.62	32,59
Jesse Molegraaf 2008 (+22)	600m	06:09.41	32,79
Felbe van 't Land 2009 (+56)	650m	06:35.85	26,44
Felbe van 't Land 2009 (+56)	700m	07:06.49	30,64
Felbe van 't Land 2009 (+56)	750m	07:38.19	31,70
Felbe van 't Land 2009 (+56)	800m	08:09.08	30,89

5. Blue Marlins

08:18.50

Xiaoyu Yin 2008 (+68)	50m	00:26.43	26,43
Xiaoyu Yin 2008 (+68)	100m	00:56.12	29,69
Xiaoyu Yin 2008 (+68)	150m	01:27.21	31,09
Xiaoyu Yin 2008 (+68)	200m	01:57.73	30,52
Thygo van de Peppel 2009 (+51)	250m	02:25.25	27,52
Thygo van de Peppel 2009 (+51)	300m	02:56.71	31,46
Thygo van de Peppel 2009 (+51)	350m	03:29.37	32,66
Thygo van de Peppel 2009 (+51)	400m	04:09.99	40,62
Aditya Winterberg 2008 (+14)	450m	04:37.67	27,68
Aditya Winterberg 2008 (+14)	500m	05:09.48	31,81
Aditya Winterberg 2008 (+14)	550m	05:44.28	34,80
Aditya Winterberg 2008 (+14)	600m	06:18.89	34,61
Kaan Sudak 2008 (+66)	650m	06:44.89	26,00
Kaan Sudak 2008 (+66)	700m	07:15.35	30,46
Kaan Sudak 2008 (+66)	750m	07:47.57	32,22
Kaan Sudak 2008 (+66)	800m	08:18.50	30,93

6. VZC

08:27.74

Rijk Leenders 2008 (+77)	50m	00:29.06	29,06
Rijk Leenders 2008 (+77)	100m	01:00.95	31,89
Rijk Leenders 2008 (+77)	150m	01:34.22	33,27
Rijk Leenders 2008 (+77)	200m	02:06.82	32,60
Felix Gepkens 2008 (+74)	250m	02:35.21	28,39
Felix Gepkens 2008 (+74)	300m	03:07.38	32,17
Felix Gepkens 2008 (+74)	350m	03:40.02	32,64
Felix Gepkens 2008 (+74)	400m	04:11.74	31,72
Stefan van der Meer 2009 (+36)	450m	04:41.74	30,00
Stefan van der Meer 2009 (+36)	500m	05:16.42	34,68
Stefan van der Meer 2009 (+36)	550m	05:52.46	36,04
Stefan van der Meer 2009 (+36)	600m	06:26.06	33,60
Bas Mostert 2008 (+63)	650m	06:53.55	27,49
Bas Mostert 2008 (+63)	700m	07:24.29	30,74
Bas Mostert 2008 (+63)	750m	07:56.34	32,05
Bas Mostert 2008 (+63)	800m	08:27.74	31,40

7. Aqua-Novio'94

08:32.63

Mink Hugen 2008 (+72)	50m	00:28.75	28,75
Mink Hugen 2008 (+72)	100m	01:00.75	32,00
Mink Hugen 2008 (+72)	150m	01:34.47	33,72
Mink Hugen 2008 (+72)	200m	02:08.62	34,15
Wessel van Dorst 2009 (+38)	250m	02:37.28	28,66

Wessel van Dorst 2009 (+38)	300m	03:10.02	32,74
Wessel van Dorst 2009 (+38)	350m	03:43.17	33,15
Wessel van Dorst 2009 (+38)	400m	04:16.46	33,29
Tim Brouwer 2008 (+29)	450m	04:45.19	28,73
Tim Brouwer 2008 (+29)	500m	05:19.00	33,81
Tim Brouwer 2008 (+29)	550m	05:53.98	34,98
Tim Brouwer 2008 (+29)	600m	06:27.98	34,00
Liam Diavatopoulos 2008 (+24)	650m	06:55.66	27,68
Liam Diavatopoulos 2008 (+24)	700m	07:27.41	31,75
Liam Diavatopoulos 2008 (+24)	750m	08:00.62	33,21
Liam Diavatopoulos 2008 (+24)	800m	08:32.63	32,01

8. PSV

08:32.92

Davi Fonseca Gomes 2009 (+72)	50m	00:29.50	29,50
Davi Fonseca Gomes 2009 (+72)	100m	01:02.57	33,07
Davi Fonseca Gomes 2009 (+72)	150m	01:36.38	33,81
Davi Fonseca Gomes 2009 (+72)	200m	02:10.31	33,93
Martijn Nies 2009 (+57)	250m	02:38.35	28,04
Martijn Nies 2009 (+57)	300m	03:10.93	32,58
Martijn Nies 2009 (+57)	350m	03:45.37	34,44
Martijn Nies 2009 (+57)	400m	04:19.44	34,07
Tim van de Moosdijk 2009 (+33)	450m	04:47.83	28,39
Tim van de Moosdijk 2009 (+33)	500m	05:20.52	32,69
Tim van de Moosdijk 2009 (+33)	550m	05:55.36	34,84
Tim van de Moosdijk 2009 (+33)	600m	06:29.73	34,37
Giulian Janssen 2009 (+28)	650m	06:56.43	26,70
Giulian Janssen 2009 (+28)	700m	07:27.23	30,80
Giulian Janssen 2009 (+28)	750m	08:00.88	33,65
Giulian Janssen 2009 (+28)	800m	08:32.92	32,04

9. WVZ

08:33.81

Sverre van der Zwaan 2009 (+73)	50m	00:29.87	29,87
Sverre van der Zwaan 2009 (+73)	100m	01:02.82	32,95
Sverre van der Zwaan 2009 (+73)	150m	01:36.94	34,12
Sverre van der Zwaan 2009 (+73)	200m	02:09.80	32,86
Niek Sonneveld 2008 (+47)	250m	02:38.46	28,66
Niek Sonneveld 2008 (+47)	300m	03:10.12	31,66
Niek Sonneveld 2008 (+47)	350m	03:43.28	33,16
Niek Sonneveld 2008 (+47)	400m	04:16.58	33,30
Sven Mulder 2009 (+45)	450m	04:46.43	29,85
Sven Mulder 2009 (+45)	500m	05:20.73	34,30
Sven Mulder 2009 (+45)	550m	05:57.12	36,39
Sven Mulder 2009 (+45)	600m	06:31.99	34,87
Tim Boerefijn 2008 (+37)	650m	06:59.38	27,39
Tim Boerefijn 2008 (+37)	700m	07:30.44	31,06
Tim Boerefijn 2008 (+37)	750m	08:02.60	32,16
Tim Boerefijn 2008 (+37)	800m	08:33.81	31,21

10. De Dolfijn

08:34.34

Luca Boorsma 2009 (+60)	50m	00:28.76	28,76
Luca Boorsma 2009 (+60)	100m	01:01.79	33,03
Luca Boorsma 2009 (+60)	150m	01:35.34	33,55
Luca Boorsma 2009 (+60)	200m	02:08.72	33,38
Mike Hilders 2009 (+22)	250m	02:38.07	29,35
Mike Hilders 2009 (+22)	300m	03:10.38	32,31
Mike Hilders 2009 (+22)	350m	03:43.93	33,55
Mike Hilders 2009 (+22)	400m	04:17.66	33,73
Finn Hilders 2009 (+51)	450m	04:46.53	28,87
Finn Hilders 2009 (+51)	500m	05:20.62	34,09
Finn Hilders 2009 (+51)	550m	05:54.17	33,55
Finn Hilders 2009 (+51)	600m	06:26.14	31,97
Alexander Griston 2008 (+36)	650m	06:54.76	28,62
Alexander Griston 2008 (+36)	700m	07:26.98	32,22
Alexander Griston 2008 (+36)	750m	08:00.97	33,99
Alexander Griston 2008 (+36)	800m	08:34.34	33,37

11. OZ&PC

08:44.28

Siem de Zeeuw 2008 (+69)	50m	00:25.87	25,87
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Siem de Zeeuw 2008 (+69)	100m	00:55.77	29,90
Siem de Zeeuw 2008 (+69)	150m	01:27.95	32,18
Siem de Zeeuw 2008 (+69)	200m	02:00.02	32,07
Daan Overmars 2011 (+75)	250m	02:32.54	32,52
Daan Overmars 2011 (+75)	300m	03:07.93	35,39
Daan Overmars 2011 (+75)	350m	03:44.19	36,26
Daan Overmars 2011 (+75)	400m	04:19.43	35,24
Finn Stamsnieder 2009 (+57)	450m	04:50.67	31,24
Finn Stamsnieder 2009 (+57)	500m	05:25.53	34,86
Finn Stamsnieder 2009 (+57)	550m	06:01.69	36,16
Finn Stamsnieder 2009 (+57)	600m	06:37.04	35,35
Teun Overmars 2008 (+56)	650m	07:05.74	28,70
Teun Overmars 2008 (+56)	700m	07:37.33	31,59
Teun Overmars 2008 (+56)	750m	08:11.27	33,94
Teun Overmars 2008 (+56)	800m	08:44.28	33,01

12. ZPCH

08:45.68

Lucas Schouten 2009 (+79)	50m	00:30.05	30,05
Lucas Schouten 2009 (+79)	100m	01:03.32	33,27
Lucas Schouten 2009 (+79)	150m	01:36.86	33,54
Lucas Schouten 2009 (+79)	200m	02:09.71	32,85
Figio van Duuren 2008 (+61)	250m	02:39.09	29,38
Figio van Duuren 2008 (+61)	300m	03:11.16	32,07
Figio van Duuren 2008 (+61)	350m	03:45.38	34,22
Figio van Duuren 2008 (+61)	400m	04:17.44	32,06
Baris Tomu 2010 (+68)	450m	04:48.79	31,35
Baris Tomu 2010 (+68)	500m	05:23.82	35,03
Baris Tomu 2010 (+68)	550m	06:00.87	37,05
Baris Tomu 2010 (+68)	600m	06:36.81	35,94
Jelte de Jong 2009 (+54)	650m	07:05.47	28,66
Jelte de Jong 2009 (+54)	700m	07:37.37	31,90
Jelte de Jong 2009 (+54)	750m	08:11.50	34,13
Jelte de Jong 2009 (+54)	800m	08:45.68	34,18

13. Blue Marlins

08:48.67

Alexander van der Maaten 2009 (+64)	50m	00:29.05	29,05
Alexander van der Maaten 2009 (+64)	100m	01:01.83	32,78
Alexander van der Maaten 2009 (+64)	150m	01:36.91	35,08
Alexander van der Maaten 2009 (+64)	200m	02:12.51	35,60
Aidan van der Stelt 2009 (+75)	250m	02:42.25	29,74
Aidan van der Stelt 2009 (+75)	300m	03:16.36	34,11
Aidan van der Stelt 2009 (+75)	350m	03:51.79	35,43
Aidan van der Stelt 2009 (+75)	400m	04:25.28	33,49
Fabian Riedijk 2008 (+57)	450m	04:54.25	28,97
Fabian Riedijk 2008 (+57)	500m	05:27.09	32,84
Fabian Riedijk 2008 (+57)	550m	06:01.56	34,47
Fabian Riedijk 2008 (+57)	600m	06:36.09	34,53
Aiden Lips 2008 (+14)	650m	07:05.33	29,24
Aiden Lips 2008 (+14)	700m	07:38.98	33,65
Aiden Lips 2008 (+14)	750m	08:13.83	34,85
Aiden Lips 2008 (+14)	800m	08:48.67	34,84

14. DZ&PC

08:52.82

Roy Hofman 2009 (+60)	50m	00:30.19	30,19
Roy Hofman 2009 (+60)	100m	01:03.26	33,07
Roy Hofman 2009 (+60)	150m	01:38.07	34,81
Roy Hofman 2009 (+60)	200m	02:13.29	35,22
Damir Mustafic 2008 (+52)	250m	02:41.67	28,38
Damir Mustafic 2008 (+52)	300m	03:14.24	32,57
Damir Mustafic 2008 (+52)	350m	03:47.25	33,01
Damir Mustafic 2008 (+52)	400m	04:19.00	31,75
Stijn Dijkstra 2010 (+51)	450m	04:52.45	33,45
Stijn Dijkstra 2010 (+51)	500m	05:28.31	35,86
Stijn Dijkstra 2010 (+51)	550m	06:04.98	36,67
Stijn Dijkstra 2010 (+51)	600m	06:41.62	36,64
Hein Muller 2008 (+69)	650m	07:10.27	28,65
Hein Muller 2008 (+69)	700m	07:43.35	33,08
Hein Muller 2008 (+69)	750m	08:18.44	35,09

Hein Muller 2008 (+69) 800m 08:52.82 34,38

15. Steenwijk 1934

08:55.63

Ivan Vuist 2008 (+79) 50m 00:30.10 30,10  
Ivan Vuist 2008 (+79) 100m 01:05.42 35,32  
Ivan Vuist 2008 (+79) 150m 01:42.98 37,56  
Ivan Vuist 2008 (+79) 200m 02:20.37 37,39  
Sven Casper Hageman 2010 (+52) 250m 02:50.40 30,03  
Sven Casper Hageman 2010 (+52) 300m 03:25.40 35,00  
Sven Casper Hageman 2010 (+52) 350m 04:01.41 36,01  
Sven Casper Hageman 2010 (+52) 400m 04:36.75 35,34  
Dyon Scholten 2009 (+63) 450m 05:06.69 29,94  
Dyon Scholten 2009 (+63) 500m 05:41.57 34,88  
Dyon Scholten 2009 (+63) 550m 06:18.90 37,33  
Dyon Scholten 2009 (+63) 600m 06:54.99 36,09  
Jaydey Schonewille 2008 (+62) 650m 07:22.90 27,91  
Jaydey Schonewille 2008 (+62) 700m 07:53.71 30,81  
Jaydey Schonewille 2008 (+62) 750m 08:25.17 31,46  
Jaydey Schonewille 2008 (+62) 800m 08:55.63 30,46

16. ZV 44

09:06.99

Ruben Nooter 2009 (+69) 50m 00:29.54 29,54  
Ruben Nooter 2009 (+69) 100m 01:03.26 33,72  
Ruben Nooter 2009 (+69) 150m 01:37.63 34,37  
Ruben Nooter 2009 (+69) 200m 02:11.61 33,98  
Matthijs van Velzen 2011 (+38) 250m 02:42.56 30,95  
Matthijs van Velzen 2011 (+38) 300m 03:19.13 36,57  
Matthijs van Velzen 2011 (+38) 350m 03:57.82 38,69  
Matthijs van Velzen 2011 (+38) 400m 04:35.03 37,21  
Yorre van der Wal 2010 (+54) 450m 05:07.61 32,58  
Yorre van der Wal 2010 (+54) 500m 05:44.66 37,05  
Yorre van der Wal 2010 (+54) 550m 06:23.40 38,74  
Yorre van der Wal 2010 (+54) 600m 07:01.13 37,73  
Youp Stuifzand 2008 (+43) 650m 07:28.68 27,55  
Youp Stuifzand 2008 (+43) 700m 08:01.22 32,54  
Youp Stuifzand 2008 (+43) 750m 08:34.16 32,94  
Youp Stuifzand 2008 (+43) 800m 09:06.99 32,83

Nummer: 2 - zaterdag 9 december 2023 om 08:30u (25 m)

Aanvangstijd juryvergadering: 07:30u

9. 100m vrije slag - Heren

12 - 13 jaar (Junioren 1 en 2)

1. Mathijs de Wit (KSN (SG), 201001215) 00:57.83(+74)  
50m 00:27.97 27,97
2. Nick Vodde (AZ&PC De Futen, 201002211) 00:58.95(+73)  
50m 00:28.16 28,16
3. Sven Casper Hageman (Steenwijk 1934, 201000009) 00:59.07(+70)  
50m 00:28.14 28,14
4. Gwee Bokma (Zwemlust- den Hommel, 201002259) 00:59.37(+78)  
50m 00:28.26 28,26
5. Ramon Vos (ZPC Hoogeveen, 201100051) 01:00.13(+72)  
50m 00:28.50 28,50
6. Alief Jan van der Sluis (PSV, 201003425) 01:00.21(+71)  
50m 00:28.57 28,57
7. Evren Ege Orcunus (De Dolfijn, 201003253) 01:00.24(+67)  
50m 00:29.23 29,23
8. Bink Elgersma (Zwemlust- den Hommel, 201000137) 01:00.67(+80)  
50m 00:28.81 28,81
9. Joey Snabel (ZPC AMERSFOORT, 201002847) 01:01.09(+73)

50m 00:29.47 29,47

10. Ruben Kragt (ZV 44, 201000007) 01:01.21(+67)  
50m 00:28.69 28,69
11. Mees Janssen (DSZ, 201102025) 01:01.29(+56)  
50m 00:28.69 28,69
11. Myron Artemenko (Niemo Barracuda, 201003021) 01:01.29(+55)  
50m 00:29.37 29,37
13. Abel op den Velde (De Duinkickers, 201000079) 01:01.30(+78)  
50m 00:29.63 29,63
14. Kris Westerhout (ZZ&PC De Devel, 201000883) 01:01.51(+61)  
50m 00:29.47 29,47
15. Thijmen Pruijssers (Hieronymus, 201000129) 01:01.86(+52)  
50m 00:29.55 29,55
16. Mauro Bedeke (DAW, 201000537) 01:01.91(+62)  
50m 00:29.36 29,36
17. Baris Tomu (ZPCH, 201000869) 01:02.24(+66)  
50m 00:30.01 30,01
18. Oleksandr Hordiienko (ZV De Aalscholver, 201003061) 01:02.28(+80)  
50m 00:29.68 29,68
19. Max van der Spank (Hieronymus, 201000275) 01:02.87(+70)  
50m 00:29.98 29,98
20. Melle Pittie (Zwemclub Eijsden, 201000179) 01:03.03(+75)  
50m 00:30.83 30,83
20. Mathieu Gepkens (VZC, 201000045) 01:03.03(+72)  
50m 00:30.57 30,57
22. Mathijs Boersma (ZPC Hoogeveen, 201000313) 01:03.14(+81)  
50m 00:30.23 30,23
22. Thijn Runia (DZT'62, 201000895) 01:03.14(+69)  
50m 00:30.53 30,53
24. Duco de Gelder (Blue Marlins, 201000217) 01:03.31(+75)  
50m 00:30.09 30,09
25. Girish Nolden (Blue Marlins, 201000087) 01:03.33(+75)  
50m 00:31.16 31,16
26. Sven Potappel (DWK, 201000127) 01:03.48(+57)  
50m 00:30.16 30,16
27. Eli Shields (Niemo Barracuda, 201000407) 01:03.66(+73)  
50m 00:30.15 30,15
28. Tygo van de Wal (DWK, 201001329) 01:03.72(+82)  
50m 00:30.38 30,38
29. Nathan Magava (De Dolfijn, 201003067) 01:03.95(+61)  
50m 00:31.12 31,12
29. Matthijs van Velzen (ZV 44, 201100435) 01:03.95(+65)  
50m 00:29.98 29,98
31. Nordin Vermeer (DWK, 201000227) 01:04.01(+71)  
50m 00:30.05 30,05
32. Cayden Malone (De Dolfijn, 201002195) 01:04.16(+72)  
50m 00:30.88 30,88
33. Franzi Ziegler (DAW, 201100891) 01:04.21(+62)  
50m 00:31.11 31,11

34. Tycho Wienbelt (De Vikings, 201001397) 50m 00:31.13 31,13	01:04.30(+78)
35. Jorick Johannes (HZ&PC Heerenveen, 201000403) 50m 00:30.93 30,93	01:04.34(+66)
36. Stijn Dijkstra (DZ&PC, 201000279) 50m 00:31.23 31,23	01:04.36(+52)
37. Mattias Stolk (HZ&PC Heerenveen, 201000525) 50m 00:31.19 31,19	01:04.38(+76)
38. Thijs Jonkman (De Duck, 201000481) 50m 00:31.87 31,87	01:04.93(+70)
39. Finn Wensveen (Zv de Ham, 201000811) 50m 00:31.76 31,76	01:05.21(+83)
40. Dax van den Nouland (Blue Marlins, 201000071) 50m 00:31.53 31,53	01:05.68(+62)
41. Yorre van der Wal (ZV 44, 201000017) 50m 00:31.75 31,75	01:05.91(+63)
42. Dax Muijlaert (SG Octopus - ZVV, 201100535) 50m 00:31.70 31,70	01:05.96(+73)
43. Milan Schuilenburg (ZPC AMERSFOORT, 201000935) 50m 00:31.63 31,63	01:05.98(+68)
44. Kasper Lubbers (Orca, 201100025) 50m 00:32.12 32,12	01:06.15(+62)
45. Kick Germers (SWOL 1894, 201000185) 50m 00:32.07 32,07	01:06.53(+69)
46. Joep Lindhout (Niemo Barracuda, 201100873) 50m 00:32.59 32,59	01:07.07(+69)
47. Amor van der Veen (ZV 44, 201100197) 50m 00:31.77 31,77	01:07.52(+70)
48. Nils Bellert (SG Octopus - ZVV, 201100347) 50m 00:32.77 32,77	01:07.87(+81)
49. Luca Monster (ZPC Numansdorp, 201100343) 50m 00:32.28 32,28	01:08.39(+55)
50. Vince van Dam (ACZ, 201000405) 50m 00:32.44 32,44	01:09.77(+71)
10. 100m vrije slag - Heren 14 - 15 jaar (Junioren 3 en 4)	
1. Kaan Sudak (Blue Marlins, 200803733) 50m 00:24.72 24,72	00:51.46(+60)
2. Giovanni Phillipson (Team Noord Holland, 200801099) 50m 00:25.11 25,11	00:52.32(+76)
3. Siem de Zeeuw (OZ&PC, 200800013) 50m 00:25.15 25,15	00:52.42(+73)
4. Giulian Janssen (PSV, 200900125) 50m 00:25.62 25,62	00:52.98(+62)
5. Xiaoyu Yin (Blue Marlins, 200803363) 50m 00:25.65 25,65	00:53.20(+68)
6. Jaydey Schonewille (Steenwijk 1934, 200800025) 50m 00:25.95 25,95	00:53.53(+77)
7. Gijs Koehoorn (HZ&PC Heerenveen, 200800275) 50m 00:25.67 25,67	00:53.66(+75)



8. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	00:53.82(+70)
50m 00:25.84 25,84	
9. Job Sportel (De Dinkel, 200800429)	00:54.52(+69)
50m 00:26.52 26,52	
10. Jones Chuang (PSV, 200801173)	00:54.55(+62)
50m 00:26.12 26,12	
11. Filip Piszczynski (KSN (SG), 200802125)	00:54.73(+66)
50m 00:26.34 26,34	
12. Theodore Allan (PSV, 200902925)	00:54.77(+64)
50m 00:26.36 26,36	
13. Suraj Baladurage (Team Noord Holland, 200801291)	00:54.97(+62)
50m 00:26.31 26,31	
14. Bram ter Braak (De Dinkel, 200800281)	00:55.11(+74)
50m 00:26.61 26,61	
15. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	00:55.21(+69)
50m 00:26.29 26,29	
16. Tobian Vos (ZPC AMERSFOORT, 200900005)	00:55.25(+71)
50m 00:26.91 26,91	
17. Milan Veelders (De Dinkel, 200800279)	00:55.41(+76)
50m 00:26.53 26,53	
18. Arjan Boogaard (Deltasteur, 200800093)	00:55.73(+63)
50m 00:26.19 26,19	
19. Nout Folkersma (PSV, 200800595)	00:55.79(+70)
50m 00:26.84 26,84	
20. Ruben Baars (DWK, 200900471)	00:55.81(+67)
50m 00:26.38 26,38	
21. Bas Mostert (VZC, 200800629)	00:55.92(+77)
50m 00:27.12 27,12	
22. Bjorn Scholten (WS Twente, 200801143)	00:55.95(+76)
50m 00:26.94 26,94	
23. Tim Boerefijn (WVZ, 200802815)	00:55.96(+77)
50m 00:27.13 27,13	
24. Diede Veld (HZ&PC Heerenveen, 200800011)	00:56.06(+73)
50m 00:26.98 26,98	
25. Rens Noordover (Team Noord Holland, 200800237)	00:56.18(+72)
50m 00:26.53 26,53	
26. Rian Schoneveld (De Berkelduikers, 200801789)	00:56.25(+69)
50m 00:26.93 26,93	
27. Rein Stoel (ZVL-1886, 200800463)	00:56.51(+68)
50m 00:27.44 27,44	
28. Damir Mustafic (DZ&PC, 200800885)	00:56.53(+74)
50m 00:27.24 27,24	
29. Tibbe Quist (Kon. AZ 1870, 200801359)	00:56.57(+62)
50m 00:27.02 27,02	
30. Xander Boets (ZPC de Kanaalstreek, 200800133)	00:56.68(+82)
50m 00:27.65 27,65	
31. Floris van de Wal (De Treffers, 200900495)	00:56.73(+69)
50m 00:27.59 27,59	

32. Youp Stuifzand (ZV 44, 200800521) 50m 00:27.17 27,17	00:56.78(+65)
33. Luca Boorsma (De Dolfijn, 200902031) 50m 00:26.97 26,97	00:56.82(+62)
34. Teun Overmars (OZ&PC, 200800103) 50m 00:27.36 27,36	00:56.92(+69)
35. Adriaan Coppelmans (AZC, 200903243) 50m 00:27.19 27,19	00:56.94(+66)
36. Wout Serrarens (PSV, 200800261) 50m 00:27.12 27,12	00:57.17(+75)
37. Ivo Bot (Wiekslag, 200900509) 50m 00:26.92 26,92	00:57.18(+72)
38. Sam Leferink (De Dinkel, 200800833) 50m 00:26.86 26,86	00:57.30(+79)
39. Jesse Molegraaf (ZPC AMERSFOORT, 200800887) 50m 00:27.39 27,39	00:57.34(+69)
40. Gerjan Berends (ZC Polaris, 200900169) 50m 00:27.25 27,25	00:57.48(+73)
41. Finn Eghuizen (HZ&PC Heerenveen, 200900431) 50m 00:28.06 28,06	00:57.53(+70)
42. Cruz de Groot (Team Noord Holland, 200801077) 50m 00:27.41 27,41	00:57.65(+70)
43. Quinn Frunt (DWK, 200800729) 50m 00:27.76 27,76	00:57.71(+71)
44. Rens van Wijngaarden (ZPC AMERSFOORT, 200800839) 50m 00:27.60 27,60	00:57.72(+72)
45. Alexander Griston (De Dolfijn, 200803053) 50m 00:27.93 27,93	00:57.84(+70)
46. Sacha van Hees Ajdnik (ZEPS, 200900489) 50m 00:27.76 27,76	00:57.85(+67)
47. Neo Reiber (Feijenoord Albion, 200900699) 50m 00:26.81 26,81	00:57.87(+64)
48. Luuk Knijnenburg (De Columbiaan, 200802291) 50m 00:27.78 27,78	00:57.97(+69)
49. Fabian Riedijk (Blue Marlins, 200800603) 50m 00:27.99 27,99	00:58.03(+70)
50. Niek Sonneveld (WVZ, 200802631) 50m 00:28.62 28,62	00:58.07(+68)
51. Timo Berghuis (NDD, 200801991) 50m 00:28.10 28,10	00:58.19(+66)
52. Wessel van Dorst (Aqua-Novio'94, 200900727) 50m 00:28.27 28,27	00:58.25(+66)
53. Delano van der Wegen (Hieronymus, 200801941) 50m 00:27.66 27,66	00:58.35(+62)
54. Mart Tempelman (Dedemsvaart-AC, 200801075) 50m 00:27.54 27,54	00:58.61(+73)
55. Davi Fonseca Gomes (PSV, 200902795) 50m 00:27.98 27,98	00:58.64(+72)
56. Brent Schifflers (ZPC Woerden, 200902041) 50m 00:28.35 28,35	00:58.69(+76)

57. Wessel Mous (WWV Winterswijk, 200802477)					00:58.73(+88)
	50m	00:27.99	27,99		
58. Jelle van Mullekom (RZC, 200801267)					00:58.75(+71)
	50m	00:27.49	27,49		
59. Jannick van Eeghem (Hellas-Glana, 200800147)					00:58.76(+72)
	50m	00:28.14	28,14		
60. Felix Gepkens (VZC, 200800631)					00:58.77(+68)
	50m	00:28.15	28,15		
61. Koen de Vries (MZ&PC De Reest, 200802379)					00:58.80(+71)
	50m	00:28.25	28,25		
62. Tim van de Moosdijk (PSV, 200900187)					00:58.81(+77)
	50m	00:28.22	28,22		
63. Teun van Weeren (WS Twente, 200801145)					00:58.86(+70)
	50m	00:28.26	28,26		
64. Jelte de Jong (ZPCH, 200900975)					00:59.15(+72)
	50m	00:28.02	28,02		
65. Deaquan Ramos (ZC Polaris, 200901709)					00:59.57(+74)
	50m	00:28.35	28,35		
66. Alex Woe (Poseidon'56, 200801393)					00:59.65(+57)
	50m	00:28.62	28,62		
67. Bink de Vries (AZC, 200901887)					00:59.71(+68)
	50m	00:28.55	28,55		
68. Finn Hilders (De Dolfijn, 200900283)					00:59.86(+56)
	50m	00:28.72	28,72		
69. Ruben Nooter (ZV 44, 200901577)					00:59.94(+71)
	50m	00:28.59	28,59		
70. Aditya Winterberg (Blue Marlins, 200800953) [S15]					01:00.21(+67)
	50m	00:28.51	28,51		
71. Aiden Lips (Blue Marlins, 200800951)					01:00.51(+74)
	50m	00:29.36	29,36		
72. Jamie Kenworthy (De Dolfijn, 200800045)					01:00.92(+68)
	50m	00:28.65	28,65		
73. Sascha Timmer (AZC, 200902987)					01:01.22(+57)
	50m	00:28.93	28,93		
74. Hessel Penninkhof (Deltasteur, 200800565)					01:03.29(+85)
	50m	00:29.70	29,70		
DIS. Liam Diavatopoulos (Aqua-Novio'94, 200802549)					00:00.00
11. 400m wisselslag - Dames					
11 - 12 jaar (Junioren 1 en 2)					
1. Malin Roozeboom (WVZ, 201100006)					05:15.68(+80)
	50m	00:34.92	34,92	150m 01:55.61	40,17
	100m	01:15.44	40,52	200m 02:34.44	38,83
				250m 03:20.04	45,60
				300m 04:05.46	45,42
				350m 04:41.44	35,98
2. Yill van Bezouw (Hieronymus, 201100704)					05:20.96(+74)
	50m	00:33.85	33,85	150m 01:55.55	41,39
	100m	01:14.16	40,31	200m 02:35.92	40,37
				250m 03:21.48	45,56
				300m 04:07.19	45,71
				350m 04:45.47	38,28
3. Frédérique Nijziel (PSV, 201103114)					05:33.83(+80)
	50m	00:33.23	33,23	150m 01:55.20	42,85
	100m	01:12.35	39,12	200m 02:35.99	40,79
				250m 03:26.21	50,22
				300m 04:17.47	51,26
				350m 04:56.41	38,94
4. Noa van Zalk (ZPC AMERSFOORT, 201102534)					05:34.61(+72)

	50m 00:34.37 34,37	150m 02:00.16 43,03	250m 03:30.49 48,80	350m 04:58.78 37,87	
	100m 01:17.13 42,76	200m 02:41.69 41,53	300m 04:20.91 50,42		
5. Milou Filemon (Blue Marlins, 201100078)					05:36.36(+74)
	50m 00:37.41 37,41	150m 02:01.77 40,61	250m 03:31.69 49,48	350m 04:59.84 38,61	
	100m 01:21.16 43,75	200m 02:42.21 40,44	300m 04:21.23 49,54		
6. Casharell Kraan (Blue Marlins, 201103426)					05:37.58(+68)
	50m 00:36.35 36,35	150m 02:02.89 41,27	250m 03:33.17 48,39	350m 05:01.46 39,68	
	100m 01:21.62 45,27	200m 02:44.78 41,89	300m 04:21.78 48,61		
7. Elin Reinstra (TriVia, 201100842)					05:39.80
	50m 00:38.63 38,63	150m 02:06.10 41,48	250m 03:35.11 48,78	350m 05:03.57 39,56	
	100m 01:24.62 45,99	200m 02:46.33 40,23	300m 04:24.01 48,90		
8. Ylène Zondervan (ZPC AMERSFOORT, 201200016)					05:41.48(+96)
	50m 00:36.37 36,37	150m 02:04.14 45,50	250m 03:36.10 48,10	350m 05:03.96 39,22	
	100m 01:18.64 42,27	200m 02:48.00 43,86	300m 04:24.74 48,64		
9. Lola Verheijen (PSV, 201100832)					05:42.82(+73)
	50m 00:33.39 33,39	150m 02:02.33 46,39	250m 03:37.32 48,40	350m 05:07.98 40,20	
	100m 01:15.94 42,55	200m 02:48.92 46,59	300m 04:27.78 50,46		
10. Elke Kriesels (Hieronymus, 201100898)					05:47.67(+79)
	50m 00:36.83 36,83	150m 02:08.74 45,79	250m 03:42.64 48,62	350m 05:10.37 38,38	
	100m 01:22.95 46,12	200m 02:54.02 45,28	300m 04:31.99 49,35		
11. Sterre de Veen (Hellas-Glana, 201100086)					05:50.13(+71)
	50m 00:36.58 36,58	150m 02:08.77 45,37	250m 03:39.44 47,31	350m 05:12.18 43,91	
	100m 01:23.40 46,82	200m 02:52.13 43,36	300m 04:28.27 48,83		
12. Lobke Hempenius (HZ&PC Heerenveen, 201100522)					05:52.96(+68)
	50m 00:39.47 39,47	150m 02:13.32 44,38	250m 03:42.24 46,82	350m 05:14.58 43,43	
	100m 01:28.94 49,47	200m 02:55.42 42,10	300m 04:31.15 48,91		
13. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)					05:54.11(+87)
	50m 00:35.39 35,39	150m 02:02.14 44,44	250m 03:38.77 53,83	350m 05:15.36 41,02	
	100m 01:17.70 42,31	200m 02:44.94 42,80	300m 04:34.34 55,57		
14. Esra Simon (Hellas-Glana, 201100004)					05:55.78(+62)
	50m 00:35.54 35,54	150m 02:03.93 44,77	250m 03:41.25 51,81	350m 05:15.96 41,41	
	100m 01:19.16 43,62	200m 02:49.44 45,51	300m 04:34.55 53,30		
15. Norell Kroeze (ZC Polaris, 201100378)					05:56.34(+78)
	50m 00:38.54 38,54	150m 02:12.60 46,84	250m 03:48.89 50,45	350m 05:18.66 39,61	
	100m 01:25.76 47,22	200m 02:58.44 45,84	300m 04:39.05 50,16		
16. Anna Lepoutre (PSV, 201100534)					05:57.69(+74)
	50m 00:34.28 34,28	150m 02:04.91 47,02	250m 03:42.40 52,72	350m 05:18.55 42,04	
	100m 01:17.89 43,61	200m 02:49.68 44,77	300m 04:36.51 54,11		
17. Julia Ketelaars (Hellas-Glana, 201200028)					05:58.06(+68)
	50m 00:39.96 39,96	150m 02:16.81 47,21	250m 03:52.51 49,14	350m 05:22.47 40,56	
	100m 01:29.60 49,64	200m 03:03.37 46,56	300m 04:41.91 49,40		
18. Isabel Amelink (Deltasteur, 201100196)					05:58.59(+90)
	50m 00:40.44 40,44	150m 02:14.51 46,99	250m 03:48.56 48,82	350m 05:20.96 42,18	
	100m 01:27.52 47,08	200m 02:59.74 45,23	300m 04:38.78 50,22		
19. Melody Paulussen (De Dolfijn, 201101106)					05:58.67(+81)
	50m 00:37.12 37,12	150m 02:10.32 45,83	250m 03:46.97 53,11	350m 05:20.89 40,75	
	100m 01:24.49 47,37	200m 02:53.86 43,54	300m 04:40.14 53,17		
20. Chloé in 't Veen (WVZ, 201100010)					05:59.93(+61)
	50m 00:36.37 36,37	150m 02:08.80 49,16	250m 03:45.92 49,05	350m 05:19.86 43,17	
	100m 01:19.64 43,27	200m 02:56.87 48,07	300m 04:36.69 50,77		
21. Elle van Gemeren (DAW, 201100428)					06:00.58(+87)
	50m 00:39.57 39,57	150m 02:12.07 48,06	250m 03:47.36 49,29	350m 05:19.94 42,81	
	100m 01:24.01 44,44	200m 02:58.07 46,00	300m 04:37.13 49,77		
22. Noa Spaans (De Dolfijn, 201100222)					06:01.87(+82)

	50m 00:39.68 39,68	150m 02:13.54 45,05	250m 03:50.06 52,09	350m 05:23.20 41,67	
	100m 01:28.49 48,81	200m 02:57.97 44,43	300m 04:41.53 51,47		
23. Minke Bouman (Blue Marlins, 201100104)					06:02.07(+70)
	50m 00:38.36 38,36	150m 02:14.01 46,95	250m 03:48.54 50,47	350m 05:22.83 44,24	
	100m 01:27.06 48,70	200m 02:58.07 44,06	300m 04:38.59 50,05		
24. Mette Hogenhuis (Zwemlust- den Hommel, 201101254)					06:02.32(+83)
	50m 00:41.20 41,20	150m 02:14.87 45,49	250m 03:51.29 52,13	350m 05:25.45 41,45	
	100m 01:29.38 48,18	200m 02:59.16 44,29	300m 04:44.00 52,71		
25. Nynke Muntinga (ZPCH, 201100060)					06:02.39(+69)
	50m 00:38.50 38,50	150m 02:12.87 47,06	250m 03:50.86 50,63	350m 05:23.27 40,17	
	100m 01:25.81 47,31	200m 03:00.23 47,36	300m 04:43.10 52,24		
26. Julia Bannatyne (BZ&PC, 201201020)					06:02.88(+79)
	50m 00:38.33 38,33	150m 02:14.21 48,55	250m 03:52.86 52,80	350m 05:25.18 40,28	
	100m 01:25.66 47,33	200m 03:00.06 45,85	300m 04:44.90 52,04		
27. Noortje Bisperink (ZPC AMERSFOORT, 201100486)					06:03.38(+73)
	50m 00:40.20 40,20	150m 02:15.37 44,49	250m 03:51.92 53,60	350m 05:25.86 40,07	
	100m 01:30.88 50,68	200m 02:58.32 42,95	300m 04:45.79 53,87		
28. Lise Markes (SBC2000, 201101276)					06:03.41(+77)
	50m 00:37.49 37,49	150m 02:09.94 46,58	250m 03:46.40 51,03	350m 05:23.49 43,73	
	100m 01:23.36 45,87	200m 02:55.37 45,43	300m 04:39.76 53,36		
29. Annefleur Schraa (SWOL 1894, 201100044)					06:04.44(+63)
	50m 00:39.96 39,96	150m 02:13.60 47,41	250m 03:49.57 51,88	350m 05:24.13 42,59	
	100m 01:26.19 46,23	200m 02:57.69 44,09	300m 04:41.54 51,97		
30. Mattea Gliese-Slooijer (De Dinkel, 201100008)					06:05.09(+86)
	50m 00:39.83 39,83	150m 02:13.57 44,15	250m 03:50.92 53,73	350m 05:25.90 41,03	
	100m 01:29.42 49,59	200m 02:57.19 43,62	300m 04:44.87 53,95		
31. Carlijn Dezutter (Scheldestroom, 201100770)					06:05.26(+79)
	50m 00:39.50 39,50	150m 02:14.38 46,16	250m 03:52.14 51,93	350m 05:25.36 42,21	
	100m 01:28.22 48,72	200m 03:00.21 45,83	300m 04:43.15 51,01		
32. Esmee Reuver (ZC Polaris, 201100846)					06:06.67(+61)
	50m 00:43.40 43,40	150m 02:19.17 43,37	250m 03:54.42 52,62	350m 05:28.03 40,38	
	100m 01:35.80 52,40	200m 03:01.80 42,63	300m 04:47.65 53,23		
33. Roubin van Kampen (ZPCH, 201200370)					06:08.18(+79)
	50m 00:41.50 41,50	150m 02:19.29 49,56	250m 03:56.97 49,60	350m 05:28.81 41,08	
	100m 01:29.73 48,23	200m 03:07.37 48,08	300m 04:47.73 50,76		
34. Morrison Schram (De Schelde, 201100686)					06:09.67(+80)
	50m 00:41.47 41,47	150m 02:19.10 47,61	250m 03:57.71 50,80	350m 05:32.58 42,20	
	100m 01:31.49 50,02	200m 03:06.91 47,81	300m 04:50.38 52,67		
35. Alissa Rooijackers (Z&PV Nuenen, 201101892)					06:11.25(+72)
	50m 00:38.46 38,46	150m 02:13.08 46,56	250m 03:51.78 54,54	350m 05:30.80 43,94	
	100m 01:26.52 48,06	200m 02:57.24 44,16	300m 04:46.86 55,08		
36. Meike van der Klugt (WVZ, 201100808)					06:11.38(+87)
	50m 00:43.13 43,13	150m 02:21.31 46,04	250m 03:56.64 50,03	350m 05:31.21 44,31	
	100m 01:35.27 52,14	200m 03:06.61 45,30	300m 04:46.90 50,26		
37. Sara Creemers (Hellas-Glana, 201100242)					06:13.29(+67)
	50m 00:40.68 40,68	150m 02:18.86 50,03	250m 03:56.08 49,82	350m 05:32.39 44,62	
	100m 01:28.83 48,15	200m 03:06.26 47,40	300m 04:47.77 51,69		
38. Fanni Farkas (De Columbiaan, 201100360)					06:13.96(+81)
	50m 00:40.70 40,70	150m 02:22.66 49,27	250m 04:05.15 54,52	350m 05:37.20 38,79	
	100m 01:33.39 52,69	200m 03:10.63 47,97	300m 04:58.41 53,26		
39. Eva ter Horst (ZPC Hoogeveen, 201200070)					06:15.43(+84)
	50m 00:42.82 42,82	150m 02:20.63 47,97	250m 03:59.11 53,92	350m 05:36.17 42,28	
	100m 01:32.66 49,84	200m 03:05.19 44,56	300m 04:53.89 54,78		
40. Alaine Dumont (ZV De Watervogels, 201102140)					06:16.80(+69)

	50m 00:38.60 38,60	150m 02:13.64 47,91	250m 03:54.23 53,90	350m 05:34.44 45,61	
	100m 01:25.73 47,13	200m 03:00.33 46,69	300m 04:48.83 54,60		
41. Emma van den Berg (V.Z.V. Njord, 201100830)					06:21.21(+75)
	50m 00:38.88 38,88	150m 02:16.52 49,15	250m 03:56.79 52,69	350m 05:38.34 46,23	
	100m 01:27.37 48,49	200m 03:04.10 47,58	300m 04:52.11 55,32		
42. Juno Toornend (Team Noord Holland, 201101718)					06:22.65(+79)
	50m 00:39.41 39,41	150m 02:20.33 48,13	250m 04:01.89 55,75	350m 05:40.36 43,38	
	100m 01:32.20 52,79	200m 03:06.14 45,81	300m 04:56.98 55,09		
43. Syll Rinsma (Orca, 201200798)					06:22.81(+69)
	50m 00:42.54 42,54	150m 02:23.99 48,56	250m 04:04.47 50,88	350m 05:40.77 43,47	
	100m 01:35.43 52,89	200m 03:13.59 49,60	300m 04:57.30 52,83		
44. Vicky Horens (Hellas-Glana, 201200252)					06:26.27(+69)
	50m 00:41.20 41,20	150m 02:23.25 51,06	250m 04:03.40 53,28	350m 05:43.59 46,66	
	100m 01:32.19 50,99	200m 03:10.12 46,87	300m 04:56.93 53,53		
45. Charlie Klaver (De Dolfijn, 201102094)					06:35.90(+74)
	50m 00:45.75 45,75	150m 02:31.29 53,26	250m 04:14.72 53,13	350m 05:55.70 46,79	
	100m 01:38.03 52,28	200m 03:21.59 50,30	300m 05:08.91 54,19		
46. Amila Mustafic (DZ&PC, 201200026)					06:45.21(+80)
	50m 00:40.19 40,19	150m 02:24.20 47,60	250m 04:10.93 58,65	350m 06:00.00 46,54	
	100m 01:36.60 56,41	200m 03:12.28 48,08	300m 05:13.46 62,53		
47. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)					07:10.37(+58)
	50m 00:45.30 45,30	150m 02:41.94 53,14	250m 04:37.88 61,95	350m 06:25.90 45,90	
	100m 01:48.80 63,50	200m 03:35.93 53,99	300m 05:40.00 62,12		
DIS. Rozalia Diederiks (ZVL-1886, 201100904)					00:00.00(+82)
DIS. Odenza Soselisa (Blue Marlins, 201101780)					00:00.00(+57)
DIS. Simone Brobbel (ZPC Numansdorp, 201200058)					00:00.00
12. 100m schoolslag - Dames					
13 - 14 jaar (Junioren 3 en 4)					
1. Paula Spans (ZV 44, 201000064)					01:12.62(+77)
	50m 00:34.32 34,32				
2. Carla Moreno Palacios (De Dolfijn, 201002302)					01:14.67(+80)
	50m 00:35.13 35,13				
3. Robine Moot (ZPC AMERSFOORT, 200900330)					01:15.09(+78)
	50m 00:35.75 35,75				
4. Tess Vonk (De Geul, 200900024)					01:15.38(+78)
	50m 00:35.75 35,75				
5. Fay Boxum (DZ&PC, 200900060)					01:15.39(+77)
	50m 00:35.25 35,25				
6. Marre van der Wal (ZV 44, 201000046)					01:15.76(+71)
	50m 00:36.14 36,14				
7. Amber Kunst (DAW, 200900680)					01:16.44(+68)
	50m 00:35.57 35,57				
8. Tereza Boom (PSV, 200904028)					01:16.75(+71)
	50m 00:35.47 35,47				
9. Michelle van Hemert (PSV, 200901200)					01:17.19(+78)
	50m 00:36.04 36,04				
10. Tara Langkamp (Aqua-Novio'94, 200900362)					01:17.22(+69)
	50m 00:35.34 35,34				
11. Myrthe Stelten (Hellas-Glana, 200900234)					01:17.37(+73)
	50m 00:36.38 36,38				

12. Fenna Zusterzeel (PSV, 201000008)				01:17.48(+76)
	50m	00:36.06	36,06	
13. Esmaé de Gans (ZPC AMERSFOORT, 200900134)				01:18.60(+80)
	50m	00:36.80	36,80	
14. Flo Streep (DAW, 200900676)				01:18.94(+70)
	50m	00:36.94	36,94	
15. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)				01:18.97(+87)
	50m	00:37.53	37,53	
16. Julia Dąbrowska (Blue Marlins, 201000300)				01:19.11(+76)
	50m	00:36.76	36,76	
17. Linou van Kampen (ZPCH, 201000594)				01:19.15(+79)
	50m	00:37.32	37,32	
18. Annelie Batenburg (PSV, 201001962)				01:19.22(+74)
	50m	00:37.28	37,28	
19. Mijke Ouderkerken (Blue Marlins, 200901254)				01:19.24(+73)
	50m	00:37.12	37,12	
20. Eva Ehlert (GZC DONK, 201002026)				01:19.45(+78)
	50m	00:37.61	37,61	
21. Jayna Wagemakers (Hieronymus, 201000226)				01:19.96(+64)
	50m	00:37.44	37,44	
22. Anne Engbersen (ZPC AMERSFOORT, 201000044)				01:20.32(+78)
	50m	00:37.96	37,96	
23. Fenne de Vogt (DVK, 200901656)				01:20.39(+74)
	50m	00:37.05	37,05	
24. Rixt Rothschild (ZC Borger, 200900026)				01:20.43(+69)
	50m	00:37.88	37,88	
25. Tess van de Steeg (WVZ, 201000016)				01:20.63(+77)
	50m	00:38.06	38,06	
26. Esmee de Raadt (Feijenoord Albion, 201002328)				01:20.90(+69)
	50m	00:38.06	38,06	
27. Wieke Dekker (De Dolfijn, 201002020)				01:21.12(+77)
	50m	00:38.22	38,22	
28. Kyana de Vries (ZWK Merlet, 200901260)				01:21.88(+83)
	50m	00:38.22	38,22	
29. Jasmijn Schoonen (Wiekslag, 200901196)				01:22.53(+80)
	50m	00:38.49	38,49	
13. 200m vlinderslag - Heren				
14 - 15 jaar (Junioren 3 en 4)				
1. Xiaoyu Yin (Blue Marlins, 200803363)				02:06.61(+68)
	50m	00:28.51	28,51	
	100m	01:00.92	32,41	
	150m	01:33.46	32,54	
2. Yarno van Dam (ACZ, 200800115)				02:10.15(+67)
	50m	00:28.54	28,54	
	100m	01:01.83	33,29	
	150m	01:35.47	33,64	
3. Mattia Maggio (Hellas-Glana, 200903311)				02:15.09(+64)
	50m	00:28.61	28,61	
	100m	01:02.80	34,19	
	150m	01:38.23	35,43	
4. Sven Koornstra (De Vikings, 200900189)				02:16.45(+81)
	50m	00:30.92	30,92	
	100m	01:05.49	34,57	
	150m	01:41.40	35,91	
5. Jones Chuang (PSV, 200801173)				02:17.51(+61)
	50m	00:29.28	29,28	
	100m	01:02.46	33,18	
	150m	01:39.30	36,84	
6. Martijn Nies (PSV, 200902095)				02:19.54(+73)
	50m	00:30.39	30,39	
	100m	01:05.06	34,67	
	150m	01:41.75	36,69	

7. Willem Weustink (Team Noord Holland, 200800109)					02:20.65(+68)
50m	00:29.96 29,96	100m	01:05.32 35,36	150m	01:42.67 37,35
8. Gijs Hartwijk (ZVL-1886, 200800573)					02:24.14(+63)
50m	00:32.06 32,06	100m	01:08.72 36,66	150m	01:46.18 37,46
9. Filip Piszczynski (KSN (SG), 200802125)					02:25.41(+65)
50m	00:31.39 31,39	100m	01:08.60 37,21	150m	01:47.24 38,64
10. Bram ter Braak (De Dinkel, 200800281)					02:25.47(+76)
50m	00:31.51 31,51	100m	01:09.56 38,05	150m	01:46.41 36,85
11. Aditya Winterberg (Blue Marlins, 200800953) [S15]					02:26.92(+65)
50m	00:30.77 30,77	100m	01:07.56 36,79	150m	01:46.96 39,40
12. Sascha Timmer (AZC, 200902987)					02:28.24(+60)
50m	00:31.88 31,88	100m	01:09.67 37,79	150m	01:48.45 38,78
13. Sverre van der Zwaan (WVZ, 200900737)					02:29.51(+75)
50m	00:32.41 32,41	100m	01:10.24 37,83	150m	01:49.69 39,45
14. Jamie Kenworthy (De Dolfijn, 200800045)					02:31.36(+64)
50m	00:30.89 30,89	100m	01:07.94 37,05	150m	01:49.20 41,26
DIS. Feddo Smink (ZPC AMERSFOORT, 200900007)					00:00.00
14. 400m vrije slag - Dames					
13 - 14 jaar (Junioren 3 en 4)					
1. Juliëtte Woltjes (VZC, 200900774)					04:28.40(+81)
50m	00:30.06 30,06	150m	01:36.85 33,74	250m	02:46.18 34,84
100m	01:03.11 33,05	200m	02:11.34 34,49	300m	03:21.16 34,98
350m				03:56.01 34,85	
2. Fenna Westerneng (DZ&PC, 200900070)					04:31.60(+71)
50m	00:30.32 30,32	150m	01:37.50 34,12	250m	02:47.05 35,05
100m	01:03.38 33,06	200m	02:12.00 34,50	300m	03:21.97 34,92
350m				03:57.41 35,44	
3. Bregje Dekkers (PSV, 200900746)					04:31.65(+72)
50m	00:30.99 30,99	150m	01:38.14 33,87	250m	02:46.72 34,44
100m	01:04.27 33,28	200m	02:12.28 34,14	300m	03:21.99 35,27
350m				03:57.76 35,77	
4. Fay Boxum (DZ&PC, 200900060)					04:37.22(+80)
50m	00:29.27 29,27	150m	01:35.89 34,21	250m	02:47.17 35,98
100m	01:01.68 32,41	200m	02:11.19 35,30	300m	03:23.59 36,42
350m				04:00.58 36,99	
5. Suuz Griekspoor (Noordwijkerhout, 200901204)					04:41.06(+76)
50m	00:31.18 31,18	150m	01:41.43 35,84	250m	02:54.16 36,40
100m	01:05.59 34,41	200m	02:17.76 36,33	300m	03:30.61 36,45
350m				04:06.50 35,89	
6. Luus Gielens (PSV, 200900138)					04:42.35(+87)
50m	00:30.94 30,94	150m	01:41.15 35,77	250m	02:53.57 36,18
100m	01:05.38 34,44	200m	02:17.39 36,24	300m	03:30.48 36,91
350m				04:06.63 36,15	
7. Fenne Metten (ZPC AMERSFOORT, 201000102)					04:42.94(+61)
50m	00:31.88 31,88	150m	01:43.01 35,78	250m	02:55.52 36,22
100m	01:07.23 35,35	200m	02:19.30 36,29	300m	03:31.94 36,42
350m				04:08.00 36,06	
8. Madeleine Bertram (De Dolfijn, 200900516)					04:43.97(+77)
50m	00:30.89 30,89	150m	01:41.57 36,20	250m	02:55.79 37,42
100m	01:05.37 34,48	200m	02:18.37 36,80	300m	03:32.53 36,74
350m				04:09.25 36,72	
9. Nina van der Schrier (AZC, 201000444)					04:44.02(+70)
50m	00:31.48 31,48	150m	01:43.14 36,13	250m	02:57.18 37,45
100m	01:07.01 35,53	200m	02:19.73 36,59	300m	03:33.92 36,74
350m				04:10.42 36,50	
10. Ece Öngören (Blue Marlins, 200903862)					04:44.97
50m	00:32.05 32,05	150m	01:43.66 36,04	250m	02:54.47 35,72
100m	01:07.62 35,57	200m	02:18.75 35,09	300m	03:31.25 36,78
350m				04:08.14 36,89	
11. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)					04:46.33(+83)
50m	00:33.01 33,01	150m	01:45.86 36,59	250m	02:58.97 36,35
100m	01:09.27 36,26	200m	02:22.62 36,76	300m	03:35.89 36,92
350m				04:12.33 36,44	



12. Erin de Jong (GZC DONK, 201000024)					04:46.96(+98)
50m	00:32.57 32,57	150m	01:45.32 36,60	250m	02:58.42 36,58
100m	01:08.72 36,15	200m	02:21.84 36,52	300m	03:35.49 37,07
350m	04:12.63 37,14				
13. Myla Klaassen (Aqua-Novio'94, 200900110)					04:47.34(+64)
50m	00:32.02 32,02	150m	01:44.31 36,79	250m	02:58.57 37,32
100m	01:07.52 35,50	200m	02:21.25 36,94	300m	03:35.68 37,11
350m	04:12.47 36,79				
14. Simone Faber (Deltasteur, 200900710)					04:48.62(+68)
50m	00:32.91 32,91	150m	01:47.44 37,55	250m	03:01.73 37,08
100m	01:09.89 36,98	200m	02:24.65 37,21	300m	03:39.55 37,82
350m	04:15.49 35,94				
15. Kinley Cole (PSV, 200903696)					04:48.66(+74)
50m	00:32.19 32,19	150m	01:46.56 38,00	250m	03:00.78 37,31
100m	01:08.56 36,37	200m	02:23.47 36,91	300m	03:37.68 36,90
350m	04:14.36 36,68				
16. Dante van Meene (DAW, 200900678)					04:49.91(+81)
50m	00:32.04 32,04	150m	01:44.92 37,43	250m	02:58.53 36,88
100m	01:07.49 35,45	200m	02:21.65 36,73	300m	03:35.63 37,10
350m	04:13.18 37,55				
17. Charlotte Landman (ESCA Zwemmen, 200901290)					04:51.52(+76)
50m	00:31.80 31,80	150m	01:44.91 37,05	250m	02:59.44 37,40
100m	01:07.86 36,06	200m	02:22.04 37,13	300m	03:37.14 37,70
350m	04:14.60 37,46				
18. Nina Tetteroo (De Columbiaan, 201000048)					04:51.83(+59)
50m	00:32.37 32,37	150m	01:44.79 36,65	250m	02:59.73 37,66
100m	01:08.14 35,77	200m	02:22.07 37,28	300m	03:37.50 37,77
350m	04:15.44 37,94				
19. Flo Streep (DAW, 200900676)					04:52.05(+76)
50m	00:32.05 32,05	150m	01:45.17 36,95	250m	03:00.01 37,88
100m	01:08.22 36,17	200m	02:22.13 36,96	300m	03:38.17 38,16
350m	04:16.00 37,83				
20. Jenny Muntinga (ZPCH, 200900450)					04:53.58(+68)
50m	00:32.40 32,40	150m	01:45.73 37,30	250m	03:02.21 37,98
100m	01:08.43 36,03	200m	02:24.23 38,50	300m	03:40.30 38,09
350m	04:18.07 37,77				
21. Chiara Lammertink (ZV 44, 200902200)					04:53.96(+77)
50m	00:32.45 32,45	150m	01:44.44 36,71	250m	02:58.51 37,49
100m	01:07.73 35,28	200m	02:21.02 36,58	300m	03:37.49 38,98
350m	04:15.46 37,97				
22. Sterre Dietvorst (ZPC AMERSFOORT, 200900726)					04:54.75(+82)
50m	00:31.30 31,30	150m	01:45.00 37,55	250m	03:01.28 38,38
100m	01:07.45 36,15	200m	02:22.90 37,90	300m	03:39.79 38,51
350m	04:17.92 38,13				
23. Iris Tilburg (Arethusa, 200902662)					04:55.95(+79)
50m	00:32.81 32,81	150m	01:46.57 37,53	250m	03:02.31 37,84
100m	01:09.04 36,23	200m	02:24.47 37,90	300m	03:40.67 38,36
350m	04:18.86 38,19				
24. Daphne Dijsselhof (Dedemsvaart-AC, 200901690)					04:55.97(+83)
50m	00:32.34 32,34	150m	01:47.33 37,90	250m	03:04.16 38,78
100m	01:09.43 37,09	200m	02:25.38 38,05	300m	03:42.22 38,06
350m	04:20.16 37,94				
25. Marre van der Wal (ZV 44, 201000046)					04:56.64(+74)
50m	00:33.93 33,93	150m	01:49.39 38,00	250m	03:05.51 37,97
100m	01:11.39 37,46	200m	02:27.54 38,15	300m	03:43.41 37,90
350m	04:20.63 37,22				
26. Karlijn Siderius (DWK, 200900032)					04:57.18(+73)
50m	00:34.70 34,70	150m	01:49.53 37,44	250m	03:04.97 37,83
100m	01:12.09 37,39	200m	02:27.14 37,61	300m	03:42.74 37,77
350m	04:20.75 38,01				
27. Anna Strang van Hees (De Duinkickers, 200902566)					04:58.80(+87)
50m	00:32.57 32,57	150m	01:46.01 37,58	250m	03:03.90 39,27
100m	01:08.43 35,86	200m	02:24.63 38,62	300m	03:43.15 39,25
350m	04:21.59 38,44				
28. Senna Boogmans (De Duinkickers, 201000640)					05:00.82(+84)
50m	00:33.06 33,06	150m	01:47.92 37,72	250m	03:05.62 38,76
100m	01:10.20 37,14	200m	02:26.86 38,94	300m	03:44.49 38,87
350m	04:23.44 38,95				
15. 100m rugslag - Heren					
14 - 15 jaar (Junioren 3 en 4)					
1. Yarno van Dam (ACZ, 200800115)					00:57.51(+67)

	50m 00:27.71 27,71	
2.	Giovanni Phillipson (Team Noord Holland, 200801099) 50m 00:28.15 28,15	00:57.80(+70)
3.	Wytse Broekstra (De Vikings, 200800121) 50m 00:28.36 28,36	00:58.63(+65)
4.	Mattia Maggio (Hellas-Glana, 200903311) 50m 00:28.45 28,45	00:59.58(+57)
5.	Xiaoyu Yin (Blue Marlins, 200803363) 50m 00:29.46 29,46	00:59.85(+65)
6.	Tobian Vos (ZPC AMERSFOORT, 200900005) 50m 00:30.00 30,00	01:00.99(+79)
7.	Rein Stoel (ZVL-1886, 200800463) 50m 00:29.48 29,48	01:01.05(+63)
8.	Jaydey Schonewille (Steenwijk 1934, 200800025) 50m 00:30.17 30,17	01:01.16(+72)
9.	Niek Sonneveld (WVZ, 200802631) 50m 00:29.81 29,81	01:01.31(+63)
10.	Rijk Leenders (VZC, 200800627) 50m 00:30.70 30,70	01:01.87(+70)
11.	Luca Boorsma (De Dolfijn, 200902031) 50m 00:30.03 30,03	01:01.94(+67)
12.	Felbe van 't Land (ZPC AMERSFOORT, 200900027) 50m 00:30.33 30,33	01:01.95(+65)
13.	Willem Weustink (Team Noord Holland, 200800109) 50m 00:30.02 30,02	01:02.41(+69)
14.	Felix Gepkens (VZC, 200800631) 50m 00:30.57 30,57	01:02.45(+55)
15.	Siem de Zeeuw (OZ&PC, 200800013) 50m 00:29.69 29,69	01:02.46(+60)
16.	Gijs Koehoorn (HZ&PC Heerenveen, 200800275) 50m 00:29.82 29,82	01:02.50(+64)
17.	Martijn Nies (PSV, 200902095) 50m 00:30.14 30,14	01:03.08(+73)
18.	Milan Veelders (De Dinkel, 200800279) 50m 00:30.51 30,51	01:03.19(+72)
19.	Xander Boets (ZPC de Kanaalstreek, 200800133) 50m 00:31.10 31,10	01:03.51(+72)
20.	Floris van der Valk (Wiekslag, 200801891) 50m 00:30.80 30,80	01:03.57(+65)
21.	Bjorn Scholten (WS Twente, 200801143) 50m 00:31.05 31,05	01:03.66(+81)
22.	Jesse Molegraaf (ZPC AMERSFOORT, 200800887) 50m 00:30.31 30,31	01:03.72(+65)
23.	Giulian Janssen (PSV, 200900125) 50m 00:30.33 30,33	01:04.20(+61)
24.	Delano van der Wegen (Hieronymus, 200801941) 50m 00:30.92 30,92	01:04.28(+66)
24.	Tim Brouwer (Aqua-Novio'94, 200800989) 50m 00:31.57 31,57	01:04.28(+69)

26. Rian Schoneveld (De Berkelduikers, 200801789) 50m 00:30.96 30,96	01:04.38(+62)
27. Mike Hilders (De Dolfijn, 200900281) 50m 00:31.28 31,28	01:04.72(+74)
28. Tim van de Moosdijk (PSV, 200900187) 50m 00:31.45 31,45	01:04.83(+74)
29. Teun Overmars (OZ&PC, 200800103) 50m 00:31.93 31,93	01:04.85(+73)
29. Damir Mustafic (DZ&PC, 200800885) 50m 00:31.65 31,65	01:04.85(+67)
31. Duuk Harms (Dedemsvaart-AC, 200900201) 50m 00:31.60 31,60	01:04.89(+74)
32. Ivo Bot (Wiekslag, 200900509) 50m 00:31.00 31,00	01:05.28(+63)
32. Colin Beuker (ZC Polaris, 200802023) 50m 00:31.79 31,79	01:05.28(+80)
34. Mart Tempelman (Dedemsvaart-AC, 200801075) 50m 00:31.54 31,54	01:05.37(+64)
35. Diede Veld (HZ&PC Heerenveen, 200800011) 50m 00:31.79 31,79	01:05.41(+67)
36. Finn Hilders (De Dolfijn, 200900283) 50m 00:31.92 31,92	01:05.95(+76)
37. Brent Schifflers (ZPC Woerden, 200902041) 50m 00:32.69 32,69	01:06.09(+79)
38. Sverre van der Zwaan (WVZ, 200900737) 50m 00:32.08 32,08	01:06.10(+70)
39. Tibbe Quist (Kon. AZ 1870, 200801359) 50m 00:31.13 31,13	01:06.32(+68)
40. Jelte de Jong (ZPCH, 200900975) 50m 00:32.03 32,03	01:06.46(+72)
41. Arjan Boogaard (Deltasteur, 200800093) 50m 00:32.54 32,54	01:07.14(+63)
42. Finn Eghuizen (HZ&PC Heerenveen, 200900431) 50m 00:32.54 32,54	01:07.18(+77)
43. Xander Kragting (ZPC AMERSFOORT, 200900077) 50m 00:32.84 32,84	01:07.42(+72)
44. Thomas Bergmans (CWW Swimteam, 200801663) 50m 00:32.24 32,24	01:08.00(+72)
45. Luuk Knijnenburg (De Columbiaan, 200802291) 50m 00:32.98 32,98	01:08.21(+67)
46. Aiden Lips (Blue Marlins, 200800951) 50m 00:33.96 33,96	01:08.60(+70)
47. Alex Woe (Poseidon'56, 200801393) 50m 00:33.00 33,00	01:09.44(+69)
48. Hein Muller (DZ&PC, 200800157) 50m 00:34.51 34,51	01:10.76(+65)
49. Jonathan Baaijens (PSV, 200800409) 50m 00:34.38 34,38	01:11.09(+67)
DIS. Thygo van de Peppel (Blue Marlins, 200901101)	00:00.00

16. 100m vlinderslag - Dames

13 - 14 jaar (Junioren 3 en 4)

1. Elin Ditewig (VZC, 200900392)	01:05.74(+73)
50m 00:30.19 30,19	
2. Tess Vonk (De Geul, 200900024)	01:06.33(+68)
50m 00:30.87 30,87	
3. Elin Brinkhof (De Dolfijn, 200900078)	01:07.97(+71)
50m 00:30.91 30,91	
4. Juliette Woltjes (VZC, 200900774)	01:08.30(+96)
50m 00:31.89 31,89	
5. Tereza Boom (PSV, 200904028)	01:08.81(+69)
50m 00:31.68 31,68	
6. Fleur van den Eijk (Blue Marlins, 200900304)	01:08.84(+64)
50m 00:31.26 31,26	
7. Luus Gielens (PSV, 200900138)	01:08.93(+89)
50m 00:32.01 32,01	
8. Caitlin Sülter (Aqua-Novio'94, 200900046)	01:09.14(+81)
50m 00:31.45 31,45	
9. Julia Dąbrowska (Blue Marlins, 201000300)	01:09.36(+73)
50m 00:31.63 31,63	
10. Lotte Lübbers (KSN (SG), 200900190)	01:09.92(+72)
50m 00:32.75 32,75	
11. Mariia Kostina (Blue Marlins, 201002042)	01:10.06(+73)
50m 00:31.91 31,91	
12. Tara Langkamp (Aqua-Novio'94, 200900362)	01:10.15(+72)
50m 00:32.38 32,38	
13. Carla Moreno Palacios (De Dolfijn, 201002302)	01:10.71
50m 00:32.49 32,49	
14. Gwen Hermans (De Columbiaan, 200900058)	01:10.81
50m 00:32.85 32,85	
15. Yaell Elmerink (De IJsel, 200900310)	01:10.93(+75)
50m 00:31.87 31,87	
15. Isis Verhoeff (De Otters Het Gooi, 200902962)	01:10.93(+70)
50m 00:32.29 32,29	
17. Paula Spans (ZV 44, 201000064)	01:11.27(+79)
50m 00:33.10 33,10	
18. Nienke Koster (ZPC Hoogeveen, 200900612)	01:11.39(+66)
50m 00:32.99 32,99	
19. Esmaé de Gans (ZPC AMERSFOORT, 200900134)	01:12.68(+80)
50m 00:33.67 33,67	
20. Milou Geneuglijk (HZ&PC Heerenveen, 200900556)	01:13.51
50m 00:33.26 33,26	
DIS. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	00:00.00

17. 200m schoolslag - Heren

12 - 13 jaar (Junioren 1 en 2)

1. Mathijs de Wit (KSN (SG), 201001215)	02:42.48(+76)
50m 00:37.58 37,58    100m 01:19.04 41,46    150m 02:01.01 41,97	
2. Thijn Runia (DZT'62, 201000895)	02:45.89
50m 00:35.74 35,74    100m 01:18.91 43,17    150m 02:03.54 44,63	

3. Thijmen Pruijssers (Hieronymus, 201000129)	50m 00:37.75 37,75	100m 01:20.86 43,11	150m 02:04.27 43,41	02:47.08(+64)
4. Tygo van de Wal (DWK, 201001329)	50m 00:38.48 38,48	100m 01:21.15 42,67	150m 02:04.31 43,16	02:48.03(+70)
5. Myron Artemenko (Niemo Barracuda, 201003021)	50m 00:38.31 38,31	100m 01:21.29 42,98	150m 02:04.77 43,48	02:48.53(+71)
6. Nathan Magava (De Dolfijn, 201003067)	50m 00:37.37 37,37	100m 01:20.91 43,54	150m 02:05.30 44,39	02:49.29(+62)
7. Dax van den Nouland (Blue Marlins, 201000071)	50m 00:38.79 38,79	100m 01:22.13 43,34	150m 02:06.10 43,97	02:49.69(+72)
8. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)	50m 00:38.58 38,58	100m 01:22.04 43,46	150m 02:06.05 44,01	02:49.88(+72)
9. Sven Casper Hageman (Steenwijk 1934, 201000009)	50m 00:38.57 38,57	100m 01:21.96 43,39	150m 02:06.26 44,30	02:49.96(+69)
10. Mattias Stolk (HZ&PC Heerenveen, 201000525)	50m 00:38.40 38,40	100m 01:22.17 43,77	150m 02:06.17 44,00	02:50.01
11. Duco de Gelder (Blue Marlins, 201000217)	50m 00:37.84 37,84	100m 01:21.77 43,93	150m 02:06.67 44,90	02:51.07(+73)
12. Mathieu Gepkens (VZC, 201000045)	50m 00:38.69 38,69	100m 01:22.59 43,90	150m 02:07.52 44,93	02:52.21(+74)
13. Kris Westerhout (ZZ&PC De Devel, 201000883)	50m 00:38.48 38,48	100m 01:23.48 45,00	150m 02:08.81 45,33	02:52.74(+68)
14. Kasper Lubbers (Orca, 201100025)	50m 00:39.44 39,44	100m 01:23.41 43,97	150m 02:08.52 45,11	02:53.04(+64)
15. Ruben Kragt (ZV 44, 201000007)	50m 00:38.17 38,17	100m 01:22.77 44,60	150m 02:08.45 45,68	02:54.02(+66)
16. Baris Tomu (ZPCH, 201000869)	50m 00:39.74 39,74	100m 01:24.13 44,39	150m 02:09.34 45,21	02:54.05(+55)
17. Franzi Ziegler (DAW, 201100891)	50m 00:38.82 38,82	100m 01:23.05 44,23	150m 02:08.94 45,89	02:54.46(+69)
18. Nick Vodde (AZ&PC De Futen, 201002211)	50m 00:39.20 39,20	100m 01:23.60 44,40	150m 02:09.51 45,91	02:54.48(+78)
19. Tycho Wienbelt (De Vikings, 201001397)	50m 00:40.07 40,07	100m 01:25.19 45,12	150m 02:10.64 45,45	02:54.75(+80)
20. Oleksandr Hordiienko (ZV De Aalscholver, 201003061)	50m 00:40.65 40,65	100m 01:25.35 44,70	150m 02:11.14 45,79	02:55.33(+78)
21. Luca Monster (ZPC Numansdorp, 201100343)	50m 00:38.06 38,06	100m 01:23.25 45,19	150m 02:09.86 46,61	02:56.02(+65)
22. Gwee Bokma (Zwemlust- den Hommel, 201002259)	50m 00:39.27 39,27	100m 01:23.99 44,72	150m 02:10.26 46,27	02:56.63(+77)
23. Mauro Bedeke (DAW, 201000537)	50m 00:38.70 38,70	100m 01:23.59 44,89	150m 02:10.41 46,82	02:57.06(+62)
24. Thijs Jonkman (De Duck, 201000481)	50m 00:40.43 40,43	100m 01:26.19 45,76	150m 02:12.04 45,85	02:57.49(+74)
25. Eli Shields (Niemo Barracuda, 201000407)	50m 00:40.51 40,51	100m 01:26.71 46,20	150m 02:12.75 46,04	02:58.40(+68)
26. Cayden Malone (De Dolfijn, 201002195)	50m 00:40.09 40,09	100m 01:25.49 45,40	150m 02:12.36 46,87	02:59.05(+79)
27. Sven Potappel (DWK, 201000127)				03:00.66(+70)

	50m 00:40.5540,55	100m 01:27.6247,07	150m 02:14.9347,31	
28. Nils Bellert (SG Octopus - ZVV, 201100347)	50m 00:41.1841,18	100m 01:26.4245,24	150m 02:14.4248,00	03:00.71(+74)
29. Ramon Vos (ZPC Hoogeveen, 201100051)	50m 00:40.1640,16	100m 01:26.7546,59	150m 02:14.7147,96	03:01.53(+91)
30. Finn Wensveen (Zv de Ham, 201000811)	50m 00:42.3942,39	100m 01:29.5547,16	150m 02:17.6948,14	03:03.81(+92)
31. Abel op den Velde (De Duinkickers, 201000079)	50m 00:40.7540,75	100m 01:28.4047,65	150m 02:16.8148,41	03:04.33(+76)
32. Joep Lindhout (Niemo Barracuda, 201100873)	50m 00:43.1843,18	100m 01:30.8047,62	150m 02:18.7947,99	03:04.43(+63)
33. Yorre van der Wal (ZV 44, 201000017)	50m 00:41.0641,06	100m 01:28.6347,57	150m 02:17.0148,38	03:05.00(+82)
34. Nordin Vermeer (DWK, 201000227)	50m 00:40.7540,75	100m 01:28.2647,51	150m 02:17.9949,73	03:05.31(+74)
35. Stijn Dijkstra (DZ&PC, 201000279)	50m 00:43.4043,40	100m 01:31.1347,73	150m 02:18.9847,85	03:05.35
36. Girish Nolden (Blue Marlins, 201000087)	50m 00:42.2442,24	100m 01:30.5548,31	150m 02:18.5548,00	03:05.61
37. Bink Elgersma (Zwemlust- den Hommel, 201000137)	50m 00:40.7640,76	100m 01:28.2147,45	150m 02:18.1749,96	03:07.66(+80)
38. Vince van Dam (ACZ, 201000405)	50m 00:42.1642,16	100m 01:29.0846,92	150m 02:17.7648,68	03:07.96(+75)
39. Dax Muijlaert (SG Octopus - ZVV, 201100535)	50m 00:42.5342,53	100m 01:30.9848,45	150m 02:19.9348,95	03:09.09(+74)
40. Alief Jan van der Sluis (PSV, 201003425)	50m 00:42.0142,01	100m 01:31.8349,82	150m 02:22.0550,22	03:09.73(+79)
41. Matthijs van Velzen (ZV 44, 201100435)	50m 00:41.3041,30	100m 01:28.7947,49	150m 02:19.3650,57	03:10.00(+94)
42. Mees Janssen (DSZ, 201102025)	50m 00:40.9240,92	100m 01:29.3748,45	150m 02:20.1150,74	03:10.88(+57)
43. Jorick Johannes (HZ&PC Heerenveen, 201000403)	50m 00:43.7643,76	100m 01:33.7449,98	150m 02:24.4750,73	03:14.58(+64)
44. Amor van der Veen (ZV 44, 201100197)	50m 00:44.9644,96	100m 01:37.5252,56	150m 02:30.8253,30	03:22.92(+75)
DIS. Melle Pittie (Zwemclub Eijsden, 201000179)				00:00.00
DIS. Mathijs Boersma (ZPC Hoogeveen, 201000313)				00:00.00
DIS. Evren Ege Orcunus (De Dolfijn, 201003253)				00:00.00
DIS. Kick Germers (SWOL 1894, 201000185)				00:00.00
DIS. Joey Snabel (ZPC AMERSFOORT, 201002847)				00:00.00
18. 200m schoolslag - Heren 14 - 15 jaar (Junioren 3 en 4)				
1. Wytse Broekstra (De Vikings, 200800121)	50m 00:30.2030,20	100m 01:04.8934,69	150m 01:41.3236,43	02:17.79(+75)
2. Hein Muller (DZ&PC, 200800157)	50m 00:32.5032,50	100m 01:09.6437,14	150m 01:47.6538,01	02:25.62(+72)
3. Job Sportel (De Dinkel, 200800429)	50m 00:32.9532,95	100m 01:10.0437,09	150m 01:47.7937,75	02:25.70(+72)

4. Yarno van Dam (ACZ, 200800115)	50m 00:33.02 33,02	100m 01:10.06 37,04	150m 01:48.11 38,05	02:26.10(+72)
5. Sven Koorstra (De Vikings, 200900189)	50m 00:34.32 34,32	100m 01:12.44 38,12	150m 01:49.44 37,00	02:26.33(+80)
6. Youp Stuifzand (ZV 44, 200800521)	50m 00:32.75 32,75	100m 01:11.26 38,51	150m 01:51.52 40,26	02:30.95(+66)
7. Nout Folkersma (PSV, 200800595)	50m 00:34.10 34,10	100m 01:12.74 38,64	150m 01:51.59 38,85	02:31.10(+71)
8. Rijk Leenders (VZC, 200800627)	50m 00:34.77 34,77	100m 01:13.49 38,72	150m 01:53.19 39,70	02:32.64(+73)
9. Luca Boorsma (De Dolfijn, 200902031)	50m 00:34.56 34,56	100m 01:14.20 39,64	150m 01:54.57 40,37	02:33.79(+58)
10. Thygo van de Peppel (Blue Marlins, 200901101)	50m 00:34.10 34,10	100m 01:13.36 39,26	150m 01:54.08 40,72	02:34.11(+73)
11. Adriaan Coppelmans (AZC, 200903243)	50m 00:34.53 34,53	100m 01:13.88 39,35	150m 01:54.27 40,39	02:34.47(+67)
12. Fedor Sazonov (PSV, 200900707)	50m 00:34.26 34,26	100m 01:13.73 39,47	150m 01:54.08 40,35	02:34.89(+78)
13. Cruz de Groot (Team Noord Holland, 200801077)	50m 00:34.08 34,08	100m 01:13.17 39,09	150m 01:53.06 39,89	02:35.12(+66)
14. Ruben Baars (DWK, 200900471)	50m 00:33.64 33,64	100m 01:12.89 39,25	150m 01:54.25 41,36	02:35.31(+67)
15. Rens Noordover (Team Noord Holland, 200800237)	50m 00:34.59 34,59	100m 01:13.93 39,34	150m 01:54.47 40,54	02:35.55(+75)
16. Alexander Griston (De Dolfijn, 200803053)	50m 00:35.34 35,34	100m 01:15.33 39,99	150m 01:56.31 40,98	02:36.25(+68)
17. Lars de Kooter (De Biesboschwimmers, 200800185)	50m 00:35.86 35,86	100m 01:16.30 40,44	150m 01:56.86 40,56	02:36.93(+70)
18. Giulian Janssen (PSV, 200900125)	50m 00:33.27 33,27	100m 01:12.78 39,51	150m 01:54.78 42,00	02:36.96(+66)
19. Jonathan Baaijens (PSV, 200800409)	50m 00:35.73 35,73	100m 01:16.98 41,25	150m 01:58.53 41,55	02:38.43(+68)
20. Rens van Wijngaarden (ZPC AMERSFOORT, 200800839)	50m 00:35.02 35,02	100m 01:15.00 39,98	150m 01:56.41 41,41	02:38.70(+74)
21. Brian Arturo Bloemsma (De Dolfijn, 200901155)	50m 00:35.08 35,08	100m 01:14.43 39,35	150m 01:55.75 41,32	02:38.76(+65)
22. Joris Willemse (Hellas-Glana, 200801745)	50m 00:35.26 35,26	100m 01:14.89 39,63	150m 01:56.53 41,64	02:38.85(+74)
23. Suraj Baladurage (Team Noord Holland, 200801291)	50m 00:34.73 34,73	100m 01:16.13 41,40	150m 01:57.60 41,47	02:39.33(+66)
24. Kobe Verhaegen (Zwemvereniging De Zilvermeeuw, 200802609)	50m 00:36.70 36,70	100m 01:16.81 40,11	150m 01:57.86 41,05	02:39.40(+81)
25. Floris van der Valk (Wiekslag, 200801891)	50m 00:34.23 34,23	100m 01:14.73 40,50	150m 01:57.56 42,83	02:39.72(+68)
26. Liam Diavatopoulos (Aqua-Novio'94, 200802549)	50m 00:35.37 35,37	100m 01:15.32 39,95	150m 01:57.54 42,22	02:39.81(+82)
27. Thomas Nauta (Arethusa, 200900339)	50m 00:35.62 35,62	100m 01:16.76 41,14	150m 01:59.25 42,49	02:40.46(+72)
28. Gerjan Berends (ZC Polaris, 200900169)				02:41.21(+79)

	50m 00:35.82 35,82	100m 01:16.38 40,56	150m 01:59.11 42,73	
29. Dani Yefimov (WS Twente, 200901305)	50m 00:35.60 35,60	100m 01:17.17 41,57	150m 02:00.12 42,95	02:42.06(+72)
30. Gijs Hartwijk (ZVL-1886, 200800573)	50m 00:37.22 37,22	100m 01:18.80 41,58	150m 02:01.12 42,32	02:44.07(+62)
31. Jelte de Jong (ZPCH, 200900975)	50m 00:38.50 38,50	100m 01:21.48 42,98	150m 02:05.01 43,53	02:48.94(+74)
DIS. Tristan Fredema (Blue Marlins, 200903699)				00:00.00(+66)
DIS. Feddo Smink (ZPC AMERSFOORT, 200900007)				00:00.00
19. 100m schoolslag - Dames				
<i>11 - 12 jaar (Junioren 1 en 2)</i>				
1. Yill van Bezouw (Hieronymus, 201100704)	50m 00:35.33 35,33			01:16.10(+79)
2. Malin Roozeboom (WVZ, 201100006)	50m 00:38.06 38,06			01:19.82(+68)
3. Noa van Zalk (ZPC AMERSFOORT, 201102534)	50m 00:37.78 37,78			01:20.52(+65)
4. Casharell Kraan (Blue Marlins, 201103426)	50m 00:38.74 38,74			01:21.05(+67)
5. Odenza Soselisa (Blue Marlins, 201101780)	50m 00:39.26 39,26			01:23.11(+61)
6. Sterre de Veen (Hellas-Glana, 201100086)	50m 00:39.45 39,45			01:23.71(+70)
7. Minke Bouman (Blue Marlins, 201100104)	50m 00:39.82 39,82			01:23.83(+79)
8. Chloé in 't Veen (WVZ, 201100010)	50m 00:39.65 39,65			01:24.20(+64)
9. Meike van der Klugt (WVZ, 201100808)	50m 00:39.83 39,83			01:24.39(+88)
10. Elin Reinstra (TriVia, 201100842)	50m 00:40.90 40,90			01:24.57(+63)
11. Vicky Horens (Hellas-Glana, 201200252)	50m 00:40.59 40,59			01:24.65(+57)
12. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	50m 00:39.57 39,57			01:24.99(+66)
13. Sara Creemers (Hellas-Glana, 201100242)	50m 00:40.39 40,39			01:25.33(+80)
14. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	50m 00:41.03 41,03			01:25.51(+81)
15. Morrison Schram (De Schelde, 201100686)	50m 00:40.30 40,30			01:25.56(+78)
16. Lola Verheijen (PSV, 201100832)	50m 00:39.40 39,40			01:25.80(+76)
17. Fanni Farkas (De Columbiaan, 201100360)	50m 00:40.99 40,99			01:25.92(+89)
18. Julia Ketelaars (Hellas-Glana, 201200028)	50m 00:41.70 41,70			01:26.13(+66)
19. Elke Kriesels (Hieronymus, 201100898)	50m 00:41.15 41,15			01:26.67(+80)



20. Anna Lepoutre (PSV, 201100534) 50m 00:40.16 40,16	01:26.80(+75)
21. Julia Bannatyne (BZ&PC, 201201020) 50m 00:40.92 40,92	01:26.84(+65)
22. Mattea Gliese-Sloojier (De Dinkel, 201100008) 50m 00:41.22 41,22	01:27.06(+76)
23. Milou Filemon (Blue Marlins, 201100078) 50m 00:40.92 40,92	01:27.10(+74)
23. Norell Kroeze (ZC Polaris, 201100378) 50m 00:41.58 41,58	01:27.10(+80)
25. Noa Spaans (De Dolfijn, 201100222) 50m 00:41.06 41,06	01:27.11(+79)
26. Rozalia Diederiks (ZVL-1886, 201100904) 50m 00:41.85 41,85	01:27.17(+82)
27. Isabel Amelink (Deltasteur, 201100196) 50m 00:41.26 41,26	01:27.32(+96)
28. Frédérique Nijziel (PSV, 201103114) 50m 00:41.61 41,61	01:27.84(+79)
29. Carlijn Dezutter (Scheldestroom, 201100770) 50m 00:42.35 42,35	01:28.46(+78)
30. Alaine Dumont (ZV De Watervogels, 201102140) 50m 00:42.17 42,17	01:28.54(+71)
31. Emma van den Berg (V.Z.V. Njord, 201100830) 50m 00:42.19 42,19	01:28.72(+83)
32. Roubin van Kampen (ZPCH, 201200370) 50m 00:42.41 42,41	01:28.83(+87)
33. Mette Hogenhuis (Zwemlust- den Hommel, 201101254) 50m 00:41.59 41,59	01:29.18(+82)
34. Elle van Gemeren (DAW, 201100428) 50m 00:43.24 43,24	01:29.31(+84)
35. Juno Toornend (Team Noord Holland, 201101718) 50m 00:41.68 41,68	01:29.52(+80)
36. Esmee Reuver (ZC Polaris, 201100846) 50m 00:43.08 43,08	01:29.61(+64)
37. Charlie Klaver (De Dolfijn, 201102094) 50m 00:42.69 42,69	01:30.30(+68)
38. Esra Simon (Hellas-Glana, 201100004) 50m 00:43.40 43,40	01:30.61(+61)
39. Nynke Muntinga (ZPCH, 201100060) 50m 00:43.21 43,21	01:31.36(+56)
40. Syll Rinsma (Orca, 201200798) 50m 00:42.64 42,64	01:31.77(+57)
41. Alissa Rooijackers (Z&PV Nuenen, 201101892) 50m 00:43.22 43,22	01:32.36(+72)
42. Annefleur Schraa (SWOL 1894, 201100044) 50m 00:43.59 43,59	01:32.53(+80)
43. Lise Markes (SBC2000, 201101276) 50m 00:44.02 44,02	01:32.58(+80)
44. Melody Paulussen (De Dolfijn, 201101106)	01:32.99(+78)

50m 00:44.06 44,06

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|--|---------------|
| 45. Noortje Bisperink (ZPC AMERSFOORT, 201100486)          | 01:34.11(+84) |
| 50m 00:44.49 44,49   |               |
| 46. Eva ter Horst (ZPC Hoogeveen, 201200070)               | 01:37.35(+87) |
| 50m 00:46.00 46,00   |               |
| 47. Brechtje Sloomweg (ZPC AMERSFOORT, 201101744)          | 01:38.10(+85) |
| 50m 00:46.16 46,16   |               |
| 48. Emy Meuleners (SG Patrick - De Roersoppers, 201200012) | 01:39.34(+52) |
| 50m 00:46.90 46,90   |               |
| 49. Simone Brobbel (ZPC Numansdorp, 201200058)             | 01:40.84(+71) |
| 50m 00:46.73 46,73   |               |
| 50. Amila Mustafic (DZ&PC, 201200026)                      | 01:42.01(+79) |
| 50m 00:47.65 47,65   |               |

Nummer: 3 - zaterdag 9 december 2023 om 15:30u (25 m)

Aanvangstijd juryvergadering: 14:30u

10. 100m vrije slag - Heren

14 - 15 jaar (Junioren 3 en 4)

- |  |               |
|--|---------------|
| 1. Giovanni Phillipson (Team Noord Holland, 200801099) | 00:49.94(+74) |
| 50m 00:24.16 24,16                                     |               |
| 2. Kaan Sudak (Blue Marlins, 200803733)                | 00:50.63(+57) |
| 50m 00:24.43 24,43                                     |               |
| 3. Siem de Zeeuw (OZ&PC, 200800013)                    | 00:52.03(+75) |
| 50m 00:24.87 24,87                                     |               |
| 4. Giulian Janssen (PSV, 200900125)                    | 00:52.68(+61) |
| 50m 00:25.34 25,34                                     |               |
| 5. Xiaoyu Yin (Blue Marlins, 200803363)                | 00:52.95(+68) |
| 50m 00:25.35 25,35                                     |               |
| 6. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)         | 00:53.56(+67) |
| 50m 00:25.55 25,55                                     |               |
| 7. Felbe van 't Land (ZPC AMERSFOORT, 200900027)       | 00:53.93(+72) |
| 50m 00:26.01 26,01                                     |               |
| 8. Jaydey Schonewille (Steenwijk 1934, 200800025)      | 00:53.98(+77) |
| 50m 00:26.25 26,25                                     |               |
| 9. Jones Chuang (PSV, 200801173)                       | 00:54.44(+61) |
| 50m 00:26.56 26,56                                     |               |
| 10. Job Sportel (De Dinkel, 200800429)                 | 00:54.98(+70) |
| 50m 00:26.32 26,32                                     |               |
| . Filip Piszczynski (KSN (SG), 200802125)              |               |
| . Theodore Allan (PSV, 200902925)                      |               |

12. 100m schoolslag - Dames

13 - 14 jaar (Junioren 3 en 4)

- |  |               |
|--|---------------|
| 1. Paula Spans (ZV 44, 201000064)                | 01:11.89(+82) |
| 50m 00:34.23 34,23                               |               |
| 2. Robine Moot (ZPC AMERSFOORT, 200900330)       | 01:12.95(+75) |
| 50m 00:34.93 34,93                               |               |
| 3. Carla Moreno Palacios (De Dolfijn, 201002302) | 01:13.74(+74) |
| 50m 00:34.78 34,78                               |               |
| 4. Tess Vonk (De Geul, 200900024)                | 01:14.91(+67) |

	50m 00:35.83 35,83					
5. Fay Boxum (DZ&PC, 200900060)	50m 00:35.55 35,55					01:15.44(+79)
6. Marre van der Wal (ZV 44, 201000046)	50m 00:36.29 36,29					01:16.46(+72)
7. Amber Kunst (DAW, 200900680)	50m 00:35.57 35,57					01:16.57(+66)
8. Michelle van Hemert (PSV, 200901200)	50m 00:35.89 35,89					01:16.78(+81)
9. Tara Langkamp (Aqua-Novio'94, 200900362)	50m 00:35.72 35,72					01:17.29(+74)
10. Tereza Boom (PSV, 200904028)	50m 00:36.65 36,65					01:17.31(+74)
. Myrthe Stelten (Hellas-Glana, 200900234)						
. Fenna Zusterzeel (PSV, 201000008)						
20. 400m wisselslag - Heren						
12 - 13 jaar (Junioren 1 en 2)						
1. Ruben Kragt (ZV 44, 201000007)	50m 00:32.48 32,48	150m 01:50.95 40,17	250m 03:13.92 44,55	350m 04:37.05 37,29		05:10.36(+58)
	100m 01:10.78 38,30	200m 02:29.37 38,42	300m 03:59.76 45,84			
2. Mathijs de Wit (KSN (SG), 201001215)	50m 00:35.51 35,51	150m 01:54.16 39,30	250m 03:17.61 45,44	350m 04:38.28 36,04		05:10.62(+74)
	100m 01:14.86 39,35	200m 02:32.17 38,01	300m 04:02.24 44,63			
3. Evren Ege Orcunus (De Dolfijn, 201003253)	50m 00:32.16 32,16	150m 01:49.77 39,78	250m 03:13.67 44,83	350m 04:36.48 36,45		05:11.85(+66)
	100m 01:09.99 37,83	200m 02:28.84 39,07	300m 04:00.03 46,36			
4. Myron Artemenko (Niemo Barracuda, 201003021)	50m 00:33.51 33,51	150m 01:51.71 39,63	250m 03:18.14 46,89	350m 04:40.66 35,28		05:16.11(+69)
	100m 01:12.08 38,57	200m 02:31.25 39,54	300m 04:05.38 47,24			
5. Thijmen Pruijssers (Hieronymus, 201000129)	50m 00:34.46 34,46	150m 01:56.97 40,68	250m 03:20.96 44,96	350m 04:43.71 36,66		05:17.67(+63)
	100m 01:16.29 41,83	200m 02:36.00 39,03	300m 04:07.05 46,09			
6. Dax van den Nouland (Blue Marlins, 201000071)	50m 00:34.92 34,92	150m 01:56.69 40,42	250m 03:20.74 45,41	350m 04:43.52 37,28		05:19.57(+61)
	100m 01:16.27 41,35	200m 02:35.33 38,64	300m 04:06.24 45,50			
7. Gwee Bokma (Zwemlust- den Hommel, 201002259)	50m 00:32.77 32,77	150m 01:53.30 40,81	250m 03:21.48 47,36	350m 04:47.12 36,74		05:23.05(+76)
	100m 01:12.49 39,72	200m 02:34.12 40,82	300m 04:10.38 48,90			
8. Mathieu Gepkens (VZC, 201000045)	50m 00:35.53 35,53	150m 01:59.68 40,76	250m 03:25.40 45,83	350m 04:49.19 37,94		05:24.07(+75)
	100m 01:18.92 43,39	200m 02:39.57 39,89	300m 04:11.25 45,85			
8. Mauro Bedeke (DAW, 201000537)	50m 00:33.45 33,45	150m 01:55.68 42,54	250m 03:23.38 46,72	350m 04:48.80 38,11		05:24.07(+63)
	100m 01:13.14 39,69	200m 02:36.66 40,98	300m 04:10.69 47,31			
10. Girish Nolden (Blue Marlins, 201000087)	50m 00:32.88 32,88	150m 01:54.37 42,31	250m 03:23.57 48,66	350m 04:51.25 38,97		05:24.80(+70)
	100m 01:12.06 39,18	200m 02:34.91 40,54	300m 04:12.28 48,71			
11. Baris Tomu (ZPCH, 201000869)	50m 00:36.46 36,46	150m 02:01.07 40,86	250m 03:28.04 46,88	350m 04:52.16 36,69		05:27.14(+52)
	100m 01:20.21 43,75	200m 02:41.16 40,09	300m 04:15.47 47,43			
12. Thijn Runia (DZT'62, 201000895)	50m 00:33.26 33,26	150m 01:56.99 43,68	250m 03:26.11 46,39	350m 04:52.48 38,46		05:27.58(+73)

	100m 01:13.3140,05	200m 02:39.7242,73	300m 04:14.0247,91		
13.	Alief Jan van der Sluis (PSV, 201003425)				05:28.75(+73)
	50m 00:34.7534,75	150m 02:00.3543,15	250m 03:33.7750,40	350m 04:56.9632,01	
	100m 01:17.2042,45	200m 02:43.3743,02	300m 04:24.9551,18		
14.	Tycho Wienbelt (De Vikings, 201001397)				05:29.57(+84)
	50m 00:37.8037,80	150m 02:02.4240,39	250m 03:28.6446,84	350m 04:53.6237,47	
	100m 01:22.0344,23	200m 02:41.8039,38	300m 04:16.1547,51		
15.	Eli Shields (Niemo Barracuda, 201000407)				05:29.94(+72)
	50m 00:34.4134,41	150m 01:55.7840,78	250m 03:25.0948,54	350m 04:53.1338,15	
	100m 01:15.0040,59	200m 02:36.5540,77	300m 04:14.9849,89		
16.	Abel op den Velde (De Duinkickers, 201000079)				05:30.75(+78)
	50m 00:34.8034,80	150m 01:58.9040,57	250m 03:27.5449,82	350m 04:55.5537,43	
	100m 01:18.3343,53	200m 02:37.7238,82	300m 04:18.1250,58		
17.	Kasper Lubbers (Orca, 201100025)				05:31.56(+65)
	50m 00:35.7735,77	150m 02:02.0143,00	250m 03:30.3245,95	350m 04:55.3938,97	
	100m 01:19.0143,24	200m 02:44.3742,36	300m 04:16.4246,10		
18.	Sven Casper Hageman (Steenwijk 1934, 201000009)				05:32.68(+79)
	50m 00:36.4536,45	150m 02:03.5642,10	250m 03:32.6947,73	350m 04:57.6237,74	
	100m 01:21.4645,01	200m 02:44.9641,40	300m 04:19.8847,19		
19.	Duco de Gelder (Blue Marlins, 201000217)				05:32.86(+72)
	50m 00:35.1335,13	150m 02:01.2842,22	250m 03:30.3748,54	350m 04:56.5637,74	
	100m 01:19.0643,93	200m 02:41.8340,55	300m 04:18.8248,45		
20.	Kick Germers (SWOL 1894, 201000185)				05:33.60(+67)
	50m 00:35.7135,71	150m 02:01.1044,19	250m 03:28.5345,76	350m 04:55.3641,53	
	100m 01:16.9141,20	200m 02:42.7741,67	300m 04:13.8345,30		
21.	Mattias Stolk (HZ&PC Heerenveen, 201000525)				05:35.49(+78)
	50m 00:41.5341,53	150m 02:13.2842,39	250m 03:39.2844,35	350m 05:00.9236,93	
	100m 01:30.8949,36	200m 02:54.9341,65	300m 04:23.9944,71		
22.	Thijs Jonkman (De Duck, 201000481)				05:35.69(+70)
	50m 00:34.5134,51	150m 02:01.9045,02	250m 03:33.9048,37	350m 05:01.1538,77	
	100m 01:16.8842,37	200m 02:45.5343,63	300m 04:22.3848,48		
23.	Franzi Ziegler (DAW, 201100891)				05:36.09(+61)
	50m 00:34.1034,10	150m 01:59.9143,89	250m 03:30.6247,87	350m 04:58.3939,89	
	100m 01:16.0241,92	200m 02:42.7542,84	300m 04:18.5047,88		
24.	Sven Potappel (DWK, 201000127)				05:36.38(+71)
	50m 00:34.7734,77	150m 02:01.3645,12	250m 03:32.2548,71	350m 04:59.9038,74	
	100m 01:16.2441,47	200m 02:43.5442,18	300m 04:21.1648,91		
25.	Mathijs Boersma (ZPC Hoogeveen, 201000313)				05:36.70(+86)
	50m 00:41.7341,73	150m 02:12.6640,61	250m 03:38.2244,81	350m 05:01.1436,85	
	100m 01:32.0550,32	200m 02:53.4140,75	300m 04:24.2946,07		
26.	Nick Vodde (AZ&PC De Futen, 201002211)				05:37.62(+76)
	50m 00:32.5332,53	150m 01:59.0246,90	250m 03:32.2947,76	350m 05:00.0639,10	
	100m 01:12.1239,59	200m 02:44.5345,51	300m 04:20.9648,67		
27.	Joey Snabel (ZPC AMERSFOORT, 201002847)				05:38.65(+71)
	50m 00:37.0337,03	150m 02:08.1442,77	250m 03:38.0248,18	350m 05:04.2638,01	
	100m 01:25.3748,34	200m 02:49.8441,70	300m 04:26.2548,23		
28.	Bink Elgersma (Zwemlust- den Hommel, 201000137)				05:39.59(+80)
	50m 00:35.4035,40	150m 02:02.8543,77	250m 03:34.6649,12	350m 05:03.6838,94	
	100m 01:19.0843,68	200m 02:45.5442,69	300m 04:24.7450,08		
29.	Stijn Dijkstra (DZ&PC, 201000279)				05:40.86(+61)
	50m 00:38.0438,04	150m 02:06.6144,13	250m 03:37.4549,53	350m 05:04.4237,79	
	100m 01:22.4844,44	200m 02:47.9241,31	300m 04:26.6349,18		
30.	Yorre van der Wal (ZV 44, 201000017)				05:41.70(+72)
	50m 00:40.3440,34	150m 02:11.4541,38	250m 03:38.6845,58	350m 05:04.4338,53	

	100m 01:30.07 49,73	200m 02:53.10 41,65	300m 04:25.90 47,22		
31. Nils Bellert (SG Octopus - ZVV, 201100347)					05:42.70(+83)
	50m 00:35.28 35,28	150m 02:05.85 43,46	250m 03:37.28 49,51	350m 05:07.49 41,06	
	100m 01:22.39 47,11	200m 02:47.77 41,92	300m 04:26.43 49,15		
32. Matthijs van Velzen (ZV 44, 201100435)					05:42.84(+72)
	50m 00:33.71 33,71	150m 02:01.90 42,54	250m 03:37.51 53,58	350m 05:06.90 36,50	
	100m 01:19.36 45,65	200m 02:43.93 42,03	300m 04:30.40 52,89		
33. Melle Pittie (Zwemclub Eijdsen, 201000179)					05:43.51(+75)
	50m 00:37.84 37,84	150m 02:08.18 44,56	250m 03:40.58 49,81	350m 05:08.25 37,76	
	100m 01:23.62 45,78	200m 02:50.77 42,59	300m 04:30.49 49,91		
34. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)					05:44.44(+72)
	50m 00:38.36 38,36	150m 02:09.85 44,72	250m 03:41.24 46,96	350m 05:06.89 38,15	
	100m 01:25.13 46,77	200m 02:54.28 44,43	300m 04:28.74 47,50		
35. Finn Wensveen (Zv de Ham, 201000811)					05:44.64(+101)
	50m 00:39.11 39,11	150m 02:07.70 42,54	250m 03:38.35 50,69	350m 05:09.25 39,37	
	100m 01:25.16 46,05	200m 02:47.66 39,96	300m 04:29.88 51,53		
36. Cayden Malone (De Dolfijn, 201002195)					05:48.60(+73)
	50m 00:36.74 36,74	150m 02:06.73 46,06	250m 03:39.38 48,16	350m 05:08.71 40,68	
	100m 01:20.67 43,93	200m 02:51.22 44,49	300m 04:28.03 48,65		
37. Kris Westerhout (ZZ&PC De Devel, 201000883)					05:48.91(+72)
	50m 00:35.90 35,90	150m 02:07.47 46,24	250m 03:41.92 48,94	350m 05:09.76 39,28	
	100m 01:21.23 45,33	200m 02:52.98 45,51	300m 04:30.48 48,56		
38. Nathan Magava (De Dolfijn, 201003067)					05:48.97(+66)
	50m 00:35.97 35,97	150m 02:04.91 45,81	250m 03:38.10 48,62	350m 05:08.11 41,58	
	100m 01:19.10 43,13	200m 02:49.48 44,57	300m 04:26.53 48,43		
39. Jorick Johannes (HZ&PC Heerenveen, 201000403)					05:49.78(+50)
	50m 00:36.46 36,46	150m 02:05.56 43,26	250m 03:40.25 52,04	350m 05:11.32 38,87	
	100m 01:22.30 45,84	200m 02:48.21 42,65	300m 04:32.45 52,20		
40. Dax Muijlaert (SG Octopus - ZVV, 201100535)					05:53.26(+80)
	50m 00:38.73 38,73	150m 02:11.55 45,56	250m 03:45.44 51,61	350m 05:16.41 39,36	
	100m 01:25.99 47,26	200m 02:53.83 42,28	300m 04:37.05 51,61		
41. Mees Janssen (DSZ, 201102025)					05:53.78(+67)
	50m 00:36.49 36,49	150m 02:05.87 42,76	250m 03:39.19 52,68	350m 05:15.54 42,41	
	100m 01:23.11 46,62	200m 02:46.51 40,64	300m 04:33.13 53,94		
42. Joep Lindhout (Niemo Barracuda, 201100873)					05:54.64(+63)
	50m 00:40.68 40,68	150m 02:13.92 46,06	250m 03:48.18 50,62	350m 05:18.17 40,35	
	100m 01:27.86 47,18	200m 02:57.56 43,64	300m 04:37.82 49,64		
43. Luca Monster (ZPC Numansdorp, 201100343)					05:55.91(+54)
	50m 00:35.68 35,68	150m 02:11.07 47,05	250m 03:44.66 47,90	350m 05:15.66 41,75	
	100m 01:24.02 48,34	200m 02:56.76 45,69	300m 04:33.91 49,25		
44. Amor van der Veen (ZV 44, 201100197)					06:02.34(+73)
	50m 00:39.07 39,07	150m 02:10.65 41,94	250m 03:47.17 55,54	350m 05:22.84 39,96	
	100m 01:28.71 49,64	200m 02:51.63 40,98	300m 04:42.88 55,71		
DIS. Ramon Vos (ZPC Hoogeveen, 201100051)					00:00.00
DIS. Vince van Dam (ACZ, 201000405)					00:00.00
DIS. Oleksandr Hordiienko (ZV De Aalscholver, 201003061)					00:00.00
DIS. Tygo van de Wal (DWK, 201001329)					00:00.00
DIS. Nordin Vermeer (DWK, 201000227)					00:00.00
21. 100m vlinderslag - Dames					
11 - 12 jaar (Junioren 1 en 2)					
1. Frédérique Nijziel (PSV, 201103114)					01:05.17(+75)
	50m 00:30.21 30,21				

2. Odenza Soselisa (Blue Marlins, 201101780) 50m 00:31.41 31,41	01:07.76(+78)
3. Lola Verheijen (PSV, 201100832) 50m 00:32.22 32,22	01:10.03(+79)
4. Yill van Bezouw (Hieronymus, 201100704) 50m 00:33.01 33,01	01:11.39(+74)
5. Malin Roozeboom (WVZ, 201100006) 50m 00:34.39 34,39	01:12.64(+73)
6. Noa van Zalk (ZPC AMERSFOORT, 201102534) 50m 00:33.64 33,64	01:13.43(+69)
7. Elke Kriesels (Hieronymus, 201100898) 50m 00:33.99 33,99	01:13.49(+70)
8. Esra Simon (Hellas-Glana, 201100004) 50m 00:34.06 34,06	01:13.90(+66)
9. Ylène Zondervan (ZPC AMERSFOORT, 201200016) 50m 00:34.83 34,83	01:14.17(+96)
10. Julia Ketelaars (Hellas-Glana, 201200028) 50m 00:35.50 35,50	01:14.83(+67)
11. Casharell Kraan (Blue Marlins, 201103426) 50m 00:34.61 34,61	01:15.57(+68)
12. Brechtje Slootweg (ZPC AMERSFOORT, 201101744) 50m 00:34.47 34,47	01:15.71(+76)
13. Simone Brobbel (ZPC Numansdorp, 201200058) 50m 00:35.24 35,24	01:16.32(+73)
14. Julia Bannatyne (BZ&PC, 201201020) 50m 00:35.48 35,48	01:16.62(+75)
15. Chloé in 't Veen (WVZ, 201100010) 50m 00:35.91 35,91	01:17.09(+63)
16. Anna Lepoutre (PSV, 201100534) 50m 00:34.72 34,72	01:17.77(+72)
17. Norell Kroeze (ZC Polaris, 201100378) 50m 00:35.38 35,38	01:17.91(+76)
18. Elle van Gemeren (DAW, 201100428) 50m 00:36.66 36,66	01:18.62(+92)
19. Elin Reinstra (TriVia, 201100842) 50m 00:36.72 36,72	01:18.82(+66)
20. Lise Markes (SBC2000, 201101276) 50m 00:36.21 36,21	01:19.19(+77)
21. Melody Paulussen (De Dolfijn, 201101106) 50m 00:35.36 35,36	01:19.58(+72)
22. Alaine Dumont (ZV De Watervogels, 201102140) 50m 00:34.55 34,55	01:19.78(+70)
23. Milou Filemon (Blue Marlins, 201100078) 50m 00:36.82 36,82	01:20.01(+63)
24. Sterre de Veen (Hellas-Glana, 201100086) 50m 00:35.87 35,87	01:20.75(+70)
25. Annefleur Schraa (SWOL 1894, 201100044) 50m 00:37.53 37,53	01:21.38(+74)
26. Morrison Schram (De Schelde, 201100686)	01:21.51(+80)

	50m 00:37.62 37,62	
27. Nynke Muntinga (ZPCH, 201100060)	50m 00:37.73 37,73	01:22.70(+67)
28. Alissa Rooijackers (Z&PV Nuenen, 201101892)	50m 00:37.64 37,64	01:23.75(+72)
29. Juno Toornend (Team Noord Holland, 201101718)	50m 00:37.39 37,39	01:24.22(+80)
30. Mette Hogenhuis (Zwemlust- den Hommel, 201101254)	50m 00:39.58 39,58	01:24.30(+83)
31. Emma van den Berg (V.Z.V. Njord, 201100830)	50m 00:36.90 36,90	01:24.46(+84)
32. Carlijn Dezutter (Scheldestroom, 201100770)	50m 00:38.39 38,39	01:24.86(+85)
33. Isabel Amelink (Deltasteur, 201100196)	50m 00:38.02 38,02	01:24.87(+78)
34. Mattea Gliese-Sloojier (De Dinkel, 201100008)	50m 00:38.02 38,02	01:25.02(+59)
35. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	50m 00:38.89 38,89	01:25.03(+64)
36. Sara Creemers (Hellas-Glana, 201100242)	50m 00:39.20 39,20	01:25.43(+71)
37. Noa Spaans (De Dolfijn, 201100222)	50m 00:39.47 39,47	01:26.87(+78)
38. Charlie Klaver (De Dolfijn, 201102094)	50m 00:41.71 41,71	01:27.39(+75)
39. Amila Mustafic (DZ&PC, 201200026)	50m 00:38.65 38,65	01:27.45(+79)
40. Roubin van Kampen (ZPCH, 201200370)	50m 00:41.28 41,28	01:27.66(+86)
41. Vicky Horens (Hellas-Glana, 201200252)	50m 00:40.56 40,56	01:28.75(+63)
42. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)	50m 00:40.13 40,13	01:29.13(+57)
43. Eva ter Horst (ZPC Hoogeveen, 201200070)	50m 00:41.81 41,81	01:29.26(+86)
44. Esmee Reuver (ZC Polaris, 201100846)	50m 00:41.40 41,40	01:29.57(+78)
45. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	50m 00:40.59 40,59	01:29.60(+73)
46. Minke Bouman (Blue Marlins, 201100104)	50m 00:39.42 39,42	01:32.06(+72)
47. Meike van der Klugt (WVZ, 201100808)	50m 00:42.96 42,96	01:32.96(+99)
48. Syll Rinsma (Orca, 201200798)	50m 00:42.38 42,38	01:35.42(+58)
DIS. Rozalia Diederiks (ZVL-1886, 201100904)		00:00.00
DIS. Fanni Farkas (De Columbiaan, 201100360)	50m 00:35.16 35,16	01:15.96(+87)

15. 100m rugslag - Heren

14 - 15 jaar (Junioren 3 en 4)

1. Giovanni Phillipson (Team Noord Holland, 200801099) 00:55.86(+69)  
50m 00:27.24 27,24
2. Yarno van Dam (ACZ, 200800115) 00:56.94(+70)  
50m 00:27.60 27,60
3. Wytse Broekstra (De Vikings, 200800121) 00:57.57(+62)  
50m 00:28.03 28,03
4. Xiaoyu Yin (Blue Marlins, 200803363) 00:59.48(+56)  
50m 00:28.61 28,61
5. Mattia Maggio (Hellas-Glana, 200903311) 00:59.71(+58)  
50m 00:28.25 28,25
6. Tobian Vos (ZPC AMERSFOORT, 200900005) 01:00.27(+69)  
50m 00:29.25 29,25
7. Niek Sonneveld (WVZ, 200802631) 01:00.97(+62)  
50m 00:29.25 29,25
8. Jaydey Schonewille (Steenwijk 1934, 200800025) 01:01.05(+73)  
50m 00:30.12 30,12
9. Rijk Leenders (VZC, 200800627) 01:01.33(+72)  
50m 00:30.42 30,42
10. Rein Stoel (ZVL-1886, 200800463) 01:01.58(+66)  
50m 00:29.57 29,57
- . Luca Boorsma (De Dolfijn, 200902031)
- . Willem Weustink (Team Noord Holland, 200800109)

16. 100m vlinderslag - Dames

13 - 14 jaar (Junioren 3 en 4)

1. Elin Ditewig (VZC, 200900392) 01:03.88(+77)  
50m 00:29.78 29,78
2. Juliëtte Woltjes (VZC, 200900774) 01:04.59(+79)  
50m 00:30.04 30,04
3. Elin Brinkhof (De Dolfijn, 200900078) 01:05.57(+70)  
50m 00:31.14 31,14
4. Tess Vonk (De Geul, 200900024) 01:06.65(+65)  
50m 00:30.81 30,81
5. Luus Gielens (PSV, 200900138) 01:08.22(+85)  
50m 00:31.42 31,42
6. Caitlin Sülter (Aqua-Novio'94, 200900046) 01:08.23(+69)  
50m 00:31.41 31,41
7. Fleur van den Eijk (Blue Marlins, 200900304) 01:09.02(+65)  
50m 00:31.29 31,29
8. Lotte Lübbers (KSN (SG), 200900190) 01:09.51(+69)  
50m 00:32.16 32,16
9. Julia Dąbrowska (Blue Marlins, 201000300) 01:09.85(+71)  
50m 00:31.84 31,84
10. Tereza Boom (PSV, 200904028) 01:09.86(+70)  
50m 00:31.51 31,51
- . Mariia Kostina (Blue Marlins, 201002042)
- . Tara Langkamp (Aqua-Novio'94, 200900362)

22. 50m vrije slag - Heren



14 - 15 jaar (Junioren 3 en 4)

1. Giovanni Phillipson (Team Noord Holland, 200801099)	00:23.05(+73)
2. Kaan Sudak (Blue Marlins, 200803733)	00:23.27(+62)
3. Siem de Zeeuw (OZ&PC, 200800013)	00:23.83(+69)
4. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	00:24.25(+65)
5. Jones Chuang (PSV, 200801173)	00:24.47(+57)
6. Xiaoyu Yin (Blue Marlins, 200803363)	00:24.54(+67)
7. Giulian Janssen (PSV, 200900125)	00:24.72(+66)
8. Jaydey Schonewille (Steenwijk 1934, 200800025)	00:25.00(+72)
9. Bram ter Braak (De Dinkel, 200800281)	00:25.09(+70)
10. Theodore Allan (PSV, 200902925)	00:25.10(+65)
11. Suraj Baladurage (Team Noord Holland, 200801291)	00:25.18(+64)
12. Arjan Boogaard (Deltasteur, 200800093)	00:25.29(+65)
13. Floris van der Valk (Wiekslag, 200801891)	00:25.30(+65)
13. Filip Piszczynski (KSN (SG), 200802125)	00:25.30(+65)
15. Job Sportel (De Dinkel, 200800429)	00:25.36(+73)
16. Damir Mustafic (DZ&PC, 200800885)	00:25.42(+75)
17. Tibbe Quist (Kon. AZ 1870, 200801359)	00:25.45(+61)
18. Milan Veelders (De Dinkel, 200800279)	00:25.51(+75)
19. Feddo Smink (ZPC AMERSFOORT, 200900007)	00:25.53(+64)
20. Rens Noordover (Team Noord Holland, 200800237)	00:25.59(+68)
21. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	00:25.61(+75)
21. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	00:25.61(+69)
23. Bjorn Scholten (WS Twente, 200801143)	00:25.65(+73)
24. Ruben Baars (DWK, 200900471)	00:25.66(+69)
25. Neo Reiber (Feijenoord Albion, 200900699)	00:25.67(+64)
26. Tobian Vos (ZPC AMERSFOORT, 200900005)	00:25.78(+73)
27. Adriaan Coppelmans (AZC, 200903243)	00:25.83(+62)
28. Tim Boerefijn (WVZ, 200802815)	00:25.90(+76)
29. Ivo Bot (Wiekslag, 200900509)	00:25.94(+70)
30. Timo Berghuis (NDD, 200801991)	00:25.95(+65)
30. Cruz de Groot (Team Noord Holland, 200801077)	00:25.95(+67)
30. Wout Serrarens (PSV, 200800261)	00:25.95(+73)
33. Youp Stulfzand (ZV 44, 200800521)	00:25.97(+69)
34. Gerjan Berends (ZC Polaris, 200900169)	00:26.09(+73)
35. Sam Leferink (De Dinkel, 200800833)	00:26.12(+73)
36. Bas Mostert (VZC, 200800629)	00:26.15(+78)
37. Rian Schoneveld (De Berkelduikers, 200801789)	00:26.17(+69)
38. Floris van de Wal (De Treffers, 200900495)	00:26.18(+74)

39. Teun Overmars (OZ&PC, 200800103)	00:26.19(+71)
40. Xander Boets (ZPC de Kanaalstreek, 200800133)	00:26.21(+79)
41. Mart Tempelman (Dedemsvaart-AC, 200801075)	00:26.24(+70)
42. Rein Stoel (ZVL-1886, 200800463)	00:26.26(+67)
43. Delano van der Wegen (Hieronymus, 200801941)	00:26.33(+63)
44. Alex Woe (Poseidon'56, 200801393)	00:26.34(+59)
45. Aditya Winterberg (Blue Marlins, 200800953) [S15]	00:26.44(+63)
46. Jesse Molegraaf (ZPC AMERSFOORT, 200800887)	00:26.51(+66)
47. Luuk Knijnenburg (De Columbiaan, 200802291)	00:26.52(+75)
47. Martijn Nies (PSV, 200902095)	00:26.52(+66)
49. Daan de Jongh (Kon. AZ 1870, 200803859)	00:26.55(+67)
50. Tibbe Rongen (SBC2000, 200801929)	00:26.56(+69)
50. Thygo van de Peppel (Blue Marlins, 200901101)	00:26.56(+72)
50. Rens van Wijngaarden (ZPC AMERSFOORT, 200800839)	00:26.56(+74)
53. Koen de Vries (MZ&PC De Reest, 200802379)	00:26.57(+70)
54. Wessel Mous (WWV Winterswijk, 200802477)	00:26.59(+85)
55. Jannick van Eeghem (Hellas-Glana, 200800147)	00:26.60(+69)
56. Sacha van Hees Ajdnik (ZEPS, 200900489)	00:26.62(+73)
57. Alexander Griston (De Dolfijn, 200803053)	00:26.65(+68)
58. Bink de Vries (AZC, 200901887)	00:26.67(+67)
59. Niek Sonneveld (WVZ, 200802631)	00:26.92(+71)
60. Ruben Nooter (ZV 44, 200901577)	00:26.93(+71)
61. Quinn Frunt (DVK, 200800729)	00:26.97(+70)
62. Deaquan Ramos (ZC Polaris, 200901709)	00:27.13(+69)
63. Twan Wielage (KSN (SG), 200902671)	00:27.18(+71)
64. Tom Pisters (ESCA Zwemmen, 200801119)	00:27.22(+63)
65. Jamie Kenworthy (De Dolfijn, 200800045)	00:27.53(+66)
DIS. Fabian Riedijk (Blue Marlins, 200800603)	00:00.00
<b>23. 200m vrije slag - Dames</b>	
<i>13 - 14 jaar (Junioren 3 en 4)</i>	
1. Juliëtte Woltjes (VZC, 200900774)	02:05.92(+81)
50m 00:28.93 28,93 100m 01:01.16 32,23 150m 01:34.32 33,16	
2. Fay Boxum (DZ&PC, 200900060)	02:06.48(+81)
50m 00:28.67 28,67 100m 01:00.47 31,80 150m 01:33.36 32,89	
3. Fenna Westerneng (DZ&PC, 200900070)	02:08.19(+72)
50m 00:29.76 29,76 100m 01:01.80 32,04 150m 01:35.18 33,38	
4. Bregje Dekkers (PSV, 200900746)	02:09.70(+62)
50m 00:30.49 30,49 100m 01:03.02 32,53 150m 01:36.35 33,33	
5. Robine Moot (ZPC AMERSFOORT, 200900330)	02:09.87(+79)
50m 00:30.01 30,01 100m 01:02.93 32,92 150m 01:36.35 33,42	
6. Madeleine Bertram (De Dolfijn, 200900516)	02:12.04(+76)
50m 00:29.83 29,83 100m 01:03.26 33,43 150m 01:38.25 34,99	

7. Suuz Griekspoor (Noordwijkerhout, 200901204)	50m 00:30.24 30,24	100m 01:03.99 33,75	150m 01:38.52 34,53	02:12.49(+79)
8. Kinley Cole (PSV, 200903696)	50m 00:30.03 30,03	100m 01:04.23 34,20	150m 01:39.14 34,91	02:13.06(+71)
9. Lotte Lübbers (KSN (SG), 200900190)	50m 00:30.55 30,55	100m 01:05.10 34,55	150m 01:39.90 34,80	02:13.37(+74)
10. Elin Brinkhof (De Dolfijn, 200900078)	50m 00:30.96 30,96	100m 01:05.05 34,09	150m 01:39.71 34,66	02:13.52(+73)
11. Fenne Metten (ZPC AMERSFOORT, 201000102)	50m 00:30.50 30,50	100m 01:04.40 33,90	150m 01:39.68 35,28	02:13.70(+73)
12. Myla Klaassen (Aqua-Novio'94, 200900110)	50m 00:31.12 31,12	100m 01:05.43 34,31	150m 01:40.27 34,84	02:13.89(+64)
13. Jenny Muntinga (ZPCH, 200900450)	50m 00:30.30 30,30	100m 01:03.87 33,57	150m 01:38.96 35,09	02:14.06(+69)
14. Flo Streep (DAW, 200900676)	50m 00:30.23 30,23	100m 01:04.21 33,98	150m 01:39.81 35,60	02:14.13(+74)
15. Nina van der Schrier (AZC, 201000444)	50m 00:30.55 30,55	100m 01:04.62 34,07	150m 01:40.34 35,72	02:14.84(+70)
16. Amber Kunst (DAW, 200900680)	50m 00:31.00 31,00	100m 01:05.60 34,60	150m 01:40.47 34,87	02:14.86(+69)
17. Chiara Lammertink (ZV 44, 200902200)	50m 00:30.26 30,26	100m 01:03.75 33,49	150m 01:40.10 36,35	02:15.09(+75)
18. Erin de Jong (GZC DONK, 201000024)	50m 00:30.57 30,57	100m 01:04.61 34,04	150m 01:40.08 35,47	02:15.20(+88)
19. Ece Öngören (Blue Marlins, 200903862)	50m 00:31.12 31,12	100m 01:05.27 34,15	150m 01:40.69 35,42	02:15.49(+72)
20. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)	50m 00:31.26 31,26	100m 01:05.50 34,24	150m 01:41.34 35,84	02:15.64(+83)
21. Simone Faber (Deltasteur, 200900710)	50m 00:31.81 31,81	100m 01:06.97 35,16	150m 01:42.11 35,14	02:15.70(+66)
22. Charlotte Landman (ESCA Zwemmen, 200901290)	50m 00:31.11 31,11	100m 01:05.70 34,59	150m 01:41.13 35,43	02:16.01(+72)
23. Anne Engbersen (ZPC AMERSFOORT, 201000044)	50m 00:30.27 30,27	100m 01:04.64 34,37	150m 01:40.75 36,11	02:16.04(+75)
24. Carla Moreno Palacios (De Dolfijn, 201002302)	50m 00:31.01 31,01	100m 01:05.47 34,46	150m 01:41.76 36,29	02:16.33(+77)
25. Tara Langkamp (Aqua-Novio'94, 200900362)	50m 00:31.58 31,58	100m 01:06.83 35,25	150m 01:42.38 35,55	02:16.43(+80)
26. Mariia Kostina (Blue Marlins, 201002042)	50m 00:30.66 30,66	100m 01:05.23 34,57	150m 01:40.99 35,76	02:16.46(+74)
27. Karlijn Siderius (DWK, 200900032)	50m 00:32.26 32,26	100m 01:07.40 35,14	150m 01:43.09 35,69	02:18.45(+76)
28. Isis Verhoeff (De Otters Het Gooi, 200902962)	50m 00:31.42 31,42	100m 01:06.31 34,89	150m 01:42.62 36,31	02:18.66(+71)
29. Marre van der Wal (ZV 44, 201000046)	50m 00:32.55 32,55	100m 01:07.78 35,23	150m 01:43.78 36,00	02:19.17(+58)
30. Tess van de Steeg (WVZ, 201000016)	50m 00:32.11 32,11	100m 01:06.53 34,42	150m 01:42.65 36,12	02:19.36(+80)

31. Nikki Hofland (MSV-Zeemacht, 200900244)		02:19.79(+88)
50m 00:32.95 32,95	100m 01:08.86 35,91	150m 01:44.61 35,75
32. Sterre Dietvorst (ZPC AMERSFOORT, 200900726)		02:20.79(+83)
50m 00:31.04 31,04	100m 01:06.15 35,11	150m 01:43.24 37,09
33. Julia Dąbrowska (Blue Marlins, 201000300)		02:22.21(+75)
50m 00:32.39 32,39	100m 01:08.61 36,22	150m 01:45.92 37,31
24. 100m rugslag - Heren		
12 - 13 jaar (Junioren 1 en 2)		
1. Evren Ege Orcunus (De Dolfijn, 201003253)		01:06.22(+79)
50m 00:32.12 32,12		
2. Mathijs de Wit (KSN (SG), 201001215)		01:06.65(+78)
50m 00:32.94 32,94		
3. Ruben Kragt (ZV 44, 201000007)		01:07.61(+65)
50m 00:33.00 33,00		
4. Ramon Vos (ZPC Hoogeveen, 201100051)		01:08.38(+74)
50m 00:33.50 33,50		
5. Myron Artemenko (Niemo Barracuda, 201003021)		01:08.50(+55)
50m 00:33.33 33,33		
6. Mathieu Gepkens (VZC, 201000045)		01:08.55(+72)
50m 00:33.37 33,37		
7. Gwee Bokma (Zwemlust- den Hommel, 201002259)		01:08.64(+83)
50m 00:33.62 33,62		
8. Oleksandr Hordiienko (ZV De Aalscholver, 201003061)		01:08.81(+63)
50m 00:33.39 33,39		
9. Sven Casper Hageman (Steenwijk 1934, 201000009)		01:09.30(+61)
50m 00:33.26 33,26		
10. Abel op den Velde (De Duinkickers, 201000079)		01:10.50(+78)
50m 00:34.02 34,02		
11. Duco de Gelder (Blue Marlins, 201000217)		01:10.53(+69)
50m 00:33.99 33,99		
12. Thijn Runia (DZT'62, 201000895)		01:10.68(+71)
50m 00:34.55 34,55		
13. Thijmen Puijssers (Hieronymus, 201000129)		01:11.25(+57)
50m 00:34.42 34,42		
14. Mauro Bedeke (DAW, 201000537)		01:11.34(+64)
50m 00:34.41 34,41		
14. Dax van den Nouland (Blue Marlins, 201000071)		01:11.34(+73)
50m 00:34.71 34,71		
16. Matthijs van Velzen (ZV 44, 201100435)		01:12.02(+79)
50m 00:34.49 34,49		
17. Bink Elgersma (Zwemlust- den Hommel, 201000137)		01:12.04(+76)
50m 00:35.00 35,00		
18. Baris Tomu (ZPCH, 201000869)		01:12.25(+65)
50m 00:35.06 35,06		
19. Mathijs Boersma (ZPC Hoogeveen, 201000313)		01:12.29(+81)
50m 00:35.19 35,19		
20. Girish Nolden (Blue Marlins, 201000087)		01:12.31(+68)
50m 00:35.56 35,56		
21. Eli Shields (Niemo Barracuda, 201000407)		01:12.41(+71)
50m 00:35.00 35,00		

22. Finn Wensveen (Zv de Ham, 201000811) 50m 00:35.49 35,49	01:12.45(+74)
23. Dax Muijlaert (SG Octopus - ZVV, 201100535) 50m 00:35.07 35,07	01:12.78(+78)
24. Mees Janssen (DSZ, 201102025) 50m 00:35.24 35,24	01:13.05(+58)
25. Sven Potappel (DWK, 201000127) 50m 00:35.99 35,99	01:13.13(+71)
26. Cayden Malone (De Dolfijn, 201002195) 50m 00:35.64 35,64	01:13.71(+71)
27. Amor van der Veen (ZV 44, 201100197) 50m 00:35.56 35,56	01:13.86(+75)
28. Franzi Ziegler (DAW, 201100891) 50m 00:36.07 36,07	01:13.96(+66)
29. Tygo van de Wal (DWK, 201001329) 50m 00:35.31 35,31	01:14.02(+76)
30. Tycho Wienbelt (De Vikings, 201001397) 50m 00:36.16 36,16	01:14.25(+77)
31. Nathan Magava (De Dolfijn, 201003067) 50m 00:36.43 36,43	01:14.41(+67)
31. Nils Bellert (SG Octopus - ZVV, 201100347) 50m 00:36.21 36,21	01:14.41(+82)
33. Nick Vodde (AZ&PC De Futen, 201002211) 50m 00:35.51 35,51	01:14.60(+62)
34. Jorick Johannes (HZ&PC Heerenveen, 201000403) 50m 00:36.37 36,37	01:15.04(+61)
35. Kick Germers (SWOL 1894, 201000185) 50m 00:36.81 36,81	01:15.13(+65)
35. Stijn Dijkstra (DZ&PC, 201000279) 50m 00:36.93 36,93	01:15.13(+72)
37. Kasper Lubbers (Orca, 201100025) 50m 00:37.10 37,10	01:15.22(+64)
38. Melle Pittie (Zwemclub Eijdsden, 201000179) 50m 00:36.43 36,43	01:15.23(+75)
39. Yorre van der Wal (ZV 44, 201000017) 50m 00:36.76 36,76	01:15.38(+90)
40. Joey Snabel (ZPC AMERSFOORT, 201002847) 50m 00:37.04 37,04	01:15.64(+99)
41. Vince van Dam (ACZ, 201000405) 50m 00:36.44 36,44	01:16.01(+62)
42. Mattias Stolk (HZ&PC Heerenveen, 201000525) 50m 00:36.92 36,92	01:16.40(+85)
43. Alief Jan van der Sluis (PSV, 201003425) 50m 00:36.89 36,89	01:16.68(+72)
44. Joep Lindhout (Niemo Barracuda, 201100873) 50m 00:37.07 37,07	01:16.76(+66)
45. Kris Westerhout (ZZ&PC De Devel, 201000883) 50m 00:37.97 37,97	01:18.27(+61)
46. Luca Monster (ZPC Numansdorp, 201100343)	01:18.31(+66)

	50m 00:37.81 37,81			
47. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)	50m 00:38.84 38,84			01:20.63(+64)
48. Nordin Vermeer (DWK, 201000227)	50m 00:38.95 38,95			01:21.10(+75)
DIS. Thijs Jonkman (De Duck, 201000481)				00:00.00
25. 200m wisselslag - Heren				
14 - 15 jaar (Junioren 3 en 4)				
1. Wytse Broekstra (De Vikings, 200800121)	50m 00:27.74 27,74	100m 00:58.83 31,09	150m 01:35.39 36,56	02:06.36(+74)
2. Giovanni Phillipson (Team Noord Holland, 200801099)	50m 00:27.89 27,89	100m 01:00.33 32,44	150m 01:38.59 38,26	02:07.45(+76)
3. Xiaoyu Yin (Blue Marlins, 200803363)	50m 00:28.04 28,04	100m 01:00.80 32,76	150m 01:39.15 38,35	02:08.71(+68)
4. Yarno van Dam (ACZ, 200800115)	50m 00:28.18 28,18	100m 00:59.63 31,45	150m 01:38.43 38,80	02:09.09(+69)
5. Job Sportel (De Dinkel, 200800429)	50m 00:29.91 29,91	100m 01:04.21 34,30	150m 01:43.19 38,98	02:15.36(+74)
6. Nout Folkersma (PSV, 200800595)	50m 00:29.93 29,93	100m 01:05.06 35,13	150m 01:44.15 39,09	02:15.78(+73)
7. Mattia Maggio (Hellas-Glana, 200903311)	50m 00:28.65 28,65	100m 01:02.10 33,45	150m 01:44.02 41,92	02:15.85(+62)
8. Sven Koornstra (De Vikings, 200900189)	50m 00:31.22 31,22	100m 01:07.10 35,88	150m 01:44.89 37,79	02:16.16(+81)
9. Luca Boorsma (De Dolfijn, 200902031)	50m 00:28.98 28,98	100m 01:03.41 34,43	150m 01:44.02 40,61	02:16.24(+59)
10. Diede Veld (HZ&PC Heerenveen, 200800011)	50m 00:30.35 30,35	100m 01:05.41 35,06	150m 01:45.69 40,28	02:16.59(+74)
11. Theodore Allan (PSV, 200902925)	50m 00:28.76 28,76	100m 01:04.58 35,82	150m 01:45.51 40,93	02:16.70(+66)
12. Rijk Leenders (VZC, 200800627)	50m 00:30.44 30,44	100m 01:04.63 34,19	150m 01:44.54 39,91	02:16.87(+74)
13. Jelte de Jong (ZPCH, 200900975)	50m 00:28.81 28,81	100m 01:03.10 34,29	150m 01:45.17 42,07	02:18.11(+72)
14. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	50m 00:30.43 30,43	100m 01:06.82 36,39	150m 01:48.16 41,34	02:18.17(+73)
15. Jaydey Schonewille (Steenwijk 1934, 200800025)	50m 00:30.38 30,38	100m 01:07.16 36,78	150m 01:47.80 40,64	02:18.43(+78)
16. Adriaan Coppelmans (AZC, 200903243)	50m 00:30.97 30,97	100m 01:06.70 35,73	150m 01:46.14 39,44	02:18.48(+67)
17. Kaan Sudak (Blue Marlins, 200803733)	50m 00:27.61 27,61	100m 01:04.67 37,06	150m 01:47.54 42,87	02:18.86(+63)
18. Willem Weustink (Team Noord Holland, 200800109)	50m 00:28.93 28,93	100m 01:04.50 35,57	150m 01:46.49 41,99	02:19.07(+67)
19. Giulian Janssen (PSV, 200900125)	50m 00:29.40 29,40	100m 01:07.43 38,03	150m 01:47.76 40,33	02:19.09(+66)
20. Ivo Bot (Wiekslag, 200900509)	50m 00:29.55 29,55	100m 01:05.30 35,75	150m 01:47.79 42,49	02:19.27(+77)
21. Feddo Smink (ZPC AMERSFOORT, 200900007)				02:19.34(+65)

	50m 00:29.21 29,21	100m 01:05.81 36,60	150m 01:47.70 41,89	
22. Rens Noordover (Team Noord Holland, 200800237)	50m 00:30.75 30,75	100m 01:07.19 36,44	150m 01:47.46 40,27	02:19.55(+71)
23. Tim Boerefijn (WVZ, 200802815)	50m 00:30.31 30,31	100m 01:05.42 35,11	150m 01:48.81 43,39	02:19.78(+75)
24. Martijn Nies (PSV, 200902095)	50m 00:29.31 29,31	100m 01:04.29 34,98	150m 01:48.73 44,44	02:20.26(+76)
25. Filip Piszczynski (KSN (SG), 200802125)	50m 00:29.89 29,89	100m 01:06.51 36,62	150m 01:47.62 41,11	02:21.15(+65)
26. Liam Diavatopoulos (Aqua-Novio'94, 200802549)	50m 00:30.85 30,85	100m 01:08.74 37,89	150m 01:48.90 40,16	02:21.97(+78)
27. Mike Hilders (De Dolfijn, 200900281)	50m 00:30.51 30,51	100m 01:05.63 35,12	150m 01:49.00 43,37	02:22.11(+80)
28. Koen de Vries (MZ&PC De Reest, 200802379)	50m 00:30.66 30,66	100m 01:08.57 37,91	150m 01:49.48 40,91	02:22.15(+69)
29. Arjan Boogaard (Deltasteur, 200800093)	50m 00:31.28 31,28	100m 01:08.93 37,65	150m 01:51.50 42,57	02:23.00(+68)
30. Bas Mostert (VZC, 200800629)	50m 00:31.14 31,14	100m 01:09.76 38,62	150m 01:52.69 42,93	02:23.21(+78)
31. Gijs Hartwijk (ZVL-1886, 200800573)	50m 00:30.83 30,83	100m 01:08.45 37,62	150m 01:50.27 41,82	02:23.22(+62)
32. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	50m 00:29.08 29,08	100m 01:06.59 37,51	150m 01:50.83 44,24	02:23.39(+71)
33. Cruz de Groot (Team Noord Holland, 200801077)	50m 00:29.57 29,57	100m 01:07.10 37,53	150m 01:47.91 40,81	02:23.79(+68)
34. Bjorn Scholten (WS Twente, 200801143)	50m 00:30.50 30,50	100m 01:04.92 34,42	150m 01:51.84 46,92	02:23.86(+78)
35. Youp Stulfzand (ZV 44, 200800521)	50m 00:30.97 30,97	100m 01:11.58 40,61	150m 01:52.60 41,02	02:24.23(+68)
36. Felix Gepkens (VZC, 200800631)	50m 00:29.74 29,74	100m 01:05.14 35,40	150m 01:51.80 46,66	02:24.67(+72)
37. Jamie Kenworthy (De Dolfijn, 200800045)	50m 00:30.81 30,81	100m 01:07.69 36,88	150m 01:50.57 42,88	02:24.72(+67)
38. Niek Sonneveld (WVZ, 200802631)	50m 00:30.97 30,97	100m 01:07.65 36,68	150m 01:51.83 44,18	02:24.81(+70)
39. Jesse Molegraaf (ZPC AMERSFOORT, 200800887)	50m 00:28.90 28,90	100m 01:06.78 37,88	150m 01:48.62 41,84	02:25.86(+66)
40. Rein Stoel (ZVL-1886, 200800463)	50m 00:30.38 30,38	100m 01:06.11 35,73	150m 01:50.87 44,76	02:25.92(+76)
41. Sverre van der Zwaan (WVZ, 200900737)	50m 00:32.08 32,08	100m 01:08.92 36,84	150m 01:52.28 43,36	02:26.03(+72)
42. Brent Schifflers (ZPC Woerden, 200902041)	50m 00:31.89 31,89	100m 01:07.97 36,08	150m 01:52.21 44,24	02:26.20(+73)
26. 200m rugslag - Dames				
11 - 12 jaar (Junioren 1 en 2)				
1. Malin Roozeboom (WVZ, 201100006)	50m 00:34.16 34,16	100m 01:10.60 36,44	150m 01:46.12 35,52	02:20.80(+71)
2. Frédérique Nijziel (PSV, 201103114)	50m 00:34.40 34,40	100m 01:12.33 37,93	150m 01:51.73 39,40	02:31.50(+68)

3. Elin Reinstra (TriVia, 201100842)	50m 00:35.59 35,59	100m 01:13.78 38,19	150m 01:53.68 39,90	02:31.96(+77)
4. Yill van Bezouw (Hieronymus, 201100704)	50m 00:36.02 36,02	100m 01:15.58 39,56	150m 01:55.75 40,17	02:35.26(+68)
5. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	50m 00:37.04 37,04	100m 01:16.68 39,64	150m 01:57.46 40,78	02:37.43(+71)
6. Odenza Soselisa (Blue Marlins, 201101780)	50m 00:37.03 37,03	100m 01:17.54 40,51	150m 01:58.19 40,65	02:38.17(+73)
7. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	50m 00:37.44 37,44	100m 01:17.63 40,19	150m 01:58.51 40,88	02:38.44(+73)
8. Milou Filemon (Blue Marlins, 201100078)	50m 00:37.56 37,56	100m 01:18.18 40,62	150m 01:59.11 40,93	02:38.48(+77)
9. Casharell Kraan (Blue Marlins, 201103426)	50m 00:37.36 37,36	100m 01:18.71 41,35	150m 01:59.96 41,25	02:38.70(+73)
10. Mattea Gliese-Sloojer (De Dinkel, 201100008)	50m 00:36.73 36,73	100m 01:16.57 39,84	150m 01:58.34 41,77	02:39.29(+84)
11. Noa van Zalk (ZPC AMERSFOORT, 201102534)	50m 00:38.05 38,05	100m 01:18.41 40,36	150m 01:59.49 41,08	02:39.43(+67)
12. Simone Brobbel (ZPC Numansdorp, 201200058)	50m 00:38.64 38,64	100m 01:20.65 42,01	150m 02:02.29 41,64	02:40.65(+78)
13. Esmee Reuver (ZC Polaris, 201100846)	50m 00:38.34 38,34	100m 01:19.43 41,09	150m 02:01.11 41,68	02:41.41(+71)
14. Lola Verheijen (PSV, 201100832)	50m 00:38.66 38,66	100m 01:21.16 42,50	150m 02:02.41 41,25	02:41.81(+86)
15. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	50m 00:37.90 37,90	100m 01:20.31 42,41	150m 02:02.45 42,14	02:41.82(+81)
16. Anna Lepoutre (PSV, 201100534)	50m 00:39.01 39,01	100m 01:20.96 41,95	150m 02:02.40 41,44	02:42.04(+74)
17. Sterre de Veen (Hellas-Glana, 201100086)	50m 00:38.92 38,92	100m 01:20.49 41,57	150m 02:02.05 41,56	02:42.70(+71)
18. Mette Hogenhuis (Zwemlust- den Hommel, 201101254)	50m 00:37.90 37,90	100m 01:20.11 42,21	150m 02:03.04 42,93	02:42.96(+86)
19. Elke Kriesels (Hieronymus, 201100898)	50m 00:37.75 37,75	100m 01:19.02 41,27	150m 02:02.18 43,16	02:43.12(+74)
20. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)	50m 00:37.91 37,91	100m 01:19.80 41,89	150m 02:02.53 42,73	02:44.01(+74)
21. Rozalia Diederiks (ZVL-1886, 201100904)	50m 00:40.69 40,69	100m 01:22.09 41,40	150m 02:04.37 42,28	02:45.17(+85)
22. Chloé in 't Veen (WVZ, 201100010)	50m 00:39.74 39,74	100m 01:21.49 41,75	150m 02:03.89 42,40	02:45.87(+66)
23. Amila Mustafic (DZ&PC, 201200026)	50m 00:38.70 38,70	100m 01:22.18 43,48	150m 02:05.93 43,75	02:46.00(+69)
24. Alaine Dumont (ZV De Watervogels, 201102140)	50m 00:38.73 38,73	100m 01:21.51 42,78	150m 02:05.40 43,89	02:46.14(+62)
25. Annefleur Schraa (SWOL 1894, 201100044)	50m 00:40.03 40,03	100m 01:22.55 42,52	150m 02:05.18 42,63	02:46.18(+67)
26. Noa Spaans (De Dolfijn, 201100222)	50m 00:39.60 39,60	100m 01:22.44 42,84	150m 02:06.34 43,90	02:46.88(+67)
27. Julia Bannatyne (BZ&PC, 201201020)				02:47.15(+73)



	50m 00:40.2740,27	100m 01:24.0743,80	150m 02:06.1442,07	
28. Minke Bouman (Blue Marlins, 201100104)	50m 00:39.9539,95	100m 01:22.8142,86	150m 02:06.6243,81	02:47.94(+80)
29. Melody Paulussen (De Dolfijn, 201101106)	50m 00:40.8740,87	100m 01:23.9243,05	150m 02:07.6643,74	02:49.47(+74)
30. Julia Ketelaars (Hellas-Glana, 201200028)	50m 00:40.4840,48	100m 01:23.6743,19	150m 02:07.9344,26	02:50.23(+64)
31. Meike van der Klugt (WVZ, 201100808)	50m 00:39.1439,14	100m 01:22.4143,27	150m 02:07.1744,76	02:50.75(+64)
32. Juno Toornend (Team Noord Holland, 201101718)	50m 00:40.8340,83	100m 01:23.6542,82	150m 02:07.7044,05	02:50.77(+79)
33. Esra Simon (Hellas-Glana, 201100004)	50m 00:39.4339,43	100m 01:22.2742,84	150m 02:07.0944,82	02:50.84(+62)
34. Alissa Rooijackers (Z&PV Nuenen, 201101892)	50m 00:39.6839,68	100m 01:23.9044,22	150m 02:07.7943,89	02:50.98(+71)
35. Eva ter Horst (ZPC Hoogeveen, 201200070)	50m 00:43.3643,36	100m 01:28.4345,07	150m 02:12.5744,14	02:51.72(+65)
36. Isabel Amelink (Deltasteur, 201100196)	50m 00:40.5840,58	100m 01:25.2144,63	150m 02:10.3545,14	02:51.85(+76)
37. Sara Creemers (Hellas-Glana, 201100242)	50m 00:40.1840,18	100m 01:24.8544,67	150m 02:09.6844,83	02:52.15(+77)
38. Lise Markes (SBC2000, 201101276)	50m 00:40.4540,45	100m 01:24.5044,05	150m 02:10.0545,55	02:52.55(+65)
39. Fanni Farkas (De Columbiaan, 201100360)	50m 00:42.9642,96	100m 01:27.9945,03	150m 02:11.6943,70	02:52.71(+84)
40. Vicky Horens (Hellas-Glana, 201200252)	50m 00:41.3241,32	100m 01:25.9944,67	150m 02:10.7744,78	02:52.87(+64)
41. Elle van Gemeren (DAW, 201100428)	50m 00:40.9840,98	100m 01:25.9144,93	150m 02:10.8044,89	02:53.07(+68)
42. Norell Kroeze (ZC Polaris, 201100378)	50m 00:42.4742,47	100m 01:26.7644,29	150m 02:10.8444,08	02:54.18(+78)
43. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)	50m 00:40.6340,63	100m 01:26.4945,86	150m 02:13.5447,05	02:56.28(+75)
44. Morrison Schram (De Schelde, 201100686)	50m 00:40.8740,87	100m 01:26.4945,62	150m 02:13.1046,61	02:56.53(+60)
45. Carlijn Dezutter (Scheldestroom, 201100770)	50m 00:42.8642,86	100m 01:27.5244,66	150m 02:12.2144,69	02:56.95(+71)
46. Nynke Muntinga (ZPCH, 201100060)	50m 00:40.5640,56	100m 01:25.5444,98	150m 02:12.1146,57	02:58.54(+79)
47. Syll Rinsma (Orca, 201200798)	50m 00:41.1641,16	100m 01:27.5046,34	150m 02:15.1947,69	02:59.32(+73)
48. Emma van den Berg (V.Z.V. Njord, 201100830)	50m 00:42.5842,58	100m 01:30.3547,77	150m 02:18.3347,98	03:01.92(+84)
49. Roubin van Kampen (ZPCH, 201200370)	50m 00:44.4644,46	100m 01:31.3946,93	150m 02:19.6348,24	03:06.31(+73)
50. Charlie Klaver (De Dolfijn, 201102094)	50m 00:44.5044,50	100m 01:34.0949,59	150m 02:23.4349,34	03:11.77(+78)

27. 200m rugslag - Dames

13 - 14 jaar (Junioren 3 en 4)

1. Fay Boxum (DZ&PC, 200900060)	50m 00:31.81 31,81	100m 01:06.87 35,06	150m 01:42.46 35,59	02:18.10(+61)
2. Elin Ditewig (VZC, 200900392)	50m 00:32.88 32,88	100m 01:08.81 35,93	150m 01:44.75 35,94	02:19.55(+69)
3. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	50m 00:32.36 32,36	100m 01:08.38 36,02	150m 01:45.03 36,65	02:19.89(+57)
4. Fenna Zusterzeel (PSV, 201000008)	50m 00:33.36 33,36	100m 01:09.84 36,48	150m 01:46.64 36,80	02:23.22(+59)
5. Luus Gielens (PSV, 200900138)	50m 00:33.82 33,82	100m 01:10.55 36,73	150m 01:47.15 36,60	02:23.91(+73)
6. Fenna Westerneng (DZ&PC, 200900070)	50m 00:35.03 35,03	100m 01:11.80 36,77	150m 01:48.89 37,09	02:25.25(+75)
7. Nienke Koster (ZPC Hoogeveen, 200900612)	50m 00:33.67 33,67	100m 01:10.84 37,17	150m 01:49.09 38,25	02:25.83(+56)
8. Myrthe Stelten (Hellas-Glana, 200900234)	50m 00:33.79 33,79	100m 01:10.24 36,45	150m 01:48.47 38,23	02:26.05(+65)
9. Madeleine Bertram (De Dolfijn, 200900516)	50m 00:33.69 33,69	100m 01:10.31 36,62	150m 01:48.92 38,61	02:27.96(+65)
10. Vera de Boer (MZ&PC De Reest, 200900512)	50m 00:34.52 34,52	100m 01:11.96 37,44	150m 01:50.91 38,95	02:28.70(+74)
11. Ece Öngören (Blue Marlins, 200903862)	50m 00:33.70 33,70	100m 01:10.47 36,77	150m 01:48.97 38,50	02:28.76(+71)
12. Amber Kunst (DAW, 200900680)	50m 00:34.75 34,75	100m 01:12.67 37,92	150m 01:51.20 38,53	02:29.15(+61)
13. Tereza Boom (PSV, 200904028)	50m 00:34.62 34,62	100m 01:13.90 39,28	150m 01:52.24 38,34	02:29.67(+56)
14. Fenne Metten (ZPC AMERSFOORT, 201000102)	50m 00:36.98 36,98	100m 01:15.29 38,31	150m 01:53.67 38,38	02:30.14(+75)
15. Iris Tilburg (Arethusa, 200902662)	50m 00:35.22 35,22	100m 01:13.13 37,91	150m 01:52.62 39,49	02:31.70(+77)
16. Erin de Jong (GZC DONK, 201000024)	50m 00:35.54 35,54	100m 01:14.14 38,60	150m 01:53.43 39,29	02:32.01(+77)
17. Marjolie Spelde (ZC Borger, 200900266)	50m 00:34.79 34,79	100m 01:13.18 38,39	150m 01:53.06 39,88	02:32.55(+70)
18. Milou Geneuglijk (HZ&PC Heerenveen, 200900556)	50m 00:34.46 34,46	100m 01:13.20 38,74	150m 01:52.79 39,59	02:33.00(+62)
19. Karlijn van der Schrier (Hieronymus, 200900834)	50m 00:34.79 34,79	100m 01:12.83 38,04	150m 01:52.89 40,06	02:33.34(+69)
20. Anouk Steller (WVZ, 201000004)	50m 00:34.47 34,47	100m 01:13.08 38,61	150m 01:53.39 40,31	02:33.45(+63)
21. Gwen Hermans (De Columbiaan, 200900058)	50m 00:35.72 35,72	100m 01:14.87 39,15	150m 01:55.23 40,36	02:33.60(+67)
22. Nikki Hofland (MSV-Zeemacht, 200900244)	50m 00:36.08 36,08	100m 01:15.16 39,08	150m 01:54.74 39,58	02:33.79(+74)
23. Mariia Kostina (Blue Marlins, 201002042)	50m 00:34.46 34,46	100m 01:13.40 38,94	150m 01:54.36 40,96	02:34.38(+71)
24. Charlotte Landman (ESCA Zwemmen, 200901290)	50m 00:35.74 35,74	100m 01:15.11 39,37	150m 01:55.27 40,16	02:34.42(+79)
25. Myla Klaassen (Aqua-Novio'94, 200900110)	50m 00:35.45 35,45	100m 01:14.49 39,04	150m 01:54.55 40,06	02:34.43(+54)

26. Anne Engbersen (ZPC AMERSFOORT, 201000044)				02:35.04(+75)
50m	00:34.31	34,31	100m 01:13.88	39,57
150m	01:55.09	41,21		
27. Chiara Lammertink (ZV 44, 200902200)				02:35.29(+73)
50m	00:36.26	36,26	100m 01:15.55	39,29
150m	01:56.33	40,78		
28. Julia Dąbrowska (Blue Marlins, 201000300)				02:35.40(+78)
50m	00:35.61	35,61	100m 01:14.40	38,79
150m	01:54.82	40,42		
29. Nina van der Schrier (AZC, 201000444)				02:35.52(+71)
50m	00:36.07	36,07	100m 01:15.15	39,08
150m	01:55.85	40,70		
30. Tess van de Steeg (WVZ, 201000016)				02:35.65(+66)
50m	00:36.26	36,26	100m 01:15.49	39,23
150m	01:55.48	39,99		
31. Esmé Sportel (Dedemsvaart-AC, 200900682)				02:36.23(+69)
50m	00:36.42	36,42	100m 01:16.26	39,84
150m	01:56.77	40,51		
32. Elin Baars (DVK, 201000138)				02:37.80(+72)
50m	00:37.21	37,21	100m 01:15.89	38,68
150m	01:56.84	40,95		
33. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)				02:39.93(+73)
50m	00:34.55	34,55	100m 01:15.42	40,87
150m	01:57.84	42,42		
28. 4x100m wisselslag heren				
12 - 15 jaar (Junioren)				
1. Blue Marlins				04:00.89
Xiaoyu Yin 2008 (+67)	50m	00:28.67	28,67	
Xiaoyu Yin 2008 (+67)	100m	00:59.65	30,98	
Thygo van de Peppel 2009 (+59)	150m	01:31.70	32,05	
Thygo van de Peppel 2009 (+59)	200m	02:08.61	36,91	
Aditya Winterberg 2008 (+39)	250m	02:36.64	28,03	
Aditya Winterberg 2008 (+39)	300m	03:10.12	33,48	
Kaan Sudak 2008 (+32)	350m	03:34.46	24,34	
Kaan Sudak 2008 (+32)	400m	04:00.89	26,43	
2. Team Noord Holland				04:01.37
Giovanni Phillipson 2008 (+67)	50m	00:27.74	27,74	
Giovanni Phillipson 2008 (+67)	100m	00:57.37	29,63	
Cruz de Groot 2008 (+18)	150m	01:29.48	32,11	
Cruz de Groot 2008 (+18)	200m	02:07.46	37,98	
Willem Weustink 2008 (+28)	250m	02:34.73	27,27	
Willem Weustink 2008 (+28)	300m	03:07.42	32,69	
Suraj Baladurage 2008 (+21)	350m	03:32.72	25,30	
Suraj Baladurage 2008 (+21)	400m	04:01.37	28,65	
3. ZPC AMERSFOORT				04:06.59
Tobian Vos 2009 (+77)	50m	00:29.88	29,88	
Tobian Vos 2009 (+77)	100m	01:00.79	30,91	
Rens van Wijngaarden 2008 (+72)	150m	01:34.40	33,61	
Rens van Wijngaarden 2008 (+72)	200m	02:10.94	36,54	
Feddo Smink 2009 (+47)	250m	02:39.43	28,49	
Feddo Smink 2009 (+47)	300m	03:13.00	33,57	
Felbe van 't Land 2009 (+54)	350m	03:38.81	25,81	
Felbe van 't Land 2009 (+54)	400m	04:06.59	27,78	
4. De Dinkel				04:10.84
Milan Veelders 2008 (+70)	50m	00:30.46	30,46	
Milan Veelders 2008 (+70)	100m	01:03.07	32,61	
Job Sportel 2008 (+50)	150m	01:35.58	32,51	
Job Sportel 2008 (+50)	200m	02:12.16	36,58	
Bram ter Braak 2008 (+54)	250m	02:40.53	28,37	
Bram ter Braak 2008 (+54)	300m	03:13.86	33,33	
Sam Leferink 2008 (+49)	350m	03:40.59	26,73	
Sam Leferink 2008 (+49)	400m	04:10.84	30,25	
5. De Dolfijn				04:14.03
Luca Boorsma 2009 (+65)	50m	00:29.17	29,17	
Luca Boorsma 2009 (+65)	100m	01:00.71	31,54	

Brian Arturo Bloemsma 2009 (+62)	150m	01:34.95	34,24	
Brian Arturo Bloemsma 2009 (+62)	200m	02:13.87	38,92	
Jamie Kenworthy 2008 (+45)	250m	02:41.87	28,00	
Jamie Kenworthy 2008 (+45)	300m	03:17.04	35,17	
Alexander Griston 2008 (+53)	350m	03:44.32	27,28	
Alexander Griston 2008 (+53)	400m	04:14.03	29,71	
6. PSV				04:15.94
Tim van de Moosdijk 2009 (+72)	50m	00:31.64	31,64	
Tim van de Moosdijk 2009 (+72)	100m	01:05.05	33,41	
Jonathan Baaijens 2008 (+24)	150m	01:37.84	32,79	
Jonathan Baaijens 2008 (+24)	200m	02:14.60	36,76	
Martijn Nies 2009 (+78)	250m	02:44.03	29,43	
Martijn Nies 2009 (+78)	300m	03:18.55	34,52	
Wout Serrarens 2008 (+58)	350m	03:46.13	27,58	
Wout Serrarens 2008 (+58)	400m	04:15.94	29,81	
7. VZC				04:17.13
Felix Gepkens 2008 (+57)	50m	00:31.02	31,02	
Felix Gepkens 2008 (+57)	100m	01:03.48	32,46	
Rijk Leenders 2008 (+36)	150m	01:36.62	33,14	
Rijk Leenders 2008 (+36)	200m	02:14.37	37,75	
Stefan van der Meer 2009 (+38)	250m	02:44.70	30,33	
Stefan van der Meer 2009 (+38)	300m	03:20.02	35,32	
Bas Mostert 2008 (+54)	350m	03:47.40	27,38	
Bas Mostert 2008 (+54)	400m	04:17.13	29,73	
8. Aqua-Novio'94				04:20.19
Tim Brouwer 2008 (+65)	50m	00:31.55	31,55	
Tim Brouwer 2008 (+65)	100m	01:05.57	34,02	
Liam Diavatopoulos 2008 (+37)	150m	01:37.65	32,08	
Liam Diavatopoulos 2008 (+37)	200m	02:15.74	38,09	
Mink Hugén 2008 (+14)	250m	02:45.21	29,47	
Mink Hugén 2008 (+14)	300m	03:20.54	35,33	
Wessel van Dorst 2009 (+38)	350m	03:48.86	28,32	
Wessel van Dorst 2009 (+38)	400m	04:20.19	31,33	
9. WVZ				04:25.99
Niek Sonneveld 2008 (+63)	50m	00:30.03	30,03	
Niek Sonneveld 2008 (+63)	100m	01:01.98	31,95	
Sverre van der Zwaan 2009 (+35)	150m	01:38.14	36,16	
Sverre van der Zwaan 2009 (+35)	200m	02:20.29	42,15	
Tim Boerefijn 2008 (+33)	250m	02:49.79	29,50	
Tim Boerefijn 2008 (+33)	300m	03:24.07	34,28	
Sven Mulder 2009 (+42)	350m	03:53.09	29,02	
Sven Mulder 2009 (+42)	400m	04:25.99	32,90	
10. HZ&PC Heerenveen				04:26.59
Finn Eghuizen 2009 (+75)	50m	00:32.28	32,28	
Finn Eghuizen 2009 (+75)	100m	01:06.61	34,33	
Gijs Koehoorn 2008 (+2)	150m	01:39.51	32,90	
Gijs Koehoorn 2008 (+2)	200m	02:17.01	37,50	
Diede Veld 2008 (+60)	250m	02:47.04	30,03	
Diede Veld 2008 (+60)	300m	03:22.18	35,14	
Tije Hempenius 2009 (+39)	350m	03:51.76	29,58	
Tije Hempenius 2009 (+39)	400m	04:26.59	34,83	
11. ACZ				04:27.76
Milán Biró 2008 (+60)	50m	00:32.76	32,76	
Milán Biró 2008 (+60)	100m	01:08.37	35,61	
Luka Arkesteijn 2009 (+24)	150m	01:44.55	36,18	
Luka Arkesteijn 2009 (+24)	200m	02:27.66	43,11	
Yarno van Dam 2008 (+48)	250m	02:55.22	27,56	
Yarno van Dam 2008 (+48)	300m	03:27.18	31,96	
Avery Arrindell 2009 (+49)	350m	03:56.62	29,44	
Avery Arrindell 2009 (+49)	400m	04:27.76	31,14	
12. DZ&PC				04:27.86
Roy Hofman 2009 (+73)	50m	00:34.66	34,66	

Roy Hofman 2009 (+73)	100m	01:10.85	36,19	
Hein Muller 2008 (+71)	150m	01:43.10	32,25	
Hein Muller 2008 (+71)	200m	02:20.64	37,54	
Damir Mustafic 2008 (+50)	250m	02:48.68	28,04	
Damir Mustafic 2008 (+50)	300m	03:23.19	34,51	
Stijn Dijkstra 2010 (+47)	350m	03:54.79	31,60	
Stijn Dijkstra 2010 (+47)	400m	04:27.86	33,07	
13. ZC Polaris				04:29.06
Colin Beuker 2008 (+83)	50m	00:31.03	31,03	
Colin Beuker 2008 (+83)	100m	01:04.77	33,74	
Gerjan Berends 2009 (+52)	150m	01:38.17	33,40	
Gerjan Berends 2009 (+52)	200m	02:17.22	39,05	
Deaquan Ramos 2009 (+48)	250m	02:46.45	29,23	
Deaquan Ramos 2009 (+48)	300m	03:23.80	37,35	
Kyran Kroeze 2009 (+55)	350m	03:54.50	30,70	
Kyran Kroeze 2009 (+55)	400m	04:29.06	34,56	
14. ZPCH				04:30.43
Figo van Duuren 2008 (+63)	50m	00:32.01	32,01	
Figo van Duuren 2008 (+63)	100m	01:05.86	33,85	
Jelte de Jong 2009 (+46)	150m	01:41.07	35,21	
Jelte de Jong 2009 (+46)	200m	02:20.40	39,33	
Lucas Schouten 2009 (+69)	250m	02:51.96	31,56	
Lucas Schouten 2009 (+69)	300m	03:29.08	37,12	
Baris Tomu 2010 (+44)	350m	03:58.51	29,43	
Baris Tomu 2010 (+44)	400m	04:30.43	31,92	
15. AZC [SM14]				04:31.41
Thomas Braat 2008 (+82)	50m	00:35.04	35,04	
Thomas Braat 2008 (+82)	100m	01:14.07	39,03	
Adriaan Coppelmans 2009 (+62)	150m	01:47.60	33,53	
Adriaan Coppelmans 2009 (+62)	200m	02:26.39	38,79	
Sascha Timmer 2009 (+58)	250m	02:55.62	29,23	
Sascha Timmer 2009 (+58)	300m	03:31.27	35,65	
Bink de Vries 2009 (+53)	350m	03:59.37	28,10	
Bink de Vries 2009 (+53)	400m	04:31.41	32,04	
16. ZVL-1886				04:33.06
Rein Stoel 2008 (+64)	50m	00:30.58	30,58	
Rein Stoel 2008 (+64)	100m	01:03.25	32,67	
Jan Schouten 2009 (+53)	150m	01:38.64	35,39	
Jan Schouten 2009 (+53)	200m	02:18.86	40,22	
Gijs Hartwijk 2008 (+30)	250m	02:48.63	29,77	
Gijs Hartwijk 2008 (+30)	300m	03:24.41	35,78	
Jochem Evers 2009 (+57)	350m	03:56.17	31,76	
Jochem Evers 2009 (+57)	400m	04:33.06	36,89	
17. DWK				04:33.25
Quinn Frunt 2008 (+73)	50m	00:33.36	33,36	
Quinn Frunt 2008 (+73)	100m	01:09.32	35,96	
Ruben Baars 2009 (+59)	150m	01:41.81	32,49	
Ruben Baars 2009 (+59)	200m	02:20.08	38,27	
Sven Potappel 2010 (+70)	250m	02:52.32	32,24	
Sven Potappel 2010 (+70)	300m	03:30.04	37,72	
Nordin Vermeer 2010 (+62)	350m	03:59.49	29,45	
Nordin Vermeer 2010 (+62)	400m	04:33.25	33,76	
18. Steenwijk 1934				04:35.14
Dyon Scholten 2009 (+63)	50m	00:33.87	33,87	
Dyon Scholten 2009 (+63)	100m	01:11.42	37,55	
Sven Casper Hageman 2010 (+41)	150m	01:47.40	35,98	
Sven Casper Hageman 2010 (+41)	200m	02:29.02	41,62	
Jaydey Schonewille 2008 (+49)	250m	02:57.43	28,41	
Jaydey Schonewille 2008 (+49)	300m	03:32.99	35,56	
Ivan Vuiist 2008 (+32)	350m	04:01.80	28,81	
Ivan Vuiist 2008 (+32)	400m	04:35.14	33,34	
19. ZV 44				04:35.29

Amor van der Veen 2011 (+70)	50m	00:34.10	34,10
Amor van der Veen 2011 (+70)	100m	01:11.21	37,11
Youp Stuifzand 2008 (+35)	150m	01:43.55	32,34
Youp Stuifzand 2008 (+35)	200m	02:20.15	36,60
Ruben Nooter 2009 (+46)	250m	02:51.29	31,14
Ruben Nooter 2009 (+46)	300m	03:31.32	40,03
Matthijs van Velzen 2011 (+73)	350m	04:00.96	29,64
Matthijs van Velzen 2011 (+73)	400m	04:35.29	34,33

DIS. Blue Marlins

Aiden Lips 2008 (+68)	50m	00:32.55	32,55
Aiden Lips 2008 (+68)	100m	01:07.07	34,52
Tristan Fredema 2009 (+41)	400m	00:00.00	-67,07

00:00.00

DIS. PSV

Nout Folkersma 2008 (+78)	50m	00:30.62	30,62
Nout Folkersma 2008 (+78)	100m	01:04.15	33,53
Giulian Janssen 2009 (+83)	150m	01:35.26	31,11
Giulian Janssen 2009 (+83)	200m	02:13.56	38,30
Jones Chuang 2008 (+47)	400m	00:00.00	-133,56

00:00.00

29. 4x100m vrije slag dames Junioren

11 - 14 jaar (Junioren 4 en jonger)

1. PSV

Luus Gielens 2009 (+88)	50m	00:29.60	29,60
Luus Gielens 2009 (+88)	100m	01:01.83	32,23
Bregje Dekkers 2009 (+55)	150m	01:31.11	29,28
Bregje Dekkers 2009 (+55)	200m	02:03.06	31,95
Tereza Boom 2009 (+49)	250m	02:31.92	28,86
Tereza Boom 2009 (+49)	300m	03:03.56	31,64
Kinley Cole 2009 (+45)	350m	03:31.77	28,21
Kinley Cole 2009 (+45)	400m	04:03.35	31,58

04:03.35

2. ZPC AMERSFOORT

Anne Engbersen 2010 (+77)	50m	00:29.07	29,07
Anne Engbersen 2010 (+77)	100m	01:00.99	31,92
Robine Moot 2009 (+52)	150m	01:29.75	28,76
Robine Moot 2009 (+52)	200m	02:01.89	32,14
Sterre Dietvorst 2009 (+52)	250m	02:30.96	29,07
Sterre Dietvorst 2009 (+52)	300m	03:02.81	31,85
Senna Rijnbeek 2009 (+40)	350m	03:31.61	28,80
Senna Rijnbeek 2009 (+40)	400m	04:03.53	31,92

04:03.53

3. DZ&PC

Fenna Westerneng 2009 (+75)	50m	00:29.18	29,18
Fenna Westerneng 2009 (+75)	100m	00:59.82	30,64
Fay Boxum 2009 (+69)	150m	01:27.36	27,54
Fay Boxum 2009 (+69)	200m	01:57.61	30,25
Amila Mustafic 2012 (+64)	250m	02:28.92	31,31
Amila Mustafic 2012 (+64)	300m	03:02.73	33,81
Ilse Wiltjer 2009	350m	03:31.86	29,13
Ilse Wiltjer 2009	400m	04:04.32	32,46

04:04.32

4. De Dolfijn

Madeleine Bertram 2009 (+74)	50m	00:28.70	28,70
Madeleine Bertram 2009 (+74)	100m	01:00.00	31,30
Elin Brinkhof 2009 (+55)	150m	01:29.84	29,84
Elin Brinkhof 2009 (+55)	200m	02:01.54	31,70
Carla Moreno Palacios 2010 (+39)	250m	02:30.54	29,00
Carla Moreno Palacios 2010 (+39)	300m	03:01.74	31,20
Yara van Asselen 2009 (+50)	350m	03:31.52	29,78
Yara van Asselen 2009 (+50)	400m	04:04.80	33,28

04:04.80

5. Aqua-Novio'94

Tara Langkamp 2009 (+73)	50m	00:29.26	29,26
Tara Langkamp 2009 (+73)	100m	01:01.19	31,93
Caitlin Sülter 2009 (+46)	150m	01:30.90	29,71
Caitlin Sülter 2009 (+46)	200m	02:03.25	32,35
Jaydee Leenders 2009 (+45)	250m	02:32.60	29,35

04:06.53

Jaydee Leenders 2009 (+45)	300m	03:05.44	32,84	
Myla Klaassen 2009 (+34)	350m	03:35.10	29,66	
Myla Klaassen 2009 (+34)	400m	04:06.53	31,43	
6. Blue Marlins				04:08.18
Mijke Ouderkerken 2009 (+77)	50m	00:30.65	30,65	
Mijke Ouderkerken 2009 (+77)	100m	01:03.17	32,52	
Mariia Kostina 2010 (+45)	150m	01:32.28	29,11	
Mariia Kostina 2010 (+45)	200m	02:05.17	32,89	
Julia Dąbrowska 2010 (+176)	250m	02:34.03	28,86	
Julia Dąbrowska 2010 (+176)	300m	03:07.01	32,98	
Fleur van den Eijk 2009 (+30)	350m	03:35.90	28,89	
Fleur van den Eijk 2009 (+30)	400m	04:08.18	32,28	
7. DAW				04:10.65
Amber Kunst 2009 (+72)	50m	00:29.95	29,95	
Amber Kunst 2009 (+72)	100m	01:01.68	31,73	
Megan Snoek 2009 (+53)	150m	01:30.82	29,14	
Megan Snoek 2009 (+53)	200m	02:04.99	34,17	
Eva Leuverman 2009 (+49)	250m	02:35.90	30,91	
Eva Leuverman 2009 (+49)	300m	03:10.04	34,14	
Flo Streek 2009 (+36)	350m	03:38.77	28,73	
Flo Streek 2009 (+36)	400m	04:10.65	31,88	
8. PSV				04:12.51
Anna Lepoutre 2011 (+72)	50m	00:30.89	30,89	
Anna Lepoutre 2011 (+72)	100m	01:03.84	32,95	
Lola Verheijen 2011 (+48)	150m	01:34.22	30,38	
Lola Verheijen 2011 (+48)	200m	02:09.11	34,89	
Fenna Zusterzeel 2010 (+20)	250m	02:38.13	29,02	
Fenna Zusterzeel 2010 (+20)	300m	03:09.70	31,57	
Frédérique Nijziel 2011 (+57)	350m	03:39.13	29,43	
Frédérique Nijziel 2011 (+57)	400m	04:12.51	33,38	
9. DWK				04:15.87
Karlijn Siderius 2009 (+76)	50m	00:30.11	30,11	
Karlijn Siderius 2009 (+76)	100m	01:03.50	33,39	
Elin Baars 2010 (+55)	150m	01:34.77	31,27	
Elin Baars 2010 (+55)	200m	02:09.41	34,64	
Maryse Kuijper 2010 (+32)	250m	02:38.95	29,54	
Maryse Kuijper 2010 (+32)	300m	03:12.44	33,49	
Tessa van Beek 2010 (+82)	350m	03:43.20	30,76	
Tessa van Beek 2010 (+82)	400m	04:15.87	32,67	
10. Blue Marlins				04:17.45
Casharell Kraan 2011 (+70)	50m	00:30.55	30,55	
Casharell Kraan 2011 (+70)	100m	01:04.17	33,62	
Manou Longayroux 2010 (+12)	150m	01:35.99	31,82	
Manou Longayroux 2010 (+12)	200m	02:10.48	34,49	
Odenza Soselisa 2011 (+61)	250m	02:41.30	30,82	
Odenza Soselisa 2011 (+61)	300m	03:15.19	33,89	
Ece Öngören 2009 (+64)	350m	03:44.79	29,60	
Ece Öngören 2009 (+64)	400m	04:17.45	32,66	
11. WVZ				04:18.39
Faye Thijsse 2010 (+80)	50m	00:30.12	30,12	
Faye Thijsse 2010 (+80)	100m	01:02.46	32,34	
Sanne Mulder 2009 (+57)	150m	01:34.37	31,91	
Sanne Mulder 2009 (+57)	200m	02:10.66	36,29	
Anouk Steller 2010 (+38)	250m	02:40.88	30,22	
Anouk Steller 2010 (+38)	300m	03:14.51	33,63	
Tess van de Steeg 2010 (+41)	350m	03:44.93	30,42	
Tess van de Steeg 2010 (+41)	400m	04:18.39	33,46	
12. ZV 44				04:19.06
Chiara Lammertink 2009 (+75)	50m	00:29.43	29,43	
Chiara Lammertink 2009 (+75)	100m	01:01.84	32,41	
Marre van der Wal 2010 (+68)	150m	01:33.23	31,39	
Marre van der Wal 2010 (+68)	200m	02:06.39	33,16	

Lisa van Velzen 2009 (+42)	250m	02:39.10	32,71	
Lisa van Velzen 2009 (+42)	300m	03:16.64	37,54	
Paula Spans 2010 (+60)	350m	03:46.66	30,02	
Paula Spans 2010 (+60)	400m	04:19.06	32,40	
13. ZPC AMERSFOORT				04:19.99
Fenne Metten 2010 (+63)	50m	00:30.55	30,55	
Fenne Metten 2010 (+63)	100m	01:03.52	32,97	
Esmaé de Gans 2009 (+50)	150m	01:34.33	30,81	
Esmaé de Gans 2009 (+50)	200m	02:07.44	33,11	
Ylène Zondervan 2012 (+69)	250m	02:39.14	31,70	
Ylène Zondervan 2012 (+69)	300m	03:14.33	35,19	
Noa van Zalk 2011 (+58)	350m	03:45.69	31,36	
Noa van Zalk 2011 (+58)	400m	04:19.99	34,30	
14. Dedemsvaart-AC				04:22.31
Daphne Dijsselhof 2009 (+78)	50m	00:30.86	30,86	
Daphne Dijsselhof 2009 (+78)	100m	01:03.28	32,42	
Suus Hoogeveen 2009 (+19)	150m	01:34.45	31,17	
Suus Hoogeveen 2009 (+19)	200m	02:09.54	35,09	
Sjors Werger 2011 (+42)	250m	02:41.09	31,55	
Sjors Werger 2011 (+42)	300m	03:17.64	36,55	
Esmé Sportel 2009 (+36)	350m	03:49.38	31,74	
Esmé Sportel 2009 (+36)	400m	04:22.31	32,93	
15. De Dinkel				04:23.71
Mila Soethof 2009 (+71)	50m	00:31.20	31,20	
Mila Soethof 2009 (+71)	100m	01:05.94	34,74	
Lynn ten Berge 2010 (+39)	150m	01:36.18	30,24	
Lynn ten Berge 2010 (+39)	200m	02:10.43	34,25	
Nienke Bulter 2009 (+49)	250m	02:42.74	32,31	
Nienke Bulter 2009 (+49)	300m	03:18.31	35,57	
Mattea Gliese-Slooijer 2011 (+44)	350m	03:48.89	30,58	
Mattea Gliese-Slooijer 2011 (+44)	400m	04:23.71	34,82	
16. HZ&PC Heerenveen				04:24.79
Milou Geneuglijk 2009 (+71)	50m	00:31.14	31,14	
Milou Geneuglijk 2009 (+71)	100m	01:05.49	34,35	
Lobke Hempenius 2011 (+41)	150m	01:39.10	33,61	
Lobke Hempenius 2011 (+41)	200m	02:16.73	37,63	
Elise Dorlandt 2010 (+48)	250m	02:49.16	32,43	
Elise Dorlandt 2010 (+48)	300m	03:24.35	35,19	
Silke Hooghiemstra 2009 (+28)	350m	03:53.61	29,26	
Silke Hooghiemstra 2009 (+28)	400m	04:24.79	31,18	

Nummer: 4 - zondag 10 december 2023 om 08:30u (25 m)

Aanvangstijd juryvergadering: 07:30u

### 30. 100m vrije slag - Dames

11 - 12 jaar (Junioren 1 en 2)

1. Malin Roozeboom (WVZ, 201100006)	50m	00:29.96	29,96	01:01.33(+71)
2. Frédérique Nijziel (PSV, 201103114)	50m	00:29.97	29,97	01:01.63(+79)
3. Anna Lepoutre (PSV, 201100534)	50m	00:30.12	30,12	01:02.74(+72)
4. Lola Verheijen (PSV, 201100832)	50m	00:30.66	30,66	01:02.89(+73)
5. Chloé in 't Veen (WVZ, 201100010)	50m	00:31.32	31,32	01:03.75(+58)
6. Yill van Bezouw (Hieronymus, 201100704)	50m	00:30.63	30,63	01:03.81(+73)



7. Elin Reinstra (TriVia, 201100842) 50m 00:30.71 30,71	01:04.13(+76)
8. Fanni Farkas (De Columbiaan, 201100360) 50m 00:31.47 31,47	01:04.28(+91)
9. Elke Kriesels (Hieronymus, 201100898) 50m 00:31.10 31,10	01:04.87(+73)
10. Noa van Zalk (ZPC AMERSFOORT, 201102534) 50m 00:31.84 31,84	01:05.52(+68)
11. Rozalia Diederiks (ZVL-1886, 201100904) 50m 00:32.12 32,12	01:05.61(+79)
12. Sterre de Veen (Hellas-Glana, 201100086) 50m 00:31.44 31,44	01:05.64(+69)
13. Milou Filemon (Blue Marlins, 201100078) 50m 00:31.63 31,63	01:05.67(+73)
13. Casharell Kraan (Blue Marlins, 201103426) 50m 00:31.24 31,24	01:05.67(+70)
15. Odenza Soselisa (Blue Marlins, 201101780) 50m 00:31.78 31,78	01:06.29(+60)
16. Brechtje Slootweg (ZPC AMERSFOORT, 201101744) 50m 00:31.56 31,56	01:06.38(+81)
17. Isabel Amelink (Deltasteur, 201100196) 50m 00:32.19 32,19	01:06.48(+76)
18. Mattea Gliese-Sloojier (De Dinkel, 201100008) 50m 00:31.45 31,45	01:06.74(+67)
19. Ylène Zondervan (ZPC AMERSFOORT, 201200016) 50m 00:32.41 32,41	01:07.23(+87)
20. Emma van den Berg (V.Z.V. Njord, 201100830) 50m 00:32.71 32,71	01:07.25(+93)
21. Amila Mustafic (DZ&PC, 201200026) 50m 00:32.33 32,33	01:07.47(+80)
22. Norell Kroeze (ZC Polaris, 201100378) 50m 00:32.65 32,65	01:07.60(+83)
23. Julia Ketelaars (Hellas-Glana, 201200028) 50m 00:32.57 32,57	01:07.75(+75)
24. Mette Hogenhuis (Zwemlust- den Hommel, 201101254) 50m 00:32.47 32,47	01:07.86(+89)
25. Roubin van Kampen (ZPCH, 201200370) 50m 00:33.48 33,48	01:08.14(+72)
26. Alaine Dumont (ZV De Watervogels, 201102140) 50m 00:33.07 33,07	01:08.35(+68)
27. Simone Brobbel (ZPC Numansdorp, 201200058) 50m 00:32.57 32,57	01:08.40(+78)
28. Julia Bannatyne (BZ&PC, 201201020) 50m 00:32.72 32,72	01:08.44(+76)
29. Juno Toornend (Team Noord Holland, 201101718) 50m 00:32.87 32,87	01:08.53(+80)
30. Nynke Muntinga (ZPCH, 201100060) 50m 00:32.86 32,86	01:08.65(+56)
31. Melody Paulussen (De Dolfijn, 201101106) 50m 00:33.04 33,04	01:08.70(+76)

32. Noa Spaans (De Dolfijn, 201100222) 50m 00:32.89 32,89	01:08.94(+80)
33. Alissa Rooijackers (Z&PV Nuenen, 201101892) 50m 00:32.97 32,97	01:09.13(+70)
34. Emy Meuleners (SG Patrick - De Roersoppers, 201200012) 50m 00:33.28 33,28	01:09.25(+67)
35. Minke Bouman (Blue Marlins, 201100104) 50m 00:33.70 33,70	01:09.82(+67)
36. Annefleur Schraa (SWOL 1894, 201100044) 50m 00:33.96 33,96	01:09.91(+79)
37. Noortje Bisperink (ZPC AMERSFOORT, 201100486) 50m 00:33.54 33,54	01:09.93(+82)
38. Lise Markes (SBC2000, 201101276) 50m 00:33.95 33,95	01:10.10(+78)
39. Esra Simon (Hellas-Glana, 201100004) 50m 00:33.75 33,75	01:10.16(+70)
40. Meike van der Klugt (WVZ, 201100808) 50m 00:34.04 34,04	01:11.05(+78)
41. Carlijn Dezutter (Scheldestroom, 201100770) 50m 00:34.31 34,31	01:11.10(+79)
42. Lobke Hempenius (HZ&PC Heerenveen, 201100522) 50m 00:33.89 33,89	01:11.13(+66)
43. Vicky Horens (Hellas-Glana, 201200252) 50m 00:34.25 34,25	01:11.14
44. Esmee Reuver (ZC Polaris, 201100846) 50m 00:33.91 33,91	01:11.25(+77)
45. Sara Creemers (Hellas-Glana, 201100242) 50m 00:35.00 35,00	01:12.16(+63)
46. Eva ter Horst (ZPC Hoogeveen, 201200070) 50m 00:34.48 34,48	01:12.25(+87)
47. Morrison Schram (De Schelde, 201100686) 50m 00:34.94 34,94	01:12.39(+82)
48. Charlie Klaver (De Dolfijn, 201102094) 50m 00:35.80 35,80	01:13.75(+67)
49. Elle van Gemeren (DAW, 201100428) 50m 00:35.46 35,46	01:13.87(+75)
50. Syll Rinsma (Orca, 201200798) 50m 00:34.92 34,92	01:14.53(+56)
31. 100m vrije slag - Dames 13 - 14 jaar (Junioren 3 en 4)	
1. Fay Boxum (DZ&PC, 200900060) 50m 00:27.87 27,87	00:58.14(+77)
2. Juliëtte Woltjes (VZC, 200900774) 50m 00:28.39 28,39	00:58.95(+81)
3. Kinley Cole (PSV, 200903696) 50m 00:28.67 28,67	01:00.18(+71)
4. Madeleine Bertram (De Dolfijn, 200900516) 50m 00:29.34 29,34	01:00.32(+76)
5. Silke Hooqhiemstra (HZ&PC Heerenveen, 200901224)	01:00.41(+73)

	50m 00:29.43 29,43	
6. Fenna Westerneng (DZ&PC, 200900070)	50m 00:29.21 29,21	01:00.46(+73)
7. Fenna Zusterzeel (PSV, 201000008)	50m 00:29.02 29,02	01:00.67(+72)
8. Anne Engbersen (ZPC AMERSFOORT, 201000044)	50m 00:28.91 28,91	01:00.72(+72)
9. Carla Moreno Palacios (De Dolfijn, 201002302)	50m 00:29.31 29,31	01:00.81(+73)
10. Lotte Lübbers (KSN (SG), 200900190)	50m 00:29.28 29,28	01:00.85(+65)
11. Myla Klaassen (Aqua-Novio'94, 200900110)	50m 00:29.37 29,37	01:01.09(+63)
12. Flo Streep (DAW, 200900676)	50m 00:29.33 29,33	01:01.49(+68)
12. Ilse Wiltjer (DZ&PC, 200900868)	50m 00:29.73 29,73	01:01.49(+78)
14. Luus Gielens (PSV, 200900138)	50m 00:29.52 29,52	01:01.55(+88)
15. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	50m 00:29.11 29,11	01:01.57(+84)
16. Jenny Muntinga (ZPCH, 200900450)	50m 00:29.26 29,26	01:01.60(+68)
17. Caitlin Sülter (Aqua-Novio'94, 200900046)	50m 00:30.09 30,09	01:01.80(+66)
18. Tara Langkamp (Aqua-Novio'94, 200900362)	50m 00:29.50 29,50	01:01.81(+76)
19. Chiara Lammertink (ZV 44, 200902200)	50m 00:29.21 29,21	01:01.89(+78)
20. Bregje Dekkers (PSV, 200900746)	50m 00:29.68 29,68	01:02.06(+69)
21. Amber Kunst (DAW, 200900680)	50m 00:29.79 29,79	01:02.09(+70)
22. Charlotte Landman (ESCA Zwemmen, 200901290)	50m 00:29.75 29,75	01:02.24(+74)
23. Suuz Griekspoor (Noordwijkerhout, 200901204)	50m 00:30.04 30,04	01:02.36(+79)
24. Fleur van den Eijk (Blue Marlins, 200900304)	50m 00:30.02 30,02	01:02.62(+64)
25. Patricia de Leu (Team Noord Holland, 200900982)	50m 00:29.52 29,52	01:02.67(+65)
26. Simone Faber (Deltasteur, 200900710)	50m 00:30.32 30,32	01:02.81(+67)
27. Tereza Boom (PSV, 200904028)	50m 00:30.07 30,07	01:02.82(+69)
28. Paula Spans (ZV 44, 201000064)	50m 00:30.46 30,46	01:02.89(+74)
29. Karlijn Siderius (DWK, 200900032)	50m 00:29.57 29,57	01:02.99(+73)

30. Karlijn van der Schrier (Hieronymus, 200900834) 50m 00:30.25 30,25	01:03.07(+73)
31. Jaydee Leenders (Aqua-Novio'94, 200900112) 50m 00:30.18 30,18	01:03.16(+75)
32. Sterre Dietvorst (ZPC AMERSFOORT, 200900726) 50m 00:30.05 30,05	01:03.17(+74)
33. Isis Verhoeff (De Otters Het Gooi, 200902962) 50m 00:29.90 29,90	01:03.23(+68)
34. Eva de Man (Aqua-Novio'94, 201000294) 50m 00:30.70 30,70	01:03.27(+78)
34. Famke Franzen (De Schotegil, 201000058) 50m 00:30.16 30,16	01:03.27(+73)
36. Mariia Kostina (Blue Marlins, 201002042) 50m 00:30.03 30,03	01:03.31(+70)
37. Nina van der Schrier (AZC, 201000444) 50m 00:30.16 30,16	01:03.33(+71)
38. Emma Steenbrink (WS Twente, 200901376) 50m 00:30.43 30,43	01:03.53(+77)
39. Julia Dąbrowska (Blue Marlins, 201000300) 50m 00:30.40 30,40	01:03.59(+75)
40. Anouk Steller (WVZ, 201000004) 50m 00:30.29 30,29	01:03.75(+78)
41. Daphne Dijsselhof (Dedemsvaart-AC, 200901690) 50m 00:30.75 30,75	01:04.04(+76)
42. Linou van Kampen (ZPCH, 201000594) 50m 00:30.90 30,90	01:04.13(+70)
43. Daphne Westra (De Granaet, 200900344) 50m 00:30.39 30,39	01:04.35(+76)
43. Fenne Metten (ZPC AMERSFOORT, 201000102) 50m 00:30.85 30,85	01:04.35(+62)
45. Marre van der Wal (ZV 44, 201000046) 50m 00:31.29 31,29	01:04.44(+70)
46. Erin de Jong (GZC DONK, 201000024) 50m 00:30.76 30,76	01:04.81(+85)
47. Esmaé de Gans (ZPC AMERSFOORT, 200900134) 50m 00:31.09 31,09	01:05.19(+80)
48. Yara van Asselen (De Dolfijn, 200900408) 50m 00:31.31 31,31	01:05.54(+75)
49. Megan Snoek (DAW, 200900888) 50m 00:30.62 30,62	01:05.76(+71)
32. 100m schoolslag - Heren 12 - 13 jaar (Junioren 1 en 2)	
1. Mathijs de Wit (KSN (SG), 201001215) 50m 00:35.56 35,56	01:13.49(+75)
2. Nathan Magava (De Dolfijn, 201003067) 50m 00:35.84 35,84	01:15.48(+62)
3. Sven Casper Hageman (Steenwijk 1934, 201000009) 50m 00:35.62 35,62	01:16.31(+64)
4. Nick Vodde (AZ&PC De Futen, 201002211)	01:16.40(+74)

50m 00:35.86 35,86

5. Thijn Runia (DZT'62, 201000895) 01:17.06(+68)  
50m 00:36.32 36,32
5. Tygo van de Wal (DWK, 201001329) 01:17.06(+72)  
50m 00:36.71 36,71
7. Kris Westerhout (ZZ&PC De Devel, 201000883) 01:17.31(+61)  
50m 00:36.73 36,73
8. Myron Artemenko (Niemo Barracuda, 201003021) 01:17.51(+67)  
50m 00:36.46 36,46
9. Thijmen Puijssers (Hieronymus, 201000129) 01:18.42(+65)  
50m 00:36.95 36,95
10. Mathieu Gepkens (VZC, 201000045) 01:19.12(+77)  
50m 00:37.37 37,37
11. Mathijs Boersma (ZPC Hoogeveen, 201000313) 01:19.18(+73)  
50m 00:37.38 37,38
12. Milan Schuilenburg (ZPC AMERSFOORT, 201000935) 01:19.52(+73)  
50m 00:37.34 37,34
13. Luca Monster (ZPC Numansdorp, 201100343) 01:19.86(+57)  
50m 00:37.75 37,75
14. Kick Germers (SWOL 1894, 201000185) 01:19.93(+68)  
50m 00:38.18 38,18
15. Dax van den Nouland (Blue Marlins, 201000071) 01:19.95(+66)  
50m 00:37.67 37,67
16. Mattias Stolk (HZ&PC Heerenveen, 201000525) 01:19.96(+74)  
50m 00:37.84 37,84
17. Joey Snabel (ZPC AMERSFOORT, 201002847) 01:20.10(+72)  
50m 00:37.48 37,48
18. Franzl Ziegler (DAW, 201100891) 01:20.16(+68)  
50m 00:37.84 37,84
19. Cayden Malone (De Dolfijn, 201002195) 01:20.81(+65)  
50m 00:38.05 38,05
20. Duco de Gelder (Blue Marlins, 201000217) 01:21.24(+81)  
50m 00:38.26 38,26
21. Ruben Kragt (ZV 44, 201000007) 01:21.49(+67)  
50m 00:38.12 38,12
22. Thijs Jonkman (De Duck, 201000481) 01:21.53(+72)  
50m 00:38.60 38,60
23. Nordin Vermeer (DWK, 201000227) 01:22.73(+69)  
50m 00:37.06 37,06
24. Yorre van der Wal (ZV 44, 201000017) 01:22.75(+61)  
50m 00:38.75 38,75
25. Kasper Lubbers (Orca, 201100025) 01:22.91(+60)  
50m 00:39.15 39,15
26. Baris Tomu (ZPCH, 201000869) 01:23.17(+54)  
50m 00:39.14 39,14
26. Tycho Wienbelt (De Vikings, 201001397) 01:23.17(+79)  
50m 00:39.21 39,21
28. Mauro Bedeke (DAW, 201000537) 01:23.43(+61)  
50m 00:38.46 38,46

29. Ramon Vos (ZPC Hoogeveen, 201100051) 50m 00:39.10 39,10	01:23.70(+79)
30. Eli Shields (Niemo Barracuda, 201000407) 50m 00:39.25 39,25	01:24.06(+71)
31. Nils Bellert (SG Octopus - ZVV, 201100347) 50m 00:39.72 39,72	01:24.09(+75)
32. Oleksandr Hordiienko (ZV De Aalscholver, 201003061) 50m 00:40.00 40,00	01:24.11(+86)
33. Evren Ege Orcunus (De Dolfijn, 201003253) 50m 00:40.75 40,75	01:24.80(+70)
34. Abel op den Velde (De Duinkickers, 201000079) 50m 00:40.35 40,35	01:25.11(+78)
35. Melle Pittie (Zwemclub Eijdsen, 201000179) 50m 00:41.26 41,26	01:25.15(+67)
36. Joep Lindhout (Niemo Barracuda, 201100873) 50m 00:41.04 41,04	01:26.04(+69)
37. Stijn Dijkstra (DZ&PC, 201000279) 50m 00:41.17 41,17	01:26.21(+53)
38. Finn Wensveen (Zv de Ham, 201000811) 50m 00:41.72 41,72	01:26.28(+87)
39. Sven Potappel (DVK, 201000127) 50m 00:41.12 41,12	01:26.45(+71)
40. Bink Elgersma (Zwemlust- den Hommel, 201000137) 50m 00:40.06 40,06	01:26.72(+79)
41. Vince van Dam (ACZ, 201000405) 50m 00:41.51 41,51	01:27.35(+68)
41. Mees Janssen (DSZ, 201102025) 50m 00:40.62 40,62	01:27.35(+63)
43. Girish Nolden (Blue Marlins, 201000087) 50m 00:42.51 42,51	01:28.08(+72)
44. Alief Jan van der Sluis (PSV, 201003425) 50m 00:41.81 41,81	01:28.68(+71)
45. Dax Muijlaert (SG Octopus - ZVV, 201100535) 50m 00:42.79 42,79	01:30.04
46. Jorick Johannes (HZ&PC Heerenveen, 201000403) 50m 00:42.36 42,36	01:30.16(+64)
47. Amor van der Veen (ZV 44, 201100197) 50m 00:43.04 43,04	01:34.31(+60)
48. Matthijs van Velzen (ZV 44, 201100435) 50m 00:44.17 44,17	01:34.78(+70)
DIS. Gwee Bokma (Zwemlust- den Hommel, 201002259)	00:00.00
33. 100m schoolslag - Heren 14 - 15 jaar (Junioren 3 en 4)	
1. Wytse Broekstra (De Vikings, 200800121) 50m 00:29.88 29,88	01:03.14(+72)
2. Giovanni Phillipson (Team Noord Holland, 200801099) 50m 00:31.28 31,28	01:06.66(+76)
3. Rens van Wijngaarden (ZPC AMERSFOORT, 200800839) 50m 00:32.61 32,61	01:07.59(+82)

4. Job Sportel (De Dinkel, 200800429) 50m 00:31.82 31,82	01:07.80(+73)
5. Youp Stuijzand (ZV 44, 200800521) 50m 00:31.85 31,85	01:07.97(+69)
6. Floris van der Valk (Wiekslag, 200801891) 50m 00:31.69 31,69	01:08.18(+63)
7. Hein Muller (DZ&PC, 200800157) 50m 00:32.31 32,31	01:08.26(+72)
8. Sven Koornstra (De Vikings, 200900189) 50m 00:32.89 32,89	01:08.70(+79)
9. Luca Boorsma (De Dolfijn, 200902031) 50m 00:32.74 32,74	01:08.84(+47)
10. Nout Folkersma (PSV, 200800595) 50m 00:32.67 32,67	01:09.27(+70)
11. Giulian Janssen (PSV, 200900125) 50m 00:32.85 32,85	01:09.67(+62)
12. Liam Diavatopoulos (Aqua-Novio'94, 200802549) 50m 00:32.35 32,35	01:09.76(+72)
13. Rijk Leenders (VZC, 200800627) 50m 00:32.99 32,99	01:09.81(+57)
14. Gijs Koehoorn (HZ&PC Heerenveen, 200800275) 50m 00:32.78 32,78	01:09.87(+68)
15. Ruben Baars (DWK, 200900471) 50m 00:32.78 32,78	01:10.09(+74)
16. Thygo van de Peppel (Blue Marlins, 200901101) 50m 00:32.97 32,97	01:10.31(+70)
17. Filip Piszczynski (KSN (SG), 200802125) 50m 00:33.01 33,01	01:10.33(+65)
18. Jonathan Baaijens (PSV, 200800409) 50m 00:34.14 34,14	01:10.76(+70)
19. Alexander Griston (De Dolfijn, 200803053) 50m 00:33.46 33,46	01:11.36(+72)
20. Cruz de Groot (Team Noord Holland, 200801077) 50m 00:33.06 33,06	01:11.38(+69)
21. Damir Mustafic (DZ&PC, 200800885) 50m 00:32.68 32,68	01:11.46(+67)
22. Fedor Sazonov (PSV, 200900707) 50m 00:33.89 33,89	01:11.74(+79)
23. Feddo Smink (ZPC AMERSFOORT, 200900007) 50m 00:33.65 33,65	01:12.11(+62)
24. Adriaan Coppelmans (AZC, 200903243) 50m 00:34.07 34,07	01:12.64(+65)
25. Lars de Kooter (De Biesboschzwemmers, 200800185) 50m 00:34.27 34,27	01:13.06(+70)
26. Gerjan Berends (ZC Polaris, 200900169) 50m 00:34.09 34,09	01:13.13(+71)
27. Suraj Baladurage (Team Noord Holland, 200801291) 50m 00:33.71 33,71	01:13.29(+59)
28. Dani Yefimov (WS Twente, 200901305)	01:13.36(+70)

	50m 00:34.31 34,31				
29.	Jesse Molegraaf (ZPC AMERSFOORT, 200800887)				01:13.43(+55)
	50m 00:34.17 34,17				
30.	Tristan Fredema (Blue Marlins, 200903699)				01:13.71(+67)
	50m 00:35.59 35,59				
31.	Rein Stoel (ZVL-1886, 200800463)				01:13.89(+74)
	50m 00:34.31 34,31				
32.	Thomas Nauta (Arethusa, 200900339)				01:14.12(+69)
	50m 00:34.35 34,35				
33.	Luuk Knijnenburg (De Columbiaan, 200802291)				01:14.17(+71)
	50m 00:34.90 34,90				
34.	Kobe Verhaegen (Zwemvereniging De Zilvermeeuw, 200802609)				01:14.32(+73)
	50m 00:34.92 34,92				
35.	Koen de Vries (MZ&PC De Reest, 200802379)				01:14.33(+72)
	50m 00:34.66 34,66				
36.	Joris Willemse (Hellas-Glana, 200801745)				01:14.89(+68)
	50m 00:35.48 35,48				
37.	Brian Arturo Bloemsma (De Dolfijn, 200901155)				01:15.45(+67)
	50m 00:35.54 35,54				
38.	Jamie Kenworthy (De Dolfijn, 200800045)				01:18.09(+65)
	50m 00:35.59 35,59				
34.	200m vlinderslag - Dames				
	13 - 14 jaar (Junioren 3 en 4)				
1.	Tess Vonk (De Geul, 200900024)				02:32.12(+67)
	50m 00:32.92 32,92	100m 01:11.22 38,30	150m 01:51.06 39,84		
2.	Erin de Jong (GZC DONK, 201000024)				02:34.74(+92)
	50m 00:33.73 33,73	100m 01:12.77 39,04	150m 01:53.78 41,01		
3.	Elin Brinkhof (De Dolfijn, 200900078)				02:38.81(+73)
	50m 00:32.86 32,86	100m 01:11.28 38,42	150m 01:54.49 43,21		
4.	Gwen Hermans (De Columbiaan, 200900058)				02:49.88
	50m 00:35.31 35,31	100m 01:18.44 43,13	150m 02:04.08 45,64		
35.	400m vrije slag - Heren				
	14 - 15 jaar (Junioren 3 en 4)				
1.	Yarno van Dam (ACZ, 200800115)				04:07.46(+77)
	50m 00:27.62 27,62	150m 01:29.88 31,62	250m 02:33.58 31,87	350m 03:37.22 31,76	
	100m 00:58.26 30,64	200m 02:01.71 31,83	300m 03:05.46 31,88		
2.	Xiaoyu Yin (Blue Marlins, 200803363)				04:07.88(+69)
	50m 00:27.70 27,70	150m 01:30.39 31,92	250m 02:33.16 30,29	350m 03:37.77 32,39	
	100m 00:58.47 30,77	200m 02:02.87 32,48	300m 03:05.38 32,22		
3.	Bas Mostert (VZC, 200800629)				04:09.63(+74)
	50m 00:27.72 27,72	150m 01:29.79 31,70	250m 02:33.94 31,46	350m 03:38.20 32,02	
	100m 00:58.09 30,37	200m 02:02.48 32,69	300m 03:06.18 32,24		
4.	Giovanni Phillipson (Team Noord Holland, 200801099)				04:13.46(+79)
	50m 00:27.37 27,37	150m 01:29.85 31,68	250m 02:34.85 32,50	350m 03:40.77 32,87	
	100m 00:58.17 30,80	200m 02:02.35 32,50	300m 03:07.90 33,05		
5.	Milan Veelders (De Dinkel, 200800279)				04:13.89(+78)
	50m 00:28.01 28,01	150m 01:30.70 31,82	250m 02:35.31 32,63	350m 03:41.39 33,01	
	100m 00:58.88 30,87	200m 02:02.68 31,98	300m 03:08.38 33,07		
6.	Tobian Vos (ZPC AMERSFOORT, 200900005)				04:16.87(+73)
	50m 00:28.42 28,42	150m 01:32.52 32,44	250m 02:38.48 32,86	350m 03:45.10 32,90	
	100m 01:00.08 31,66	200m 02:05.62 33,10	300m 03:12.20 33,72		



7. Sven Koornstra (De Vikings, 200900189)						04:17.09(+79)					
50m	00:30.13	30,13	150m	01:34.68	32,43	250m	02:40.11	32,42	350m	03:45.32	32,87
100m	01:02.25	32,12	200m	02:07.69	33,01	300m	03:12.45	32,34			
8. Diede Veld (HZ&PC Heerenveen, 200800011)						04:17.73(+75)					
50m	00:28.53	28,53	150m	01:32.73	33,12	250m	02:39.49	33,33	350m	03:45.05	32,59
100m	00:59.61	31,08	200m	02:06.16	33,43	300m	03:12.46	32,97			
9. Theodore Allan (PSV, 200902925)						04:19.23(+71)					
50m	00:28.49	28,49	150m	01:32.94	32,70	250m	02:40.85	33,82	350m	03:47.34	32,72
100m	01:00.24	31,75	200m	02:07.03	34,09	300m	03:14.62	33,77			
10. Felix Gepkens (VZC, 200800631)						04:19.86(+73)					
50m	00:29.74	29,74	150m	01:35.69	33,34	250m	02:42.71	32,80	350m	03:47.98	32,23
100m	01:02.35	32,61	200m	02:09.91	34,22	300m	03:15.75	33,04			
11. Bram ter Braak (De Dinkel, 200800281)						04:20.92(+73)					
50m	00:28.04	28,04	150m	01:34.76	34,28	250m	02:42.47	33,45	350m	03:48.47	32,08
100m	01:00.48	32,44	200m	02:09.02	34,26	300m	03:16.39	33,92			
12. Jaydey Schonewille (Steenwijk 1934, 200800025)						04:20.97(+74)					
50m	00:28.79	28,79	150m	01:34.27	33,25	250m	02:41.58	33,73	350m	03:48.33	33,49
100m	01:01.02	32,23	200m	02:07.85	33,58	300m	03:14.84	33,26			
13. Siem de Zeeuw (OZ&PC, 200800013)						04:22.13(+72)					
50m	00:26.94	26,94	150m	01:32.02	33,82	250m	02:40.28	33,89	350m	03:48.59	34,38
100m	00:58.20	31,26	200m	02:06.39	34,37	300m	03:14.21	33,93			
14. Rens Noordover (Team Noord Holland, 200800237)						04:23.18(+72)					
50m	00:28.97	28,97	150m	01:34.13	33,13	250m	02:41.94	33,93	350m	03:49.73	33,79
100m	01:01.00	32,03	200m	02:08.01	33,88	300m	03:15.94	34,00			
15. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)						04:23.23(+73)					
50m	00:28.25	28,25	150m	01:33.39	33,48	250m	02:42.59	34,56	350m	03:50.73	34,38
100m	00:59.91	31,66	200m	02:08.03	34,64	300m	03:16.35	33,76			
16. Tim Boerefijn (WVZ, 200802815)						04:23.35(+76)					
50m	00:28.77	28,77	150m	01:35.59	33,65	250m	02:43.02	33,63	350m	03:50.91	33,83
100m	01:01.94	33,17	200m	02:09.39	33,80	300m	03:17.08	34,06			
17. Martijn Nies (PSV, 200902095)						04:23.80(+88)					
50m	00:30.40	30,40	150m	01:38.31	34,35	250m	02:46.62	34,00	350m	03:50.48	32,71
100m	01:03.96	33,56	200m	02:12.62	34,31	300m	03:17.77	31,15			
18. Wout Serrarens (PSV, 200800261)						04:24.16(+75)					
50m	00:28.50	28,50	150m	01:34.32	33,77	250m	02:42.65	34,05	350m	03:50.95	34,03
100m	01:00.55	32,05	200m	02:08.60	34,28	300m	03:16.92	34,27			
19. Gijs Hartwijk (ZVL-1886, 200800573)						04:25.34(+64)					
50m	00:29.72	29,72	150m	01:35.99	33,42	250m	02:43.33	33,67	350m	03:51.29	34,27
100m	01:02.57	32,85	200m	02:09.66	33,67	300m	03:17.02	33,69			
20. Jelte de Jong (ZPCH, 200900975)						04:25.68(+73)					
50m	00:28.65	28,65	150m	01:33.45	33,04	250m	02:41.79	34,42	350m	03:51.21	34,80
100m	01:00.41	31,76	200m	02:07.37	33,92	300m	03:16.41	34,62			
21. Arjan Boogaard (Deltasteur, 200800093)						04:27.25(+66)					
50m	00:29.07	29,07	150m	01:36.43	34,32	250m	02:45.26	34,65	350m	03:54.33	34,59
100m	01:02.11	33,04	200m	02:10.61	34,18	300m	03:19.74	34,48			
22. Figo van Duuren (ZPCH, 200800391)						04:27.40(+75)					
50m	00:30.31	30,31	150m	01:37.34	33,80	250m	02:45.67	34,24	350m	03:55.22	34,83
100m	01:03.54	33,23	200m	02:11.43	34,09	300m	03:20.39	34,72			
23. Ivo Bot (Wiekslag, 200900509)						04:28.75(+73)					
50m	00:29.07	29,07	150m	01:38.75	35,21	250m	02:48.81	35,21	350m	03:58.07	34,14
100m	01:03.54	34,47	200m	02:13.60	34,85	300m	03:23.93	35,12			
24. Teun van Weeren (WS Twente, 200801145)						04:29.07(+74)					
50m	00:30.38	30,38	150m	01:37.43	33,93	250m	02:45.50	34,22	350m	03:55.24	35,20
100m	01:03.50	33,12	200m	02:11.28	33,85	300m	03:20.04	34,54			

25. Sverre van der Zwaan (WVZ, 200900737)					04:30.54(+74)
50m	00:29.92 29,92	150m 01:37.43 34,24	250m 02:46.64 34,73	350m 03:56.81 35,26	
100m	01:03.19 33,27	200m 02:11.91 34,48	300m 03:21.55 34,91		
26. Mink Hugen (Aqua-Novio'94, 200801391)					04:30.56(+73)
50m	00:29.45 29,45	150m 01:36.01 33,57	250m 02:45.17 34,92	350m 03:55.54 35,02	
100m	01:02.44 32,99	200m 02:10.25 34,24	300m 03:20.52 35,35		
27. Mike Hilders (De Dolfijn, 200900281)					04:30.94(+73)
50m	00:29.94 29,94	150m 01:37.23 34,15	250m 02:46.23 34,56	350m 03:56.23 35,14	
100m	01:03.08 33,14	200m 02:11.67 34,44	300m 03:21.09 34,86		
28. Koen de Vries (MZ&PC De Reest, 200802379)					04:31.99(+77)
50m	00:30.49 30,49	150m 01:37.58 34,21	250m 02:47.48 35,22	350m 03:57.55 34,86	
100m	01:03.37 32,88	200m 02:12.26 34,68	300m 03:22.69 35,21		
29. Finn Hilders (De Dolfijn, 200900283)					04:32.14(+58)
50m	00:29.69 29,69	150m 01:38.95 35,06	250m 02:49.05 34,94	350m 03:58.97 34,75	
100m	01:03.89 34,20	200m 02:14.11 35,16	300m 03:24.22 35,17		
30. Aidan van der Stelt (Blue Marlins, 200900901)					04:34.63(+77)
50m	00:30.17 30,17	150m 01:39.61 35,18	250m 02:50.79 35,48	350m 04:01.94 35,17	
100m	01:04.43 34,26	200m 02:15.31 35,70	300m 03:26.77 35,98		
31. Jesse Molegraaf (ZPC AMERSFOORT, 200800887)					04:35.23(+68)
50m	00:29.65 29,65	150m 01:37.52 35,01	250m 02:46.40 34,43	350m 04:00.40 37,59	
100m	01:02.51 32,86	200m 02:11.97 34,45	300m 03:22.81 36,41		
32. Bjorn Scholten (WS Twente, 200801143)					04:36.25(+83)
50m	00:29.08 29,08	150m 01:37.06 34,39	250m 02:46.78 35,06	350m 04:00.19 36,51	
100m	01:02.67 33,59	200m 02:11.72 34,66	300m 03:23.68 36,90		
33. Sam Leferink (De Dinkel, 200800833)					04:37.27(+74)
50m	00:29.45 29,45	150m 01:38.94 35,39	250m 02:50.68 35,94	350m 04:02.64 35,82	
100m	01:03.55 34,10	200m 02:14.74 35,80	300m 03:26.82 36,14		
34. Tim van de Moosdijk (PSV, 200900187)					04:37.64(+74)
50m	00:29.57 29,57	150m 01:38.66 35,63	250m 02:51.00 35,71	350m 04:02.89 35,79	
100m	01:03.03 33,46	200m 02:15.29 36,63	300m 03:27.10 36,10		
35. Lars de Kooter (De Biesboschzwemmers, 200800185)					04:41.73(+70)
50m	00:30.93 30,93	150m 01:41.10 35,53	250m 02:53.03 36,13	350m 04:05.34 36,01	
100m	01:05.57 34,64	200m 02:16.90 35,80	300m 03:29.33 36,30		
36. 100m rugslag - Dames					
13 - 14 jaar (Junioren 3 en 4)					
1. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)					01:04.87(+62)
50m	00:31.53 31,53				
2. Fay Boxum (DZ&PC, 200900060)					01:04.88(+62)
50m	00:31.17 31,17				
3. Elin Ditewig (VZC, 200900392)					01:05.05(+69)
50m	00:31.49 31,49				
4. Fenna Zusterzeel (PSV, 201000008)					01:05.73(+58)
50m	00:31.94 31,94				
5. Tereza Boom (PSV, 200904028)					01:06.69(+60)
50m	00:32.36 32,36				
6. Nienke Koster (ZPC Hoogeveen, 200900612)					01:06.74(+55)
50m	00:32.14 32,14				
7. Ece Öngören (Blue Marlins, 200903862)					01:07.66(+75)
50m	00:32.81 32,81				
8. Vera de Boer (MZ&PC De Reest, 200900512)					01:08.14(+73)
50m	00:33.36 33,36				
9. Fenna Westerneng (DZ&PC, 200900070)					01:08.19(+76)
50m	00:33.22 33,22				

10. Myrthe Stelten (Hellas-Glana, 200900234) 50m 00:32.80 32,80	01:08.45(+65)
11. Madeleine Bertram (De Dolfijn, 200900516) 50m 00:33.82 33,82	01:09.18(+66)
12. Jenny Muntinga (ZPCH, 200900450) 50m 00:33.88 33,88	01:09.67(+65)
13. Luus Gielens (PSV, 200900138) 50m 00:33.45 33,45	01:09.85(+71)
14. Myla Klaassen (Aqua-Novio'94, 200900110) 50m 00:33.60 33,60	01:09.91(+52)
15. Bregje Dekkers (PSV, 200900746) 50m 00:34.35 34,35	01:10.12(+69)
16. Marjolie Spelde (ZC Borger, 200900266) 50m 00:34.25 34,25	01:10.22(+72)
17. Sofie Kleissen (OZ&PC, 200901134) 50m 00:33.65 33,65	01:10.28(+68)
18. Anne Engbersen (ZPC AMERSFOORT, 201000044) 50m 00:34.11 34,11	01:10.35(+70)
19. Nikki Hofland (MSV-Zeemacht, 200900244) 50m 00:34.11 34,11	01:10.41(+74)
20. Faye Thijsse (WVZ, 201001364) 50m 00:33.99 33,99	01:10.46(+69)
21. Julia Dąbrowska (Blue Marlins, 201000300) 50m 00:34.48 34,48	01:10.64(+81)
22. Maryse Kuijper (DWK, 201000692) 50m 00:34.29 34,29	01:10.89(+77)
23. Kinley Cole (PSV, 200903696) 50m 00:34.71 34,71	01:10.96(+68)
24. Gwen Hermans (De Columbiaan, 200900058) 50m 00:34.97 34,97	01:10.98(+60)
25. Tara Langkamp (Aqua-Novio'94, 200900362) 50m 00:34.21 34,21	01:11.07(+67)
26. Iris Tilburg (Arethusa, 200902662) 50m 00:34.89 34,89	01:11.19(+75)
27. Fleur van den Eijk (Blue Marlins, 200900304) 50m 00:34.67 34,67	01:11.31(+63)
28. Charlotte Landman (ESCA Zwemmen, 200901290) 50m 00:34.41 34,41	01:11.38(+73)
29. Mariia Kostina (Blue Marlins, 201002042) 50m 00:34.01 34,01	01:11.39(+74)
30. Esmé Sportel (Dedemsvaart-AC, 200900682) 50m 00:34.89 34,89	01:11.40(+70)
31. Tessa van Beek (DWK, 201001446) 50m 00:34.79 34,79	01:11.41(+75)
32. Erin de Jong (GZC DONK, 201000024) 50m 00:35.24 35,24	01:11.73(+74)
33. Karlijn van der Schrier (Hieronymus, 200900834) 50m 00:34.14 34,14	01:11.75(+64)

34. Lotte Lübbers (KSN (SG), 200900190) 50m 00:34.74 34,74	01:11.85(+70)
35. Anouk Steller (WVZ, 201000004) 50m 00:34.81 34,81	01:11.92(+63)
36. Milou Geneuglijk (HZ&PC Heerenveen, 200900556) 50m 00:34.59 34,59	01:11.93(+61)
37. Fenne Metten (ZPC AMERSFOORT, 201000102) 50m 00:35.61 35,61	01:11.94(+70)
38. Devenda van der Meer (De Granaet, 200900948) 50m 00:34.06 34,06	01:12.15(+58)
39. Yara van Asselen (De Dolfijn, 200900408) 50m 00:34.69 34,69	01:12.30(+69)
40. Nina van der Schrier (AZC, 201000444) 50m 00:35.23 35,23	01:12.60(+70)
41. Tess van de Steeg (WVZ, 201000016) 50m 00:35.04 35,04	01:12.64(+67)
42. Jayna Wagemakers (Hieronymus, 201000226) 50m 00:34.91 34,91	01:12.90(+66)
43. Senna Rijnbeek (ZPC AMERSFOORT, 200901480) 50m 00:34.73 34,73	01:13.54(+78)
44. Nora Lynn Otten (ZPC Hoogeveen, 200903338) 50m 00:34.95 34,95	01:13.55(+80)
45. Anne van der Kamp (Deltasteur, 200900274) 50m 00:36.09 36,09	01:13.74(+74)
46. Elin Baars (DWK, 201000138) 50m 00:36.00 36,00	01:13.77(+65)
47. Ann Hietbrink (ZPC De Hof, 200902444) 50m 00:35.24 35,24	01:14.13(+77)
48. Anna Strang van Hees (De Duinkickers, 200902566) 50m 00:35.85 35,85	01:14.43(+78)
49. Karlijn Siderius (DWK, 200900032) 50m 00:35.97 35,97	01:14.80(+79)
50. Isis Verhoeff (De Otters Het Gooi, 200902962) 50m 00:35.42 35,42	01:14.86(+68)
51. Chiara Lammertink (ZV 44, 200902200) 50m 00:36.77 36,77	01:17.09(+107)
37. 100m vlinderslag - Heren 14 - 15 jaar (Junioren 3 en 4)	
1. Kaan Sudak (Blue Marlins, 200803733) 50m 00:26.77 26,77	00:57.96(+59)
2. Xiaoyu Yin (Blue Marlins, 200803363) 50m 00:27.51 27,51	00:58.98(+64)
3. Yarno van Dam (ACZ, 200800115) 50m 00:28.13 28,13	01:00.04(+69)
4. Jones Chuang (PSV, 200801173) 50m 00:28.25 28,25	01:00.19(+64)
5. Mattia Maggio (Hellas-Glana, 200903311) 50m 00:27.80 27,80	01:00.27(+64)
6. Wytse Broekstra (De Vikings, 200800121) 50m 00:28.13 28,13	01:00.98(+74)

7. Filip Piszczynski (KSN (SG), 200802125) 50m 00:28.76 28,76	01:01.08(+66)
8. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425) 50m 00:27.76 27,76	01:01.41(+66)
9. Aditya Winterberg (Blue Marlins, 200800953) [S15] 50m 00:27.77 27,77	01:01.43(+64)
10. Felbe van 't Land (ZPC AMERSFOORT, 200900027) 50m 00:28.57 28,57	01:01.80(+73)
11. Feddo Smink (ZPC AMERSFOORT, 200900007) 50m 00:28.17 28,17	01:02.11(+63)
12. Martijn Nies (PSV, 200902095) 50m 00:28.87 28,87	01:02.33(+75)
13. Rian Schoneveld (De Berkelduikers, 200801789) 50m 00:28.57 28,57	01:02.40(+73)
14. Damir Mustafic (DZ&PC, 200800885) 50m 00:28.15 28,15	01:02.41(+74)
15. Bram ter Braak (De Dinkel, 200800281) 50m 00:29.28 29,28	01:02.45(+72)
16. Willem Weustink (Team Noord Holland, 200800109) 50m 00:28.66 28,66	01:02.64(+67)
17. Luca Boorsma (De Dolfijn, 200902031) 50m 00:28.97 28,97	01:02.97(+57)
18. Jamie Kenworthy (De Dolfijn, 200800045) 50m 00:28.85 28,85	01:03.60(+70)
19. Cruz de Groot (Team Noord Holland, 200801077) 50m 00:29.66 29,66	01:04.17(+70)
20. Rein Stoel (ZVL-1886, 200800463) 50m 00:29.32 29,32	01:04.24(+69)
21. Theodore Allan (PSV, 200902925) 50m 00:29.65 29,65	01:04.54(+67)
22. Sascha Timmer (AZC, 200902987) 50m 00:29.61 29,61	01:05.22(+61)
23. Floris van der Valk (Wiekslag, 200801891) 50m 00:30.00 30,00	01:05.62(+66)
24. Alexander Griston (De Dolfijn, 200803053) 50m 00:30.95 30,95	01:05.82(+70)
25. Niek Sonneveld (WVZ, 200802631) 50m 00:31.31 31,31	01:09.11(+69)
38. 200m schoolslag - Dames 11 - 12 jaar (Junioren 1 en 2)	
1. Yill van Bezouw (Hieronymus, 201100704) 50m 00:37.27 37,27 100m 01:20.48 43,21 150m 02:04.65 44,17	02:48.32(+80)
2. Malin Roozeboom (WVZ, 201100006) 50m 00:40.24 40,24 100m 01:25.65 45,41 150m 02:10.57 44,92	02:53.56(+78)
3. Noa van Zalk (ZPC AMERSFOORT, 201102534) 50m 00:39.43 39,43 100m 01:24.73 45,30 150m 02:09.84 45,11	02:53.82(+71)
4. Casharell Kraan (Blue Marlins, 201103426) 50m 00:40.16 40,16 100m 01:25.57 45,41 150m 02:12.38 46,81	02:58.74(+63)
5. Odenza Soselisa (Blue Marlins, 201101780)	03:01.93(+74)

	50m 00:41.42	100m 01:28.20	150m 02:16.02	
6. Elle van Gemeren (DAW, 201100428)	50m 00:42.66	100m 01:29.62	150m 02:17.25	03:01.99(+83)
7. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	50m 00:41.74	100m 01:28.62	150m 02:15.41	03:02.33(+61)
8. Noa Spaans (De Dolfijn, 201100222)	50m 00:42.05	100m 01:29.57	150m 02:17.46	03:02.37(+82)
9. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	50m 00:41.40	100m 01:28.21	150m 02:15.76	03:02.48(+83)
10. Milou Filemon (Blue Marlins, 201100078)	50m 00:41.64	100m 01:28.21	150m 02:15.65	03:02.53(+74)
11. Elin Reinstra (TriVia, 201100842)	50m 00:42.32	100m 01:29.02	150m 02:16.65	03:03.29(+82)
12. Meike van der Klugt (WVZ, 201100808)	50m 00:41.24	100m 01:28.56	150m 02:16.52	03:03.30(+74)
13. Sterre de Veen (Hellas-Glana, 201100086)	50m 00:40.35	100m 01:27.16	150m 02:16.16	03:03.41(+77)
14. Minke Bouman (Blue Marlins, 201100104)	50m 00:41.35	100m 01:29.78	150m 02:18.29	03:05.06(+69)
15. Julia Ketelaars (Hellas-Glana, 201200028)	50m 00:42.10	100m 01:29.45	150m 02:18.31	03:06.07(+71)
16. Chloé in 't Veen (WVZ, 201100010)	50m 00:40.87	100m 01:28.08	150m 02:16.95	03:06.38(+70)
17. Elke Kriesels (Hieronymus, 201100898)	50m 00:42.40	100m 01:30.59	150m 02:19.51	03:06.77(+83)
18. Lola Verheijen (PSV, 201100832)	50m 00:41.93	100m 01:30.79	150m 02:19.98	03:07.13(+78)
19. Morrison Schram (De Schelde, 201100686)	50m 00:43.03	100m 01:31.53	150m 02:21.84	03:07.67(+79)
20. Rozalia Diederiks (ZVL-1886, 201100904)	50m 00:43.74	100m 01:33.18	150m 02:21.57	03:08.03(+82)
21. Sara Creemers (Hellas-Glana, 201100242)	50m 00:42.24	100m 01:30.81	150m 02:20.38	03:08.12(+67)
22. Isabel Amelink (Deltasteur, 201100196)	50m 00:43.45	100m 01:31.60	150m 02:20.16	03:08.27(+83)
23. Esra Simon (Hellas-Glana, 201100004)	50m 00:42.47	100m 01:29.89	150m 02:20.15	03:08.96(+58)
24. Vicky Horens (Hellas-Glana, 201200252)	50m 00:41.39	100m 01:29.58	150m 02:20.52	03:09.14(+61)
25. Alaine Dumont (ZV De Watervogels, 201102140)	50m 00:42.97	100m 01:31.80	150m 02:21.34	03:09.37(+73)
26. Roubin van Kampen (ZPCH, 201200370)	50m 00:43.74	100m 01:32.47	150m 02:21.86	03:09.86(+53)
27. Julia Bannatyne (BZ&PC, 201201020)	50m 00:43.62	100m 01:33.18	150m 02:22.70	03:09.91(+68)
28. Frédérique Nijziel (PSV, 201103114)	50m 00:42.31	100m 01:30.63	150m 02:20.54	03:10.40(+77)
29. Norell Kroeze (ZC Polaris, 201100378)	50m 00:43.30	100m 01:32.72	150m 02:22.42	03:10.85(+84)

30. Mattea Gliese-Slooijer (De Dinkel, 201100008)	50m 00:42.01 42,01	100m 01:30.54 48,53	150m 02:21.66 51,12	03:11.30(+66)
31. Syll Rinsma (Orca, 201200798)	50m 00:43.81 43,81	100m 01:32.59 48,78	150m 02:22.42 49,83	03:11.38(+58)
32. Carlijn Dezutter (Scheldestroom, 201100770)	50m 00:44.78 44,78	100m 01:35.06 50,28	150m 02:24.05 48,99	03:11.71(+81)
33. Annefleur Schraa (SWOL 1894, 201100044)	50m 00:43.79 43,79	100m 01:32.55 48,76	150m 02:22.19 49,64	03:11.74(+81)
34. Nynke Muntinga (ZPCH, 201100060)	50m 00:44.37 44,37	100m 01:33.67 49,30	150m 02:23.92 50,25	03:12.89(+60)
35. Anna Lepoutre (PSV, 201100534)	50m 00:42.45 42,45	100m 01:32.05 49,60	150m 02:22.78 50,73	03:13.00(+73)
36. Esmee Reuver (ZC Polaris, 201100846)	50m 00:44.38 44,38	100m 01:34.00 49,62	150m 02:24.47 50,47	03:13.53(+63)
37. Lise Markes (SBC2000, 201101276)	50m 00:43.78 43,78	100m 01:34.45 50,67	150m 02:25.42 50,97	03:14.59(+86)
38. Fanni Farkas (De Columbiaan, 201100360)	50m 00:45.61 45,61	100m 01:35.99 50,38	150m 02:26.54 50,55	03:14.97(+81)
39. Mette Hogenhuis (Zwemlust- den Hommel, 201101254)	50m 00:43.64 43,64	100m 01:33.75 50,11	150m 02:25.69 51,94	03:16.21(+92)
40. Juno Toornend (Team Noord Holland, 201101718)	50m 00:44.68 44,68	100m 01:34.20 49,52	150m 02:25.42 51,22	03:17.23(+86)
41. Emma van den Berg (V.Z.V. Njord, 201100830)	50m 00:44.71 44,71	100m 01:36.62 51,91	150m 02:29.20 52,58	03:21.14(+102)
42. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	50m 00:45.40 45,40	100m 01:36.96 51,56	150m 02:29.86 52,90	03:21.93(+87)
43. Charlie Klaver (De Dolfijn, 201102094)	50m 00:45.83 45,83	100m 01:38.30 52,47	150m 02:31.73 53,43	03:22.52(+58)
44. Melody Paulussen (De Dolfijn, 201101106)	50m 00:46.90 46,90	100m 01:38.85 51,95	150m 02:31.36 52,51	03:22.80(+76)
45. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)	50m 00:46.01 46,01	100m 01:38.26 52,25	150m 02:31.30 53,04	03:24.40(+78)
46. Alissa Rooijackers (Z&PV Nuenen, 201101892)	50m 00:46.43 46,43	100m 01:39.37 52,94	150m 02:33.83 54,46	03:27.85(+73)
47. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)	50m 00:47.54 47,54	100m 01:42.95 55,41	150m 02:39.10 56,15	03:31.94(+53)
48. Simone Brobbel (ZPC Numansdorp, 201200058)	50m 00:47.06 47,06	100m 01:41.64 54,58	150m 02:37.61 55,97	03:32.49(+75)
49. Eva ter Horst (ZPC Hoogeveen, 201200070)	50m 00:50.30 50,30	100m 01:45.64 55,34	150m 02:39.89 54,25	03:32.67(+83)
50. Amila Mustafic (DZ&PC, 201200026)	50m 00:48.59 48,59	100m 01:46.23 57,64	150m 02:46.63 60,40	03:45.10(+80)
39. 200m schoolslag - Dames				
13 - 14 jaar (Junioren 3 en 4)				
1. Robine Moot (ZPC AMERSFOORT, 200900330)	50m 00:36.30 36,30	100m 01:16.20 39,90	150m 01:56.70 40,50	02:37.63(+78)
2. Paula Spans (ZV 44, 201000064)	50m 00:35.80 35,80	100m 01:15.98 40,18	150m 01:57.66 41,68	02:39.05(+79)
3. Tess Vonk (De Geul, 200900024)	50m 00:37.83 37,83	100m 01:19.88 42,05	150m 02:01.46 41,58	02:43.26(+66)

4. Fay Boxum (DZ&PC, 200900060)	50m 00:37.40 37,40	100m 01:19.96 42,56	150m 02:02.06 42,10	02:43.88(+85)
5. Marre van der Wal (ZV 44, 201000046)	50m 00:37.74 37,74	100m 01:19.72 41,98	150m 02:02.05 42,33	02:44.33(+72)
6. Mijke Ouderkerken (Blue Marlins, 200901254)	50m 00:37.38 37,38	100m 01:19.86 42,48	150m 02:03.45 43,59	02:47.29(+78)
7. Myrthe Stelten (Hellas-Glana, 200900234)	50m 00:37.76 37,76	100m 01:20.89 43,13	150m 02:05.27 44,38	02:49.33(+75)
8. Linou van Kampen (ZPCH, 201000594)	50m 00:39.25 39,25	100m 01:23.30 44,05	150m 02:06.80 43,50	02:49.72(+71)
9. Suuz Griekspoor (Noordwijkerhout, 200901204)	50m 00:37.64 37,64	100m 01:20.36 42,72	150m 02:05.27 44,91	02:49.75(+74)
10. Eva Ehlert (GZC DONK, 201002026)	50m 00:37.18 37,18	100m 01:19.78 42,60	150m 02:04.74 44,96	02:49.76(+60)
11. Amber Kunst (DAW, 200900680)	50m 00:37.64 37,64	100m 01:21.19 43,55	150m 02:05.87 44,68	02:49.77(+67)
12. Carla Moreno Palacios (De Dolfijn, 201002302)	50m 00:36.93 36,93	100m 01:20.98 44,05	150m 02:06.10 45,12	02:50.54(+73)
13. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)	50m 00:38.13 38,13	100m 01:21.37 43,24	150m 02:06.80 45,43	02:51.61(+86)
14. Annelie Batenburg (PSV, 201001962)	50m 00:39.02 39,02	100m 01:22.19 43,17	150m 02:07.48 45,29	02:53.02(+75)
15. Michelle van Hemert (PSV, 200901200)	50m 00:37.06 37,06	100m 01:21.21 44,15	150m 02:07.68 46,47	02:53.05(+80)
16. Sanne Mulder (WVZ, 200900280)	50m 00:39.08 39,08	100m 01:23.83 44,75	150m 02:09.11 45,28	02:53.37(+70)
17. Rixt Rothschild (ZC Borger, 200900026)	50m 00:39.24 39,24	100m 01:23.57 44,33	150m 02:08.74 45,17	02:53.38(+69)
18. Tess van de Steeg (WVZ, 201000016)	50m 00:38.91 38,91	100m 01:22.98 44,07	150m 02:08.06 45,08	02:53.78(+80)
19. Wieke Dekker (De Dolfijn, 201002020)	50m 00:38.82 38,82	100m 01:23.41 44,59	150m 02:08.52 45,11	02:53.85(+77)
20. Kyana de Vries (ZWK Merlet, 200901260)	50m 00:37.96 37,96	100m 01:21.44 43,48	150m 02:07.56 46,12	02:55.26(+85)
21. Jayna Wagemakers (Hieronymus, 201000226)	50m 00:38.12 38,12	100m 01:22.64 44,52	150m 02:08.85 46,21	02:56.06(+63)
22. Jasmijn Schoonen (Wiekslag, 200901196)	50m 00:38.58 38,58	100m 01:23.69 45,11	150m 02:10.26 46,57	02:56.78(+76)
23. Daphne Westra (De Granaet, 200900344)	50m 00:39.44 39,44	100m 01:24.01 44,57	150m 02:10.22 46,21	02:57.08(+74)
24. Anna Strang van Hees (De Duinkickers, 200902566)	50m 00:39.75 39,75	100m 01:25.07 45,32	150m 02:11.78 46,71	02:58.05(+99)
25. Esmaé de Gans (ZPC AMERSFOORT, 200900134)	50m 00:39.60 39,60	100m 01:25.14 45,54	150m 02:12.92 47,78	02:59.97(+84)
26. Eva Leuverman (DAW, 200901216)	50m 00:39.90 39,90	100m 01:25.34 45,44	150m 02:13.30 47,96	03:01.23(+74)
27. Anne Engbersen (ZPC AMERSFOORT, 201000044)	50m 00:39.57 39,57	100m 01:25.04 45,47	150m 02:12.83 47,79	03:01.86(+78)



## 40. 200m vrije slag - Heren

12 - 13 jaar (Junioren 1 en 2)

1. Mathijs de Wit (KSN (SG), 201001215)	02:08.53(+73)
50m 00:30.16 30,16 100m 01:03.00 32,84 150m 01:36.88 33,88	
2. Ramon Vos (ZPC Hoogeveen, 201100051)	02:08.97(+70)
50m 00:29.45 29,45 100m 01:02.58 33,13 150m 01:36.48 33,90	
3. Abel op den Velde (De Duinkickers, 201000079)	02:11.89(+77)
50m 00:30.06 30,06 100m 01:03.66 33,60 150m 01:38.76 35,10	
4. Alief Jan van der Sluis (PSV, 201003425)	02:11.91(+69)
50m 00:29.31 29,31 100m 01:02.24 32,93 150m 01:38.27 36,03	
5. Myron Artemenko (Niemo Barracuda, 201003021)	02:12.23(+68)
50m 00:30.23 30,23 100m 01:04.41 34,18 150m 01:38.88 34,47	
6. Evren Ege Orcunus (De Dolfijn, 201003253)	02:12.47(+66)
50m 00:30.76 30,76 100m 01:04.08 33,32 150m 01:38.37 34,29	
7. Gwee Bokma (Zwemlust- den Hommel, 201002259)	02:12.96(+81)
50m 00:30.01 30,01 100m 01:03.78 33,77 150m 01:38.43 34,65	
8. Ruben Kragt (ZV 44, 201000007)	02:13.21(+66)
50m 00:29.89 29,89 100m 01:03.27 33,38 150m 01:38.76 35,49	
9. Mathieu Gepkens (VZC, 201000045)	02:13.42(+75)
50m 00:31.12 31,12 100m 01:05.33 34,21 150m 01:40.04 34,71	
10. Sven Casper Hageman (Steenwijk 1934, 201000009)	02:13.52(+64)
50m 00:29.78 29,78 100m 01:03.50 33,72 150m 01:39.10 35,60	
11. Thijmen Pruijssers (Hieronymus, 201000129)	02:13.71
50m 00:30.90 30,90 100m 01:04.92 34,02 150m 01:39.89 34,97	
12. Mauro Bedeke (DAW, 201000537)	02:13.78(+61)
50m 00:30.64 30,64 100m 01:05.17 34,53 150m 01:40.10 34,93	
13. Bink Elgersma (Zwemlust- den Hommel, 201000137)	02:14.44(+77)
50m 00:29.64 29,64 100m 01:03.23 33,59 150m 01:39.34 36,11	
14. Joey Snabel (ZPC AMERSFOORT, 201002847)	02:14.97(+70)
50m 00:30.56 30,56 100m 01:05.48 34,92 150m 01:41.11 35,63	
15. Oleksandr Hordiienko (ZV De Aalscholver, 201003061)	02:15.50(+76)
50m 00:31.07 31,07 100m 01:05.94 34,87 150m 01:41.73 35,79	
16. Baris Tomu (ZPCH, 201000869)	02:15.63(+57)
50m 00:30.98 30,98 100m 01:05.18 34,20 150m 01:41.01 35,83	
17. Kris Westerhout (ZZ&PC De Devel, 201000883)	02:16.19(+64)
50m 00:29.87 29,87 100m 01:04.47 34,60 150m 01:40.35 35,88	
18. Nick Vodde (AZ&PC De Futen, 201002211)	02:16.33(+74)
50m 00:30.39 30,39 100m 01:04.61 34,22 150m 01:40.81 36,20	
19. Mattias Stolk (HZ&PC Heerenveen, 201000525)	02:17.44(+59)
50m 00:31.74 31,74 100m 01:06.74 35,00 150m 01:42.28 35,54	
20. Mathijs Boersma (ZPC Hoogeveen, 201000313)	02:17.86(+78)
50m 00:31.80 31,80 100m 01:06.90 35,10 150m 01:42.58 35,68	
21. Eli Shields (Niemo Barracuda, 201000407)	02:17.97(+72)
50m 00:30.90 30,90 100m 01:05.88 34,98 150m 01:42.37 36,49	
22. Dax van den Nouland (Blue Marlins, 201000071)	02:18.07(+75)
50m 00:31.84 31,84 100m 01:07.16 35,32 150m 01:43.06 35,90	
23. Tycho Wienbelt (De Vikings, 201001397)	02:18.42(+77)
50m 00:32.49 32,49 100m 01:07.65 35,16 150m 01:42.85 35,20	
24. Duco de Gelder (Blue Marlins, 201000217)	02:18.62(+74)
50m 00:31.47 31,47 100m 01:06.82 35,35 150m 01:43.23 36,41	

25. Girish Nolden (Blue Marlins, 201000087)				02:18.90(+74)
50m 00:31.88 31,88	100m 01:07.34 35,46	150m 01:44.11 36,77		
26. Sven Potappel (DWK, 201000127)				02:19.60(+70)
50m 00:32.22 32,22	100m 01:08.19 35,97	150m 01:44.23 36,04		
27. Matthijs van Velzen (ZV 44, 201100435)				02:19.71(+51)
50m 00:30.48 30,48	100m 01:05.72 35,24	150m 01:43.11 37,39		
28. Finn Wensveen (Zv de Ham, 201000811)				02:19.75(+91)
50m 00:32.93 32,93	100m 01:08.26 35,33	150m 01:44.33 36,07		
29. Thijs Jonkman (De Duck, 201000481)				02:20.44(+69)
50m 00:32.61 32,61	100m 01:08.13 35,52	150m 01:44.44 36,31		
30. Jorick Johannes (HZ&PC Heerenveen, 201000403)				02:21.42(+51)
50m 00:32.15 32,15	100m 01:07.92 35,77	150m 01:45.06 37,14		
31. Kasper Lubbers (Orca, 201100025)				02:21.47(+63)
50m 00:33.11 33,11	100m 01:09.47 36,36	150m 01:46.21 36,74		
32. Mees Janssen (DSZ, 201102025)				02:21.49(+58)
50m 00:31.15 31,15	100m 01:06.90 35,75	150m 01:44.09 37,19		
33. Melle Pittie (Zwemclub Eijdsen, 201000179)				02:21.54(+78)
50m 00:33.77 33,77	100m 01:11.45 37,68	150m 01:48.88 37,43		
34. Tygo van de Wal (DWK, 201001329)				02:21.76(+72)
50m 00:32.89 32,89	100m 01:09.31 36,42	150m 01:46.54 37,23		
35. Stijn Dijkstra (DZ&PC, 201000279)				02:22.01(+61)
50m 00:32.97 32,97	100m 01:09.20 36,23	150m 01:46.06 36,86		
36. Nordin Vermeer (DWK, 201000227)				02:22.86(+72)
50m 00:32.08 32,08	100m 01:09.27 37,19	150m 01:46.93 37,66		
37. Franzi Ziegler (DAW, 201100891)				02:23.12(+68)
50m 00:33.24 33,24	100m 01:10.76 37,52	150m 01:48.53 37,77		
38. Thijn Runia (DZT'62, 201000895)				02:24.44(+70)
50m 00:33.19 33,19	100m 01:11.14 37,95	150m 01:50.35 39,21		
39. Cayden Malone (De Dolfijn, 201002195)				02:24.71(+74)
50m 00:33.33 33,33	100m 01:10.76 37,43	150m 01:49.95 39,19		
40. Yorre van der Wal (ZV 44, 201000017)				02:24.76(+63)
50m 00:32.64 32,64	100m 01:09.46 36,82	150m 01:47.83 38,37		
41. Dax Muijlaert (SG Octopus - ZVV, 201100535)				02:25.28(+57)
50m 00:32.70 32,70	100m 01:09.90 37,20	150m 01:48.38 38,48		
42. Vince van Dam (ACZ, 201000405)				02:25.85(+66)
50m 00:32.89 32,89	100m 01:09.50 36,61	150m 01:47.49 37,99		
43. Nathan Magava (De Dolfijn, 201003067)				02:26.55(+77)
50m 00:33.48 33,48	100m 01:09.97 36,49	150m 01:48.35 38,38		
44. Joep Lindhout (Niemo Barracuda, 201100873)				02:27.56(+71)
50m 00:34.54 34,54	100m 01:12.70 38,16	150m 01:51.26 38,56		
45. Kick Germers (SWOL 1894, 201000185)				02:27.60(+60)
50m 00:34.12 34,12	100m 01:11.72 37,60	150m 01:50.16 38,44		
46. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)				02:28.09(+72)
50m 00:33.64 33,64	100m 01:11.27 37,63	150m 01:50.18 38,91		
47. Amor van der Veen (ZV 44, 201100197)				02:29.74(+70)
50m 00:33.48 33,48	100m 01:11.95 38,47	150m 01:51.49 39,54		
48. Luca Monster (ZPC Numansdorp, 201100343)				02:29.92(+65)
50m 00:34.55 34,55	100m 01:13.72 39,17	150m 01:52.62 38,90		
49. Nils Bellert (SG Octopus - ZVV, 201100347)				02:30.41(+78)

50m 00:34.32 34,32 100m 01:13.22 38,90 150m 01:52.91 39,69

31. 100m vrije slag - Dames

13 - 14 jaar (Junioren 3 en 4)

1. Flo Streep (DAW, 200900676) 01:00.97(+73)  
50m 00:29.13 29,13
2. Ilse Wiltjer (DZ&PC, 200900868) 01:01.24(+77)  
50m 00:29.48 29,48

Nummer: 5 - zondag 10 december 2023 om 15:00u (25 m)

Aanvangstijd juryvergadering: 14:00u

31. 100m vrije slag - Dames

13 - 14 jaar (Junioren 3 en 4)

1. Juliette Woltjes (VZC, 200900774) 00:57.57(+80)  
50m 00:27.62 27,62
2. Fay Boxum (DZ&PC, 200900060) 00:58.24(+77)  
50m 00:27.84 27,84
3. Fenna Westerneng (DZ&PC, 200900070) 00:59.30(+71)  
50m 00:28.74 28,74
4. Kinley Cole (PSV, 200903696) 00:59.59(+70)  
50m 00:28.27 28,27
5. Madeleine Bertram (De Dolfijn, 200900516) 00:59.82(+72)  
50m 00:28.93 28,93
6. Anne Engbersen (ZPC AMERSFOORT, 201000044) 01:00.09(+74)  
50m 00:28.81 28,81
7. Fenna Zusterzeel (PSV, 201000008) 01:00.26(+71)  
50m 00:28.89 28,89
8. Carla Moreno Palacios (De Dolfijn, 201002302) 01:00.41(+74)  
50m 00:29.25 29,25
9. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224) 01:00.47(+66)  
50m 00:29.21 29,21
10. Lotte Lübbers (KSN (SG), 200900190) 01:00.95(+60)  
50m 00:29.16 29,16
- . Flo Streep (DAW, 200900676)
- . Myla Klaassen (Aqua-Novio'94, 200900110)

33. 100m schoolslag - Heren

14 - 15 jaar (Junioren 3 en 4)

1. Wytse Broekstra (De Vikings, 200800121) 01:02.07(+72)  
50m 00:29.18 29,18
2. Giovanni Phillipson (Team Noord Holland, 200801099) 01:05.48(+76)  
50m 00:30.70 30,70
3. Rens van Wijngaarden (ZPC AMERSFOORT, 200800839) 01:06.82(+72)  
50m 00:31.59 31,59
4. Hein Muller (DZ&PC, 200800157) 01:07.05(+73)  
50m 00:31.71 31,71
5. Job Sportel (De Dinkel, 200800429) 01:07.20(+70)  
50m 00:31.66 31,66
6. Sven Koornstra (De Vikings, 200900189) 01:07.41(+79)  
50m 00:32.34 32,34
7. Youp Stuifzand (ZV 44, 200800521) 01:07.62(+66)

50m 00:32.05 32,05

8. Floris van der Valk (Wiekslag, 200801891)	01:07.82(+62)
50m 00:31.59 31,59	
9. Luca Boorsma (De Dolfijn, 200902031)	01:08.86(+59)
50m 00:32.62 32,62	
10. Nout Folkersma (PSV, 200800595)	01:09.97(+69)
50m 00:32.56 32,56	
. Liam Diavatopoulos (Aqua-Novio'94, 200802549)	
. Giulian Janssen (PSV, 200900125)	
41. 100m rugslag - Dames	
11 - 12 jaar (Junioren 1 en 2)	
1. Malin Roozeboom (WVZ, 201100006)	01:05.04(+74)
50m 00:32.30 32,30	
2. Frédérique Nijziel (PSV, 201103114)	01:08.92(+66)
50m 00:33.01 33,01	
3. Elin Reinstra (TriVia, 201100842)	01:10.32(+71)
50m 00:34.06 34,06	
4. Yill van Bezouw (Hieronymus, 201100704)	01:10.39(+71)
50m 00:34.03 34,03	
5. Mattea Gliese-Sloojer (De Dinkel, 201100008)	01:13.61(+76)
50m 00:35.48 35,48	
6. Casharell Kraan (Blue Marlins, 201103426)	01:13.88(+76)
50m 00:36.16 36,16	
7. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	01:13.90(+76)
50m 00:36.43 36,43	
8. Simone Brobbel (ZPC Numansdorp, 201200058)	01:14.02(+79)
50m 00:35.79 35,79	
9. Elke Kriesels (Hieronymus, 201100898)	01:14.08(+62)
50m 00:35.72 35,72	
10. Odenza Soselisa (Blue Marlins, 201101780)	01:14.13(+76)
50m 00:36.50 36,50	
11. Noa van Zalk (ZPC AMERSFOORT, 201102534)	01:14.51(+66)
50m 00:36.36 36,36	
12. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	01:14.70(+70)
50m 00:36.22 36,22	
13. Noa Spaans (De Dolfijn, 201100222)	01:14.78(+70)
50m 00:36.80 36,80	
14. Amila Mustafic (DZ&PC, 201200026)	01:14.80(+65)
50m 00:36.18 36,18	
15. Lola Verheijen (PSV, 201100832)	01:15.03(+82)
50m 00:36.85 36,85	
16. Mette Hogenhuis (Zwemlust- den Hommel, 201101254)	01:15.94(+85)
50m 00:36.70 36,70	
17. Milou Filemon (Blue Marlins, 201100078)	01:16.12(+74)
50m 00:37.14 37,14	
18. Annefleur Schraa (SWOL 1894, 201100044)	01:16.16(+67)
50m 00:37.73 37,73	
19. Sterre de Veen (Hellas-Glana, 201100086)	01:16.33(+74)
50m 00:37.22 37,22	

20. Alaine Dumont (ZV De Watervogels, 201102140) 50m 00:37.46 37,46	01:16.57(+59)
21. Chloé in 't Veen (WVZ, 201100010) 50m 00:37.22 37,22	01:16.65(+59)
22. Rozalia Diederiks (ZVL-1886, 201100904) 50m 00:37.90 37,90	01:16.72(+74)
23. Anna Lepoutre (PSV, 201100534) 50m 00:37.89 37,89	01:16.79(+72)
24. Fanni Farkas (De Columbiaan, 201100360) 50m 00:37.43 37,43	01:17.08(+79)
25. Melody Paulussen (De Dolfijn, 201101106) 50m 00:37.75 37,75	01:17.16(+71)
26. Esmee Reuver (ZC Polaris, 201100846) 50m 00:37.53 37,53	01:17.20(+70)
27. Julia Ketelaars (Hellas-Glana, 201200028) 50m 00:37.31 37,31	01:17.21(+56)
28. Brechtje Slootweg (ZPC AMERSFOORT, 201101744) 50m 00:37.22 37,22	01:17.49(+70)
29. Eva ter Horst (ZPC Hoogeveen, 201200070) 50m 00:37.61 37,61	01:17.51(+70)
30. Emy Meuleners (SG Patrick - De Roersoppers, 201200012) 50m 00:36.94 36,94	01:17.57(+73)
31. Lobke Hempenius (HZ&PC Heerenveen, 201100522) 50m 00:38.45 38,45	01:18.19(+81)
32. Julia Bannatyne (BZ&PC, 201201020) 50m 00:37.60 37,60	01:18.31(+75)
33. Alissa Rooijackers (Z&PV Nuenen, 201101892) 50m 00:37.81 37,81	01:18.32(+68)
34. Sara Creemers (Hellas-Glana, 201100242) 50m 00:39.08 39,08	01:18.78(+75)
35. Esra Simon (Hellas-Glana, 201100004) 50m 00:38.82 38,82	01:19.16(+68)
36. Meike van der Klugt (WVZ, 201100808) 50m 00:38.59 38,59	01:19.17(+70)
37. Vicky Horens (Hellas-Glana, 201200252) 50m 00:39.11 39,11	01:19.85(+60)
38. Isabel Amelink (Deltasteur, 201100196) 50m 00:38.53 38,53	01:20.04(+80)
39. Elle van Gemeren (DAW, 201100428) 50m 00:39.44 39,44	01:20.13(+78)
40. Lise Markes (SBC2000, 201101276) 50m 00:38.95 38,95	01:20.20(+70)
41. Juno Toornend (Team Noord Holland, 201101718) 50m 00:39.92 39,92	01:20.52(+78)
42. Norell Kroeze (ZC Polaris, 201100378) 50m 00:39.50 39,50	01:21.11(+73)
43. Minke Bouman (Blue Marlins, 201100104) 50m 00:40.21 40,21	01:21.18(+91)
44. Morrison Schram (De Schelde, 201100686)	01:21.89(+62)

	50m 00:39.72 39,72	
45. Emma van den Berg (V.Z.V. Njord, 201100830)	50m 00:40.77 40,77	01:22.51(+86)
46. Nynke Muntinga (ZPCH, 201100060)	50m 00:39.50 39,50	01:23.24(+77)
47. Syll Rinsma (Orca, 201200798)	50m 00:39.52 39,52	01:23.87(+69)
48. Charlie Klaver (De Dolfijn, 201102094)	50m 00:42.85 42,85	01:28.01(+83)
49. Roubin van Kampen (ZPCH, 201200370)	50m 00:43.80 43,80	01:28.84(+76)
DIS. Carlijn Dezutter (Scheldestroom, 201100770)		00:00.00
42. 100m vlinderslag - Heren 12 - 13 jaar (Junioren 1 en 2)		
1. Nick Vodde (AZ&PC De Futen, 201002211)	50m 00:29.05 29,05	01:03.59(+72)
2. Evren Ege Orcunus (De Dolfijn, 201003253)	50m 00:31.25 31,25	01:05.49(+62)
3. Myron Artemenko (Niemo Barracuda, 201003021)	50m 00:31.26 31,26	01:06.74(+66)
4. Thijn Runia (DZT'62, 201000895)	50m 00:31.30 31,30	01:07.33(+65)
5. Ruben Kragt (ZV 44, 201000007)	50m 00:31.13 31,13	01:07.79(+63)
6. Girish Nolden (Blue Marlins, 201000087)	50m 00:32.28 32,28	01:08.56(+60)
7. Sven Potappel (DWK, 201000127)	50m 00:31.80 31,80	01:08.75(+50)
8. Franzi Ziegler (DAW, 201100891)	50m 00:32.67 32,67	01:09.82(+68)
9. Thijmen Pruijssers (Hieronymus, 201000129)	50m 00:32.21 32,21	01:10.12(+68)
10. Gwee Bokma (Zwemlust- den Hommel, 201002259)	50m 00:32.00 32,00	01:10.19(+81)
11. Alief Jan van der Sluis (PSV, 201003425)	50m 00:33.24 33,24	01:11.53(+69)
12. Matthijs van Velzen (ZV 44, 201100435)	50m 00:32.52 32,52	01:11.63(+68)
13. Mathijs de Wit (KSN (SG), 201001215)	50m 00:33.58 33,58	01:11.64(+74)
14. Mauro Bedeke (DAW, 201000537)	50m 00:32.88 32,88	01:12.18(+62)
15. Nathan Magava (De Dolfijn, 201003067)	50m 00:33.12 33,12	01:13.36(+66)
15. Nils Bellert (SG Octopus - ZVV, 201100347)	50m 00:34.24 34,24	01:13.36(+76)
17. Sven Casper Hageman (Steenwijk 1934, 201000009)	50m 00:34.16 34,16	01:13.43(+69)
18. Abel op den Velde (De Duinkickers, 201000079)		01:13.56(+78)

50m 00:33.93 33,93

19. Dax van den Nouland (Blue Marlins, 201000071) 01:13.83(+65)  
50m 00:34.60 34,60
20. Duco de Gelder (Blue Marlins, 201000217) 01:14.00(+70)  
50m 00:32.96 32,96
21. Kasper Lubbers (Orca, 201100025) 01:14.40(+61)  
50m 00:34.44 34,44
22. Thijs Jonkman (De Duck, 201000481) 01:14.49(+73)  
50m 00:34.13 34,13
23. Oleksandr Hordiienko (ZV De Aalscholver, 201003061) 01:15.54(+75)  
50m 00:35.13 35,13
24. Bink Elgersma (Zwemlust- den Hommel, 201000137) 01:15.76(+79)  
50m 00:34.56 34,56
25. Mathieu Gepkens (VZC, 201000045) 01:16.05(+76)  
50m 00:34.48 34,48
26. Tycho Wienbelt (De Vikings, 201001397) 01:16.07(+81)  
50m 00:35.24 35,24
27. Kick Germers (SWOL 1894, 201000185) 01:16.64(+70)  
50m 00:34.94 34,94
28. Kris Westerhout (ZZ&PC De Devel, 201000883) 01:17.45(+63)  
50m 00:34.61 34,61
29. Vince van Dam (ACZ, 201000405) 01:17.57(+64)  
50m 00:34.59 34,59
30. Ramon Vos (ZPC Hoogeveen, 201100051) 01:17.94(+79)  
50m 00:35.32 35,32
31. Dax Muijlaert (SG Octopus - ZVV, 201100535) 01:18.52(+72)  
50m 00:36.73 36,73
32. Cayden Malone (De Dolfijn, 201002195) 01:18.72(+72)  
50m 00:35.99 35,99
33. Jorick Johannes (HZ&PC Heerenveen, 201000403) 01:19.03(+49)  
50m 00:36.09 36,09
34. Melle Pittie (Zwemclub Eijdsen, 201000179) 01:19.39(+76)  
50m 00:35.50 35,50
35. Stijn Dijkstra (DZ&PC, 201000279) 01:19.79(+56)  
50m 00:37.13 37,13
36. Baris Tomu (ZPCH, 201000869) 01:20.25(+64)  
50m 00:37.02 37,02
37. Tygo van de Wal (DWK, 201001329) 01:20.34(+72)  
50m 00:36.60 36,60
38. Milan Schuilenburg (ZPC AMERSFOORT, 201000935) 01:20.45(+73)  
50m 00:36.60 36,60
39. Joep Lindhout (Niemo Barracuda, 201100873) 01:20.72(+76)  
50m 00:37.99 37,99
40. Joey Snabel (ZPC AMERSFOORT, 201002847) 01:20.82(+76)  
50m 00:36.06 36,06
41. Mees Janssen (DSZ, 201102025) 01:22.10(+66)  
50m 00:36.56 36,56
42. Amor van der Veen (ZV 44, 201100197) 01:22.29(+69)  
50m 00:37.64 37,64

43. Luca Monster (ZPC Numansdorp, 201100343) 50m 00:35.71 35,71	01:22.76(+65)
44. Finn Wensveen (Zv de Ham, 201000811) 50m 00:40.62 40,62	01:25.36(+88)
45. Yorre van der Wal (ZV 44, 201000017) 50m 00:40.28 40,28	01:26.57(+68)
46. Mattias Stolk (HZ&PC Heerenveen, 201000525) 50m 00:40.74 40,74	01:26.78(+75)
47. Nordin Vermeer (DWK, 201000227) 50m 00:38.94 38,94	01:27.97(+69)
48. Mathijs Boersma (ZPC Hoogeveen, 201000313) 50m 00:41.48 41,48	01:29.54(+71)
DIS. Eli Shields (Niemo Barracuda, 201000407)	00:00.00(+63)
36. 100m rugslag - Dames 13 - 14 jaar (Junioren 3 en 4)	
1. Fay Boxum (DZ&PC, 200900060) 50m 00:30.65 30,65	01:03.61(+61)
2. Elin Ditewig (VZC, 200900392) 50m 00:30.87 30,87	01:03.71(+67)
3. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224) 50m 00:30.93 30,93	01:03.72(+59)
4. Tereza Boom (PSV, 200904028) 50m 00:31.55 31,55	01:05.65(+56)
5. Fenna Zusterzeel (PSV, 201000008) 50m 00:31.99 31,99	01:05.98(+57)
6. Nienke Koster (ZPC Hoogeveen, 200900612) 50m 00:32.05 32,05	01:06.54(+56)
7. Ece Öngören (Blue Marlins, 200903862) 50m 00:32.57 32,57	01:07.20(+69)
8. Vera de Boer (MZ&PC De Reest, 200900512) 50m 00:32.85 32,85	01:07.57(+72)
9. Myrthe Stelten (Hellas-Glana, 200900234) 50m 00:32.82 32,82	01:08.22(+68)
10. Fenna Westerneng (DZ&PC, 200900070) 50m 00:34.02 34,02	01:10.00(+80)
. Madeleine Bertram (De Dolfijn, 200900516)	
. Jenny Muntinga (ZPCH, 200900450)	
37. 100m vlinderslag - Heren 14 - 15 jaar (Junioren 3 en 4)	
1. Kaan Sudak (Blue Marlins, 200803733) 50m 00:26.02 26,02	00:56.21(+63)
2. Xiaoyu Yin (Blue Marlins, 200803363) 50m 00:26.33 26,33	00:56.58(+68)
3. Jones Chuang (PSV, 200801173) 50m 00:27.01 27,01	00:57.88(+60)
4. Yarno van Dam (ACZ, 200800115) 50m 00:27.24 27,24	00:58.49(+68)
5. Mattia Maggio (Hellas-Glana, 200903311) 50m 00:27.70 27,70	00:59.90(+61)



6. Filip Piszczynski (KSN (SG), 200802125) 50m 00:28.04 28,04	01:00.62(+62)
7. Feddo Smink (ZPC AMERSFOORT, 200900007) 50m 00:28.15 28,15	01:01.40(+66)
8. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425) 50m 00:27.70 27,70	01:01.41(+71)
9. Felbe van 't Land (ZPC AMERSFOORT, 200900027) 50m 00:27.47 27,47	01:01.47(+72)
10. Aditya Winterberg (Blue Marlins, 200800953) [S15] 50m 00:28.26 28,26	01:01.77(+69)
. Rian Schoneveld (De Berkelduikers, 200801789)	
. Martijn Nies (PSV, 200902095)	
43. 50m vrije slag - Dames 13 - 14 jaar (Junioren 3 en 4)	
1. Fay Boxum (DZ&PC, 200900060)	00:26.96(+72)
2. Anne Engbersen (ZPC AMERSFOORT, 201000044)	00:27.02(+69)
3. Juliëtte Woltjes (VZC, 200900774)	00:27.05(+78)
4. Kinley Cole (PSV, 200903696)	00:27.45(+69)
5. Elin Ditewig (VZC, 200900392)	00:27.48(+74)
6. Myla Klaassen (Aqua-Novio'94, 200900110)	00:27.67(+62)
7. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	00:27.78(+78)
8. Ilse Wiltjer (DZ&PC, 200900868)	00:27.93(+77)
9. Carla Moreno Palacios (De Dolfijn, 201002302)	00:27.94(+73)
10. Maryse Kuijper (DWK, 201000692)	00:28.04(+79)
11. Flo Streep (DAW, 200900676)	00:28.16(+71)
12. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	00:28.19(+69)
13. Fenna Westerneng (DZ&PC, 200900070)	00:28.22(+72)
14. Julia Dąbrowska (Blue Marlins, 201000300)	00:28.24(+73)
15. Patricia de Leu (Team Noord Holland, 200900982)	00:28.26(+71)
16. Caitlin Sülter (Aqua-Novio'94, 200900046)	00:28.28(+69)
17. Sterre Dietvorst (ZPC AMERSFOORT, 200900726)	00:28.29(+77)
18. Mariia Kostina (Blue Marlins, 201002042)	00:28.30(+67)
19. Chiara Lammertink (ZV 44, 200902200)	00:28.31(+79)
20. Madeleine Bertram (De Dolfijn, 200900516)	00:28.34(+72)
20. Fleur van den Eijk (Blue Marlins, 200900304)	00:28.34(+63)
22. Karlijn van der Schrier (Hieronymus, 200900834)	00:28.36(+70)
23. Isis Verhoeff (De Otters Het Gooi, 200902962)	00:28.38(+66)
24. Karlijn Siderius (DWK, 200900032)	00:28.39(+74)
25. Jenny Muntinga (ZPCH, 200900450)	00:28.40(+55)
26. Tara Langkamp (Aqua-Novio'94, 200900362)	00:28.46(+73)
27. Nienke Koster (ZPC Hoogeveen, 200900612)	00:28.48(+64)

28. Tessa van Beek (DWK, 201001446)	00:28.49(+73)
29. Megan Snoek (DAW, 200900888)	00:28.57(+74)
30. Simone Faber (Deltasteur, 200900710)	00:28.61(+69)
31. Lotte Lübbbers (KSN (SG), 200900190)	00:28.65(+74)
32. Amber Kunst (DAW, 200900680)	00:28.67(+71)
33. Anouk Vis (Z&PC De Zeeuwse Kust, 200900286)	00:28.68(+77)
34. Famke Franzen (De Schotejil, 201000058)	00:28.80(+75)
35. Tereza Boom (PSV, 200904028)	00:28.81(+73)
36. Suuz Griekspoor (Noordwijkerhout, 200901204)	00:28.86(+73)
37. Joleen Noordenbos (Orca, 200900884)	00:28.88(+64)
38. Charlotte Landman (ESCA Zwemmen, 200901290)	00:28.99(+74)
39. Ann Hietbrink (ZPC De Hof, 200902444)	00:29.02(+74)
40. Fenne Metten (ZPC AMERSFOORT, 201000102)	00:29.12(+57)
40. Yaell Elmerink (De IJsel, 200900310)	00:29.12(+75)
42. Daphne Dijsselhof (Dedemsvaart-AC, 200901690)	00:29.24(+79)
43. Anouk Steller (WVZ, 201000004)	00:29.33(+66)
44. Liana Wetzlaugk (De Dolfijn, 200902398)	00:29.34(+61)
44. Milou Geneuglijk (HZ&PC Heerenveen, 200900556)	00:29.34(+73)
46. Julia Bos (De Hokseberg, 200900184)	00:29.37(+84)
47. Eva de Man (Aqua-Novio'94, 201000294)	00:29.40(+79)
48. Senna Boogmans (De Duinkickers, 201000640)	00:29.61(+79)
49. Arlyn Schouten (Z&PV Nuenen, 200900830)	00:29.95(+71)
50. Iris Tilburg (Arethusa, 200902662)	00:30.08(+77)
51. Marjolie Spelde (ZC Borger, 200900266)	00:30.34(+78)
DIS. Jaydee Leenders (Aqua-Novio'94, 200900112)	00:00.00
44. 200m vrije slag - Heren	
<i>14 - 15 jaar (Junioren 3 en 4)</i>	
1. Giovanni Phillipson (Team Noord Holland, 200801099)	01:51.32(+77)
50m 00:25.48 25,48 100m 00:53.10 27,62 150m 01:22.25 29,15	
2. Xiaoyu Yin (Blue Marlins, 200803363)	01:55.04(+68)
50m 00:26.18 26,18 100m 00:54.89 28,71 150m 01:24.75 29,86	
3. Yarno van Dam (ACZ, 200800115)	01:56.17(+69)
50m 00:26.33 26,33 100m 00:55.43 29,10 150m 01:25.45 30,02	
4. Jaydey Schonewille (Steenwijk 1934, 200800025)	01:58.16(+76)
50m 00:27.06 27,06 100m 00:56.91 29,85 150m 01:27.62 30,71	
5. Siem de Zeeuw (OZ&PC, 200800013)	01:58.48(+72)
50m 00:27.16 27,16 100m 00:57.85 30,69 150m 01:28.58 30,73	
6. Tobian Vos (ZPC AMERSFOORT, 200900005)	01:59.52(+73)
50m 00:27.98 27,98 100m 00:58.28 30,30 150m 01:29.34 31,06	
7. Theodore Allan (PSV, 200902925)	01:59.58(+66)
50m 00:27.19 27,19 100m 00:57.33 30,14 150m 01:28.94 31,61	
8. Milan Veelders (De Dinkel, 200800279)	01:59.63(+76)
50m 00:27.24 27,24 100m 00:57.70 30,46 150m 01:28.31 30,61	

9. Diede Veld (HZ&PC Heerenveen, 200800011)	50m 00:27.51 27,51	100m 00:57.81 30,30	150m 01:29.30 31,49	02:00.05(+76)
10. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	50m 00:27.51 27,51	100m 00:57.93 30,42	150m 01:30.21 32,28	02:00.10(+73)
11. Tim Boerefijn (WVZ, 200802815)	50m 00:27.53 27,53	100m 00:57.81 30,28	150m 01:29.23 31,42	02:01.18(+77)
12. Nout Folkersma (PSV, 200800595)	50m 00:27.87 27,87	100m 00:58.54 30,67	150m 01:29.95 31,41	02:01.36(+66)
13. Bas Mostert (VZC, 200800629)	50m 00:27.74 27,74	100m 00:58.41 30,67	150m 01:30.01 31,60	02:01.45(+70)
14. Rens Noordover (Team Noord Holland, 200800237)	50m 00:27.78 27,78	100m 00:58.50 30,72	150m 01:30.28 31,78	02:01.48(+73)
15. Sven Koornstra (De Vikings, 200900189)	50m 00:28.82 28,82	100m 00:59.94 31,12	150m 01:31.11 31,17	02:01.55(+75)
16. Bram ter Braak (De Dinkel, 200800281)	50m 00:27.93 27,93	100m 00:59.71 31,78	150m 01:31.62 31,91	02:01.60(+73)
17. Rian Schoneveld (De Berkelduikers, 200801789)	50m 00:27.97 27,97	100m 00:58.73 30,76	150m 01:30.81 32,08	02:01.83(+70)
18. Kaan Sudak (Blue Marlins, 200803733)	50m 00:27.24 27,24	100m 00:57.78 30,54	150m 01:31.05 33,27	02:01.98(+62)
19. Arjan Boogaard (Deltasteur, 200800093)	50m 00:27.29 27,29	100m 00:58.36 31,07	150m 01:30.23 31,87	02:02.29(+65)
20. Martijn Nies (PSV, 200902095)	50m 00:28.55 28,55	100m 01:00.30 31,75	150m 01:31.38 31,08	02:02.38(+83)
21. Job Sportel (De Dinkel, 200800429)	50m 00:28.74 28,74	100m 01:00.30 31,56	150m 01:31.97 31,67	02:02.70(+71)
22. Filip Piszczynski (KSN (SG), 200802125)	50m 00:28.95 28,95	100m 01:00.84 31,89	150m 01:33.72 32,88	02:04.34(+62)
23. Bjorn Scholten (WS Twente, 200801143)	50m 00:27.46 27,46	100m 00:59.22 31,76	150m 01:32.64 33,42	02:04.36(+79)
24. Ivo Bot (Wiekslag, 200900509)	50m 00:28.11 28,11	100m 00:59.97 31,86	150m 01:32.64 32,67	02:04.39(+72)
25. Jelte de Jong (ZPCH, 200900975)	50m 00:28.04 28,04	100m 00:59.04 31,00	150m 01:31.45 32,41	02:04.47(+71)
26. Felix Gepkens (VZC, 200800631)	50m 00:28.26 28,26	100m 01:00.04 31,78	150m 01:32.50 32,46	02:04.67(+69)
27. Suraj Baladurage (Team Noord Holland, 200801291)	50m 00:28.18 28,18	100m 01:01.12 32,94	150m 01:33.59 32,47	02:04.96(+61)
28. Jesse Molegraaf (ZPC AMERSFOORT, 200800887)	50m 00:27.89 27,89	100m 00:59.01 31,12	150m 01:31.84 32,83	02:05.13(+68)
29. Adriaan Coppelmans (AZC, 200903243)	50m 00:28.77 28,77	100m 01:00.80 32,03	150m 01:33.87 33,07	02:05.30(+64)
30. Liam Diavatopoulos (Aqua-Novio'94, 200802549)	50m 00:27.91 27,91	100m 00:59.21 31,30	150m 01:32.26 33,05	02:05.35(+79)
31. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	50m 00:27.85 27,85	100m 00:59.65 31,80	150m 01:33.25 33,60	02:05.78(+74)
32. Finn Eghuizen (HZ&PC Heerenveen, 200900431)	50m 00:28.61 28,61	100m 00:59.97 31,36	150m 01:33.04 33,07	02:05.86(+71)
33. Finn Hilders (De Dolfijn, 200900283)				02:06.16(+63)

	50m 00:28.97 28,97	100m 01:01.28 32,31	150m 01:33.69 32,41	
34. Koen de Vries (MZ&PC De Reest, 200802379)	50m 00:28.67 28,67	100m 01:00.28 31,61	150m 01:33.35 33,07	02:06.34(+68)
35. Ruben Baars (DWK, 200900471)	50m 00:28.26 28,26	100m 01:00.48 32,22	150m 01:33.76 33,28	02:06.47(+69)
36. Brent Schifflers (ZPC Woerden, 200902041)	50m 00:29.89 29,89	100m 01:02.02 32,13	150m 01:35.49 33,47	02:06.91(+77)
37. Gijs Hartwijk (ZVL-1886, 200800573)	50m 00:29.23 29,23	100m 01:00.80 31,57	150m 01:33.99 33,19	02:07.32(+65)
38. Sam Leferink (De Dinkel, 200800833)	50m 00:27.57 27,57	100m 01:00.14 32,57	150m 01:33.53 33,39	02:07.60(+74)
39. Jones Chuang (PSV, 200801173)	50m 00:28.54 28,54	100m 01:00.68 32,14	150m 01:34.25 33,57	02:07.69(+63)
40. Figo van Duuren (ZPCH, 200800391)	50m 00:29.49 29,49	100m 01:01.82 32,33	150m 01:35.15 33,33	02:07.70(+70)
41. Teun Overmars (OZ&PC, 200800103)	50m 00:28.55 28,55	100m 01:00.44 31,89	150m 01:34.33 33,89	02:07.80(+73)
42. Sacha van Hees Ajdnik (ZEPS, 200900489)	50m 00:29.53 29,53	100m 01:01.84 32,31	150m 01:34.67 32,83	02:07.87(+69)
43. Jannick van Eeghem (Hellas-Glana, 200800147)	50m 00:28.18 28,18	100m 01:00.93 32,75	150m 01:34.70 33,77	02:07.97(+70)
44. Timo Berghuis (NDD, 200801991)	50m 00:29.20 29,20	100m 01:01.40 32,20	150m 01:34.79 33,39	02:08.10(+66)
45. Damir Mustafic (DZ&PC, 200800885)	50m 00:28.16 28,16	100m 01:00.06 31,90	150m 01:33.84 33,78	02:08.22(+78)
46. Teun van Weeren (WS Twente, 200801145)	50m 00:29.91 29,91	100m 01:02.47 32,56	150m 01:35.64 33,17	02:08.49(+75)
47. Alexander Griston (De Dolfijn, 200803053)	50m 00:29.58 29,58	100m 01:02.40 32,82	150m 01:36.05 33,65	02:08.90(+66)
48. Mike Hilders (De Dolfijn, 200900281)	50m 00:29.16 29,16	100m 01:01.50 32,34	150m 01:35.22 33,72	02:09.17(+69)
49. Quinn Frunt (DWK, 200800729)	50m 00:29.07 29,07	100m 01:02.19 33,12	150m 01:36.29 34,10	02:09.95(+73)
50. Xander Kragting (ZPC AMERSFOORT, 200900077)	50m 00:29.36 29,36	100m 01:01.80 32,44	150m 01:36.15 34,35	02:11.14(+73)
51. Jelle van Mullekom (RZC, 200801267)	50m 00:28.90 28,90	100m 01:01.07 32,17	150m 01:35.48 34,41	02:11.22(+72)
52. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	50m 00:28.35 28,35	100m 01:01.22 32,87	150m 01:36.31 35,09	02:11.54(+77)
53. Lars de Kooter (De Biesboschzwemmers, 200800185)	50m 00:29.73 29,73	100m 01:03.05 33,32	150m 01:37.43 34,38	02:11.76(+72)
54. Youp Stuifzand (ZV 44, 200800521)	50m 00:28.78 28,78	100m 01:02.48 33,70	150m 01:36.88 34,40	02:11.95(+73)
55. Ruben Nooter (ZV 44, 200901577)	50m 00:28.33 28,33	100m 01:01.94 33,61	150m 01:37.79 35,85	02:12.73(+68)
56. Thygo van de Peppel (Blue Marlins, 200901101)	50m 00:29.05 29,05	100m 01:02.18 33,13	150m 01:37.63 35,45	02:13.19(+71)
57. Aditya Winterberg (Blue Marlins, 200800953) [S15]	50m 00:29.88 29,88	100m 01:03.89 34,01	150m 01:40.19 36,30	02:16.57(+71)

## 45. 200m vrije slag - Dames

11 - 12 jaar (Junioren 1 en 2)

1. Malin Roozeboom (WVZ, 201100006)				02:12.83(+79)
	50m 00:31.88	100m 01:06.07	150m 01:40.05	
2. Yill van Bezouw (Hieronymus, 201100704)				02:14.00(+71)
	50m 00:31.27	100m 01:05.77	150m 01:40.33	
3. Frédérique Nijziel (PSV, 201103114)				02:16.48(+80)
	50m 00:31.75	100m 01:07.36	150m 01:42.11	
4. Lola Verheijen (PSV, 201100832)				02:18.70(+78)
	50m 00:31.66	100m 01:07.35	150m 01:44.11	
5. Anna Lepoutre (PSV, 201100534)				02:19.06(+74)
	50m 00:32.18	100m 01:08.44	150m 01:43.87	
6. Rozalia Diederiks (ZVL-1886, 201100904)				02:20.50(+84)
	50m 00:33.36	100m 01:08.71	150m 01:45.22	
7. Noa van Zalk (ZPC AMERSFOORT, 201102534)				02:20.52(+65)
	50m 00:32.47	100m 01:07.77	150m 01:44.14	
8. Elin Reinstra (TriVia, 201100842)				02:20.66(+73)
	50m 00:32.93	100m 01:08.46	150m 01:45.08	
9. Milou Filemon (Blue Marlins, 201100078)				02:22.20(+67)
	50m 00:33.12	100m 01:09.21	150m 01:46.15	
10. Casharell Kraan (Blue Marlins, 201103426)				02:22.47(+62)
	50m 00:33.34	100m 01:10.27	150m 01:47.56	
11. Fanni Farkas (De Columbiaan, 201100360)				02:22.54(+73)
	50m 00:33.70	100m 01:09.86	150m 01:46.91	
12. Julia Ketelaars (Hellas-Glana, 201200028)				02:22.98(+62)
	50m 00:33.10	100m 01:09.45	150m 01:47.49	
13. Elke Kriesels (Hieronymus, 201100898)				02:23.55(+73)
	50m 00:33.35	100m 01:10.27	150m 01:47.53	
14. Chloé in 't Veen (WVZ, 201100010)				02:23.64(+72)
	50m 00:33.62	100m 01:10.32	150m 01:47.52	
15. Ylène Zondervan (ZPC AMERSFOORT, 201200016)				02:24.80(+86)
	50m 00:33.40	100m 01:10.54	150m 01:48.08	
16. Sterre de Veen (Hellas-Glana, 201100086)				02:25.06(+82)
	50m 00:33.26	100m 01:10.26	150m 01:48.88	
17. Odenza Soselisa (Blue Marlins, 201101780)				02:25.35(+60)
	50m 00:33.35	100m 01:10.75	150m 01:49.34	
18. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)				02:25.96(+58)
	50m 00:32.64	100m 01:10.21	150m 01:49.15	
19. Mattea Gliese-Slooijer (De Dinkel, 201100008)				02:26.93(+85)
	50m 00:33.02	100m 01:10.64	150m 01:49.28	
20. Mette Hogenhuis (Zwemlust- den Hommel, 201101254)				02:26.99(+94)
	50m 00:33.90	100m 01:12.18	150m 01:50.63	
21. Isabel Amelink (Deltasteur, 201100196)				02:28.27(+86)
	50m 00:34.49	100m 01:13.38	150m 01:52.98	
22. Melody Paulussen (De Dolfijn, 201101106)				02:28.52(+78)
	50m 00:34.76	100m 01:13.44	150m 01:52.89	
23. Julia Bannatyne (BZ&PC, 201201020)				02:29.52(+80)
	50m 00:34.63	100m 01:12.74	150m 01:51.38	
24. Annefleur Schraa (SWOL 1894, 201100044)				02:29.60
	50m 00:34.71	100m 01:12.43	150m 01:51.93	

25. Simone Brobbel (ZPC Numansdorp, 201200058)	50m 00:34.88 34,88	100m 01:13.65 38,77	150m 01:52.60 38,95	02:29.78(+73)
26. Nynke Muntinga (ZPCH, 201100060)	50m 00:34.81 34,81	100m 01:12.64 37,83	150m 01:51.96 39,32	02:29.92(+57)
27. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	50m 00:34.51 34,51	100m 01:12.88 38,37	150m 01:52.33 39,45	02:30.17(+82)
28. Norell Kroeze (ZC Polaris, 201100378)	50m 00:35.34 35,34	100m 01:14.30 38,96	150m 01:53.04 38,74	02:30.28(+79)
29. Esra Simon (Hellas-Glana, 201100004)	50m 00:34.17 34,17	100m 01:12.61 38,44	150m 01:52.00 39,39	02:30.39(+65)
30. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	50m 00:34.64 34,64	100m 01:13.89 39,25	150m 01:53.20 39,31	02:31.42(+68)
30. Morrison Schram (De Schelde, 201100686)	50m 00:34.92 34,92	100m 01:14.08 39,16	150m 01:54.00 39,92	02:31.42(+78)
32. Noa Spaans (De Dolfijn, 201100222)	50m 00:35.38 35,38	100m 01:14.56 39,18	150m 01:54.55 39,99	02:31.89(+65)
33. Alaine Dumont (ZV De Watervogels, 201102140)	50m 00:34.82 34,82	100m 01:14.07 39,25	150m 01:54.70 40,63	02:32.64(+70)
34. Roubin van Kampen (ZPCH, 201200370)	50m 00:35.89 35,89	100m 01:16.66 40,77	150m 01:56.74 40,08	02:33.46(+68)
35. Juno Toornend (Team Noord Holland, 201101718)	50m 00:34.92 34,92	100m 01:14.42 39,50	150m 01:54.50 40,08	02:33.88(+66)
36. Lise Markes (SBC2000, 201101276)	50m 00:34.77 34,77	100m 01:14.48 39,71	150m 01:55.21 40,73	02:34.41(+79)
37. Sara Creemers (Hellas-Glana, 201100242)	50m 00:35.85 35,85	100m 01:16.12 40,27	150m 01:57.35 41,23	02:34.47(+72)
38. Esmee Reuver (ZC Polaris, 201100846)	50m 00:36.12 36,12	100m 01:15.21 39,09	150m 01:55.69 40,48	02:34.66(+80)
39. Emma van den Berg (V.Z.V. Njord, 201100830)	50m 00:34.01 34,01	100m 01:13.59 39,58	150m 01:55.59 42,00	02:35.10(+86)
40. Amila Mustafic (DZ&PC, 201200026)	50m 00:33.39 33,39	100m 01:12.50 39,11	150m 01:53.75 41,25	02:35.79(+74)
41. Alissa Rooijackers (Z&PV Nuenen, 201101892)	50m 00:35.00 35,00	100m 01:14.62 39,62	150m 01:55.63 41,01	02:36.32(+68)
42. Meike van der Klugt (WVZ, 201100808)	50m 00:35.72 35,72	100m 01:16.47 40,75	150m 01:57.58 41,11	02:36.55(+84)
43. Vicky Horens (Hellas-Glana, 201200252)	50m 00:35.43 35,43	100m 01:15.92 40,49	150m 01:58.25 42,33	02:37.38(+61)
44. Carlijn Dezutter (Scheldestroom, 201100770)	50m 00:36.56 36,56	100m 01:16.62 40,06	150m 01:58.26 41,64	02:38.27(+78)
45. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)	50m 00:34.60 34,60	100m 01:14.93 40,33	150m 01:57.92 42,99	02:39.35(+52)
46. Charlie Klaver (De Dolfijn, 201102094)	50m 00:36.72 36,72	100m 01:18.42 41,70	150m 02:01.61 43,19	02:41.57(+65)
47. Elle van Gemeren (DAW, 201100428)	50m 00:37.43 37,43	100m 01:19.44 42,01	150m 02:02.51 43,07	02:42.16(+78)
48. Eva ter Horst (ZPC Hoogeveen, 201200070)	50m 00:36.67 36,67	100m 01:17.59 40,92	150m 02:00.32 42,73	02:42.71(+88)

49. Syll Rinsma (Orca, 201200798)				02:43.23(+55)	
50m 00:36.22	36,22	100m 01:18.29	42,07	150m 02:02.10	43,81
50. Minke Bouman (Blue Marlins, 201100104)				02:43.99(+80)	
50m 00:35.07	35,07	100m 01:17.78	42,71	150m 02:01.71	43,93
46. 200m wisselslag - Dames					
13 - 14 jaar (Junioren 3 en 4)					
1. Fay Boxum (DZ&PC, 200900060)				02:21.63(+80)	
50m 00:31.29	31,29	100m 01:06.14	34,85	150m 01:48.06	41,92
2. Elin Ditewig (VZC, 200900392)				02:23.14(+76)	
50m 00:30.92	30,92	100m 01:06.72	35,80	150m 01:50.01	43,29
3. Juliëtte Woltjes (VZC, 200900774)				02:25.09(+82)	
50m 00:31.38	31,38	100m 01:10.06	38,68	150m 01:52.56	42,50
4. Luus Gielens (PSV, 200900138)				02:25.96(+86)	
50m 00:32.41	32,41	100m 01:09.65	37,24	150m 01:53.70	44,05
5. Bregje Dekkers (PSV, 200900746)				02:27.69(+69)	
50m 00:32.05	32,05	100m 01:10.35	38,30	150m 01:54.05	43,70
6. Tess Vonk (De Geul, 200900024)				02:29.95(+63)	
50m 00:31.13	31,13	100m 01:10.64	39,51	150m 01:53.97	43,33
7. Paula Spans (ZV 44, 201000064)				02:30.80(+78)	
50m 00:33.55	33,55	100m 01:12.54	38,99	150m 01:55.62	43,08
8. Fenna Westerneng (DZ&PC, 200900070)				02:31.16(+74)	
50m 00:33.71	33,71	100m 01:10.90	37,19	150m 01:56.10	45,20
9. Amber Kunst (DAW, 200900680)				02:31.81(+71)	
50m 00:33.62	33,62	100m 01:12.77	39,15	150m 01:56.90	44,13
9. Suuz Griekspoor (Noordwijkerhout, 200901204)				02:31.81(+77)	
50m 00:33.32	33,32	100m 01:12.82	39,50	150m 01:56.77	43,95
11. Myrthe Stelten (Hellas-Glana, 200900234)				02:31.97(+74)	
50m 00:32.77	32,77	100m 01:12.37	39,60	150m 01:55.97	43,60
12. Lotte Lübbers (KSN (SG), 200900190)				02:32.41(+70)	
50m 00:33.63	33,63	100m 01:12.73	39,10	150m 01:58.24	45,51
13. Madeleine Bertram (De Dolfijn, 200900516)				02:32.59(+72)	
50m 00:33.07	33,07	100m 01:11.46	38,39	150m 01:59.01	47,55
14. Elin Brinkhof (De Dolfijn, 200900078)				02:32.84(+68)	
50m 00:31.36	31,36	100m 01:11.46	40,10	150m 01:57.83	46,37
15. Jenny Muntinga (ZPCH, 200900450)				02:32.98(+70)	
50m 00:34.11	34,11	100m 01:11.92	37,81	150m 01:57.38	45,46
16. Fenna Zusterzeel (PSV, 201000008)				02:33.06(+73)	
50m 00:33.24	33,24	100m 01:12.22	38,98	150m 01:57.04	44,82
17. Carla Moreno Palacios (De Dolfijn, 201002302)				02:33.71(+75)	
50m 00:33.80	33,80	100m 01:14.86	41,06	150m 01:58.72	43,86
18. Marre van der Wal (ZV 44, 201000046)				02:34.74(+70)	
50m 00:35.67	35,67	100m 01:16.61	40,94	150m 01:59.38	42,77
19. Erin de Jong (GZC DONK, 201000024)				02:34.83(+90)	
50m 00:33.62	33,62	100m 01:12.75	39,13	150m 02:00.01	47,26
20. Nienke Koster (ZPC Hoogeveen, 200900612)				02:35.13(+71)	
50m 00:33.70	33,70	100m 01:12.30	38,60	150m 01:59.69	47,39
21. Mariia Kostina (Blue Marlins, 201002042)				02:35.14(+70)	
50m 00:32.40	32,40	100m 01:11.08	38,68	150m 01:59.53	48,45
21. Fenne Metten (ZPC AMERSFOORT, 201000102)				02:35.14(+59)	
50m 00:32.84	32,84	100m 01:12.56	39,72	150m 02:00.44	47,88

23. Karlijn Siderius (DWK, 200900032)				02:35.87(+74)
	50m 00:32.75 32,75	100m 01:13.06 40,31	150m 02:01.28 48,22	
24. Tara Langkamp (Aqua-Novio'94, 200900362)				02:36.05(+71)
	50m 00:32.61 32,61	100m 01:13.45 40,84	150m 01:59.27 45,82	
25. Linou van Kampen (ZPCH, 201000594)				02:36.07(+73)
	50m 00:33.93 33,93	100m 01:14.60 40,67	150m 01:59.87 45,27	
26. Nina van der Schrier (AZC, 201000444)				02:36.45(+78)
	50m 00:34.15 34,15	100m 01:13.23 39,08	150m 02:01.48 48,25	
27. Flo Streep (DAW, 200900676)				02:36.65(+76)
	50m 00:34.42 34,42	100m 01:14.97 40,55	150m 02:01.52 46,55	
28. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)				02:36.76(+86)
	50m 00:35.07 35,07	100m 01:17.81 42,74	150m 02:02.35 44,54	
29. Rixt Rothschild (ZC Borger, 200900026)				02:36.78(+69)
	50m 00:34.90 34,90	100m 01:15.71 40,81	150m 02:00.41 44,70	
30. Iris Tilburg (Arethusa, 200902662)				02:36.80(+68)
	50m 00:35.05 35,05	100m 01:13.65 38,60	150m 01:59.87 46,22	
31. Julia Dąbrowska (Blue Marlins, 201000300)				02:39.92(+81)
	50m 00:33.18 33,18	100m 01:13.03 39,85	150m 02:02.08 49,05	
32. Anne Engbersen (ZPC AMERSFOORT, 201000044)				02:41.76(+76)
	50m 00:34.84 34,84	100m 01:15.32 40,48	150m 02:03.31 47,99	
47. 200m rugslag - Heren				
12 - 13 jaar (Junioren 1 en 2)				
1. Ruben Kragt (ZV 44, 201000007)				02:22.78(+65)
	50m 00:33.38 33,38	100m 01:09.53 36,15	150m 01:46.39 36,86	
2. Evren Ege Orcunus (De Dolfijn, 201003253)				02:23.38(+76)
	50m 00:33.54 33,54	100m 01:09.76 36,22	150m 01:47.30 37,54	
3. Myron Artemenko (Niemo Barracuda, 201003021)				02:23.57(+53)
	50m 00:33.22 33,22	100m 01:09.85 36,63	150m 01:46.67 36,82	
4. Abel op den Velde (De Duinkickers, 201000079)				02:24.68(+77)
	50m 00:33.49 33,49	100m 01:10.07 36,58	150m 01:47.95 37,88	
5. Oleksandr Hordiienko (ZV De Aalscholver, 201003061)				02:25.94(+60)
	50m 00:34.08 34,08	100m 01:11.49 37,41	150m 01:49.11 37,62	
6. Mathieu Gepkens (VZC, 201000045)				02:26.38(+68)
	50m 00:34.89 34,89	100m 01:12.50 37,61	150m 01:50.28 37,78	
7. Ramon Vos (ZPC Hoogeveen, 201100051)				02:28.13(+74)
	50m 00:35.25 35,25	100m 01:14.04 38,79	150m 01:52.23 38,19	
8. Thijmen Pruijssers (Hieronymus, 201000129)				02:28.94(+63)
	50m 00:35.63 35,63	100m 01:13.98 38,35	150m 01:52.21 38,23	
9. Amor van der Veen (ZV 44, 201100197)				02:29.95(+66)
	50m 00:35.05 35,05	100m 01:13.05 38,00	150m 01:52.13 39,08	
10. Finn Wensveen (Zv de Ham, 201000811)				02:30.21(+71)
	50m 00:36.35 36,35	100m 01:15.27 38,92	150m 01:53.71 38,44	
11. Dax van den Nouland (Blue Marlins, 201000071)				02:30.24(+79)
	50m 00:35.13 35,13	100m 01:12.98 37,85	150m 01:51.98 39,00	
12. Mauro Bedeke (DAW, 201000537)				02:30.66(+64)
	50m 00:35.23 35,23	100m 01:12.96 37,73	150m 01:52.41 39,45	
13. Duco de Gelder (Blue Marlins, 201000217)				02:31.23(+67)
	50m 00:34.57 34,57	100m 01:13.41 38,84	150m 01:52.87 39,46	
14. Matthijs van Velzen (ZV 44, 201100435)				02:31.78(+74)



	50m 00:35.1735,17	100m 01:14.1238,95	150m 01:54.3140,19	
15. Sven Casper Hageman (Steenwijk 1934, 201000009)	50m 00:35.2135,21	100m 01:14.5339,32	150m 01:54.2939,76	02:32.53(+61)
16. Eli Shields (Niemo Barracuda, 201000407)	50m 00:36.1836,18	100m 01:16.1539,97	150m 01:55.6739,52	02:32.65(+66)
17. Bink Elgersma (Zwemlust- den Hommel, 201000137)	50m 00:36.0036,00	100m 01:15.0539,05	150m 01:54.7739,72	02:33.01(+71)
18. Dax Muijlaert (SG Octopus - ZVV, 201100535)	50m 00:36.3336,33	100m 01:15.7839,45	150m 01:55.8940,11	02:33.50(+85)
19. Girish Nolden (Blue Marlins, 201000087)	50m 00:36.6736,67	100m 01:16.8940,22	150m 01:57.0140,12	02:33.60(+64)
20. Baris Tomu (ZPCH, 201000869)	50m 00:36.4236,42	100m 01:15.7539,33	150m 01:55.5539,80	02:33.65(+66)
21. Thijn Runia (DZT'62, 201000895)	50m 00:34.6134,61	100m 01:14.6140,00	150m 01:52.2337,62	02:34.44(+65)
22. Tycho Wienbelt (De Vikings, 201001397)	50m 00:36.9336,93	100m 01:16.2339,30	150m 01:55.8639,63	02:35.71(+82)
23. Gwee Bokma (Zwemlust- den Hommel, 201002259)	50m 00:34.6334,63	100m 01:12.1237,49	150m 01:49.5237,40	02:35.98(+78)
24. Mathijs Boersma (ZPC Hoogeveen, 201000313)	50m 00:37.3437,34	100m 01:18.0940,75	150m 01:57.8939,80	02:36.09(+78)
25. Sven Potappel (DWK, 201000127)	50m 00:37.2637,26	100m 01:19.0341,77	150m 01:59.4940,46	02:36.32(+70)
26. Stijn Dijkstra (DZ&PC, 201000279)	50m 00:37.7337,73	100m 01:17.6939,96	150m 01:58.3840,69	02:37.16(+73)
27. Mees Janssen (DSZ, 201102025)	50m 00:36.4236,42	100m 01:16.9640,54	150m 01:58.5341,57	02:38.94(+59)
28. Tygo van de Wal (DWK, 201001329)	50m 00:38.3638,36	100m 01:18.9840,62	150m 02:00.0341,05	02:39.29(+75)
29. Nils Bellert (SG Octopus - ZVV, 201100347)	50m 00:37.7337,73	100m 01:18.7040,97	150m 02:00.9642,26	02:39.30(+88)
30. Kick Germers (SWOL 1894, 201000185)	50m 00:38.6538,65	100m 01:19.2240,57	150m 02:00.3341,11	02:39.59(+69)
31. Franzi Ziegler (DAW, 201100891)	50m 00:38.0938,09	100m 01:18.9640,87	150m 02:00.6741,71	02:40.28(+63)
32. Yorre van der Wal (ZV 44, 201000017)	50m 00:38.0538,05	100m 01:19.1541,10	150m 02:00.7841,63	02:40.32(+88)
33. Kasper Lubbers (Orca, 201100025)	50m 00:37.9037,90	100m 01:18.8440,94	150m 02:00.5441,70	02:40.42(+64)
34. Jorick Johannes (HZ&PC Heerenveen, 201000403)	50m 00:37.0437,04	100m 01:17.5540,51	150m 01:59.6442,09	02:40.76(+57)
35. Mattias Stolk (HZ&PC Heerenveen, 201000525)	50m 00:37.5837,58	100m 01:18.5841,00	150m 02:00.4241,84	02:41.48(+83)
36. Vince van Dam (ACZ, 201000405)	50m 00:38.4838,48	100m 01:19.9141,43	150m 02:01.5141,60	02:42.30(+61)
37. Nick Vodde (AZ&PC De Futen, 201002211)	50m 00:37.8337,83	100m 01:19.0241,19	150m 02:01.3642,34	02:42.64(+62)
38. Melle Pittie (Zwemclub Eijsden, 201000179)	50m 00:37.5337,53	100m 01:19.0341,50	150m 02:02.3143,28	02:42.80(+75)

39. Nathan Magava (De Dolfijn, 201003067)				02:43.57(+65)	
50m	00:37.5937,59	100m	01:18.9341,34	150m	02:01.5342,60
40. Thijs Jonkman (De Duck, 201000481)				02:44.30(+71)	
50m	00:38.2138,21	100m	01:19.7541,54	150m	02:03.0143,26
41. Alief Jan van der Sluis (PSV, 201003425)				02:45.10(+72)	
50m	00:38.0038,00	100m	01:20.7942,79	150m	02:04.4343,64
42. Nordin Vermeer (DWK, 201000227)				02:45.39(+71)	
50m	00:38.9838,98	100m	01:21.2242,24	150m	02:03.4842,26
43. Joep Lindhout (Niemo Barracuda, 201100873)				02:45.55(+59)	
50m	00:39.2539,25	100m	01:21.6742,42	150m	02:04.6642,99
44. Kris Westerhout (ZZ&PC De Devel, 201000883)				02:46.95(+68)	
50m	00:40.2140,21	100m	01:22.4542,24	150m	02:04.9742,52
45. Luca Monster (ZPC Numansdorp, 201100343)				02:47.35(+69)	
50m	00:38.5238,52	100m	01:21.1142,59	150m	02:05.5144,40
46. Cayden Malone (De Dolfijn, 201002195)				02:47.90(+73)	
50m	00:38.4038,40	100m	01:21.1242,72	150m	02:05.9244,80
47. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)				02:53.70(+62)	
50m	00:40.6740,67	100m	01:25.0744,40	150m	02:09.8244,75
DIS. Joey Snabel (ZPC AMERSFOORT, 201002847)				00:00.00	
DIS. Mathijs de Wit (KSN (SG), 201001215)				00:00.00	
48. 200m rugslag - Heren					
14 - 15 jaar (Junioren 3 en 4)					
1. Giovanni Phillipson (Team Noord Holland, 200801099)				02:04.78(+73)	
50m	00:28.5528,55	100m	01:00.1231,57	150m	01:33.0632,94
2. Wytse Broekstra (De Vikings, 200800121)				02:05.86(+61)	
50m	00:28.9928,99	100m	01:00.8531,86	150m	01:33.6332,78
3. Yarno van Dam (ACZ, 200800115)				02:06.53(+68)	
50m	00:29.1729,17	100m	01:01.0631,89	150m	01:34.1733,11
4. Rijk Leenders (VZC, 200800627)				02:11.02(+75)	
50m	00:31.5431,54	100m	01:04.6033,06	150m	01:38.2733,67
5. Jaydey Schonewille (Steenwijk 1934, 200800025)				02:12.58(+74)	
50m	00:31.3431,34	100m	01:04.6633,32	150m	01:38.7934,13
6. Mattia Maggio (Hellas-Glana, 200903311)				02:13.53(+60)	
50m	00:29.8429,84	100m	01:03.3233,48	150m	01:38.4335,11
7. Rein Stoel (ZVL-1886, 200800463)				02:14.11(+69)	
50m	00:30.8830,88	100m	01:04.5933,71	150m	01:39.5034,91
8. Milan Veelders (De Dinkel, 200800279)				02:14.64(+67)	
50m	00:31.4531,45	100m	01:05.5934,14	150m	01:41.2935,70
9. Niek Sonneveld (WVZ, 200802631)				02:14.99(+59)	
50m	00:31.0431,04	100m	01:05.7934,75	150m	01:40.8635,07
10. Tobian Vos (ZPC AMERSFOORT, 200900005)				02:15.38(+75)	
50m	00:31.4231,42	100m	01:05.7334,31	150m	01:41.1835,45
11. Felix Gepkens (VZC, 200800631)				02:15.46(+59)	
50m	00:31.5131,51	100m	01:05.8734,36	150m	01:41.4335,56
12. Xander Boets (ZPC de Kanaalstreek, 200800133)				02:16.67(+68)	
50m	00:31.7231,72	100m	01:05.4233,70	150m	01:40.5435,12
13. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)				02:17.26(+72)	
50m	00:31.6331,63	100m	01:06.8735,24	150m	01:42.7035,83
14. Diede Veld (HZ&PC Heerenveen, 200800011)				02:18.59(+67)	

	50m 00:32.72 32,72	100m 01:07.96 35,24	150m 01:43.69 35,73	
15. Luca Boorsma (De Dolfijn, 200902031)	50m 00:31.32 31,32	100m 01:06.21 34,89	150m 01:42.34 36,13	02:18.82(+64)
16. Siem de Zeeuw (OZ&PC, 200800013)	50m 00:31.42 31,42	100m 01:06.66 35,24	150m 01:43.26 36,60	02:19.26(+57)
17. Jelte de Jong (ZPCH, 200900975)	50m 00:32.86 32,86	100m 01:08.44 35,58	150m 01:44.12 35,68	02:19.57(+69)
18. Brent Schifflers (ZPC Woerden, 200902041)	50m 00:32.91 32,91	100m 01:07.56 34,65	150m 01:44.32 36,76	02:19.84(+78)
19. Mart Tempelman (Dedemsvaart-AC, 200801075)	50m 00:32.81 32,81	100m 01:08.61 35,80	150m 01:45.03 36,42	02:19.96(+63)
20. Tim Brouwer (Aqua-Novio'94, 200800989)	50m 00:32.39 32,39	100m 01:08.32 35,93	150m 01:44.80 36,48	02:20.13(+63)
21. Martijn Nies (PSV, 200902095)	50m 00:33.44 33,44	100m 01:09.62 36,18	150m 01:45.71 36,09	02:20.26(+75)
22. Feddo Smink (ZPC AMERSFOORT, 200900007)	50m 00:32.58 32,58	100m 01:08.35 35,77	150m 01:45.19 36,84	02:20.29(+66)
23. Sverre van der Zwaan (WVZ, 200900737)	50m 00:32.69 32,69	100m 01:08.79 36,10	150m 01:44.88 36,09	02:20.70(+67)
24. Willem Weustink (Team Noord Holland, 200800109)	50m 00:32.01 32,01	100m 01:08.11 36,10	150m 01:45.40 37,29	02:20.94(+65)
25. Jesse Molegraaf (ZPC AMERSFOORT, 200800887)	50m 00:32.51 32,51	100m 01:08.06 35,55	150m 01:45.24 37,18	02:21.43(+64)
26. Colin Beuker (ZC Polaris, 200802023)	50m 00:33.15 33,15	100m 01:09.76 36,61	150m 01:46.23 36,47	02:22.01(+75)
27. Mike Hilders (De Dolfijn, 200900281)	50m 00:32.56 32,56	100m 01:08.22 35,66	150m 01:44.98 36,76	02:22.11(+68)
28. Duuk Harms (Dedemsvaart-AC, 200900201)	50m 00:32.25 32,25	100m 01:08.03 35,78	150m 01:45.75 37,72	02:22.14(+70)
29. Hein Muller (DZ&PC, 200800157)	50m 00:34.50 34,50	100m 01:11.09 36,59	150m 01:47.88 36,79	02:23.03(+64)
30. Stefan van der Meer (VZC, 200901361)	50m 00:33.44 33,44	100m 01:09.43 35,99	150m 01:46.74 37,31	02:23.04(+66)
31. Adriaan Coppelmans (AZC, 200903243)	50m 00:33.07 33,07	100m 01:09.57 36,50	150m 01:47.11 37,54	02:23.69(+58)
32. Xander Kragting (ZPC AMERSFOORT, 200900077)	50m 00:33.69 33,69	100m 01:10.45 36,76	150m 01:47.92 37,47	02:24.96(+63)
33. Aiden Lips (Blue Marlins, 200800951)	50m 00:33.55 33,55	100m 01:09.61 36,06	150m 01:47.52 37,91	02:25.16(+70)
34. Bjorn Scholten (WS Twente, 200801143)	50m 00:32.66 32,66	100m 01:08.81 36,15	150m 01:47.49 38,68	02:25.75(+78)
35. Finn Eghuizen (HZ&PC Heerenveen, 200900431)	50m 00:33.06 33,06	100m 01:10.07 37,01	150m 01:48.60 38,53	02:26.42(+80)
36. Floris van der Valk (Wiekslag, 200801891)	50m 00:32.86 32,86	100m 01:09.49 36,63	150m 01:48.13 38,64	02:26.77(+66)
49. 4x100m wisselslag dames Junioren 11 - 14 jaar (Junioren 4 en jonger)				
1. PSV				04:27.95
	Fenna Zusterzeel 2010 (+55)	50m 00:31.93 31,93		
	Fenna Zusterzeel 2010 (+55)	100m 01:06.23 34,30		

Michelle van Hemert 2009 (+55)	150m	01:41.23	35,00	
Michelle van Hemert 2009 (+55)	200m	02:21.85	40,62	
Frédérique Nijziel 2011 (+48)	250m	02:52.24	30,39	
Frédérique Nijziel 2011 (+48)	300m	03:28.14	35,90	
Kinley Cole 2009 (+32)	350m	03:56.40	28,26	
Kinley Cole 2009 (+32)	400m	04:27.95	31,55	
2. De Dolfijn				04:35.24
Yara van Asselen 2009 (+67)	50m	00:34.40	34,40	
Yara van Asselen 2009 (+67)	100m	01:11.56	37,16	
Carla Moreno Palacios 2010 (+63)	150m	01:47.17	35,61	
Carla Moreno Palacios 2010 (+63)	200m	02:29.01	41,84	
Elin Brinkhof 2009 (+45)	250m	03:00.30	31,29	
Elin Brinkhof 2009 (+45)	300m	03:35.88	35,58	
Madeleine Bertram 2009 (+55)	350m	04:04.48	28,60	
Madeleine Bertram 2009 (+55)	400m	04:35.24	30,76	
3. Aqua-Novio'94				04:35.46
Myla Klaassen 2009 (+52)	50m	00:33.14	33,14	
Myla Klaassen 2009 (+52)	100m	01:09.24	36,10	
Tara Langkamp 2009 (+27)	150m	01:43.87	34,63	
Tara Langkamp 2009 (+27)	200m	02:25.64	41,77	
Caitlin Sülter 2009 (+39)	250m	02:56.68	31,04	
Caitlin Sülter 2009 (+39)	300m	03:33.39	36,71	
Jaydee Leenders 2009 (+57)	350m	04:02.90	29,51	
Jaydee Leenders 2009 (+57)	400m	04:35.46	32,56	
4. PSV				04:36.47
Tereza Boom 2009 (+55)	50m	00:31.94	31,94	
Tereza Boom 2009 (+55)	100m	01:07.36	35,42	
Annelie Batenburg 2010 (+47)	150m	01:44.33	36,97	
Annelie Batenburg 2010 (+47)	200m	02:25.67	41,34	
Bregje Dekkers 2009 (+53)	250m	02:58.08	32,41	
Bregje Dekkers 2009 (+53)	300m	03:36.24	38,16	
Luus Gielens 2009 (+48)	350m	04:04.64	28,40	
Luus Gielens 2009 (+48)	400m	04:36.47	31,83	
5. ZPC AMERSFOORT				04:37.76
Senna Rijnbeek 2009 (+71)	50m	00:33.35	33,35	
Senna Rijnbeek 2009 (+71)	100m	01:10.40	37,05	
Robine Moot 2009 (+35)	150m	01:45.38	34,98	
Robine Moot 2009 (+35)	200m	02:26.22	40,84	
Esmaé de Gans 2009 (+28)	250m	02:57.89	31,67	
Esmaé de Gans 2009 (+28)	300m	03:37.49	39,60	
Anne Engbersen 2010 (+56)	350m	04:06.04	28,55	
Anne Engbersen 2010 (+56)	400m	04:37.76	31,72	
6. VZC				04:38.34
Elin Ditewig 2009 (+69)	50m	00:31.14	31,14	
Elin Ditewig 2009 (+69)	100m	01:04.88	33,74	
Anouk Molenberg 2009 (+52)	150m	01:42.78	37,90	
Anouk Molenberg 2009 (+52)	200m	02:26.89	44,11	
Juliëtte Woltjes 2009 (+31)	250m	02:56.58	29,69	
Juliëtte Woltjes 2009 (+31)	300m	03:32.35	35,77	
Mandy Berndsen 2010 (+32)	350m	04:03.86	31,51	
Mandy Berndsen 2010 (+32)	400m	04:38.34	34,48	
7. Blue Marlins				04:38.47
Ece Öngören 2009 (+63)	50m	00:32.75	32,75	
Ece Öngören 2009 (+63)	100m	01:07.61	34,86	
Julia Dąbrowska 2010 (+62)	150m	01:43.95	36,34	
Julia Dąbrowska 2010 (+62)	200m	02:28.36	44,41	
Odenza Soselisa 2011 (+46)	250m	03:00.16	31,80	
Odenza Soselisa 2011 (+46)	300m	03:37.18	37,02	
Fleur van den Eijk 2009 (+36)	350m	04:06.21	29,03	
Fleur van den Eijk 2009 (+36)	400m	04:38.47	32,26	
8. DWK				04:46.09
Tessa van Beek 2010 (+72)	50m	00:34.47	34,47	

Tessa van Beek 2010 (+72)	100m	01:10.96	36,49	
Fenne de Vogt 2009 (+43)	150m	01:46.54	35,58	
Fenne de Vogt 2009 (+43)	200m	02:28.67	42,13	
Karlijn Siderius 2009 (+40)	250m	03:00.98	32,31	
Karlijn Siderius 2009 (+40)	300m	03:41.60	40,62	
Elin Baars 2010 (+64)	350m	04:12.17	30,57	
Elin Baars 2010 (+64)	400m	04:46.09	33,92	
9. WVZ				04:48.84
Malin Roozeboom 2011 (+74)	50m	00:32.46	32,46	
Malin Roozeboom 2011 (+74)	100m	01:07.24	34,78	
Tess van de Steeg 2010 (+57)	150m	01:45.40	38,16	
Tess van de Steeg 2010 (+57)	200m	02:28.87	43,47	
Chloé in 't Veen 2011 (+54)	250m	03:03.50	34,63	
Chloé in 't Veen 2011 (+54)	300m	03:44.72	41,22	
Anouk Steller 2010 (+45)	350m	04:14.92	30,20	
Anouk Steller 2010 (+45)	400m	04:48.84	33,92	
10. HZ&PC Heerenveen				04:50.61
Silke Hooghiemstra 2009 (+62)	50m	00:31.68	31,68	
Silke Hooghiemstra 2009 (+62)	100m	01:05.19	33,51	
Lobke Hempenius 2011 (+23)	150m	01:45.16	39,97	
Lobke Hempenius 2011 (+23)	200m	02:31.33	46,17	
Milou Geneuglijk 2009 (+12)	250m	03:03.72	32,39	
Milou Geneuglijk 2009 (+12)	300m	03:45.14	41,42	
Elise Dorlandt 2010 (+35)	350m	04:16.27	31,13	
Elise Dorlandt 2010 (+35)	400m	04:50.61	34,34	
11. ZV 44				04:50.85
Paula Spans 2010 (+73)	50m	00:34.66	34,66	
Paula Spans 2010 (+73)	100m	01:10.50	35,84	
Marre van der Wal 2010 (+60)	150m	01:46.68	36,18	
Marre van der Wal 2010 (+60)	200m	02:27.49	40,81	
Chiara Lammertink 2009 (+74)	250m	03:00.92	33,43	
Chiara Lammertink 2009 (+74)	300m	03:42.50	41,58	
Lisa van Velzen 2009 (+33)	350m	04:14.40	31,90	
Lisa van Velzen 2009 (+33)	400m	04:50.85	36,45	
12. DAW				04:55.67
Eva Leuerman 2009 (+70)	50m	00:36.49	36,49	
Eva Leuerman 2009 (+70)	100m	01:16.49	40,00	
Amber Kunst 2009 (+28)	150m	01:53.31	36,82	
Amber Kunst 2009 (+28)	200m	02:36.73	43,42	
Megan Snoek 2009 (+76)	250m	03:12.02	35,29	
Megan Snoek 2009 (+76)	300m	03:53.93	41,91	
Flo Streep 2009 (+45)	350m	04:23.42	29,49	
Flo Streep 2009 (+45)	400m	04:55.67	32,25	
13. De Columbiaan				04:55.68
Tess Meeuwissen 2010 (+87)	50m	00:34.51	34,51	
Tess Meeuwissen 2010 (+87)	100m	01:12.71	38,20	
Britt van de Reep 2010 (+28)	150m	01:51.22	38,51	
Britt van de Reep 2010 (+28)	200m	02:35.62	44,40	
Gwen Hermans 2009 (+66)	250m	03:08.99	33,37	
Gwen Hermans 2009 (+66)	300m	03:48.69	39,70	
Nina Tetteroo 2010 (+50)	350m	04:20.32	31,63	
Nina Tetteroo 2010 (+50)	400m	04:55.68	35,36	
14. ZPC AMERSFOORT				04:56.02
Noortje Bisperink 2011 (+72)	50m	00:36.42	36,42	
Noortje Bisperink 2011 (+72)	100m	01:15.02	38,60	
Noa van Zalk 2011 (+57)	150m	01:53.31	38,29	
Noa van Zalk 2011 (+57)	200m	02:38.92	45,61	
Fenne Metten 2010 (+92)	250m	03:13.82	34,90	
Fenne Metten 2010 (+92)	300m	03:53.89	40,07	
Sterre Dietvorst 2009 (+64)	350m	04:23.32	29,43	
Sterre Dietvorst 2009 (+64)	400m	04:56.02	32,70	
15. Deltasteur				05:00.34

Anne van der Kamp 2009 (+70)	50m	00:35.47	35,47	
Anne van der Kamp 2009 (+70)	100m	01:14.55	39,08	
Marit Weever 2010 (+49)	150m	01:52.71	38,16	
Marit Weever 2010 (+49)	200m	02:38.50	45,79	
Simone Faber 2009 (+60)	250m	03:12.48	33,98	
Simone Faber 2009 (+60)	300m	03:52.69	40,21	
Isabel Amelink 2011 (+70)	350m	04:25.21	32,52	
Isabel Amelink 2011 (+70)	400m	05:00.34	35,13	
16. ZPCH				05:03.63
Jenny Muntinga 2009 (+65)	50m	00:33.52	33,52	
Jenny Muntinga 2009 (+65)	100m	01:08.78	35,26	
Roubin van Kampen 2012 (+62)	150m	01:51.79	43,01	
Roubin van Kampen 2012 (+62)	200m	02:38.56	46,77	
Linou van Kampen 2010 (+90)	250m	03:13.11	34,55	
Linou van Kampen 2010 (+90)	300m	03:55.18	42,07	
Nynke Muntinga 2011 (+24)	350m	04:27.32	32,14	
Nynke Muntinga 2011 (+24)	400m	05:03.63	36,31	
17. GZC DONK				05:16.64
Sophie Ferwerda 2009 (+88)	50m	00:39.52	39,52	
Sophie Ferwerda 2009 (+88)	100m	01:21.03	41,51	
Tessa de Jong 2010 (+47)	150m	02:02.64	41,61	
Tessa de Jong 2010 (+47)	200m	02:51.36	48,72	
Erin de Jong 2010 (+53)	250m	03:24.76	33,40	
Erin de Jong 2010 (+53)	300m	04:05.18	40,42	
Brisa Dekkers 2010 (+46)	350m	04:39.29	34,11	
Brisa Dekkers 2010 (+46)	400m	05:16.64	37,35	
DIS. Blue Marlins				00:00.00
Mariia Kostina 2010 (+70)	50m	00:33.48	33,48	
Mariia Kostina 2010 (+70)	100m	01:10.81	37,33	
Casharell Kraan 2011 (+46)	150m	01:48.95	38,14	
Casharell Kraan 2011 (+46)	200m	02:34.64	45,69	
Manou Longayroux 2010 (-4)	400m	00:00.00	-154,64	
50. 4x100m vrije slag heren				
12 - 15 jaar (Junioren)				
1. Team Noord Holland				03:33.89
Rens Noordover 2008 (+67)	50m	00:26.47	26,47	
Rens Noordover 2008 (+67)	100m	00:55.24	28,77	
Suraj Baladurage 2008 (+14)	150m	01:20.84	25,60	
Suraj Baladurage 2008 (+14)	200m	01:49.52	28,68	
Willem Weustink 2008 (+30)	250m	02:15.52	26,00	
Willem Weustink 2008 (+30)	300m	02:44.14	28,62	
Giovanni Phillipson 2008 (+54)	350m	03:08.14	24,00	
Giovanni Phillipson 2008 (+54)	400m	03:33.89	25,75	
2. PSV				03:34.92
Giulian Janssen 2009 (+66)	50m	00:25.20	25,20	
Giulian Janssen 2009 (+66)	100m	00:52.55	27,35	
Theodore Allan 2009 (+48)	150m	01:18.46	25,91	
Theodore Allan 2009 (+48)	200m	01:47.12	28,66	
Nout Folkersma 2008 (+28)	250m	02:12.91	25,79	
Nout Folkersma 2008 (+28)	300m	02:41.76	28,85	
Jones Chuang 2008 (+37)	350m	03:07.29	25,53	
Jones Chuang 2008 (+37)	400m	03:34.92	27,63	
3. ZPC AMERSFOORT				03:41.26
Felbe van 't Land 2009 (+75)	50m	00:25.94	25,94	
Felbe van 't Land 2009 (+75)	100m	00:54.34	28,40	
Feddo Smink 2009 (+44)	150m	01:20.51	26,17	
Feddo Smink 2009 (+44)	200m	01:49.65	29,14	
Jesse Molegraaf 2008 (+34)	250m	02:16.43	26,78	
Jesse Molegraaf 2008 (+34)	300m	02:46.27	29,84	
Tobian Vos 2009 (+52)	350m	03:12.81	26,54	
Tobian Vos 2009 (+52)	400m	03:41.26	28,45	
4. De Dinkel				03:42.38

Bram ter Braak 2008 (+71)	50m	00:26.04	26,04	
Bram ter Braak 2008 (+71)	100m	00:54.47	28,43	
Sam Leferink 2008 (+58)	150m	01:21.19	26,72	
Sam Leferink 2008 (+58)	200m	01:51.42	30,23	
Job Sportel 2008 (+53)	250m	02:18.61	27,19	
Job Sportel 2008 (+53)	300m	02:47.62	29,01	
Milan Veelders 2008 (+62)	350m	03:13.67	26,05	
Milan Veelders 2008 (+62)	400m	03:42.38	28,71	
5. Blue Marlins				03:42.65
Xiaoyu Yin 2008 (+70)	50m	00:25.66	25,66	
Xiaoyu Yin 2008 (+70)	100m	00:54.79	29,13	
Aditya Winterberg 2008 (+15)	150m	01:21.99	27,20	
Aditya Winterberg 2008 (+15)	200m	01:53.08	31,09	
Thygo van de Peppel 2009 (+34)	250m	02:19.96	26,88	
Thygo van de Peppel 2009 (+34)	300m	02:50.74	30,78	
Kaan Sudak 2008 (+41)	350m	03:15.12	24,38	
Kaan Sudak 2008 (+41)	400m	03:42.65	27,53	
6. Aqua-Novio'94				03:52.62
Liam Diavatopoulos 2008 (+76)	50m	00:27.17	27,17	
Liam Diavatopoulos 2008 (+76)	100m	00:56.78	29,61	
Wessel van Dorst 2009 (+37)	150m	01:24.82	28,04	
Wessel van Dorst 2009 (+37)	200m	01:55.57	30,75	
Tim Brouwer 2008 (+28)	250m	02:23.37	27,80	
Tim Brouwer 2008 (+28)	300m	02:53.74	30,37	
Mink Hugen 2008 (+18)	350m	03:21.56	27,82	
Mink Hugen 2008 (+18)	400m	03:52.62	31,06	
7. VZC				03:52.88
Rijk Leenders 2008 (+73)	50m	00:27.87	27,87	
Rijk Leenders 2008 (+73)	100m	00:58.33	30,46	
Bas Mostert 2008 (+51)	150m	01:24.98	26,65	
Bas Mostert 2008 (+51)	200m	01:54.01	29,03	
Stefan van der Meer 2009 (+26)	250m	02:22.12	28,11	
Stefan van der Meer 2009 (+26)	300m	02:53.83	31,71	
Felix Gepkens 2008 (+70)	350m	03:22.35	28,52	
Felix Gepkens 2008 (+70)	400m	03:52.88	30,53	
8. De Dolfijn				03:52.93
Finn Hilders 2009 (+55)	50m	00:28.24	28,24	
Finn Hilders 2009 (+55)	100m	00:59.35	31,11	
Luca Boorsma 2009 (+51)	150m	01:26.42	27,07	
Luca Boorsma 2009 (+51)	200m	01:57.41	30,99	
Mike Hilders 2009 (+57)	250m	02:25.11	27,70	
Mike Hilders 2009 (+57)	300m	02:55.63	30,52	
Alexander Griston 2008 (+47)	350m	03:23.35	27,72	
Alexander Griston 2008 (+47)	400m	03:52.93	29,58	
9. OZ&PC				03:53.09
Teun Overmars 2008 (+78)	50m	00:26.97	26,97	
Teun Overmars 2008 (+78)	100m	00:56.62	29,65	
Daan Overmars 2011 (+34)	150m	01:26.16	29,54	
Daan Overmars 2011 (+34)	200m	01:59.62	33,46	
Finn Stamsnieder 2009 (+54)	250m	02:28.47	28,85	
Finn Stamsnieder 2009 (+54)	300m	03:00.75	32,28	
Siem de Zeeuw 2008 (+54)	350m	03:25.73	24,98	
Siem de Zeeuw 2008 (+54)	400m	03:53.09	27,36	
10. HZ&PC Heerenveen				03:53.48
Gijs Koehoorn 2008 (+71)	50m	00:25.96	25,96	
Gijs Koehoorn 2008 (+71)	100m	00:54.38	28,42	
Tije Hempenius 2009 (+19)	150m	01:24.23	29,85	
Tije Hempenius 2009 (+19)	200m	01:59.39	35,16	
Finn Eghuizen 2009 (+50)	250m	02:27.03	27,64	
Finn Eghuizen 2009 (+50)	300m	02:57.00	29,97	
Diede Veld 2008 (+38)	350m	03:23.94	26,94	
Diede Veld 2008 (+38)	400m	03:53.48	29,54	

11. WVZ				03:54.06
	Tim Boerefijn 2008 (+76)	50m	00:26.88 26,88	
	Tim Boerefijn 2008 (+76)	100m	00:56.19 29,31	
	Sven Mulder 2009 (+53)	150m	01:25.64 29,45	
	Sven Mulder 2009 (+53)	200m	01:58.28 32,64	
	Sverre van der Zwaan 2009 (+25)	250m	02:25.76 27,48	
	Sverre van der Zwaan 2009 (+25)	300m	02:56.46 30,70	
	Niek Sonneveld 2008 (+48)	350m	03:24.35 27,89	
	Niek Sonneveld 2008 (+48)	400m	03:54.06 29,71	
12. Blue Marlins				03:56.24
	Alexander van der Maaten 2009 (+64)	50m	00:28.54 28,54	
	Alexander van der Maaten 2009 (+64)	100m	00:59.97 31,43	
	Aiden Lips 2008 (+42)	150m	01:27.59 27,62	
	Aiden Lips 2008 (+42)	200m	01:59.35 31,76	
	Aidan van der Stelt 2009 (+62)	250m	02:27.78 28,43	
	Aidan van der Stelt 2009 (+62)	300m	02:59.39 31,61	
	Fabian Riedijk 2008 (+54)	350m	03:26.59 27,20	
	Fabian Riedijk 2008 (+54)	400m	03:56.24 29,65	
13. ZPCH				03:57.42
	Figio van Duuren 2008 (+74)	50m	00:28.31 28,31	
	Figio van Duuren 2008 (+74)	100m	00:58.27 29,96	
	Lucas Schouten 2009 (+53)	150m	01:26.86 28,59	
	Lucas Schouten 2009 (+53)	200m	01:57.95 31,09	
	Baris Tomu 2010 (+61)	250m	02:27.67 29,72	
	Baris Tomu 2010 (+61)	300m	03:00.16 32,49	
	Jelte de Jong 2009 (+47)	350m	03:27.45 27,29	
	Jelte de Jong 2009 (+47)	400m	03:57.42 29,97	
14. Steenwijk 1934				03:57.79
	Jaydey Schonewille 2008 (+79)	50m	00:26.65 26,65	
	Jaydey Schonewille 2008 (+79)	100m	00:55.44 28,79	
	Ivan Vuist 2008 (+52)	150m	01:23.74 28,30	
	Ivan Vuist 2008 (+52)	200m	01:56.77 33,03	
	Dyon Scholten 2009 (+55)	250m	02:25.90 29,13	
	Dyon Scholten 2009 (+55)	300m	02:58.52 32,62	
	Sven Casper Hageman 2010 (+62)	350m	03:26.57 28,05	
	Sven Casper Hageman 2010 (+62)	400m	03:57.79 31,22	
15. ZPC AMERSFOORT				03:59.28
	Xander Kragting 2009 (+74)	50m	00:28.77 28,77	
	Xander Kragting 2009 (+74)	100m	01:00.18 31,41	
	Joey Snabel 2010 (+55)	150m	01:29.32 29,14	
	Joey Snabel 2010 (+55)	200m	02:01.35 32,03	
	Thijn Metten 2008 (+55)	250m	02:30.04 28,69	
	Thijn Metten 2008 (+55)	300m	03:02.00 31,96	
	Rens van Wijngaarden 2008 (+54)	350m	03:28.93 26,93	
	Rens van Wijngaarden 2008 (+54)	400m	03:59.28 30,35	
16. PSV				03:59.38
	Davi Fonseca Gomes 2009 (+70)	50m	00:27.65 27,65	
	Davi Fonseca Gomes 2009 (+70)	100m	00:59.64 31,99	
	Fedor Sazonov 2009 (+45)	150m	01:27.52 27,88	
	Fedor Sazonov 2009 (+45)	200m	01:58.09 30,57	
	Jonathan Baaijens 2008 (+33)	250m	02:27.53 29,44	
	Jonathan Baaijens 2008 (+33)	300m	02:59.82 32,29	
	Martijn Nies 2009 (+53)	350m	03:27.41 27,59	
	Martijn Nies 2009 (+53)	400m	03:59.38 31,97	
17. DWK				03:59.61
	Ruben Baars 2009 (+69)	50m	00:26.58 26,58	
	Ruben Baars 2009 (+69)	100m	00:56.23 29,65	
	Quinn Frunt 2008 (+52)	150m	01:24.29 28,06	
	Quinn Frunt 2008 (+52)	200m	01:54.26 29,97	
	Nordin Vermeer 2010 (+63)	250m	02:23.53 29,27	
	Nordin Vermeer 2010 (+63)	300m	02:57.57 34,04	
	Tygo van de Wal 2010 (+40)	350m	03:26.44 28,87	
	Tygo van de Wal 2010 (+40)	400m	03:59.61 33,17	



18. Hellas-Glana				04:00.18
Jannick van Eeghem 2008 (+72)	50m	00:27.66	27,66	
Jannick van Eeghem 2008 (+72)	100m	00:57.61	29,95	
Cas Heylighen 2009 (+35)	150m	01:28.33	30,72	
Cas Heylighen 2009 (+35)	200m	02:03.18	34,85	
Mattia Maggio 2009 (+13)	250m	02:29.18	26,00	
Mattia Maggio 2009 (+13)	300m	02:58.75	29,57	
Joris Willemse 2008 (+22)	350m	03:27.07	28,32	
Joris Willemse 2008 (+22)	400m	04:00.18	33,11	
19. ZVL-1886				04:01.47
Lintar Shidiq 2008 (+69)	50m	00:31.31	31,31	
Lintar Shidiq 2008 (+69)	100m	01:07.17	35,86	
Gijs Hartwijk 2008 (+14)	150m	01:35.08	27,91	
Gijs Hartwijk 2008 (+14)	200m	02:06.09	31,01	
Jan Schouten 2009 (+51)	250m	02:34.03	27,94	
Jan Schouten 2009 (+51)	300m	03:04.87	30,84	
Rein Stoel 2008 (+48)	350m	03:31.67	26,80	
Rein Stoel 2008 (+48)	400m	04:01.47	29,80	
20. ACZ				04:01.90
Milán Biró 2008 (+67)	50m	00:29.12	29,12	
Milán Biró 2008 (+67)	100m	01:01.18	32,06	
Luka Arkesteijn 2009 (+44)	150m	01:31.69	30,51	
Luka Arkesteijn 2009 (+44)	200m	02:07.11	35,42	
Avery Arrindell 2009 (+30)	250m	02:35.91	28,80	
Avery Arrindell 2009 (+30)	300m	03:07.72	31,81	
Yarno van Dam 2008 (+40)	350m	03:33.33	25,61	
Yarno van Dam 2008 (+40)	400m	04:01.90	28,57	
21. DZ&PC				04:02.97
Roy Hofman 2009 (+74)	50m	00:29.58	29,58	
Roy Hofman 2009 (+74)	100m	01:01.67	32,09	
Stijn Dijkstra 2010 (+54)	150m	01:32.88	31,21	
Stijn Dijkstra 2010 (+54)	200m	02:06.95	34,07	
Hein Muller 2008 (+73)	250m	02:35.26	28,31	
Hein Muller 2008 (+73)	300m	03:06.28	31,02	
Damir Mustafic 2008 (+65)	350m	03:33.54	27,26	
Damir Mustafic 2008 (+65)	400m	04:02.97	29,43	
22. ZV 44				04:03.35
Youp Stuifzand 2008 (+68)	50m	00:27.53	27,53	
Youp Stuifzand 2008 (+68)	100m	00:58.21	30,68	
Ruben Nooter 2009 (+41)	150m	01:26.09	27,88	
Ruben Nooter 2009 (+41)	200m	01:57.95	31,86	
Ruben Kragt 2010 (+31)	250m	02:26.82	28,87	
Ruben Kragt 2010 (+31)	300m	03:00.43	33,61	
Matthijs van Velzen 2011 (+52)	350m	03:29.46	29,03	
Matthijs van Velzen 2011 (+52)	400m	04:03.35	33,89	
23. ZC Polaris				04:04.73
Colin Beuker 2008 (+83)	50m	00:28.73	28,73	
Colin Beuker 2008 (+83)	100m	01:01.22	32,49	
Gerjan Berends 2009 (+61)	150m	01:28.53	27,31	
Gerjan Berends 2009 (+61)	200m	01:59.90	31,37	
Kyran Kroeze 2009 (+36)	250m	02:30.60	30,70	
Kyran Kroeze 2009 (+36)	300m	03:05.19	34,59	
Deaquan Ramos 2009 (+41)	350m	03:31.71	26,52	
Deaquan Ramos 2009 (+41)	400m	04:04.73	33,02	