

1 - Spring Swim Sessie 1: Series

1-3-2024 - 16:30

Programmanr. 1
1-3-2024 - 16:30

Dames, 400m wisselslag
Spring Swim Record: Djanilla Brink: 4:54.28

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|-------|------------------|-------|-----------|-------|-------|-------|---------|----------------|-----|----|
| 1. | Hedwig Bolt | | HZ&PC Heerenveen | | 200602660 | | | | 5:05.93 | 5:03.84 | 673 | Q |
| | 50m: | 31.56 | 150m: | 40.32 | 250m: | 43.21 | 350m: | 35.07 | | | | |
| | 100m: | 37.37 | 200m: | 39.05 | 300m: | 43.49 | 400m: | 33.77 | | | | |
| 2. | Merel Schravendijk | | Blue Marlins | | 200503382 | | | | 4:47.96 | 5:06.62 | 655 | Q |
| | 50m: | 32.83 | 150m: | 41.84 | 250m: | 42.67 | 350m: | 34.21 | | | | |
| | 100m: | 37.49 | 200m: | 40.16 | 300m: | 43.65 | 400m: | 33.77 | | | | |
| 3. | Djanilla Brink | | De Dolfijn | | 200600988 | | | | 4:52.45 | 5:06.65 | 655 | Q |
| | 50m: | 32.59 | 150m: | 41.73 | 250m: | 40.54 | 350m: | 36.03 | | | | |
| | 100m: | 38.08 | 200m: | 41.92 | 300m: | 41.66 | 400m: | 34.10 | | | | |
| 4. | Nikita van den Ouden | | Psv | | 199900622 | | | | 4:49.21 | 5:06.88 | 653 | Q |
| | 50m: | 30.89 | 150m: | 41.03 | 250m: | 43.66 | 350m: | 35.50 | | | | |
| | 100m: | 36.82 | 200m: | 39.80 | 300m: | 44.02 | 400m: | 35.16 | | | | |
| 5. | Megan Jonkman | | Blue Marlins | | 200600508 | | | | 4:58.97 | 5:09.00 | 640 | Q |
| | 50m: | 31.86 | 150m: | 41.56 | 250m: | 44.49 | 350m: | 34.12 | | | | |
| | 100m: | 36.66 | 200m: | 39.95 | 300m: | 46.01 | 400m: | 34.35 | | | | |
| 6. | Frouke Ludwig | | Dz&Pc | | 200800112 | | | | 5:05.99 | 5:10.45 | 631 | Q |
| | 50m: | 32.57 | 150m: | 38.35 | 250m: | 45.80 | 350m: | 35.78 | | | | |
| | 100m: | 37.80 | 200m: | 38.40 | 300m: | 46.82 | 400m: | 34.93 | | | | |
| 7. | Fay Boxum | | Dz&Pc | | 200900060 | | | | 5:14.94 | 5:12.60 | 618 | Q |
| | 50m: | 32.27 | 150m: | 39.28 | 250m: | 44.40 | 350m: | 36.44 | | | | |
| | 100m: | 39.57 | 200m: | 38.46 | 300m: | 46.09 | 400m: | 36.09 | | | | |
| | Laura van Etten | | HZ&PC Heerenveen | | 200800264 | | | | 5:19.90 | 5:12.60 | 618 | Q |
| | 50m: | 32.51 | 150m: | 38.42 | 250m: | 46.84 | 350m: | 35.58 | | | | |
| | 100m: | 38.33 | 200m: | 38.06 | 300m: | 47.18 | 400m: | 35.68 | | | | |
| 9. | Dachen Haaijer | | ZPC Hoogeveen | | 200800380 | | | | 4:53.89 | 5:12.75 | 617 | R |
| | <i>*Backup tijd</i> | | | | | | | | | | | |
| | 50m: | 33.20 | 150m: | 38.74 | 250m: | 44.41 | 350m: | 36.83 | | | | |
| | 100m: | 39.68 | 200m: | 38.68 | 300m: | 44.63 | 400m: | 36.58 | | | | |
| 10. | Esmee Mulder | | Dz&Pc | | 200800038 | | | | 5:30.55 | 5:23.50 | 558 | R |
| | 50m: | 33.54 | 150m: | 42.02 | 250m: | 44.84 | 350m: | 37.81 | | | | |
| | 100m: | 40.90 | 200m: | 41.13 | 300m: | 47.25 | 400m: | 36.01 | | | | |
| 11. | Luus Gielens | | Psv | | 200900138 | | | | 5:07.89 | 5:28.84 | 531 | |
| | 50m: | 33.84 | 150m: | 43.04 | 250m: | 49.40 | 350m: | 37.66 | | | | |
| | 100m: | 39.88 | 200m: | 41.16 | 300m: | 47.77 | 400m: | 36.09 | | | | |
| 12. | Madeleine Bertram | | De Dolfijn | | 200900516 | | | | 5:20.15 | 5:30.20 | 524 | |
| | 50m: | 35.09 | 150m: | 42.17 | 250m: | 50.48 | 350m: | 37.77 | | | | |
| | 100m: | 39.37 | 200m: | 40.86 | 300m: | 48.12 | 400m: | 36.34 | | | | |
| 13. | Rinske Bouman | | Blue Marlins | | 200400578 | | | | 5:20.51 | 5:31.19 | 520 | |
| | <i>*Backup tijd</i> | | | | | | | | | | | |
| | 50m: | 31.36 | 150m: | 44.92 | 250m: | 43.48 | 350m: | 41.66 | | | | |
| | 100m: | 38.19 | 200m: | 45.81 | 300m: | 46.61 | 400m: | 39.16 | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 1, Dames, 400m wisselslag, Voorronde, Senioren Open

| Rang | | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|---------------------|----------------|-----------|-------|-------|-------|-------|---------|----------------|-----|----|
| 14. | Julia Agricola | Dz&Pc | 200800266 | | | | | 5:28.24 | 5:31.26 | 519 | |
| | 50m: | 33.81 | 150m: | 43.87 | 250m: | 46.43 | 350m: | 38.79 | | | |
| | 100m: | 39.37 | 200m: | 44.22 | 300m: | 48.34 | 400m: | 36.43 | | | |
| 15. | Yill van Bezouw | Hieronymus | 201100704 | | | | | 5:20.96 | 5:31.96 | 516 | |
| | 50m: | 33.92 | 150m: | 43.92 | 250m: | 46.31 | 350m: | 40.02 | | | |
| | 100m: | 41.23 | 200m: | 42.37 | 300m: | 47.31 | 400m: | 36.88 | | | |
| 16. | Elin Brinkhof | De Dolfijn | 200900078 | | | | | 5:22.66 | 5:34.75 | 503 | |
| | 50m: | 32.60 | 150m: | 46.72 | 250m: | 48.76 | 350m: | 39.38 | | | |
| | 100m: | 38.34 | 200m: | 42.87 | 300m: | 50.14 | 400m: | 35.94 | | | |
| 17. | Marlies Dijsselhof | Dedemsvaart-AC | 200601046 | | | | | 5:42.50 | 5:39.20 | 484 | |
| | 50m: | 36.02 | 150m: | 41.66 | 250m: | 47.46 | 350m: | 41.19 | | | |
| | 100m: | 45.42 | 200m: | 41.43 | 300m: | 47.47 | 400m: | 38.55 | | | |
| 18. | Mijke Ouderkerken | Blue Marlins | 200901254 | | | | | 5:23.74 | 5:40.92 | 476 | |
| | 50m: | 35.07 | 150m: | 46.05 | 250m: | 46.79 | 350m: | 39.49 | | | |
| | 100m: | 41.61 | 200m: | 45.55 | 300m: | 47.53 | 400m: | 38.83 | | | |
| 19. | Lois Waterham | Dedemsvaart-AC | 200803726 | | | | | 5:54.83 | 5:43.74 | 465 | |
| | 50m: | 35.17 | 150m: | 44.66 | 250m: | 50.55 | 350m: | 38.23 | | | |
| | 100m: | 42.46 | 200m: | 44.57 | 300m: | 51.60 | 400m: | 36.50 | | | |
| 20. | Liv Heijdra | Wvz | 200800736 | | | | | 5:28.78 | 5:44.79 | 461 | |
| | 50m: | 31.87 | 150m: | 45.74 | 250m: | 49.60 | 350m: | 42.43 | | | |
| | 100m: | 39.27 | 200m: | 44.67 | 300m: | 51.45 | 400m: | 39.76 | | | |
| 21. | Odenza Soselisa | Blue Marlins | 201101780 | | | | | 5:45.91 | 5:45.62 | 457 | |
| | 50m: | 34.98 | 150m: | 44.42 | 250m: | 50.55 | 350m: | 41.64 | | | |
| | 100m: | 41.76 | 200m: | 43.03 | 300m: | 50.39 | 400m: | 38.85 | | | |
| 22. | Milou Filemon | Blue Marlins | 201100078 | | | | | 5:32.63 | 5:48.72 | 445 | |
| | 50m: | 36.68 | 150m: | 44.44 | 250m: | 51.55 | 350m: | 38.62 | | | |
| | 100m: | 45.14 | 200m: | 42.99 | 300m: | 51.34 | 400m: | 37.96 | | | |
| 23. | Lola Verheijen | Psv | 201100832 | | | | | 5:42.82 | 5:52.09 | 432 | |
| | <i>*Backup tijd</i> | | | | | | | | | | |
| | 50m: | 34.15 | 150m: | 49.09 | 250m: | 51.49 | 350m: | 39.58 | | | |
| | 100m: | 41.72 | 200m: | 46.04 | 300m: | 53.64 | 400m: | 36.38 | | | |
| 24. | Mariia Kostina | Blue Marlins | 201002042 | | | | | 5:43.73 | 5:53.31 | 428 | |
| | 50m: | 33.38 | 150m: | 44.58 | 250m: | 54.06 | 350m: | 39.05 | | | |
| | 100m: | 42.81 | 200m: | 45.14 | 300m: | 54.06 | 400m: | 40.23 | | | |
| 25. | Yara van Asselen | De Dolfijn | 200900408 | | | | | 5:49.24 | 5:55.83 | 419 | |
| | 50m: | 35.94 | 150m: | 46.24 | 250m: | 52.36 | 350m: | 40.83 | | | |
| | 100m: | 44.31 | 200m: | 43.85 | 300m: | 54.11 | 400m: | 38.19 | | | |
| 26. | Dewi Meijer | De Dolfijn | 201000302 | | | | | 5:43.11 | 5:55.95 | 419 | |
| | 50m: | 37.53 | 150m: | 47.34 | 250m: | 52.84 | 350m: | 39.05 | | | |
| | 100m: | 43.53 | 200m: | 45.51 | 300m: | 53.06 | 400m: | 37.09 | | | |
| 27. | Anna Lepoutre | Psv | 201100534 | | | | | 5:57.69 | 6:00.64 | 402 | |
| | 50m: | 35.12 | 150m: | 50.30 | 250m: | 53.43 | 350m: | 40.65 | | | |
| | 100m: | 43.21 | 200m: | 45.99 | 300m: | 54.54 | 400m: | 37.40 | | | |
| 28. | Manou Longayroux | Blue Marlins | 201000580 | | | | | 5:40.80 | 6:02.56 | 396 | |
| | 50m: | 36.93 | 150m: | 48.63 | 250m: | 53.20 | 350m: | 42.82 | | | |
| | 100m: | 44.53 | 200m: | 46.10 | 300m: | 51.45 | 400m: | 38.90 | | | |

DZ&PC Spring Swim 2024

Programmanr. 1, Dames, 400m wisselslag, Voorronde, Senioren Open

| Rang | | | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|---|-----------------------|-----------|-------|-------|---------|-------|---------|---------|----------------|-----|----|
| 29. | Minke Oliva Bouman | Blue Marlins | 201100104 | | | | | | 6:02.07 | 6:03.72 | 392 | |
| | 50m: | 38.52 | 150m: | 46.31 | 250m: | 50.83 | 350m: | 45.55 | | | | |
| | 100m: | 47.95 | 200m: | 42.74 | 300m: | 50.66 | 400m: | 41.16 | | | | |
| 30. | Victoria Friis Petersen | Haderslev Svømme Klub | 0808AY | | | | | | 6:06.90 | 6:04.95 | 388 | |
| | 50m: | 38.13 | 150m: | 47.89 | 250m: | 50.65 | 350m: | 41.92 | | | | |
| | 100m: | 47.86 | 200m: | 46.68 | 300m: | 52.40 | 400m: | 39.42 | | | | |
| 31. | Sanne Mulder | Wvz | 200900280 | | | | | | 5:48.40 | 6:05.67 | 386 | |
| | 50m: | 37.20 | 150m: | 48.40 | 250m: | 50.60 | 350m: | 43.47 | | | | |
| | 100m: | 47.78 | 200m: | 46.13 | 300m: | 51.67 | 400m: | 40.42 | | | | |
| 32. | Milou Geneuglijk | HZ&PC Heerenveen | 200900556 | | | | | | 6:09.84 | 6:06.12 | 385 | |
| | 50m: | 35.91 | 150m: | 46.95 | 250m: | 53.90 | 350m: | 42.74 | | | | |
| | 100m: | 45.78 | 200m: | 45.28 | 300m: | 55.08 | 400m: | 40.48 | | | | |
| 33. | Evita Hoornweg | TriVia | 201002046 | | | | | | 6:09.69 | 6:10.51 | 371 | |
| | 50m: | 36.87 | 150m: | 48.09 | 250m: | 50.86 | 350m: | 42.82 | | | | |
| | 100m: | 48.98 | 200m: | 47.26 | 300m: | 54.01 | 400m: | 41.62 | | | | |
| 34. | Isa Segenhout | Orca Leeuwarden | 201000128 | | | | | | 6:06.52 | 6:18.55 | 348 | |
| | <i>*Backup tijd</i> | | | | | | | | | | | |
| | 50m: | 38.58 | 150m: | 48.26 | 250m: | 53.62 | 350m: | 44.88 | | | | |
| | 100m: | 51.04 | 200m: | 46.46 | 300m: | 56.40 | 400m: | 1:24.19 | | | | |
| 35. | Jente Nijsingh | Dedemsvaart-AC | 200801594 | | | | | | 6:40.37 | 6:25.60 | 329 | |
| | 50m: | 38.24 | 150m: | 49.72 | 250m: | 54.67 | 350m: | 46.24 | | | | |
| | 100m: | 49.31 | 200m: | 49.02 | 300m: | 53.94 | 400m: | 44.46 | | | | |
| 36. | Devenda van der Meer | de Granaet | 200900948 | | | | | | 6:02.52 | 6:26.39 | 327 | |
| | 50m: | 38.35 | 150m: | 45.67 | 250m: | 56.88 | 350m: | 44.85 | | | | |
| | 100m: | 51.17 | 200m: | 46.08 | 300m: | 59.19 | 400m: | 44.20 | | | | |
| 37. | Josephine Swarts | Bubble | 200703502 | | | | | | 6:34.63 | 6:37.86 | 300 | |
| | 50m: | 38.37 | 150m: | 50.47 | 250m: | 55.38 | 350m: | 47.68 | | | | |
| | 100m: | 52.37 | 200m: | 48.96 | 300m: | 57.18 | 400m: | 47.45 | | | | |
| 38. | Melody Paulussen | De Dolfijn | 201101106 | | | | | | 5:58.67 | 6:38.21 | 299 | |
| | 50m: | 40.09 | 150m: | 52.32 | 250m: | 57.71 | 350m: | 45.70 | | | | |
| | 100m: | 54.79 | 200m: | 47.11 | 300m: | 58.07 | 400m: | 42.42 | | | | |
| 39. | Amila Mustafic | Dz&Pc | 201200026 | | | | | | 6:45.21 | 6:42.89 | 288 | |
| | <i>*Backup tijd</i> | | | | | | | | | | | |
| | 50m: | 43.94 | 150m: | 47.32 | 250m: | 1:00.45 | 350m: | 44.88 | | | | |
| | 100m: | 57.87 | 200m: | 45.70 | 300m: | 1:01.58 | 400m: | 41.15 | | | | |
| DIS | Meila Broenink | Batavia Swim | 201102332 | | | | | | 7:01.72 | | | |
| | <i>RH - Het eindpunt niet in rugligging aangeraakt.</i> | | | | | | | | | | | |

Programmanr. 2
1-3-2024 - 17:02

Heren, 1500m vrije slag
Spring Swim record: Yanieck Weijland: 16:13.82

Junioren 1 en ouder
Resultaten

Punten: FINA 2023

| Rang | | | | | | | In.tijd | | Tijd | | Pnt | RT |
|------|---------------------|-------|---------------|-------|-----------|-------|----------|-------|----------|-------|--------|-------|
| 1. | Tiago Fonseca Gomes | | Psv | | 200703587 | | 15:14.81 | | 16:00.88 | | 744 | |
| | 50m: | 28.36 | 300m: | 32.31 | 550m: | 32.07 | 800m: | 32.10 | 1050m: | 32.93 | 1300m: | 32.61 |
| | 100m: | 30.94 | 350m: | 32.29 | 600m: | 31.87 | 850m: | 32.17 | 1100m: | 32.13 | 1350m: | 32.78 |
| | 150m: | 31.36 | 400m: | 32.18 | 650m: | 31.95 | 900m: | 32.45 | 1150m: | 32.77 | 1400m: | 32.63 |
| | 200m: | 32.08 | 450m: | 32.11 | 700m: | 31.83 | 950m: | 32.58 | 1200m: | 32.52 | 1450m: | 32.25 |
| | 250m: | 31.93 | 500m: | 32.14 | 750m: | 31.99 | 1000m: | 32.58 | 1250m: | 33.04 | 1500m: | 29.93 |
| 2. | Bram Loots | | Kzc | | 200700197 | | 15:27.29 | | 16:32.05 | | 676 | |
| | 50m: | 28.19 | 300m: | 32.19 | 550m: | 33.64 | 800m: | 33.85 | 1050m: | 33.80 | 1300m: | 33.08 |
| | 100m: | 30.95 | 350m: | 32.82 | 600m: | 34.17 | 850m: | 34.49 | 1100m: | 33.59 | 1350m: | 33.56 |
| | 150m: | 31.59 | 400m: | 32.81 | 650m: | 33.97 | 900m: | 34.28 | 1150m: | 33.94 | 1400m: | 32.84 |
| | 200m: | 32.12 | 450m: | 32.97 | 700m: | 33.96 | 950m: | 34.15 | 1200m: | 33.55 | 1450m: | 32.86 |
| | 250m: | 32.51 | 500m: | 33.25 | 750m: | 34.50 | 1000m: | 33.77 | 1250m: | 33.94 | 1500m: | 30.71 |
| 3. | Tieme Wiersma | | Dz&Pc | | 200701031 | | 16:50.78 | | 16:34.88 | | 671 | |
| | 50m: | 30.17 | 300m: | 33.12 | 550m: | 33.60 | 800m: | 33.51 | 1050m: | 33.18 | 1300m: | 34.56 |
| | 100m: | 32.30 | 350m: | 33.24 | 600m: | 33.40 | 850m: | 33.36 | 1100m: | 34.02 | 1350m: | 34.09 |
| | 150m: | 32.83 | 400m: | 33.16 | 650m: | 32.97 | 900m: | 33.63 | 1150m: | 33.70 | 1400m: | 33.62 |
| | 200m: | 32.99 | 450m: | 33.07 | 700m: | 33.36 | 950m: | 32.86 | 1200m: | 33.69 | 1450m: | 32.51 |
| | 250m: | 32.98 | 500m: | 33.38 | 750m: | 32.89 | 1000m: | 33.33 | 1250m: | 33.83 | 1500m: | 31.53 |
| 4. | Olivier Wilbers | | ZPC Hoogeveen | | 200600181 | | 16:15.61 | | 16:42.74 | | 655 | |
| | 50m: | 31.37 | 300m: | 33.79 | 550m: | 33.45 | 800m: | 33.26 | 1050m: | 33.45 | 1300m: | 33.64 |
| | 100m: | 33.88 | 350m: | 33.64 | 600m: | 33.32 | 850m: | 33.37 | 1100m: | 33.52 | 1350m: | 33.71 |
| | 150m: | 33.64 | 400m: | 33.37 | 650m: | 33.36 | 900m: | 33.28 | 1150m: | 33.58 | 1400m: | 33.96 |
| | 200m: | 33.69 | 450m: | 33.37 | 700m: | 33.27 | 950m: | 33.37 | 1200m: | 33.59 | 1450m: | 33.63 |
| | 250m: | 33.60 | 500m: | 33.54 | 750m: | 33.28 | 1000m: | 33.31 | 1250m: | 33.92 | 1500m: | 32.58 |
| 5. | Martijn Nies | | Psv | | 200902095 | | 16:41.38 | | 17:00.95 | | 620 | |
| | 50m: | 30.20 | 300m: | 34.12 | 550m: | 34.36 | 800m: | 33.91 | 1050m: | 34.59 | 1300m: | 34.45 |
| | 100m: | 33.67 | 350m: | 34.31 | 600m: | 34.23 | 850m: | 34.35 | 1100m: | 34.42 | 1350m: | 34.46 |
| | 150m: | 33.84 | 400m: | 33.68 | 650m: | 34.05 | 900m: | 34.35 | 1150m: | 34.43 | 1400m: | 33.82 |
| | 200m: | 33.76 | 450m: | 34.14 | 700m: | 34.29 | 950m: | 34.56 | 1200m: | 34.45 | 1450m: | 33.40 |
| | 250m: | 34.19 | 500m: | 34.06 | 750m: | 34.47 | 1000m: | 34.62 | 1250m: | 34.84 | 1500m: | 32.93 |
| 6. | Jelte de Jong | | Zpch | | 200900975 | | 16:52.16 | | 17:24.08 | | 580 | |
| | 50m: | 31.29 | 300m: | 34.30 | 550m: | 34.79 | 800m: | 35.00 | 1050m: | 35.35 | 1300m: | 35.32 |
| | 100m: | 33.27 | 350m: | 34.83 | 600m: | 34.91 | 850m: | 35.31 | 1100m: | 35.29 | 1350m: | 35.44 |
| | 150m: | 34.14 | 400m: | 34.79 | 650m: | 35.01 | 900m: | 35.14 | 1150m: | 35.32 | 1400m: | 35.35 |
| | 200m: | 34.43 | 450m: | 34.85 | 700m: | 35.08 | 950m: | 35.35 | 1200m: | 35.35 | 1450m: | 35.12 |
| | 250m: | 34.67 | 500m: | 34.92 | 750m: | 35.04 | 1000m: | 35.19 | 1250m: | 35.50 | 1500m: | 33.73 |
| 7. | Lucas van Rooij | | Psv | | 200603943 | | 16:36.56 | | 17:26.16 | | 577 | |
| | 50m: | 29.83 | 300m: | 34.05 | 550m: | 34.71 | 800m: | 35.57 | 1050m: | 36.43 | 1300m: | 35.96 |
| | 100m: | 32.55 | 350m: | 33.86 | 600m: | 35.11 | 850m: | 35.67 | 1100m: | 36.44 | 1350m: | 35.51 |
| | 150m: | 33.10 | 400m: | 34.45 | 650m: | 34.87 | 900m: | 35.96 | 1150m: | 35.91 | 1400m: | 35.77 |
| | 200m: | 33.81 | 450m: | 34.33 | 700m: | 35.41 | 950m: | 35.91 | 1200m: | 36.14 | 1450m: | 34.64 |
| | 250m: | 33.71 | 500m: | 34.75 | 750m: | 35.08 | 1000m: | 36.36 | 1250m: | 36.14 | 1500m: | 34.13 |
| 8. | Collard Jungeling | | Dz&Pc | | 200701831 | | 17:32.47 | | 17:30.80 | | 569 | |
| | 50m: | 31.11 | 300m: | 35.09 | 550m: | 34.82 | 800m: | 35.76 | 1050m: | 35.28 | 1300m: | 35.68 |
| | 100m: | 34.41 | 350m: | 34.78 | 600m: | 35.37 | 850m: | 35.25 | 1100m: | 35.67 | 1350m: | 35.26 |
| | 150m: | 34.45 | 400m: | 35.30 | 650m: | 35.09 | 900m: | 35.39 | 1150m: | 35.36 | 1400m: | 35.82 |
| | 200m: | 34.59 | 450m: | 34.78 | 700m: | 35.89 | 950m: | 35.21 | 1200m: | 35.73 | 1450m: | 34.75 |
| | 250m: | 34.50 | 500m: | 35.20 | 750m: | 35.13 | 1000m: | 35.76 | 1250m: | 35.75 | 1500m: | 33.62 |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 2, Heren, 1500m vrije slag, Junioren 1 en ouder

| Rang | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|--|------------------------|-------------|--------------|--------------|----------------|----------|-----------------|-----|----|
| 9. | Melle van Veen | Dedemsvaart-AC | | | | 200700661 | 17:51.04 | 17:47.87 | 542 | |
| | 50m: 30.46 | 300m: 35.47 | 550m: 36.06 | 800m: 35.68 | 1050m: 36.26 | 1300m: 36.40 | | | | |
| | 100m: 34.60 | 350m: 36.14 | 600m: 36.03 | 850m: 36.38 | 1100m: 35.98 | 1350m: 36.53 | | | | |
| | 150m: 35.59 | 400m: 35.51 | 650m: 36.54 | 900m: 35.92 | 1150m: 36.14 | 1400m: 35.82 | | | | |
| | 200m: 34.65 | 450m: 35.96 | 700m: 35.44 | 950m: 36.05 | 1200m: 36.48 | 1450m: 35.41 | | | | |
| | 250m: 34.86 | 500m: 35.87 | 750m: 36.32 | 1000m: 35.94 | 1250m: 36.24 | 1500m: 33.14 | | | | |
| 10. | Lars van Zessen | HZ&PC Heerenveen | | | | 200603045 | 18:49.38 | 19:04.07 | 441 | |
| | 50m: 32.68 | 300m: 38.40 | 550m: 38.29 | 800m: 38.22 | 1050m: 38.95 | 1300m: 38.72 | | | | |
| | 100m: 37.04 | 350m: 38.98 | 600m: 38.14 | 850m: 38.31 | 1100m: 39.03 | 1350m: 1:55.43 | | | | |
| | 150m: 37.70 | 400m: 39.04 | 650m: 38.43 | 900m: 38.77 | 1150m: 38.90 | 1400m: 1:14.40 | | | | |
| | 200m: 37.65 | 450m: 38.06 | 700m: 38.26 | 950m: 38.32 | 1200m: 38.68 | 1500m: 1:14.40 | | | | |
| | 250m: 38.00 | 500m: 38.45 | 750m: 38.30 | 1000m: 38.43 | 1250m: 38.67 | | | | | |
| 11. | Dax van den Nouland | Blue Marlins | | | | 201000071 | 18:26.27 | 19:08.55 | 436 | |
| | 50m: 33.43 | 300m: 38.33 | 550m: 39.06 | 800m: 38.72 | 1050m: 37.93 | 1300m: 38.58 | | | | |
| | 100m: 37.60 | 350m: 38.41 | 600m: 38.97 | 850m: 38.31 | 1100m: 38.94 | 1350m: 38.60 | | | | |
| | 150m: 38.77 | 400m: 38.25 | 650m: 38.57 | 900m: 38.86 | 1150m: 37.70 | 1400m: 38.52 | | | | |
| | 200m: 38.40 | 450m: 38.88 | 700m: 38.69 | 950m: 38.78 | 1200m: 38.89 | 1450m: 37.89 | | | | |
| | 250m: 38.28 | 500m: 38.12 | 750m: 38.57 | 1000m: 38.82 | 1250m: 38.51 | 1500m: 37.17 | | | | |
| 12. | Dyon Scholten | Steenwijk 1934 | | | | 200900095 | 18:45.34 | 19:25.51 | 417 | |
| | 50m: 32.57 | 300m: 39.38 | 550m: 40.09 | 800m: 37.29 | 1050m: 39.28 | 1300m: 38.85 | | | | |
| | 100m: 37.17 | 350m: 39.82 | 600m: 40.47 | 850m: 38.21 | 1100m: 38.89 | 1350m: 37.91 | | | | |
| | 150m: 38.64 | 400m: 39.99 | 650m: 40.31 | 900m: 38.99 | 1150m: 39.65 | 1400m: 38.13 | | | | |
| | 200m: 39.65 | 450m: 39.81 | 700m: 40.73 | 950m: 39.30 | 1200m: 38.70 | 1450m: 37.39 | | | | |
| | 250m: 39.58 | 500m: 40.10 | 750m: 39.97 | 1000m: 39.02 | 1250m: 38.47 | 1500m: 37.15 | | | | |
| 13. | Duuk Harms | Dedemsvaart-AC | | | | 200900201 | 19:06.01 | 19:31.38 | 411 | |
| | 50m: 33.72 | 300m: 39.02 | 550m: 39.47 | 800m: 38.94 | 1050m: 39.47 | 1300m: 39.55 | | | | |
| | 100m: 37.53 | 350m: 39.28 | 600m: 39.15 | 850m: 39.55 | 1100m: 39.17 | 1350m: 40.37 | | | | |
| | 150m: 38.42 | 400m: 39.28 | 650m: 39.39 | 900m: 39.09 | 1150m: 39.51 | 1400m: 39.40 | | | | |
| | 200m: 38.50 | 450m: 39.21 | 700m: 39.28 | 950m: 39.77 | 1200m: 39.32 | 1450m: 39.81 | | | | |
| | 250m: 38.96 | 500m: 38.95 | 750m: 39.29 | 1000m: 39.20 | 1250m: 40.34 | 1500m: 38.44 | | | | |
| 14. | Mattias Stolk | HZ&PC Heerenveen | | | | 201000525 | 18:16.70 | 19:33.67 | 408 | |
| | 50m: 33.62 | 300m: 38.65 | 550m: 38.89 | 800m: 40.19 | 1050m: 38.95 | 1300m: 39.37 | | | | |
| | 100m: 37.57 | 350m: 40.19 | 600m: 39.45 | 850m: 39.58 | 1100m: 38.75 | 1350m: 39.32 | | | | |
| | 150m: 38.71 | 400m: 39.32 | 650m: 39.58 | 900m: 39.57 | 1150m: 40.95 | 1400m: 39.98 | | | | |
| | 200m: 38.38 | 450m: 38.72 | 700m: 39.44 | 950m: 39.52 | 1200m: 40.27 | 1450m: 39.65 | | | | |
| | 250m: 39.18 | 500m: 39.75 | 750m: 39.44 | 1000m: 39.46 | 1250m: 38.35 | 1500m: 38.87 | | | | |
| 15. | Niels Kragt | G.S.Z.V. De Golfbreker | | | | 200300155 | 19:05.44 | 19:58.69 | 383 | |
| | 50m: 31.06 | 300m: 39.55 | 550m: 40.54 | 800m: 40.23 | 1050m: 41.14 | 1300m: 41.05 | | | | |
| | 100m: 36.25 | 350m: 39.58 | 600m: 40.50 | 850m: 41.12 | 1100m: 41.44 | 1350m: 40.91 | | | | |
| | 150m: 37.45 | 400m: 39.61 | 650m: 40.72 | 900m: 41.49 | 1150m: 41.52 | 1400m: 40.93 | | | | |
| | 200m: 38.64 | 450m: 40.09 | 700m: 40.56 | 950m: 41.42 | 1200m: 41.65 | 1450m: 40.04 | | | | |
| | 250m: 38.92 | 500m: 40.43 | 750m: 41.03 | 1000m: 41.46 | 1250m: 41.71 | 1500m: 37.65 | | | | |
| DIS | Stijn Dijkstra | Dz&Pc | | | | 201000279 | | | | NT |
| | <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | | | | | | | | | |

DZ&PC Spring Swim 2024

Programmanr. 3
1-3-2024 - 17:48

Dames, 800m vrije slag
Spring Swim record: Laura Setz: 9:02.38

Senioren Open
Resultaten

Punten: FINA 2023

| Rang | | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|--------------------------|------------------|-------------|-------------|-------------|-------------|--|---------|----------------|-----|----|
| 1. | Serena Stel | De Dolfijn | 199801528 | | | | | 8:35.95 | 8:53.94 | 748 | |
| | 50m: 30.07 | 200m: 33.90 | 350m: 34.36 | 500m: 34.00 | 650m: 33.63 | 800m: 32.00 | | | | | |
| | 100m: 32.86 | 250m: 34.26 | 400m: 34.02 | 550m: 34.25 | 700m: 32.71 | | | | | | |
| | 150m: 33.68 | 300m: 33.85 | 450m: 33.96 | 600m: 33.89 | 750m: 32.50 | | | | | | |
| 2. | Yara van Kalmthout | Team NL - PSV | 200200984 | | | | | 9:04.56 | 9:01.95 | 715 | |
| | 50m: 30.41 | 200m: 33.77 | 350m: 34.05 | 500m: 33.96 | 650m: 34.69 | 800m: 34.23 | | | | | |
| | 100m: 33.07 | 250m: 34.08 | 400m: 33.92 | 550m: 22.78 | 700m: 34.71 | | | | | | |
| | 150m: 33.36 | 300m: 33.78 | 450m: 33.99 | 600m: 45.84 | 750m: 35.31 | | | | | | |
| 3. | Marte Hieke van der Kamp | HZ&PC Heerenveen | 200500218 | | | | | 8:57.15 | 9:03.29 | 710 | |
| | 50m: 30.69 | 200m: 34.07 | 350m: 33.95 | 500m: 34.35 | 650m: 34.36 | 800m: 34.06 | | | | | |
| | 100m: 33.28 | 250m: 33.78 | 400m: 34.20 | 550m: 34.36 | 700m: 35.06 | | | | | | |
| | 150m: 33.61 | 300m: 34.19 | 450m: 34.04 | 600m: 34.57 | 750m: 34.72 | | | | | | |
| 4. | Hedwig Bolt | HZ&PC Heerenveen | 200602660 | | | | | 9:10.56 | 9:12.19 | 676 | |
| | 50m: 31.67 | 200m: 34.94 | 350m: 35.07 | 500m: 34.98 | 650m: 35.17 | 800m: 32.83 | | | | | |
| | 100m: 33.76 | 250m: 35.32 | 400m: 34.97 | 550m: 35.05 | 700m: 34.27 | | | | | | |
| | 150m: 34.85 | 300m: 35.07 | 450m: 34.94 | 600m: 34.78 | 750m: 34.52 | | | | | | |
| 5. | Evy Rozeboom | Daw | 200601338 | | | | | 9:07.31 | 9:24.18 | 634 | |
| | 50m: 30.82 | 200m: 35.52 | 350m: 35.39 | 500m: 36.47 | 650m: 35.58 | 800m: 34.93 | | | | | |
| | 100m: 34.48 | 250m: 34.97 | 400m: 35.75 | 550m: 36.19 | 700m: 36.03 | | | | | | |
| | 150m: 34.84 | 300m: 35.68 | 450m: 35.55 | 600m: 36.26 | 750m: 35.72 | | | | | | |
| 6. | Julie van Nispen | Z&PV Nuenen | 200800290 | | | | | 9:12.95 | 9:27.96 | 621 | |
| | 50m: 31.13 | 200m: 35.79 | 350m: 35.59 | 500m: 36.22 | 650m: 35.98 | 800m: 34.13 | | | | | |
| | 100m: 35.38 | 250m: 36.51 | 400m: 36.11 | 550m: 36.17 | 700m: 35.85 | | | | | | |
| | 150m: 35.67 | 300m: 36.01 | 450m: 35.46 | 600m: 36.58 | 750m: 35.38 | | | | | | |
| 7. | Frouke Ludwig | Dz&Pc | 200800112 | | | | | 9:36.81 | 9:36.84 | 593 | |
| | 50m: 33.26 | 200m: 36.91 | 350m: 36.14 | 500m: 36.33 | 650m: 36.07 | 800m: 35.09 | | | | | |
| | 100m: 36.65 | 250m: 36.15 | 400m: 35.87 | 550m: 36.25 | 700m: 36.40 | | | | | | |
| | 150m: 36.67 | 300m: 36.64 | 450m: 35.79 | 600m: 36.38 | 750m: 36.24 | | | | | | |
| 8. | Eefje Irvine | De Dolfijn | 200700164 | | | | | 9:13.25 | 9:38.07 | 589 | |
| | <i>*Backup tijd</i> | | | | | | | | | | |
| | 50m: 31.61 | 200m: 35.76 | 350m: 36.72 | 500m: 36.86 | 650m: 37.18 | 800m: 35.73 | | | | | |
| | 100m: 34.68 | 250m: 36.51 | 400m: 36.62 | 550m: 37.03 | 700m: 36.81 | | | | | | |
| | 150m: 35.64 | 300m: 36.27 | 450m: 37.27 | 600m: 36.59 | 750m: 36.79 | | | | | | |
| 9. | Bregje Dekkers | Psv | 200900746 | | | | | 9:36.13 | 9:38.67 | 587 | |
| | 50m: 32.51 | 200m: 36.07 | 350m: 36.81 | 500m: 36.68 | 650m: 37.33 | 800m: 34.15 | | | | | |
| | 100m: 35.05 | 250m: 36.28 | 400m: 37.15 | 550m: 36.93 | 700m: 37.32 | | | | | | |
| | 150m: 35.68 | 300m: 36.67 | 450m: 37.13 | 600m: 36.68 | 750m: 36.23 | | | | | | |
| 10. | Veerle de Ridder | HZ&PC Heerenveen | 200700778 | | | | | 9:24.81 | 9:40.44 | 582 | |
| | 50m: 31.25 | 200m: 35.57 | 350m: 36.09 | 500m: 36.66 | 650m: 37.09 | 800m: 36.71 | | | | | |
| | 100m: 35.38 | 250m: 36.24 | 400m: 36.50 | 550m: 36.74 | 700m: 37.96 | | | | | | |
| | 150m: 36.11 | 300m: 36.38 | 450m: 35.63 | 600m: 38.12 | 750m: 38.01 | | | | | | |
| 11. | Myrthe Natzijl | Dz&Pc | 200400076 | | | | | 9:40.21 | 9:49.53 | 556 | |
| | 50m: 31.24 | 200m: 36.40 | 350m: 37.48 | 500m: 37.43 | 650m: 38.70 | 800m: 36.44 | | | | | |
| | 100m: 34.80 | 250m: 36.88 | 400m: 37.14 | 550m: 38.30 | 700m: 37.82 | | | | | | |
| | 150m: 36.29 | 300m: 36.89 | 450m: 37.53 | 600m: 37.97 | 750m: 38.22 | | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 3, Dames, 800m vrije slag, Senioren Open

| Rang | | | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|--------------------|------------------|-------------|-------------|-------------|-------------|--|--|----------|-----------------|-----|----|
| 12. | Imre Bouwland | ZPC Hoogeveen | 200700388 | | | | | | 9:37.03 | 9:52.22 | 548 | |
| | 50m: 32.77 | 200m: 37.52 | 350m: 37.37 | 500m: 37.35 | 650m: 37.74 | 800m: 34.56 | | | | | | |
| | 100m: 37.24 | 250m: 37.33 | 400m: 37.43 | 550m: 37.92 | 700m: 37.43 | | | | | | | |
| | 150m: 38.02 | 300m: 37.15 | 450m: 37.81 | 600m: 37.32 | 750m: 37.26 | | | | | | | |
| 13. | Amber Kunst | Daw | 200900680 | | | | | | 9:32.96 | 9:53.57 | 544 | |
| | 50m: 32.12 | 200m: 36.94 | 350m: 37.32 | 500m: 38.04 | 650m: 38.55 | 800m: 35.27 | | | | | | |
| | 100m: 35.93 | 250m: 37.37 | 400m: 37.26 | 550m: 38.26 | 700m: 37.96 | | | | | | | |
| | 150m: 37.12 | 300m: 36.84 | 450m: 38.18 | 600m: 37.78 | 750m: 38.63 | | | | | | | |
| 14. | Fenna Westerneng | Dz&Pc | 200900070 | | | | | | 10:09.13 | 9:56.24 | 537 | |
| | 50m: 33.30 | 200m: 37.73 | 350m: 37.99 | 500m: 38.40 | 650m: 37.74 | 800m: 34.50 | | | | | | |
| | 100m: 36.86 | 250m: 38.18 | 400m: 38.04 | 550m: 38.41 | 700m: 37.30 | | | | | | | |
| | 150m: 37.80 | 300m: 37.41 | 450m: 38.35 | 600m: 37.98 | 750m: 36.25 | | | | | | | |
| 15. | Vera Wassink | Zpc Amersfoort | 200604976 | | | | | | 9:47.73 | 9:56.67 | 536 | |
| | 50m: 32.58 | 200m: 38.00 | 350m: 37.54 | 500m: 38.31 | 650m: 37.66 | 800m: 36.90 | | | | | | |
| | 100m: 36.34 | 250m: 37.31 | 400m: 37.77 | 550m: 37.55 | 700m: 38.10 | | | | | | | |
| | 150m: 36.78 | 300m: 38.24 | 450m: 37.82 | 600m: 38.22 | 750m: 37.55 | | | | | | | |
| 16. | Marijke Drent | Bubble | 199906232 | | | | | | 9:36.94 | 9:57.65 | 533 | |
| | 50m: 32.76 | 200m: 37.53 | 350m: 37.93 | 500m: 38.35 | 650m: 37.92 | 800m: 36.33 | | | | | | |
| | 100m: 36.00 | 250m: 37.85 | 400m: 37.93 | 550m: 37.94 | 700m: 38.30 | | | | | | | |
| | 150m: 37.08 | 300m: 37.96 | 450m: 37.73 | 600m: 38.11 | 750m: 37.93 | | | | | | | |
| 17. | Anna Beck | Blue Marlins | 200605282 | | | | | | 9:37.94 | 10:01.39 | 523 | |
| | 50m: 32.72 | 200m: 37.74 | 350m: 38.10 | 500m: 38.63 | 650m: 38.02 | 800m: 36.61 | | | | | | |
| | 100m: 36.04 | 250m: 37.74 | 400m: 38.69 | 550m: 38.50 | 700m: 38.49 | | | | | | | |
| | 150m: 36.92 | 300m: 38.25 | 450m: 37.91 | 600m: 38.72 | 750m: 38.31 | | | | | | | |
| 18. | Leyona Lichtendonk | Dedemsvaart-AC | 200700010 | | | | | | 10:34.72 | 10:16.37 | 486 | |
| | 50m: 34.09 | 200m: 38.78 | 350m: 39.64 | 500m: 38.92 | 650m: 39.85 | 800m: 36.42 | | | | | | |
| | 100m: 37.78 | 250m: 39.03 | 400m: 38.50 | 550m: 40.38 | 700m: 38.99 | | | | | | | |
| | 150m: 37.90 | 300m: 38.54 | 450m: 39.65 | 600m: 38.45 | 750m: 39.45 | | | | | | | |
| 19. | Ciska de Lugt | Dz&Pc | 200503302 | | | | | | 10:22.11 | 10:28.72 | 458 | |
| | 50m: 33.21 | 200m: 38.81 | 350m: 39.47 | 500m: 40.22 | 650m: 40.96 | 800m: 39.78 | | | | | | |
| | 100m: 37.11 | 250m: 38.78 | 400m: 39.52 | 550m: 41.32 | 700m: 40.75 | | | | | | | |
| | 150m: 38.13 | 300m: 39.40 | 450m: 40.63 | 600m: 40.41 | 750m: 40.22 | | | | | | | |
| 20. | Amber Tiesinga | Dz&Pc | 200600782 | | | | | | 10:36.97 | 10:31.11 | 453 | |
| | 50m: 24.01 | 200m: 39.81 | 350m: 39.31 | 500m: 40.60 | 650m: 39.81 | 800m: 38.47 | | | | | | |
| | 100m: 49.62 | 250m: 39.62 | 400m: 40.77 | 550m: 39.59 | 700m: 39.79 | | | | | | | |
| | 150m: 39.30 | 300m: 40.49 | 450m: 39.82 | 600m: 40.63 | 750m: 39.47 | | | | | | | |
| 21. | Wieke Dekker | De Dolfijn | 201002020 | | | | | | 10:37.38 | 10:33.26 | 448 | |
| | 50m: 35.37 | 200m: 40.38 | 350m: 40.43 | 500m: 40.07 | 650m: 40.07 | 800m: 37.57 | | | | | | |
| | 100m: 38.97 | 250m: 40.55 | 400m: 40.51 | 550m: 40.10 | 700m: 39.08 | | | | | | | |
| | 150m: 40.08 | 300m: 40.36 | 450m: 40.17 | 600m: 40.05 | 750m: 39.50 | | | | | | | |
| 22. | Hannelore Buze | HZ&PC Heerenveen | 200801226 | | | | | | 9:59.18 | 10:34.78 | 445 | |
| | 50m: 35.41 | 200m: 40.80 | 350m: 40.11 | 500m: 40.70 | 650m: 40.07 | 800m: 38.10 | | | | | | |
| | 100m: 40.22 | 250m: 40.48 | 400m: 40.58 | 550m: 39.76 | 700m: 38.63 | | | | | | | |
| | 150m: 40.52 | 300m: 40.64 | 450m: 40.23 | 600m: 39.39 | 750m: 39.14 | | | | | | | |
| 23. | Cynthia Koolman | ZPC Hoogeveen | 200300232 | | | | | | 9:48.31 | 10:40.51 | 433 | |
| | 50m: 34.21 | 200m: 39.64 | 350m: 40.89 | 500m: 41.47 | 650m: 40.70 | 800m: 39.04 | | | | | | |
| | 100m: 38.39 | 250m: 40.20 | 400m: 40.95 | 550m: 41.46 | 700m: 40.78 | | | | | | | |
| | 150m: 39.25 | 300m: 40.82 | 450m: 41.02 | 600m: 40.97 | 750m: 40.72 | | | | | | | |

DZ&PC Spring Swim 2024

Programmanr. 3, Dames, 800m vrije slag, Senioren Open

| Rang | | | | | | | In.tijd | Tijd | Pnt | RT | | |
|------|-----------------|-------|-----------|-------|-----------|-------|----------|-----------------|-------|-------|-------|-------|
| 24. | Marjolie Spelde | | ZC Borger | | 200900266 | | 10:44.35 | 10:58.24 | 399 | | | |
| | 50m: | 34.78 | 200m: | 41.66 | 350m: | 41.20 | 500m: | 41.67 | 650m: | 42.82 | 800m: | 40.98 |
| | 100m: | 39.09 | 250m: | 40.96 | 400m: | 41.74 | 550m: | 42.11 | 700m: | 42.54 | | |
| | 150m: | 40.13 | 300m: | 41.67 | 450m: | 41.95 | 600m: | 42.83 | 750m: | 42.11 | | |

Programmanr. 4
1-3-2024 - 18:20

Heren, 400m wisselslag
Spring Swim record: Sven Klink: 4:33.01

Junioren 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|-------------------------|-------|------------------------|-------|-----------|-------|---------|----------------|-----|----|
| 1. | Thomas Jansen | | Team NL - WVZ | | 200100143 | | 4:16.00 | 4:20.75 | 817 | Q |
| | 50m: | 27.29 | 150m: | 34.97 | 250m: | 35.85 | 350m: | 30.25 | | |
| | 100m: | 31.95 | 200m: | 34.08 | 300m: | 36.70 | 400m: | 29.66 | | |
| 2. | S. De Freitas Steverink | | Psv | | 200404481 | | 4:16.44 | 4:29.98 | 736 | Q |
| | 50m: | 27.71 | 150m: | 36.86 | 250m: | 37.45 | 350m: | 31.83 | | |
| | 100m: | 31.53 | 200m: | 35.87 | 300m: | 37.79 | 400m: | 30.94 | | |
| 3. | Yanieck Weijland | | Team NL - Blue Marlins | | 200500329 | | 4:26.08 | 4:31.35 | 725 | Q |
| | 50m: | 28.57 | 150m: | 36.43 | 250m: | 36.84 | 350m: | 31.96 | | |
| | 100m: | 32.83 | 200m: | 37.05 | 300m: | 37.02 | 400m: | 30.65 | | |
| 4. | Luuk van Rooij | | Psv | | 200400581 | | 4:25.60 | 4:35.71 | 691 | Q |
| | 50m: | 28.09 | 150m: | 37.02 | 250m: | 38.83 | 350m: | 32.51 | | |
| | 100m: | 33.16 | 200m: | 36.27 | 300m: | 39.15 | 400m: | 30.68 | | |
| 5. | Domingo Kuipers | | Dz&Pc | | 200501787 | | 4:32.57 | 4:39.60 | 663 | Q |
| | 50m: | 28.61 | 150m: | 36.82 | 250m: | 38.63 | 350m: | 33.87 | | |
| | 100m: | 33.62 | 200m: | 35.93 | 300m: | 39.38 | 400m: | 32.74 | | |
| 6. | Wytse Broekstra | | De Vikings | | 200800121 | | 4:45.55 | 4:41.10 | 652 | Q |
| | 50m: | 29.77 | 150m: | 36.33 | 250m: | 38.19 | 350m: | 34.48 | | |
| | 100m: | 35.55 | 200m: | 35.58 | 300m: | 38.87 | 400m: | 32.33 | | |
| 7. | Wouter Zijlstra | | HZ&PC Heerenveen | | 200401545 | | 4:38.59 | 4:41.16 | 652 | Q |
| | 50m: | 29.63 | 150m: | 36.88 | 250m: | 38.34 | 350m: | 32.35 | | |
| | 100m: | 35.18 | 200m: | 36.46 | 300m: | 40.23 | 400m: | 32.09 | | |
| 8. | Cas Verstegen | | Psv | | 200500891 | | 4:29.66 | 4:46.36 | 617 | Q |
| | 50m: | 29.32 | 150m: | 39.92 | 250m: | 37.37 | 350m: | 33.67 | | |
| | 100m: | 34.92 | 200m: | 39.24 | 300m: | 38.90 | 400m: | 33.02 | | |
| 9. | Denzel Barthen | | Wvz | | 200700147 | | 4:43.41 | 4:49.95 | 594 | R |
| | 50m: | 29.85 | 150m: | 39.08 | 250m: | 40.16 | 350m: | 34.52 | | |
| | 100m: | 34.31 | 200m: | 39.06 | 300m: | 41.16 | 400m: | 31.81 | | |
| 10. | Daan Sonneveld | | Wvz | | 200601085 | | 4:50.44 | 4:51.76 | 583 | R |
| | 50m: | 30.26 | 150m: | 35.01 | 250m: | 42.87 | 350m: | 35.73 | | |
| | 100m: | 37.48 | 200m: | 34.70 | 300m: | 42.57 | 400m: | 33.14 | | |
| 11. | Sven Koornstra | | De Vikings | | 200900189 | | 4:42.85 | 4:52.75 | 577 | |
| | 50m: | 31.99 | 150m: | 39.68 | 250m: | 39.20 | 350m: | 34.46 | | |
| | 100m: | 36.97 | 200m: | 38.88 | 300m: | 39.43 | 400m: | 32.14 | | |
| 12. | Tiede Groener | | De Dinkel | | 200700155 | | 4:28.22 | 4:53.17 | 575 | |
| | 50m: | 28.97 | 150m: | 38.28 | 250m: | 41.16 | 350m: | 35.00 | | |
| | 100m: | 35.35 | 200m: | 37.51 | 300m: | 43.23 | 400m: | 33.67 | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 4, Heren, 400m wisselslag, Voorronde, Junioren 1 en ouder

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|--------------------|------------------------|-----------|-------|---------|----------------|-------|---------|
| 13. | Storm Boxum | Dz&Pc | 200700421 | | 5:04.47 | 4:55.93 | 559 | |
| | 50m: | 30.21 | 150m: | 40.69 | 250m: | 38.15 | 350m: | 34.46 |
| | 100m: | 36.69 | 200m: | 40.27 | 300m: | 41.14 | 400m: | 34.32 |
| 14. | Storm Tolsma | Zignea | 200600277 | | 5:03.45 | 4:57.24 | 552 | |
| | 50m: | 31.03 | 150m: | 40.50 | 250m: | 41.10 | 350m: | 35.90 |
| | 100m: | 36.29 | 200m: | 38.19 | 300m: | 40.96 | 400m: | 33.27 |
| 15. | Derk Jan van Duijn | Dz&Pc | 200105575 | | 5:04.76 | 4:58.03 | 547 | |
| | 50m: | 32.20 | 150m: | 41.06 | 250m: | 38.89 | 350m: | 35.29 |
| | 100m: | 38.30 | 200m: | 39.58 | 300m: | 39.14 | 400m: | 33.57 |
| 16. | Tim van Erven | Dz&Pc | 200700175 | | 5:11.75 | 4:58.39 | 545 | |
| | 50m: | 31.88 | 150m: | 38.86 | 250m: | 43.30 | 350m: | 33.12 |
| | 100m: | 37.73 | 200m: | 37.96 | 300m: | 44.64 | 400m: | 30.90 |
| 17. | Rick Offringa | Dz&Pc | 200300979 | | 4:59.74 | 4:58.70 | 544 | |
| | 50m: | 30.72 | 150m: | 39.71 | 250m: | 40.78 | 350m: | 35.19 |
| | 100m: | 36.17 | 200m: | 40.14 | 300m: | 41.67 | 400m: | 34.32 |
| 18. | Tijn Hilders | De Dolfijn | 200700027 | | 4:56.72 | 5:01.18 | 530 | |
| | 50m: | 31.55 | 150m: | 39.43 | 250m: | 41.07 | 350m: | 34.82 |
| | 100m: | 37.99 | 200m: | 40.01 | 300m: | 42.97 | 400m: | 33.34 |
| 19. | Lars Bulman | Blue Marlins | 200600125 | | 4:36.70 | 5:01.34 | 529 | |
| | 50m: | 29.86 | 150m: | 39.41 | 250m: | 43.43 | 350m: | 36.04 |
| | 100m: | 34.95 | 200m: | 40.06 | 300m: | 43.63 | 400m: | 33.96 |
| 20. | Jisse Lousma | Wvz | 200701493 | | 4:57.46 | 5:02.11 | 525 | |
| | 50m: | 30.04 | 150m: | 39.69 | 250m: | 44.45 | 350m: | 36.48 |
| | 100m: | 35.35 | 200m: | 38.43 | 300m: | 44.58 | 400m: | 33.09 |
| 21. | Nout Folkersma | Psv | 200800595 | | 4:49.87 | 5:04.11 | 515 | |
| | 50m: | 30.64 | 150m: | 40.47 | 250m: | 41.83 | 350m: | 35.08 |
| | 100m: | 37.74 | 200m: | 40.07 | 300m: | 44.30 | 400m: | 33.98 |
| 22. | Tiamo van der Veen | Zv 44 | 200600033 | | 4:48.95 | 5:04.76 | 512 | |
| | 50m: | 30.47 | 150m: | 35.37 | 250m: | 47.81 | 350m: | 35.16 |
| | 100m: | 36.84 | 200m: | 35.92 | 300m: | 48.15 | 400m: | 35.04 |
| 23. | Sem Belmon | Psv | 200702099 | | 5:03.20 | 5:06.65 | 502 | |
| | 50m: | 31.77 | 150m: | 40.52 | 250m: | 41.51 | 350m: | 36.28 |
| | 100m: | 39.52 | 200m: | 39.47 | 300m: | 42.81 | 400m: | 34.77 |
| 24. | Luca Boorsma | De Dolfijn | 200902031 | | 4:54.39 | 5:09.18 | 490 | |
| | 50m: | 29.71 | 150m: | 39.29 | 250m: | 45.48 | 350m: | 37.13 |
| | 100m: | 35.87 | 200m: | 39.38 | 300m: | 45.56 | 400m: | 36.76 |
| 25. | Thierry Zulver | ZV Vlaardingen-Schiede | 200700023 | | 5:12.13 | 5:13.75 | 469 | |
| | 50m: | 31.14 | 150m: | 39.95 | 250m: | 43.73 | 350m: | 38.74 |
| | 100m: | 37.81 | 200m: | 40.50 | 300m: | 44.89 | 400m: | 36.99 |
| 26. | Lucas Bemmer | De Duinkickers | 200700219 | | 5:08.55 | 5:15.09 | 463 | |
| | 50m: | 31.66 | 150m: | 41.28 | 250m: | 43.97 | 350m: | 38.53 |
| | 100m: | 37.08 | 200m: | 41.48 | 300m: | 45.28 | 400m: | 35.81 |
| 27. | Eskild Meyer | Haderslev Svømme Klub | 0903BA | | 5:09.27 | 5:17.60 | 452 | |
| | 50m: | 33.77 | 150m: | 43.47 | 250m: | 43.05 | 400m: | 1:11.32 |
| | 100m: | 40.60 | 200m: | 41.80 | 300m: | 43.59 | | |

DZ&PC Spring Swim 2024

Programmanr. 4, Heren, 400m wisselslag, Voorronde, Junioren 1 en ouder

| Rang | | | | | | | | In.tijd | Tijd | Pnt | RT |
|-------|---|-----------------------|-----------|-------|-------|-------|-------|---------|----------------|-----|----|
| 28. | Evren Ege Orcunus | De Dolfijn | 201003253 | | | | | 5:11.85 | 5:19.59 | 444 | |
| | 50m: | 32.75 | 150m: | 40.40 | 250m: | 45.02 | 350m: | 37.04 | | | |
| | 100m: | 39.73 | 200m: | 41.44 | 300m: | 47.50 | 400m: | 35.71 | | | |
| 29. | Aidan van der Stelt | Blue Marlins | 200900901 | | | | | 5:13.80 | 5:24.40 | 424 | |
| | 50m: | 31.62 | 150m: | 45.54 | 250m: | 46.26 | 350m: | 37.40 | | | |
| | 100m: | 39.34 | 200m: | 41.92 | 300m: | 48.29 | 400m: | 34.03 | | | |
| 30. | Hein Muller | Dz&Pc | 200800157 | | | | | 5:42.36 | 5:24.64 | 423 | |
| | 50m: | 33.94 | 150m: | 44.65 | 250m: | 40.00 | 350m: | 40.51 | | | |
| | 100m: | 45.66 | 200m: | 41.96 | 300m: | 43.64 | 400m: | 34.28 | | | |
| 31. | Tim van Rooij | Psv | 200700129 | | | | | 5:08.77 | 5:25.61 | 419 | |
| | 50m: | 31.22 | 150m: | 42.04 | 250m: | 45.58 | 350m: | 38.59 | | | |
| | 100m: | 38.90 | 200m: | 42.22 | 300m: | 48.19 | 400m: | 38.87 | | | |
| 32. | Jonathan Bos | Haderslev Svømme Klut | 9827AU | | | | | 5:05.27 | 5:28.04 | 410 | |
| | 50m: | 31.73 | 150m: | 48.26 | 250m: | 46.10 | 350m: | 35.46 | | | |
| | 100m: | 38.57 | 200m: | 46.03 | 300m: | 46.77 | 400m: | 35.12 | | | |
| 33. | Jamie Kenworthy | De Dolfijn | 200800045 | | | | | 5:11.32 | 5:28.90 | 407 | |
| | 50m: | 31.28 | 150m: | 43.22 | 250m: | 48.30 | 350m: | 40.62 | | | |
| | 100m: | 38.05 | 200m: | 40.81 | 300m: | 48.11 | 400m: | 38.51 | | | |
| 34. | Duco de Gelder | Blue Marlins | 201000217 | | | | | 5:28.52 | 5:30.64 | 401 | |
| | 50m: | 33.45 | 150m: | 42.31 | 250m: | 47.20 | 350m: | 39.19 | | | |
| | 100m: | 41.26 | 200m: | 42.46 | 300m: | 47.70 | 400m: | 37.07 | | | |
| 35. | Duuk Harms | Dedemsvaart-AC | 200900201 | | | | | 5:32.76 | 5:30.82 | 400 | |
| | 50m: | 36.87 | 150m: | 40.22 | 250m: | 46.65 | 350m: | 37.98 | | | |
| | 100m: | 45.50 | 200m: | 40.33 | 300m: | 46.69 | 400m: | 36.58 | | | |
| 36. | Abel op den Velde | De Duinkickers | 201000079 | | | | | 5:30.75 | 5:37.47 | 377 | |
| | 50m: | 36.06 | 150m: | 42.73 | 250m: | 51.39 | 350m: | 36.67 | | | |
| | 100m: | 44.29 | 200m: | 40.02 | 300m: | 50.51 | 400m: | 35.80 | | | |
| 37. | Kasper Lubbers | Orca Leeuwarden | 201100025 | | | | | 5:31.56 | 5:38.80 | 372 | |
| | 50m: | 37.68 | 150m: | 43.70 | 250m: | 46.50 | 350m: | 38.77 | | | |
| | 100m: | 45.13 | 200m: | 42.82 | 300m: | 46.11 | 400m: | 38.09 | | | |
| DIS | Jere Wiersma | Dz&Pc | 200701037 | | | | | 5:10.17 | | | |
| | <i>SS - Met handen over elkaar keer- of eindpunt aangetikt.</i> | | | | | | | | | | |
| DIS | Sven Klink | Swol 1894 | 200500349 | | | | | 4:23.37 | | | |
| | <i>RH - Het eindpunt niet in rugligging aangeraakt.</i> | | | | | | | | | | |
| AFGEM | Émile Fouzaï | Blue Marlins | 200500263 | | | | | 4:26.07 | | | |

2 - Spring Swim Sessie 2: Series

2-3-2024 - 8:45

Programmanr. 5
2-3-2024 - 8:46

Heren, 400m vrije slag
Spring Swim record: Erik Nijholt: 4:04.13

Junioren 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|-------------------------|------------------|-----------|-------|-------|-------|-------|---------|----------------|-----|----|
| 1. | S. De Freitas Steverink | Psv | 200404481 | | | | | 3:48.27 | 3:58.65 | 784 | Q |
| | <i>*back-up tijd</i> | | | | | | | | | | |
| | 50m: | 27.12 | 150m: | 30.60 | 250m: | 30.11 | 350m: | 30.24 | | | |
| | 100m: | 29.98 | 200m: | 30.61 | 300m: | 30.05 | 400m: | 29.94 | | | |
| 2. | Bart Sommeling | De Dolfijn | 199800765 | | | | | 3:46.36 | 4:03.98 | 733 | Q |
| | 50m: | 27.58 | 150m: | 31.92 | 250m: | 30.60 | 350m: | 30.55 | | | |
| | 100m: | 30.56 | 200m: | 31.33 | 300m: | 30.92 | 400m: | 30.52 | | | |
| 3. | Merlin Belmon | Team NL - PSV | 200403191 | | | | | 4:02.80 | 4:05.32 | 721 | Q |
| | 50m: | 27.52 | 150m: | 31.66 | 250m: | 31.05 | 350m: | 31.38 | | | |
| | 100m: | 30.98 | 200m: | 31.70 | 300m: | 31.29 | 400m: | 29.74 | | | |
| 4. | Bram Loots | Kzc | 200700197 | | | | | 3:57.27 | 4:09.18 | 688 | Q |
| | 50m: | 27.93 | 150m: | 32.18 | 250m: | 32.02 | 350m: | 31.30 | | | |
| | 100m: | 30.90 | 200m: | 32.00 | 300m: | 32.50 | 400m: | 30.35 | | | |
| 5. | Tieme Wiersma | Dz&Pc | 200701031 | | | | | 4:13.29 | 4:11.22 | 672 | Q |
| | 50m: | 28.72 | 150m: | 31.76 | 250m: | 32.01 | 350m: | 32.37 | | | |
| | 100m: | 31.04 | 200m: | 31.99 | 300m: | 32.50 | 400m: | 30.83 | | | |
| 6. | Steijn Louter | Team NL - PSV | 200500793 | | | | | 4:09.22 | 4:12.82 | 659 | Q |
| | 50m: | 28.45 | 150m: | 32.17 | 250m: | 32.11 | 350m: | 32.63 | | | |
| | 100m: | 31.38 | 200m: | 32.43 | 300m: | 32.09 | 400m: | 31.56 | | | |
| 7. | Olivier Wilbers | ZPC Hoogeveen | 200600181 | | | | | 4:05.77 | 4:13.94 | 650 | Q |
| | 50m: | 30.12 | 150m: | 32.31 | 250m: | 32.30 | 350m: | 31.81 | | | |
| | 100m: | 31.85 | 200m: | 32.42 | 300m: | 32.24 | 400m: | 30.89 | | | |
| 8. | Thijn Damen | Psv | 200300973 | | | | | 4:06.66 | 4:15.11 | 641 | Q |
| | 50m: | 28.76 | 150m: | 32.27 | 250m: | 32.42 | 350m: | 31.97 | | | |
| | 100m: | 32.34 | 200m: | 33.33 | 300m: | 32.82 | 400m: | 31.20 | | | |
| 9. | Wouter Zijlstra | HZ&PC Heerenveen | 200401545 | | | | | 4:08.83 | 4:15.29 | 640 | R |
| | 50m: | 28.14 | 150m: | 32.77 | 250m: | 32.67 | 350m: | 32.76 | | | |
| | 100m: | 31.74 | 200m: | 32.72 | 300m: | 33.13 | 400m: | 31.36 | | | |
| 10. | Lucas van Rooij | Psv | 200603943 | | | | | 4:01.47 | 4:17.12 | 627 | R |
| | 50m: | 28.76 | 150m: | 32.53 | 250m: | 32.72 | 350m: | 32.68 | | | |
| | 100m: | 31.64 | 200m: | 33.09 | 300m: | 33.30 | 400m: | 32.40 | | | |
| 11. | Tim van Erven | Dz&Pc | 200700175 | | | | | 4:24.27 | 4:19.22 | 611 | |
| | 50m: | 29.71 | 150m: | 33.38 | 250m: | 33.66 | 350m: | 32.97 | | | |
| | 100m: | 32.29 | 200m: | 33.67 | 300m: | 32.87 | 400m: | 30.67 | | | |
| 12. | Yarno van Dam | Acz | 200800115 | | | | | 4:28.24 | 4:20.43 | 603 | |
| | 50m: | 28.74 | 150m: | 33.32 | 250m: | 33.25 | 350m: | 33.47 | | | |
| | 100m: | 32.20 | 200m: | 33.26 | 300m: | 33.87 | 400m: | 32.32 | | | |
| 13. | Storm Boxum | Dz&Pc | 200700421 | | | | | 4:31.26 | 4:20.69 | 601 | |
| | 50m: | 28.92 | 150m: | 32.97 | 250m: | 33.05 | 350m: | 33.41 | | | |
| | 100m: | 32.83 | 200m: | 33.47 | 300m: | 33.76 | 400m: | 32.28 | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 5, Heren, 400m vrije slag, Voorronde, Junioren 1 en ouder

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|------------------|-----------|-------|---------|----------------|-------|-------|
| 14. | Martijn Nies | Psv | 200902095 | | 4:15.36 | 4:22.74 | 587 | |
| | 50m: | 30.30 | 150m: | 34.17 | 250m: | 32.47 | 350m: | 33.23 |
| | 100m: | 33.98 | 200m: | 33.10 | 300m: | 33.07 | 400m: | 32.42 |
| 15. | Koen Vissers | Psv | 200401429 | | 4:07.38 | 4:23.12 | 585 | |
| | <i>*back-up tijd</i> | | | | | | | |
| | 50m: | 28.75 | 150m: | 33.03 | 250m: | 33.95 | 350m: | 34.78 |
| | 100m: | 31.68 | 200m: | 33.48 | 300m: | 34.86 | 400m: | 32.59 |
| 16. | Melle van Veen | Dedemsvaart-AC | 200700661 | | 4:28.06 | 4:26.00 | 566 | |
| | 50m: | 29.30 | 150m: | 33.99 | 250m: | 33.98 | 350m: | 33.89 |
| | 100m: | 33.33 | 200m: | 34.72 | 300m: | 34.88 | 400m: | 31.91 |
| 17. | Tijn Hilders | De Dolfijn | 200700027 | | 4:13.73 | 4:26.33 | 564 | |
| | 50m: | 29.56 | 150m: | 33.96 | 250m: | 33.73 | 350m: | 34.42 |
| | 100m: | 33.54 | 200m: | 34.31 | 300m: | 34.08 | 400m: | 32.73 |
| 18. | Nout Folkersma | Psv | 200800595 | | 4:19.16 | 4:26.39 | 563 | |
| | 50m: | 29.85 | 150m: | 33.62 | 250m: | 33.50 | 350m: | 33.67 |
| | 100m: | 32.99 | 200m: | 34.80 | 300m: | 35.01 | 400m: | 32.95 |
| 19. | Diede Veld | HZ&PC Heerenveen | 200800011 | | 4:17.73 | 4:27.85 | 554 | |
| | 50m: | 29.60 | 150m: | 34.30 | 250m: | 34.37 | 350m: | 34.03 |
| | 100m: | 32.99 | 200m: | 34.95 | 300m: | 34.54 | 400m: | 33.07 |
| 20. | Boele Böhm | Blue Marlins | 200700739 | | 4:08.73 | 4:28.00 | 553 | |
| | 50m: | 29.48 | 150m: | 34.21 | 250m: | 33.88 | 350m: | 34.26 |
| | 100m: | 32.95 | 200m: | 35.10 | 300m: | 35.98 | 400m: | 32.14 |
| 21. | Jelte de Jong | Zpch | 200900975 | | 4:23.51 | 4:28.33 | 551 | |
| | 50m: | 29.89 | 150m: | 33.93 | 250m: | 34.40 | 350m: | 34.17 |
| | 100m: | 33.05 | 200m: | 34.52 | 300m: | 34.88 | 400m: | 33.49 |
| 22. | Collard Jungeling | Dz&Pc | 200701831 | | 4:17.38 | 4:28.66 | 549 | |
| | 50m: | 30.09 | 150m: | 33.97 | 250m: | 34.51 | 350m: | 34.49 |
| | 100m: | 33.45 | 200m: | 34.67 | 300m: | 34.92 | 400m: | 32.56 |
| 23. | Xiaoyu Yin | Blue Marlins | 200803363 | | 4:07.88 | 4:29.48 | 544 | |
| | 50m: | 29.21 | 150m: | 33.49 | 250m: | 33.82 | 350m: | 35.84 |
| | 100m: | 32.48 | 200m: | 33.71 | 300m: | 35.32 | 400m: | 35.61 |
| 24. | Sem Belmon | Psv | 200702099 | | 4:18.86 | 4:31.70 | 531 | |
| | 50m: | 30.24 | 150m: | 34.32 | 250m: | 35.43 | 350m: | 35.46 |
| | 100m: | 33.24 | 200m: | 34.69 | 300m: | 34.89 | 400m: | 33.43 |
| 25. | Tim Zuurman | ZPC Hoogeveen | 200700131 | | 4:21.50 | 4:32.12 | 528 | |
| | 50m: | 31.02 | 150m: | 34.30 | 250m: | 34.76 | 350m: | 34.98 |
| | 100m: | 33.63 | 200m: | 34.57 | 300m: | 35.08 | 400m: | 33.78 |
| 26. | Jere Wiersma | Dz&Pc | 200701037 | | 4:35.03 | 4:38.77 | 491 | |
| | 50m: | 30.81 | 150m: | 35.54 | 250m: | 35.90 | 350m: | 36.20 |
| | 100m: | 34.37 | 200m: | 35.20 | 300m: | 35.32 | 400m: | 35.43 |
| 27. | Luc Kerpels | ZPC Hoogeveen | 200503015 | | 4:13.81 | 4:40.03 | 485 | |
| | 50m: | 30.03 | 150m: | 34.69 | 250m: | 36.52 | 350m: | 36.83 |
| | 100m: | 33.37 | 200m: | 36.05 | 300m: | 36.96 | 400m: | 35.58 |
| 28. | Aidan van der Stelt | Blue Marlins | 200900901 | | 4:34.63 | 4:40.19 | 484 | |
| | 50m: | 30.71 | 150m: | 36.36 | 250m: | 37.09 | 350m: | 35.55 |
| | 100m: | 35.30 | 200m: | 36.86 | 300m: | 36.75 | 400m: | 31.57 |

DZ&PC Spring Swim 2024

Programmanr. 5, Heren, 400m vrije slag, Voorronde, Junioren 1 en ouder

| Rang | | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|------------------------|-----------|-------|-------|---------|-------|---------|----------------|-----|----|
| 29. | Lou van Leeuwen | De Dolfijn | 200702779 | | | | | 4:31.06 | 4:41.47 | 477 | |
| | 50m: | 30.84 | 150m: | 35.04 | 250m: | 1:50.00 | 400m: | 1:13.36 | | | |
| | 100m: | 33.98 | 200m: | 35.95 | 300m: | | | | | | |
| 30. | Donny van den Bosch | De Duinkickers | 199502001 | | | | | 4:36.23 | 4:41.75 | 476 | |
| | 50m: | 30.87 | 150m: | 35.73 | 250m: | 36.90 | 350m: | 36.15 | | | |
| | 100m: | 34.62 | 200m: | 36.86 | 300m: | 37.19 | 400m: | 33.43 | | | |
| 31. | Luis Cayetano Alonso | Haderslev Svømme Klub | 0995BA | | | | | 4:47.07 | 4:43.22 | 469 | |
| | 50m: | 32.19 | 150m: | 36.71 | 250m: | 34.76 | 350m: | 35.65 | | | |
| | 100m: | 36.23 | 200m: | 36.17 | 300m: | 36.38 | 400m: | 35.13 | | | |
| 32. | Evren Ege Orcunus | De Dolfijn | 201003253 | | | | | 4:43.14 | 4:46.68 | 452 | |
| | 50m: | 33.38 | 150m: | 37.03 | 250m: | 35.12 | 350m: | 36.63 | | | |
| | 100m: | 36.43 | 200m: | 36.92 | 300m: | 36.37 | 400m: | 34.80 | | | |
| 33. | Twan Wielage | Ksn (Sg) | 200902671 | | | | | 4:44.77 | 4:48.75 | 442 | |
| | 50m: | 30.62 | 150m: | 36.42 | 250m: | 37.37 | 350m: | 37.59 | | | |
| | 100m: | 35.51 | 200m: | 37.35 | 300m: | 38.35 | 400m: | 35.54 | | | |
| 34. | Niels Kragt | G.S.Z.V. De Golfbreker | 200300155 | | | | | 4:42.72 | 4:51.86 | 428 | |
| | 50m: | 30.81 | 150m: | 37.47 | 250m: | 37.91 | 350m: | 37.44 | | | |
| | 100m: | 35.95 | 200m: | 37.99 | 300m: | 37.71 | 400m: | 36.58 | | | |
| 35. | Dax van den Nouland | Blue Marlins | 201000071 | | | | | 4:48.00 | 4:56.16 | 410 | |
| | 50m: | 32.50 | 150m: | 38.19 | 250m: | 38.23 | 350m: | 36.99 | | | |
| | 100m: | 36.71 | 200m: | 38.48 | 300m: | 38.08 | 400m: | 36.98 | | | |
| 36. | Roan van der Stege | Swol 1894 | 200900107 | | | | | 4:44.59 | 5:00.50 | 392 | |
| | 50m: | 32.85 | 150m: | 38.83 | 250m: | 39.01 | 350m: | 38.88 | | | |
| | 100m: | 37.16 | 200m: | 39.02 | 300m: | 38.01 | 400m: | 36.74 | | | |
| 37. | Xander Boets | ZPC de Kanaalstreek | 200800133 | | | | | 4:38.00 | 5:02.34 | 385 | |
| | 50m: | 32.41 | 150m: | 37.57 | 250m: | 39.73 | 350m: | 40.78 | | | |
| | 100m: | 35.92 | 200m: | 38.12 | 300m: | 39.74 | 400m: | 38.07 | | | |
| 38. | Sven Casper Hageman | Steenwijk 1934 | 201000009 | | | | | 4:49.93 | 5:03.99 | 379 | |
| | 50m: | 32.27 | 150m: | 37.98 | 250m: | 39.62 | 350m: | 39.86 | | | |
| | 100m: | 36.18 | 200m: | 38.84 | 300m: | 40.58 | 400m: | 38.66 | | | |
| 39. | Rick Smelt | ZVZwartsluis | 200600051 | | | | | 4:41.39 | 5:05.33 | 374 | |
| | 50m: | 33.72 | 150m: | 38.17 | 250m: | 38.88 | 350m: | 39.51 | | | |
| | 100m: | 37.47 | 200m: | 38.55 | 300m: | 39.49 | 400m: | 39.54 | | | |
| 40. | Stijn Dijkstra | Dz&Pc | 201000279 | | | | | 5:07.73 | 5:05.47 | 373 | |
| | 50m: | 32.33 | 150m: | 38.65 | 250m: | 39.77 | 350m: | 39.68 | | | |
| | 100m: | 36.47 | 200m: | 39.49 | 300m: | 40.18 | 400m: | 38.90 | | | |

Programmanr. 6
2-3-2024 - 9:10

Dames, 100m vlinderslag
Spring Swim record: Kinge Zandringa: 59.82

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|-----------------------------|-----------|---------|----------------|-----|----|
| 1. | Kinge Zandringa | De Dolfijn | 199801422 | 58.62 | 1:01.32 | 740 | A |
| | 50m: 28.10 | 100m: 33.22 | | | | | |
| 2. | Evy Rozeboom | Daw | 200601338 | 1:01.58 | 1:03.95 | 652 | A |
| | 50m: 29.95 | 100m: 34.00 | | | | | |
| 3. | Kirsten Verhalle | Psv | 200400210 | 1:01.37 | 1:04.28 | 642 | A |
| | 50m: 29.93 | 100m: 34.35 | | | | | |
| 4. | Alinda Dingshoff | De Dolfijn | 200000928 | 1:01.70 | 1:04.92 | 624 | A |
| | 50m: 29.20 | 100m: 35.72 | | | | | |
| 5. | Anne Fleur Willemssen | Azuro | 199901396 | 1:03.43 | 1:04.94 | 623 | A |
| | 50m: 29.83 | 100m: 35.11 | | | | | |
| 6. | Anna van Droffelaar | Team NL - PSV | 200400258 | 1:04.91 | 1:05.57 | 605 | A |
| | 50m: 29.75 | 100m: 35.82 | | | | | |
| 7. | Frouke Ludwig | Dz&Pc | 200800112 | 1:03.80 | 1:06.31 | 585 | A |
| | 50m: 30.75 | 100m: 35.56 | | | | | |
| 8. | Maaïke Issard | Dz&Pc | 200300022 | 1:05.01 | 1:06.54 | 579 | A |
| | 50m: 30.91 | 100m: 35.63 | | | | | |
| 9. | Nikita van den Ouden | Psv | 199900622 | 1:03.63 | 1:06.74 | 574 | B |
| | 50m: 30.33 | 100m: 36.41 | | | | | |
| 10. | Laura van Etten | HZ&PC Heerenveen | 200800264 | 1:15.28 | 1:07.55 | 554 | B |
| | 50m: 30.77 | 100m: 36.78 | | | | | |
| 11. | Emmelien Smelt | ZVZwartsluis | 200800012 | 1:07.14 | 1:08.15 | 539 | B |
| | 50m: 30.81 | 100m: 37.34 | | | | | |
| 12. | Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | 1:10.88 | 1:08.45 | 532 | B |
| | 50m: 31.91 | 100m: 36.54 | | | | | |
| 13. | Tess Vonk | De Geul | 200900024 | 1:07.61 | 1:08.68 | 527 | B |
| | 50m: 31.80 | 100m: 36.88 | | | | | |
| 14. | Merel Schravendijk | Blue Marlins | 200503382 | 1:06.19 | 1:09.02 | 519 | B |
| | 50m: 32.35 | 100m: 36.67 | | | | | |
| 15. | Evy van Laarhoven | Psv | 200500712 | 1:05.36 | 1:09.31 | 512 | B |
| | 50m: 31.39 | 100m: 37.92 | | | | | |
| 16. | Elin Brinkhof | De Dolfijn | 200900078 | 1:05.57 | 1:09.40 | 510 | B |
| | 50m: 31.92 | 100m: 37.48 | | | | | |
| 17. | Sille Holm-Nissen | Haderslev Svømme Klub0738AV | | 1:05.72 | 1:09.46 | 509 | R |
| | 50m: 31.22 | 100m: 38.24 | | | | | |
| 18. | Fay Boxum | Dz&Pc | 200900060 | 1:11.86 | 1:09.99 | 498 | R |
| | 50m: 31.58 | 100m: 38.41 | | | | | |
| 19. | Esmee Mulder | Dz&Pc | 200800038 | 1:09.93 | 1:10.00 | 497 | |
| | 50m: 30.96 | 100m: 39.04 | | | | | |
| 20. | Michelle Zomerdijs | Dedemsvaart-AC | 200003196 | 1:08.35 | 1:10.09 | 495 | |
| | 50m: 31.98 | 100m: 38.11 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 6, Dames, 100m vlinderslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|------------------------|-----------|---------|----------------|-----|----|
| 21. | Luca Ebbinge | Dz&Pc | 199802406 | 1:06.91 | 1:10.76 | 481 | |
| | 50m: 32.04 | 100m: 38.72 | | | | | |
| | Rinske Bouman | Blue Marlins | 200400578 | 1:07.03 | 1:10.76 | 481 | |
| | 50m: 31.35 | 100m: 39.41 | | | | | |
| 23. | Sigrid Sand Jürgensen | Haderslev Svømme Klub | 0756AQ | 1:07.94 | 1:10.91 | 478 | |
| | 50m: 32.66 | 100m: 38.25 | | | | | |
| 24. | Odenza Soselisa | Blue Marlins | 201101780 | 1:07.76 | 1:10.97 | 477 | |
| | 50m: 32.82 | 100m: 38.15 | | | | | |
| 25. | Yill van Bezouw | Hieronymus | 201100704 | 1:11.39 | 1:11.13 | 474 | |
| | 50m: 33.22 | 100m: 37.91 | | | | | |
| 26. | Julia Dabrowska | Blue Marlins | 201000300 | 1:09.21 | 1:11.16 | 473 | |
| | 50m: 32.07 | 100m: 39.09 | | | | | |
| 27. | Carla Moreno Palacios | De Dolfijn | 201002302 | 1:10.71 | 1:11.67 | 463 | |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 32.89 | 100m: 38.78 | | | | | |
| 28. | Madeleine Bertram | De Dolfijn | 200900516 | 1:14.56 | 1:11.71 | 463 | |
| | 50m: 32.95 | 100m: 38.76 | | | | | |
| 29. | Lola Verheijen | Psv | 201100832 | 1:10.03 | 1:11.92 | 459 | |
| | 50m: 32.43 | 100m: 39.49 | | | | | |
| 30. | Féline Sam | ZVZwartsluis | 200700018 | 1:07.01 | 1:11.98 | 457 | |
| | 50m: 32.06 | 100m: 39.92 | | | | | |
| 31. | Indira van Aggele | De Dolfijn | 200804424 | 1:03.70 | 1:12.21 | 453 | |
| | 50m: 31.63 | 100m: 40.58 | | | | | |
| 32. | Carlein Polinder | G.S.Z.V. De Golfbreker | 200600128 | 1:08.42 | 1:12.25 | 452 | |
| | 50m: 32.41 | 100m: 39.84 | | | | | |
| 33. | Ilana Gentile | Orca Leeuwarden | 200801558 | 1:08.74 | 1:13.22 | 435 | |
| | 50m: 32.43 | 100m: 40.79 | | | | | |
| 34. | Inger van Oord | De Dolfijn | 200703912 | 1:09.44 | 1:13.33 | 433 | |
| | 50m: 32.90 | 100m: 40.43 | | | | | |
| 35. | Mariia Kostina | Blue Marlins | 201002042 | 1:10.06 | 1:13.89 | 423 | |
| | 50m: 32.16 | 100m: 41.73 | | | | | |
| 36. | Dewi Meijer | De Dolfijn | 201000302 | 1:14.67 | 1:14.55 | 412 | |
| | 50m: 34.22 | 100m: 40.33 | | | | | |
| 37. | Myrthe Stelten | Hellas-Glana | 200900234 | 1:18.65 | 1:14.71 | 409 | |
| | 50m: 33.79 | 100m: 40.92 | | | | | |
| 38. | Fleur van den Eijk | Blue Marlins | 200900304 | 1:08.84 | 1:14.79 | 408 | |
| | 50m: 33.88 | 100m: 40.91 | | | | | |
| 39. | Leyona Lichtendonk | Dedemsvaart-AC | 200700010 | 1:11.51 | 1:14.83 | 407 | |
| | 50m: 33.41 | 100m: 41.42 | | | | | |
| 40. | Yara van Asselen | De Dolfijn | 200900408 | 1:13.25 | 1:15.46 | 397 | |
| | 50m: 34.01 | 100m: 41.45 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 6, Dames, 100m vlinderslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|------------------|-----------|---------|----------------|-----|----|
| 41. | Simone Faber | Deltasteur | 200900710 | 1:16.36 | 1:16.01 | 388 | |
| | 50m: 34.68 | 100m: 41.33 | | | | | |
| 42. | Fenna Westerneng | Dz&Pc | 200900070 | 1:18.17 | 1:16.15 | 386 | |
| | 50m: 34.07 | 100m: 42.08 | | | | | |
| 43. | Fardau Dikkers | Wetterwille | 200501722 | 1:09.45 | 1:16.17 | 386 | |
| | 50m: 34.28 | 100m: 41.89 | | | | | |
| 44. | Indy Feenema | Orca Leeuwarden | 201000850 | 1:19.45 | 1:16.64 | 379 | |
| | 50m: 35.10 | 100m: 41.54 | | | | | |
| 45. | Femke ter Horst | ZPC Hoogeveen | 201000108 | 1:16.41 | 1:16.91 | 375 | |
| | 50m: 35.56 | 100m: 41.35 | | | | | |
| 46. | Jessica Johnstone | Wvz | 201003890 | 1:13.14 | 1:17.00 | 374 | |
| | 50m: 36.00 | 100m: 41.00 | | | | | |
| 47. | Sterre van der Wal | Steenwijk 1934 | 200502356 | 1:14.66 | 1:17.41 | 368 | |
| | 50m: 34.17 | 100m: 43.24 | | | | | |
| 48. | Milou Geneuglijk | HZ&PC Heerenveen | 200900556 | 1:18.82 | 1:18.14 | 357 | |
| | 50m: 34.96 | 100m: 43.18 | | | | | |
| 49. | Lise Kleinbekman | Dz&Pc | 200502870 | 1:21.97 | 1:18.33 | 355 | |
| | 50m: 35.05 | 100m: 43.28 | | | | | |
| 50. | Marlouke Frijstein | Deltasteur | 200800152 | 1:13.82 | 1:18.38 | 354 | |
| | 50m: 35.54 | 100m: 42.84 | | | | | |
| 51. | Anna Lepoutre | Psv | 201100534 | 1:17.57 | 1:18.77 | 349 | |
| | 50m: 35.45 | 100m: 43.32 | | | | | |
| 52. | Esmee van der Tuuk | ZPC Hoogeveen | 200800682 | 1:14.47 | 1:19.00 | 346 | |
| | 50m: 35.99 | 100m: 43.01 | | | | | |
| 53. | Manou Longayroux | Blue Marlins | 201000580 | 1:12.29 | 1:19.44 | 340 | |
| | 50m: 35.81 | 100m: 43.63 | | | | | |
| 54. | Chloé in 't Veen | Wvz | 201100010 | 1:13.79 | 1:19.81 | 335 | |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 34.96 | 100m: 44.85 | | | | | |
| 55. | Jasmijn Sterken | ZC Polaris | 200701196 | 1:13.91 | 1:20.23 | 330 | |
| | 50m: 34.30 | 100m: 45.93 | | | | | |
| 56. | Marjolie Spelde | ZC Borger | 200900266 | 1:15.37 | 1:20.54 | 326 | |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 34.52 | 100m: 46.02 | | | | | |
| 57. | Luesza Siahajja | ZPC Hoogeveen | 200801316 | 1:16.69 | 1:21.01 | 321 | |
| | 50m: 36.36 | 100m: 44.65 | | | | | |
| 58. | Liselotte Schaap | HZ&PC Heerenveen | 200603016 | 1:22.25 | 1:21.07 | 320 | |
| | 50m: 35.66 | 100m: 45.41 | | | | | |
| 59. | Norell Kroeze | ZC Polaris | 201100378 | 1:17.91 | 1:21.50 | 315 | |
| | 50m: 36.30 | 100m: 45.20 | | | | | |
| 60. | Wieke Dekker | De Dolfijn | 201002020 | 1:21.96 | 1:21.88 | 311 | |
| | 50m: 36.76 | 100m: 45.12 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 6, Dames, 100m vlinderslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|--|-----------------|-----------|---------|----------------|-----|----|
| 61. | Milou Filemon | Blue Marlins | 201100078 | 1:18.99 | 1:23.87 | 289 | |
| | 50m: 37.28 | 100m: 46.59 | | | | | |
| 62. | Floortje van 't Wout | De Dolfijn | 200802286 | 1:14.97 | 1:23.97 | 288 | |
| | 50m: 35.86 | 100m: 48.11 | | | | | |
| 63. | Minke Oliva Bouman | Blue Marlins | 201100104 | 1:22.83 | 1:24.43 | 283 | |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 37.39 | 100m: 47.04 | | | | | |
| 64. | Melody Paulussen | De Dolfijn | 201101106 | 1:18.31 | 1:24.87 | 279 | |
| | 50m: 38.30 | 100m: 46.57 | | | | | |
| 65. | Charlotte van der Meer | Deltasteur | 200704478 | 1:23.19 | 1:25.04 | 277 | |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 37.45 | 100m: 47.59 | | | | | |
| 66. | Elin Reinstra | TriVia | 201100842 | 1:18.82 | 1:25.12 | 276 | |
| | 50m: 39.20 | 100m: 45.92 | | | | | |
| 67. | Mare Meerman | Orca Leeuwarden | 200804084 | 1:19.41 | 1:25.34 | 274 | |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 35.02 | 100m: 50.32 | | | | | |
| 68. | Yenthe Segeren | F.Z.C.'54 | 200801440 | 1:20.19 | 1:25.35 | 274 | |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 38.56 | 100m: 46.79 | | | | | |
| 69. | Ilse Kramer | TriVia | 200403072 | 1:20.50 | 1:25.40 | 274 | |
| | 50m: 37.80 | 100m: 47.60 | | | | | |
| 70. | Charlie Klaver | De Dolfijn | 201102094 | 1:24.14 | 1:25.78 | 270 | |
| | 50m: 39.92 | 100m: 45.86 | | | | | |
| 71. | Kyara Balt | De Vikings | 201100306 | 1:23.20 | 1:26.68 | 262 | |
| | 50m: 39.73 | 100m: 46.95 | | | | | |
| 72. | Devenda van der Meer | de Granaet | 200900948 | 1:23.90 | 1:27.01 | 259 | |
| | 50m: 37.98 | 100m: 49.03 | | | | | |
| 73. | Isabel Amelink | Deltasteur | 201100196 | 1:24.87 | 1:28.24 | 248 | |
| | 50m: 40.57 | 100m: 47.67 | | | | | |
| 74. | Amila Mustafic | Dz&Pc | 201200026 | 1:29.05 | 1:28.56 | 245 | |
| | 50m: 38.39 | 100m: 50.17 | | | | | |
| 75. | Joyce Toonstra | Neptunia '24 | 200501298 | 1:26.36 | 1:28.78 | 244 | |
| | 50m: 37.95 | 100m: 50.83 | | | | | |
| 76. | Lisa Boogaard | Deltasteur | 201100990 | 1:20.96 | 1:28.94 | 242 | |
| | 50m: 40.50 | 100m: 48.44 | | | | | |
| 77. | Eva ter Horst | ZPC Hoogeveen | 201200070 | 1:29.26 | 1:33.40 | 209 | |
| | 50m: 42.54 | 100m: 50.86 | | | | | |
| 78. | Jente van 't Hul | Deltasteur | 201000186 | 1:31.33 | 1:37.69 | 183 | |
| | 50m: 43.48 | 100m: 54.21 | | | | | |
| DIS | Noa Spaans | De Dolfijn | 201100222 | 1:25.80 | | | |
| | <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 6, Dames, 100m vlinderslag, Voorronde, Senioren Open

| Rang | In.tijd | Tijd | Pnt | RT |
|-------------------|---------|-----------|---------|----|
| AFGEM Tereza Boom | Psv | 200904028 | 1:08.81 | |

Programmanr. 7
2-3-2024 - 9:26

Heren, 100m rugslag
Spring Swim record: Jari Groenhart: 57.41

Junioren 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|---|-------------------------------------|-----------|--------------------|---------|
| 1. Niels Dijkshoorn 50m: 27.69 100m: 29.38 | Team NL - PSV 200203079 | 56.24 | 57.07 739 | +0,68 A |
| 2. Jay de Vries 50m: 27.80 100m: 29.87 | Team NL - Blue Marlins 200400669 | 56.86 | 57.67 716 | +0,65 A |
| 3. Daan Sonneveld 50m: 28.18 100m: 30.33 | Wvz 200601085 | 53.75 | 58.51 685 | +0,68 A |
| 4. Domingo Kuipers 50m: 28.52 100m: 30.32 | Dz&Pc 200501787 | 57.26 | 58.84 674 | +0,63 A |
| 5. Lars Minnaert 50m: 28.35 100m: 30.68 | Psv 200502355 | 55.79 | 59.03 667 | +0,60 A |
| Luuk van Rooij 50m: 28.75 100m: 30.28 | Psv 200400581 | 55.60 | 59.03 667 | +0,72 A |
| 7. Olivier van de Voort 50m: 28.54 100m: 31.80 | De Dolfijn 199703035 | S10 59.36 | 1:00.34 625 | +0,75 A |
| 8. Nikodim Markovic 50m: 29.42 100m: 31.19 | Blue Marlins 200700255 | 55.48 | 1:00.61 617 | +0,71 A |
| 9. Sven Klink 50m: 29.65 100m: 31.12 | Swol 1894 200500349 | 58.32 | 1:00.77 612 | +0,73 B |
| 10. Jisse Lousma 50m: 30.40 100m: 31.04 | Wvz 200701493 | 58.37 | 1:01.44 592 | +0,58 B |
| 11. Colin Bes 50m: 30.00 100m: 32.09 | ZC Polaris 200500201 | 1:01.87 | 1:02.09 573 | +0,58 B |
| 12. Niek Issard 50m: 29.19 100m: 33.01 | Dz&Pc 200700037 | 1:03.45 | 1:02.20 570 | +0,68 B |
| 13. Wytse Broekstra 50m: 30.13 100m: 32.14 | De Vikings 200800121 | 1:00.90 | 1:02.27 569 | +0,76 B |
| 14. Jaydey Schonewille 50m: 30.50 100m: 31.85 | Steenwijk 1934 200800025 | 1:00.47 | 1:02.35 566 | +0,76 B |
| 15. Luca Boorsma 50m: 29.78 100m: 32.63 | De Dolfijn 200902031 | 1:00.71 | 1:02.41 565 | +0,59 B |
| 16. Tieme Wiersma 50m: 30.79 100m: 31.92 | Dz&Pc 200701031 | 1:02.54 | 1:02.71 557 | +0,69 B |
| 17. Lars ten Katen 50m: 30.70 100m: 32.86 | Batavia Swim 200600959 | 1:03.45 | 1:03.56 535 | +0,71 R |
| 18. Abdelmajid Hassine 50m: 30.51 100m: 33.25 | Blue Marlins 199805885 | 1:01.31 | 1:03.76 530 | +0,67 R |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 7, Heren, 100m rugslag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|---------------------------|------------------------|-----------|---------|----------------|-----|-------|
| 19. | Jip Bakker | Dz&Pc | 200600287 | 1:04.86 | 1:04.63 | 508 | +0,62 |
| | 50m: 31.53 | 100m: 33.10 | | | | | |
| 20. | Lars Heddemma | Steenwijk 1934 | 200603697 | 1:01.96 | 1:04.70 | 507 | +0,66 |
| | 50m: 31.62 | 100m: 33.08 | | | | | |
| 21. | Mees Niemeijer | Dz&Pc | 200201275 | 1:04.52 | 1:04.79 | 505 | +0,71 |
| | 50m: 31.18 | 100m: 33.61 | | | | | |
| 22. | Thomas Boer | ZC Polaris | 200600769 | 1:03.96 | 1:04.86 | 503 | +0,65 |
| | 50m: 30.77 | 100m: 34.09 | | | | | |
| 23. | Thom de Hoog | Blue Marlins | 200600019 | 58.53 | 1:04.98 | 500 | +0,67 |
| | 50m: 30.82 | 100m: 34.16 | | | | | |
| 24. | Daniel Critchell | Deltasteur | 200700439 | 1:02.07 | 1:05.55 | 487 | +0,70 |
| | 50m: 31.53 | 100m: 34.02 | | | | | |
| 25. | Rick Offringa | Dz&Pc | 200300979 | 1:04.80 | 1:05.57 | 487 | +0,75 |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 31.10 | 100m: 34.47 | | | | | |
| 26. | Lias IJzerman | Dedemsvaart-AC | 200703145 | 1:05.47 | 1:05.66 | 485 | +0,78 |
| | 50m: 31.65 | 100m: 34.01 | | | | | |
| 27. | Gaëtan Spicq | Blue Marlins | 200701807 | 1:00.21 | 1:05.73 | 483 | +0,70 |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 31.91 | 100m: 33.82 | | | | | |
| 28. | Marcelino Gomez Gonzalz | Psv | 200601473 | 1:01.86 | 1:05.77 | 482 | +0,66 |
| | 50m: 31.89 | 100m: 33.88 | | | | | |
| 29. | Koen Vissers | Psv | 200401429 | 1:04.13 | 1:05.90 | 480 | +0,75 |
| | 50m: 31.80 | 100m: 34.10 | | | | | |
| 30. | Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 1:02.50 | 1:05.93 | 479 | +0,77 |
| | 50m: 31.23 | 100m: 34.70 | | | | | |
| 31. | Coenraad Floris Stork | G.S.Z.V. De Golfbreker | 200305075 | 1:06.31 | 1:06.70 | 462 | +0,69 |
| | 50m: 32.54 | 100m: 34.16 | | | | | |
| 32. | Duuk Harms | Dedemsvaart-AC | 200900201 | 1:08.94 | 1:06.79 | 461 | +0,73 |
| | 50m: 32.08 | 100m: 34.71 | | | | | |
| 33. | Mart Tempelman | Dedemsvaart-AC | 200801075 | 1:07.90 | 1:07.27 | 451 | +0,71 |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 32.48 | 100m: 34.79 | | | | | |
| 34. | Oliver Lund Gøtfredsen | Haderslev Svømme Klut | 0833AR | 1:04.55 | 1:07.41 | 448 | +0,77 |
| | 50m: 32.58 | 100m: 34.83 | | | | | |
| 35. | Richard Kuipers | HZ&PC Heerenveen | 199704171 | 1:04.82 | 1:07.51 | 446 | +0,81 |
| | 50m: 32.75 | 100m: 34.76 | | | | | |
| 36. | Floris van der Salm | De Dolfijn | 200700705 | 1:03.57 | 1:07.54 | 445 | +0,72 |
| | 50m: 32.01 | 100m: 35.53 | | | | | |
| 37. | L. van den Nieuwenhuijzer | Orca Leeuwarden | 200305073 | 1:02.92 | 1:07.58 | 445 | +0,75 |
| | 50m: 33.29 | 100m: 34.29 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 7, Heren, 100m rugslag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|--------------------------|------------------|-----------|---------|----------------|-----|-------|
| 38. | Tim van Erven | Dz&Pc | 200700175 | 1:12.32 | 1:07.68 | 443 | +0,77 |
| | 50m: 32.75 | 100m: 34.93 | | | | | |
| 39. | Hein Muller | Dz&Pc | 200800157 | 1:13.67 | 1:07.70 | 442 | +0,72 |
| | 50m: 33.01 | 100m: 34.69 | | | | | |
| 40. | Sven Koomstra | De Vikings | 200900189 | 1:07.53 | 1:08.05 | 435 | +0,68 |
| | 50m: 33.35 | 100m: 34.70 | | | | | |
| 41. | Abel op den Velde | De Duinkikkers | 201000079 | 1:13.93 | 1:08.68 | 424 | +0,72 |
| | 50m: 33.63 | 100m: 35.05 | | | | | |
| 42. | Niek Sonneveld | Wvz | 200802631 | 1:00.97 | 1:08.76 | 422 | +0,68 |
| | 50m: 32.47 | 100m: 36.29 | | | | | |
| 43. | Finn Eghuizen | HZ&PC Heerenveen | 200900431 | 1:10.56 | 1:09.03 | 417 | +0,67 |
| | 50m: 33.80 | 100m: 35.23 | | | | | |
| 44. | Sverre van der Zwaan | Wvz | 200900737 | 1:06.10 | 1:09.58 | 407 | +0,61 |
| | 50m: 33.81 | 100m: 35.77 | | | | | |
| 45. | Tim Boerefijn | Wvz | 200802815 | 1:05.06 | 1:09.94 | 401 | +0,78 |
| | 50m: 33.47 | 100m: 36.47 | | | | | |
| 46. | Evren Ege Orcunus | De Dolfijn | 201003253 | 1:06.22 | 1:10.41 | 393 | +0,85 |
| | 50m: 34.03 | 100m: 36.38 | | | | | |
| 47. | Aiden Lips | Blue Marlins | 200800951 | 1:07.42 | 1:10.99 | 384 | +0,75 |
| | 50m: 34.05 | 100m: 36.94 | | | | | |
| 48. | Arthur Alberts | ZVZwartsluis | 200900239 | 1:08.94 | 1:11.17 | 381 | +0,62 |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 35.33 | 100m: 35.84 | | | | | |
| 49. | Hessel Penninkhof | Deltasteur | 200800565 | 1:07.11 | 1:11.43 | 376 | +0,68 |
| | 50m: 34.90 | 100m: 36.53 | | | | | |
| | Duco de Gelder | Blue Marlins | 201000217 | 1:10.53 | 1:11.43 | 376 | +0,65 |
| | 50m: 33.84 | 100m: 37.59 | | | | | |
| 51. | Vasco Strampel | Steenwijk 1934 | 200702073 | 1:07.00 | 1:11.57 | 374 | +0,71 |
| | 50m: 33.33 | 100m: 38.24 | | | | | |
| 52. | Alexander van der Maaten | Blue Marlins | 200903251 | 1:09.51 | 1:12.09 | 366 | +0,70 |
| | 50m: 34.19 | 100m: 37.90 | | | | | |
| 53. | Arie Brussaard | Batavia Swim | 200700781 | 1:11.79 | 1:12.31 | 363 | +0,56 |
| | 50m: 34.12 | 100m: 38.19 | | | | | |
| 54. | Luca Gerringa | Batavia Swim | 200700555 | 1:13.70 | 1:12.47 | 360 | +0,80 |
| | 50m: 34.63 | 100m: 37.84 | | | | | |
| 55. | Ramon Vos | ZPC Hoogeveen | 201100051 | 1:08.38 | 1:12.62 | 358 | +0,94 |
| | 50m: 34.20 | 100m: 38.42 | | | | | |
| 56. | Renzo Steller | Wvz | 200701141 | 1:09.28 | 1:12.86 | 355 | +0,66 |
| | 50m: 35.30 | 100m: 37.56 | | | | | |
| 57. | Colin Beuker | ZC Polaris | 200802023 | 1:12.61 | 1:12.88 | 354 | +0,87 |
| | 50m: 34.73 | 100m: 38.15 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 7, Heren, 100m rugslag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|------------------|-----------|---------|----------------|-----|-------|
| 58. | Hylke de Jong | de Granaet | 200801057 | 1:11.70 | 1:13.36 | 347 | +0,65 |
| | 50m: 35.76 | 100m: 37.60 | | | | | |
| 59. | Brian Arturo Bloemsma | De Dolfijn | 200901155 | 1:12.00 | 1:14.00 | 339 | +0,76 |
| | 50m: 35.57 | 100m: 38.43 | | | | | |
| 60. | Dyon Scholten | Steenwijk 1934 | 200900095 | 1:11.42 | 1:14.19 | 336 | +0,72 |
| | 50m: 35.16 | 100m: 39.03 | | | | | |
| 61. | Lars Vos | Ksn (Sg) | 200501327 | 1:11.27 | 1:14.25 | 335 | +0,81 |
| | 50m: 35.95 | 100m: 38.30 | | | | | |
| 62. | Ruben de Vries | Wetterwille | 200900517 | 1:13.67 | 1:14.40 | 333 | +0,82 |
| | 50m: 35.92 | 100m: 38.48 | | | | | |
| 63. | Hielke Jan Penninkhof | Deltasteur | 200500569 | 1:09.67 | 1:14.45 | 332 | +0,71 |
| | 50m: 35.69 | 100m: 38.76 | | | | | |
| 64. | Dirk Hoogeveen | Dedemsvaart-AC | 200702595 | 1:13.76 | 1:14.50 | 332 | +0,86 |
| | 50m: 35.85 | 100m: 38.65 | | | | | |
| 65. | Sven Mulder | Wvz | 200901655 | 1:12.00 | 1:14.75 | 328 | +0,62 |
| | 50m: 36.50 | 100m: 38.25 | | | | | |
| 66. | Stijn Dijkstra | Dz&Pc | 201000279 | 1:17.98 | 1:15.48 | 319 | +0,73 |
| | 50m: 37.45 | 100m: 38.03 | | | | | |
| 67. | Nathan Magava | De Dolfijn | 201003067 | 1:14.41 | 1:16.40 | 308 | +0,69 |
| | 50m: 36.41 | 100m: 39.99 | | | | | |
| 68. | Rely Hoogendijk | Wvz | 200702521 | 1:05.90 | 1:16.81 | 303 | +0,73 |
| | 50m: 36.34 | 100m: 40.47 | | | | | |
| 69. | Mathijs Boersma | ZPC Hoogeveen | 201000313 | 1:12.29 | 1:17.19 | 298 | +0,91 |
| | 50m: 37.50 | 100m: 39.69 | | | | | |
| 70. | Stan Rothschild | ZC Borger | 201000353 | 1:20.45 | 1:17.36 | 296 | +0,66 |
| | 50m: 37.65 | 100m: 39.71 | | | | | |
| 71. | Jorick Johannes | HZ&PC Heerenveen | 201000403 | 1:19.41 | 1:17.47 | 295 | +0,64 |
| | 50m: 38.12 | 100m: 39.35 | | | | | |
| 72. | Kick Germers | Swol 1894 | 201000185 | 1:15.13 | 1:17.81 | 291 | +0,82 |
| | 50m: 38.03 | 100m: 39.78 | | | | | |
| 73. | Guido Drenth | ZC Borger | 200800221 | 1:18.13 | 1:18.79 | 280 | +0,75 |
| | 50m: 37.58 | 100m: 41.21 | | | | | |
| 74. | Douwe Enzerink | Deltasteur | 201102657 | 1:14.77 | 1:19.11 | 277 | +0,69 |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 37.99 | 100m: 41.12 | | | | | |
| 75. | Victor de Haan | HZ&PC Heerenveen | 201001921 | 1:20.67 | 1:19.14 | 277 | +0,82 |
| | 50m: 38.23 | 100m: 40.91 | | | | | |
| 76. | Cas Kleinpenning | ZVZwartsluis | 200702499 | 1:17.69 | 1:20.91 | 259 | +0,73 |
| | 50m: 37.83 | 100m: 43.08 | | | | | |
| 77. | Maico Langhout | F.Z.C.'54 | 200202215 | 1:17.93 | 1:22.42 | 245 | +0,71 |
| | 50m: 39.18 | 100m: 43.24 | | | | | |

DZ&PC Spring Swim 2024

Programmanr. 7, Heren, 100m rugslag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|-------|-------------------|-------------|-----------|---------|----------------|-----|-------|
| 78. | Emin Karadeniz | Wvz | 200804047 | 1:20.20 | 1:23.54 | 235 | +0,69 |
| | 50m: 38.37 | 100m: 45.17 | | | | | |
| AFGEM | Jonathan Baaijens | Psv | 200800409 | 1:08.03 | | | |
| AFGEM | Marc Manning | Psv | 200400167 | 59.49 | | | |

Programmanr. 8
2-3-2024 - 9:46

Dames, 50m vrije slag
Spring Swim record: Kim Busch: 25.27

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|-----------------------|-----------|---------|--------------|-----|----|
| 1. | Valerie van Roon | De Dolfijn | 199802326 | 23.87 | 25.46 | 803 | A |
| 2. | Sam van Nunen | Team NL - PSV | 200100036 | 25.31 | 25.68 | 783 | A |
| 3. | Megan Jonkman | Blue Marlins | 200600508 | 25.31 | 26.02 | 752 | A |
| 4. | Anne Thastrup-Hansen | Haderslev Svømme Klut | 0688AV | 25.17 | 26.24 | 734 | A |
| 5. | Sara Korhuis | Dz&Pc | 200600494 | 26.15 | 26.27 | 731 | A |
| 6. | Angelina Rolman | Team NL - De Dolfijn | 200701972 | 26.31 | 26.42 | 719 | A |
| 7. | Yara van Kalmthout | Team NL - PSV | 200200984 | 26.48 | 26.51 | 711 | A |
| 8. | Mare Schallenberg | Acz | 200600078 | 26.43 | 26.78 | 690 | A |
| 9. | Serena Stel | De Dolfijn | 199801528 | 26.51 | 26.90 | 681 | B |
| 10. | Dionne Salomons | ZC Borger | 200200504 | 29.32 | 27.65 | 627 | B |
| 11. | Ilse Rozema | Blue Marlins | 200803318 | 26.40 | 27.69 | 624 | B |
| 12. | Lynn Blommers | Blue Marlins | 200105062 | 26.63 | 27.74 | 621 | B |
| 13. | Tess Bemer | De Duinkickers | 200600450 | 27.97 | 27.86 | 613 | B |
| 14. | Fay Boxum | Dz&Pc | 200900060 | 28.50 | 27.88 | 611 | B |
| 15. | Phaedra Meijer | Blue Marlins | 200405834 | 26.53 | 27.97 | 606 | B |
| 16. | Floor Hogervorst | Blue Marlins | 200701400 | 26.56 | 27.98 | 605 | B |
| 17. | Anja Kisielewicz | Haderslev Svømme Klut | 0714AX | 27.78 | 28.14 | 595 | R |
| 18. | Anne Fleur Willemsen | Azuro | 199901396 | 27.21 | 28.15 | 594 | R |
| 19. | Thalia Meijer | Blue Marlins | 200704048 | 27.81 | 28.22 | 590 | |
| 20. | Esmee Mulder | Dz&Pc | 200800038 | 28.03 | 28.34 | 582 | |
| | Veerle de Ridder | HZ&PC Heerenveen | 200700778 | 28.87 | 28.34 | 582 | |
| 22. | Esmee van Peer | TriVia | 200201114 | 28.05 | 28.39 | 579 | |
| 23. | Rafaela Mulders | De Reuring | 200701398 | 27.97 | 28.47 | 574 | |
| 24. | Liv Heijdra | Wvz | 200800736 | 27.06 | 28.48 | 574 | |
| | Michelle Zomerdijk | Dedemsvaart-AC | 200003196 | 27.47 | 28.48 | 574 | |
| 26. | Karin Rijkelijhuizen | Dz&Pc | 199403358 | 27.59 | 28.49 | 573 | |
| 27. | Julia Agricola | Dz&Pc | 200800266 | 28.98 | 28.63 | 565 | |
| 28. | Indira van Aggele | De Dolfijn | 200804424 | 27.12 | 28.65 | 563 | |
| 29. | Julie van Nispen | Z&PV Nuenen | 200800290 | 28.73 | 28.67 | 562 | |
| 30. | Lianne van Wier | HZ&PC Heerenveen | 200200438 | 27.79 | 28.69 | 561 | |
| 31. | Indy van Laarhoven | Psv | 200500710 | 27.29 | 28.76 | 557 | |
| 32. | Kinley Cole | Psv | 200903696 | 27.45 | 28.78 | 556 | |
| | Vera Wassink | Zpc Amersfoort | 200604976 | 27.99 | 28.78 | 556 | |
| 34. | Veerle Hildebrand | Psv | 200801830 | 28.56 | 28.81 | 554 | |
| 35. | Lola Verheijen | Psv | 201100832 | 28.03 | 28.89 | 549 | |
| 36. | Fenna Westerneng | Dz&Pc | 200900070 | 29.19 | 28.93 | 547 | |
| 37. | Fleur van den Eijk | Blue Marlins | 200900304 | 28.34 | 29.01 | 543 | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 8, Dames, 50m vrije slag, Voorronde, Senioren Open

| Rang | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|------------------------|-----------|-------|--------------|-----|
| 38. | Aniek Vuist | Steenwijk 1934 | 200600958 | 28.09 | 29.10 | 538 |
| 39. | Evy van Laarhoven | Psv | 200500712 | 27.82 | 29.16 | 534 |
| 40. | Ananda van der Wiel | Wvz | 200701562 | 28.89 | 29.20 | 532 |
| 41. | Lois Waterham | Dedemsvaart-AC | 200803726 | 29.18 | 29.22 | 531 |
| 42. | Simone Faber | Deltasteur | 200900710 | 28.46 | 29.27 | 528 |
| 43. | Sigrid Sand Jürgensen | Haderslev Svømme Klub | 0756AQ | 29.74 | 29.42 | 520 |
| 44. | Annemijn Kragt | Deltasteur | 200802710 | 28.62 | 29.44 | 519 |
| 45. | Luca Ebbinge | Dz&Pc | 199802406 | 28.75 | 29.45 | 519 |
| 46. | Daphne Dijsselhof | Dedemsvaart-AC | 200901690 | 30.48 | 29.46 | 518 |
| 47. | Fardau Dikkers | Wetterwille | 200501722 | 28.06 | 29.51 | 516 |
| 48. | Sofie Kragt | Dedemsvaart-AC | 200701020 | 29.89 | 29.52 | 515 |
| 49. | Daphne Westra | de Granaet | 200900344 | 29.05 | 29.69 | 506 |
| 50. | Carlein Polinder | G.S.Z.V. De Golfbreker | 200600128 | 27.60 | 29.70 | 506 |
| 51. | Lieke Brinkman | ZC Borger | 200800072 | 29.01 | 29.73 | 504 |
| | Sophie van Leent | Blue Marlins | 200800522 | 29.05 | 29.73 | 504 |
| 53. | Julia van den Bosch | Deltasteur | 200600232 | 27.97 | 29.78 | 502 |
| 54. | Bregje Dekkers | Psv | 200900746 | 29.06 | 29.85 | 498 |
| 55. | Esmée Ykema | HZ&PC Heerenveen | 200801710 | 29.79 | 30.01 | 490 |
| 56. | Inge Dekker | HZ&PC Heerenveen | 200200476 | 28.90 | 30.04 | 489 |
| 57. | Féline Sam | ZVZwartsluis | 200700018 | 27.74 | 30.06 | 488 |
| 58. | Nynke van der Zee | Orca Leeuwarden | 200700604 | 28.46 | 30.11 | 485 |
| 59. | Esther Dijsselhof | Dedemsvaart-AC | 200800784 | 30.49 | 30.13 | 484 |
| 60. | Laura van Lierop | Psv | 200700810 | 29.02 | 30.14 | 484 |
| 61. | Nikita Snoeren | Wvz | 200600342 | 28.26 | 30.16 | 483 |
| 62. | Anna Lepoutre | Psv | 201100534 | 28.79 | 30.25 | 479 |
| 63. | Noël Iris Hettinga | Neptunia '24 | 200002536 | 31.28 | 30.27 | 478 |
| 64. | Karlijn Dijkshoorn | Steenwijk 1934 | 200803926 | 28.57 | 30.33 | 475 |
| | Feyona Vonk | F.Z.C.'54 | 200600814 | 29.72 | 30.33 | 475 |
| 66. | Esmé Sportel | Dedemsvaart-AC | 200900682 | 30.94 | 30.41 | 471 |
| | Minke Oliva Bouman | Blue Marlins | 201100104 | 29.86 | 30.41 | 471 |
| | <i>*back-up tijd</i> | | | | | |
| 68. | Evelien de Jong | Neptunia '24 | 199805316 | 30.01 | 30.55 | 465 |
| 69. | Inger van Oord | De Dolfijn | 200703912 | 28.68 | 30.56 | 464 |
| 70. | Ilse Jongepier | Thor | 201000006 | 30.30 | 30.57 | 464 |
| 71. | Robin Meide van der | ZC Polaris | 200601778 | 30.61 | 30.62 | 461 |
| 72. | Senna Boogmans | De Duinkickers | 201000640 | 30.50 | 30.79 | 454 |
| 73. | Elise Dorlandt | HZ&PC Heerenveen | 201000232 | 30.38 | 30.82 | 452 |
| 74. | Lois Jalving | HZ&PC Heerenveen | 200400280 | 30.26 | 30.88 | 450 |
| 75. | Kristine Hansen | Haderslev Svømme Klub | 0804AX | 29.90 | 30.90 | 449 |
| 76. | Veronica Borges | Blue Marlins | 200903380 | 31.19 | 30.92 | 448 |
| 77. | Anna Vaupell | Haderslev Svømme Klub | 0886AR | 30.33 | 31.01 | 444 |
| 78. | Chloé in 't Veen | Wvz | 201100010 | 29.53 | 31.11 | 440 |
| 79. | Nora Lynn Otten | ZPC Hoogeveen | 200903338 | 31.32 | 31.14 | 439 |
| 80. | Jubilee van Heijdoorn | Wvz | 200900636 | 29.76 | 31.19 | 437 |
| 81. | Anne van der Kamp | Deltasteur | 200900274 | 29.93 | 31.25 | 434 |
| 82. | Anniek Brinkman | ZC Borger | 200800076 | 29.60 | 31.27 | 433 |
| 83. | Suze Buikema | Wetterwille | 200600872 | 29.69 | 31.28 | 433 |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 8, Dames, 50m vrije slag, Voorronde, Senioren Open

| Rang | | | In.tijd | Tijd | Pnt | RT |
|--|---------------------|------------------|-----------|-------|--------------|-----|
| 84. | Amila Mustafic | Dz&Pc | 201200026 | 32.02 | 31.30 | 432 |
| 85. | Manou Longayroux | Blue Marlins | 201000580 | 29.86 | 31.37 | 429 |
| 86. | Lieke Rossel | ZC Polaris | 200603070 | 31.00 | 31.39 | 428 |
| 87. | Evita Hoornweg | TriVia | 201002046 | 31.02 | 31.40 | 428 |
| 88. | Melissa de Lang | Swol 1894 | 200001186 | 29.99 | 31.45 | 426 |
| 89. | Amber Tiesinga | Dz&Pc | 200600782 | 30.32 | 31.46 | 425 |
| | Isa Kerpels | ZPC Hoogeveen | 200800880 | 29.96 | 31.46 | 425 |
| 91. | Milou Filemon | Blue Marlins | 201100078 | 31.32 | 31.57 | 421 |
| 92. | Annelie Batenburg | Psv | 201001962 | 30.45 | 31.59 | 420 |
| 93. | Leonore Heerschop | Steenwijk 1934 | 200801310 | 31.16 | 31.73 | 415 |
| 94. | Elien Groothuismink | Swol 1894 | 200800920 | 30.73 | 31.81 | 412 |
| 95. | Sanne Mulder | Wvz | 200900280 | 31.18 | 31.94 | 406 |
| 96. | Monique Tienstra | TriVia | 200600354 | 29.82 | 31.96 | 406 |
| 97. | Kim Buurmeijer | Thor | 200903530 | 31.78 | 31.99 | 405 |
| 98. | Annelie Klinkhamer | ZC Borger | 200702606 | 31.36 | 32.01 | 404 |
| 99. | Hanna Sampimon | Ksn (Sg) | 200901824 | 31.24 | 32.11 | 400 |
| 100. | Fenna Boterman | TriVia | 200701710 | 30.95 | 32.23 | 396 |
| 101. | Femke van der Veen | Orca Leeuwarden | 201100962 | 32.64 | 32.24 | 395 |
| 102. | Isa Segenhout | Orca Leeuwarden | 201000128 | 31.09 | 32.62 | 382 |
| 103. | Hayleigh Onstwedder | Batavia Swim | 201002902 | 34.30 | 32.70 | 379 |
| 104. | Elske van der Ven | Psv | 200800904 | 31.89 | 32.80 | 375 |
| 105. | Marlies Brouwer | Dz&Pc | 201101152 | 33.15 | 32.86 | 373 |
| 106. | Samantha Magava | De Dolfijn | 200804644 | 30.73 | 32.91 | 372 |
| 107. | Femke Griemink | Ksn (Sg) | 200802376 | 32.82 | 32.92 | 371 |
| 108. | Marit Dekker | Wvz | 200902276 | 32.32 | 33.00 | 369 |
| 109. | Sara van Dijk | TriVia | 201001120 | 33.17 | 33.01 | 368 |
| 110. | Sophie Hiemstra | de Granaet | 200800686 | 32.67 | 33.02 | 368 |
| 111. | Maurieke Frijstein | Deltasteur | 201100198 | 34.38 | 33.12 | 365 |
| 112. | Yenthe Segeren | F.Z.C.'54 | 200801440 | 31.93 | 33.22 | 361 |
| 113. | Mirthe De Leeuw | ZC Polaris | 201200038 | 34.69 | 33.50 | 352 |
| 114. | Jelena Krikke | Dz&Pc | 200405874 | 33.40 | 33.52 | 352 |
| 115. | Evy Anna Nijdam | Orca Leeuwarden | 201100834 | 33.40 | 33.60 | 349 |
| 116. | Sophie Feiertag | ZC Polaris | 200901144 | 34.05 | 33.71 | 346 |
| 117. | Anna Nauta | TriVia | 201001114 | 32.88 | 33.76 | 344 |
| 118. | Manoah Dekker | Deltasteur | 201100656 | 34.69 | 33.84 | 342 |
| 119. | Nadia Veenstra | HZ&PC Heerenveen | 200602482 | 35.25 | 34.05 | 335 |
| 120. | Lieke Hegeman | TriVia | 200505390 | 33.67 | 34.13 | 333 |
| 121. | Anne Boswinkel | Swol 1894 | 200801724 | 33.53 | 34.24 | 330 |
| 122. | Floortje Bakker | Blue Marlins | 201101124 | 34.98 | 34.31 | 328 |
| 123. | Silke Hooghiemstra | De Vikings | 201003160 | 36.74 | 34.71 | 317 |
| 124. | Gabriela Borges | Blue Marlins | 201201726 | 34.52 | 34.91 | 311 |
| 125. | Ilaria Flower | De Dolfijn | 201103236 | 35.56 | 35.73 | 290 |
| 126. | Nicole Buurmeijer | Thor | 201200754 | 35.66 | 37.61 | 249 |
| 127. | Emma Mintjes | HZ&PC Heerenveen | 201200216 | 38.85 | 40.08 | 205 |
| 128. | Bente Aveskamp | Neptunia '24 | 201003144 | 41.22 | 40.88 | 194 |
| DIS | Maud Dokter | Steenwijk 1934 | 200601672 | 28.27 | | |
| <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | | | | | | |
| AFGEM | Do Klaassen | Deltasteur | 201200236 | 35.14 | | |

DZ&PC Spring Swim 2024

Programmanr. 8, Dames, 50m vrije slag, Voorronde, Senioren Open

| Rang | | | In.tijd | Tijd | Pnt | RT |
|-------|---------------|--------------|-----------|-------|-----|----|
| AFGEM | Eva Noordhuis | Azuro | 200704392 | 34.94 | | |
| AFGEM | Lisa Veenstra | F.Z.C.'54 | 200304294 | 31.28 | | |
| AFGEM | Elvira Rakels | Blue Marlins | 201001238 | 33.59 | | |

Programmanr. 9

Heren, 50m schoolslag
Spring Swim record: Juri Dijkstra 29.04

Junioren 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | In.tijd | Tijd | Pnt | RT | |
|------|----------------------------|------------------------|-----------|-------|--------------|-----|---|
| 1. | Koen de Groot | Team NL - PSV | 200401059 | 26.93 | 28.48 | 756 | A |
| | <i>*Spring swim record</i> | | | | | | |
| 2. | Jason van den Berg | Blue Marlins | 200400009 | 27.22 | 28.57 | 749 | A |
| 3. | River Streefland | Blue Marlins | 200502253 | 27.81 | 28.89 | 724 | A |
| 4. | Rick Bulman | Blue Marlins | 200101899 | 28.02 | 29.13 | 706 | A |
| 5. | Brandon van den Berg | Team NL - Blue Marlins | 200200669 | 28.73 | 29.16 | 704 | A |
| 6. | Luca Janssen | Team NL - PSV | 200403237 | 28.57 | 29.39 | 688 | A |
| 7. | Lars Verhalle | Psv | 200200019 | 27.81 | 29.59 | 674 | A |
| 8. | Matthijs van Meerendonk | Dz&Pc | 199900375 | 29.24 | 30.08 | 642 | A |
| 9. | Storm Boxum | Dz&Pc | 200700421 | 31.06 | 30.15 | 637 | B |
| 10. | Michael Smink | Blue Marlins | 200302169 | 28.36 | 30.16 | 636 | B |
| 11. | Emiel van Oord | De Dolfijn | 200503707 | 28.50 | 30.22 | 633 | B |
| 12. | Wytse Broekstra | De Vikings | 200800121 | 29.97 | 30.30 | 628 | B |
| 13. | Jasper Willig | Blue Marlins | 200104757 | 28.94 | 30.38 | 623 | B |
| 14. | Roan van der Weide | Blue Marlins | 200601629 | 29.85 | 30.67 | 605 | B |
| 15. | Jip Bakker | Dz&Pc | 200600287 | 31.56 | 30.81 | 597 | B |
| 16. | Q. Brouwer von Gonzenbe | TriVia | 200700001 | 29.88 | 31.14 | 578 | B |
| 17. | Jelle Betten | Dz&Pc | 200001535 | 30.59 | 31.26 | 572 | R |
| 18. | Jesse van der A | De Dolfijn | 199905303 | 29.57 | 31.34 | 567 | R |
| 19. | Derk Jan van Duijn | Dz&Pc | 200105575 | 31.14 | 31.44 | 562 | |
| 20. | Jetze de Vries | De Vikings | 200602589 | 30.09 | 31.45 | 561 | |
| 21. | Thierry Zulver | ZV Vlaardingen-Schiede | 200700023 | 29.92 | 31.48 | 560 | |
| 22. | Joshua Agussalim | Wvz | 200600153 | 30.33 | 31.56 | 555 | |
| 23. | Rick Offringa | Dz&Pc | 200300979 | 31.06 | 31.62 | 552 | |
| 24. | Giulian Janssen | Psv | 200900125 | 30.77 | 31.84 | 541 | |
| 25. | Hein Muller | Dz&Pc | 200800157 | 32.99 | 32.02 | 532 | |
| 26. | Tiemen Jonkman | Dz&Pc | 200301193 | 31.05 | 32.09 | 528 | |
| 27. | Thygo van Peppel | Blue Marlins | 200901101 | 31.48 | 32.33 | 517 | |
| 28. | Robin de Jong | SG. Bolsward-Workum | 200101165 | 32.55 | 32.46 | 510 | |
| 29. | Daniel Critchell | Deltasteur | 200700439 | 31.24 | 32.49 | 509 | |
| 30. | Twan Huisman | Wvz | 200702207 | 31.66 | 32.50 | 509 | |
| 31. | Pedro Filipini | De Dolfijn | 200603863 | 30.80 | 32.55 | 506 | |
| 32. | Luca Boorsma | De Dolfijn | 200902031 | 32.62 | 32.68 | 500 | |
| 33. | Storm Tolsma | Zignea | 200600277 | 33.02 | 32.75 | 497 | |
| 34. | Tim van Rooij | Psv | 200700129 | 31.64 | 32.80 | 495 | |
| 35. | Bjorn Rijkaart | Wvz | 200601337 | 30.63 | 32.95 | 488 | |
| 36. | Nout Folkersma | Psv | 200800595 | 32.39 | 33.21 | 477 | |
| 37. | Eskild Meyer | Haderslev Svømme Klub | 0903BA | 32.03 | 33.27 | 474 | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 9, Heren, 50m schoolslag, Voorronde, Junioren 1 en ouder

| Rang | | | In.tijd | Tijd | Pnt | RT |
|-------|-----------------------|-----------------------|-----------|-------|--------------|-----|
| 38. | Lucas Berner | De Duinkickers | 200700219 | 35.27 | 33.39 | 469 |
| 39. | Sven Koorstra | De Vikings | 200900189 | 31.99 | 33.47 | 466 |
| 40. | Jordey Thole | ZPC Hoogeveen | 200700385 | 32.31 | 33.54 | 463 |
| 41. | Jorian Darwinkel | HZ&PC Heerenveen | 200300565 | 30.78 | 33.55 | 462 |
| 42. | Thomas Nauta | Arethusa | 200900339 | 35.33 | 33.66 | 458 |
| 43. | Taco Hengstman | ZPC Hoogeveen | 200304601 | 30.87 | 33.68 | 457 |
| 44. | Damir Mustafic | Dz&Pc | 200800885 | 34.59 | 33.69 | 456 |
| 45. | Richard Kuipers | HZ&PC Heerenveen | 199704171 | 33.59 | 33.72 | 455 |
| 46. | Dennis Mosterman | Dedemsvaart-AC | 200501283 | 33.08 | 33.74 | 454 |
| 47. | Tijn Hilders | De Dolfijn | 200700027 | 31.43 | 33.96 | 446 |
| | Gerjan Berends | ZPC Hoogeveen | 200900169 | 32.71 | 33.96 | 446 |
| 49. | David Wesseling | ZC Polaris | 200500251 | 34.00 | 34.01 | 444 |
| 50. | Kay van Sleen | Steenwijk 1934 | 200400083 | 32.46 | 34.25 | 434 |
| 51. | Brian Arturo Bloemsma | De Dolfijn | 200901155 | 34.16 | 34.34 | 431 |
| 52. | Laurits Holm | Haderslev Svømme Klub | 0627AO | 34.30 | 34.50 | 425 |
| 53. | Saviël Armand | Acz | 200204461 | 33.28 | 34.51 | 425 |
| 54. | Arjan Boogaard | Deltasteur | 200800093 | 33.61 | 34.73 | 417 |
| 55. | Roan van der Stege | Swol 1894 | 200900107 | 34.84 | 35.77 | 381 |
| 56. | Sven Casper Hageman | Steenwijk 1934 | 201000009 | 34.38 | 36.05 | 372 |
| 57. | Duco de Gelder | Blue Marlins | 201000217 | 35.57 | 36.19 | 368 |
| 58. | Dilan Gaemers | Avena | 200602311 | 40.61 | 36.65 | 354 |
| 59. | Mathijs Boersma | ZPC Hoogeveen | 201000313 | 35.90 | 36.67 | 354 |
| 60. | Vito Kuperus | F.Z.C.'54 | 200401389 | 35.14 | 37.07 | 343 |
| 61. | Tim Zuurman | ZPC Hoogeveen | 200700131 | 36.33 | 37.51 | 331 |
| 62. | Finn Eghuizen | HZ&PC Heerenveen | 200900431 | 39.58 | 37.66 | 327 |
| 63. | Lars Vos | Ksn (Sg) | 200501327 | 38.76 | 37.96 | 319 |
| 64. | Jorn Kroes | Azuro | 200600049 | 36.12 | 38.27 | 311 |
| 65. | Kasper Lubbers | Orca Leeuwarden | 201100025 | 36.74 | 38.34 | 310 |
| 66. | Hielke van der Zwaag | Wetterwille | 200701197 | 38.64 | 38.90 | 296 |
| 67. | Maico Langhout | F.Z.C.'54 | 200202215 | 38.56 | 40.96 | 254 |
| 68. | Douwe Enzerink | Deltasteur | 201102657 | 39.06 | 41.23 | 249 |
| 69. | Stan Rothschild | ZC Borger | 201000353 | 39.66 | 41.44 | 245 |
| | Leroy Maring | ZPC de Kanaalstreek | 201100307 | 39.43 | 41.44 | 245 |
| 71. | Luca Karsten Schüler | HZ&PC Heerenveen | 201101451 | 45.22 | 42.39 | 229 |
| 72. | Manuel Dorgelo | Deltasteur | 201100137 | 41.93 | 42.55 | 226 |
| 73. | Daan Mulder | Ksn (Sg) | 201100267 | 42.01 | 42.82 | 222 |
| 74. | Daniël Scheppink | Swol 1894 | 200902769 | 41.23 | 43.16 | 217 |
| 75. | Jake van Duivendijk | Blue Marlins | 201000945 | 40.79 | 43.29 | 215 |
| 76. | Erik School | Deltasteur | 201100139 | 45.74 | 43.62 | 210 |
| 77. | Yusuf Temizisler | De Dolfijn | 201002197 | 47.60 | 47.83 | 159 |
| | <i>*back-up tijd</i> | | | | | |
| 78. | Timo Bottenberg | Deltasteur | 200900151 | 48.89 | 48.31 | 154 |
| 79. | Daniël Bruin | Deltasteur | 201000121 | 47.55 | 49.69 | 142 |
| AFGEM | Jonathan Baaijens | Psv | 200800409 | 32.78 | | |

DZ&PC Spring Swim 2024

Programmanr. 10
2-3-2024 - 10:12

Dames, 200m rugslag
Spring Swim record: Yke Groener 2:19.26

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|------------------|-------------|-------------|--|--|---------|----------------|-----|---------|
| 1. | Jinth Engelse | Niemo Barracuda | 200800204 | | | | 2:18.44 | 2:17.80 | 717 | +0,63 Q |
| | 50m: 32.31 | 100m: 35.10 | 150m: 35.50 | 200m: 34.89 | | | | | | |
| 2. | Sara Korthuis | Dz&Pc | 200600494 | | | | 2:17.08 | 2:18.63 | 704 | +0,80 Q |
| | 50m: 32.46 | 100m: 35.45 | 150m: 35.97 | 200m: 34.75 | | | | | | |
| 3. | Dachen Haaijer | ZPC Hoogeveen | 200800380 | | | | 2:17.94 | 2:21.40 | 663 | +0,71 Q |
| | 50m: 33.30 | 100m: 36.57 | 150m: 36.16 | 200m: 35.37 | | | | | | |
| 4. | Laura van Etten | HZ&PC Heerenveen | 200800264 | | | | 2:21.07 | 2:22.01 | 655 | +0,74 Q |
| | 50m: 33.60 | 100m: 36.43 | 150m: 35.83 | 200m: 36.15 | | | | | | |
| 5. | Carolina Cermelli | De Dolfijn | 200106390 | | | | 2:12.40 | 2:22.31 | 651 | +0,62 Q |
| | 50m: 33.88 | 100m: 35.81 | 150m: 36.12 | 200m: 36.50 | | | | | | |
| 6. | Eefje Irvine | De Dolfijn | 200700164 | | | | 2:14.35 | 2:22.35 | 650 | +0,60 Q |
| | 50m: 33.13 | 100m: 36.94 | 150m: 36.72 | 200m: 35.56 | | | | | | |
| 7. | Elise Tanis | De Dolfijn | 200200120 | | | | 2:19.11 | 2:23.50 | 635 | +0,59 Q |
| | 50m: 33.15 | 100m: 36.05 | 150m: 37.05 | 200m: 37.25 | | | | | | |
| 8. | Frouke Ludwig | Dz&Pc | 200800112 | | | | 2:18.08 | 2:23.74 | 631 | +0,67 Q |
| | <i>*back-up tijd</i> | | | | | | | | | |
| | 50m: 34.05 | 100m: 36.64 | 150m: 36.29 | 200m: 36.76 | | | | | | |
| 9. | Fay Boxum | Dz&Pc | 200900060 | | | | 2:23.79 | 2:26.18 | 600 | +0,65 R |
| | 50m: 33.19 | 100m: 37.27 | 150m: 38.11 | 200m: 37.61 | | | | | | |
| 10. | Malin Roozeboom | Wvz | 201100006 | | | | 2:20.80 | 2:29.13 | 565 | +0,77 R |
| | 50m: 34.53 | 100m: 39.39 | 150m: 38.50 | 200m: 36.71 | | | | | | |
| 11. | Maaïke Issard | Dz&Pc | 200300022 | | | | 2:36.09 | 2:29.37 | 563 | +0,75 |
| | 50m: 34.72 | 100m: 38.53 | 150m: 37.90 | 200m: 38.22 | | | | | | |
| 12. | Myrthe Natzijl | Dz&Pc | 200400076 | | | | 2:31.36 | 2:29.56 | 561 | +0,83 |
| | 50m: 35.48 | 100m: 37.66 | 150m: 38.26 | 200m: 38.16 | | | | | | |
| 13. | Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | | | | 2:28.31 | 2:30.62 | 549 | +0,60 |
| | <i>*back-up tijd</i> | | | | | | | | | |
| | 50m: 34.90 | 100m: 38.00 | 150m: 38.77 | 200m: 38.95 | | | | | | |
| 14. | Fenna Westerneng | Dz&Pc | 200900070 | | | | 2:32.70 | 2:31.52 | 539 | +0,76 |
| | 50m: 36.01 | 100m: 38.74 | 150m: 38.96 | 200m: 37.81 | | | | | | |
| 15. | Madeleine Bertram | De Dolfijn | 200900516 | | | | 2:27.74 | 2:31.63 | 538 | +0,72 |
| | 50m: 35.68 | 100m: 38.71 | 150m: 39.07 | 200m: 38.17 | | | | | | |
| 16. | Fenna Zusterzeel | Psv | 201000008 | | | | 2:23.18 | 2:31.71 | 537 | +0,60 |
| | 50m: 34.72 | 100m: 38.80 | 150m: 39.00 | 200m: 39.19 | | | | | | |
| 17. | Myrthe Stelten | Hellas-Glana | 200900234 | | | | 2:34.99 | 2:31.94 | 535 | +0,67 |
| | 50m: 35.32 | 100m: 38.18 | 150m: 39.28 | 200m: 39.16 | | | | | | |
| 18. | Maud Roffel | HZ&PC Heerenveen | 200700840 | | | | 2:29.63 | 2:31.98 | 534 | +0,74 |
| | 50m: 35.06 | 100m: 37.84 | 150m: 39.84 | 200m: 39.24 | | | | | | |
| 19. | Luus Gielens | Psv | 200900138 | | | | 2:23.91 | 2:32.24 | 531 | +0,77 |
| | 50m: 35.23 | 100m: 38.35 | 150m: 39.66 | 200m: 39.00 | | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 10, Dames, 200m rugslag, Voorronde, Senioren Open

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|----------------|-------------|-------------|---------|----------------|-----|-------|
| 20. | Floor Hogervorst | Blue Marlins | 200701400 | | 2:20.72 | 2:34.50 | 508 | +0,71 |
| | 50m: 35.65 | 100m: 39.24 | 150m: 40.32 | 200m: 39.29 | | | | |
| 21. | Marlies Dijsselhof | Dedemsvaart-AC | 200601046 | | 2:33.20 | 2:35.48 | 499 | +0,85 |
| | 50m: 35.88 | 100m: 39.07 | 150m: 40.64 | 200m: 39.89 | | | | |
| 22. | Imre Bouwland | ZPC Hoozeveen | 200700388 | | 2:27.49 | 2:35.97 | 494 | +0,69 |
| | 50m: 35.59 | 100m: 39.02 | 150m: 41.18 | 200m: 40.18 | | | | |
| 23. | Ilse Rozema | Blue Marlins | 200803318 | | 2:32.27 | 2:36.81 | 486 | +0,68 |
| | <i>*back-up tijd</i> | | | | | | | |
| | 50m: 36.71 | 100m: 41.28 | 150m: 39.31 | 200m: 39.51 | | | | |
| 24. | Liv Heijdra | Wvz | 200800736 | | 2:29.48 | 2:37.08 | 484 | +0,59 |
| | 50m: 35.83 | 100m: 39.56 | 150m: 41.08 | 200m: 40.61 | | | | |
| 25. | Julia Agricola | Dz&Pc | 200800266 | | 2:48.53 | 2:37.26 | 482 | +0,73 |
| | 50m: 37.35 | 100m: 39.43 | 150m: 40.14 | 200m: 40.34 | | | | |
| 26. | Faye Thijsse | Wvz | 201001364 | | 2:42.92 | 2:37.61 | 479 | +0,74 |
| | 50m: 36.73 | 100m: 40.33 | 150m: 41.77 | 200m: 38.78 | | | | |
| 27. | Nora Lynn Otten | ZPC Hoozeveen | 200903338 | | 2:37.54 | 2:38.86 | 468 | +0,84 |
| | 50m: 36.67 | 100m: 39.79 | 150m: 41.36 | 200m: 41.04 | | | | |
| 28. | Marjolie Spelde | ZC Borger | 200900266 | | 2:30.12 | 2:39.67 | 461 | +0,82 |
| | 50m: 36.85 | 100m: 40.52 | 150m: 41.74 | 200m: 40.56 | | | | |
| 29. | Leyona Lichtendonk | Dedemsvaart-AC | 200700010 | | 2:41.06 | 2:39.74 | 460 | +0,73 |
| | 50m: 38.00 | 100m: 40.30 | 150m: 40.89 | 200m: 40.55 | | | | |
| 30. | Elin Reinstra | TriVia | 201100842 | | 2:31.96 | 2:40.01 | 458 | +0,74 |
| | 50m: 36.40 | 100m: 40.15 | 150m: 42.64 | 200m: 40.82 | | | | |
| 31. | Tess van de Steeg | Wvz | 201000016 | | 2:33.79 | 2:40.09 | 457 | +0,84 |
| | 50m: 37.79 | 100m: 40.15 | 150m: 40.42 | 200m: 41.73 | | | | |
| 32. | Yara van Asselen | De Dolfijn | 200900408 | | 2:41.18 | 2:40.11 | 457 | +0,86 |
| | 50m: 38.03 | 100m: 40.48 | 150m: 40.93 | 200m: 40.67 | | | | |
| 33. | Esmee van der Tuuk | ZPC Hoozeveen | 200800682 | | 2:27.81 | 2:40.42 | 454 | +0,83 |
| | 50m: 37.64 | 100m: 41.06 | 150m: 41.00 | 200m: 40.72 | | | | |
| 34. | Monica van der Meer | Deltasteur | 200704288 | | 2:33.63 | 2:40.49 | 454 | +0,79 |
| | 50m: 38.37 | 100m: 40.86 | 150m: 41.80 | 200m: 39.46 | | | | |
| 35. | Amber Kunst | Daw | 200900680 | | 2:28.24 | 2:40.59 | 453 | +0,67 |
| | 50m: 36.45 | 100m: 40.56 | 150m: 41.75 | 200m: 41.83 | | | | |
| 36. | Anouk Steller | Wvz | 201000004 | | 2:33.45 | 2:42.01 | 441 | +0,69 |
| | 50m: 36.32 | 100m: 41.00 | 150m: 42.15 | 200m: 42.54 | | | | |
| 37. | Julia Dabrowska | Blue Marlins | 201000300 | | 2:32.86 | 2:42.26 | 439 | +0,74 |
| | 50m: 36.86 | 100m: 41.50 | 150m: 42.09 | 200m: 41.81 | | | | |
| 38. | Milou Filemon | Blue Marlins | 201100078 | | 2:38.48 | 2:42.39 | 438 | +0,75 |
| | 50m: 39.23 | 100m: 41.64 | 150m: 41.92 | 200m: 39.60 | | | | |
| 39. | Wieke Dekker | De Dolfijn | 201002020 | | 2:41.35 | 2:43.51 | 429 | +0,71 |
| | <i>*back-up tijd</i> | | | | | | | |
| | 50m: 38.83 | 100m: 42.12 | 150m: 41.71 | 200m: 40.85 | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 10, Dames, 200m rugslag, Voorronde, Senioren Open

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|-------------------------|-----------------------|-------------|-------------|---------|----------------|-----|-------|
| 40. | Debora Lazarev | De Dolfijn | 200603398 | | 2:30.16 | 2:44.06 | 425 | +0,75 |
| | 50m: 37.88 | 100m: 41.88 | 150m: 42.41 | 200m: 41.89 | | | | |
| 41. | Mariia Kostina | Blue Marlins | 201002042 | | 2:34.38 | 2:44.13 | 424 | +0,79 |
| | 50m: 36.75 | 100m: 41.47 | 150m: 42.83 | 200m: 43.08 | | | | |
| 42. | Odenza Soselisa | Blue Marlins | 201101780 | | 2:38.17 | 2:45.72 | 412 | +0,78 |
| | <i>*back-up tijd</i> | | | | | | | |
| | 50m: 38.50 | 100m: 42.46 | 150m: 43.88 | 200m: 40.88 | | | | |
| 43. | Cynthia Koolman | ZPC Hoogeveen | 200300232 | | 2:34.00 | 2:46.92 | 403 | +0,71 |
| | <i>*back-up tijd</i> | | | | | | | |
| | 50m: 38.46 | 100m: 42.63 | 150m: 42.99 | 200m: 42.84 | | | | |
| 44. | Marlouke Frijstein | Deltasteur | 200800152 | | 2:40.19 | 2:46.93 | 403 | +0,82 |
| | 50m: 39.97 | 100m: 42.11 | 150m: 42.82 | 200m: 42.03 | | | | |
| 45. | Devenda van der Meer | de Granaet | 200900948 | | 2:40.68 | 2:47.47 | 399 | +0,60 |
| | 50m: 38.72 | 100m: 43.10 | 150m: 44.01 | 200m: 41.64 | | | | |
| 46. | Amber Tiesinga | Dz&Pc | 200600782 | | 2:45.86 | 2:47.92 | 396 | +0,82 |
| | 50m: 40.12 | 100m: 44.14 | 150m: 42.43 | 200m: 41.23 | | | | |
| 47. | Liselotte Schaap | HZ&PC Heerenveen | 200603016 | | 2:52.31 | 2:48.01 | 395 | +0,66 |
| | 50m: 39.33 | 100m: 41.99 | 150m: 43.44 | 200m: 43.25 | | | | |
| 48. | Femke ter Horst | ZPC Hoogeveen | 201000108 | | 2:41.28 | 2:48.73 | 390 | +0,79 |
| | 50m: 39.44 | 100m: 42.77 | 150m: 44.22 | 200m: 42.30 | | | | |
| 49. | Elien Groothuismink | Swol 1894 | 200800920 | | 2:43.54 | 2:49.34 | 386 | +0,78 |
| | 50m: 41.32 | 100m: 42.43 | 150m: 43.09 | 200m: 42.50 | | | | |
| 50. | Annefleur Schraa | Swol 1894 | 201100044 | | 2:46.18 | 2:49.40 | 386 | +0,83 |
| | 50m: 40.18 | 100m: 43.10 | 150m: 44.01 | 200m: 42.11 | | | | |
| 51. | Anna Strang van Hees | De Duinkickers | 200902566 | | 2:45.15 | 2:52.00 | 368 | +0,91 |
| | 50m: 39.82 | 100m: 43.23 | 150m: 44.23 | 200m: 44.72 | | | | |
| 52. | Nicole Stahli | De Dolfijn | 200600542 | | 2:40.84 | 2:52.67 | 364 | +0,85 |
| | 50m: 40.16 | 100m: 43.43 | 150m: 44.80 | 200m: 44.28 | | | | |
| 53. | Jessica Dekkinga | Steenwijk 1934 | 200600180 | | 2:46.35 | 2:53.33 | 360 | +0,85 |
| | 50m: 39.27 | 100m: 43.83 | 150m: 45.58 | 200m: 44.65 | | | | |
| 54. | Elise Dorlandt | HZ&PC Heerenveen | 201000232 | | 2:56.50 | 2:53.46 | 359 | +0,83 |
| | 50m: 40.02 | 100m: 44.72 | 150m: 44.68 | 200m: 44.04 | | | | |
| 55. | Getrude Corporaal | Steenwijk 1934 | 199200380 | | 2:54.03 | 2:55.86 | 345 | +0,81 |
| | <i>*back-up tijd</i> | | | | | | | |
| | 50m: 38.75 | 100m: 44.20 | 150m: 45.60 | 200m: 47.31 | | | | |
| 56. | Victoria Friis Petersen | Haderslev Svømme Klub | 0808AY | | 2:50.35 | 2:56.10 | 343 | +0,73 |
| | 50m: 39.37 | 100m: 43.40 | 150m: 47.23 | 200m: 46.10 | | | | |
| 57. | Aline Strijker | Ksn (Sg) | 201100362 | | 2:58.08 | 3:01.71 | 312 | +0,69 |
| | 50m: 41.92 | 100m: 46.74 | 150m: 46.96 | 200m: 46.09 | | | | |
| 58. | Manora Ponne | Steenwijk 1934 | 201102222 | | 3:11.04 | 3:05.32 | 294 | +0,83 |
| | 50m: 41.11 | 100m: 47.64 | 150m: 49.26 | 200m: 47.31 | | | | |

DZ&PC Spring Swim 2024

Programmanr. 10, Dames, 200m rugslag, Voorronde, Senioren Open

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|-------|---|----------------|-------------|-------------|---------|----------------|-----|-------|
| 59. | Meila Broenink | Batavia Swim | 201102332 | | 3:15.84 | 3:06.28 | 290 | +0,88 |
| | 50m: 45.11 | 100m: 47.25 | 150m: 48.69 | 200m: 45.23 | | | | |
| 60. | Myrthe te Winkel | Swol 1894 | 200804336 | | 2:58.52 | 3:06.52 | 289 | +0,85 |
| | 50m: 42.85 | 100m: 48.89 | 150m: 47.69 | 200m: 47.09 | | | | |
| DIS | Amber Spronk | Deltasteur | 201000970 | | 2:59.44 | | | |
| | <i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> | | | | | | | |
| AFGEM | Krista Veehof | Deltasteur | 200700140 | | 2:47.53 | | | |
| AFGEM | Jolijn Liezen | Steenwijk 1934 | 200500518 | | 2:26.34 | | | |
| AFGEM | Bibi Weideman | Dedemsvaart-AC | 200903652 | | 3:23.74 | | | |

Programmanr. 11
2-3-2024 - 10:40

Heren, 200m vlinderslag
Spring Swim record: Maarten Brzoskowski 2:02.61

Junioren 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|------------------------|-------------|-------------|---------|----------------|-----|----|
| 1. | Thomas Jansen | Team NL - WVZ | 200100143 | | 1:59.19 | 2:01.31 | 752 | Q |
| | 50m: 26.51 | 100m: 30.71 | 150m: 31.40 | 200m: 32.69 | | | | |
| 2. | Tiago Fonseca Gomes | Psv | 200703587 | | 1:58.03 | 2:06.53 | 663 | Q |
| | 50m: 28.01 | 100m: 32.55 | 150m: 32.23 | 200m: 33.74 | | | | |
| 3. | Yanieck Weijland | Team NL - Blue Marlins | 200500329 | | 2:06.89 | 2:09.75 | 615 | Q |
| | 50m: 28.53 | 100m: 32.70 | 150m: 33.89 | 200m: 34.63 | | | | |
| 4. | Sven Klink | Swol 1894 | 200500349 | | 2:02.58 | 2:12.04 | 583 | Q |
| | 50m: 28.93 | 100m: 33.44 | 150m: 34.64 | 200m: 35.03 | | | | |
| 5. | Cas Verstegen | Psv | 200500891 | | 2:04.94 | 2:12.54 | 576 | Q |
| | 50m: 28.40 | 100m: 32.72 | 150m: 35.23 | 200m: 36.19 | | | | |
| 6. | Marlon Borger | Psv | 200404817 | | 2:06.24 | 2:14.37 | 553 | Q |
| | 50m: 28.83 | 100m: 33.80 | 150m: 34.90 | 200m: 36.84 | | | | |
| 7. | Xiaoyu Yin | Blue Marlins | 200803363 | | 2:06.61 | 2:15.79 | 536 | Q |
| | 50m: 29.88 | 100m: 34.52 | 150m: 34.92 | 200m: 36.47 | | | | |
| 8. | Lars Bulman | Blue Marlins | 200600125 | | 2:07.20 | 2:17.36 | 518 | Q |
| | <i>*back-up tijd</i> | | | | | | | |
| | 50m: 30.58 | 100m: 36.26 | 150m: 35.34 | 200m: 35.18 | | | | |
| 9. | Tiede Groener | De Dinkel | 200700155 | | 2:23.05 | 2:18.84 | 501 | R |
| | 50m: 29.14 | 100m: 33.90 | 150m: 37.06 | 200m: 38.74 | | | | |
| 10. | Denzel Barthen | Wvz | 200700147 | | NT | 2:18.86 | 501 | R |
| | 50m: 31.18 | 100m: 35.57 | 150m: 36.71 | 200m: 35.40 | | | | |
| 11. | Johannes Due Jessen | Haderslev Svømme Klub | 0847AI | | 2:12.94 | 2:19.47 | 495 | |
| | 50m: 30.57 | 100m: 35.31 | 150m: 35.80 | 200m: 37.79 | | | | |
| 12. | Pepijn van Egmond | Wvz | 200402309 | | 2:11.27 | 2:19.57 | 494 | |
| | 50m: 29.52 | 100m: 34.35 | 150m: 36.20 | 200m: 39.50 | | | | |
| 13. | Donny van den Bosch | De Duinkickers | 199502001 | | 2:18.15 | 2:21.47 | 474 | |
| | 50m: 30.28 | 100m: 35.74 | 150m: 37.87 | 200m: 37.58 | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 11, Heren, 200m vlinderslag, Voorronde, Junioren 1 en ouder

| Rang | | | | | | In.tijd | Tijd | Pnt | RT |
|-------|----------------------|-----------------------|-------------|-------------|--|---------|----------------|-----|----|
| 14. | Martijn Nies | Psv | 200902095 | | | 2:17.86 | 2:21.58 | 473 | |
| | 50m: 30.60 | 100m: 35.55 | 150m: 37.85 | 200m: 37.58 | | | | | |
| 15. | Collard Jungeling | Dz&Pc | 200701831 | | | 2:10.31 | 2:22.63 | 462 | |
| | 50m: 31.44 | 100m: 36.70 | 150m: 37.18 | 200m: 37.31 | | | | | |
| 16. | Lou van Leeuwen | De Dolfijn | 200702779 | | | 2:20.90 | 2:24.01 | 449 | |
| | 50m: 31.81 | 100m: 36.73 | 150m: 37.62 | 200m: 37.85 | | | | | |
| 17. | Olivier Wilbers | ZPC Hoogeveen | 200600181 | | | 2:19.79 | 2:24.71 | 443 | |
| | 50m: 33.33 | 100m: 36.76 | 150m: 37.27 | 200m: 37.35 | | | | | |
| 18. | Marnix Rietveld | ZV Haerlem | 200700939 | | | 2:37.73 | 2:27.98 | 414 | |
| | <i>*back-up tijd</i> | | | | | | | | |
| | 50m: 30.07 | 100m: 37.98 | 150m: 38.99 | 200m: 40.94 | | | | | |
| 19. | Tim Boerefijn | Wvz | 200802815 | | | 2:34.13 | 2:29.49 | 402 | |
| | 50m: 31.86 | 100m: 37.01 | 150m: 39.18 | 200m: 41.44 | | | | | |
| 20. | Luc Kerpels | ZPC Hoogeveen | 200503015 | | | 2:21.20 | 2:32.63 | 377 | |
| | 50m: 33.06 | 100m: 38.30 | 150m: 41.16 | 200m: 40.11 | | | | | |
| 21. | Sverre van der Zwaan | Wvz | 200900737 | | | 2:28.65 | 2:35.63 | 356 | |
| | 50m: 32.75 | 100m: 38.52 | 150m: 40.96 | 200m: 43.40 | | | | | |
| 22. | Jere Wiersma | Dz&Pc | 200701037 | | | NT | 2:37.33 | 344 | |
| | 50m: 33.85 | 100m: 41.29 | 150m: 42.42 | 200m: 39.77 | | | | | |
| 23. | Floris van der Salm | De Dolfijn | 200700705 | | | 2:32.02 | 2:40.55 | 324 | |
| | 50m: 33.06 | 100m: 39.98 | 150m: 43.01 | 200m: 44.50 | | | | | |
| 24. | Jamie Kenworthy | De Dolfijn | 200800045 | | | 2:27.08 | 2:42.12 | 315 | |
| | <i>*back-up tijd</i> | | | | | | | | |
| | 50m: 31.50 | 100m: 38.63 | 150m: 44.64 | 200m: 47.35 | | | | | |
| 25. | Aidan van der Stelt | Blue Marlins | 200900901 | | | 2:42.21 | 2:42.58 | 312 | |
| | 50m: 31.26 | 100m: 40.25 | 150m: 45.41 | 200m: 45.66 | | | | | |
| 26. | Jonathan Bos | Haderslev Svømme Klut | 9827AU | | | 2:22.54 | 2:43.01 | 310 | |
| | 50m: 33.72 | 100m: 40.49 | 150m: 45.06 | 200m: 43.74 | | | | | |
| 27. | Rick Smelt | ZVZwartsluis | 200600051 | | | 2:39.45 | 2:47.93 | 283 | |
| | 50m: 33.99 | 100m: 41.79 | 150m: 44.96 | 200m: 47.19 | | | | | |
| 28. | Robin Mintjes | HZ&PC Heerenveen | 201000957 | | | 3:03.76 | 3:03.23 | 218 | |
| | 50m: 35.41 | 100m: 45.57 | 150m: 50.00 | 200m: 52.25 | | | | | |
| 29. | Luca Karsten Schüler | HZ&PC Heerenveen | 201101451 | | | NT | 3:33.71 | 137 | |
| | 50m: 41.88 | 100m: 55.54 | 150m: 57.66 | 200m: 58.63 | | | | | |
| AFGEM | Rely Hoogendijk | Wvz | 200702521 | | | 2:36.64 | | | |
| AFGEM | Émile Fouzai | Blue Marlins | 200500263 | | | 1:59.67 | | | |

DZ&PC Spring Swim 2024

Programmanr. 12
2-3-2024 - 11:12

Dames, 50m rugslag
Spring Swim record: Maaïke de Waard 28.23

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | In.tijd | Tijd | Pnt | RT |
|------|------------------------|-----------------------|-----------|-------|--------------|-------------|
| 1. | Jinth Engelse | Niemo Barracuda | 200800204 | 29.38 | 29.28 | 782 +0,61 A |
| 2. | Sara Korthuis | Dz&Pc | 200600494 | 30.22 | 30.20 | 713 +0,72 A |
| 3. | Carolina Cermelli | De Dolfijn | 200106390 | 29.00 | 30.91 | 665 +0,63 A |
| 4. | Eefje Irvine | De Dolfijn | 200700164 | 29.83 | 31.10 | 652 +0,58 A |
| 5. | Dionne Salomons | ZC Borger | 200200504 | 31.04 | 31.30 | 640 +0,68 A |
| 6. | Fay Boxum | Dz&Pc | 200900060 | 31.04 | 31.36 | 636 +0,66 A |
| | Tess Berner | De Duinkickers | 200600450 | 31.61 | 31.36 | 636 +0,70 A |
| 8. | Malin Roozeboom | Wvz | 201100006 | 30.18 | 31.51 | 627 +0,73 A |
| 9. | Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | 30.10 | 31.73 | 614 +0,64 B |
| 10. | Floor Hogervorst | Blue Marlins | 200701400 | 29.08 | 31.75 | 613 +0,70 B |
| 11. | Emmelien Smelt | ZVZwartsluis | 200800012 | 30.79 | 32.01 | 598 +0,72 B |
| 12. | Maud Roffel | HZ&PC Heerenveen | 200700840 | 31.89 | 32.11 | 593 +0,75 B |
| 13. | Fenna Zusterzeel | Psv | 201000008 | 30.94 | 32.18 | 589 +0,59 B |
| 14. | Thalia Meijer | Blue Marlins | 200704048 | 29.57 | 32.45 | 574 +0,82 B |
| | <i>*back-up tijd</i> | | | | | |
| 15. | Myrthe Natzijl | Dz&Pc | 200400076 | 32.99 | 32.80 | 556 +0,76 B |
| 16. | Féline Sam | ZVZwartsluis | 200700018 | 31.20 | 33.01 | 545 +0,67 B |
| | <i>*back-up tijd</i> | | | | | |
| 17. | Nikita Snoeren | Wvz | 200600342 | 31.46 | 33.39 | 527 +0,66 R |
| 18. | Esmé Sportel | Dedemsvaart-AC | 200900682 | 33.13 | 33.40 | 527 +0,70 R |
| 19. | Elin Reinstra | TriVia | 201100842 | 32.89 | 33.61 | 517 +0,76 |
| 20. | Indy van Laarhoven | Psv | 200500710 | 31.29 | 33.85 | 506 +0,64 |
| 21. | Karin Rijkelijhuizen | Dz&Pc | 199403358 | 34.38 | 33.88 | 505 +0,72 |
| 22. | Nora Lynn Otten | ZPC Hoogeveen | 200903338 | 33.80 | 34.00 | 499 +0,94 |
| 23. | Milou Geneuglijk | HZ&PC Heerenveen | 200900556 | 33.87 | 34.20 | 490 +0,64 |
| | Lianne van Wier | HZ&PC Heerenveen | 200200438 | 33.43 | 34.20 | 490 +0,73 |
| 25. | Myrthe Stelten | Hellas-Glana | 200900234 | 35.21 | 34.27 | 487 +0,76 |
| | <i>*back-up tijd</i> | | | | | |
| 26. | Annemijn Kragt | Deltasteur | 200802710 | 33.15 | 34.29 | 487 +0,77 |
| 27. | Anouk Steller | Wvz | 201000004 | 32.92 | 34.39 | 482 +0,70 |
| 28. | Loïs Jalving | HZ&PC Heerenveen | 200400280 | 34.11 | 34.54 | 476 +0,67 |
| 29. | Inge Dekker | HZ&PC Heerenveen | 200200476 | 32.01 | 34.61 | 473 +0,65 |
| 30. | Nynke van der Zee | Orca Leeuwarden | 200700604 | 32.46 | 34.91 | 461 +0,71 |
| | Lieke Brinkman | ZC Borger | 200800072 | 33.22 | 34.91 | 461 +0,62 |
| 32. | Julia Agricola | Dz&Pc | 200800266 | 37.01 | 34.92 | 461 +0,66 |
| 33. | Imre Bouwland | ZPC Hoogeveen | 200700388 | 32.22 | 34.94 | 460 +0,70 |
| 34. | Kinley Cole | Psv | 200903696 | 33.59 | 35.13 | 452 +0,74 |
| 35. | Charlotte van der Meer | Deltasteur | 200704478 | 34.16 | 35.23 | 449 +0,82 |
| 36. | Luca Ebbinge | Dz&Pc | 199802406 | 33.54 | 35.30 | 446 +0,59 |
| 37. | Senna Boogmans | De Duinkickers | 201000640 | 35.96 | 35.49 | 439 +0,82 |
| 38. | Anne van der Kamp | Deltasteur | 200900274 | 34.12 | 35.50 | 438 +0,76 |
| 39. | Esmée Ykema | HZ&PC Heerenveen | 200801710 | 34.79 | 35.60 | 435 +0,65 |
| 40. | Sille Holm-Nissen | Haderslev Svømme Klub | 0738AV | 34.54 | 35.74 | 430 +0,89 |
| 41. | Sofie Kragt | Dedemsvaart-AC | 200701020 | 36.64 | 35.76 | 429 +0,65 |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 12, Dames, 50m rugslag, Voorronde, Senioren Open

| Rang | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|------------------|-----------|-------|--------------|-----------|
| 42. | Floortje van 't Wout | De Dolfijn | 200802286 | 33.24 | 35.78 | 428 +0,83 |
| 43. | Ilse Jongepier | Thor | 201000006 | 36.22 | 35.84 | 426 +0,77 |
| | <i>*back-up tijd</i> | | | | | |
| 44. | Evita Hoornweg | TriVia | 201002046 | 36.30 | 35.85 | 426 +0,69 |
| 45. | Jade Belmar | Blue Marlins | 200704900 | NT | 35.89 | 424 +0,68 |
| 46. | Amila Mustafic | Dz&Pc | 201200026 | 38.54 | 36.10 | 417 +0,65 |
| | Liselotte Schaap | HZ&PC Heerenveen | 200603016 | 34.70 | 36.10 | 417 +0,64 |
| 48. | Anna Lepoutre | Psv | 201100534 | 35.61 | 36.40 | 407 +0,75 |
| 49. | Luesza Siahaija | ZPC Hoogeveen | 200801316 | 34.32 | 36.59 | 400 +0,57 |
| 50. | Suze Buikema | Wetterwille | 200600872 | 33.33 | 36.62 | 399 +0,68 |
| 51. | Debora Lazarev | De Dolfijn | 200603398 | 33.64 | 36.68 | 397 +0,69 |
| 52. | Veronica Borges | Blue Marlins | 200903380 | 37.52 | 36.78 | 394 +0,78 |
| 53. | Monique Tienstra | TriVia | 200600354 | 34.81 | 36.82 | 393 +0,76 |
| 54. | Elien Groothuismink | Swol 1894 | 200800920 | 35.02 | 36.84 | 392 +0,77 |
| 55. | Laura van Lierop | Psv | 200700810 | 36.10 | 36.86 | 392 +0,74 |
| 56. | Leonore Heerschop | Steenwijk 1934 | 200801310 | 36.11 | 36.92 | 390 +0,76 |
| 57. | Getrude Corporaal | Steenwijk 1934 | 199200380 | 36.18 | 36.99 | 388 +0,76 |
| | <i>*back-up tijd</i> | | | | | |
| 58. | Chloé in 't Veen | Wvz | 201100010 | 34.95 | 37.05 | 386 +0,76 |
| 59. | Lieke Rossel | ZC Polaris | 200603070 | 37.13 | 37.42 | 374 +0,67 |
| 60. | Jubilee van Heijdoorn | Wvz | 200900636 | 34.92 | 37.64 | 368 +0,77 |
| 61. | Femke van der Veen | Orca Leeuwarden | 201100962 | 37.51 | 37.81 | 363 +0,70 |
| 62. | Yanaika Ido | Batavia Swim | 201102764 | 42.52 | 37.84 | 362 +0,80 |
| 63. | Melody Paulussen | De Dolfijn | 201101106 | 37.17 | 37.85 | 362 +0,82 |
| 64. | Isa Segenhout | Orca Leeuwarden | 201000128 | 36.68 | 38.01 | 357 +0,74 |
| 65. | Sophie Hiemstra | de Granaet | 200800686 | 36.28 | 38.03 | 357 +0,63 |
| 66. | Aline Strijker | Ksn (Sg) | 201100362 | 37.51 | 38.17 | 353 +0,67 |
| 67. | Sara van Dijk | TriVia | 201001120 | 38.41 | 38.80 | 336 +0,79 |
| 68. | Kim Buurmeijer | Thor | 200903530 | 37.50 | 38.81 | 335 +0,78 |
| 69. | Feyona Vonk | F.Z.C.'54 | 200600814 | 38.39 | 38.89 | 333 +0,71 |
| | <i>*back-up tijd</i> | | | | | |
| 70. | Elske van der Ven | Psv | 200800904 | 37.05 | 39.04 | 330 +0,88 |
| 71. | Myron Dekker | ZPC Hoogeveen | 201000512 | 39.76 | 39.10 | 328 +0,90 |
| 72. | Marlies Brouwer | Dz&Pc | 201101152 | 44.70 | 39.33 | 322 +0,79 |
| 73. | Fenna Boterman | TriVia | 200701710 | 37.24 | 39.58 | 316 +0,82 |
| 74. | Sophie Feiertag | ZC Polaris | 200901144 | 40.10 | 40.06 | 305 +0,78 |
| 75. | Amber Spronk | Deltasteur | 201000970 | 39.81 | 40.60 | 293 +0,79 |
| 76. | Evy Anna Nijdam | Orca Leeuwarden | 201100834 | 40.37 | 41.05 | 283 +0,86 |
| 77. | Jelena Krikke | Dz&Pc | 200405874 | 40.45 | 41.30 | 278 +0,79 |
| | <i>*back-up tijd</i> | | | | | |
| 78. | Anne Boswinkel | Swol 1894 | 200801724 | 41.50 | 41.33 | 278 +0,91 |
| | <i>*back-up tijd</i> | | | | | |
| 79. | Silke Hooghiemstra | De Vikings | 201003160 | 40.05 | 41.66 | 271 +0,72 |
| 80. | Nadia Veenstra | HZ&PC Heerenveen | 200602482 | 40.89 | 42.18 | 261 +0,71 |
| 81. | Gabriela Borges | Blue Marlins | 201201726 | 43.23 | 42.31 | 259 +0,74 |
| | <i>*back-up tijd</i> | | | | | |

DZ&PC Spring Swim 2024

Programmanr. 12, Dames, 50m rugslag, Voorronde, Senioren Open

| Rang | | | In.tijd | Tijd | Pnt | RT |
|-------|---------------|------------------|-----------|-------|--------------|-----------|
| 82. | Anna Nauta | TriVia | 201001114 | 42.10 | 42.92 | 248 +0,80 |
| 83. | Emma Mintjes | HZ&PC Heerenveen | 201200216 | 45.37 | 46.77 | 191 +0,95 |
| AFGEM | Do Klaassen | Deltasteur | 201200236 | 44.94 | | |
| AFGEM | Lisa Veenstra | F.Z.C.'54 | 200304294 | 37.75 | | |
| AFGEM | Tereza Boom | Psv | 200904028 | 30.45 | | |
| AFGEM | Elvira Rakels | Blue Marlins | 201001238 | 38.72 | | |

Programmanr. 13
2-3-2024 - 11:26

Heren, 100m vrije slag
Spring Swim record: Kyle Stolk 49.55

Juniores 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|------------------------|-----------|---------|--------------|-----|----|
| 1. | Brandon van den Berg | Team NL - Blue Marlins | 200200669 | 50.55 | 51.75 | 742 | A |
| | 50m: 24.93 | 100m: 26.82 | | | | | |
| 2. | Michael Smink | Blue Marlins | 200302169 | 48.57 | 51.84 | 738 | A |
| | 50m: 24.89 | 100m: 26.95 | | | | | |
| 3. | Merlin Belmon | Team NL - PSV | 200403191 | 50.70 | 51.85 | 738 | A |
| | 50m: 25.63 | 100m: 26.22 | | | | | |
| 4. | Niels Dijkshoorn | Team NL - PSV | 200203079 | 52.25 | 51.95 | 733 | A |
| | 50m: 25.28 | 100m: 26.67 | | | | | |
| 5. | Lars Verhale | Psv | 200200019 | 49.59 | 52.08 | 728 | A |
| | 50m: 24.53 | 100m: 27.55 | | | | | |
| 6. | Bart Sommeling | De Dolfijn | 199800765 | 48.60 | 52.31 | 718 | A |
| | 50m: 25.29 | 100m: 27.02 | | | | | |
| 7. | Jesse van der A | De Dolfijn | 199905303 | 48.65 | 52.34 | 717 | A |
| | 50m: 24.48 | 100m: 27.86 | | | | | |
| 8. | Luuk van Rooij | Psv | 200400581 | 49.95 | 52.37 | 716 | A |
| | 50m: 25.31 | 100m: 27.06 | | | | | |
| 9. | Tiago Fonseca Gomes | Psv | 200703587 | 50.89 | 52.43 | 713 | B |
| | 50m: 25.42 | 100m: 27.01 | | | | | |
| 10. | Koen de Groot | Team NL - PSV | 200401059 | 51.41 | 52.56 | 708 | B |
| | 50m: 25.30 | 100m: 27.26 | | | | | |
| 11. | Jelle Betten | Dz&Pc | 200001535 | 53.84 | 53.16 | 684 | B |
| | 50m: 25.63 | 100m: 27.53 | | | | | |
| 12. | Colin Bes | ZC Polaris | 200500201 | 53.69 | 53.18 | 684 | B |
| | 50m: 25.47 | 100m: 27.71 | | | | | |
| 13. | Nikodim Markovic | Blue Marlins | 200700255 | 50.42 | 53.44 | 674 | B |
| | 50m: 25.70 | 100m: 27.74 | | | | | |
| 14. | Thijn Damen | Psv | 200300973 | 51.50 | 53.51 | 671 | B |
| | 50m: 25.78 | 100m: 27.73 | | | | | |
| 15. | Kaan Sudak | Blue Marlins | 200803733 | 50.63 | 53.60 | 668 | B |
| | 50m: 25.39 | 100m: 28.21 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 13, Heren, 100m vrije slag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|------------------------|-----------|---------|--------------|-----|----|
| 16. | River Streefland | Blue Marlins | 200502253 | 50.62 | 53.71 | 664 | B |
| | 50m: 25.74 | 100m: 27.97 | | | | | |
| 17. | Jip Bakker | Dz&Pc | 200600287 | 54.30 | 54.06 | 651 | R |
| | 50m: 26.62 | 100m: 27.44 | | | | | |
| 18. | Sven Klink | Swol 1894 | 200500349 | 51.91 | 54.19 | 646 | R |
| | 50m: 26.47 | 100m: 27.72 | | | | | |
| 19. | Jason van den Berg | Blue Marlins | 200400009 | 52.26 | 54.47 | 636 | |
| | 50m: 25.65 | 100m: 28.82 | | | | | |
| 20. | Boele Böhm | Blue Marlins | 200700739 | 52.18 | 54.57 | 633 | |
| | 50m: 25.76 | 100m: 28.81 | | | | | |
| 21. | Koen Vissers | Psv | 200401429 | 52.82 | 54.61 | 631 | |
| | 50m: 26.80 | 100m: 27.81 | | | | | |
| 22. | Giulian Janssen | Psv | 200900125 | 52.55 | 54.97 | 619 | |
| | 50m: 26.22 | 100m: 28.75 | | | | | |
| 23. | Tim van Erven | Dz&Pc | 200700175 | 55.51 | 55.15 | 613 | |
| | 50m: 26.87 | 100m: 28.28 | | | | | |
| 24. | Coenraad Floris Stork | G.S.Z.V. De Golfbreker | 200305075 | 55.52 | 55.28 | 609 | |
| | 50m: 26.43 | 100m: 28.85 | | | | | |
| 25. | Marc Kremer | TriVia | 199004667 | 58.34 | 55.40 | 605 | |
| | 50m: 26.12 | 100m: 29.28 | | | | | |
| 26. | Saviël Armand | Acz | 200204461 | 56.73 | 55.55 | 600 | |
| | 50m: 25.88 | 100m: 29.67 | | | | | |
| 27. | Lucas van Rooij | Psv | 200603943 | 53.27 | 55.56 | 599 | |
| | 50m: 27.21 | 100m: 28.35 | | | | | |
| 28. | Yarno van Dam | Acz | 200800115 | 57.98 | 55.66 | 596 | |
| | 50m: 26.53 | 100m: 29.13 | | | | | |
| 29. | Alberto Gusi | G.S.Z.V. De Golfbreker | 200305113 | 54.10 | 55.79 | 592 | |
| | 50m: 27.29 | 100m: 28.50 | | | | | |
| 30. | Niek Issard | Dz&Pc | 200700037 | 55.61 | 55.96 | 587 | |
| | 50m: 26.71 | 100m: 29.25 | | | | | |
| 31. | Jaydey Schonewille | Steenwijk 1934 | 200800025 | 53.53 | 56.21 | 579 | |
| | 50m: 26.87 | 100m: 29.34 | | | | | |
| 32. | Lucas Bemmer | De Duinkickers | 200700219 | 57.02 | 56.31 | 576 | |
| | 50m: 27.13 | 100m: 29.18 | | | | | |
| 33. | Bjorn Rijkaart | Wvz | 200601337 | 53.77 | 56.37 | 574 | |
| | 50m: 26.85 | 100m: 29.52 | | | | | |
| 34. | Jones Chuang | Psv | 200801173 | 54.26 | 56.39 | 573 | |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 26.78 | 100m: 29.61 | | | | | |
| 35. | Marnix Rietveld | ZV Haerlem | 200700939 | 55.74 | 56.49 | 570 | |
| | 50m: 26.80 | 100m: 29.69 | | | | | |

DZ&PC Spring Swim 2024



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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 13, Heren, 100m vrije slag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|---------------------------|------------------|-----------|---------|--------------|-----|----|
| 36. | Olivier Wilbers | ZPC Hoogeveen | 200600181 | 54.79 | 56.67 | 565 | |
| | 50m: 27.84 | 100m: 28.83 | | | | | |
| 37. | Jisse Lousma | Wvz | 200701493 | 55.18 | 56.76 | 562 | |
| | 50m: 28.02 | 100m: 28.74 | | | | | |
| 38. | Marcelino Gomez Gonzalz | Psv | 200601473 | 54.70 | 56.99 | 555 | |
| | 50m: 27.82 | 100m: 29.17 | | | | | |
| 39. | Marlon Borger | Psv | 200404817 | 52.83 | 57.25 | 548 | |
| | 50m: 27.08 | 100m: 30.17 | | | | | |
| 40. | Jorian Darwinkel | HZ&PC Heerenveen | 200300565 | 53.60 | 57.30 | 546 | |
| | 50m: 27.17 | 100m: 30.13 | | | | | |
| 41. | Xiaoyu Yin | Blue Marlins | 200803363 | 52.95 | 57.81 | 532 | |
| | 50m: 27.04 | 100m: 30.77 | | | | | |
| 42. | Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 53.56 | 57.85 | 531 | |
| | 50m: 27.65 | 100m: 30.20 | | | | | |
| 43. | Arjan Boogaard | Deltasteur | 200800093 | 55.63 | 57.97 | 528 | |
| | 50m: 27.38 | 100m: 30.59 | | | | | |
| 44. | Thomas Boer | ZC Polaris | 200600769 | 55.49 | 57.98 | 527 | |
| | 50m: 27.83 | 100m: 30.15 | | | | | |
| 45. | Daan Sonneveld | Wvz | 200601085 | 52.01 | 58.04 | 526 | |
| | 50m: 27.69 | 100m: 30.35 | | | | | |
| 46. | L. van den Nieuwenhuijzer | Orca Leeuwarden | 200305073 | 55.68 | 58.07 | 525 | |
| | 50m: 27.97 | 100m: 30.10 | | | | | |
| 47. | Pepijn van Egmond | Wvz | 200402309 | 55.10 | 58.10 | 524 | |
| | 50m: 27.84 | 100m: 30.26 | | | | | |
| 48. | Q. Brouwer von Gonzenbe | TriVia | 200700001 | 54.65 | 58.15 | 523 | |
| | 50m: 27.88 | 100m: 30.27 | | | | | |
| 49. | Lars ten Katen | Batavia Swim | 200600959 | 57.41 | 58.23 | 521 | |
| | 50m: 28.15 | 100m: 30.08 | | | | | |
| 50. | Richard Kuipers | HZ&PC Heerenveen | 199704171 | 56.01 | 58.25 | 520 | |
| | 50m: 27.83 | 100m: 30.42 | | | | | |
| 51. | Damir Mustafic | Dz&Pc | 200800885 | 58.28 | 58.40 | 516 | |
| | 50m: 28.14 | 100m: 30.26 | | | | | |
| 52. | Tim van Rooij | Psv | 200700129 | 55.45 | 58.46 | 515 | |
| | 50m: 27.77 | 100m: 30.69 | | | | | |
| 53. | Taco Hengstman | ZPC Hoogeveen | 200304601 | 54.40 | 58.47 | 514 | |
| | 50m: 27.93 | 100m: 30.54 | | | | | |
| 54. | Mees Niemeijer | Dz&Pc | 200201275 | 57.18 | 58.52 | 513 | |
| | 50m: 27.95 | 100m: 30.57 | | | | | |
| 55. | Finn Eghuizen | HZ&PC Heerenveen | 200900431 | 1:00.30 | 58.53 | 513 | |
| | 50m: 28.39 | 100m: 30.14 | | | | | |
| 56. | Jetze de Vries | De Vikings | 200602589 | 54.45 | 58.55 | 512 | |
| | 50m: 27.65 | 100m: 30.90 | | | | | |

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DZ&PC Spring Swim
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Programmanr. 13, Heren, 100m vrije slag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|------------------------|-----------------------------|-----------|---------|----------------|-----|----|
| 57. | Jordey Thole | ZPC Hoogeveen | 200700385 | 57.30 | 59.26 | 494 | |
| | 50m: 28.57 | 100m: 30.69 | | | | | |
| | Dennis Mosterman | Dedemsvaart-AC | 200501283 | 57.89 | 59.26 | 494 | |
| | 50m: 27.99 | 100m: 31.27 | | | | | |
| 59. | Mart Tempelman | Dedemsvaart-AC | 200801075 | 59.75 | 59.37 | 491 | |
| | 50m: 28.48 | 100m: 30.89 | | | | | |
| 60. | Lars Heddema | Steenwijk 1934 | 200603697 | 55.36 | 59.52 | 487 | |
| | 50m: 28.12 | 100m: 31.40 | | | | | |
| 61. | Jelte de Jong | Zpch | 200900975 | 57.57 | 59.53 | 487 | |
| | 50m: 28.67 | 100m: 30.86 | | | | | |
| 62. | Diede Veld | HZ&PC Heerenveen | 200800011 | 56.06 | 59.73 | 482 | |
| | 50m: 28.33 | 100m: 31.40 | | | | | |
| | Oliver Lund Gøtfredsen | Haderslev Svømme Klut0833AR | | 1:00.01 | 59.73 | 482 | |
| | 50m: 28.59 | 100m: 31.14 | | | | | |
| 64. | Ruben Kommerie | Dz&Pc | 200401105 | 59.63 | 59.77 | 481 | |
| | 50m: 28.69 | 100m: 31.08 | | | | | |
| 65. | Mathijs de Wit | Ksn (Sg) | 201001215 | 1:01.29 | 59.80 | 481 | |
| | 50m: 28.88 | 100m: 30.92 | | | | | |
| 66. | Gaëtan Spicq | Blue Marlins | 200701807 | 56.73 | 59.86 | 479 | |
| | 50m: 28.47 | 100m: 31.39 | | | | | |
| 67. | Vasco Strampel | Steenwijk 1934 | 200702073 | 58.42 | 1:00.04 | 475 | |
| | 50m: 28.63 | 100m: 31.41 | | | | | |
| 68. | Lias IJzerman | Dedemsvaart-AC | 200703145 | 59.78 | 1:00.09 | 474 | |
| | 50m: 28.54 | 100m: 31.55 | | | | | |
| 69. | Sem Belmon | Psv | 200702099 | 56.97 | 1:00.16 | 472 | |
| | 50m: 28.61 | 100m: 31.55 | | | | | |
| 70. | Twan Wielage | Ksn (Sg) | 200902671 | 1:00.98 | 1:00.32 | 468 | |
| | 50m: 28.92 | 100m: 31.40 | | | | | |
| 71. | Dilan Gaemers | Avena | 200602311 | 1:01.60 | 1:00.38 | 467 | |
| | 50m: 28.54 | 100m: 31.84 | | | | | |
| 72. | Tiemen Jonkman | Dz&Pc | 200301193 | 59.03 | 1:00.45 | 465 | |
| | 50m: 28.78 | 100m: 31.67 | | | | | |
| 73. | Luis Cayetano Alonso | Haderslev Svømme Klut0995BA | | 59.34 | 1:00.55 | 463 | |
| | 50m: 29.53 | 100m: 31.02 | | | | | |
| 74. | Gerjan Berends | ZPC Hoogeveen | 200900169 | 57.48 | 1:00.77 | 458 | |
| | 50m: 29.12 | 100m: 31.65 | | | | | |
| 75. | Dirk Hoogeveen | Dedemsvaart-AC | 200702595 | 1:00.47 | 1:01.13 | 450 | |
| | 50m: 29.44 | 100m: 31.69 | | | | | |
| 76. | Xander Boets | ZPC de Kanaalstreek | 200800133 | 57.63 | 1:01.20 | 448 | |
| | 50m: 29.52 | 100m: 31.68 | | | | | |
| 77. | Luca Gerringa | Batavia Swim | 200700555 | 58.82 | 1:01.26 | 447 | |
| | 50m: 30.32 | 100m: 30.94 | | | | | |

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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 13, Heren, 100m vrije slag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|--------------------------|---------------------|-----------|---------|----------------|-----|----|
| 78. | Thom de Hoog | Blue Marlins | 200600019 | 57.74 | 1:01.31 | 446 | |
| | 50m: 28.65 | 100m: 32.66 | | | | | |
| 79. | Aiden Lips | Blue Marlins | 200800951 | 59.52 | 1:01.65 | 439 | |
| | 50m: 29.60 | 100m: 32.05 | | | | | |
| 80. | Evren Ege Orcunus | De Dolfijn | 201003253 | 1:00.24 | 1:01.66 | 438 | |
| | 50m: 29.83 | 100m: 31.83 | | | | | |
| | Alexander van der Maaten | Blue Marlins | 200903251 | 59.97 | 1:01.66 | 438 | |
| | 50m: 29.95 | 100m: 31.71 | | | | | |
| 82. | Vito Kuperus | F.Z.C.'54 | 200401389 | 58.77 | 1:01.73 | 437 | |
| | 50m: 29.23 | 100m: 32.50 | | | | | |
| 83. | Roan van der Stege | Swol 1894 | 200900107 | 59.99 | 1:01.77 | 436 | |
| | 50m: 29.93 | 100m: 31.84 | | | | | |
| 84. | Ramon Vos | ZPC Hoogeveen | 201100051 | 1:00.13 | 1:01.82 | 435 | |
| | 50m: 29.84 | 100m: 31.98 | | | | | |
| 85. | Hielke Jan Penninkhof | Deltasteur | 200500569 | 58.14 | 1:02.08 | 430 | |
| | 50m: 29.62 | 100m: 32.46 | | | | | |
| 86. | Thomas Nauta | Arethusa | 200900339 | 1:04.50 | 1:02.34 | 424 | |
| | 50m: 30.10 | 100m: 32.24 | | | | | |
| 87. | Frank Scheltens | ZC Polaris | 199903935 | 58.45 | 1:02.53 | 420 | |
| | 50m: 28.96 | 100m: 33.57 | | | | | |
| 88. | Hylke de Jong | de Granaet | 200801057 | 1:00.27 | 1:02.61 | 419 | |
| | 50m: 29.95 | 100m: 32.66 | | | | | |
| 89. | Sven Mulder | Wvz | 200901655 | 1:02.49 | 1:02.67 | 418 | |
| | 50m: 30.36 | 100m: 32.31 | | | | | |
| 90. | Hidde Bruins Slot | SG. Bolsward-Workum | 200800317 | 1:03.31 | 1:02.84 | 414 | |
| | 50m: 30.95 | 100m: 31.89 | | | | | |
| 91. | Dyon Scholten | Steenwijk 1934 | 200900095 | 1:02.63 | 1:02.95 | 412 | |
| | 50m: 29.98 | 100m: 32.97 | | | | | |
| 92. | Siem Faber | Batavia Swim | 200900065 | 1:06.14 | 1:02.97 | 412 | |
| | 50m: 30.23 | 100m: 32.74 | | | | | |
| 93. | Duco de Gelder | Blue Marlins | 201000217 | 1:02.09 | 1:03.02 | 411 | |
| | 50m: 30.27 | 100m: 32.75 | | | | | |
| 94. | Renzo Steller | Wvz | 200701141 | 59.09 | 1:03.11 | 409 | |
| | 50m: 30.05 | 100m: 33.06 | | | | | |
| 95. | Hessel Penninkhof | Deltasteur | 200800565 | 59.21 | 1:03.23 | 407 | |
| | 50m: 30.79 | 100m: 32.44 | | | | | |
| 96. | Abel op den Velde | De Duinkickers | 201000079 | 1:04.58 | 1:03.44 | 403 | |
| | 50m: 30.50 | 100m: 32.94 | | | | | |
| 97. | Juan Cruz Slappendel | F.Z.C.'54 | 200903053 | 1:02.32 | 1:04.10 | 390 | |
| | 50m: 30.42 | 100m: 33.68 | | | | | |
| 98. | Niek Sonneveld | Wvz | 200802631 | 58.07 | 1:04.35 | 386 | |
| | 50m: 32.91 | 100m: 31.44 | | | | | |

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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 13, Heren, 100m vrije slag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|------------------|-----------|---------|----------------|-----|----|
| 99. | Ruben de Vries | Wetterwille | 200900517 | 1:03.30 | 1:04.73 | 379 | |
| | 50m: 30.60 | 100m: 34.13 | | | | | |
| 100. | Jorick Johannes | HZ&PC Heerenveen | 201000403 | 1:05.96 | 1:04.93 | 375 | |
| | 50m: 31.60 | 100m: 33.33 | | | | | |
| 101. | Arthur Alberts | ZVZwartsluis | 200900239 | 1:02.89 | 1:05.31 | 369 | |
| | 50m: 31.20 | 100m: 34.11 | | | | | |
| 102. | Victor de Haan | HZ&PC Heerenveen | 201001921 | 1:04.86 | 1:05.42 | 367 | |
| | 50m: 31.78 | 100m: 33.64 | | | | | |
| 103. | Emin Karadeniz | Wvz | 200804047 | 1:06.29 | 1:05.63 | 363 | |
| | 50m: 31.65 | 100m: 33.98 | | | | | |
| 104. | Colin Beuker | ZC Polaris | 200802023 | 1:03.85 | 1:05.71 | 362 | |
| | 50m: 31.35 | 100m: 34.36 | | | | | |
| 105. | Stijn Dijkstra | Dz&Pc | 201000279 | 1:05.71 | 1:06.00 | 357 | |
| | 50m: 31.41 | 100m: 34.59 | | | | | |
| 106. | Maico Langhout | F.Z.C.'54 | 200202215 | 1:05.11 | 1:06.06 | 356 | |
| | 50m: 30.91 | 100m: 35.15 | | | | | |
| 107. | Lars Vos | Ksn (Sg) | 200501327 | 1:08.25 | 1:06.36 | 352 | |
| | 50m: 32.26 | 100m: 34.10 | | | | | |
| 108. | Hielke van der Zwaag | Wetterwille | 200701197 | 1:03.82 | 1:06.48 | 350 | |
| | 50m: 30.51 | 100m: 35.97 | | | | | |
| 109. | Nathan Magava | De Dolfijn | 201003067 | 1:03.41 | 1:06.53 | 349 | |
| | 50m: 31.73 | 100m: 34.80 | | | | | |
| 110. | Rely Hoogendijk | Wvz | 200702521 | 55.48 | 1:06.80 | 345 | |
| | 50m: 30.83 | 100m: 35.97 | | | | | |
| 111. | Henry Watson | De Dolfijn | 201001703 | 1:08.83 | 1:06.86 | 344 | |
| | 50m: 31.30 | 100m: 35.56 | | | | | |
| 112. | Kyran Kroeze | ZC Polaris | 200901707 | 1:08.77 | 1:06.91 | 343 | |
| | 50m: 32.33 | 100m: 34.58 | | | | | |
| 113. | Jorn Kroes | Azuro | 200600049 | 1:03.72 | 1:07.07 | 341 | |
| | 50m: 31.25 | 100m: 35.82 | | | | | |
| 114. | Mattias Stolk | HZ&PC Heerenveen | 201000525 | 1:08.99 | 1:07.34 | 336 | |
| | 50m: 32.37 | 100m: 34.97 | | | | | |
| 115. | Kick Germers | Swol 1894 | 201000185 | 1:06.48 | 1:07.42 | 335 | |
| | 50m: 32.36 | 100m: 35.06 | | | | | |
| 116. | Pieter Dekker | Neptunia '24 | 200601105 | 1:07.88 | 1:07.43 | 335 | |
| | 50m: 31.66 | 100m: 35.77 | | | | | |
| 117. | Brian Arturo Bloemsma | De Dolfijn | 200901155 | 1:08.13 | 1:07.64 | 332 | |
| | 50m: 31.38 | 100m: 36.26 | | | | | |
| 118. | Dax van den Nouland | Blue Marlins | 201000071 | 1:04.69 | 1:07.65 | 332 | |
| | 50m: 32.22 | 100m: 35.43 | | | | | |
| 119. | Cas Kleinpenning | ZVZwartsluis | 200702499 | 1:04.56 | 1:07.68 | 331 | |
| | 50m: 31.14 | 100m: 36.54 | | | | | |

DZ&PC Spring Swim 2024

Programmanr. 13, Heren, 100m vrije slag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|-------|-------------------|---------------------|-----------|---------|----------------|-----|----|
| 120. | Douwe Enzerink | Deltasteur | 201102657 | 1:05.20 | 1:08.01 | 327 | |
| | 50m: 32.39 | 100m: 35.62 | | | | | |
| 121. | Kyaro Giuliano | De Dolfijn | 201000489 | 1:08.58 | 1:08.33 | 322 | |
| | 50m: 32.76 | 100m: 35.57 | | | | | |
| 122. | Daan Mulder | Ksn (Sg) | 201100267 | 1:07.32 | 1:09.37 | 308 | |
| | 50m: 32.81 | 100m: 36.56 | | | | | |
| 123. | Vince van Dam | Acz | 201000405 | 1:11.61 | 1:09.42 | 307 | |
| | 50m: 32.53 | 100m: 36.89 | | | | | |
| 124. | Milan Bottenberg | Deltasteur | 200900153 | 1:08.08 | 1:09.43 | 307 | |
| | 50m: 32.78 | 100m: 36.65 | | | | | |
| 125. | Leroy Maring | ZPC de Kanaalstreek | 201100307 | 1:11.05 | 1:11.07 | 286 | |
| | 50m: 33.17 | 100m: 37.90 | | | | | |
| 126. | Twan Felix | Deltasteur | 201000123 | 1:10.81 | 1:11.70 | 279 | |
| | 50m: 33.89 | 100m: 37.81 | | | | | |
| 127. | Manuel Dorgelo | Deltasteur | 201100137 | 1:13.99 | 1:13.45 | 259 | |
| | 50m: 35.21 | 100m: 38.24 | | | | | |
| 128. | Rinze Bruins Slot | SG. Bolsward-Workum | 201100335 | 1:14.66 | 1:13.81 | 255 | |
| | 50m: 36.16 | 100m: 37.65 | | | | | |
| 129. | Erik School | Deltasteur | 201100139 | 1:10.99 | 1:14.51 | 248 | |
| | 50m: 35.25 | 100m: 39.26 | | | | | |
| 130. | Timo Bottenberg | Deltasteur | 200900151 | 1:14.46 | 1:17.24 | 223 | |
| | 50m: 37.72 | 100m: 39.52 | | | | | |
| 131. | Daniël Bruin | Deltasteur | 201000121 | 1:21.08 | 1:19.03 | 208 | |
| | 50m: 38.13 | 100m: 40.90 | | | | | |
| 132. | Rory Costello | De Dolfijn | 201102755 | NT | 1:20.67 | 196 | |
| | 50m: 37.74 | 100m: 42.93 | | | | | |
| AFGEM | Bram Loots | Kzcc | 200700197 | 51.40 | | | |
| AFGEM | Marc Manning | Psv | 200400167 | 55.26 | | | |
| AFGEM | Yuri Wasser | Psv | 200301327 | 55.32 | | | |
| AFGEM | Émile Fouzaï | Blue Marlins | 200500263 | 50.34 | | | |

Programmanr. 14
2-3-2024 - 11:50

Dames, 100m schoolslag
Spring Swim record: Tes Schouten 1:09.61

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-------------------|--------------|-----------|---------|----------------|-----|----|
| 1. | Mare Schallenberg | Acz | 200600078 | 1:11.20 | 1:10.20 | 762 | A |
| | 50m: 32.89 | 100m: 37.31 | | | | | |
| 2. | Nina Zusterzeel | Psv | 200800656 | 1:09.35 | 1:12.74 | 685 | A |
| | 50m: 34.68 | 100m: 38.06 | | | | | |
| 3. | Lynn Blommers | Blue Marlins | 200105062 | 1:08.53 | 1:13.65 | 660 | A |
| | 50m: 34.25 | 100m: 39.40 | | | | | |

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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 14, Dames, 100m schoolslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|----------------|-----------|---------|----------------|-----|----|
| 4. | Djanilla Brink | De Dolfijn | 200600988 | 1:10.91 | 1:14.25 | 644 | A |
| | 50m: 34.88 | 100m: 39.37 | | | | | |
| 5. | Veerle Hildebrand | Psv | 200801830 | 1:13.09 | 1:15.43 | 614 | A |
| | 50m: 35.58 | 100m: 39.85 | | | | | |
| 6. | Nieke Dovic | Psv | 200700238 | 1:12.15 | 1:15.48 | 613 | A |
| | 50m: 35.80 | 100m: 39.68 | | | | | |
| 7. | Esmee Mulder | Dz&Pc | 200800038 | 1:14.85 | 1:17.21 | 573 | A |
| | 50m: 36.47 | 100m: 40.74 | | | | | |
| 8. | Carla Moreno Palacios | De Dolfijn | 201002302 | 1:13.74 | 1:17.29 | 571 | A |
| | 50m: 36.55 | 100m: 40.74 | | | | | |
| 9. | Rinske Bouman | Blue Marlins | 200400578 | 1:15.94 | 1:17.70 | 562 | B |
| | 50m: 36.49 | 100m: 41.21 | | | | | |
| 10. | Michelle Zomerdijk | Dedemsvaart-AC | 200003196 | 1:19.37 | 1:17.87 | 558 | B |
| | 50m: 35.91 | 100m: 41.96 | | | | | |
| 11. | Lise Kleinbekman | Dz&Pc | 200502870 | 1:20.24 | 1:18.33 | 548 | B |
| | 50m: 37.27 | 100m: 41.06 | | | | | |
| 12. | Tess Vonk | De Geul | 200900024 | 1:17.74 | 1:18.41 | 547 | B |
| | 50m: 37.19 | 100m: 41.22 | | | | | |
| 13. | Rafaëla Mulders | De Reuring | 200701398 | 1:17.50 | 1:19.04 | 534 | B |
| | 50m: 37.41 | 100m: 41.63 | | | | | |
| 14. | Marlies Dijsselhof | Dedemsvaart-AC | 200601046 | 1:21.88 | 1:19.05 | 533 | B |
| | 50m: 37.03 | 100m: 42.02 | | | | | |
| 15. | Yill van Bezouw | Hieronymus | 201100704 | 1:16.10 | 1:20.01 | 514 | B |
| | 50m: 37.49 | 100m: 42.52 | | | | | |
| 16. | Noël Iris Hettinga | Neptunia '24 | 200002536 | 1:18.31 | 1:20.07 | 513 | B |
| | 50m: 38.05 | 100m: 42.02 | | | | | |
| 17. | Phaedra Meijer | Blue Marlins | 200405834 | 1:13.30 | 1:20.28 | 509 | R |
| | 50m: 37.90 | 100m: 42.38 | | | | | |
| 18. | Liv Heijdra | Wvz | 200800736 | 1:15.26 | 1:20.49 | 505 | R |
| | 50m: 37.15 | 100m: 43.34 | | | | | |
| 19. | Mijke Ouderkerken | Blue Marlins | 200901254 | 1:18.69 | 1:21.45 | 488 | |
| | 50m: 37.91 | 100m: 43.54 | | | | | |
| 20. | Jessica Johnstone | Wvz | 201003890 | 1:19.23 | 1:21.48 | 487 | |
| | 50m: 38.23 | 100m: 43.25 | | | | | |
| 21. | Tess van de Steeg | Wvz | 201000016 | 1:19.97 | 1:21.77 | 482 | |
| | 50m: 38.07 | 100m: 43.70 | | | | | |
| 22. | Amber Kunst | Daw | 200900680 | 1:15.30 | 1:22.01 | 478 | |
| | 50m: 37.60 | 100m: 44.41 | | | | | |
| 23. | Annelie Klinkhamer | ZC Borger | 200702606 | 1:18.29 | 1:22.36 | 472 | |
| | 50m: 38.43 | 100m: 43.93 | | | | | |
| 24. | Jildou van der Hoek | Dz&Pc | 200801654 | 1:24.95 | 1:22.38 | 471 | |
| | 50m: 39.10 | 100m: 43.28 | | | | | |

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Programmanr. 14, Dames, 100m schoolslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|---------------------|-----------------------------|-----------|---------|----------------|-----|----|
| 25. | Annelie Batenburg | Psv | 201001962 | 1:18.50 | 1:22.65 | 467 | |
| | 50m: 38.36 | 100m: 44.29 | | | | | |
| 26. | Evy van Laarhoven | Psv | 200500712 | 1:15.25 | 1:23.20 | 457 | |
| | 50m: 38.36 | 100m: 44.84 | | | | | |
| 27. | Monica van der Meer | Deltasteur | 200704288 | 1:19.39 | 1:23.48 | 453 | |
| | 50m: 39.80 | 100m: 43.68 | | | | | |
| 28. | Daphne Westra | de Granaet | 200900344 | 1:20.80 | 1:23.77 | 448 | |
| | 50m: 39.21 | 100m: 44.56 | | | | | |
| 29. | Fenna Westerneng | Dz&Pc | 200900070 | 1:25.34 | 1:23.79 | 448 | |
| | 50m: 39.46 | 100m: 44.33 | | | | | |
| 30. | Sophie van Leent | Blue Marlins | 200800522 | 1:21.01 | 1:23.89 | 446 | |
| | 50m: 39.02 | 100m: 44.87 | | | | | |
| 31. | Rixt Rothschild | ZC Borger | 200900026 | 1:20.04 | 1:24.07 | 443 | |
| | 50m: 39.87 | 100m: 44.20 | | | | | |
| 32. | Anna Beck | Blue Marlins | 200605282 | 1:24.76 | 1:24.15 | 442 | |
| | 50m: 40.08 | 100m: 44.07 | | | | | |
| 33. | Anja Kisielewicz | Haderslev Svømme Klub0714AX | | 1:18.20 | 1:24.26 | 440 | |
| | 50m: 38.31 | 100m: 45.95 | | | | | |
| 34. | Ilana Gentile | Orca Leeuwarden | 200801558 | 1:20.09 | 1:24.31 | 440 | |
| | 50m: 38.43 | 100m: 45.88 | | | | | |
| 35. | Sterre van der Wal | Steenwijk 1934 | 200502356 | 1:19.37 | 1:24.37 | 439 | |
| | 50m: 39.63 | 100m: 44.74 | | | | | |
| 36. | Esther Dijsselhof | Dedemsvaart-AC | 200800784 | 1:22.78 | 1:24.42 | 438 | |
| | 50m: 39.08 | 100m: 45.34 | | | | | |
| 37. | Meike van der Klugt | Wvz | 201100808 | 1:24.39 | 1:25.13 | 427 | |
| | 50m: 39.20 | 100m: 45.93 | | | | | |
| 38. | Manoah Dekker | Deltasteur | 201100656 | 1:20.42 | 1:25.55 | 421 | |
| | 50m: 40.19 | 100m: 45.36 | | | | | |
| 39. | Fardau Dikkers | Wetterwille | 200501722 | 1:17.69 | 1:26.09 | 413 | |
| | 50m: 39.01 | 100m: 47.08 | | | | | |
| 40. | Odenza Soselisa | Blue Marlins | 201101780 | 1:23.11 | 1:26.19 | 411 | |
| | 50m: 40.95 | 100m: 45.24 | | | | | |
| 41. | Nynke van der Zee | Orca Leeuwarden | 200700604 | 1:21.38 | 1:26.28 | 410 | |
| | 50m: 40.41 | 100m: 45.87 | | | | | |
| 42. | Esmée Ykema | HZ&PC Heerenveen | 200801710 | 1:25.61 | 1:26.31 | 410 | |
| | 50m: 40.59 | 100m: 45.72 | | | | | |
| 43. | Esmee van Peer | TriVia | 200201114 | 1:20.63 | 1:26.98 | 400 | |
| | 50m: 40.76 | 100m: 46.22 | | | | | |
| 44. | Minke Oliva Bouman | Blue Marlins | 201100104 | 1:23.56 | 1:27.13 | 398 | |
| | 50m: 41.90 | 100m: 45.23 | | | | | |
| 45. | Julia Dabrowska | Blue Marlins | 201000300 | 1:18.29 | 1:27.45 | 394 | |
| | 50m: 40.70 | 100m: 46.75 | | | | | |

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Programmanr. 14, Dames, 100m schoolslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|-----------------|-----------|---------|----------------|-----|----|
| 46. | Anniek Brinkman | ZC Borger | 200800076 | 1:21.10 | 1:27.68 | 391 | |
| | 50m: 39.82 | 100m: 47.86 | | | | | |
| 47. | Sanne Mulder | Wvz | 200900280 | 1:23.72 | 1:27.72 | 390 | |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 41.17 | 100m: 46.55 | | | | | |
| 48. | Anna Strang van Hees | De Duinkickers | 200902566 | 1:26.77 | 1:27.74 | 390 | |
| | 50m: 42.13 | 100m: 45.61 | | | | | |
| 49. | Isa Kerpels | ZPC Hoozeveen | 200800880 | 1:21.62 | 1:27.78 | 389 | |
| | 50m: 41.96 | 100m: 45.82 | | | | | |
| 50. | Indy Feenema | Orca Leeuwarden | 201000850 | 1:24.51 | 1:28.02 | 386 | |
| | 50m: 41.62 | 100m: 46.40 | | | | | |
| 51. | Hayleigh Onstwedder | Batavia Swim | 201002902 | 1:29.88 | 1:28.15 | 385 | |
| | 50m: 42.98 | 100m: 45.17 | | | | | |
| 52. | Melissa de Lang | Swol 1894 | 200001186 | 1:21.71 | 1:28.31 | 382 | |
| | 50m: 41.69 | 100m: 46.62 | | | | | |
| 53. | Charlie Klaver | De Dolfijn | 201102094 | 1:26.18 | 1:28.69 | 378 | |
| | 50m: 43.76 | 100m: 44.93 | | | | | |
| 54. | Aniek Vuist | Steenwijk 1934 | 200600958 | 1:23.22 | 1:28.72 | 377 | |
| | 50m: 41.96 | 100m: 46.76 | | | | | |
| 55. | Hanna Sampimon | Ksn (Sg) | 200901824 | 1:29.61 | 1:28.88 | 375 | |
| | 50m: 41.43 | 100m: 47.45 | | | | | |
| 56. | Norell Kroeze | ZC Polaris | 201100378 | 1:28.12 | 1:29.24 | 371 | |
| | 50m: 41.76 | 100m: 47.48 | | | | | |
| 57. | Marlouke Frijstein | Deltasteur | 200800152 | 1:26.51 | 1:29.37 | 369 | |
| | 50m: 41.61 | 100m: 47.76 | | | | | |
| 58. | Féline Sam | ZVZwartsluis | 200700018 | 1:23.25 | 1:29.60 | 366 | |
| | 50m: 42.76 | 100m: 46.84 | | | | | |
| 59. | Syll Rinsma | Orca Leeuwarden | 201200798 | 1:28.15 | 1:29.92 | 362 | |
| | 50m: 42.71 | 100m: 47.21 | | | | | |
| 60. | Floortje van 't Wout | De Dolfijn | 200802286 | 1:21.55 | 1:30.21 | 359 | |
| | 50m: 42.74 | 100m: 47.47 | | | | | |
| 61. | Joyce Toonstra | Neptunia '24 | 200501298 | 1:27.79 | 1:30.98 | 350 | |
| | 50m: 42.55 | 100m: 48.43 | | | | | |
| 62. | Anna Lepoutre | Psv | 201100534 | 1:26.80 | 1:31.01 | 349 | |
| | 50m: 42.79 | 100m: 48.22 | | | | | |
| 63. | Laura van Lierop | Psv | 200700810 | 1:24.87 | 1:31.05 | 349 | |
| | 50m: 41.89 | 100m: 49.16 | | | | | |
| 64. | Isabel Amelink | Deltasteur | 201100196 | 1:26.10 | 1:31.27 | 346 | |
| | 50m: 42.93 | 100m: 48.34 | | | | | |
| 65. | Milou Filemon | Blue Marlins | 201100078 | 1:27.10 | 1:31.70 | 342 | |
| | 50m: 43.36 | 100m: 48.34 | | | | | |

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Programmanr. 14, Dames, 100m schoolslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|------------------|-----------|---------|----------------|-----|----|
| 66. | Monique Tienstra | TriVia | 200600354 | 1:22.92 | 1:31.82 | 340 | |
| | 50m: 42.10 | 100m: 49.72 | | | | | |
| 67. | Noa Spaans | De Dolfijn | 201100222 | 1:25.45 | 1:32.11 | 337 | |
| | 50m: 43.13 | 100m: 48.98 | | | | | |
| 68. | Nicole Stahli | De Dolfijn | 200600542 | 1:25.60 | 1:32.20 | 336 | |
| | 50m: 43.14 | 100m: 49.06 | | | | | |
| 69. | Jente van 't Hul | Deltasteur | 201000186 | 1:27.22 | 1:32.88 | 329 | |
| | 50m: 43.10 | 100m: 49.78 | | | | | |
| 70. | Ilse Kramer | TriVia | 200403072 | 1:27.99 | 1:32.92 | 328 | |
| | 50m: 44.22 | 100m: 48.70 | | | | | |
| 71. | Robin Meide van der | ZC Polaris | 200601778 | 1:27.22 | 1:33.07 | 327 | |
| | 50m: 43.40 | 100m: 49.67 | | | | | |
| 72. | Lieke Hegeman | TriVia | 200505390 | 1:30.18 | 1:33.32 | 324 | |
| | 50m: 43.85 | 100m: 49.47 | | | | | |
| 73. | Cynthia Koolman | ZPC Hoogeveen | 200300232 | 1:24.08 | 1:34.87 | 308 | |
| | 50m: 43.40 | 100m: 51.47 | | | | | |
| 74. | Mirthe De Leeuw | ZC Polaris | 201200038 | 1:32.02 | 1:34.91 | 308 | |
| | 50m: 43.97 | 100m: 50.94 | | | | | |
| 75. | Annefleur Schraa | Swol 1894 | 201100044 | 1:30.56 | 1:35.28 | 304 | |
| | 50m: 45.77 | 100m: 49.51 | | | | | |
| 76. | Femke Griemink | Ksn (Sg) | 200802376 | 1:37.59 | 1:35.67 | 301 | |
| | 50m: 44.38 | 100m: 51.29 | | | | | |
| 77. | Maurieke Frijstein | Deltasteur | 201100198 | 1:32.55 | 1:35.76 | 300 | |
| | 50m: 45.30 | 100m: 50.46 | | | | | |
| 78. | Myron Dekker | ZPC Hoogeveen | 201000512 | 1:33.04 | 1:35.92 | 298 | |
| | 50m: 45.27 | 100m: 50.65 | | | | | |
| 79. | Jessica Dekkinga | Steenwijk 1934 | 200600180 | 1:30.40 | 1:37.64 | 283 | |
| | 50m: 44.16 | 100m: 53.48 | | | | | |
| 80. | Sophie Hiemstra | de Granaet | 200800686 | 1:32.11 | 1:38.94 | 272 | |
| | 50m: 46.13 | 100m: 52.81 | | | | | |
| 81. | Kamila Makhmadiyarova | Blue Marlins | 201103178 | 1:37.40 | 1:39.16 | 270 | |
| | 50m: 46.86 | 100m: 52.30 | | | | | |
| 82. | Lisa Boogaard | Deltasteur | 201100990 | 1:37.93 | 1:39.60 | 266 | |
| | 50m: 47.53 | 100m: 52.07 | | | | | |
| 83. | Aline Strijker | Ksn (Sg) | 201100362 | 1:36.84 | 1:40.53 | 259 | |
| | 50m: 47.41 | 100m: 53.12 | | | | | |
| 84. | Silke Hooghiemstra | De Vikings | 201003160 | 1:38.49 | 1:40.60 | 259 | |
| | 50m: 47.03 | 100m: 53.57 | | | | | |
| 85. | Nadia Veenstra | HZ&PC Heerenveen | 200602482 | 1:40.71 | 1:40.72 | 258 | |
| | 50m: 46.50 | 100m: 54.22 | | | | | |
| 86. | Yanaika Ido | Batavia Swim | 201102764 | 1:42.38 | 1:41.01 | 255 | |
| | 50m: 48.79 | 100m: 52.22 | | | | | |

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Programmanr. 14, Dames, 100m schoolslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|-------|--|-----------------|-----------|---------|----------------|-----|----|
| 87. | Myrthe te Winkel | Swol 1894 | 200804336 | 1:36.47 | 1:41.36 | 253 | |
| | 50m: 47.53 | 100m: 53.83 | | | | | |
| 88. | Elske van der Ven | Psv | 200800904 | 1:31.26 | 1:41.40 | 252 | |
| | 50m: 47.76 | 100m: 53.64 | | | | | |
| 89. | Kyara Balt | De Vikings | 201100306 | 1:39.88 | 1:41.84 | 249 | |
| | 50m: 48.14 | 100m: 53.70 | | | | | |
| 90. | Manora Ponne | Steenwijk 1934 | 201102222 | 1:37.10 | 1:42.14 | 247 | |
| | 50m: 46.93 | 100m: 55.21 | | | | | |
| 91. | Ilaria Flower | De Dolfijn | 201103236 | 1:38.51 | 1:42.49 | 244 | |
| | 50m: 48.20 | 100m: 54.29 | | | | | |
| 92. | Eva ter Horst | ZPC Hoozeveen | 201200070 | 1:37.35 | 1:43.61 | 237 | |
| | 50m: 49.86 | 100m: 53.75 | | | | | |
| DIS | W. van der Heide | Orca Leeuwarden | 201100028 | 1:24.50 | | | |
| | <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | | | | | | |
| AFGEM | Jubilee van Heijdoorn | Wvz | 200900636 | 1:29.38 | | | |
| AFGEM | Emma Langenberg | Orca Leeuwarden | 201100776 | 1:42.91 | | | |
| AFGEM | Lisa Veenstra | F.Z.C.'54 | 200304294 | 1:32.79 | | | |

Programmanr. 15
2-3-2024 - 12:14

Heren, 200m schoolslag
Spring Swim record: Ivo Kroes 2:20.62

Juniores 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------------|------------------------|-------------|-------------|----------------|-----|----|
| 1. | Luca Janssen | Team NL - PSV | 200403237 | 2:10.79 | 2:17.06 | 776 | Q |
| | <i>*Spring Swim record</i> | | | | | | |
| | 50m: 30.97 | 100m: 34.81 | 150m: 34.91 | 200m: 36.37 | | | |
| 2. | Steijn Louter | Team NL - PSV | 200500793 | 2:14.11 | 2:18.50 | 752 | Q |
| | 50m: 31.03 | 100m: 34.98 | 150m: 36.16 | 200m: 36.33 | | | |
| 3. | Wytse Broekstra | De Vikings | 200800121 | 2:20.81 | 2:21.22 | 709 | Q |
| | 50m: 32.13 | 100m: 35.35 | 150m: 36.94 | 200m: 36.80 | | | |
| 4. | Thomas Jansen | Team NL - WVZ | 200100143 | 2:28.41 | 2:21.23 | 709 | Q |
| | 50m: 31.97 | 100m: 36.32 | 150m: 36.19 | 200m: 36.75 | | | |
| 5. | S. De Freitas Steverink | Psv | 200404481 | 2:18.67 | 2:21.44 | 706 | Q |
| | 50m: 31.86 | 100m: 35.71 | 150m: 36.84 | 200m: 37.03 | | | |
| 6. | Yanieck Weijland | Team NL - Blue Marlins | 200500329 | 2:17.62 | 2:21.48 | 705 | Q |
| | 50m: 32.26 | 100m: 35.75 | 150m: 36.02 | 200m: 37.45 | | | |
| 7. | Storm Boxum | Dz&Pc | 200700421 | 2:23.00 | 2:23.48 | 676 | Q |
| | 50m: 32.32 | 100m: 36.90 | 150m: 36.49 | 200m: 37.77 | | | |
| 8. | Domingo Kuipers | Dz&Pc | 200501787 | 2:25.94 | 2:23.72 | 673 | Q |
| | 50m: 32.51 | 100m: 35.85 | 150m: 37.22 | 200m: 38.14 | | | |
| 9. | Derk Jan van Duijn | Dz&Pc | 200105575 | 2:22.33 | 2:24.73 | 659 | R |
| | 50m: 33.45 | 100m: 36.32 | 150m: 37.20 | 200m: 37.76 | | | |

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Programmanr. 15, Heren, 200m schoolslag, Voorronde, Junioren 1 en ouder

| Rang | | | | | | In.tijd | Tijd | Pnt | RT |
|------|--------------------|------------------------|-------------|-------------|--|---------|----------------|-----|----|
| 10. | Cas Versteegen | Psv | 200500891 | | | 2:12.98 | 2:26.82 | 631 | R |
| | 50m: 33.15 | 100m: 36.81 | 150m: 38.24 | 200m: 38.62 | | | | | |
| 11. | Wouter Zijlstra | HZ&PC Heerenveen | 200401545 | | | 2:23.47 | 2:27.69 | 620 | |
| | 50m: 33.27 | 100m: 37.63 | 150m: 37.91 | 200m: 38.88 | | | | | |
| 12. | Roan van der Weide | Blue Marlins | 200601629 | | | 2:20.33 | 2:28.59 | 609 | |
| | 50m: 33.16 | 100m: 37.57 | 150m: 39.48 | 200m: 38.38 | | | | | |
| 13. | Rick Offringa | Dz&Pc | 200300979 | | | 2:36.96 | 2:29.66 | 596 | |
| | 50m: 33.28 | 100m: 37.52 | 150m: 38.81 | 200m: 40.05 | | | | | |
| 14. | Sven Koorstra | De Vikings | 200900189 | | | 2:26.33 | 2:31.55 | 574 | |
| | 50m: 35.28 | 100m: 38.76 | 150m: 38.97 | 200m: 38.54 | | | | | |
| 15. | Nikodim Markovic | Blue Marlins | 200700255 | | | 2:18.21 | 2:31.65 | 572 | |
| | 50m: 34.11 | 100m: 38.29 | 150m: 39.44 | 200m: 39.81 | | | | | |
| 16. | Joshua Agussalim | Wvz | 200600153 | | | 2:25.89 | 2:32.04 | 568 | |
| | 50m: 34.08 | 100m: 38.66 | 150m: 39.50 | 200m: 39.80 | | | | | |
| 17. | Tieme Wiersma | Dz&Pc | 200701031 | | | 2:33.66 | 2:33.24 | 555 | |
| | 50m: 34.80 | 100m: 38.93 | 150m: 39.42 | 200m: 40.09 | | | | | |
| 18. | Denzel Barthen | Wvz | 200700147 | | | 2:29.54 | 2:33.55 | 551 | |
| | 50m: 34.33 | 100m: 39.10 | 150m: 39.47 | 200m: 40.65 | | | | | |
| 19. | Jasper Willig | Blue Marlins | 200104757 | | | 2:22.67 | 2:34.91 | 537 | |
| | 50m: 32.75 | 100m: 39.61 | 150m: 41.05 | 200m: 41.50 | | | | | |
| 20. | Storm Tolsma | Zignea | 200600277 | | | 2:35.55 | 2:35.07 | 535 | |
| | 50m: 34.65 | 100m: 39.66 | 150m: 40.10 | 200m: 40.66 | | | | | |
| 21. | Hein Muller | Dz&Pc | 200800157 | | | 2:35.32 | 2:35.14 | 535 | |
| | 50m: 34.55 | 100m: 39.62 | 150m: 41.30 | 200m: 39.67 | | | | | |
| 22. | Luca Boorsma | De Dolfijn | 200902031 | | | 2:33.79 | 2:36.41 | 522 | |
| | 50m: 35.28 | 100m: 40.39 | 150m: 40.21 | 200m: 40.53 | | | | | |
| 23. | Kay van Sleen | Steenwijk 1934 | 200400083 | | | 2:30.93 | 2:37.78 | 508 | |
| | 50m: 35.73 | 100m: 39.47 | 150m: 41.60 | 200m: 40.98 | | | | | |
| 24. | Thierry Zulver | ZV Vlaardingen-Schiede | 200700023 | | | 2:27.11 | 2:38.03 | 506 | |
| | 50m: 35.38 | 100m: 41.01 | 150m: 39.86 | 200m: 41.78 | | | | | |
| 25. | Twan Huisman | Wvz | 200702207 | | | 2:32.00 | 2:38.49 | 501 | |
| | 50m: 35.02 | 100m: 40.51 | 150m: 41.81 | 200m: 41.15 | | | | | |
| 26. | Thygo van Peppel | Blue Marlins | 200901101 | | | 2:31.00 | 2:38.60 | 500 | |
| | 50m: 34.94 | 100m: 40.37 | 150m: 41.97 | 200m: 41.32 | | | | | |
| 27. | Olivier Wilbers | ZPC Hoozevee | 200600181 | | | 2:32.51 | 2:42.38 | 466 | |
| | 50m: 36.75 | 100m: 41.68 | 150m: 41.75 | 200m: 42.20 | | | | | |
| 28. | Nout Folkersma | Psv | 200800595 | | | 2:30.80 | 2:42.67 | 464 | |
| | 50m: 35.71 | 100m: 40.53 | 150m: 43.24 | 200m: 43.19 | | | | | |
| 29. | Lou van Leeuwen | De Dolfijn | 200702779 | | | 2:36.80 | 2:43.11 | 460 | |
| | 50m: 36.39 | 100m: 41.63 | 150m: 42.12 | 200m: 42.97 | | | | | |
| 30. | Eskild Meyer | Haderslev Svømme Klub | 0903BA | | | 2:35.03 | 2:44.14 | 451 | |
| | 50m: 36.16 | 100m: 42.32 | 150m: 42.79 | 200m: 42.87 | | | | | |

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1 t/m 3 maart 2024



Programmanr. 15, Heren, 200m schoolslag, Voorronde, Junioren 1 en ouder

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|-------|-----------------------|------------------|-------------|-------------|---------|----------------|-----|----|
| 31. | Tijn Hilders | De Dolfijn | 200700027 | | 2:34.30 | 2:47.50 | 425 | |
| | 50m: 37.28 | 100m: 42.63 | 150m: 43.99 | 200m: 43.60 | | | | |
| 32. | Thomas Nauta | Arethusa | 200900339 | | 2:49.12 | 2:47.62 | 424 | |
| | 50m: 37.62 | 100m: 44.38 | 150m: 44.27 | 200m: 41.35 | | | | |
| 33. | Pedro Filipini | De Dolfijn | 200603863 | | 2:32.16 | 2:47.72 | 423 | |
| | 50m: 37.11 | 100m: 43.12 | 150m: 42.64 | 200m: 44.85 | | | | |
| 34. | Melle van Veen | Dedemsvaart-AC | 200700661 | | 2:44.38 | 2:47.98 | 421 | |
| | 50m: 36.81 | 100m: 42.86 | 150m: 44.25 | 200m: 44.06 | | | | |
| 35. | David Wesseling | ZC Polaris | 200500251 | | 2:42.57 | 2:48.52 | 417 | |
| | 50m: 36.39 | 100m: 42.39 | 150m: 44.83 | 200m: 44.91 | | | | |
| 36. | Brian Arturo Bloemsma | De Dolfijn | 200901155 | | 2:38.76 | 2:49.15 | 412 | |
| | 50m: 36.64 | 100m: 42.99 | 150m: 45.38 | 200m: 44.14 | | | | |
| 37. | Daniel Critchell | Deltasteur | 200700439 | | 2:40.68 | 2:49.65 | 409 | |
| | 50m: 37.25 | 100m: 43.36 | 150m: 44.54 | 200m: 44.50 | | | | |
| 38. | Tim Zuurman | ZPC Hoogeveen | 200700131 | | 2:42.95 | 2:50.55 | 402 | |
| | 50m: 40.13 | 100m: 43.19 | 150m: 44.17 | 200m: 43.06 | | | | |
| 39. | Duuk Harms | Dedemsvaart-AC | 200900201 | | 2:56.45 | 2:54.32 | 377 | |
| | 50m: 39.87 | 100m: 45.32 | 150m: 44.83 | 200m: 44.30 | | | | |
| 40. | Mathijs Boersma | ZPC Hoogeveen | 201000313 | | 2:50.72 | 2:56.98 | 360 | |
| | 50m: 40.07 | 100m: 46.37 | 150m: 46.17 | 200m: 44.37 | | | | |
| 41. | Mathijs de Wit | Ksn (Sg) | 201001215 | | 3:04.73 | 2:57.86 | 355 | |
| | 50m: 40.78 | 100m: 46.85 | 150m: 45.61 | 200m: 44.62 | | | | |
| 42. | Mattias Stolk | HZ&PC Heerenveen | 201000525 | | 3:02.19 | 2:57.97 | 354 | |
| | 50m: 40.05 | 100m: 46.16 | 150m: 46.15 | 200m: 45.61 | | | | |
| 43. | Cayden Malone | De Dolfijn | 201002195 | | 2:59.05 | 2:58.10 | 353 | |
| | 50m: 40.29 | 100m: 44.96 | 150m: 46.84 | 200m: 46.01 | | | | |
| 44. | Sven Casper Hageman | Steenwijk 1934 | 201000009 | | 2:49.96 | 2:58.70 | 350 | |
| | 50m: 41.19 | 100m: 46.62 | 150m: 46.12 | 200m: 44.77 | | | | |
| 45. | Nathan Magava | De Dolfijn | 201003067 | | 2:49.29 | 3:00.57 | 339 | |
| | 50m: 40.75 | 100m: 46.75 | 150m: 47.00 | 200m: 46.07 | | | | |
| 46. | Rick Smelt | ZVZwartsluis | 200600051 | | 2:48.26 | 3:01.63 | 333 | |
| | 50m: 38.82 | 100m: 45.29 | 150m: 48.77 | 200m: 48.75 | | | | |
| 47. | Guido Drenth | ZC Borger | 200800221 | | 3:03.06 | 3:03.76 | 321 | |
| | 50m: 40.32 | 100m: 45.91 | 150m: 48.80 | 200m: 48.73 | | | | |
| AFGEM | Jonathan Baaijens | Psv | 200800409 | | 2:35.79 | | | |

DZ&PC Spring Swim 2024

Programmanr. 16
2-3-2024 - 12:32

Dames, 200m vrije slag
Spring Swim record: Marjolein Delno 2:01.70

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|--|---------|----------------|-----|----|
| 1. Angelina Rolman 50m: 28.64 100m: 31.43 150m: 31.29 200m: 30.88 Team NL - De Dolfijn 200701972 | 2:02.57 | 2:02.24 | 789 | Q |
| 2. Anne Thastrup-Hansen 50m: 28.63 100m: 30.56 150m: 31.34 200m: 31.80 Haderslev Svømme Klub0688AV | 1:58.48 | 2:02.33 | 787 | Q |
| 3. Yara van Kalmthout 50m: 29.31 100m: 30.80 150m: 31.69 200m: 31.22 Team NL - PSV 200200984 | 2:01.15 | 2:03.02 | 774 | Q |
| 4. Sara Korthuis 50m: 29.31 100m: 31.29 150m: 31.92 200m: 31.12 Dz&Pc 200600494 | 2:05.00 | 2:03.64 | 763 | Q |
| 5. Serena Stel 50m: 28.66 100m: 31.06 150m: 32.71 200m: 31.85 De Dolfijn 199801528 | 1:59.47 | 2:04.28 | 751 | Q |
| 6. Megan Jonkman 50m: 29.65 100m: 32.76 150m: 32.28 200m: 29.98 Blue Marlins 200600508 | 2:03.77 | 2:04.67 | 744 | Q |
| 7. Sam van Nunen 50m: 28.66 100m: 32.64 150m: 33.64 200m: 32.47 Team NL - PSV 200100036 | 2:07.51 | 2:07.41 | 697 | Q |
| 8. Julie van Nispen 50m: 30.37 100m: 32.57 150m: 33.32 200m: 32.81 Z&PV Nuenen 200800290 | 2:11.57 | 2:09.07 | 670 | Q |
| 9. Marte Hieke van der Kam 50m: 29.69 100m: 33.40 150m: 34.28 200m: 34.57 HZ&PC Heerenveen 200500218 | 2:09.40 | 2:11.94 | 627 | R |
| 10. Anna van Droffelaar 50m: 29.80 100m: 33.40 150m: 34.79 200m: 34.23 Team NL - PSV 200400258 | 2:05.87 | 2:12.22 | 623 | R |
| 11. Eefje Irvine 50m: 30.79 100m: 33.21 150m: 34.38 200m: 33.99 De Dolfijn 200700164 | 2:07.29 | 2:12.37 | 621 | |
| 12. Elin Brinkhof 50m: 32.04 100m: 33.00 150m: 35.19 200m: 32.48 De Dolfijn 200900078 | 2:09.99 | 2:12.71 | 617 | |
| 13. Laura van Etten 50m: 30.20 100m: 33.85 150m: 34.46 200m: 34.22 HZ&PC Heerenveen 200800264 | 2:14.87 | 2:12.73 | 616 | |
| 14. Bregje Dekkers 50m: 31.47 100m: 33.49 150m: 34.80 200m: 33.07 Psv 200900746 | 2:09.70 | 2:12.83 | 615 | |
| 15. Frouke Ludwig 50m: 31.17 100m: 34.39 150m: 34.30 200m: 33.12 Dz&Pc 200800112 | 2:12.43 | 2:12.98 | 613 | |
| 16. Myrthe Natzijl 50m: 31.19 100m: 33.93 150m: 34.52 200m: 33.43 Dz&Pc 200400076 | 2:13.58 | 2:13.07 | 612 | |
| 17. Madeleine Bertram 50m: 30.93 100m: 33.22 150m: 35.23 200m: 33.93 De Dolfijn 200900516 | 2:12.04 | 2:13.31 | 608 | |
| 18. Ilse Rozema 50m: 30.13 100m: 33.78 150m: 34.82 200m: 35.32 Blue Marlins 200803318 | 2:09.54 | 2:14.05 | 598 | |
| 19. Julia Agricola 50m: 32.30 100m: 34.59 150m: 35.25 200m: 33.47 Dz&Pc 200800266 | 2:16.13 | 2:15.61 | 578 | |
| 20. Fenna Westerneng 50m: 32.06 100m: 34.70 150m: 35.59 200m: 33.87 Dz&Pc 200900070 | 2:14.90 | 2:16.22 | 570 | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 16, Dames, 200m vrije slag, Voorronde, Senioren Open

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|------------------------|-------------|-------------|---------|----------------|-----|----|
| 21. | Vera Wassink | Zpc Amersfoort | 200604976 | | 2:14.00 | 2:16.30 | 569 | |
| | 50m: 31.41 | 100m: 34.65 | 150m: 36.01 | 200m: 34.23 | | | | |
| 22. | Floor Hogervorst | Blue Marlins | 200701400 | | 2:05.43 | 2:17.19 | 558 | |
| | 50m: 31.46 | 100m: 34.93 | 150m: 35.59 | 200m: 35.21 | | | | |
| 23. | Indy van Laarhoven | Psv | 200500710 | | 2:11.20 | 2:17.26 | 557 | |
| | 50m: 30.54 | 100m: 34.80 | 150m: 35.57 | 200m: 36.35 | | | | |
| 24. | Indira van Aggele | De Dolfijn | 200804424 | | 2:11.86 | 2:18.69 | 540 | |
| | 50m: 31.79 | 100m: 35.06 | 150m: 36.78 | 200m: 35.06 | | | | |
| 25. | Imre Bouwland | ZPC Hogeveen | 200700388 | | 2:12.85 | 2:18.93 | 537 | |
| | 50m: 31.49 | 100m: 35.45 | 150m: 36.36 | 200m: 35.63 | | | | |
| 26. | Dewi Meijer | De Dolfijn | 201000302 | | 2:23.89 | 2:18.96 | 537 | |
| | 50m: 32.27 | 100m: 35.73 | 150m: 36.15 | 200m: 34.81 | | | | |
| 27. | Carlein Polinder | G.S.Z.V. De Golfbreker | 200600128 | | 2:11.67 | 2:19.24 | 534 | |
| | 50m: 31.20 | 100m: 35.28 | 150m: 36.47 | 200m: 36.29 | | | | |
| 28. | Simone Faber | Deltasteur | 200900710 | | 2:15.01 | 2:19.95 | 526 | |
| | 50m: 32.30 | 100m: 37.10 | 150m: 36.10 | 200m: 34.45 | | | | |
| 29. | Lois Waterham | Dedemsvaart-AC | 200803726 | | 2:29.45 | 2:20.13 | 524 | |
| | 50m: 32.16 | 100m: 36.15 | 150m: 36.27 | 200m: 35.55 | | | | |
| 30. | Julia van den Bosch | Deltasteur | 200600232 | | 2:11.03 | 2:20.36 | 521 | |
| | 50m: 31.65 | 100m: 35.57 | 150m: 37.87 | 200m: 35.27 | | | | |
| 31. | Jasmijn Sterken | ZC Polaris | 200701196 | | 2:12.40 | 2:20.74 | 517 | |
| | 50m: 31.26 | 100m: 35.80 | 150m: 37.86 | 200m: 35.82 | | | | |
| 32. | Sigrid Sand Jürgensen | Haderslev Svømme Klut | 0756AQ | | 2:16.96 | 2:21.10 | 513 | |
| | 50m: 32.18 | 100m: 35.44 | 150m: 37.67 | 200m: 35.81 | | | | |
| 33. | Leyona Lichtendonk | Dedemsvaart-AC | 200700010 | | 2:20.82 | 2:21.23 | 511 | |
| | 50m: 32.88 | 100m: 36.37 | 150m: 36.11 | 200m: 35.87 | | | | |
| 34. | Daphne Dijsselhof | Dedemsvaart-AC | 200901690 | | 2:30.94 | 2:21.60 | 507 | |
| | 50m: 32.94 | 100m: 37.00 | 150m: 37.69 | 200m: 33.97 | | | | |
| 35. | Esmée Ykema | HZ&PC Heerenveen | 200801710 | | 2:19.18 | 2:22.39 | 499 | |
| | 50m: 32.55 | 100m: 36.38 | 150m: 37.70 | 200m: 35.76 | | | | |
| 36. | Inger van Oord | De Dolfijn | 200703912 | | 2:18.25 | 2:22.57 | 497 | |
| | 50m: 32.97 | 100m: 36.01 | 150m: 36.68 | 200m: 36.91 | | | | |
| 37. | Yara van Asselen | De Dolfijn | 200900408 | | 2:22.33 | 2:22.99 | 493 | |
| | 50m: 32.41 | 100m: 35.69 | 150m: 37.72 | 200m: 37.17 | | | | |
| 38. | Kinley Cole | Psv | 200903696 | | 2:13.06 | 2:23.54 | 487 | |
| | 50m: 32.33 | 100m: 36.49 | 150m: 37.57 | 200m: 37.15 | | | | |
| 39. | Senna Boogmans | De Duinkickers | 201000640 | | 2:24.88 | 2:23.65 | 486 | |
| | 50m: 31.55 | 100m: 36.22 | 150m: 37.92 | 200m: 37.96 | | | | |
| 40. | Wieke Dekker | De Dolfijn | 201002020 | | 2:23.45 | 2:24.31 | 479 | |
| | 50m: 33.35 | 100m: 36.92 | 150m: 37.38 | 200m: 36.66 | | | | |
| 41. | Jade Belmar | Blue Marlins | 200704900 | | 2:23.59 | 2:25.40 | 469 | |
| | 50m: 34.01 | 100m: 36.41 | 150m: 38.31 | 200m: 36.67 | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 16, Dames, 200m vrije slag, Voorronde, Senioren Open

| Rang | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|-------------------------|-----------------------------|-------------|-------------|--|--|---------|----------------|-----|----|
| 42. | Ilse Jongepier | Thor | 201000006 | | | | 2:24.04 | 2:25.58 | 467 | |
| | 50m: 34.21 | 100m: 37.22 | 150m: 38.54 | 200m: 35.61 | | | | | | |
| 43. | Ananda van der Wiel | Wvz | 200701562 | | | | 2:12.48 | 2:26.23 | 461 | |
| | 50m: 31.08 | 100m: 36.63 | 150m: 38.87 | 200m: 39.65 | | | | | | |
| 44. | Elin Reinstra | TriVia | 201100842 | | | | 2:20.66 | 2:26.58 | 457 | |
| | 50m: 33.12 | 100m: 37.51 | 150m: 37.95 | 200m: 38.00 | | | | | | |
| 45. | Anna Vaupell | Haderslev Svømme Klut0886AR | | | | | 2:16.51 | 2:26.64 | 457 | |
| | 50m: 33.74 | 100m: 37.49 | 150m: 37.12 | 200m: 38.29 | | | | | | |
| 46. | Anouk Steller | Wvz | 201000004 | | | | 2:21.05 | 2:27.33 | 450 | |
| | 50m: 33.87 | 100m: 37.20 | 150m: 38.77 | 200m: 37.49 | | | | | | |
| 47. | Milou Filemon | Blue Marlins | 201100078 | | | | 2:19.69 | 2:27.45 | 449 | |
| | 50m: 33.92 | 100m: 37.40 | 150m: 38.53 | 200m: 37.60 | | | | | | |
| 48. | Kristine Hansen | Haderslev Svømme Klut0804AX | | | | | 2:22.92 | 2:27.69 | 447 | |
| | 50m: 33.70 | 100m: 37.54 | 150m: 38.64 | 200m: 37.81 | | | | | | |
| 49. | Esmee van der Tuuk | ZPC Hoogeveen | 200800682 | | | | 2:20.71 | 2:28.56 | 439 | |
| | 50m: 34.56 | 100m: 38.10 | 150m: 39.30 | 200m: 36.60 | | | | | | |
| 50. | Sofie Kragt | Dedemsvaart-AC | 200701020 | | | | 2:31.85 | 2:28.79 | 437 | |
| | 50m: 33.63 | 100m: 38.22 | 150m: 39.25 | 200m: 37.69 | | | | | | |
| 51. | Nora Lynn Otten | ZPC Hoogeveen | 200903338 | | | | 2:30.28 | 2:30.54 | 422 | |
| | 50m: 33.92 | 100m: 37.53 | 150m: 39.86 | 200m: 39.23 | | | | | | |
| 52. | Elise Dorlandt | HZ&PC Heerenveen | 201000232 | | | | 2:35.40 | 2:31.03 | 418 | |
| | 50m: 34.09 | 100m: 39.58 | 150m: 39.30 | 200m: 38.06 | | | | | | |
| 53. | Maud Dokter | Steenwijk 1934 | 200601672 | | | | 2:24.25 | 2:32.10 | 409 | |
| | 50m: 33.71 | 100m: 38.57 | 150m: 39.73 | 200m: 40.09 | | | | | | |
| 54. | Victoria Friis Petersen | Haderslev Svømme Klut0808AY | | | | | 2:28.84 | 2:32.13 | 409 | |
| | 50m: 34.75 | 100m: 37.20 | 150m: 40.44 | 200m: 39.74 | | | | | | |
| 55. | Daphne Westra | de Granaet | 200900344 | | | | 2:24.46 | 2:33.88 | 395 | |
| | 50m: 33.49 | 100m: 38.82 | 150m: 41.27 | 200m: 40.30 | | | | | | |
| 56. | Devenda van der Meer | de Granaet | 200900948 | | | | 2:35.35 | 2:35.16 | 386 | |
| | 50m: 34.68 | 100m: 39.54 | 150m: 41.46 | 200m: 39.48 | | | | | | |
| | Anne van der Kamp | Deltasteur | 200900274 | | | | 2:27.03 | 2:35.16 | 386 | |
| | 50m: 35.82 | 100m: 39.19 | 150m: 41.06 | 200m: 39.09 | | | | | | |
| 58. | Cynthia Koolman | ZPC Hoogeveen | 200300232 | | | | 2:18.61 | 2:35.45 | 383 | |
| | 50m: 35.48 | 100m: 38.99 | 150m: 40.97 | 200m: 40.01 | | | | | | |
| 59. | Isa Segenhout | Orca Leeuwarden | 201000128 | | | | 2:33.29 | 2:36.47 | 376 | |
| | 50m: 34.93 | 100m: 41.42 | 150m: 42.11 | 200m: 38.01 | | | | | | |
| 60. | Karlijn Dijkshoorn | Steenwijk 1934 | 200803926 | | | | 2:27.83 | 2:37.01 | 372 | |
| | 50m: 33.42 | 100m: 39.92 | 150m: 42.18 | 200m: 41.49 | | | | | | |
| 61. | Marlies Brouwer | Dz&Pc | 201101152 | | | | 2:51.26 | 2:38.75 | 360 | |
| | 50m: 36.23 | 100m: 41.58 | 150m: 42.60 | 200m: 38.34 | | | | | | |
| 62. | Evelien de Jong | Neptunia '24 | 199805316 | | | | 2:34.94 | 2:40.07 | 351 | |
| | 50m: 34.57 | 100m: 39.73 | 150m: 42.92 | 200m: 42.85 | | | | | | |

DZ&PC Spring Swim 2024

Programmanr. 16, Dames, 200m vrije slag, Voorronde, Senioren Open

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|-------|-----------------|--------------|-------------|-------------|---------|----------------|-----|----|
| 63. | Veronica Borges | Blue Marlins | 200903380 | | 2:34.97 | 2:40.38 | 349 | |
| | 50m: 34.77 | 100m: 40.93 | 150m: 42.82 | 200m: 41.86 | | | | |
| 64. | Sara van Dijk | TriVia | 201001120 | | 2:36.86 | 2:43.11 | 332 | |
| | 50m: 36.49 | 100m: 41.99 | 150m: 43.64 | 200m: 40.99 | | | | |
| 65. | Jelena Krikke | Dz&Pc | 200405874 | | 2:47.00 | 2:46.99 | 309 | |
| | 50m: 37.00 | 100m: 42.35 | 150m: 43.53 | 200m: 44.11 | | | | |
| 66. | Kim Buurmeijer | Thor | 200903530 | | 2:38.51 | 2:48.32 | 302 | |
| | 50m: 35.86 | 100m: 43.21 | 150m: 45.77 | 200m: 43.48 | | | | |
| 67. | Floortje Bakker | Blue Marlins | 201101124 | | 2:45.25 | 2:48.36 | 302 | |
| | 50m: 38.13 | 100m: 43.17 | 150m: 43.72 | 200m: 43.34 | | | | |
| 68. | Samantha Magava | De Dolfijn | 200804644 | | 2:39.65 | 2:50.01 | 293 | |
| | 50m: 36.87 | 100m: 42.90 | 150m: 45.71 | 200m: 44.53 | | | | |
| 69. | Fenna Boterman | TriVia | 200701710 | | 2:40.74 | 2:50.41 | 291 | |
| | 50m: 36.28 | 100m: 43.15 | 150m: 46.37 | 200m: 44.61 | | | | |
| AFGEM | Do Klaassen | Deltasteur | 201200236 | | 2:45.80 | | | |
| AFGEM | Krista Veehof | Deltasteur | 200700140 | | 2:40.15 | | | |

Programmanr. 17
2-3-2024 - 12:56

Heren, 50m vlinderslag
Spring Swim record: Jesse van der A 25.07

Junioren 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|-------------------------|------------------------|-----------|--|---------|--------------|-----|----|
| 1. | Thom de Boer | De Dolfijn | 199100181 | | NT | 23.92 | 807 | A |
| 2. | Michael Smink | Blue Marlins | 200302169 | | 23.34 | 24.33 | 766 | A |
| 3. | Brandon van den Berg | Team NL - Blue Marlins | 200200669 | | 25.46 | 25.00 | 706 | A |
| 4. | Lars Verhalle | Psv | 200200019 | | 24.85 | 25.27 | 684 | A |
| 5. | Emiel van Oord | De Dolfijn | 200503707 | | 24.05 | 25.35 | 677 | A |
| 6. | Jesse van der A | De Dolfijn | 199905303 | | 24.07 | 25.73 | 648 | A |
| 7. | Jay de Vries | Team NL - Blue Marlins | 200400669 | | 25.51 | 25.78 | 644 | A |
| | Jason van den Berg | Blue Marlins | 200400009 | | 24.73 | 25.78 | 644 | A |
| 9. | Marc Kremer | TriVia | 199004667 | | 25.36 | 25.99 | 629 | B |
| 10. | Kaan Sudak | Blue Marlins | 200803733 | | 25.39 | 26.01 | 627 | B |
| 11. | Matthijs van Meerendonk | Dz&Pc | 199900375 | | 25.99 | 26.11 | 620 | B |
| 12. | Lars Bulman | Blue Marlins | 200600125 | | 24.65 | 26.18 | 615 | B |
| 13. | Jelle Betten | Dz&Pc | 200001535 | | 25.91 | 26.35 | 603 | B |
| 14. | Lars Minnaert | Psv | 200502355 | | 25.40 | 26.37 | 602 | B |
| 15. | Jisse Lousma | Wvz | 200701493 | | 25.84 | 26.46 | 596 | B |
| 16. | Joshua Agussalim | Wvz | 200600153 | | 25.05 | 26.58 | 588 | B |
| 17. | Pepijn van Egmond | Wvz | 200402309 | | 26.24 | 26.61 | 586 | R |
| 18. | Lucas Bemmer | De Duinkickers | 200700219 | | 27.32 | 26.71 | 579 | R |
| 19. | Jones Chuang | Psv | 200801173 | | 25.90 | 26.81 | 573 | |
| 20. | Saviël Armand | Acz | 200204461 | | 27.32 | 26.86 | 569 | |
| 21. | Tiede Groener | De Dinkel | 200700155 | | 25.99 | 26.88 | 568 | |
| 22. | Marnix Rietveld | ZV Haerlem | 200700939 | | 26.83 | 26.89 | 568 | |
| 23. | Q. Brouwer von Gonzenbe | TriVia | 200700001 | | 25.96 | 26.91 | 566 | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 17, Heren, 50m vlinderslag, Voorronde, Junioren 1 en ouder

| Rang | | | In.tijd | Tijd | Pnt | RT |
|------|--------------------------|------------------------|-----------|-------|--------------|-----|
| 24. | Giulian Janssen | Psv | 200900125 | 27.52 | 27.09 | 555 |
| 25. | Coenraad Floris Stork | G.S.Z.V. De Golfbreker | 200305075 | 29.37 | 27.14 | 552 |
| 26. | Jip Bakker | Dz&Pc | 200600287 | 27.91 | 27.16 | 551 |
| 27. | Alberto Gusi | G.S.Z.V. De Golfbreker | 200305113 | 26.54 | 27.19 | 549 |
| 28. | Yarno van Dam | Acz | 200800115 | 27.17 | 27.25 | 545 |
| 29. | Thomas Boer | ZC Polaris | 200600769 | 27.13 | 27.37 | 538 |
| 30. | Damir Mustafic | Dz&Pc | 200800885 | 27.95 | 27.68 | 520 |
| 31. | Thijn Damen | Psv | 200300973 | 26.62 | 27.70 | 519 |
| 32. | Niek Issard | Dz&Pc | 200700037 | 27.96 | 27.71 | 519 |
| 33. | Tim van Rooij | Psv | 200700129 | 26.48 | 27.78 | 515 |
| 34. | Lars Heddemma | Steenwijk 1934 | 200603697 | 27.82 | 27.84 | 511 |
| 35. | Bjorn Rijkaart | Wvz | 200601337 | 26.64 | 27.86 | 510 |
| 36. | Jorian Darwinkel | HZ&PC Heerenveen | 200300565 | 26.91 | 27.87 | 510 |
| 37. | Jetze de Vries | De Vikings | 200602589 | 26.75 | 27.91 | 508 |
| 38. | Robin de Jong | SG. Bolsward-Workum | 200101165 | 27.91 | 27.93 | 506 |
| 39. | Collard Jungeling | Dz&Pc | 200701831 | 27.48 | 28.13 | 496 |
| 40. | Thom de Hoog | Blue Marlins | 200600019 | 27.36 | 28.36 | 484 |
| 41. | Jaydey Schonewille | Steenwijk 1934 | 200800025 | 27.91 | 28.37 | 483 |
| 42. | Jamie Kenworthy | De Dolfijn | 200800045 | 28.16 | 28.54 | 475 |
| 43. | Dennis Mosterman | Dedemsvaart-AC | 200501283 | 30.83 | 28.55 | 474 |
| 44. | Johannes Due Jessen | Haderslev Svømme Klut | 0847AI | 27.31 | 28.56 | 474 |
| 45. | Daniel Critchell | Deltasteur | 200700439 | 28.51 | 28.73 | 465 |
| 46. | Ruben Kommerie | Dz&Pc | 200401105 | 28.72 | 28.82 | 461 |
| 47. | Rely Hoogendijk | Wvz | 200702521 | 27.75 | 28.86 | 459 |
| 48. | Arjan Boogaard | Deltasteur | 200800093 | 28.07 | 28.95 | 455 |
| 49. | Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 28.99 | 28.98 | 453 |
| 50. | Marcelino Gomez Gonzalez | Psv | 200601473 | 28.56 | 29.02 | 451 |
| 51. | Pedro Filipini | De Dolfijn | 200603863 | 28.38 | 29.08 | 449 |
| 52. | Aidan van der Stelt | Blue Marlins | 200900901 | 29.90 | 29.10 | 448 |
| 53. | Lars ten Katen | Batavia Swim | 200600959 | 28.39 | 29.20 | 443 |
| 54. | Frank Scheltens | ZC Polaris | 199903935 | 29.08 | 29.30 | 439 |
| 55. | Tim Boerefijn | Wvz | 200802815 | 29.39 | 29.45 | 432 |
| 56. | Niels Kragt | G.S.Z.V. De Golfbreker | 200300155 | 28.52 | 29.52 | 429 |
| 57. | Floris van der Salm | De Dolfijn | 200700705 | 29.12 | 29.79 | 417 |
| | Tiemen Jonkman | Dz&Pc | 200301193 | 29.89 | 29.79 | 417 |
| 59. | Arie Brussaard | Batavia Swim | 200700781 | 30.39 | 29.86 | 414 |
| 60. | Sem Belmon | Psv | 200702099 | 28.65 | 30.00 | 409 |
| 61. | Jordey Thole | ZPC Hoogeveen | 200700385 | 29.20 | 30.01 | 408 |
| 62. | Jonathan Bos | Haderslev Svømme Klut | 9827AU | 28.30 | 30.03 | 407 |
| | Xander Boets | ZPC de Kanaalstreek | 200800133 | 29.72 | 30.03 | 407 |
| | Martijn Nies | Psv | 200902095 | 28.87 | 30.03 | 407 |
| 65. | Jere Wiersma | Dz&Pc | 200701037 | 29.75 | 30.05 | 407 |
| 66. | Luc Kerpels | ZPC Hoogeveen | 200503015 | 28.78 | 30.10 | 405 |
| 67. | Siem Faber | Batavia Swim | 200900065 | 31.96 | 30.14 | 403 |
| 68. | Aiden Lips | Blue Marlins | 200800951 | 31.66 | 30.32 | 396 |
| 69. | Vito Kuperus | F.Z.C.'54 | 200401389 | 30.26 | 30.34 | 395 |
| 70. | Alexander van der Maaten | Blue Marlins | 200903251 | 30.89 | 30.50 | 389 |
| 71. | Lias IJzerman | Dedemsvaart-AC | 200703145 | 32.36 | 30.59 | 385 |

DZ&PC Spring Swim 2024



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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 17, Heren, 50m vlinderslag, Voorronde, Junioren 1 en ouder

| Rang | | | In.tijd | Tijd | Pnt | RT |
|-------|----------------------|-----------------------|-----------|-------|--------------|-----|
| 72. | Taco Hengstman | ZPC Hoogeveen | 200304601 | 27.10 | 30.61 | 385 |
| 73. | Dirk Hoogeveen | Dedemsvaart-AC | 200702595 | 31.27 | 30.79 | 378 |
| 74. | Hylke de Jong | de Granaet | 200801057 | 32.86 | 30.90 | 374 |
| 75. | Vasco Strampel | Steenwijk 1934 | 200702073 | 29.97 | 30.93 | 373 |
| 76. | Hielke van der Zwaag | Wetterwille | 200701197 | 31.32 | 31.00 | 370 |
| 77. | Twan Wielage | Ksn (Sg) | 200902671 | 32.26 | 31.09 | 367 |
| 78. | Sverre van der Zwaan | Wvz | 200900737 | 31.34 | 31.43 | 355 |
| 79. | Emin Karadeniz | Wvz | 200804047 | 31.54 | 31.49 | 353 |
| 80. | Hidde Bruins Slot | SG. Bolsward-Workum | 200800317 | 32.81 | 31.62 | 349 |
| | Kick Germers | Swol 1894 | 201000185 | 32.22 | 31.62 | 349 |
| 82. | Duco de Gelder | Blue Marlins | 201000217 | 31.83 | 31.94 | 338 |
| 83. | Ramon Vos | ZPC Hoogeveen | 201100051 | 32.51 | 32.09 | 334 |
| 84. | Renzo Steller | Wvz | 200701141 | 30.85 | 32.38 | 325 |
| 85. | Colin Beuker | ZC Polaris | 200802023 | 33.24 | 32.39 | 325 |
| 86. | Luca Gerringa | Batavia Swim | 200700555 | 31.52 | 32.46 | 322 |
| 87. | Twan Huisman | Wvz | 200702207 | 32.72 | 32.63 | 317 |
| 88. | Lars Vos | Ksn (Sg) | 200501327 | 32.74 | 32.64 | 317 |
| 89. | Laurits Holm | Haderslev Svømme Klub | 0627AO | 31.74 | 32.98 | 307 |
| 90. | Juan Cruz Slappendel | F.Z.C.'54 | 200903053 | 32.37 | 32.99 | 307 |
| 91. | Abel op den Velde | De Duinkickers | 201000079 | 33.65 | 33.04 | 306 |
| 92. | Jorn Kroes | Azuro | 200600049 | 31.61 | 33.23 | 301 |
| 93. | Roan van der Stege | Swol 1894 | 200900107 | 31.61 | 33.47 | 294 |
| 94. | Dyon Scholten | Steenwijk 1934 | 200900095 | 33.00 | 33.68 | 289 |
| 95. | Dax van den Nouland | Blue Marlins | 201000071 | 33.99 | 33.86 | 284 |
| 96. | Pieter Dekker | Neptunia '24 | 200601105 | 35.83 | 34.23 | 275 |
| 97. | Robin Mintjes | HZ&PC Heerenveen | 201000957 | 34.80 | 34.53 | 268 |
| 98. | Kasper Lubbers | Orca Leeuwarden | 201100025 | 34.44 | 34.78 | 262 |
| 99. | Sven Mulder | Wvz | 200901655 | 34.52 | 34.90 | 259 |
| 100. | Vince van Dam | Acz | 201000405 | 35.79 | 35.01 | 257 |
| 101. | Maico Langhout | F.Z.C.'54 | 200202215 | 35.15 | 35.86 | 239 |
| 102. | Leroy Maring | ZPC de Kanaalstreek | 201100307 | 35.74 | 36.22 | 232 |
| 103. | Milan Bottenberg | Deltasteur | 200900153 | 36.03 | 36.27 | 231 |
| 104. | Douwe Enzerink | Deltasteur | 201102657 | 34.13 | 36.28 | 231 |
| 105. | Stan Rothschild | ZC Borger | 201000353 | 36.40 | 36.65 | 224 |
| 106. | Daan Mulder | Ksn (Sg) | 201100267 | 36.06 | 37.26 | 213 |
| 107. | Luca Karsten Schüler | HZ&PC Heerenveen | 201101451 | 38.69 | 37.54 | 208 |
| 108. | Rinze Bruins Slot | SG. Bolsward-Workum | 201100335 | 37.20 | 38.09 | 199 |
| 109. | Erik School | Deltasteur | 201100139 | 36.92 | 38.41 | 194 |
| 110. | Manuel Dorgelo | Deltasteur | 201100137 | 41.74 | 40.53 | 165 |
| 111. | Rory Costello | De Dolfijn | 201102755 | 44.31 | 44.08 | 128 |
| AFGEM | Bram Loots | Kzc | 200700197 | 26.36 | | |

DZ&PC Spring Swim 2024

Programmanr. 18
2-3-2024 - 13:10

Dames, 200m wisselslag
Spring Swim record: Serena Stel 2:22.04

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------------|------------------|-------|-------|-------|-------|---------|----------------|-----|----|
| 1. | Mare Schallenberg | Acz | | | | | 2:19.06 | 2:19.17 | 744 | Q |
| | <i>*Spring swim record</i> | | | | | | | | | |
| | 50m: | 30.18 | 100m: | 35.85 | 150m: | 40.87 | 200m: | 32.27 | | |
| 2. | Elise Tanis | De Dolfijn | | | | | 2:13.63 | 2:21.08 | 714 | Q |
| | 50m: | 28.94 | 100m: | 35.85 | 150m: | 43.42 | 200m: | 32.87 | | |
| 3. | Kirsten Verhalle | Psv | | | | | 2:15.34 | 2:21.96 | 701 | Q |
| | 50m: | 30.21 | 100m: | 36.81 | 150m: | 41.34 | 200m: | 33.60 | | |
| 4. | Merel Schravendijk | Blue Marlins | | | | | 2:15.90 | 2:23.64 | 676 | Q |
| | 50m: | 30.77 | 100m: | 38.56 | 150m: | 41.03 | 200m: | 33.28 | | |
| 5. | Dachen Haaijer | ZPC Hoogeveen | | | | | 2:17.99 | 2:24.69 | 662 | Q |
| | 50m: | 31.82 | 100m: | 36.35 | 150m: | 42.61 | 200m: | 33.91 | | |
| 6. | Nikita van den Ouden | Psv | | | | | 2:17.44 | 2:25.02 | 657 | Q |
| | 50m: | 30.04 | 100m: | 36.99 | 150m: | 43.02 | 200m: | 34.97 | | |
| 7. | Hedwig Bolt | HZ&PC Heerenveen | | | | | 2:24.70 | 2:26.12 | 643 | Q |
| | 50m: | 30.97 | 100m: | 38.65 | 150m: | 43.03 | 200m: | 33.47 | | |
| 8. | Jinth Engelse | Niemo Barracuda | | | | | 2:24.92 | 2:27.85 | 620 | Q |
| | 50m: | 30.34 | 100m: | 37.57 | 150m: | 45.11 | 200m: | 34.83 | | |
| 9. | Lynn Blommers | Blue Marlins | | | | | 2:17.85 | 2:28.08 | 617 | R |
| | 50m: | 31.47 | 100m: | 40.17 | 150m: | 42.42 | 200m: | 34.02 | | |
| 10. | Fay Boxum | Dz&Pc | | | | | 2:28.01 | 2:28.14 | 617 | R |
| | 50m: | 32.10 | 100m: | 36.95 | 150m: | 44.23 | 200m: | 34.86 | | |
| 11. | Laura van Etten | HZ&PC Heerenveen | | | | | 2:28.59 | 2:28.30 | 615 | |
| | 50m: | 31.67 | 100m: | 38.35 | 150m: | 45.30 | 200m: | 32.98 | | |
| 12. | Frouke Ludwig | Dz&Pc | | | | | 2:25.49 | 2:28.87 | 608 | |
| | 50m: | 30.79 | 100m: | 36.83 | 150m: | 46.26 | 200m: | 34.99 | | |
| 13. | Evy Rozeboom | Daw | | | | | 2:23.27 | 2:29.32 | 602 | |
| | 50m: | 29.82 | 100m: | 39.70 | 150m: | 46.42 | 200m: | 33.38 | | |
| 14. | Esmee Mulder | Dz&Pc | | | | | 2:29.04 | 2:30.35 | 590 | |
| | 50m: | 31.70 | 100m: | 37.59 | 150m: | 45.32 | 200m: | 35.74 | | |
| 15. | Rafaela Mulders | De Reuring | | | | | 2:30.35 | 2:31.21 | 580 | |
| | 50m: | 31.54 | 100m: | 40.46 | 150m: | 43.88 | 200m: | 35.33 | | |
| 16. | Maaïke Issard | Dz&Pc | | | | | 2:29.02 | 2:34.07 | 548 | |
| | 50m: | 32.05 | 100m: | 39.43 | 150m: | 46.74 | 200m: | 35.85 | | |
| 17. | Luus Gielens | Psv | | | | | 2:25.96 | 2:34.44 | 544 | |
| | 50m: | 32.89 | 100m: | 39.96 | 150m: | 45.41 | 200m: | 36.18 | | |
| 18. | Nieke Dovic | Psv | | | | | 2:28.97 | 2:34.94 | 539 | |
| | 50m: | 34.16 | 100m: | 42.01 | 150m: | 40.56 | 200m: | 38.21 | | |
| 19. | Amber Kunst | Daw | | | | | 2:28.91 | 2:35.15 | 537 | |
| | 50m: | 33.66 | 100m: | 42.48 | 150m: | 44.64 | 200m: | 34.37 | | |

DZ&PC Spring Swim 2024



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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 18, Dames, 200m wisselslag, Voorronde, Senioren Open

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|-----------------|-------------|-------------|---------|----------------|-----|----|
| 20. | Anna Beck | Blue Marlins | 200605282 | | 2:35.62 | 2:35.71 | 531 | |
| | 50m: 34.00 | 100m: 40.22 | 150m: 45.49 | 200m: 36.00 | | | | |
| 21. | Marlies Dijsselhof | Dedemsvaart-AC | 200601046 | | 2:38.66 | 2:35.89 | 529 | |
| | 50m: 35.26 | 100m: 39.84 | 150m: 44.71 | 200m: 36.08 | | | | |
| 22. | Elin Brinkhof | De Dolfijn | 200900078 | | 2:31.76 | 2:36.06 | 527 | |
| | 50m: 31.82 | 100m: 42.82 | 150m: 47.16 | 200m: 34.26 | | | | |
| 23. | Emmelien Smelt | ZVZwartsluis | 200800012 | | 2:29.83 | 2:36.22 | 526 | |
| | 50m: 31.32 | 100m: 42.14 | 150m: 46.02 | 200m: 36.74 | | | | |
| 24. | Ilana Gentile | Orca Leeuwarden | 200801558 | | 2:27.54 | 2:36.27 | 525 | |
| | 50m: 32.85 | 100m: 39.96 | 150m: 46.71 | 200m: 36.75 | | | | |
| 25. | Madeleine Bertram | De Dolfijn | 200900516 | | 2:32.59 | 2:37.30 | 515 | |
| | 50m: 33.50 | 100m: 40.06 | 150m: 48.84 | 200m: 34.90 | | | | |
| 26. | Karin Rijkelijkhuisen | Dz&Pc | 199403358 | | 2:31.75 | 2:37.56 | 512 | |
| | 50m: 32.70 | 100m: 42.77 | 150m: 45.04 | 200m: 37.05 | | | | |
| 27. | Yill van Bezouw | Hieronymus | 201100704 | | 2:32.63 | 2:37.81 | 510 | |
| | 50m: 34.37 | 100m: 42.20 | 150m: 46.15 | 200m: 35.09 | | | | |
| 28. | Carla Moreno Palacios | De Dolfijn | 201002302 | | 2:32.27 | 2:38.10 | 507 | |
| | 50m: 34.04 | 100m: 42.08 | 150m: 45.01 | 200m: 36.97 | | | | |
| 29. | Mijke Ouderkerken | Blue Marlins | 200901254 | | 2:33.19 | 2:38.60 | 502 | |
| | 50m: 34.64 | 100m: 41.82 | 150m: 45.88 | 200m: 36.26 | | | | |
| 30. | Liv Heijdra | Wvz | 200800736 | | 2:28.55 | 2:39.11 | 498 | |
| | 50m: 30.89 | 100m: 41.32 | 150m: 47.70 | 200m: 39.20 | | | | |
| 31. | Monica van der Meer | Deltasteur | 200704288 | | 2:33.76 | 2:40.78 | 482 | |
| | 50m: 35.30 | 100m: 42.53 | 150m: 45.34 | 200m: 37.61 | | | | |
| 32. | Sophie van Leent | Blue Marlins | 200800522 | | 2:33.36 | 2:41.87 | 472 | |
| | 50m: 33.61 | 100m: 43.58 | 150m: 47.01 | 200m: 37.67 | | | | |
| 33. | Amber Tiesinga | Dz&Pc | 200600782 | | 2:41.27 | 2:42.60 | 466 | |
| | 50m: 36.40 | 100m: 42.55 | 150m: 45.95 | 200m: 37.70 | | | | |
| 34. | Nynke van der Zee | Orca Leeuwarden | 200700604 | | 2:33.08 | 2:42.77 | 465 | |
| | 50m: 35.08 | 100m: 42.31 | 150m: 47.70 | 200m: 37.68 | | | | |
| 35. | Rixt Rothschild | ZC Borger | 200900026 | | 2:36.26 | 2:42.91 | 463 | |
| | 50m: 35.57 | 100m: 42.18 | 150m: 46.49 | 200m: 38.67 | | | | |
| 36. | Lise Kleinbekman | Dz&Pc | 200502870 | | 2:45.97 | 2:43.11 | 462 | |
| | 50m: 35.83 | 100m: 45.32 | 150m: 44.40 | 200m: 37.56 | | | | |
| 37. | Fleur van den Eijk | Blue Marlins | 200900304 | | 2:35.47 | 2:43.18 | 461 | |
| | 50m: 34.59 | 100m: 43.00 | 150m: 47.63 | 200m: 37.96 | | | | |
| 38. | Inger van Oord | De Dolfijn | 200703912 | | 2:36.58 | 2:43.53 | 458 | |
| | 50m: 33.87 | 100m: 45.21 | 150m: 46.23 | 200m: 38.22 | | | | |
| 39. | Julia Dabrowska | Blue Marlins | 201000300 | | 2:35.44 | 2:44.43 | 451 | |
| | 50m: 32.84 | 100m: 40.56 | 150m: 51.30 | 200m: 39.73 | | | | |
| 40. | Indy Feenema | Orca Leeuwarden | 201000850 | | 2:45.21 | 2:45.57 | 441 | |
| | 50m: 36.22 | 100m: 39.39 | 150m: 50.80 | 200m: 39.16 | | | | |

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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 18, Dames, 200m wisselslag, Voorronde, Senioren Open

| Rang | | | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|------------------|-------------|-------------|--|---------|----------------|-----|----|
| 41. | Esmee van Peer | TriVia | 200201114 | | | 2:34.91 | 2:46.91 | 431 | |
| | 50m: 34.47 | 100m: 45.03 | 150m: 48.81 | 200m: 38.60 | | | | | |
| 42. | Minke Oliva Bouman | Blue Marlins | 201100104 | | | 2:46.57 | 2:47.25 | 428 | |
| | 50m: 36.37 | 100m: 44.26 | 150m: 46.66 | 200m: 39.96 | | | | | |
| 43. | Lola Verheijen | Psv | 201100832 | | | 2:37.01 | 2:47.37 | 427 | |
| | <i>*back-up tijd</i> | | | | | | | | |
| | 50m: 34.54 | 100m: 45.17 | 150m: 51.49 | 200m: 36.17 | | | | | |
| 44. | Anna Strang van Hees | De Duinkikkers | 200902566 | | | 2:44.16 | 2:47.38 | 427 | |
| | 50m: 37.40 | 100m: 43.33 | 150m: 48.35 | 200m: 38.30 | | | | | |
| 45. | Nikita Snoeren | Wvz | 200600342 | | | 2:36.04 | 2:48.80 | 417 | |
| | 50m: 33.72 | 100m: 45.03 | 150m: 50.66 | 200m: 39.39 | | | | | |
| 46. | Robin Meide van der | ZC Polaris | 200601778 | | | 2:50.15 | 2:49.50 | 411 | |
| | 50m: 35.16 | 100m: 44.31 | 150m: 51.36 | 200m: 38.67 | | | | | |
| 47. | Sanne Mulder | Wvz | 200900280 | | | 2:46.25 | 2:49.58 | 411 | |
| | 50m: 35.27 | 100m: 45.15 | 150m: 48.85 | 200m: 40.31 | | | | | |
| 48. | Meike van der Klugt | Wvz | 201100808 | | | 2:49.38 | 2:49.79 | 409 | |
| | 50m: 41.31 | 100m: 42.40 | 150m: 45.54 | 200m: 40.54 | | | | | |
| 49. | Milou Geneuglijk | HZ&PC Heerenveen | 200900556 | | | 2:47.57 | 2:49.98 | 408 | |
| | 50m: 35.37 | 100m: 42.55 | 150m: 52.95 | 200m: 39.11 | | | | | |
| 50. | Annelie Batenburg | Psv | 201001962 | | | 2:39.74 | 2:50.36 | 405 | |
| | 50m: 34.92 | 100m: 48.10 | 150m: 45.99 | 200m: 41.35 | | | | | |
| 51. | Femke ter Horst | ZPC Hoogeveen | 201000108 | | | 2:44.57 | 2:50.38 | 405 | |
| | 50m: 36.58 | 100m: 45.15 | 150m: 52.12 | 200m: 36.53 | | | | | |
| 52. | Aniek Vuist | Steenwijk 1934 | 200600958 | | | 2:43.31 | 2:50.40 | 405 | |
| | 50m: 34.96 | 100m: 46.44 | 150m: 50.44 | 200m: 38.56 | | | | | |
| 53. | Isa Kerpels | ZPC Hoogeveen | 200800880 | | | 2:40.05 | 2:50.84 | 402 | |
| | 50m: 40.64 | 100m: 45.12 | 150m: 47.97 | 200m: 37.11 | | | | | |
| 54. | Milou Filemon | Blue Marlins | 201100078 | | | 2:39.64 | 2:51.11 | 400 | |
| | 50m: 38.91 | 100m: 43.56 | 150m: 51.84 | 200m: 36.80 | | | | | |
| 55. | Manou Longayroux | Blue Marlins | 201000580 | | | 2:41.45 | 2:51.16 | 400 | |
| | 50m: 35.84 | 100m: 45.86 | 150m: 51.74 | 200m: 37.72 | | | | | |
| 56. | Luesza Siahajja | ZPC Hoogeveen | 200801316 | | | 2:42.40 | 2:51.77 | 395 | |
| | 50m: 34.90 | 100m: 46.08 | 150m: 50.19 | 200m: 40.60 | | | | | |
| 57. | Noa Spaans | De Dolfijn | 201100222 | | | 2:48.03 | 2:51.89 | 395 | |
| | 50m: 39.50 | 100m: 41.90 | 150m: 52.26 | 200m: 38.23 | | | | | |
| 58. | Melissa de Lang | Swol 1894 | 200001186 | | | 2:40.60 | 2:52.13 | 393 | |
| | 50m: 36.82 | 100m: 45.45 | 150m: 51.08 | 200m: 38.78 | | | | | |
| 59. | Jildou van der Hoek | Dz&Pc | 200801654 | | | 2:52.79 | 2:53.21 | 386 | |
| | 50m: 41.71 | 100m: 44.81 | 150m: 45.76 | 200m: 40.93 | | | | | |
| 60. | Elien Groothuismink | Swol 1894 | 200800920 | | | 2:48.88 | 2:53.29 | 385 | |
| | 50m: 40.36 | 100m: 43.73 | 150m: 51.03 | 200m: 38.17 | | | | | |

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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 18, Dames, 200m wisselslag, Voorronde, Senioren Open

| Rang | | | | | | In.tijd | Tijd | Pnt | RT |
|-------|------------------------|-----------------|-------------|-------------|--|---------|----------------|-----|----|
| 61. | Charlotte van der Meer | Deltasteur | 200704478 | | | 2:47.93 | 2:53.30 | 385 | |
| | 50m: 38.77 | 100m: 45.16 | 150m: 51.10 | 200m: 38.27 | | | | | |
| 62. | Evita Hoornweg | TriVia | 201002046 | | | 2:52.65 | 2:53.97 | 381 | |
| | 50m: 37.71 | 100m: 48.66 | 150m: 48.26 | 200m: 39.34 | | | | | |
| 63. | Hanna Sampimon | Ksn (Sg) | 200901824 | | | 2:55.59 | 2:54.32 | 378 | |
| | 50m: 39.24 | 100m: 44.35 | 150m: 50.54 | 200m: 40.19 | | | | | |
| 64. | Esther Dijsselhof | Dedemsvaart-AC | 200800784 | | | 2:48.92 | 2:54.42 | 378 | |
| | 50m: 37.06 | 100m: 49.61 | 150m: 47.45 | 200m: 40.30 | | | | | |
| 65. | Norell Kroeze | ZC Polaris | 201100378 | | | 2:47.07 | 2:55.23 | 372 | |
| | 50m: 39.08 | 100m: 47.35 | 150m: 50.06 | 200m: 38.74 | | | | | |
| 66. | Femke van der Veen | Orca Leeuwarden | 201100962 | | | 2:55.93 | 2:55.43 | 371 | |
| | <i>*back-up tijd</i> | | | | | | | | |
| | 50m: 39.24 | 100m: 47.20 | 150m: 49.79 | 200m: 39.20 | | | | | |
| 67. | Annefleur Schraa | Swol 1894 | 201100044 | | | 2:56.84 | 2:57.03 | 361 | |
| | 50m: 38.98 | 100m: 46.69 | 150m: 51.55 | 200m: 39.81 | | | | | |
| 68. | Mare Meerman | Orca Leeuwarden | 200804084 | | | 2:56.70 | 2:57.55 | 358 | |
| | 50m: 35.81 | 100m: 43.96 | 150m: 56.16 | 200m: 41.62 | | | | | |
| 69. | Isabel Amelink | Deltasteur | 201100196 | | | 2:45.52 | 2:57.67 | 357 | |
| | 50m: 41.57 | 100m: 45.65 | 150m: 51.79 | 200m: 38.66 | | | | | |
| 70. | Ilse Kramer | TriVia | 200403072 | | | 2:51.53 | 2:59.15 | 348 | |
| | 50m: 38.78 | 100m: 49.10 | 150m: 49.95 | 200m: 41.32 | | | | | |
| 71. | Syll Rinsma | Orca Leeuwarden | 201200798 | | | 2:58.07 | 2:59.41 | 347 | |
| | 50m: 38.51 | 100m: 49.08 | 150m: 49.91 | 200m: 41.91 | | | | | |
| 72. | Kyara Balt | De Vikings | 201100306 | | | 2:59.80 | 3:00.62 | 340 | |
| | 50m: 42.10 | 100m: 45.06 | 150m: 53.26 | 200m: 40.20 | | | | | |
| 73. | Melody Paulussen | De Dolfijn | 201101106 | | | 2:47.35 | 3:01.69 | 334 | |
| | 50m: 37.85 | 100m: 47.91 | 150m: 55.50 | 200m: 40.43 | | | | | |
| 74. | W. van der Heide | Orca Leeuwarden | 201100028 | | | 2:58.63 | 3:01.71 | 334 | |
| | 50m: 45.13 | 100m: 47.25 | 150m: 50.80 | 200m: 38.53 | | | | | |
| 75. | Cynthia Koolman | ZPC Hoogeveen | 200300232 | | | 2:42.73 | 3:03.51 | 324 | |
| | 50m: 44.38 | 100m: 45.18 | 150m: 52.23 | 200m: 41.72 | | | | | |
| 76. | Jessica Dekkinga | Steenwijk 1934 | 200600180 | | | 2:56.28 | 3:07.10 | 306 | |
| | 50m: 44.78 | 100m: 46.37 | 150m: 52.22 | 200m: 43.73 | | | | | |
| 77. | Jente van 't Hul | Deltasteur | 201000186 | | | 2:54.75 | 3:09.68 | 293 | |
| | 50m: 44.15 | 100m: 52.57 | 150m: 53.25 | 200m: 39.71 | | | | | |
| 78. | Lisa Boogaard | Deltasteur | 201100990 | | | 2:57.78 | 3:10.44 | 290 | |
| | 50m: 42.44 | 100m: 52.09 | 150m: 55.52 | 200m: 40.39 | | | | | |
| AFGEM | Jolijn Liezen | Steenwijk 1934 | 200500518 | | | 2:28.36 | | | |
| AFGEM | Tereza Boom | Psv | 200904028 | | | 2:32.22 | | | |

DZ&PC Spring Swim 2024

3 - Spring Swim Sessie 3: Finales

2-3-2024 - 17:00

Programmanr. 1
2-3-2024 - 17:00

Dames, 400m wisselslag
Spring Swim record: Djanilla Brink 4:54.28

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|---|---------|----------------|-----|----|
| 1. Nikita van den Ouden Psv 199900622 | 5:06.88 | 5:02.53 | 682 | |
| 50m: 31.36 150m: 40.54 250m: 42.43 350m: 34.95 | | | | |
| 100m: 36.16 200m: 39.59 300m: 43.30 400m: 34.20 | | | | |
| 2. Hedwig Bolt HZ&PC Heerenveen 200602660 | 5:03.84 | 5:04.85 | 667 | |
| 50m: 31.38 150m: 39.89 250m: 42.86 350m: 34.73 | | | | |
| 100m: 38.54 200m: 39.62 300m: 44.45 400m: 33.38 | | | | |
| 3. Djanilla Brink De Dolfijn 200600988 | 5:06.65 | 5:05.82 | 660 | |
| 50m: 32.56 150m: 41.97 250m: 41.01 350m: 35.16 | | | | |
| 100m: 37.76 200m: 41.49 300m: 42.41 400m: 33.46 | | | | |
| 4. Laura van Etten HZ&PC Heerenveen 200800264 | 5:12.60 | 5:10.82 | 629 | |
| 50m: 32.60 150m: 39.48 250m: 46.27 350m: 35.36 | | | | |
| 100m: 38.80 200m: 38.10 300m: 45.93 400m: 34.28 | | | | |
| 5. Merel Schravendijk Blue Marlins 200503382 | 5:06.62 | 5:12.28 | 620 | |
| 50m: 32.62 150m: 42.08 250m: 42.68 350m: 35.41 | | | | |
| 100m: 38.52 200m: 41.38 300m: 44.18 400m: 35.41 | | | | |
| 6. Frouke Ludwig Dz&Pc 200800112 | 5:10.45 | 5:16.95 | 593 | |
| 50m: 32.57 150m: 39.25 250m: 47.47 350m: 37.03 | | | | |
| 100m: 37.03 200m: 38.95 300m: 48.47 400m: 36.18 | | | | |
| 7. Fay Boxum Dz&Pc 200900060 | 5:12.60 | 5:17.16 | 592 | |
| 50m: 33.36 150m: 39.93 250m: 44.93 350m: 36.79 | | | | |
| 100m: 40.16 200m: 39.58 300m: 46.51 400m: 35.90 | | | | |
| 8. Luus Gielens Psv 200900138 | 5:28.84 | 5:23.24 | 559 | |
| 50m: 34.15 150m: 43.12 250m: 46.30 350m: 36.95 | | | | |
| 100m: 40.55 200m: 39.75 300m: 46.12 400m: 36.30 | | | | |

Programmanr. 4
2-3-2024 - 17:07

Heren, 400m wisselslag
Spring Swim record: Thomas Jansen: 4:20.75

Junioren 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|--|---------|----------------|-----|----|
| 1. Thomas Jansen Team NL - WVZ 200100143 | 4:20.75 | 4:20.54 | 819 | |
| <i>*Spring swim record</i> | | | | |
| 50m: 27.04 150m: 34.48 250m: 36.26 350m: 30.47 | | | | |
| 100m: 31.56 200m: 33.51 300m: 37.56 400m: 29.66 | | | | |
| 2. S. De Freitas Steverink Psv 200404481 | 4:29.98 | 4:26.57 | 765 | |
| 50m: 27.85 150m: 35.74 250m: 37.56 350m: 30.58 | | | | |
| 100m: 31.88 200m: 35.21 300m: 38.24 400m: 29.51 | | | | |
| 3. Yanieck Weijland Team NL - Blue Marlins 200500329 | 4:31.35 | 4:33.52 | 708 | |
| 50m: 29.49 150m: 37.16 250m: 37.62 350m: 31.15 | | | | |
| 100m: 34.08 200m: 36.82 300m: 37.45 400m: 29.75 | | | | |

DZ&PC Spring Swim 2024



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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 4, Heren, 400m wisselslag, Finale, Junioren 1 en ouder

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------|------------------|-------------|-------------|---------|----------------|-----|----|
| 4. | Wytse Broekstra | De Vikings | 200800121 | | 4:41.10 | 4:43.29 | 637 | |
| | 50m: 30.32 | 150m: 37.15 | 250m: 39.25 | 350m: 33.69 | | | | |
| | 100m: 36.13 | 200m: 35.71 | 300m: 39.50 | 400m: 31.54 | | | | |
| 5. | Wouter Zijlstra | HZ&PC Heerenveen | 200401545 | | 4:41.16 | 4:44.59 | 629 | |
| | 50m: 29.68 | 150m: 36.99 | 250m: 39.73 | 350m: 32.48 | | | | |
| | 100m: 35.68 | 200m: 37.10 | 300m: 40.97 | 400m: 31.96 | | | | |
| 6. | Sven Koonstra | De Vikings | 200900189 | | 4:52.75 | 4:49.54 | 597 | |
| | 50m: 30.91 | 150m: 39.30 | 250m: 38.55 | 350m: 33.66 | | | | |
| | 100m: 37.71 | 200m: 38.04 | 300m: 39.83 | 400m: 31.54 | | | | |
| 7. | Tiede Groener | De Dinkel | 200700155 | | 4:53.17 | 4:50.59 | 590 | |
| | 50m: 29.60 | 150m: 38.16 | 250m: 41.81 | 350m: 34.26 | | | | |
| | 100m: 35.17 | 200m: 36.87 | 300m: 42.77 | 400m: 31.95 | | | | |
| 8. | Storm Tolsma | Zignea | 200600277 | | 4:57.24 | 4:56.68 | 555 | |
| | 50m: 31.10 | 150m: 40.56 | 250m: 39.59 | 350m: 34.77 | | | | |
| | 100m: 36.88 | 200m: 39.53 | 300m: 41.52 | 400m: 32.73 | | | | |

Programmanr. 6
2-3-2024 - 17:14

Dames, 100m vlinderslag
Spring Swim record: Kinge Zandringa 59.82

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|----------|---------------------|------------------|-----------|--|---------|----------------|-----|----|
| Finale A | | | | | | | | |
| 1. | Kinge Zandringa | De Dolfijn | 199801422 | | 1:01.32 | 1:01.20 | 744 | |
| | 50m: 28.12 | 100m: 33.08 | | | | | | |
| 2. | Evy Rozeboom | Daw | 200601338 | | 1:03.95 | 1:03.52 | 666 | |
| | 50m: 30.16 | 100m: 33.36 | | | | | | |
| 3. | Kirsten Verhalle | Psv | 200400210 | | 1:04.28 | 1:03.74 | 659 | |
| | 50m: 29.54 | 100m: 34.20 | | | | | | |
| 4. | Anna van Droffelaar | Team NL - PSV | 200400258 | | 1:05.57 | 1:04.94 | 623 | |
| | 50m: 30.15 | 100m: 34.79 | | | | | | |
| 5. | Frouke Ludwig | Dz&Pc | 200800112 | | 1:06.31 | 1:07.20 | 562 | |
| | 50m: 31.37 | 100m: 35.83 | | | | | | |
| 6. | Maaïke Issard | Dz&Pc | 200300022 | | 1:06.54 | 1:07.99 | 543 | |
| | 50m: 31.62 | 100m: 36.37 | | | | | | |
| 7. | Laura van Etten | HZ&PC Heerenveen | 200800264 | | 1:07.55 | 1:08.76 | 525 | |
| | 50m: 31.93 | 100m: 36.83 | | | | | | |
| 8. | Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | | 1:08.45 | 1:08.97 | 520 | |
| | 50m: 32.59 | 100m: 36.38 | | | | | | |
| Finale B | | | | | | | | |
| 9. | Rinske Bouman | Blue Marlins | 200400578 | | 1:10.76 | 1:07.65 | 551 | |
| | 50m: 31.79 | 100m: 35.86 | | | | | | |
| 10. | Evy van Laarhoven | Psv | 200500712 | | 1:09.31 | 1:08.06 | 541 | |
| | 50m: 31.48 | 100m: 36.58 | | | | | | |

DZ&PC Spring Swim 2024



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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 6, Dames, 100m vlinderslag, Finale, Senioren Open

| Rang | In.tijd | Tijd | Pnt | RT |
|--|-----------------------------|---------|----------------|-----|
| 11. Sille Holm-Nissen 50m: 31.88 100m: 36.78 | Haderslev Svømme Klud0738AV | 1:09.46 | 1:08.66 | 527 |
| 12. Tess Vonk 50m: 32.15 100m: 36.52 | De Geul 200900024 | 1:08.68 | 1:08.67 | 527 |
| 13. Esmee Mulder 50m: 32.00 100m: 37.10 | Dz&Pc 200800038 | 1:10.00 | 1:09.10 | 517 |
| 14. Luca Ebbinge 50m: 31.55 100m: 37.62 | Dz&Pc 199802406 | 1:10.76 | 1:09.17 | 516 |
| 15. Michelle Zomerdijk 50m: 32.52 100m: 37.79 | Dedemsvaart-AC 200003196 | 1:10.09 | 1:10.31 | 491 |
| 16. Elin Brinkhof 50m: 33.28 100m: 37.83 | De Dolfijn 200900078 | 1:09.40 | 1:11.11 | 474 |

Programmanr. 7
2-3-2024 - 17:20

Heren, 100m rugslag
Spring Swim record: Niels Dijkshoorn 57.07

Junioren 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|--|---------------------------------|---------|----------------|-----------|
| Finale A | | | | |
| 1. Niels Dijkshoorn *Spring Swim record 50m: 27.94 100m: 29.11 | Team NL - PSV 200203079 | 57.07 | 57.05 | 739 +0,68 |
| 2. Jay de Vries 50m: 28.26 100m: 29.73 | Team NL - Blue Marlins200400669 | 57.67 | 57.99 | 704 +0,63 |
| 3. Domingo Kuipers 50m: 28.49 100m: 30.27 | Dz&Pc 200501787 | 58.84 | 58.76 | 677 +0,68 |
| 4. Lars Minnaert 50m: 28.32 100m: 30.56 | Psv 200502355 | 59.03 | 58.88 | 673 +0,57 |
| 5. Luuk van Rooij 50m: 28.53 100m: 30.89 | Psv 200400581 | 59.03 | 59.42 | 654 +0,74 |
| 6. Daan Sonneveld 50m: 28.46 100m: 31.66 | Wvz 200601085 | 58.51 | 1:00.12 | 632 +0,65 |
| 7. Nikodim Markovic 50m: 29.15 100m: 31.14 | Blue Marlins 200700255 | 1:00.61 | 1:00.29 | 626 +0,68 |
| 8. Olivier van de Voort 50m: 28.87 100m: 31.44 | De Dolfijn 199703035 S10 | 1:00.34 | 1:00.31 | 626 +0,78 |
| Finale B | | | | |
| 9. Sven Klink 50m: 29.79 100m: 30.68 | Swol 1894 200500349 | 1:00.77 | 1:00.47 | 621 +0,74 |
| 10. Jisse Lousma 50m: 30.34 100m: 31.22 | Wvz 200701493 | 1:01.44 | 1:01.56 | 588 +0,61 |

DZ&PC Spring Swim 2024



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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 7, Heren, 100m rugslag, Finale, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|----------------|-----------|---------|----------------|-----|-------|
| 11. | Tieme Wiersma | Dz&Pc | 200701031 | 1:02.71 | 1:02.65 | 558 | +0,60 |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 30.79 | 100m: 31.86 | | | | | |
| 12. | Colin Bes | ZC Polaris | 200500201 | 1:02.09 | 1:02.66 | 558 | +0,59 |
| | 50m: 30.76 | 100m: 31.90 | | | | | |
| 13. | Niek Issard | Dz&Pc | 200700037 | 1:02.20 | 1:02.70 | 557 | +0,74 |
| | 50m: 29.68 | 100m: 33.02 | | | | | |
| 14. | Jaydey Schonewille | Steenwijk 1934 | 200800025 | 1:02.35 | 1:02.81 | 554 | +0,74 |
| | 50m: 30.78 | 100m: 32.03 | | | | | |
| 15. | Luca Boorsma | De Dolfijn | 200902031 | 1:02.41 | 1:03.19 | 544 | +0,62 |
| | 50m: 30.03 | 100m: 33.16 | | | | | |
| 16. | Lars ten Katen | Batavia Swim | 200600959 | 1:03.56 | 1:03.45 | 537 | +0,70 |
| | 50m: 30.49 | 100m: 32.96 | | | | | |

Programmanr. 8
2-3-2024 - 17:26

Dames, 50m vrije slag
Spring Swim record: Kim Busch 25.27

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|----------|----------------------|-----------------------|-----------|---------|--------------|-----|----|
| Finale A | | | | | | | |
| 1. | Valerie van Roon | De Dolfijn | 199802326 | 25.46 | 25.38 | 811 | |
| 2. | Sam van Nunen | Team NL - PSV | 200100036 | 25.68 | 25.64 | 786 | |
| 3. | Megan Jonkman | Blue Marlins | 200600508 | 26.02 | 26.19 | 738 | |
| 4. | Anne Thastrup-Hansen | Haderslev Svømme Klut | 0688AV | 26.24 | 26.34 | 725 | |
| 5. | Sara Korhuis | Dz&Pc | 200600494 | 26.27 | 26.44 | 717 | |
| 6. | Yara van Kalmthout | Team NL - PSV | 200200984 | 26.51 | 26.76 | 692 | |
| 7. | Mare Schallenberg | Acz | 200600078 | 26.78 | 26.84 | 685 | |
| 8. | Angelina Rolman | Team NL - De Dolfijn | 200701972 | 26.42 | 26.89 | 682 | |
| Finale B | | | | | | | |
| 9. | Ilse Rozema | Blue Marlins | 200803318 | 27.69 | 27.66 | 626 | |
| 10. | Lynn Blommers | Blue Marlins | 200105062 | 27.74 | 27.75 | 620 | |
| 11. | Tess Bemer | De Duinkickers | 200600450 | 27.86 | 27.89 | 611 | |
| 12. | Dionne Salomons | ZC Borger | 200200504 | 27.65 | 28.05 | 600 | |
| 13. | Floor Hogervorst | Blue Marlins | 200701400 | 27.98 | 28.11 | 597 | |
| 14. | Anja Kisielewicz | Haderslev Svømme Klut | 0714AX | 28.14 | 28.13 | 595 | |
| 15. | Phaedra Meijer | Blue Marlins | 200405834 | 27.97 | 28.22 | 590 | |
| 16. | Thalia Meijer | Blue Marlins | 200704048 | 28.22 | 28.30 | 585 | |

DZ&PC Spring Swim 2024

Programmanr. 9
2-3-2024 - 17:30

Heren, 50m schoolslag
Spring Swim record: Koen de Groot 28:48

Junioren 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | | | In.tijd | Tijd | Pnt | RT |
|-----------------|----------------------------|------------------------|-----------|-------|--------------|-----|
| Finale A | | | | | | |
| 1. | Koen de Groot | Team NL - PSV | 200401059 | 28.48 | 28.26 | 774 |
| | <i>*Spring Swim record</i> | | | | | |
| 2. | Jason van den Berg | Blue Marlins | 200400009 | 28.57 | 28.56 | 750 |
| 3. | River Streefland | Blue Marlins | 200502253 | 28.89 | 29.14 | 706 |
| 4. | Brandon van den Berg | Team NL - Blue Marlins | 200200669 | 29.16 | 29.41 | 686 |
| 5. | Rick Bulman | Blue Marlins | 200101899 | 29.13 | 29.50 | 680 |
| 6. | Luca Janssen | Team NL - PSV | 200403237 | 29.39 | 29.66 | 669 |
| 7. | Lars Verhalle | Psv | 200200019 | 29.59 | 29.77 | 662 |
| 8. | Matthijs van Meerendonk | Dz&Pc | 199900375 | 30.08 | 30.50 | 615 |
| Finale B | | | | | | |
| 9. | Wytse Broekstra | De Vikings | 200800121 | 30.30 | 30.11 | 640 |
| 10. | Storm Boxum | Dz&Pc | 200700421 | 30.15 | 30.23 | 632 |
| 11. | Roan van der Weide | Blue Marlins | 200601629 | 30.67 | 30.53 | 614 |
| 12. | Jasper Willig | Blue Marlins | 200104757 | 30.38 | 30.61 | 609 |
| 13. | Emiel van Oord | De Dolfijn | 200503707 | 30.22 | 30.64 | 607 |
| 14. | Jelle Betten | Dz&Pc | 200001535 | 31.26 | 30.77 | 599 |
| 15. | Jip Bakker | Dz&Pc | 200600287 | 30.81 | 31.18 | 576 |
| 16. | Q. Brouwer von Gonzenbe | TriVia | 200700001 | 31.14 | 31.79 | 543 |

Programmanr. 10
2-3-2024 - 17:34

Dames, 200m rugslag
Spring Swim record: Jinh Engelse 2.17.80

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------------|------------------|-------------|-------------|----------------|-----|-------|
| 1. | Jinh Engelse | Niemo Barracuda | 200800204 | 2:17.80 | 2:14.83 | 765 | +0,67 |
| | <i>*Spring Swim record</i> | | | | | | |
| | 50m: 31.62 | 100m: 34.48 | 150m: 34.73 | 200m: 34.00 | | | |
| 2. | Sara Korthuis | Dz&Pc | 200600494 | 2:18.63 | 2:21.26 | 665 | +0,82 |
| | <i>*back-up tijd</i> | | | | | | |
| | 50m: 32.73 | 100m: 35.85 | 150m: 36.49 | 200m: 36.19 | | | |
| 3. | Carolina Cermelli | De Dolfijn | 200106390 | 2:22.31 | 2:21.82 | 657 | +0,62 |
| | 50m: 34.09 | 100m: 36.29 | 150m: 36.70 | 200m: 34.74 | | | |
| 4. | Dachen Haaijjer | ZPC Hoogeveen | 200800380 | 2:21.40 | 2:22.46 | 649 | +0,68 |
| | 50m: 33.57 | 100m: 36.33 | 150m: 36.79 | 200m: 35.77 | | | |
| 5. | Eefje Irvine | De Dolfijn | 200700164 | 2:22.35 | 2:23.26 | 638 | +0,67 |
| | 50m: 32.73 | 100m: 36.52 | 150m: 36.92 | 200m: 37.09 | | | |
| 6. | Laura van Etten | HZ&PC Heerenveen | 200800264 | 2:22.01 | 2:26.23 | 600 | +0,79 |
| | 50m: 34.21 | 100m: 37.79 | 150m: 36.78 | 200m: 37.45 | | | |
| 7. | Frouke Ludwig | Dz&Pc | 200800112 | 2:23.74 | 2:26.54 | 596 | +0,61 |
| | 50m: 34.98 | 100m: 36.78 | 150m: 37.73 | 200m: 37.05 | | | |

DZ&PC Spring Swim 2024

Programmanr. 10, Dames, 200m rugslag, Finale, Senioren Open

| Rang | In.tijd | Tijd | Pnt | RT |
|--|---------|----------------|-----|-------|
| 8. Malin Roozeboom Wvz 201100006 | 2:29.13 | 2:28.32 | 575 | +0,82 |
| 50m: 33.85 100m: 38.86 150m: 38.83 200m: 36.78 | | | | |

Programmanr. 11
2-3-2024 - 17:39

Heren, 200m vlinderslag
Spring Swim record: Thomas Jansen 2:01.31

Junioren 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|--|---------|----------------|-----|----|
| 1. Tiago Fonseca Gomes Psv 200703587 <i>*Back-up tijd</i> | 2:06.53 | 2:06.35 | 665 | |
| 50m: 28.02 100m: 33.10 150m: 31.98 200m: 33.25 | | | | |
| 2. Yanieck Weijland Team NL - Blue Marlins 200500329 | 2:09.75 | 2:08.79 | 628 | |
| 50m: 29.15 100m: 32.85 150m: 33.20 200m: 33.59 | | | | |
| 3. Sven Klink Swol 1894 200500349 | 2:12.04 | 2:10.41 | 605 | |
| 50m: 28.76 100m: 33.32 150m: 34.00 200m: 34.33 | | | | |
| 4. Xiaoyu Yin Blue Marlins 200803363 | 2:15.79 | 2:10.71 | 601 | |
| 50m: 29.07 100m: 33.31 150m: 33.97 200m: 34.36 | | | | |
| 5. Marlon Borger Psv 200404817 | 2:14.37 | 2:14.65 | 550 | |
| 50m: 29.59 100m: 35.44 150m: 35.40 200m: 34.22 | | | | |
| 6. Lars Bulman Blue Marlins 200600125 | 2:17.36 | 2:16.09 | 532 | |
| 50m: 30.36 100m: 35.60 150m: 35.60 200m: 34.53 | | | | |
| 7. Denzel Barthen Wvz 200700147 | 2:18.86 | 2:20.84 | 480 | |
| 50m: 30.90 100m: 35.50 150m: 37.49 200m: 36.95 | | | | |
| 8. Johannes Due Jessen Haderslev Svømme Klub 0847AI | 2:19.47 | 2:21.28 | 476 | |
| 50m: 31.86 100m: 36.15 150m: 35.64 200m: 37.63 | | | | |

Programmanr. 5
2-3-2024 - 17:45

Heren, 400m vrije slag
Spring Swim record: Stephan De Freitas Steverinck:

Junioren 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|---|---------|----------------|-----|----|
| 1. S. De Freitas Steverink Psv 200404481 | 3:58.65 | 3:59.39 | 776 | |
| 50m: 27.03 150m: 30.15 250m: 30.76 350m: 30.72 100m: 29.64 200m: 30.35 300m: 30.78 400m: 29.96 | | | | |
| 2. Bart Sommeling De Dolfijn 199800765 | 4:03.98 | 4:04.09 | 732 | |
| 50m: 27.07 150m: 31.18 250m: 31.13 350m: 31.71 100m: 30.11 200m: 31.24 300m: 31.93 400m: 29.72 | | | | |
| 3. Merlin Belmon Team NL - PSV 200403191 | 4:05.32 | 4:05.36 | 721 | |
| 50m: 27.82 150m: 31.08 250m: 31.50 350m: 31.72 100m: 30.46 200m: 31.44 300m: 31.29 400m: 30.05 | | | | |
| 4. Tieme Wiersma Dz&Pc 200701031 | 4:11.22 | 4:10.26 | 679 | |
| 50m: 28.33 150m: 31.57 250m: 32.09 350m: 31.77 100m: 30.96 200m: 32.37 300m: 32.56 400m: 30.61 | | | | |

DZ&PC Spring Swim 2024



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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 5, Heren, 400m vrije slag, Finale, Junioren 1 en ouder

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------|---------------|-------------|-------------|---------|----------------|-----|----|
| 5. | Olivier Wilbers | ZPC Hoogeveen | 200600181 | | 4:13.94 | 4:13.85 | 651 | |
| | 50m: 29.98 | 150m: 32.21 | 250m: 32.57 | 350m: 32.22 | | | | |
| | 100m: 31.46 | 200m: 32.14 | 300m: 32.37 | 400m: 30.90 | | | | |
| 6. | Tim van Erven | Dz&Pc | 200700175 | | 4:19.22 | 4:19.53 | 609 | |
| | 50m: 28.79 | 150m: 32.89 | 250m: 33.34 | 350m: 33.45 | | | | |
| | 100m: 31.93 | 200m: 33.81 | 300m: 33.44 | 400m: 31.88 | | | | |
| 7. | Lucas van Rooij | Psv | 200603943 | | 4:17.12 | 4:20.95 | 599 | |
| | 50m: 30.08 | 150m: 33.26 | 250m: 33.43 | 350m: 33.26 | | | | |
| | 100m: 32.27 | 200m: 33.43 | 300m: 33.24 | 400m: 31.98 | | | | |
| 8. | Thijn Damen | Psv | 200300973 | | 4:15.11 | 4:30.27 | 539 | |
| | 50m: 28.41 | 150m: 32.51 | 250m: 35.36 | 350m: 35.82 | | | | |
| | 100m: 32.24 | 200m: 34.64 | 300m: 36.18 | 400m: 35.11 | | | | |

Programmanr. 12
2-3-2024 - 18:15

Dames, 50m rugslag
Spring Swim record: Maaïke de Waard 28.23

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|----------|--------------------|------------------|-----------|--|---------|--------------|-----|-------|
| Finale A | | | | | | | | |
| 1. | Jinth Engelse | Niemo Barracuda | 200800204 | | 29.28 | 29.51 | 764 | +0,63 |
| 2. | Sara Korthuis | Dz&Pc | 200600494 | | 30.20 | 30.35 | 702 | +0,83 |
| 3. | Eefje Irvine | De Dolfijn | 200700164 | | 31.10 | 30.91 | 665 | +0,61 |
| 4. | Carolina Cermelli | De Dolfijn | 200106390 | | 30.91 | 30.93 | 663 | +0,61 |
| 5. | Malin Roozeboom | Wvz | 201100006 | | 31.51 | 31.28 | 641 | +0,78 |
| 6. | Fay Boxum | Dz&Pc | 200900060 | | 31.36 | 31.42 | 633 | +0,69 |
| 7. | Dionne Salomons | ZC Borger | 200200504 | | 31.30 | 31.57 | 624 | +0,70 |
| 8. | Tess Bemer | De Duinkickers | 200600450 | | 31.36 | 32.21 | 587 | +0,69 |
| Finale B | | | | | | | | |
| 9. | Floor Hogervorst | Blue Marlins | 200701400 | | 31.75 | 31.58 | 623 | +0,73 |
| 10. | Fenna Zusterzeel | Psv | 201000008 | | 32.18 | 32.01 | 598 | +0,57 |
| 11. | Maud Roffel | HZ&PC Heerenveen | 200700840 | | 32.11 | 32.28 | 583 | +0,75 |
| 12. | Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | | 31.73 | 32.42 | 576 | +0,66 |
| 13. | Myrthe Natzijl | Dz&Pc | 200400076 | | 32.80 | 32.62 | 565 | +0,78 |
| 14. | Thalia Meijer | Blue Marlins | 200704048 | | 32.45 | 33.21 | 536 | +0,79 |
| | Esmé Sportel | Dedemsvaart-AC | 200900682 | | 33.40 | 33.21 | 536 | +0,73 |
| 16. | Nikita Snoeren | Wvz | 200600342 | | 33.39 | 33.68 | 514 | +0,56 |

DZ&PC Spring Swim 2024

Programmanr. 13
2-3-2024 - 18:19

Heren, 100m vrije slag
Spring Swim record: Kyle Stolk 49.55

Juniores 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|--|------------------------|-----------|-------|------------------|
| Finale A | | | | |
| 1. Michael Smink | Blue Marlins | 200302169 | 51.84 | 51.41 757 |
| 50m: 24.47 | 100m: 26.94 | | | |
| 2. Brandon van den Berg | Team NL - Blue Marlins | 200200669 | 51.75 | 51.88 736 |
| 50m: 25.28 | 100m: 26.60 | | | |
| 3. Luuk van Rooij | Psv | 200400581 | 52.37 | 52.31 718 |
| 50m: 25.42 | 100m: 26.89 | | | |
| 4. Niels Dijkshoorn | Team NL - PSV | 200203079 | 51.95 | 52.35 717 |
| 50m: 25.32 | 100m: 27.03 | | | |
| 5. Lars Verhale | Psv | 200200019 | 52.08 | 52.56 708 |
| 50m: 25.70 | 100m: 26.86 | | | |
| 6. Merlin Belmon | Team NL - PSV | 200403191 | 51.85 | 52.92 694 |
| 50m: 25.92 | 100m: 27.00 | | | |
| 7. Jesse van der A | De Dolfijn | 199905303 | 52.34 | 53.28 680 |
| 50m: 25.36 | 100m: 27.92 | | | |
| 8. Bart Sommeling | De Dolfijn | 199800765 | 52.31 | 53.55 670 |
| 50m: 25.55 | 100m: 28.00 | | | |
| Finale B | | | | |
| 9. Koen de Groot | Team NL - PSV | 200401059 | 52.56 | 52.53 709 |
| 50m: 25.50 | 100m: 27.03 | | | |
| 10. Tiago Fonseca Gomes | Psv | 200703587 | 52.43 | 53.41 675 |
| 50m: 25.88 | 100m: 27.53 | | | |
| 11. Colin Bes | ZC Polaris | 200500201 | 53.18 | 53.43 674 |
| 50m: 25.90 | 100m: 27.53 | | | |
| 12. Nikodim Markovic | Blue Marlins | 200700255 | 53.44 | 54.03 652 |
| 50m: 25.86 | 100m: 28.17 | | | |
| 13. River Streefland | Blue Marlins | 200502253 | 53.71 | 54.38 639 |
| 50m: 26.94 | 100m: 27.44 | | | |
| 14. Thijn Damen | Psv | 200300973 | 53.51 | 54.58 632 |
| 50m: 26.16 | 100m: 28.42 | | | |
| 15. Jip Bakker | Dz&Pc | 200600287 | 54.06 | 54.73 627 |
| 50m: 26.73 | 100m: 28.00 | | | |
| DIS Kaan Sudak | Blue Marlins | 200803733 | 53.60 | |
| <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | | | | |

Programmanr. 14
2-3-2024 - 18:25

Dames, 100m schoolslag
Spring Swim record: Tes Schouten 1.09.61

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|-----------------|-----------------------|----------------|-----------|---------|----------------|-----|----|
| Finale A | | | | | | | |
| 1. | Lynn Blommers | Blue Marlins | 200105062 | 1:13.65 | 1:12.24 | 699 | |
| | 50m: 33.86 | 100m: 38.38 | | | | | |
| 2. | Nina Zusterzeel | Psv | 200800656 | 1:12.74 | 1:12.32 | 697 | |
| | 50m: 34.43 | 100m: 37.89 | | | | | |
| 3. | Djanilla Brink | De Dolfijn | 200600988 | 1:14.25 | 1:14.75 | 631 | |
| | 50m: 35.24 | 100m: 39.51 | | | | | |
| 4. | Nieke Dovic | Psv | 200700238 | 1:15.48 | 1:14.86 | 628 | |
| | 50m: 35.76 | 100m: 39.10 | | | | | |
| 5. | Veerle Hildebrand | Psv | 200801830 | 1:15.43 | 1:15.38 | 615 | |
| | 50m: 35.00 | 100m: 40.38 | | | | | |
| 6. | Esmee Mulder | Dz&Pc | 200800038 | 1:17.21 | 1:16.89 | 580 | |
| | 50m: 35.97 | 100m: 40.92 | | | | | |
| 7. | Rinske Bouman | Blue Marlins | 200400578 | 1:17.70 | 1:19.47 | 525 | |
| | 50m: 36.93 | 100m: 42.54 | | | | | |
| 8. | Carla Moreno Palacios | De Dolfijn | 201002302 | 1:17.29 | 1:21.29 | 490 | |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 37.82 | 100m: 43.47 | | | | | |
| Finale B | | | | | | | |
| 9. | Michelle Zomerdijk | Dedemsvaart-AC | 200003196 | 1:17.87 | 1:17.39 | 569 | |
| | 50m: 35.43 | 100m: 41.96 | | | | | |
| 10. | Tess Vonk | De Geul | 200900024 | 1:18.41 | 1:18.28 | 549 | |
| | 50m: 37.14 | 100m: 41.14 | | | | | |
| 11. | Lise Kleinbekman | Dz&Pc | 200502870 | 1:18.33 | 1:18.84 | 538 | |
| | 50m: 37.04 | 100m: 41.80 | | | | | |
| 12. | Rafaëla Mulders | De Reuring | 200701398 | 1:19.04 | 1:19.25 | 529 | |
| | 50m: 36.65 | 100m: 42.60 | | | | | |
| 13. | Phaedra Meijer | Blue Marlins | 200405834 | 1:20.28 | 1:19.62 | 522 | |
| | 50m: 36.82 | 100m: 42.80 | | | | | |
| 14. | Noël Iris Hettinga | Neptunia '24 | 200002536 | 1:20.07 | 1:19.63 | 522 | |
| | 50m: 37.29 | 100m: 42.34 | | | | | |
| 15. | Yill van Bezouw | Hieronymus | 201100704 | 1:20.01 | 1:21.10 | 494 | |
| | 50m: 37.35 | 100m: 43.75 | | | | | |
| 16. | Marlies Dijsselhof | Dedemsvaart-AC | 200601046 | 1:19.05 | 1:23.07 | 460 | |
| | 50m: 38.80 | 100m: 44.27 | | | | | |

DZ&PC Spring Swim 2024

Programmanr. 15
2-3-2024 - 18:31

Heren, 200m schoolslag
Spring Swim record: Luca Janssen 2:17.06

Junioren 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|---|---------|----------------|-----|----|
| 1. Luca Janssen 50m: 31.10 100m: 34.82 150m: 35.51 200m: 35.69 | 2:17.06 | 2:17.12 | 774 | |
| 2. Steijn Louter 50m: 30.94 100m: 35.51 150m: 35.92 200m: 35.54 | 2:18.50 | 2:17.91 | 761 | |
| 3. Yanieck Weijland 50m: 32.67 100m: 36.02 150m: 36.71 200m: 35.42 | 2:21.48 | 2:20.82 | 715 | |
| 4. Wytse Broekstra 50m: 32.52 100m: 35.67 150m: 37.09 200m: 35.91 | 2:21.22 | 2:21.19 | 709 | |
| 5. Thomas Jansen 50m: 32.08 100m: 36.23 150m: 36.30 200m: 36.98 | 2:21.23 | 2:21.59 | 703 | |
| 6. Storm Boxum 50m: 31.96 100m: 36.54 150m: 36.36 200m: 37.96 | 2:23.48 | 2:22.82 | 685 | |
| 7. Domingo Kuipers 50m: 32.73 100m: 36.45 150m: 37.79 200m: 38.19 | 2:23.72 | 2:25.16 | 653 | |
| 8. Derk Jan van Duijn 50m: 33.03 100m: 37.08 150m: 37.41 200m: 39.76 | 2:24.73 | 2:27.28 | 625 | |

Programmanr. 16
2-3-2024 - 18:36

Dames, 200m vrije slag
Spring Swim record: Marjolein Delno 2:01.70

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|---|---------|----------------|-----|----|
| 1. Angelina Rolman 50m: 28.97 100m: 30.61 150m: 31.05 200m: 31.04 | 2:02.24 | 2:01.67 | 800 | |
| 2. Yara van Kalmthout 50m: 29.10 100m: 31.14 150m: 31.27 200m: 31.33 | 2:03.02 | 2:02.84 | 778 | |
| 3. Anne Thastrup-Hansen 50m: 28.76 100m: 30.98 150m: 31.43 200m: 31.97 | 2:02.33 | 2:03.14 | 772 | |
| 4. Serena Stel 50m: 29.09 100m: 31.26 150m: 31.94 200m: 31.57 | 2:04.28 | 2:03.86 | 758 | |
| 5. Sara Korthuis 50m: 29.09 100m: 31.46 150m: 32.69 200m: 31.97 | 2:03.64 | 2:05.21 | 734 | |
| 6. Megan Jonkman 50m: 28.94 100m: 31.85 150m: 32.59 200m: 33.07 | 2:04.67 | 2:06.45 | 713 | |
| 7. Marte Hieke van der Kamp 50m: 30.80 100m: 33.08 150m: 33.36 200m: 32.51 | 2:11.94 | 2:09.75 | 660 | |
| 8. Julie van Nispen 50m: 29.77 100m: 32.24 150m: 33.80 200m: 33.99 | 2:09.07 | 2:09.80 | 659 | |

DZ&PC Spring Swim 2024

Programmanr. 17
2-3-2024 - 18:40

Heren, 50m vlinderslag
Spring Swim record: Thom de Boer 23.92

Junioren 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | | | In.tijd | Tijd | Pnt | RT |
|-----------------|----------------------------|------------------------|-----------|-------|--------------|-----|
| Finale A | | | | | | |
| 1. | Thom de Boer | De Dolfijn | 199100181 | 23.92 | 23.72 | 827 |
| | <i>*Spring Swim record</i> | | | | | |
| 2. | Michael Smink | Blue Marlins | 200302169 | 24.33 | 24.49 | 751 |
| 3. | Lars Verhalle | Psv | 200200019 | 25.27 | 25.22 | 688 |
| 4. | Emiel van Oord | De Dolfijn | 200503707 | 25.35 | 25.31 | 681 |
| 5. | Jason van den Berg | Blue Marlins | 200400009 | 25.78 | 25.69 | 651 |
| 6. | Brandon van den Berg | Team NL - Blue Marlins | 200200669 | 25.00 | 25.73 | 648 |
| 7. | Jesse van der A | De Dolfijn | 199905303 | 25.73 | 25.99 | 629 |
| 8. | Jay de Vries | Team NL - Blue Marlins | 200400669 | 25.78 | 26.41 | 599 |
| Finale B | | | | | | |
| 9. | Matthijs van Meerendonk | Dz&Pc | 199900375 | 26.11 | 26.02 | 626 |
| 10. | Kaan Sudak | Blue Marlins | 200803733 | 26.01 | 26.07 | 623 |
| 11. | Jelle Betten | Dz&Pc | 200001535 | 26.35 | 26.23 | 612 |
| 12. | Lars Bulman | Blue Marlins | 200600125 | 26.18 | 26.30 | 607 |
| 13. | Pepijn van Egmond | Wvz | 200402309 | 26.61 | 26.46 | 596 |
| 14. | Jisse Lousma | Wvz | 200701493 | 26.46 | 26.55 | 590 |
| 15. | Lars Minnaert | Psv | 200502355 | 26.37 | 26.57 | 588 |
| 16. | Joshua Agussalim | Wvz | 200600153 | 26.58 | 26.78 | 575 |

Programmanr. 18
2-3-2024 - 18:45

Dames, 200m wisselslag
Spring Swim record: Mare Schallenberg 2.19.17

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|-------|----------------------|------------------|-------------|-------------|----------------|-----|----|
| 1. | Elise Tanis | De Dolfijn | 200200120 | 2:21.08 | 2:19.25 | 742 | |
| | 50m: 29.28 | 100m: 35.90 | 150m: 41.71 | 200m: 32.36 | | | |
| 2. | Mare Schallenberg | Acz | 200600078 | 2:19.17 | 2:19.89 | 732 | |
| | 50m: 30.74 | 100m: 36.45 | 150m: 40.34 | 200m: 32.36 | | | |
| 3. | Kirsten Verhalle | Psv | 200400210 | 2:21.96 | 2:20.83 | 718 | |
| | 50m: 29.68 | 100m: 36.41 | 150m: 41.88 | 200m: 32.86 | | | |
| 4. | Nikita van den Ouden | Psv | 199900622 | 2:25.02 | 2:24.73 | 661 | |
| | 50m: 30.08 | 100m: 37.99 | 150m: 42.54 | 200m: 34.12 | | | |
| 5. | Dachen Haaijer | ZPC Hoogeveen | 200800380 | 2:24.69 | 2:26.14 | 642 | |
| | 50m: 31.70 | 100m: 36.52 | 150m: 44.03 | 200m: 33.89 | | | |
| 6. | Hedwig Bolt | HZ&PC Heerenveen | 200602660 | 2:26.12 | 2:26.26 | 641 | |
| | 50m: 31.41 | 100m: 38.42 | 150m: 43.61 | 200m: 32.82 | | | |
| 7. | Fay Boxum | Dz&Pc | 200900060 | 2:28.14 | 2:28.69 | 610 | |
| | 50m: 32.25 | 100m: 37.94 | 150m: 43.77 | 200m: 34.73 | | | |
| AFGEM | Merel Schravendijk | Blue Marlins | 200503382 | 2:23.64 | | | |

DZ&PC Spring Swim 2024

4 - Spring Swim Sessie 4: Series

3-3-2024 - 8:45

Programmanr. 19
3-3-2024 - 8:46

Dames, 400m vrije slag
Spring Swim record: Laura Setz 4:21.06

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|--------------------------|-----------------------|-----------|-------|-------|-------|-------|---------|----------------|-----|----|
| 1. | Serena Stel | De Dolfijn | 199801528 | | | | | 4:10.58 | 4:22.27 | 732 | Q |
| | 50m: | 29.52 | 150m: | 33.09 | 250m: | 33.85 | 350m: | 33.16 | | | |
| | 100m: | 32.22 | 200m: | 33.54 | 300m: | 34.05 | 400m: | 32.84 | | | |
| 2. | Marte Hieke van der Kamp | HZ&PC Heerenveen | 200500218 | | | | | 4:21.87 | 4:27.06 | 693 | Q |
| | 50m: | 30.80 | 150m: | 33.88 | 250m: | 33.73 | 350m: | 33.67 | | | |
| | 100m: | 33.39 | 200m: | 34.34 | 300m: | 34.01 | 400m: | 33.24 | | | |
| 3. | Anne Thastrup-Hansen | Haderslev Svømme Klub | 0688AV | | | | | 4:14.93 | 4:28.99 | 678 | Q |
| | 50m: | 30.81 | 150m: | 34.31 | 250m: | 34.01 | 350m: | 33.83 | | | |
| | 100m: | 34.19 | 200m: | 34.55 | 300m: | 34.27 | 400m: | 33.02 | | | |
| 4. | Hedwig Bolt | HZ&PC Heerenveen | 200602660 | | | | | 4:28.77 | 4:30.62 | 666 | Q |
| | 50m: | 29.77 | 150m: | 33.89 | 250m: | 35.04 | 350m: | 35.25 | | | |
| | 100m: | 32.60 | 200m: | 34.64 | 300m: | 35.58 | 400m: | 33.85 | | | |
| 5. | Merel Schravendijk | Blue Marlins | 200503382 | | | | | 4:14.89 | 4:33.62 | 644 | Q |
| | 50m: | 30.78 | 150m: | 34.66 | 250m: | 35.14 | 350m: | 34.95 | | | |
| | 100m: | 34.01 | 200m: | 35.21 | 300m: | 35.59 | 400m: | 33.28 | | | |
| 6. | Julie van Nispen | Z&PV Nuenen | 200800290 | | | | | 4:25.73 | 4:36.99 | 621 | Q |
| | 50m: | 31.19 | 150m: | 35.17 | 250m: | 34.91 | 350m: | 35.19 | | | |
| | 100m: | 35.25 | 200m: | 35.30 | 300m: | 35.60 | 400m: | 34.38 | | | |
| 7. | Bregje Dekkers | Psv | 200900746 | | | | | 4:31.65 | 4:40.29 | 599 | Q |
| | 50m: | 31.59 | 150m: | 34.94 | 250m: | 36.14 | 350m: | 36.38 | | | |
| | 100m: | 33.83 | 200m: | 36.06 | 300m: | 36.79 | 400m: | 34.56 | | | |
| 8. | Myrthe Natzijl | Dz&Pc | 200400076 | | | | | 4:45.32 | 4:43.78 | 578 | Q |
| | 50m: | 32.71 | 150m: | 35.68 | 250m: | 35.94 | 350m: | 36.01 | | | |
| | 100m: | 35.41 | 200m: | 36.22 | 300m: | 36.26 | 400m: | 35.55 | | | |
| 9. | Frouke Ludwig | Dz&Pc | 200800112 | | | | | 4:39.99 | 4:43.89 | 577 | R |
| | 50m: | 32.78 | 150m: | 36.19 | 250m: | 35.72 | 350m: | 36.40 | | | |
| | 100m: | 35.31 | 200m: | 36.12 | 300m: | 36.07 | 400m: | 35.30 | | | |
| 10. | Julia Agricola | Dz&Pc | 200800266 | | | | | 4:49.95 | 4:46.91 | 559 | R |
| | 50m: | 32.79 | 150m: | 36.27 | 250m: | 36.28 | 350m: | 36.29 | | | |
| | 100m: | 35.89 | 200m: | 36.95 | 300m: | 36.59 | 400m: | 35.85 | | | |
| 11. | Elin Brinkhof | De Dolfijn | 200900078 | | | | | 4:43.54 | 4:46.95 | 559 | |
| | 50m: | 31.98 | 150m: | 36.54 | 250m: | 36.91 | 350m: | 37.17 | | | |
| | 100m: | 34.92 | 200m: | 36.52 | 300m: | 37.26 | 400m: | 35.65 | | | |
| 12. | Madeleine Bertram | De Dolfijn | 200900516 | | | | | 4:39.88 | 4:47.84 | 553 | |
| | 50m: | 31.45 | 150m: | 36.15 | 250m: | 37.40 | 350m: | 37.35 | | | |
| | 100m: | 34.83 | 200m: | 36.98 | 300m: | 37.81 | 400m: | 35.87 | | | |
| 13. | Fenna Westerneng | Dz&Pc | 200900070 | | | | | 4:49.68 | 4:48.68 | 549 | |
| | 50m: | 31.56 | 150m: | 36.32 | 250m: | 37.47 | 350m: | 37.78 | | | |
| | 100m: | 34.95 | 200m: | 37.26 | 300m: | 37.32 | 400m: | 36.02 | | | |
| 14. | Vera Wassink | Zpc Amersfoort | 200604976 | | | | | 4:40.91 | 4:49.22 | 546 | |
| | 50m: | 31.94 | 150m: | 36.74 | 250m: | 37.14 | 350m: | 37.07 | | | |
| | 100m: | 36.19 | 200m: | 37.49 | 300m: | 37.67 | 400m: | 34.98 | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 19, Dames, 400m vrije slag, Voorronde, Senioren Open

| Rang | | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|-------------------|------------------|-----------|-------|-------|-------|-------|---------|----------------|-----|----|
| 15. | Imre Bouwland | ZPC Hoogeveen | 200700388 | | | | | 4:39.26 | 4:49.53 | 544 | |
| | 50m: | 31.96 | 150m: | 36.89 | 250m: | 37.66 | 350m: | 37.46 | | | |
| | 100m: | 35.73 | 200m: | 37.23 | 300m: | 37.23 | 400m: | 35.37 | | | |
| 16. | Anna Beck | Blue Marlins | 200605282 | | | | | 4:41.44 | 4:51.98 | 530 | |
| | 50m: | 33.00 | 150m: | 37.13 | 250m: | 37.84 | 350m: | 37.65 | | | |
| | 100m: | 35.94 | 200m: | 37.36 | 300m: | 37.24 | 400m: | 35.82 | | | |
| 17. | Yill van Bezouw | Hieronymus | 201100704 | | | | | 4:47.21 | 4:52.01 | 530 | |
| | 50m: | 32.55 | 150m: | 37.32 | 250m: | 37.07 | 350m: | 37.51 | | | |
| | 100m: | 37.18 | 200m: | 37.03 | 300m: | 37.31 | 400m: | 36.04 | | | |
| 18. | Marijke Drent | Bubble | 199906232 | | | | | 4:41.02 | 4:53.03 | 525 | |
| | 50m: | 33.05 | 150m: | 37.44 | 250m: | 37.81 | 350m: | 37.82 | | | |
| | 100m: | 36.05 | 200m: | 37.58 | 300m: | 37.44 | 400m: | 35.84 | | | |
| 19. | Lotte Lübbers | Ksn (Sg) | 200900190 | | | | | 4:59.15 | 4:55.73 | 510 | |
| | 50m: | 33.68 | 150m: | 38.52 | 250m: | 38.59 | 350m: | 38.03 | | | |
| | 100m: | 36.58 | 200m: | 38.18 | 300m: | 37.86 | 400m: | 34.29 | | | |
| 20. | Amber Kunst | Daw | 200900680 | | | | | 4:40.57 | 4:55.90 | 509 | |
| | 50m: | 32.49 | 150m: | 38.15 | 250m: | 37.86 | 350m: | 37.43 | | | |
| | 100m: | 36.60 | 200m: | 38.34 | 300m: | 39.05 | 400m: | 35.98 | | | |
| 21. | Faye Thijssen | Wvz | 201001364 | | | | | 4:56.42 | 4:56.68 | 505 | |
| | 50m: | 31.93 | 150m: | 38.11 | 250m: | 38.09 | 350m: | 38.46 | | | |
| | 100m: | 36.67 | 200m: | 38.56 | 300m: | 38.19 | 400m: | 36.67 | | | |
| 22. | Anna Lepoutre | Psv | 201100534 | | | | | 4:51.95 | 4:59.03 | 494 | |
| | 50m: | 33.80 | 150m: | 37.80 | 250m: | 38.24 | 350m: | 38.34 | | | |
| | 100m: | 37.43 | 200m: | 38.19 | 300m: | 38.47 | 400m: | 36.76 | | | |
| 23. | Ciska de Lugt | Dz&Pc | 200503302 | | | | | 4:57.45 | 4:59.06 | 493 | |
| | 50m: | 31.85 | 150m: | 37.84 | 250m: | 38.85 | 350m: | 39.12 | | | |
| | 100m: | 36.26 | 200m: | 38.38 | 300m: | 39.14 | 400m: | 37.62 | | | |
| 24. | Kinley Cole | Psv | 200903696 | | | | | 4:44.09 | 4:59.57 | 491 | |
| | 50m: | 32.33 | 150m: | 37.38 | 250m: | 38.66 | 350m: | 38.86 | | | |
| | 100m: | 37.07 | 200m: | 38.41 | 300m: | 39.17 | 400m: | 37.69 | | | |
| 25. | Esmée Ykema | HZ&PC Heerenveen | 200801710 | | | | | 4:57.22 | 5:02.53 | 477 | |
| | 50m: | 33.08 | 150m: | 38.94 | 250m: | 38.89 | 350m: | 38.03 | | | |
| | 100m: | 37.84 | 200m: | 39.50 | 300m: | 39.11 | 400m: | 37.14 | | | |
| 26. | Lois Waterham | Dedemsvaart-AC | 200803726 | | | | | 5:19.63 | 5:02.95 | 475 | |
| | 50m: | 32.85 | 150m: | 38.45 | 250m: | 39.27 | 350m: | 38.95 | | | |
| | 100m: | 36.99 | 200m: | 39.00 | 300m: | 39.94 | 400m: | 37.50 | | | |
| 27. | Mijke Ouderkerken | Blue Marlins | 200901254 | | | | | 4:50.01 | 5:03.14 | 474 | |
| | 50m: | 33.80 | 150m: | 38.44 | 250m: | 38.90 | 350m: | 39.35 | | | |
| | 100m: | 37.07 | 200m: | 38.50 | 300m: | 39.41 | 400m: | 37.67 | | | |
| 28. | Amber Tiesinga | Dz&Pc | 200600782 | | | | | 5:07.22 | 5:04.83 | 466 | |
| | 50m: | 34.59 | 150m: | 38.64 | 250m: | 38.99 | 350m: | 38.37 | | | |
| | 100m: | 38.53 | 200m: | 39.29 | 300m: | 39.33 | 400m: | 37.09 | | | |
| 29. | Liselotte Schaap | HZ&PC Heerenveen | 200603016 | | | | | 5:05.21 | 5:05.21 | 464 | |
| | 50m: | 33.78 | 150m: | 39.10 | 250m: | 38.33 | 350m: | 38.96 | | | |
| | 100m: | 38.45 | 200m: | 39.74 | 300m: | 39.69 | 400m: | 37.16 | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 19, Dames, 400m vrije slag, Voorronde, Senioren Open

| Rang | | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|-------------------------|-----------------------------|-----------|-------|-------|-------|-------|---------|----------------|-----|----|
| 30. | Wieke Dekker | De Dolfijn | 201002020 | | | | | 5:05.43 | 5:05.80 | 461 | |
| | 50m: | 34.75 | 150m: | 39.61 | 250m: | 39.35 | 350m: | 39.49 | | | |
| | 100m: | 38.05 | 200m: | 38.94 | 300m: | 39.23 | 400m: | 36.38 | | | |
| 31. | Inger van Oord | De Dolfijn | 200703912 | | | | | 4:45.08 | 5:07.77 | 453 | |
| | 50m: | 33.35 | 150m: | 38.07 | 250m: | 39.32 | 350m: | 40.69 | | | |
| | 100m: | 36.64 | 200m: | 39.25 | 300m: | 40.01 | 400m: | 40.44 | | | |
| 32. | Jade Belmar | Blue Marlins | 200704900 | | | | | 4:58.30 | 5:08.47 | 450 | |
| | 50m: | 34.03 | 150m: | 38.46 | 250m: | 39.69 | 350m: | 40.49 | | | |
| | 100m: | 36.78 | 200m: | 39.20 | 300m: | 39.95 | 400m: | 39.87 | | | |
| 33. | Jasmijn Sterken | ZC Polaris | 200701196 | | | | | 4:58.12 | 5:12.61 | 432 | |
| | 50m: | 32.54 | 150m: | 38.60 | 250m: | 39.85 | 350m: | 42.01 | | | |
| | 100m: | 37.88 | 200m: | 39.41 | 300m: | 41.89 | 400m: | 40.43 | | | |
| 34. | Kristine Hansen | Haderslev Svømme Klut0804AX | | | | | | 5:04.30 | 5:14.14 | 426 | |
| | 50m: | 34.68 | 150m: | 40.00 | 250m: | 39.88 | 350m: | 39.86 | | | |
| | 100m: | 39.25 | 200m: | 40.86 | 300m: | 40.32 | 400m: | 39.29 | | | |
| 35. | Cynthia Koolman | ZPC Hoogeveen | 200300232 | | | | | 4:47.67 | 5:15.19 | 421 | |
| | 50m: | 34.84 | 150m: | 39.51 | 250m: | 40.49 | 350m: | 40.37 | | | |
| | 100m: | 38.91 | 200m: | 40.35 | 300m: | 40.72 | 400m: | 40.00 | | | |
| 36. | Marjolie Spelde | ZC Borger | 200900266 | | | | | 5:00.56 | 5:16.79 | 415 | |
| | 50m: | 33.92 | 150m: | 40.09 | 250m: | 40.56 | 350m: | 41.91 | | | |
| | 100m: | 38.63 | 200m: | 40.84 | 300m: | 41.88 | 400m: | 38.96 | | | |
| 37. | Victoria Friis Petersen | Haderslev Svømme Klut0808AY | | | | | | 5:23.90 | 5:19.97 | 403 | |
| | <i>*Back-up tijd</i> | | | | | | | | | | |
| | 50m: | 33.44 | 150m: | 39.68 | 250m: | 42.16 | 350m: | 41.77 | | | |
| | 100m: | 37.72 | 200m: | 41.36 | 300m: | 42.72 | 400m: | 41.12 | | | |
| 38. | Yke Spelde | Bubble | 200700208 | | | | | 5:18.53 | 5:30.94 | 364 | |
| | 50m: | 35.85 | 150m: | 41.42 | 250m: | 43.46 | 350m: | 41.94 | | | |
| | 100m: | 41.20 | 200m: | 43.28 | 300m: | 43.56 | 400m: | 40.23 | | | |
| 39. | Meike van der Klugt | Wvz | 201100808 | | | | | 5:30.21 | 5:32.29 | 360 | |
| | 50m: | 35.70 | 150m: | 43.45 | 250m: | 43.18 | 350m: | 43.44 | | | |
| | 100m: | 40.70 | 200m: | 42.49 | 300m: | 43.11 | 400m: | 40.22 | | | |
| 40. | Devenda van der Meer | de Granaet | 200900948 | | | | | 5:17.75 | 5:33.48 | 356 | |
| | 50m: | 35.36 | 150m: | 43.19 | 250m: | 45.33 | 350m: | 43.50 | | | |
| | 100m: | 40.31 | 200m: | 43.22 | 300m: | 43.36 | 400m: | 39.21 | | | |
| 41. | Melody Paulussen | De Dolfijn | 201101106 | | | | | 5:11.47 | 5:39.98 | 336 | |
| | 50m: | 37.24 | 150m: | 43.20 | 250m: | 44.76 | 350m: | 44.37 | | | |
| | 100m: | 41.42 | 200m: | 43.78 | 300m: | 44.46 | 400m: | 40.75 | | | |
| 42. | Lisa Boogaard | Deltasteur | 201100990 | | | | | 5:40.34 | 5:42.44 | 328 | |
| | 50m: | 38.40 | 150m: | 45.58 | 250m: | 44.81 | 350m: | 42.47 | | | |
| | 100m: | 43.23 | 200m: | 45.57 | 300m: | 43.89 | 400m: | 38.49 | | | |
| 43. | Syll Rinsma | Orca Leeuwarden | 201200798 | | | | | 5:43.02 | 5:48.19 | 312 | |
| | 50m: | 35.92 | 150m: | 45.42 | 250m: | 44.77 | 350m: | 44.64 | | | |
| | 100m: | 42.64 | 200m: | 45.79 | 300m: | 45.47 | 400m: | 43.54 | | | |
| 44. | Manora Ponne | Steenwijk 1934 | 201102222 | | | | | 5:30.97 | 5:54.09 | 297 | |
| | 50m: | 35.11 | 150m: | 46.43 | 250m: | 46.95 | 350m: | 46.01 | | | |
| | 100m: | 42.66 | 200m: | 47.18 | 300m: | 46.41 | 400m: | 43.34 | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 19, Dames, 400m vrije slag, Voorronde, Senioren Open

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|-------|--|-----------------------|-------------|-------------|---------|----------------|-----|----|
| 45. | Minke Oliva Bouman | Blue Marlins | 201100104 | | 5:33.50 | 5:58.40 | 286 | |
| | 50m: 38.59 | 150m: 46.43 | 250m: 47.50 | 350m: 46.87 | | | | |
| | 100m: 44.39 | 200m: 45.46 | 300m: 45.90 | 400m: 43.26 | | | | |
| DIS | Wendy Elferink | HZ&PC Heerenveen | 200604202 | | 5:35.85 | | | |
| | <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | | | | | | | |
| AFGEM | Dewi Meijer | De Dolfijn | 201000302 | | 5:14.85 | | | |
| NG | Anna Vaupell | Haderslev Svømme Klut | 0886AR | | 4:59.12 | | | |

Programmanr. 20
3-3-2024 - 9:18

Heren, 100m vlinderslag
Spring Swim record: Maarten Brzoskowski 55.09

Junioren 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|-------------------------|----------------|-----------|--|---------|----------------|-----|----|
| 1. | Michael Smink | Blue Marlins | 200302169 | | 52.44 | 55.20 | 718 | A |
| | 50m: 24.99 | 100m: 30.21 | | | | | | |
| 2. | Tiago Fonseca Gomes | Psv | 200703587 | | 54.05 | 55.94 | 690 | A |
| | 50m: 26.48 | 100m: 29.46 | | | | | | |
| 3. | Luca Janssen | Team NL - PSV | 200403237 | | 55.61 | 56.65 | 665 | A |
| | 50m: 26.73 | 100m: 29.92 | | | | | | |
| 4. | Sven Klink | Swol 1894 | 200500349 | | 55.65 | 57.36 | 640 | A |
| | 50m: 27.28 | 100m: 30.08 | | | | | | |
| 5. | Domingo Kuipers | Dz&Pc | 200501787 | | 55.89 | 57.45 | 637 | A |
| | 50m: 26.62 | 100m: 30.83 | | | | | | |
| 6. | Cas Verstegen | Psv | 200500891 | | 55.83 | 57.93 | 621 | A |
| | 50m: 27.22 | 100m: 30.71 | | | | | | |
| 7. | Matthijs van Meerendonk | Dz&Pc | 199900375 | | 58.20 | 58.16 | 614 | A |
| | 50m: 26.80 | 100m: 31.36 | | | | | | |
| 8. | Kaan Sudak | Blue Marlins | 200803733 | | 56.21 | 58.87 | 592 | A |
| | 50m: 27.09 | 100m: 31.78 | | | | | | |
| 9. | Lars Bulman | Blue Marlins | 200600125 | | 55.66 | 58.92 | 591 | B |
| | 50m: 27.23 | 100m: 31.69 | | | | | | |
| 10. | Jones Chuang | Psv | 200801173 | | 57.88 | 59.51 | 573 | B |
| | 50m: 27.71 | 100m: 31.80 | | | | | | |
| 11. | Tiede Groener | De Dinkel | 200700155 | | 58.36 | 59.72 | 567 | B |
| | 50m: 27.38 | 100m: 32.34 | | | | | | |
| 12. | Jisse Lousma | Wvz | 200701493 | | 57.87 | 59.94 | 561 | B |
| | 50m: 28.08 | 100m: 31.86 | | | | | | |
| 13. | Joshua Agussalim | Wvz | 200600153 | | 57.03 | 1:00.25 | 552 | B |
| | 50m: 27.59 | 100m: 32.66 | | | | | | |
| 14. | Pepijn van Egmond | Wvz | 200402309 | | 57.82 | 1:00.40 | 548 | B |
| | 50m: 27.82 | 100m: 32.58 | | | | | | |
| 15. | Donny van den Bosch | De Duinkickers | 199502001 | | 1:01.19 | 1:00.57 | 544 | B |
| | 50m: 28.26 | 100m: 32.31 | | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 20, Heren, 100m vlinderslag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|------------------------|-----------|---------|----------------|-----|----|
| 16. | Coenraad Floris Stork | G.S.Z.V. De Golfbreker | 200305075 | 1:02.30 | 1:00.99 | 532 | B |
| | 50m: 28.20 | 100m: 32.79 | | | | | |
| 17. | Collard Jungeling | Dz&Pc | 200701831 | 59.58 | 1:01.46 | 520 | R |
| | 50m: 28.41 | 100m: 33.05 | | | | | |
| 18. | Jip Bakker | Dz&Pc | 200600287 | 1:01.63 | 1:01.47 | 520 | R |
| | 50m: 28.52 | 100m: 32.95 | | | | | |
| 19. | Johannes Due Jessen | Haderslev Svømme Klut | 0847AI | 59.38 | 1:01.60 | 517 | |
| | 50m: 28.64 | 100m: 32.96 | | | | | |
| 20. | Storm Tolsma | Zignea | 200600277 | 1:04.01 | 1:02.07 | 505 | |
| | 50m: 29.28 | 100m: 32.79 | | | | | |
| 21. | Thijn Damen | Psv | 200300973 | 59.21 | 1:02.27 | 500 | |
| | 50m: 28.18 | 100m: 34.09 | | | | | |
| 22. | Marnix Rietveld | ZV Haerlem | 200700939 | 1:01.62 | 1:02.34 | 499 | |
| | 50m: 28.93 | 100m: 33.41 | | | | | |
| 23. | Tiamo van der Veen | Zv 44 | 200600033 | 59.92 | 1:02.38 | 498 | |
| | 50m: 29.10 | 100m: 33.28 | | | | | |
| 24. | Niek Issard | Dz&Pc | 200700037 | 1:03.22 | 1:02.68 | 491 | |
| | 50m: 28.13 | 100m: 34.55 | | | | | |
| 25. | Tim van Rooij | Psv | 200700129 | 59.47 | 1:03.44 | 473 | |
| | 50m: 28.90 | 100m: 34.54 | | | | | |
| 26. | Olivier Wilbers | ZPC Hoogeveen | 200600181 | 1:01.79 | 1:03.53 | 471 | |
| | 50m: 29.49 | 100m: 34.04 | | | | | |
| 27. | Lou van Leeuwen | De Dolfijn | 200702779 | 1:05.34 | 1:04.74 | 445 | |
| | 50m: 30.12 | 100m: 34.62 | | | | | |
| 28. | Sven Koorstra | De Vikings | 200900189 | 1:03.64 | 1:04.95 | 441 | |
| | 50m: 30.26 | 100m: 34.69 | | | | | |
| | Ruben Kommerie | Dz&Pc | 200401105 | 1:03.43 | 1:04.95 | 441 | |
| | 50m: 29.86 | 100m: 35.09 | | | | | |
| 30. | Damir Mustafic | Dz&Pc | 200800885 | 1:04.91 | 1:05.21 | 436 | |
| | 50m: 29.67 | 100m: 35.54 | | | | | |
| 31. | Nout Folkersma | Psv | 200800595 | 1:03.41 | 1:05.41 | 432 | |
| | 50m: 29.06 | 100m: 36.35 | | | | | |
| 32. | Rely Hoogendijk | Wvz | 200702521 | 1:02.44 | 1:05.83 | 423 | |
| | 50m: 29.77 | 100m: 36.06 | | | | | |
| 33. | Lars Heddema | Steenwijk 1934 | 200603697 | 1:03.72 | 1:05.89 | 422 | |
| | 50m: 29.54 | 100m: 36.35 | | | | | |
| 34. | Eise van der Zee | Orca Leeuwarden | 200501437 | 1:03.45 | 1:05.98 | 420 | |
| | 50m: 30.46 | 100m: 35.52 | | | | | |
| 35. | Niels Kragt | G.S.Z.V. De Golfbreker | 200300155 | 1:03.26 | 1:06.19 | 416 | |
| | 50m: 30.89 | 100m: 35.30 | | | | | |
| 36. | Jetze de Vries | De Vikings | 200602589 | 1:00.82 | 1:06.24 | 416 | |
| | 50m: 28.80 | 100m: 37.44 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 20, Heren, 100m vlinderslag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|--------------------------|-----------------------------|-----------|---------|----------------|-----|----|
| 37. | Jamie Kenworthy | De Dolfijn | 200800045 | 1:02.94 | 1:06.41 | 412 | |
| | 50m: 29.18 | 100m: 37.23 | | | | | |
| 38. | Arjan Boogaard | Deltasteur | 200800093 | 1:06.00 | 1:06.49 | 411 | |
| | 50m: 31.02 | 100m: 35.47 | | | | | |
| 39. | Thomas van Velzen | Zv 44 | 200703189 | 1:05.29 | 1:06.73 | 406 | |
| | 50m: 30.79 | 100m: 35.94 | | | | | |
| 40. | Evren Ege Orcunus | De Dolfijn | 201003253 | 1:05.49 | 1:06.75 | 406 | |
| | 50m: 32.03 | 100m: 34.72 | | | | | |
| 41. | Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 1:05.63 | 1:07.41 | 394 | |
| | 50m: 29.83 | 100m: 37.58 | | | | | |
| 42. | Luc Kerpels | ZPC Hoogeveen | 200503015 | 1:04.87 | 1:07.47 | 393 | |
| | 50m: 31.07 | 100m: 36.40 | | | | | |
| 43. | Jonathan Bos | Haderslev Svømme Klut9827AU | | 1:02.27 | 1:07.83 | 387 | |
| | 50m: 30.50 | 100m: 37.33 | | | | | |
| 44. | Diede Veld | HZ&PC Heerenveen | 200800011 | 1:07.16 | 1:08.02 | 384 | |
| | 50m: 30.67 | 100m: 37.35 | | | | | |
| 45. | Aidan van der Stelt | Blue Marlins | 200900901 | 1:07.53 | 1:08.42 | 377 | |
| | 50m: 31.46 | 100m: 36.96 | | | | | |
| 46. | Daniel Critchell | Deltasteur | 200700439 | 1:06.48 | 1:09.47 | 360 | |
| | 50m: 30.85 | 100m: 38.62 | | | | | |
| 47. | Tim Zuurman | ZPC Hoogeveen | 200700131 | 1:07.51 | 1:10.12 | 350 | |
| | 50m: 32.03 | 100m: 38.09 | | | | | |
| 48. | Ruben Kragt | Zv 44 | 201000007 | 1:07.67 | 1:10.21 | 349 | |
| | 50m: 31.70 | 100m: 38.51 | | | | | |
| 49. | Rick Smelt | ZVZwartsluis | 200600051 | 1:07.94 | 1:11.98 | 324 | |
| | 50m: 31.47 | 100m: 40.51 | | | | | |
| 50. | Alexander van der Maaten | Blue Marlins | 200903251 | 1:09.24 | 1:12.58 | 316 | |
| | 50m: 32.48 | 100m: 40.10 | | | | | |
| 51. | Nathan Magava | De Dolfijn | 201003067 | 1:11.81 | 1:13.12 | 309 | |
| | 50m: 33.41 | 100m: 39.71 | | | | | |
| 52. | Emin Karadeniz | Wvz | 200804047 | 1:22.86 | 1:13.89 | 299 | |
| | 50m: 33.04 | 100m: 40.85 | | | | | |
| 53. | Abel op den Velde | De Duinkickers | 201000079 | 1:21.16 | 1:14.96 | 287 | |
| | 50m: 33.54 | 100m: 41.42 | | | | | |
| 54. | Sven Casper Hageman | Steenwijk 1934 | 201000009 | 1:12.86 | 1:15.45 | 281 | |
| | 50m: 34.63 | 100m: 40.82 | | | | | |
| 55. | Hielke van der Zwaag | Wetterwille | 200701197 | 1:14.02 | 1:15.99 | 275 | |
| | 50m: 34.05 | 100m: 41.94 | | | | | |
| 56. | Matthijs van Velzen | Zv 44 | 201100435 | 1:11.63 | 1:16.38 | 271 | |
| | 50m: 33.57 | 100m: 42.81 | | | | | |
| 57. | Robin Mintjes | HZ&PC Heerenveen | 201000957 | 1:16.28 | 1:16.80 | 266 | |
| | 50m: 34.45 | 100m: 42.35 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 20, Heren, 100m vlinderslag, Voorronde, Junioren 1 en ouder

| Rang | In.tijd | Tijd | Pnt | RT |
|---|------------------------|-----------|---------|--------------------|
| 58. Dax van den Nouland 50m: 36.23 100m: 40.91 | Blue Marlins | 201000071 | 1:13.83 | 1:17.14 263 |
| 59. Henry Watson 50m: 33.91 100m: 43.54 | De Dolfijn | 201001703 | 1:18.75 | 1:17.45 260 |
| 60. Mathijs de Wit 50m: 36.08 100m: 41.46 | Ksn (Sg) | 201001215 | 1:20.10 | 1:17.54 259 |
| 61. Dyon Scholten 50m: 35.86 100m: 44.27 | Steenwijk 1934 | 200900095 | 1:15.08 | 1:20.13 235 |
| 62. Vince van Dam <i>*Back-up tijd</i> 50m: 37.09 100m: 46.94 | Acz | 201000405 | 1:23.96 | 1:24.03 203 |
| 63. Kyaro Giuliano 50m: 37.53 100m: 46.83 | De Dolfijn | 201000489 | 1:19.75 | 1:24.36 201 |
| 64. Amor van der Veen 50m: 38.54 100m: 45.91 | Zv 44 | 201100197 | 1:22.29 | 1:24.45 200 |
| 65. Kick Germers 50m: 36.10 100m: 48.69 | Swol 1894 | 201000185 | 1:16.64 | 1:24.79 198 |
| AFGEM Bram Loots | Kzc | 200700197 | 57.93 | |
| AFGEM Thomas Boer | ZC Polaris | 200600769 | 1:01.44 | |
| AFGEM Jay de Vries | Team NL - Blue Marlins | 200400669 | 58.96 | |
| AFGEM Thomas Jansen | Team NL - WVZ | 200100143 | 55.27 | |
| AFGEM Yuri Wasser | Psv | 200301327 | 1:01.59 | |
| AFGEM Art Jin van der Ent | Blue Marlins | 200903785 | 1:16.71 | |
| AFGEM Émile Fouzaï | Blue Marlins | 200500263 | 54.64 | |

Programmanr. 21
3-3-2024 - 9:32

Dames, 100m rugslag
Spring Swim record: Maaike de Waard 1:02.11

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|--|----------------------|-----------|---------|----------------------------|
| 1. Jinth Engelse 50m: 29.94 100m: 32.76 | Niemo Barracuda | 200800204 | 1:02.70 | 1:02.70 769 +0,64 A |
| 2. Elise Tanis 50m: 30.92 100m: 33.01 | De Dolfijn | 200200120 | 1:02.63 | 1:03.93 725 +0,61 A |
| 3. Sara Korthuis 50m: 31.32 100m: 32.99 | Dz&Pc | 200600494 | 1:03.59 | 1:04.31 712 +0,79 A |
| 4. Mare Schallenberg 50m: 31.96 100m: 32.94 | Acz | 200600078 | 1:04.97 | 1:04.90 693 +0,70 A |
| 5. Angelina Rolman 50m: 31.72 100m: 33.24 | Team NL - De Dolfijn | 200701972 | 1:05.51 | 1:04.96 691 +0,65 A |
| 6. Eefje Irvine 50m: 31.78 100m: 34.23 | De Dolfijn | 200700164 | 1:03.01 | 1:06.01 659 +0,61 A |

DZ&PC Spring Swim 2024

Programmanr. 21, Dames, 100m rugslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|------------------|-----------|---------|----------------|-----|---------|
| 7. | Dachen Haaijer | ZPC Hoogeveen | 200800380 | 1:04.05 | 1:06.15 | 655 | +0,67 A |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 32.12 | 100m: 34.03 | | | | | |
| 8. | Yara van Kalmthout | Team NL - PSV | 200200984 | 1:05.84 | 1:06.44 | 646 | +0,72 A |
| | 50m: 32.09 | 100m: 34.35 | | | | | |
| 9. | Laura van Etten | HZ&PC Heerenveen | 200800264 | 1:06.06 | 1:06.90 | 633 | +0,75 B |
| | 50m: 32.65 | 100m: 34.25 | | | | | |
| 10. | Anna van Droffelaar | Team NL - PSV | 200400258 | 1:05.36 | 1:07.20 | 624 | +0,62 B |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 32.74 | 100m: 34.46 | | | | | |
| 11. | Manon Manning | Psv | 199904118 | 1:00.85 | 1:07.60 | 613 | +0,61 B |
| | 50m: 31.69 | 100m: 35.91 | | | | | |
| 12. | Fay Boxum | Dz&Pc | 200900060 | 1:06.75 | 1:07.76 | 609 | +0,61 B |
| | 50m: 32.32 | 100m: 35.44 | | | | | |
| 13. | Carolina Cermelli | De Dolfijn | 200106390 | 1:02.32 | 1:07.87 | 606 | +0,66 B |
| | 50m: 33.20 | 100m: 34.67 | | | | | |
| 14. | Megan Jonkman | Blue Marlins | 200600508 | 1:04.42 | 1:08.16 | 598 | +0,79 B |
| | 50m: 33.38 | 100m: 34.78 | | | | | |
| 15. | Fenna Zusterzeel | Psv | 201000008 | 1:05.73 | 1:08.48 | 590 | +0,59 B |
| | 50m: 32.89 | 100m: 35.59 | | | | | |
| 16. | Maike Issard | Dz&Pc | 200300022 | 1:09.99 | 1:08.98 | 577 | +0,78 ? |
| | 50m: 33.39 | 100m: 35.59 | | | | | |
| | Floor Hogervorst | Blue Marlins | 200701400 | 1:02.78 | 1:08.98 | 577 | +0,70 ? |
| | 50m: 32.97 | 100m: 36.01 | | | | | |
| 18. | Emmelien Smelt | ZVZwartsluis | 200800012 | 1:06.46 | 1:09.15 | 573 | +0,66 R |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 33.74 | 100m: 35.41 | | | | | |
| 19. | Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | 1:06.98 | 1:09.42 | 566 | +0,69 |
| | 50m: 33.45 | 100m: 35.97 | | | | | |
| 20. | Maud Roffel | HZ&PC Heerenveen | 200700840 | 1:07.92 | 1:09.48 | 565 | +0,79 |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 33.53 | 100m: 35.95 | | | | | |
| 21. | Arianne Kooijnga | Dz&Pc | 200001544 | 1:09.61 | 1:09.50 | 564 | +0,65 |
| | 50m: 33.63 | 100m: 35.87 | | | | | |
| 22. | Liv Heijdra | Wvz | 200800736 | 1:07.89 | 1:09.63 | 561 | +0,63 |
| | 50m: 33.34 | 100m: 36.29 | | | | | |
| 23. | Esmee Mulder | Dz&Pc | 200800038 | 1:08.28 | 1:09.64 | 561 | +0,59 |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 33.17 | 100m: 36.47 | | | | | |
| 24. | Dionne Salomons | ZC Borger | 200200504 | 1:07.60 | 1:09.89 | 555 | +0,75 |
| | 50m: 34.22 | 100m: 35.67 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 21, Dames, 100m rugslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|------------------|-----------|---------|----------------|-----|-------|
| 25. | Malin Roozeboom | Wvz | 201100006 | 1:05.04 | 1:09.91 | 554 | +0,80 |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 34.01 | 100m: 35.90 | | | | | |
| 26. | Myrthe Natzijl | Dz&Pc | 200400076 | 1:10.07 | 1:10.34 | 544 | +0,77 |
| | 50m: 34.09 | 100m: 36.25 | | | | | |
| 27. | Myrthe Stelten | Hellas-Glana | 200900234 | 1:13.89 | 1:11.31 | 522 | +0,81 |
| | 50m: 34.47 | 100m: 36.84 | | | | | |
| 28. | Madeleine Bertram | De Dolfijn | 200900516 | 1:08.88 | 1:11.58 | 517 | +0,72 |
| | 50m: 34.81 | 100m: 36.77 | | | | | |
| 29. | Ciska de Lugt | Dz&Pc | 200503302 | 1:11.58 | 1:11.60 | 516 | +0,73 |
| | 50m: 34.36 | 100m: 37.24 | | | | | |
| 30. | Indira van Aggele | De Dolfijn | 200804424 | 1:10.56 | 1:11.88 | 510 | +0,90 |
| | 50m: 34.64 | 100m: 37.24 | | | | | |
| 31. | Veerle de Ridder | HZ&PC Heerenveen | 200700778 | 1:12.83 | 1:12.09 | 506 | +0,79 |
| | 50m: 33.96 | 100m: 38.13 | | | | | |
| 32. | Marlies Dijsselhof | Dedemsvaart-AC | 200601046 | 1:11.46 | 1:12.19 | 504 | +0,88 |
| | 50m: 34.42 | 100m: 37.77 | | | | | |
| 33. | Julia Dabrowska | Blue Marlins | 201000300 | 1:09.78 | 1:12.47 | 498 | +0,74 |
| | 50m: 34.97 | 100m: 37.50 | | | | | |
| 34. | Féline Sam | ZVZwartsluis | 200700018 | 1:06.37 | 1:12.52 | 497 | +0,77 |
| | 50m: 35.56 | 100m: 36.96 | | | | | |
| 35. | Indy van Laarhoven | Psv | 200500710 | 1:07.22 | 1:12.73 | 492 | +0,71 |
| | 50m: 34.43 | 100m: 38.30 | | | | | |
| 36. | Ilana Gentile | Orca Leeuwarden | 200801558 | 1:07.62 | 1:12.90 | 489 | +0,68 |
| | 50m: 35.28 | 100m: 37.62 | | | | | |
| 37. | Luus Gielens | Psv | 200900138 | 1:06.87 | 1:13.23 | 482 | +0,77 |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 34.96 | 100m: 38.27 | | | | | |
| 38. | Nora Lynn Otten | ZPC Hoogeveen | 200903338 | 1:11.33 | 1:13.24 | 482 | +0,89 |
| | 50m: 35.32 | 100m: 37.92 | | | | | |
| 39. | Marjolie Spelde | ZC Borger | 200900266 | 1:09.27 | 1:13.30 | 481 | +0,79 |
| | 50m: 35.31 | 100m: 37.99 | | | | | |
| 40. | Indy Feenema | Orca Leeuwarden | 201000850 | 1:15.97 | 1:13.56 | 476 | +0,75 |
| | 50m: 35.81 | 100m: 37.75 | | | | | |
| 41. | Anouk Steller | Wvz | 201000004 | 1:10.99 | 1:13.58 | 475 | +0,76 |
| | 50m: 35.30 | 100m: 38.28 | | | | | |
| 42. | Esmé Sportel | Dedemsvaart-AC | 200900682 | 1:13.40 | 1:13.59 | 475 | +0,75 |
| | 50m: 36.32 | 100m: 37.27 | | | | | |
| 43. | Esmee van der Tuuk | ZPC Hoogeveen | 200800682 | 1:08.91 | 1:13.66 | 474 | +0,70 |
| | 50m: 35.92 | 100m: 37.74 | | | | | |
| 44. | Elin Reinstra | TriVia | 201100842 | 1:10.32 | 1:13.76 | 472 | +0,68 |
| | 50m: 35.26 | 100m: 38.50 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 21, Dames, 100m rugslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|------------------|-----------|---------|----------------|-----|-------|
| 45. | Milou Geneuglijk | HZ&PC Heerenveen | 200900556 | 1:12.10 | 1:13.79 | 471 | +0,69 |
| | 50m: 35.62 | 100m: 38.17 | | | | | |
| 46. | Thalia Meijer | Blue Marlins | 200704048 | 1:10.67 | 1:13.93 | 469 | +0,85 |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 35.39 | 100m: 38.54 | | | | | |
| 47. | Imre Bouwland | ZPC Hoogeveen | 200700388 | 1:09.13 | 1:14.15 | 465 | +0,76 |
| | 50m: 35.64 | 100m: 38.51 | | | | | |
| 48. | Leyona Lichtendonk | Dedemsvaart-AC | 200700010 | 1:16.77 | 1:14.95 | 450 | +0,72 |
| | 50m: 36.76 | 100m: 38.19 | | | | | |
| 49. | Loïs Jalving | HZ&PC Heerenveen | 200400280 | 1:10.64 | 1:15.20 | 445 | +0,65 |
| | 50m: 36.48 | 100m: 38.72 | | | | | |
| 50. | Tess van de Steeg | Wvz | 201000016 | 1:11.31 | 1:15.34 | 443 | +0,81 |
| | 50m: 35.81 | 100m: 39.53 | | | | | |
| 51. | Monica van der Meer | Deltasteur | 200704288 | 1:10.77 | 1:15.52 | 440 | +0,81 |
| | 50m: 37.85 | 100m: 37.67 | | | | | |
| 52. | Floortje van 't Wout | De Dolfijn | 200802286 | 1:10.99 | 1:15.64 | 438 | +0,72 |
| | 50m: 37.67 | 100m: 37.97 | | | | | |
| 53. | Carla Moreno Palacios | De Dolfijn | 201002302 | 1:14.09 | 1:16.08 | 430 | +0,78 |
| | 50m: 36.44 | 100m: 39.64 | | | | | |
| 54. | Daphne Dijsselhof | Dedemsvaart-AC | 200901690 | 1:19.90 | 1:16.16 | 429 | +0,83 |
| | 50m: 37.35 | 100m: 38.81 | | | | | |
| 55. | Wieke Dekker | De Dolfijn | 201002020 | 1:14.17 | 1:16.27 | 427 | +0,62 |
| | 50m: 37.21 | 100m: 39.06 | | | | | |
| 56. | Isa Kerpels | ZPC Hoogeveen | 200800880 | 1:11.77 | 1:16.40 | 425 | +0,92 |
| | 50m: 37.71 | 100m: 38.69 | | | | | |
| 57. | Yara van Asselen | De Dolfijn | 200900408 | 1:11.56 | 1:16.96 | 415 | +0,79 |
| | 50m: 37.45 | 100m: 39.51 | | | | | |
| 58. | Debora Lazarev | De Dolfijn | 200603398 | 1:09.80 | 1:17.30 | 410 | +0,74 |
| | 50m: 36.87 | 100m: 40.43 | | | | | |
| 59. | Rixt Rothschild | ZC Borger | 200900026 | 1:14.53 | 1:17.41 | 408 | +0,76 |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 37.49 | 100m: 39.92 | | | | | |
| 60. | Fleur van den Eijk | Blue Marlins | 200900304 | 1:08.82 | 1:17.46 | 407 | +0,69 |
| | 50m: 36.97 | 100m: 40.49 | | | | | |
| 61. | Almyra Santing | ZC Polaris | 200602786 | 1:15.92 | 1:17.49 | 407 | +0,71 |
| | 50m: 37.06 | 100m: 40.43 | | | | | |
| 62. | Milou Filemon | Blue Marlins | 201100078 | 1:15.48 | 1:17.50 | 407 | +0,80 |
| | 50m: 37.80 | 100m: 39.70 | | | | | |
| 63. | Dieuwke Cleveringa | Swol 1894 | 200700708 | 1:13.76 | 1:17.73 | 403 | +0,68 |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 37.89 | 100m: 39.84 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 21, Dames, 100m rugslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|------------------|-----------|---------|----------------|-----|-------|
| 64. | Lola Verheijen | Psv | 201100832 | 1:12.90 | 1:17.79 | 402 | +0,67 |
| | 50m: 37.21 | 100m: 40.58 | | | | | |
| 65. | Nieke Dovic | Psv | 200700238 | 1:12.41 | 1:17.92 | 400 | +0,77 |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 37.74 | 100m: 40.18 | | | | | |
| 66. | Lobke Hempenius | HZ&PC Heerenveen | 201100522 | 1:17.33 | 1:18.05 | 398 | +0,85 |
| | 50m: 38.18 | 100m: 39.87 | | | | | |
| 67. | Anne van der Kamp | Deltasteur | 200900274 | 1:13.16 | 1:18.56 | 391 | +0,79 |
| | 50m: 38.64 | 100m: 39.92 | | | | | |
| | Anna Strang van Hees | De Duinkickers | 200902566 | 1:16.75 | 1:18.56 | 391 | +0,84 |
| | 50m: 37.70 | 100m: 40.86 | | | | | |
| 69. | Senna Boogmans | De Duinkickers | 201000640 | 1:17.65 | 1:18.58 | 390 | +0,77 |
| | 50m: 37.53 | 100m: 41.05 | | | | | |
| 70. | Amila Mustafic | Dz&Pc | 201200026 | 1:19.44 | 1:18.60 | 390 | +0,66 |
| | 50m: 37.24 | 100m: 41.36 | | | | | |
| 71. | Dewi Meijer | De Dolfijn | 201000302 | 1:17.63 | 1:18.76 | 388 | +0,74 |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 37.81 | 100m: 40.95 | | | | | |
| 72. | Femke ter Horst | ZPC Hoogeveen | 201000108 | 1:13.37 | 1:18.80 | 387 | +0,78 |
| | 50m: 38.17 | 100m: 40.63 | | | | | |
| 73. | Marlouke Frijstein | Deltasteur | 200800152 | 1:14.00 | 1:18.88 | 386 | +0,71 |
| | 50m: 38.48 | 100m: 40.40 | | | | | |
| 74. | Liselotte Schaap | HZ&PC Heerenveen | 200603016 | 1:18.65 | 1:18.91 | 385 | +0,61 |
| | 50m: 37.70 | 100m: 41.21 | | | | | |
| 75. | Anna Klomp | Swol 1894 | 200600006 | 1:16.60 | 1:19.39 | 378 | +0,84 |
| | 50m: 37.63 | 100m: 41.76 | | | | | |
| 76. | Elien Groothuismink | Swol 1894 | 200800920 | 1:16.19 | 1:19.50 | 377 | +0,78 |
| | 50m: 39.55 | 100m: 39.95 | | | | | |
| 77. | Hanna Sampimon | Ksn (Sg) | 200901824 | 1:19.45 | 1:19.83 | 372 | +0,65 |
| | 50m: 38.06 | 100m: 41.77 | | | | | |
| 78. | Annefleur Schraa | Swol 1894 | 201100044 | 1:16.16 | 1:19.99 | 370 | +0,69 |
| | 50m: 39.09 | 100m: 40.90 | | | | | |
| 79. | Nicole Stahl | De Dolfijn | 200600542 | 1:14.47 | 1:20.61 | 361 | +0,89 |
| | 50m: 38.96 | 100m: 41.65 | | | | | |
| 80. | Isabel Amelink | Deltasteur | 201100196 | 1:17.41 | 1:20.74 | 360 | +0,89 |
| | 50m: 38.81 | 100m: 41.93 | | | | | |
| 81. | Laura van Lierop | Psv | 200700810 | 1:16.86 | 1:21.44 | 351 | +0,77 |
| | 50m: 38.36 | 100m: 43.08 | | | | | |
| 82. | Lyanne Pathuis | Bubble | 200800042 | 1:15.86 | 1:22.10 | 342 | +0,64 |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 40.09 | 100m: 42.01 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 21, Dames, 100m rugslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|-------|---|------------------|-----------|---------|----------------|-----|-------|
| 83. | Jessica Dekkinga | Steenwijk 1934 | 200600180 | 1:17.69 | 1:22.36 | 339 | +0,89 |
| | 50m: 39.45 | 100m: 42.91 | | | | | |
| 84. | Anna Lepoutre | Psv | 201100534 | 1:16.79 | 1:22.62 | 336 | +0,75 |
| | 50m: 40.88 | 100m: 41.74 | | | | | |
| 85. | Yke Spelde | Bubble | 200700208 | 1:16.02 | 1:22.67 | 335 | +0,77 |
| | 50m: 40.49 | 100m: 42.18 | | | | | |
| 86. | Marjet Minnema | Avena | 200501328 | 1:21.94 | 1:24.08 | 319 | +0,74 |
| | 50m: 39.89 | 100m: 44.19 | | | | | |
| 87. | Isa Segenhout | Orca Leeuwarden | 201000128 | 1:18.77 | 1:24.27 | 316 | +0,70 |
| | 50m: 40.18 | 100m: 44.09 | | | | | |
| 88. | Leonore Heerschop | Steenwijk 1934 | 200801310 | 1:21.54 | 1:25.32 | 305 | +0,70 |
| | 50m: 39.76 | 100m: 45.56 | | | | | |
| 89. | Kyara Balt | De Vikings | 201100306 | 1:23.01 | 1:25.38 | 304 | +0,88 |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 41.60 | 100m: 43.78 | | | | | |
| 90. | Marit Dekker | Wvz | 200902276 | 1:25.24 | 1:25.40 | 304 | +0,87 |
| | 50m: 42.27 | 100m: 43.13 | | | | | |
| 91. | Amber Spronk | Deltasteur | 201000970 | 1:23.61 | 1:25.48 | 303 | +0,78 |
| | 50m: 41.52 | 100m: 43.96 | | | | | |
| 92. | Norell Kroeze | ZC Polaris | 201100378 | 1:22.65 | 1:25.94 | 298 | +0,81 |
| | 50m: 41.06 | 100m: 44.88 | | | | | |
| 93. | Elske van der Ven | Psv | 200800904 | 1:16.92 | 1:25.95 | 298 | +0,80 |
| | 50m: 41.53 | 100m: 44.42 | | | | | |
| 94. | Fenna Boterman | TriVia | 200701710 | 1:22.31 | 1:27.16 | 286 | +0,75 |
| | 50m: 41.57 | 100m: 45.59 | | | | | |
| 95. | Charlie Klaver | De Dolfijn | 201102094 | 1:24.80 | 1:27.80 | 280 | +0,84 |
| | 50m: 43.53 | 100m: 44.27 | | | | | |
| 96. | Manoah Dekker | Deltasteur | 201100656 | 1:21.39 | 1:28.50 | 273 | +0,85 |
| | 50m: 43.07 | 100m: 45.43 | | | | | |
| 97. | Jelena Krikke | Dz&Pc | 200405874 | 1:26.38 | 1:29.69 | 262 | +0,77 |
| | 50m: 42.54 | 100m: 47.15 | | | | | |
| 98. | Wendy Elferink | HZ&PC Heerenveen | 200604202 | 1:24.85 | 1:31.82 | 244 | +0,82 |
| | 50m: 44.27 | 100m: 47.55 | | | | | |
| DIS | Floortje Bakker | Blue Marlins | 201101124 | 1:29.71 | | | |
| | <i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> | | | | | | |
| AFGEM | Jubilee van Heijdoorn | Wvz | 200900636 | 1:16.53 | | | |
| AFGEM | Krista Veehof | Deltasteur | 200700140 | 1:18.09 | | | |
| AFGEM | Meike van Berkum | Swol 1894 | 201002826 | 1:20.56 | | | |
| AFGEM | Tereza Boom | Psv | 200904028 | 1:05.27 | | | |
| AFGEM | Elvira Rakels | Blue Marlins | 201001238 | 1:27.61 | | | |

DZ&PC Spring Swim 2024

Programmanr. 22
3-3-2024 - 9:58

Heren, 50m vrije slag
Spring Swim record: Renzo Tjon A Joe 22:50

Juniores 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | In.tijd | Tijd | Pnt | RT |
|------|--|-------------------------|------------------------|----------------|--------------|-------|
| 1. | Thom de Boer <i>*Spring Swim record</i> | De Dolfijn | 199100181 | 21.59 | 22.31 | 823 A |
| 2. | Brandon van den Berg | Team NL - Blue Marlins | 200200669 | 22.75 | 23.06 | 745 A |
| 3. | Jesse van der A | De Dolfijn | 199905303 | 21.89 | 23.28 | 724 A |
| 4. | Michael Smink | Blue Marlins | 200302169 | 22.12 | 23.56 | 699 A |
| 5. | Koen de Groot <i>*Back-up tijd</i> | Team NL - PSV | 200401059 | 22.69 | 23.75 | 682 A |
| 6. | Lars Verhalle | Psv | 200200019 | 22.70 | 23.86 | 673 A |
| 7. | Domingo Kuipers | Dz&Pc | 200501787 | 23.50 | 23.88 | 671 A |
| 8. | Bart Sommeling | De Dolfijn | 199800765 | 22.69 | 23.94 | 666 A |
| 9. | Nikodim Markovic | Blue Marlins | 200700255 | 23.03 | 24.24 | 641 B |
| 10. | Kaan Sudak | Blue Marlins | 200803733 | 23.27 | 24.27 | 639 B |
| 11. | Jelle Betten | Dz&Pc | 200001535 | 24.16 | 24.28 | 638 B |
| 12. | Merlin Belmon | Team NL - PSV | 200403191 | 23.59 | 24.43 | 627 B |
| 13. | Juri Dijkstra Saviël Armand | De Dolfijn Acz | 200002119 200204461 | 23.39 24.54 | 24.46 | 624 B |
| 15. | Emiel van Oord | De Dolfijn | 200503707 | 23.17 | 24.49 | 622 B |
| 16. | Luuk van Rooij | Psv | 200400581 | 23.42 | 24.66 | 609 B |
| 17. | Thijn Damen | Psv | 200300973 | 24.14 | 24.75 | 603 R |
| 18. | Jip Bakker | Dz&Pc | 200600287 | 25.17 | 24.88 | 593 R |
| 19. | Colin Bes | ZC Polaris | 200500201 | 24.33 | 24.90 | 592 |
| 20. | Matthijs van Meerendonk | Dz&Pc | 199900375 | 25.25 | 24.96 | 587 |
| 21. | Jason van den Berg | Blue Marlins | 200400009 | 23.90 | 24.98 | 586 |
| 22. | Boele Böhm | Blue Marlins | 200700739 | 24.24 | 25.08 | 579 |
| 23. | Lars Minnaert | Psv | 200502355 | 23.99 | 25.10 | 578 |
| 24. | Giulian Janssen | Psv | 200900125 | 24.40 | 25.19 | 571 |
| 25. | Koen Vissers | Psv | 200401429 | 24.22 | 25.33 | 562 |
| 26. | Q. Brouwer von Gonzenbe | TriVia | 200700001 | 24.46 | 25.38 | 559 |
| 27. | Robin de Jong | SG. Bolsward-Workum | 200101165 | 25.31 | 25.47 | 553 |
| 28. | Jaydey Schonewille | Steenwijk 1934 | 200800025 | 25.00 | 25.54 | 548 |
| 29. | Marnix Rietveld | ZV Haerlem | 200700939 | 25.44 | 25.58 | 546 |
| 30. | Bjorn Rijkaart | Wvz | 200601337 | 24.24 | 25.69 | 539 |
| 31. | Tim van Erven | Dz&Pc | 200700175 | 25.34 | 25.72 | 537 |
| 32. | Lucas Bemmer | De Duinkickers | 200700219 | 25.61 | 25.77 | 534 |
| 33. | Jasper Willig | Blue Marlins | 200104757 | 25.76 | 25.86 | 528 |
| 34. | Jorian Darwinkel Jones Chuang | HZ&PC Heerenveen Psv | 200300565 200801173 | 24.42 24.38 | 25.93 | 524 |
| 36. | Thijs Poll | Zv 44 | 200700203 | 25.07 | 26.04 | 517 |
| 37. | Gijs Vesseur | Zv 44 | 200700277 | 24.86 | 26.09 | 514 |
| 38. | Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 24.25 | 26.13 | 512 |
| 39. | Lucas van Rooij | Psv | 200603943 | 24.86 | 26.16 | 510 |
| 40. | Eise van der Zee | Orca Leeuwarden | 200501437 | 25.15 | 26.20 | 508 |
| 41. | Arjan Boogaard | Deltasteur | 200800093 | 25.29 | 26.24 | 506 |
| 42. | Storm Boxum | Dz&Pc | 200700421 | 27.27 | 26.33 | 500 |
| 43. | Marcelino Gomez Gonzalez | Psv | 200601473 | 25.21 | 26.45 | 494 |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 22, Heren, 50m vrije slag, Voorronde, Junioren 1 en ouder

| Rang | | | In.tijd | Tijd | Pnt | RT |
|------|---------------------------|-----------------------------|-----------|-------|--------------|-----|
| 44. | Rely Hoogendijk | Wvz | 200702521 | 25.03 | 26.58 | 486 |
| 45. | L. van den Nieuwenhuijzer | Orca Leeuwarden | 200305073 | 25.91 | 26.59 | 486 |
| 46. | Joshua Agussalim | Wvz | 200600153 | 24.71 | 26.61 | 485 |
| 47. | Tiemen Jonkman | Dz&Pc | 200301193 | 26.03 | 26.62 | 484 |
| 48. | Damir Mustafic | Dz&Pc | 200800885 | 26.59 | 26.64 | 483 |
| 49. | Gerjan Berends | ZPC Hoogeveen | 200900169 | 26.03 | 26.85 | 472 |
| 50. | Arie Brussaard | Batavia Swim | 200700781 | 26.65 | 26.90 | 469 |
| | Jordey Thole | ZPC Hoogeveen | 200700385 | 26.07 | 26.90 | 469 |
| 52. | Thygo van Peppel | Blue Marlins | 200901101 | 26.56 | 26.96 | 466 |
| 53. | Tim van Rooij | Psv | 200700129 | 25.35 | 27.13 | 457 |
| 54. | Dilan Gaemers | Avena | 200602311 | 28.05 | 27.17 | 455 |
| 55. | Joël Malda | Orca Leeuwarden | 200301017 | 24.89 | 27.26 | 451 |
| 56. | Vasco Strampel | Steenwijk 1934 | 200702073 | 26.84 | 27.27 | 450 |
| 57. | Pedro Filipini | De Dolfijn | 200603863 | 26.22 | 27.29 | 449 |
| 58. | Daniel Critchell | Deltasteur | 200700439 | 25.99 | 27.30 | 449 |
| | Kay van Sleen | Steenwijk 1934 | 200400083 | 26.79 | 27.30 | 449 |
| 60. | Twan Wielage | Ksn (Sg) | 200902671 | 26.96 | 27.37 | 445 |
| 61. | Thomas van Velzen | Zv 44 | 200703189 | 25.46 | 27.41 | 443 |
| 62. | Ruben Kommerie | Dz&Pc | 200401105 | 27.14 | 27.49 | 440 |
| 63. | Finn Eghuizen | HZ&PC Heerenveen | 200900431 | 28.64 | 27.56 | 436 |
| 64. | Xander Boets | ZPC de Kanaalstreek | 200800133 | 26.50 | 27.59 | 435 |
| 65. | Martijn Nies | Psv | 200902095 | 26.48 | 27.60 | 434 |
| 66. | Luis Cayetano Alonso | Haderslev Svømme Klut0995BA | | 27.98 | 27.65 | 432 |
| 67. | Eskild Meyer | Haderslev Svømme Klut0903BA | | 26.84 | 27.72 | 429 |
| 68. | Ruben Trompetter | Dz&Pc | 200500997 | 27.58 | 27.76 | 427 |
| 69. | Ruben Nooter | Zv 44 | 200901577 | 26.68 | 28.11 | 411 |
| 70. | Vito Kuperus | F.Z.C.'54 | 200401389 | 26.97 | 28.15 | 409 |
| 71. | Roan van der Stege | Swol 1894 | 200900107 | 27.41 | 28.16 | 409 |
| 72. | Oliver Lund Gotfredsen | Haderslev Svømme Klut0833AR | | 27.90 | 28.18 | 408 |
| 73. | Juan Cruz Slappendel | F.Z.C.'54 | 200903053 | 28.55 | 28.19 | 408 |
| 74. | Cayden Malone | De Dolfijn | 201002195 | 28.34 | 28.34 | 401 |
| 75. | Duuk Harms | Dedemsvaart-AC | 200900201 | 29.70 | 28.42 | 398 |
| 76. | Twan Huisman | Wvz | 200702207 | 27.44 | 28.47 | 396 |
| 77. | Siem Faber | Batavia Swim | 200900065 | 29.86 | 28.49 | 395 |
| 78. | Alexander van der Maaten | Blue Marlins | 200903251 | 28.78 | 28.68 | 387 |
| 79. | Renzo Steller | Wvz | 200701141 | 27.69 | 28.76 | 384 |
| 80. | Duco de Gelder | Blue Marlins | 201000217 | 27.99 | 28.80 | 382 |
| 81. | Thomas Nauta | Arethusa | 200900339 | 29.45 | 28.85 | 380 |
| 82. | Laurits Holm | Haderslev Svømme Klut0627AO | | 28.48 | 29.00 | 374 |
| 83. | Colin Beuker | ZC Polaris | 200802023 | 28.51 | 29.05 | 372 |
| 84. | Mathijs Boersma | ZPC Hoogeveen | 201000313 | 29.85 | 29.12 | 370 |
| 85. | Roderick Veldhuizen | Ksn (Sg) | 200804031 | 34.76 | 29.14 | 369 |
| 86. | Dyon Scholten | Steenwijk 1934 | 200900095 | 28.36 | 29.15 | 369 |
| 87. | Rowan Smit | Bubble | 200802127 | 27.46 | 29.18 | 367 |
| 88. | Victor de Haan | HZ&PC Heerenveen | 201001921 | 29.23 | 29.47 | 357 |
| 89. | Art Jin van der Ent | Blue Marlins | 200903785 | 29.46 | 29.53 | 355 |
| 90. | Brian Arturo Bloemsma | De Dolfijn | 200901155 | 31.13 | 30.09 | 335 |
| 91. | Emin Karadeniz | Wvz | 200804047 | 29.38 | 30.31 | 328 |

DZ&PC Spring Swim 2024

Programmanr. 22, Heren, 50m vrije slag, Voorronde, Junioren 1 en ouder

| Rang | | | In.tijd | Tijd | Pnt | RT |
|----------------------|----------------------|---------------------|-----------|-------|--------------|-----|
| 92. | Mattias Stolk | HZ&PC Heerenveen | 201000525 | 33.76 | 30.33 | 327 |
| 93. | Kyran Kroeze | ZC Polaris | 200901707 | 30.27 | 30.36 | 326 |
| 94. | Daniël Scheppink | Swol 1894 | 200902769 | 30.19 | 30.85 | 311 |
| 95. | Stan Rothschild | ZC Borger | 201000353 | 31.08 | 31.03 | 305 |
| 96. | Douwe Enzerink | Deltasteur | 201102657 | 30.15 | 31.10 | 303 |
| 97. | Luca Karsten Schüler | HZ&PC Heerenveen | 201101451 | 33.81 | 31.27 | 299 |
| 98. | Kasper Lubbers | Orca Leeuwarden | 201100025 | 31.58 | 31.34 | 297 |
| 99. | Twan Felix | Deltasteur | 201000123 | 31.27 | 31.67 | 287 |
| 100. | Robin Mintjes | HZ&PC Heerenveen | 201000957 | 31.81 | 31.96 | 280 |
| 101. | Leroy Maring | ZPC de Kanaalstreek | 201100307 | 31.71 | 32.01 | 278 |
| 102. | Jake van Duivendijk | Blue Marlins | 201000945 | 31.71 | 32.72 | 260 |
| 103. | Gijs Nooter | Zv 44 | 201000725 | 31.96 | 33.01 | 254 |
| 104. | Erik School | Deltasteur | 201100139 | 32.85 | 33.09 | 252 |
| 105. | Sam Whittaker | De Dolfijn | 201101295 | 35.78 | 34.36 | 225 |
| <i>*Back-up tijd</i> | | | | | | |
| 106. | Timo Bottenberg | Deltasteur | 200900151 | 34.01 | 35.46 | 205 |
| 107. | Yusuf Temizisler | De Dolfijn | 201002197 | 35.31 | 36.94 | 181 |
| AFGEM | Taco Hengstman | ZPC Hoozeveen | 200304601 | 24.16 | | |
| AFGEM | Jonathan Baaijens | Psv | 200800409 | 28.89 | | |
| AFGEM | Yuri Wasser | Psv | 200301327 | 25.32 | | |

Programmanr. 23
3-3-2024 - 10:10

Dames, 50m schoolslag
Spring Swim record: Tes Schouten 31.97

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | In.tijd | Tijd | Pnt | RT | |
|------|-----------------------|-----------------------------|-----------|-------|--------------|-----|---|
| 1. | Nina Zusterzeel | Psv | 200800656 | 32.30 | 33.51 | 668 | A |
| | Lynn Blommers | Blue Marlins | 200105062 | 31.23 | 33.51 | 668 | A |
| 3. | Karin Rijkelijkhuisen | Dz&Pc | 199403358 | 33.66 | 34.17 | 630 | A |
| 4. | Michelle Zomerdijk | Dedemsvaart-AC | 200003196 | 35.20 | 34.49 | 613 | A |
| 5. | Nieke Dovic | Psv | 200700238 | 33.79 | 34.63 | 605 | A |
| 6. | Thalia Meijer | Blue Marlins | 200704048 | 33.46 | 34.68 | 603 | A |
| 7. | Djanilla Brink | De Dolfijn | 200600988 | 33.30 | 34.89 | 592 | A |
| 8. | Veerle Hildebrand | Psv | 200801830 | 33.93 | 35.06 | 583 | A |
| 9. | Evy van Laarhoven | Psv | 200500712 | 33.39 | 35.61 | 557 | B |
| 10. | Rafaëla Mulders | De Reuring | 200701398 | 36.01 | 35.62 | 556 | B |
| 11. | Anja Kisielewicz | Haderslev Svømme Klut0714AX | | 34.55 | 35.72 | 551 | B |
| 12. | Phaedra Meijer | Blue Marlins | 200405834 | 33.31 | 35.77 | 549 | B |
| 13. | Noël Iris Hettinga | Neptunia '24 | 200002536 | 36.44 | 35.80 | 548 | B |
| 14. | Lise Kleinbekman | Dz&Pc | 200502870 | 35.42 | 35.97 | 540 | B |
| 15. | Liv Heijdra | Wvz | 200800736 | 34.78 | 36.03 | 537 | B |
| 16. | Esmee Mulder | Dz&Pc | 200800038 | 34.84 | 36.33 | 524 | B |
| 17. | Marlies Dijsselhof | Dedemsvaart-AC | 200601046 | 36.33 | 36.62 | 512 | R |
| 18. | Annelie Klinkhamer | ZC Borger | 200702606 | 35.74 | 36.68 | 509 | R |
| 19. | Fay Boxum | Dz&Pc | 200900060 | 35.57 | 36.78 | 505 | |
| 20. | Leonoor van Dijk | Blue Marlins | 200400832 | 35.49 | 36.79 | 505 | |
| 21. | Amber Kunst | Daw | 200900680 | 34.28 | 36.85 | 502 | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 23, Dames, 50m schoolslag, Voorronde, Senioren Open

| Rang | | | In.tijd | Tijd | Pnt | RT |
|------|------------------------|-----------------------|-----------|-------|--------------|-----|
| 22. | Tess Berner | De Duinkickers | 200600450 | 37.66 | 36.89 | 501 |
| 23. | Monica van der Meer | Deltasteur | 200704288 | 36.56 | 36.92 | 499 |
| 24. | Yill van Bezouw | Hieronymus | 201100704 | 35.33 | 37.04 | 494 |
| 25. | Manoah Dekker | Deltasteur | 201100656 | 36.17 | 37.10 | 492 |
| 26. | Rinske Bouman | Blue Marlins | 200400578 | 35.57 | 37.31 | 484 |
| 27. | Sterre van der Wal | Steenwijk 1934 | 200502356 | 36.06 | 37.61 | 472 |
| 28. | Sophie van Leent | Blue Marlins | 200800522 | 36.90 | 37.69 | 469 |
| 29. | Annelie Batenburg | Psv | 201001962 | 36.41 | 37.72 | 468 |
| 30. | Luca Ebbinge | Dz&Pc | 199802406 | 36.44 | 37.83 | 464 |
| 31. | Sigrid Sand Jürgensen | Haderslev Svømme Klub | 0756AQ | 36.64 | 37.84 | 464 |
| 32. | Chloé in 't Veen | Wvz | 201100010 | 37.62 | 38.18 | 451 |
| 33. | Breanna Belmar | Blue Marlins | 201004068 | NT | 38.21 | 450 |
| 34. | Esther Dijsselhof | Dedemsvaart-AC | 200800784 | 36.89 | 38.23 | 450 |
| 35. | Anniek Brinkman | ZC Borger | 200800076 | 36.25 | 38.24 | 449 |
| | Raegan Belmar | Blue Marlins | 201004070 | NT | 38.24 | 449 |
| 37. | Julia Dabrowska | Blue Marlins | 201000300 | 35.64 | 38.40 | 444 |
| 38. | Jildou van der Hoek | Dz&Pc | 200801654 | 39.61 | 38.61 | 437 |
| 39. | Hayleigh Onstwedder | Batavia Swim | 201002902 | 39.24 | 38.73 | 432 |
| 40. | Elin Reinstra | TriVia | 201100842 | 39.94 | 38.79 | 430 |
| 41. | Esmée Ykema | HZ&PC Heerenveen | 200801710 | 39.42 | 39.11 | 420 |
| 42. | Amber Tiesinga | Dz&Pc | 200600782 | 38.36 | 39.18 | 418 |
| 43. | Kinley Cole | Psv | 200903696 | 37.60 | 39.29 | 414 |
| 44. | Maud Roffel | HZ&PC Heerenveen | 200700840 | 40.96 | 39.42 | 410 |
| 45. | Meike van der Klugt | Wvz | 201100808 | 39.62 | 39.46 | 409 |
| 46. | Melissa de Lang | Swol 1894 | 200001186 | 36.64 | 39.66 | 403 |
| 47. | Monique Tienstra | TriVia | 200600354 | 36.14 | 39.73 | 401 |
| 48. | Minke Oliva Bouman | Blue Marlins | 201100104 | 38.36 | 39.78 | 399 |
| 49. | Evita Hoornweg | TriVia | 201002046 | 40.11 | 39.79 | 399 |
| 50. | Feyona Vonk | F.Z.C.'54 | 200600814 | 38.53 | 39.80 | 398 |
| 51. | Charlie Klaver | De Dolfijn | 201102094 | 38.93 | 39.84 | 397 |
| 52. | Josephine Swarts | Bubble | 200703502 | 39.00 | 39.88 | 396 |
| 53. | Esmee van Peer | TriVia | 200201114 | 37.42 | 39.91 | 395 |
| 54. | Joyce Toonstra | Neptunia '24 | 200501298 | 40.31 | 39.93 | 395 |
| 55. | Anique Polinder | Zv 44 | 200800008 | 38.48 | 39.94 | 394 |
| 56. | W. van der Heide | Orca Leeuwarden | 201100028 | 39.25 | 40.00 | 393 |
| 57. | Nynke van der Zee | Orca Leeuwarden | 200700604 | 36.91 | 40.27 | 385 |
| 58. | Lieke Brinkman | ZC Borger | 200800072 | 37.42 | 40.34 | 383 |
| 59. | Sanne Mulder | Wvz | 200900280 | 37.94 | 40.41 | 381 |
| 60. | Luesza Siahaija | ZPC Hoogeveen | 200801316 | 37.56 | 40.56 | 376 |
| 61. | Esmé Sportel | Dedemsvaart-AC | 200900682 | 42.09 | 40.71 | 372 |
| 62. | Charlotte van der Meer | Deltasteur | 200704478 | 38.63 | 40.79 | 370 |
| 63. | Annemijn Kragt | Deltasteur | 200802710 | 38.41 | 40.91 | 367 |
| 64. | Féline Sam | ZVZwartsluis | 200700018 | 37.96 | 41.25 | 358 |
| 65. | Vivian Nooter | Zv 44 | 200703614 | 38.03 | 41.66 | 347 |
| 66. | Lieke Hegeman | TriVia | 200505390 | 39.89 | 41.70 | 346 |
| 67. | Fenna Boterman | TriVia | 200701710 | 40.11 | 42.12 | 336 |
| 68. | Yanaika Ido | Batavia Swim | 201102764 | 45.04 | 42.47 | 328 |
| 69. | Jessica Dekkinga | Steenwijk 1934 | 200600180 | 41.34 | 42.48 | 328 |

DZ&PC Spring Swim 2024

Programmanr. 23, Dames, 50m schoolslag, Voorronde, Senioren Open

| Rang | | | In.tijd | Tijd | Pnt | RT |
|-------|--|-----------------|-----------|-------|--------------|-----|
| 70. | Dieuwke Cleveringa | Swol 1894 | 200700708 | 38.67 | 42.62 | 324 |
| 71. | Devenda van der Meer | de Granaet | 200900948 | 41.20 | 42.65 | 324 |
| 72. | Femke van der Veen | Orca Leeuwarden | 201100962 | 41.00 | 43.00 | 316 |
| 73. | Laura van Lierop | Psv | 200700810 | 39.71 | 43.30 | 309 |
| 74. | Veronica Borges | Blue Marlins | 200903380 | 43.10 | 43.40 | 307 |
| 75. | Marlies Brouwer | Dz&Pc | 201101152 | 45.03 | 43.45 | 306 |
| 76. | Jubilee van Heijdoorn | Wvz | 200900636 | 41.23 | 43.71 | 301 |
| 77. | Maurieke Frijstein | Deltasteur | 201100198 | 42.61 | 44.39 | 287 |
| 78. | Gabriela Borges | Blue Marlins | 201201726 | 45.84 | 45.07 | 274 |
| | <i>*Back-up tijd</i> | | | | | |
| 79. | Minke Tamminga | Swol 1894 | 201002562 | 46.91 | 45.13 | 273 |
| 80. | Anne Boswinkel | Swol 1894 | 200801724 | 43.57 | 46.49 | 250 |
| 81. | Elske van der Ven | Psv | 200800904 | 42.38 | 46.65 | 247 |
| 82. | Nicky Freriksen | Swol 1894 | 200802348 | 44.42 | 49.09 | 212 |
| 83. | Maud Ekkelboom | Deltasteur | 201200812 | 57.17 | 59.45 | 119 |
| DIS | Olena Dijkstra | Orca Leeuwarden | 200202624 | 35.22 | | |
| | <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | | | | | |
| AFGEM | Fardau Dikkers | Wetterwille | 200501722 | 33.97 | | |
| AFGEM | Eva Noordhuis | Azuro | 200704392 | 48.30 | | |
| AFGEM | Lisa Veenstra | F.Z.C.'54 | 200304294 | 40.66 | | |
| AFGEM | Meike van Berkum | Swol 1894 | 201002826 | 45.03 | | |
| AFGEM | Tereza Boom | Psv | 200904028 | 35.47 | | |

Programmanr. 24
3-3-2024 - 10:24

Heren, 200m rugslag
Spring Swim record: Dennis Kamps 2:07.62

Junioren 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT | |
|------|----------------------------|------------------------|-----------|---------|----------------|-------|---------|-------|
| 1. | Niels Dijkshoorn | Team NL - PSV | 200203079 | 2:01.40 | 2:05.79 | 704 | +0,67 Q | |
| | <i>*Spring Swim record</i> | | | | | | | |
| | 50m: | 28.10 | 100m: | 30.84 | 150m: | 31.89 | 200m: | 34.96 |
| 2. | Daan Sonneveld | Wvz | 200601085 | 1:59.32 | 2:09.89 | 639 | +0,70 Q | |
| | 50m: | 29.71 | 100m: | 32.28 | 150m: | 33.52 | 200m: | 34.38 |
| 3. | Sven Klink | Swol 1894 | 200500349 | 2:04.51 | 2:11.23 | 620 | +0,74 Q | |
| | 50m: | 30.38 | 100m: | 33.64 | 150m: | 33.44 | 200m: | 33.77 |
| 4. | Bram Loots | Kzc | 200700197 | 2:02.70 | 2:12.30 | 605 | +0,71 Q | |
| | 50m: | 30.84 | 100m: | 34.20 | 150m: | 34.17 | 200m: | 33.09 |
| 5. | Tiamo van der Veen | Zv 44 | 200600033 | 2:04.13 | 2:13.07 | 594 | +0,62 Q | |
| | 50m: | 30.91 | 100m: | 33.06 | 150m: | 34.51 | 200m: | 34.59 |
| 6. | Yanieck Weijland | Team NL - Blue Marlins | 200500329 | 2:15.80 | 2:13.57 | 588 | +0,73 Q | |
| | 50m: | 30.95 | 100m: | 33.19 | 150m: | 34.93 | 200m: | 34.50 |
| 7. | Wytse Broekstra | De Vikings | 200800121 | 2:12.51 | 2:14.54 | 575 | +0,67 Q | |
| | 50m: | 31.47 | 100m: | 33.61 | 150m: | 34.95 | 200m: | 34.51 |
| 8. | Yarno van Dam | Acz | 200800115 | 2:20.51 | 2:14.72 | 573 | +0,70 Q | |
| | 50m: | 30.85 | 100m: | 34.64 | 150m: | 34.63 | 200m: | 34.60 |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 24, Heren, 200m rugslag, Voorronde, Junioren 1 en ouder

| Rang | | | | | | In.tijd | Tijd | Pnt | RT |
|------|---------------------------|-----------------------|-------------|-------------|--|---------|----------------|-----|---------|
| 9. | Wouter Zijlstra | HZ&PC Heerenveen | 200401545 | | | 2:16.19 | 2:14.94 | 570 | +0,73 R |
| | 50m: 31.20 | 100m: 34.40 | 150m: 34.75 | 200m: 34.59 | | | | | |
| 10. | Jisse Lousma | Wvz | 200701493 | | | 2:07.06 | 2:15.31 | 565 | +0,65 R |
| | 50m: 32.90 | 100m: 34.95 | 150m: 34.90 | 200m: 32.56 | | | | | |
| 11. | Tieme Wiersma | Dz&Pc | 200701031 | | | 2:15.57 | 2:16.06 | 556 | +0,61 |
| | 50m: 32.09 | 100m: 34.62 | 150m: 35.27 | 200m: 34.08 | | | | | |
| 12. | Niek Issard | Dz&Pc | 200700037 | | | 2:19.47 | 2:17.65 | 537 | +0,70 |
| | 50m: 30.80 | 100m: 34.84 | 150m: 35.90 | 200m: 36.11 | | | | | |
| 13. | Denzel Barthen | Wvz | 200700147 | | | 2:17.89 | 2:19.50 | 516 | +0,75 |
| | 50m: 33.16 | 100m: 36.48 | 150m: 36.10 | 200m: 33.76 | | | | | |
| 14. | Sem Belmon | Psv | 200702099 | | | 2:15.43 | 2:19.51 | 516 | +0,71 |
| | 50m: 31.88 | 100m: 36.00 | 150m: 36.05 | 200m: 35.58 | | | | | |
| 15. | Luc Kerpels | ZPC Hoogeveen | 200503015 | | | 2:14.87 | 2:21.03 | 499 | +0,78 |
| | 50m: 32.94 | 100m: 35.74 | 150m: 36.75 | 200m: 35.60 | | | | | |
| 16. | Luca Boorsma | De Dolfijn | 200902031 | | | 2:16.45 | 2:21.07 | 499 | +0,62 |
| | 50m: 31.45 | 100m: 36.30 | 150m: 37.10 | 200m: 36.22 | | | | | |
| 17. | Thom de Hoog | Blue Marlins | 200600019 | | | 2:05.98 | 2:21.17 | 498 | +0,68 |
| | 50m: 32.07 | 100m: 35.85 | 150m: 36.31 | 200m: 36.94 | | | | | |
| 18. | Gaëtan Spicq | Blue Marlins | 200701807 | | | 2:08.87 | 2:21.31 | 496 | +0,70 |
| | 50m: 32.71 | 100m: 35.57 | 150m: 36.88 | 200m: 36.15 | | | | | |
| 19. | Lars ten Katen | Batavia Swim | 200600959 | | | 2:19.35 | 2:21.95 | 490 | +0,72 |
| | 50m: 32.82 | 100m: 37.07 | 150m: 36.70 | 200m: 35.36 | | | | | |
| 20. | Johannes Due Jessen | Haderslev Svømme Klub | 0847AI | | | 2:16.56 | 2:22.16 | 487 | +0,71 |
| | 50m: 34.45 | 100m: 35.98 | 150m: 35.93 | 200m: 35.80 | | | | | |
| 21. | Martijn Nies | Psv | 200902095 | | | 2:20.26 | 2:23.01 | 479 | +0,77 |
| | <i>*Back up tijd</i> | | | | | | | | |
| | 50m: 33.23 | 100m: 36.96 | 150m: 36.69 | 200m: 36.13 | | | | | |
| 22. | Thijs Poll | Zv 44 | 200700203 | | | 2:15.86 | 2:23.14 | 478 | +0,74 |
| | 50m: 33.51 | 100m: 35.57 | 150m: 37.06 | 200m: 37.00 | | | | | |
| 23. | Lias IJzerman | Dedemsvaart-AC | 200703145 | | | 2:24.53 | 2:23.60 | 473 | +0,75 |
| | 50m: 32.35 | 100m: 37.25 | 150m: 36.70 | 200m: 37.30 | | | | | |
| 24. | L. van den Nieuwenhuijzer | Orca Leeuwarden | 200305073 | | | 2:15.50 | 2:23.73 | 472 | +0,82 |
| | 50m: 33.32 | 100m: 36.01 | 150m: 37.22 | 200m: 37.18 | | | | | |
| 25. | Mees Niemeijer | Dz&Pc | 200201275 | | | 2:23.02 | 2:23.81 | 471 | +0,76 |
| | 50m: 33.89 | 100m: 36.62 | 150m: 37.06 | 200m: 36.24 | | | | | |
| 26. | Tim Zuurman | ZPC Hoogeveen | 200700131 | | | 2:20.54 | 2:24.23 | 467 | +0,73 |
| | 50m: 34.11 | 100m: 36.30 | 150m: 37.46 | 200m: 36.36 | | | | | |
| 27. | Jelte de Jong | Zpch | 200900975 | | | 2:19.57 | 2:25.05 | 459 | +0,70 |
| | <i>*Back up tijd</i> | | | | | | | | |
| | 50m: 33.92 | 100m: 36.41 | 150m: 37.16 | 200m: 37.56 | | | | | |
| 28. | Sverre van der Zwaan | Wvz | 200900737 | | | 2:20.70 | 2:25.92 | 451 | +0,65 |
| | 50m: 34.00 | 100m: 37.13 | 150m: 37.62 | 200m: 37.17 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 24, Heren, 200m rugslag, Voorronde, Junioren 1 en ouder

| Rang | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|-------------------------|----------------|-------|-------|-------|-------|---------|----------------|-----|-------|
| 29. | Rick Offringa | Dz&Pc | | | | | 2:17.76 | 2:26.96 | 441 | +0,69 |
| | <i>*Back up tijd</i> | | | | | | | | | |
| | 50m: | 33.50 | 100m: | 36.20 | 150m: | 38.57 | 200m: | 38.69 | | |
| 30. | Floris van der Salm | De Dolfijn | | | | | 2:18.74 | 2:27.33 | 438 | +0,74 |
| | 50m: | 35.22 | 100m: | 37.22 | 150m: | 37.77 | 200m: | 37.12 | | |
| 31. | Jere Wiersma | Dz&Pc | | | | | 2:23.33 | 2:28.01 | 432 | +0,72 |
| | 50m: | 34.74 | 100m: | 37.92 | 150m: | 37.87 | 200m: | 37.48 | | |
| 32. | Marcelino Gomez Gonzalz | Psv | | | | | 2:17.12 | 2:28.24 | 430 | +0,63 |
| | 50m: | 33.29 | 100m: | 37.33 | 150m: | 39.12 | 200m: | 38.50 | | |
| 33. | Melle van Veen | Dedemsvaart-AC | | | | | 2:30.11 | 2:28.25 | 430 | +0,90 |
| | 50m: | 34.60 | 100m: | 37.64 | 150m: | 38.52 | 200m: | 37.49 | | |
| 34. | Evren Ege Orcunus | De Dolfijn | | | | | 2:23.38 | 2:29.20 | 422 | +0,75 |
| | 50m: | 35.13 | 100m: | 37.95 | 150m: | 37.93 | 200m: | 38.19 | | |
| 35. | Ramon Vos | ZPC Hoogeveen | | | | | 2:34.82 | 2:29.42 | 420 | +0,88 |
| | 50m: | 34.33 | 100m: | 38.50 | 150m: | 38.75 | 200m: | 37.84 | | |
| 36. | Abel op den Velde | De Duinkickers | | | | | 2:40.53 | 2:30.10 | 414 | +0,76 |
| | 50m: | 35.63 | 100m: | 38.95 | 150m: | 39.16 | 200m: | 36.36 | | |
| 37. | Arthur Alberts | ZVZwartsluis | | | | | 2:29.06 | 2:31.76 | 401 | +0,68 |
| | 50m: | 35.42 | 100m: | 38.21 | 150m: | 39.63 | 200m: | 38.50 | | |
| 38. | Lars Heddema | Steenwijk 1934 | | | | | 2:40.22 | 2:32.23 | 397 | +0,65 |
| | 50m: | 35.38 | 100m: | 39.14 | 150m: | 39.92 | 200m: | 37.79 | | |
| 39. | Ruben Kragt | Zv 44 | | | | | 2:22.78 | 2:32.28 | 397 | +0,72 |
| | 50m: | 35.20 | 100m: | 38.61 | 150m: | 40.24 | 200m: | 38.23 | | |
| 40. | Duco de Gelder | Blue Marlins | | | | | 2:31.23 | 2:32.55 | 394 | +0,69 |
| | 50m: | 34.93 | 100m: | 39.39 | 150m: | 39.18 | 200m: | 39.05 | | |
| 41. | Mathijs de Wit | Ksn (Sg) | | | | | 2:38.30 | 2:33.63 | 386 | +0,81 |
| | 50m: | 36.96 | 100m: | 39.35 | 150m: | 39.17 | 200m: | 38.15 | | |
| 42. | Niek Sonneveld | Wvz | | | | | 2:14.99 | 2:33.96 | 384 | +0,68 |
| | 50m: | 36.07 | 100m: | 40.59 | 150m: | 41.16 | 200m: | 36.14 | | |
| 43. | Aiden Lips | Blue Marlins | | | | | 2:23.76 | 2:34.24 | 382 | +0,71 |
| | <i>*Back up tijd</i> | | | | | | | | | |
| | 50m: | 36.05 | 100m: | 38.42 | 150m: | 39.75 | 200m: | 40.02 | | |
| 44. | Sven Mulder | Wvz | | | | | 2:33.50 | 2:36.08 | 368 | +0,76 |
| | 50m: | 36.68 | 100m: | 41.21 | 150m: | 41.15 | 200m: | 37.04 | | |
| 45. | Rick Smelt | ZVZwartsluis | | | | | 2:26.41 | 2:36.70 | 364 | +0,70 |
| | 50m: | 36.43 | 100m: | 39.71 | 150m: | 41.35 | 200m: | 39.21 | | |
| 46. | Dax van den Nouland | Blue Marlins | | | | | 2:30.24 | 2:37.09 | 361 | +0,89 |
| | 50m: | 37.07 | 100m: | 40.29 | 150m: | 40.05 | 200m: | 39.68 | | |
| 47. | Aidan van der Stelt | Blue Marlins | | | | | 2:36.44 | 2:37.36 | 359 | +0,69 |
| | 50m: | 36.40 | 100m: | 41.34 | 150m: | 42.00 | 200m: | 37.62 | | |

DZ&PC Spring Swim 2024

Programmanr. 24, Heren, 200m rugslag, Voorronde, Junioren 1 en ouder

| Rang | In.tijd | Tijd | Pnt | RT | | | |
|---|---------|-----------|---------|--------------------------|-------|-------|-------|
| 48. Amor van der Veen <i>*Back up tijd</i> | Zv 44 | 201100197 | 2:29.95 | 2:37.80 356 +0,66 | | | |
| 50m: | 37.21 | 100m: | 39.89 | 150m: | 41.54 | 200m: | 39.16 |

Programmanr. 25
3-3-2024 - 10:42

Dames, 200m vinderslag
Spring Swim record: Alinda Dingshoff 2:19.92

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|--|-----------------------|-------------|-------------|----------------------|
| 1. Evy Rozeboom 50m: 31.70 | Daw | 200601338 | 2:15.39 | 2:23.24 614 Q |
| 100m: 37.20 | 150m: 37.49 | 200m: 36.85 | | |
| 2. Kinge Zandringa 50m: 30.24 | De Dolfijn | 199801422 | 2:15.80 | 2:26.03 580 Q |
| 100m: 35.59 | 150m: 38.49 | 200m: 41.71 | | |
| 3. Nikita van den Ouden 50m: 31.65 | Psv | 199900622 | 2:31.70 | 2:28.71 549 Q |
| 100m: 37.32 | 150m: 39.19 | 200m: 40.55 | | |
| 4. Frouke Ludwig 50m: 33.34 | Dz&Pc | 200800112 | 2:26.58 | 2:31.98 514 Q |
| 100m: 39.43 | 150m: 39.67 | 200m: 39.54 | | |
| 5. Laura van Etten 50m: 33.02 | HZ&PC Heerenveen | 200800264 | 2:57.21 | 2:32.92 505 Q |
| 100m: 38.24 | 150m: 40.74 | 200m: 40.92 | | |
| 6. Marte Hieke van der Kam 50m: 32.35 | HZ&PC Heerenveen | 200500218 | 2:29.77 | 2:33.38 500 Q |
| 100m: 38.47 | 150m: 42.16 | 200m: 40.40 | | |
| 7. Alinda Dingshoff 50m: 32.19 | De Dolfijn | 200000928 | 2:19.29 | 2:33.90 495 Q |
| 100m: 37.95 | 150m: 40.51 | 200m: 43.25 | | |
| 8. Maaïke Issard 50m: 33.91 | Dz&Pc | 200300022 | 2:26.84 | 2:37.04 466 Q |
| 100m: 39.71 | 150m: 40.54 | 200m: 42.88 | | |
| 9. Sille Holm-Nissen <i>*Back up tijd</i> | Haderslev Svømme Klub | 0738AV | 2:36.99 | 2:41.78 426 R |
| 50m: 34.36 | 100m: 41.31 | 150m: 42.53 | 200m: 43.58 | |
| 10. Tess Vonk 50m: 34.60 | De Geul | 200900024 | 2:37.53 | 2:42.37 422 R |
| 100m: 40.70 | 150m: 43.20 | 200m: 43.87 | | |
| 11. Elin Brinkhof 50m: 34.74 | De Dolfijn | 200900078 | 2:38.81 | 2:46.59 390 |
| 100m: 41.69 | 150m: 46.16 | 200m: 44.00 | | |
| 12. Odenza Soselisa 50m: 35.76 | Blue Marlins | 201101780 | 2:41.74 | 2:47.42 385 |
| 100m: 43.47 | 150m: 44.05 | 200m: 44.14 | | |
| 13. Silke Hooghiemstra 50m: 36.26 | HZ&PC Heerenveen | 200901224 | 2:57.31 | 2:53.31 347 |
| 100m: 43.11 | 150m: 47.83 | 200m: 46.11 | | |
| 14. Carla Moreno Palacios 50m: 35.52 | De Dolfijn | 201002302 | NT | 2:55.98 331 |
| 100m: 44.99 | 150m: 49.35 | 200m: 46.12 | | |
| 15. Kyara Balt 50m: 40.19 | De Vikings | 201100306 | 3:00.90 | 2:58.54 317 |
| 100m: 46.59 | 150m: 47.74 | 200m: 44.02 | | |
| 16. Leyona Lichtendonk 50m: 35.03 | Dedemsvaart-AC | 200700010 | 2:54.59 | 2:58.73 316 |
| 100m: 45.06 | 150m: 49.11 | 200m: 49.53 | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 25, Dames, 200m vlinderslag, Voorronde, Senioren Open

| Rang | In.tijd | Tijd | Pnt | RT |
|--|------------------|-----------|---------|--------------------|
| 17. Dewi Meijer 50m: 38.54 100m: 45.96 150m: 47.48 200m: 47.69 | De Dolfijn | 201000302 | NT | 2:59.67 311 |
| 18. Milou Filemon 50m: 38.77 100m: 45.84 150m: 49.89 200m: 50.17 | Blue Marlins | 201100078 | 2:57.76 | 3:04.67 286 |
| 19. Milou Geneuglijk 50m: 38.14 100m: 47.19 150m: 49.79 200m: 50.79 | HZ&PC Heerenveen | 200900556 | 3:03.90 | 3:05.91 281 |
| 20. Charlie Klaver 50m: 40.98 100m: 49.74 150m: 51.65 200m: 51.04 | De Dolfijn | 201102094 | NT | 3:13.41 249 |
| 21. Lisa Boogaard 50m: 42.71 100m: 51.24 150m: 53.84 200m: 51.60 | Deltasteur | 201100990 | 3:47.51 | 3:19.39 228 |
| 22. Cynthia Koolman 50m: 43.20 100m: 51.33 150m: 54.93 200m: 52.17 | ZPC Hoozeveen | 200300232 | 3:27.51 | 3:21.63 220 |
| 23. Meila Broenink 50m: 41.13 100m: 50.15 150m: 55.41 200m: 56.68 | Batavia Swim | 201102332 | 3:26.49 | 3:23.37 214 |
| NG.ZA Jessica Johnstone | Wvz | 201003890 | 2:45.99 | |

Programmanr. 26
3-3-2024 - 11:14

Heren, 50m rugslag
Spring Swim record: Jari Groenhart 26.89

Juniores 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|---|------------------------|-----------|-------|--------------------------|
| 1. Jay de Vries <i>*Spring swim record</i> | Team NL - Blue Marlins | 200400669 | 26.22 | 26.68 701 +0,65 A |
| 2. Lars Minnaert <i>*Back-up tijd</i> | Psv | 200502355 | 25.87 | 27.22 660 +0,59 A |
| 3. Michael Smink | Blue Marlins | 200302169 | 25.26 | 27.33 652 +0,63 A |
| 4. Daan Sonneveld | Wvz | 200601085 | 25.40 | 27.35 651 +0,64 A |
| 5. Jelle Betten | Dz&Pc | 200001535 | 27.12 | 27.50 640 +0,62 A |
| 6. Lars Verhalle | Psv | 200200019 | 26.10 | 27.76 623 +0,62 A |
| 7. Brandon van den Berg | Team NL - Blue Marlins | 200200669 | 27.86 | 28.02 605 +0,60 A |
| 8. Niek Issard | Dz&Pc | 200700037 | 28.67 | 28.53 573 +0,71 A |
| 9. Jisse Lousma | Wvz | 200701493 | 27.35 | 28.54 573 +0,59 B |
| 10. Matthijs van Meerendonk | Dz&Pc | 199900375 | 28.11 | 28.67 565 +0,60 B |
| 11. Emiel van Oord | De Dolfijn | 200503707 | 26.54 | 28.70 563 +0,56 B |
| 12. Lars ten Katen | Batavia Swim | 200600959 | 29.17 | 28.99 547 +0,65 B |
| 13. Jesse van der A | De Dolfijn | 199905303 | 28.37 | 29.13 539 +0,81 B |
| 14. Colin Bes | ZC Polaris | 200500201 | 29.44 | 29.17 537 +0,65 B |
| 15. Thom de Hoog | Blue Marlins | 200600019 | 27.72 | 29.37 526 +0,65 B |
| 16. Mees Niemeijer | Dz&Pc | 200201275 | 29.72 | 29.50 519 +0,70 B |
| 17. Jip Bakker | Dz&Pc | 200600287 | 31.63 | 29.66 510 +0,59 ? |
| Q. Brouwer von Gonzenbe | TriVia | 200700001 | 27.71 | 29.66 510 +0,69 ? |
| 19. Lars Bulman | Blue Marlins | 200600125 | 26.39 | 29.77 505 +0,69 |
| 20. Kaan Sudak | Blue Marlins | 200803733 | 27.50 | 29.80 503 +0,71 |
| 21. Daniel Critchell | Deltasteur | 200700439 | 29.26 | 30.44 472 +0,65 |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 26, Heren, 50m rugslag, Voorronde, Junioren 1 en ouder

| Rang | | | In.tijd | Tijd | Pnt | RT |
|------|--------------------------|-----------------------|-----------|-------|--------------|-----------|
| 22. | Koen Vissers | Psv | 200401429 | 29.09 | 30.46 | 471 +0,85 |
| 23. | Lars Heddemma | Steenwijk 1934 | 200603697 | 28.87 | 30.48 | 470 +0,76 |
| 24. | Giulian Janssen | Psv | 200900125 | 30.06 | 30.56 | 467 +0,67 |
| 25. | Bjorn Rijkaart | Wvz | 200601337 | 28.26 | 30.60 | 465 +0,76 |
| 26. | Pepijn van Egmond | Wvz | 200402309 | 28.53 | 30.76 | 457 +0,78 |
| 27. | Niek Sonneveld | Wvz | 200802631 | 29.25 | 30.80 | 456 +0,64 |
| | Marcelino Gomez Gonzalez | Psv | 200601473 | 28.51 | 30.80 | 456 +0,71 |
| 29. | Tim van Rooij | Psv | 200700129 | 28.62 | 30.97 | 448 +0,62 |
| 30. | Xander Boets | ZPC de Kanaalstreek | 200800133 | 29.86 | 30.98 | 448 +0,68 |
| 31. | Oliver Lund Gofredsen | Haderslev Svømme Klub | 0833AR | 30.04 | 31.03 | 446 +0,69 |
| 32. | Damir Mustafic | Dz&Pc | 200800885 | 30.61 | 31.05 | 445 +0,72 |
| 33. | Lucas Bemer | De Duinkickers | 200700219 | 31.98 | 31.13 | 441 +0,69 |
| | <i>*Back-up tijd</i> | | | | | |
| 34. | Robin de Jong | SG. Bolsward-Workum | 200101165 | 31.66 | 31.21 | 438 +0,69 |
| | <i>*Back-up tijd</i> | | | | | |
| 35. | Colin Beuker | ZC Polaris | 200802023 | 32.77 | 31.33 | 433 +0,81 |
| 36. | Luc Kerpels | ZPC Hoogeveen | 200503015 | 29.30 | 31.34 | 433 +0,72 |
| 37. | Jorian Darwinkel | HZ&PC Heerenveen | 200300565 | 30.98 | 31.55 | 424 +0,61 |
| 38. | Floris van der Salm | De Dolfijn | 200700705 | 29.46 | 31.58 | 423 +0,78 |
| 39. | Tim van Erven | Dz&Pc | 200700175 | 34.84 | 32.02 | 406 +0,76 |
| | <i>*Back-up tijd</i> | | | | | |
| 40. | Joël Malda | Orca Leeuwarden | 200301017 | 28.89 | 32.19 | 399 +1,09 |
| 41. | Sven Casper Hageman | Steenwijk 1934 | 201000009 | 31.40 | 32.27 | 396 +0,65 |
| 42. | Vasco Strampel | Steenwijk 1934 | 200702073 | 31.16 | 32.47 | 389 +0,72 |
| 43. | Rely Hoogendijk | Wvz | 200702521 | 30.39 | 32.55 | 386 +0,69 |
| 44. | Thygo van Peppel | Blue Marlins | 200901101 | 31.54 | 32.68 | 381 +0,78 |
| | <i>*Back-up tijd</i> | | | | | |
| 45. | Arie Brussaard | Batavia Swim | 200700781 | 29.44 | 32.79 | 378 +0,59 |
| 46. | Duco de Gelder | Blue Marlins | 201000217 | 32.16 | 33.49 | 354 +0,67 |
| 47. | Arthur Alberts | ZVZwartsluis | 200900239 | 32.44 | 33.89 | 342 +0,61 |
| 48. | Renzo Steller | Wvz | 200701141 | 32.76 | 33.98 | 339 +0,66 |
| 49. | Ruben Trompetter | Dz&Pc | 200500997 | 35.13 | 34.39 | 327 +0,87 |
| 50. | Siem Faber | Batavia Swim | 200900065 | 35.87 | 34.61 | 321 +0,67 |
| 51. | Juan Cruz Slappendel | F.Z.C.'54 | 200903053 | 37.67 | 34.82 | 315 +0,72 |
| 52. | Art Jin van der Ent | Blue Marlins | 200903785 | 37.90 | 35.08 | 308 +0,82 |
| 53. | Vito Kuperus | F.Z.C.'54 | 200401389 | 32.46 | 35.28 | 303 +0,74 |
| 54. | Daniël Scheppink | Swol 1894 | 200902769 | 34.79 | 36.78 | 267 +0,77 |
| 55. | Milan Bottenberg | Deltasteur | 200900153 | 35.92 | 37.62 | 250 +0,84 |
| 56. | Leroy Maring | ZPC de Kanaalstreek | 201100307 | 38.15 | 38.09 | 241 +0,77 |
| | <i>*Back-up tijd</i> | | | | | |
| 57. | Kasper Lubbers | Orca Leeuwarden | 201100025 | 36.94 | 38.26 | 237 +0,75 |
| 58. | Gijs Nooter | Zv 44 | 201000725 | 37.63 | 38.91 | 226 +0,73 |
| 59. | Twan Felix | Deltasteur | 201000123 | 38.31 | 39.10 | 222 +0,79 |
| | <i>*Back-up tijd</i> | | | | | |
| 60. | Luca Karsten Schüler | HZ&PC Heerenveen | 201101451 | 38.09 | 39.25 | 220 +0,99 |
| 61. | Erik School | Deltasteur | 201100139 | 40.88 | 40.14 | 206 +0,69 |

DZ&PC Spring Swim 2024

Programmanr. 26, Heren, 50m rugslag, Voorronde, Junioren 1 en ouder

| Rang | | | In.tijd | Tijd | Pnt | RT |
|-------|-----------------|---------------|-----------|-------|--------------|-----------|
| 62. | Timo Bottenberg | Deltasteur | 200900151 | 39.13 | 40.83 | 195 +0,76 |
| AFGEM | Thomas Boer | ZC Polaris | 200600769 | 28.52 | | |
| AFGEM | Taco Hengstman | ZPC Hoogeveen | 200304601 | 28.16 | | |

Programmanr. 27
3-3-2024 - 11:24

Dames, 100m vrije slag
Spring Swim record: Kim Busch 55.31

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|--|-----------------------------|-----------|---------|--------------|-----|----|
| 1. | Sam van Nunen | Team NL - PSV | 200100036 | 54.98 | 55.31 | 817 | A |
| | <i>*evenaring van Spring Swim record</i> | | | | | | |
| | 50m: 26.03 | 100m: 29.28 | | | | | |
| 2. | Yara van Kalmthout | Team NL - PSV | 200200984 | 56.33 | 56.78 | 755 | A |
| | 50m: 28.05 | 100m: 28.73 | | | | | |
| 3. | Anne Thastrup-Hansen | Haderslev Svømme Klud0688AV | | 54.62 | 56.85 | 752 | A |
| | 50m: 27.39 | 100m: 29.46 | | | | | |
| 4. | Kirsten Verhalle | Psv | 200400210 | 55.94 | 57.31 | 734 | A |
| | 50m: 27.70 | 100m: 29.61 | | | | | |
| 5. | Valerie van Roon | De Dolfijn | 199802326 | 53.14 | 57.52 | 726 | A |
| | 50m: 27.37 | 100m: 30.15 | | | | | |
| 6. | Angelina Rolman | Team NL - De Dolfijn | 200701972 | 57.31 | 57.68 | 720 | A |
| | 50m: 27.69 | 100m: 29.99 | | | | | |
| | Megan Jonkman | Blue Marlins | 200600508 | 55.28 | 57.68 | 720 | A |
| | 50m: 27.98 | 100m: 29.70 | | | | | |
| 8. | Sara Korthuis | Dz&Pc | 200600494 | 57.20 | 57.81 | 715 | A |
| | 50m: 27.92 | 100m: 29.89 | | | | | |
| 9. | Serena Stel | De Dolfijn | 199801528 | 56.35 | 58.04 | 707 | B |
| | 50m: 28.04 | 100m: 30.00 | | | | | |
| 10. | Mare Schallenberg | Acz | 200600078 | 57.74 | 58.31 | 697 | B |
| | 50m: 28.67 | 100m: 29.64 | | | | | |
| 11. | Anna van Droffelaar | Team NL - PSV | 200400258 | 58.64 | 58.49 | 691 | B |
| | 50m: 28.27 | 100m: 30.22 | | | | | |
| 12. | Elise Tanis | De Dolfijn | 200200120 | 55.88 | 58.69 | 683 | B |
| | 50m: 28.10 | 100m: 30.59 | | | | | |
| 13. | Lynn Blommers | Blue Marlins | 200105062 | 56.87 | 59.55 | 654 | B |
| | 50m: 28.82 | 100m: 30.73 | | | | | |
| 14. | Dachen Haaijer | ZPC Hoogeveen | 200800380 | 57.90 | 59.85 | 644 | B |
| | 50m: 29.00 | 100m: 30.85 | | | | | |
| 15. | Merel Schravendijk | Blue Marlins | 200503382 | 57.86 | 59.92 | 642 | B |
| | 50m: 28.96 | 100m: 30.96 | | | | | |
| 16. | Jinthe Engelse | Niemo Barracuda | 200800204 | 59.76 | 59.95 | 641 | B |
| | 50m: 28.54 | 100m: 31.41 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 27, Dames, 100m vrije slag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|------------------|-----------|---------|----------------|-----|----|
| 17. | Anne Fleur Willemssen | Azuro | 199901396 | 59.75 | 1:00.20 | 633 | R |
| | 50m: 29.44 | 100m: 30.76 | | | | | |
| 18. | Arianne Kooijinga | Dz&Pc | 200001544 | 1:00.94 | 1:00.30 | 630 | R |
| | 50m: 29.12 | 100m: 31.18 | | | | | |
| 19. | Fay Boxum | Dz&Pc | 200900060 | 1:00.28 | 1:00.57 | 622 | |
| | 50m: 28.69 | 100m: 31.88 | | | | | |
| 20. | Julie van Nispen | Z&PV Nuenen | 200800290 | 1:01.67 | 1:00.78 | 615 | |
| | 50m: 29.56 | 100m: 31.22 | | | | | |
| 21. | Laura van Etten | HZ&PC Heerenveen | 200800264 | 1:01.95 | 1:00.82 | 614 | |
| | 50m: 29.27 | 100m: 31.55 | | | | | |
| 22. | Veerle de Ridder | HZ&PC Heerenveen | 200700778 | 1:01.64 | 1:01.18 | 603 | |
| | 50m: 28.96 | 100m: 32.22 | | | | | |
| 23. | Madeleine Bertram | De Dolfijn | 200900516 | 59.82 | 1:01.24 | 602 | |
| | 50m: 29.82 | 100m: 31.42 | | | | | |
| 24. | Fenna Westerneng | Dz&Pc | 200900070 | 1:02.29 | 1:01.39 | 597 | |
| | 50m: 29.78 | 100m: 31.61 | | | | | |
| 25. | Indira van Aggele | De Dolfijn | 200804424 | 59.40 | 1:01.49 | 594 | |
| | 50m: 29.76 | 100m: 31.73 | | | | | |
| 26. | Tess Bemer | De Duinkickers | 200600450 | 1:02.10 | 1:01.77 | 586 | |
| | 50m: 29.24 | 100m: 32.53 | | | | | |
| 27. | Marre Zandringa | Orca Leeuwarden | 199701136 | 1:01.74 | 1:01.92 | 582 | |
| | 50m: 29.69 | 100m: 32.23 | | | | | |
| 28. | Jolijn Liezen | Steenwijk 1934 | 200500518 | 59.47 | 1:02.01 | 579 | |
| | 50m: 29.29 | 100m: 32.72 | | | | | |
| | Vera Wassink | Zpc Amersfoort | 200604976 | 1:00.18 | 1:02.01 | 579 | |
| | 50m: 29.24 | 100m: 32.77 | | | | | |
| 30. | Floor Hogervorst | Blue Marlins | 200701400 | 57.16 | 1:02.03 | 579 | |
| | 50m: 29.40 | 100m: 32.63 | | | | | |
| 31. | Dionne Salomons | ZC Borger | 200200504 | 1:03.38 | 1:02.24 | 573 | |
| | 50m: 29.37 | 100m: 32.87 | | | | | |
| 32. | Rafaela Mulders | De Reuring | 200701398 | 1:00.88 | 1:02.54 | 565 | |
| | 50m: 29.92 | 100m: 32.62 | | | | | |
| 33. | Fenna Zusterzeel | Psv | 201000008 | 1:00.26 | 1:02.67 | 561 | |
| | 50m: 29.99 | 100m: 32.68 | | | | | |
| 34. | Myrthe Natzijl | Dz&Pc | 200400076 | 1:02.06 | 1:02.83 | 557 | |
| | 50m: 30.60 | 100m: 32.23 | | | | | |
| 35. | Kinley Cole | Psv | 200903696 | 59.59 | 1:02.92 | 555 | |
| | 50m: 30.20 | 100m: 32.72 | | | | | |
| 36. | Julia Agricola | Dz&Pc | 200800266 | 1:05.04 | 1:02.96 | 554 | |
| | 50m: 30.17 | 100m: 32.79 | | | | | |
| 37. | Lotte Lübbers | Ksn (Sg) | 200900190 | 1:02.92 | 1:03.06 | 551 | |
| | 50m: 30.60 | 100m: 32.46 | | | | | |

DZ&PC Spring Swim 2024



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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 27, Dames, 100m vrije slag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|-----------------------------|-----------|---------|----------------|-----|----|
| 38. | Ilana Gentile | Orca Leeuwarden | 200801558 | 59.88 | 1:03.11 | 550 | |
| | 50m: 30.42 | 100m: 32.69 | | | | | |
| 39. | Emmelien Smelt | ZVZwartsluis | 200800012 | 59.73 | 1:03.12 | 549 | |
| | 50m: 30.52 | 100m: 32.60 | | | | | |
| 40. | Indy van Laarhoven | Psv | 200500710 | 59.78 | 1:03.41 | 542 | |
| | 50m: 29.96 | 100m: 33.45 | | | | | |
| 41. | Malin Roozeboom | Wvz | 201100006 | 1:01.24 | 1:03.42 | 542 | |
| | 50m: 30.48 | 100m: 32.94 | | | | | |
| 42. | Ananda van der Wiel | Wvz | 200701562 | 1:01.45 | 1:03.49 | 540 | |
| | 50m: 29.99 | 100m: 33.50 | | | | | |
| 43. | Anja Kisielewicz | Haderslev Svømme Klub0714AX | | 1:01.72 | 1:03.53 | 539 | |
| | 50m: 30.09 | 100m: 33.44 | | | | | |
| | Thalia Meijer | Blue Marlins | 200704048 | 1:02.00 | 1:03.53 | 539 | |
| | 50m: 29.90 | 100m: 33.63 | | | | | |
| 45. | Dewi Meijer | De Dolfijn | 201000302 | 1:06.08 | 1:03.63 | 536 | |
| | 50m: 30.89 | 100m: 32.74 | | | | | |
| 46. | Ciska de Lugt | Dz&Pc | 200503302 | 1:02.11 | 1:03.74 | 533 | |
| | 50m: 30.63 | 100m: 33.11 | | | | | |
| 47. | Bregje Dekkers | Psv | 200900746 | 1:02.06 | 1:03.78 | 532 | |
| | 50m: 30.56 | 100m: 33.22 | | | | | |
| 48. | Luca Ebbinge | Dz&Pc | 199802406 | 1:01.93 | 1:03.81 | 532 | |
| | 50m: 30.54 | 100m: 33.27 | | | | | |
| 49. | Michelle Zomerdijk | Dedemsvaart-AC | 200003196 | 1:00.80 | 1:03.85 | 531 | |
| | 50m: 30.69 | 100m: 33.16 | | | | | |
| 50. | Lois Waterham | Dedemsvaart-AC | 200803726 | 1:03.76 | 1:03.86 | 530 | |
| | 50m: 30.12 | 100m: 33.74 | | | | | |
| 51. | Carla Moreno Palacios | De Dolfijn | 201002302 | 1:00.41 | 1:04.05 | 526 | |
| | 50m: 31.12 | 100m: 32.93 | | | | | |
| | Amber Kunst | Daw | 200900680 | 1:00.74 | 1:04.05 | 526 | |
| | 50m: 31.30 | 100m: 32.75 | | | | | |
| 53. | Lola Verheijen | Psv | 201100832 | 1:02.11 | 1:04.09 | 525 | |
| | 50m: 31.53 | 100m: 32.56 | | | | | |
| 54. | Féline Sam | ZVZwartsluis | 200700018 | 1:00.48 | 1:04.28 | 520 | |
| | 50m: 30.77 | 100m: 33.51 | | | | | |
| 55. | Esmee van Peer | TriVia | 200201114 | 1:02.17 | 1:04.29 | 520 | |
| | 50m: 30.40 | 100m: 33.89 | | | | | |
| 56. | Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | 1:03.65 | 1:04.33 | 519 | |
| | 50m: 30.35 | 100m: 33.98 | | | | | |
| 57. | Julia Dabrowska | Blue Marlins | 201000300 | 1:01.51 | 1:04.41 | 517 | |
| | 50m: 30.19 | 100m: 34.22 | | | | | |
| 58. | Daphne Dijsselhof | Dedemsvaart-AC | 200901690 | 1:05.48 | 1:04.55 | 514 | |
| | 50m: 32.04 | 100m: 32.51 | | | | | |

DZ&PC Spring Swim 2024



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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 27, Dames, 100m vrije slag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|--------------------|-----------------------------|-----------|---------|----------------|-----|----|
| 59. | Jasmijn Sterken | ZC Polaris | 200701196 | 1:01.05 | 1:04.62 | 512 | |
| | 50m: 30.25 | 100m: 34.37 | | | | | |
| 60. | Luus Gielens | Psv | 200900138 | 1:00.16 | 1:04.65 | 511 | |
| | 50m: 30.76 | 100m: 33.89 | | | | | |
| 61. | Anna Lepoutre | Psv | 201100534 | 1:02.47 | 1:05.15 | 500 | |
| | 50m: 31.36 | 100m: 33.79 | | | | | |
| 62. | Olena Dijkstra | Orca Leeuwarden | 200202624 | 1:00.86 | 1:05.20 | 498 | |
| | 50m: 30.91 | 100m: 34.29 | | | | | |
| 63. | Fleur van den Eijk | Blue Marlins | 200900304 | 1:01.36 | 1:05.21 | 498 | |
| | 50m: 30.80 | 100m: 34.41 | | | | | |
| 64. | Yara van Asselen | De Dolfijn | 200900408 | 1:04.00 | 1:05.31 | 496 | |
| | 50m: 31.30 | 100m: 34.01 | | | | | |
| 65. | Imre Bouwland | ZPC Hoogeveen | 200700388 | 1:02.71 | 1:05.45 | 493 | |
| | 50m: 31.59 | 100m: 33.86 | | | | | |
| 66. | Senna Boogmans | De Duinkickers | 201000640 | 1:06.61 | 1:05.55 | 490 | |
| | 50m: 31.07 | 100m: 34.48 | | | | | |
| 67. | Inger van Oord | De Dolfijn | 200703912 | 1:03.30 | 1:05.77 | 486 | |
| | 50m: 31.62 | 100m: 34.15 | | | | | |
| 68. | Chloé in 't Veen | Wvz | 201100010 | 1:03.75 | 1:05.80 | 485 | |
| | 50m: 32.09 | 100m: 33.71 | | | | | |
| 69. | Esmée Ykema | HZ&PC Heerenveen | 200801710 | 1:04.07 | 1:05.81 | 485 | |
| | 50m: 31.16 | 100m: 34.65 | | | | | |
| 70. | Sophie van Leent | Blue Marlins | 200800522 | 1:03.77 | 1:05.86 | 484 | |
| | 50m: 31.25 | 100m: 34.61 | | | | | |
| 71. | Annemijn Kragt | Deltasteur | 200802710 | 1:02.45 | 1:05.91 | 482 | |
| | 50m: 31.52 | 100m: 34.39 | | | | | |
| 72. | Wieke Dekker | De Dolfijn | 201002020 | 1:05.94 | 1:06.19 | 476 | |
| | 50m: 32.30 | 100m: 33.89 | | | | | |
| 73. | Kristine Hansen | Haderslev Svømme Klub0804AX | | 1:04.28 | 1:06.45 | 471 | |
| | 50m: 32.16 | 100m: 34.29 | | | | | |
| 74. | Leyona Lichtendonk | Dedemsvaart-AC | 200700010 | 1:04.13 | 1:06.57 | 468 | |
| | 50m: 32.32 | 100m: 34.25 | | | | | |
| 75. | Anouk Steller | Wvz | 201000004 | 1:03.17 | 1:06.74 | 465 | |
| | 50m: 32.04 | 100m: 34.70 | | | | | |
| 76. | Aniek Vuist | Steenwijk 1934 | 200600958 | 1:03.36 | 1:06.88 | 462 | |
| | 50m: 31.83 | 100m: 35.05 | | | | | |
| 77. | Isabel Amelink | Deltasteur | 201100196 | 1:06.48 | 1:07.06 | 458 | |
| | 50m: 32.70 | 100m: 34.36 | | | | | |
| 78. | Anna Vaupell | Haderslev Svømme Klub0886AR | | 1:05.01 | 1:07.20 | 455 | |
| | 50m: 31.69 | 100m: 35.51 | | | | | |
| 79. | Jade Belmar | Blue Marlins | 200704900 | 1:09.57 | 1:07.42 | 451 | |
| | 50m: 32.81 | 100m: 34.61 | | | | | |

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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 27, Dames, 100m vrije slag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-------------------------|-----------------------------|-----------|---------|----------------|-----|----|
| 80. | Josephine Swarts | Bubble | 200703502 | 1:04.55 | 1:07.51 | 449 | |
| | 50m: 32.83 | 100m: 34.68 | | | | | |
| 81. | Sterre van der Wal | Steenwijk 1934 | 200502356 | 1:05.19 | 1:07.71 | 445 | |
| | 50m: 31.77 | 100m: 35.94 | | | | | |
| 82. | Marlouke Frijstein | Deltasteur | 200800152 | 1:05.54 | 1:07.78 | 444 | |
| | 50m: 32.63 | 100m: 35.15 | | | | | |
| | Milou Filemon | Blue Marlins | 201100078 | 1:05.67 | 1:07.78 | 444 | |
| | 50m: 32.80 | 100m: 34.98 | | | | | |
| 84. | Liselotte Schaap | HZ&PC Heerenveen | 200603016 | 1:06.84 | 1:07.80 | 443 | |
| | 50m: 32.46 | 100m: 35.34 | | | | | |
| 85. | Floortje van 't Wout | De Dolfijn | 200802286 | 1:03.75 | 1:07.87 | 442 | |
| | 50m: 32.14 | 100m: 35.73 | | | | | |
| 86. | Annemiek Meulenbeld | Orca Leeuwarden | 199506230 | 1:05.33 | 1:07.93 | 441 | |
| | 50m: 31.78 | 100m: 36.15 | | | | | |
| 87. | Lieke Brinkman | ZC Borger | 200800072 | 1:04.77 | 1:08.03 | 439 | |
| | 50m: 32.70 | 100m: 35.33 | | | | | |
| 88. | Feyona Vonk | F.Z.C.'54 | 200600814 | 1:06.34 | 1:08.11 | 437 | |
| | 50m: 33.13 | 100m: 34.98 | | | | | |
| 89. | Minke Oliva Bouman | Blue Marlins | 201100104 | 1:05.51 | 1:08.14 | 437 | |
| | 50m: 32.40 | 100m: 35.74 | | | | | |
| 90. | Amber Tiesinga | Dz&Pc | 200600782 | 1:06.88 | 1:08.22 | 435 | |
| | 50m: 32.61 | 100m: 35.61 | | | | | |
| 91. | Amila Mustafic | Dz&Pc | 201200026 | 1:08.84 | 1:08.32 | 433 | |
| | 50m: 33.10 | 100m: 35.22 | | | | | |
| 92. | Karlijn Dijkshoorn | Steenwijk 1934 | 200803926 | 1:03.52 | 1:08.38 | 432 | |
| | 50m: 32.08 | 100m: 36.30 | | | | | |
| 93. | Victoria Friis Petersen | Haderslev Svømme Klub0808AY | | 1:10.24 | 1:08.45 | 431 | |
| | 50m: 32.76 | 100m: 35.69 | | | | | |
| 94. | Nora Lynn Otten | ZPC Hoogeveen | 200903338 | 1:08.86 | 1:08.56 | 429 | |
| | 50m: 31.77 | 100m: 36.79 | | | | | |
| 95. | Laura van Lierop | Psv | 200700810 | 1:03.98 | 1:08.63 | 427 | |
| | 50m: 31.95 | 100m: 36.68 | | | | | |
| 96. | Manou Longayroux | Blue Marlins | 201000580 | 1:05.33 | 1:08.70 | 426 | |
| | 50m: 33.33 | 100m: 35.37 | | | | | |
| 97. | Evelien de Jong | Neptunia '24 | 199805316 | 1:09.39 | 1:08.71 | 426 | |
| | 50m: 32.31 | 100m: 36.40 | | | | | |
| 98. | Lieke Rossel | ZC Polaris | 200603070 | 1:08.58 | 1:09.00 | 420 | |
| | 50m: 33.10 | 100m: 35.90 | | | | | |
| 99. | Esmee van der Tuuk | ZPC Hoogeveen | 200800682 | 1:04.71 | 1:09.09 | 419 | |
| | 50m: 32.31 | 100m: 36.78 | | | | | |
| 100. | Isa Kerpels | ZPC Hoogeveen | 200800880 | 1:07.20 | 1:09.15 | 418 | |
| | 50m: 32.78 | 100m: 36.37 | | | | | |

DZ&PC Spring Swim 2024

Programmanr. 27, Dames, 100m vrije slag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|---------------------|------------------|-----------|---------|----------------|-----|----|
| 100. | Luesza Siahajja | ZPC Hoogeveen | 200801316 | 1:05.56 | 1:09.15 | 418 | |
| | 50m: 33.01 | 100m: 36.14 | | | | | |
| 102. | Anique Polinder | Zv 44 | 200800008 | 1:06.76 | 1:09.25 | 416 | |
| | 50m: 32.87 | 100m: 36.38 | | | | | |
| 103. | Vivian Nooter | Zv 44 | 200703614 | 1:05.34 | 1:09.41 | 413 | |
| | 50m: 32.85 | 100m: 36.56 | | | | | |
| 104. | Anna Klomp | Swol 1894 | 200600006 | 1:05.59 | 1:09.43 | 413 | |
| | 50m: 32.98 | 100m: 36.45 | | | | | |
| 105. | Debora Lazarev | De Dolfijn | 200603398 | 1:04.57 | 1:09.55 | 410 | |
| | 50m: 33.55 | 100m: 36.00 | | | | | |
| 106. | Almyra Santing | ZC Polaris | 200602786 | 1:09.86 | 1:09.88 | 405 | |
| | 50m: 32.92 | 100m: 36.96 | | | | | |
| 107. | Annefleur Schraa | Swol 1894 | 201100044 | 1:09.91 | 1:10.04 | 402 | |
| | 50m: 34.13 | 100m: 35.91 | | | | | |
| 108. | Jente van 't Hul | Deltasteur | 201000186 | 1:10.57 | 1:10.05 | 402 | |
| | 50m: 33.28 | 100m: 36.77 | | | | | |
| 109. | Melody Paulussen | De Dolfijn | 201101106 | 1:06.92 | 1:10.11 | 401 | |
| | 50m: 32.80 | 100m: 37.31 | | | | | |
| 110. | Lobke Hempenius | HZ&PC Heerenveen | 201100522 | 1:10.17 | 1:10.12 | 401 | |
| | 50m: 34.19 | 100m: 35.93 | | | | | |
| 111. | Anne van der Kamp | Deltasteur | 200900274 | 1:07.32 | 1:10.15 | 400 | |
| | 50m: 34.01 | 100m: 36.14 | | | | | |
| 112. | Annelie Batenburg | Psv | 201001962 | 1:07.57 | 1:10.51 | 394 | |
| | 50m: 34.04 | 100m: 36.47 | | | | | |
| 113. | Meike van der Klugt | Wvz | 201100808 | 1:09.64 | 1:10.54 | 393 | |
| | 50m: 33.54 | 100m: 37.00 | | | | | |
| 114. | Elien Groothuismink | Swol 1894 | 200800920 | 1:08.69 | 1:10.73 | 390 | |
| | 50m: 33.63 | 100m: 37.10 | | | | | |
| 115. | Norell Kroeze | ZC Polaris | 201100378 | 1:08.86 | 1:10.78 | 389 | |
| | 50m: 33.93 | 100m: 36.85 | | | | | |
| 116. | Evita Hoornweg | TriVia | 201002046 | 1:06.31 | 1:10.90 | 387 | |
| | 50m: 33.32 | 100m: 37.58 | | | | | |
| 117. | Isa Segenhout | Orca Leeuwarden | 201000128 | 1:08.72 | 1:10.97 | 386 | |
| | 50m: 33.41 | 100m: 37.56 | | | | | |
| 118. | Manora Ponne | Steenwijk 1934 | 201102222 | 1:08.49 | 1:11.33 | 380 | |
| | 50m: 33.50 | 100m: 37.83 | | | | | |
| 119. | Marjet Minnema | Avena | 200501328 | 1:10.83 | 1:11.60 | 376 | |
| | 50m: 34.22 | 100m: 37.38 | | | | | |
| 120. | Femke ter Horst | ZPC Hoogeveen | 201000108 | 1:07.43 | 1:11.64 | 376 | |
| | 50m: 34.18 | 100m: 37.46 | | | | | |
| 121. | Femke van der Veen | Orca Leeuwarden | 201100962 | 1:12.72 | 1:11.96 | 371 | |
| | 50m: 33.78 | 100m: 38.18 | | | | | |

DZ&PC Spring Swim 2024

Programmanr. 27, Dames, 100m vrije slag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|-------|--|------------------|-----------|---------|----------------|-----|----|
| 122. | Marlies Brouwer | Dz&Pc | 201101152 | 1:12.41 | 1:11.97 | 370 | |
| | 50m: 34.45 | 100m: 37.52 | | | | | |
| 123. | Dieuwke Cleveringa | Swol 1894 | 200700708 | 1:05.67 | 1:12.82 | 358 | |
| | 50m: 34.28 | 100m: 38.54 | | | | | |
| 124. | Lisa Boogaard | Deltasteur | 201100990 | 1:11.46 | 1:13.25 | 351 | |
| | 50m: 36.04 | 100m: 37.21 | | | | | |
| 125. | Samantha Magava | De Dolfijn | 200804644 | 1:10.14 | 1:13.51 | 348 | |
| | 50m: 34.02 | 100m: 39.49 | | | | | |
| 126. | Yenthe Segeren | F.Z.C.'54 | 200801440 | 1:14.37 | 1:14.02 | 340 | |
| | 50m: 35.39 | 100m: 38.63 | | | | | |
| 127. | Jelena Krikke | Dz&Pc | 200405874 | 1:14.13 | 1:14.21 | 338 | |
| | 50m: 34.35 | 100m: 39.86 | | | | | |
| 128. | Leonore Heerschop | Steenwijk 1934 | 200801310 | 1:13.82 | 1:14.28 | 337 | |
| | 50m: 35.47 | 100m: 38.81 | | | | | |
| 129. | Syll Rinsma | Orca Leeuwarden | 201200798 | 1:14.32 | 1:15.06 | 326 | |
| | 50m: 34.28 | 100m: 40.78 | | | | | |
| 130. | Wendy Elferink | HZ&PC Heerenveen | 200604202 | 1:14.61 | 1:15.22 | 324 | |
| | 50m: 36.16 | 100m: 39.06 | | | | | |
| 131. | Jessica Dekkinga | Steenwijk 1934 | 200600180 | 1:09.63 | 1:15.63 | 319 | |
| | 50m: 35.05 | 100m: 40.58 | | | | | |
| 132. | Amber Spronk | Deltasteur | 201000970 | 1:16.45 | 1:16.45 | 309 | |
| | 50m: 36.80 | 100m: 39.65 | | | | | |
| 133. | Manoah Dekker | Deltasteur | 201100656 | 1:14.36 | 1:16.75 | 305 | |
| | 50m: 36.67 | 100m: 40.08 | | | | | |
| 134. | Floortje Bakker | Blue Marlins | 201101124 | 1:16.58 | 1:17.23 | 300 | |
| | 50m: 37.16 | 100m: 40.07 | | | | | |
| 135. | Elske van der Ven | Psv | 200800904 | 1:08.66 | 1:17.64 | 295 | |
| | 50m: 35.27 | 100m: 42.37 | | | | | |
| 136. | Ilaria Flower | De Dolfijn | 201103236 | 1:18.24 | 1:19.78 | 272 | |
| | 50m: 37.70 | 100m: 42.08 | | | | | |
| 137. | Anne Boswinkel | Swol 1894 | 200801724 | 1:17.68 | 1:20.25 | 267 | |
| | 50m: 40.13 | 100m: 40.12 | | | | | |
| 138. | Sophie Zwart | TriVia | 200902664 | 1:27.74 | 1:30.77 | 184 | |
| | 50m: 41.30 | 100m: 49.47 | | | | | |
| 139. | Maud Ekkelboom | Deltasteur | 201200812 | 1:31.57 | 1:33.84 | 167 | |
| | 50m: 44.41 | 100m: 49.43 | | | | | |
| DIS | Elin Reinstra | TriVia | 201100842 | 1:04.13 | | | |
| | <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | | | | | | |
| AFGEM | Jubilee van Heijdoorn | Wvz | 200900636 | 1:06.60 | | | |
| AFGEM | Emma Langenberg | Orca Leeuwarden | 201100776 | 1:23.07 | | | |
| AFGEM | Fardau Dikkers | Wetterwille | 200501722 | 1:01.60 | | | |
| AFGEM | Krista Veehof | Deltasteur | 200700140 | 1:13.50 | | | |
| AFGEM | Eva Noordhuis | Azuro | 200704392 | 1:21.25 | | | |

Programmanr. 27, Dames, 100m vrije slag, Voorronde, Senioren Open

| Rang | | | In.tijd | Tijd | Pnt | RT |
|-------|-------------------|---------------|-----------|---------|-----|----|
| AFGEM | Lisa Veenstra | F.Z.C.'54 | 200304294 | 1:10.43 | | |
| AFGEM | Benthe Hilbolling | ZC Borger | 200700362 | 1:13.49 | | |
| AFGEM | Meike van Berkum | Swol 1894 | 201002826 | 1:12.54 | | |
| AFGEM | Janna van Kooten | ZPC Hoogeveen | 200404584 | 55.10 | | |

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3-3-2024 - 11:54

Heren, 100m schoolslag
Spring Swim record: Juri Dijkstra 1:04.32

Junioren 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------------|---------------|-----------|---------|----------------|-----|----|
| 1. | Koen de Groot | Team NL - PSV | 200401059 | 59.93 | 1:02.99 | 736 | A |
| | <i>*Spring Swim record</i> | | | | | | |
| | 50m: 28.58 | 100m: 34.41 | | | | | |
| 2. | Steijn Louter | Team NL - PSV | 200500793 | 1:01.32 | 1:03.14 | 731 | A |
| | 50m: 29.76 | 100m: 33.38 | | | | | |
| 3. | Luca Janssen | Team NL - PSV | 200403237 | 1:00.52 | 1:03.26 | 726 | A |
| | 50m: 29.77 | 100m: 33.49 | | | | | |
| 4. | Jason van den Berg | Blue Marlins | 200400009 | 59.82 | 1:03.83 | 707 | A |
| | 50m: 29.70 | 100m: 34.13 | | | | | |
| 5. | River Streefland | Blue Marlins | 200502253 | 1:01.23 | 1:04.73 | 678 | A |
| | 50m: 30.29 | 100m: 34.44 | | | | | |
| 6. | Wytse Broekstra | De Vikings | 200800121 | 1:04.60 | 1:05.39 | 658 | A |
| | 50m: 30.69 | 100m: 34.70 | | | | | |
| 7. | Cas Verstegen | Psv | 200500891 | 1:01.37 | 1:05.52 | 654 | A |
| | 50m: 31.03 | 100m: 34.49 | | | | | |
| 8. | Juri Dijkstra | De Dolfijn | 200002119 | 1:01.21 | 1:05.60 | 651 | A |
| | 50m: 30.74 | 100m: 34.86 | | | | | |
| 9. | Storm Boxum | Dz&Pc | 200700421 | 1:05.91 | 1:05.76 | 647 | B |
| | 50m: 31.06 | 100m: 34.70 | | | | | |
| 10. | Thomas Jansen | Team NL - WVZ | 200100143 | 1:04.94 | 1:06.21 | 634 | B |
| | 50m: 31.15 | 100m: 35.06 | | | | | |
| 11. | Roan van der Weide | Blue Marlins | 200601629 | 1:04.20 | 1:06.67 | 620 | B |
| | 50m: 31.48 | 100m: 35.19 | | | | | |
| 12. | Nikodim Markovic | Blue Marlins | 200700255 | 1:03.01 | 1:07.32 | 603 | B |
| | 50m: 32.00 | 100m: 35.32 | | | | | |
| 13. | Rick Bulman | Blue Marlins | 200101899 | 1:03.18 | 1:08.01 | 585 | B |
| | 50m: 30.95 | 100m: 37.06 | | | | | |
| 14. | Jasper Willig | Blue Marlins | 200104757 | 1:02.04 | 1:08.52 | 572 | B |
| | 50m: 31.23 | 100m: 37.29 | | | | | |
| 15. | Derk Jan van Duijn | Dz&Pc | 200105575 | 1:06.54 | 1:09.14 | 556 | B |
| | 50m: 32.67 | 100m: 36.47 | | | | | |
| 16. | Rick Offringa | Dz&Pc | 200300979 | 1:10.85 | 1:09.48 | 548 | B |
| | 50m: 32.01 | 100m: 37.47 | | | | | |

DZ&PC Spring Swim 2024



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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 28, Heren, 100m schoolslag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|------------------------|-----------|---------|----------------|-----|----|
| 17. | Coenraad Floris Stork | G.S.Z.V. De Golfbreker | 200305075 | 1:11.42 | 1:10.03 | 535 | R |
| | 50m: 32.85 | 100m: 37.18 | | | | | |
| 18. | Thierry Zulver | ZV Vlaardingen-Schiede | 200700023 | 1:06.32 | 1:10.60 | 522 | R |
| | 50m: 31.96 | 100m: 38.64 | | | | | |
| 19. | Thygo van Peppel | Blue Marlins | 200901101 | 1:08.11 | 1:10.65 | 521 | |
| | 50m: 32.75 | 100m: 37.90 | | | | | |
| 20. | Sven Koorstra | De Vikings | 200900189 | 1:07.41 | 1:10.79 | 518 | |
| | 50m: 33.89 | 100m: 36.90 | | | | | |
| 21. | Hein Muller | Dz&Pc | 200800157 | 1:10.54 | 1:11.04 | 513 | |
| | 50m: 33.02 | 100m: 38.02 | | | | | |
| 22. | Storm Tolsma | Zignea | 200600277 | 1:11.36 | 1:11.09 | 512 | |
| | 50m: 33.58 | 100m: 37.51 | | | | | |
| 23. | Luca Boorsma | De Dolfijn | 200902031 | 1:08.37 | 1:11.42 | 505 | |
| | 50m: 33.75 | 100m: 37.67 | | | | | |
| 24. | Tiede Groener | De Dinkel | 200700155 | 1:09.44 | 1:11.51 | 503 | |
| | 50m: 32.93 | 100m: 38.58 | | | | | |
| 25. | Joshua Agussalim | Wvz | 200600153 | 1:06.30 | 1:11.80 | 497 | |
| | 50m: 33.12 | 100m: 38.68 | | | | | |
| 26. | Sem Belmon | Psv | 200702099 | 1:06.78 | 1:12.07 | 491 | |
| | 50m: 33.03 | 100m: 39.04 | | | | | |
| 27. | Twan Huisman | Wvz | 200702207 | 1:08.58 | 1:12.21 | 488 | |
| | 50m: 33.59 | 100m: 38.62 | | | | | |
| 28. | Pedro Filipini | De Dolfijn | 200603863 | 1:07.90 | 1:12.60 | 480 | |
| | 50m: 33.14 | 100m: 39.46 | | | | | |
| 29. | Giulian Janssen | Psv | 200900125 | 1:08.55 | 1:12.66 | 479 | |
| | <i>*Back-up tijd</i> | | | | | | |
| | 50m: 33.84 | 100m: 38.82 | | | | | |
| 30. | Eskild Meyer | Haderslev Svømme Klub | 0903BA | 1:10.64 | 1:13.14 | 470 | |
| | 50m: 35.06 | 100m: 38.08 | | | | | |
| 31. | Jordey Thole | ZPC Hoogeveen | 200700385 | 1:10.62 | 1:13.47 | 464 | |
| | 50m: 34.12 | 100m: 39.35 | | | | | |
| 32. | Kay van Sleen | Steenwijk 1934 | 200400083 | 1:10.66 | 1:13.53 | 462 | |
| | 50m: 34.63 | 100m: 38.90 | | | | | |
| 33. | Nout Folkersma | Psv | 200800595 | 1:09.09 | 1:14.02 | 453 | |
| | 50m: 34.70 | 100m: 39.32 | | | | | |
| 34. | Daniel Critchell | Deltasteur | 200700439 | 1:08.48 | 1:14.22 | 450 | |
| | 50m: 34.91 | 100m: 39.31 | | | | | |
| 35. | Jetze de Vries | De Vikings | 200602589 | 1:06.40 | 1:14.41 | 446 | |
| | 50m: 34.03 | 100m: 40.38 | | | | | |
| 36. | Lucas Bemmer | De Duinkickers | 200700219 | 1:15.40 | 1:14.77 | 440 | |
| | 50m: 34.41 | 100m: 40.36 | | | | | |

DZ&PC Spring Swim 2024



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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 28, Heren, 100m schoolslag, Voorronde, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|-----------------------------|-----------|---------|----------------|-----|----|
| 37. | Brian Arturo Bloemsma | De Dolfijn | 200901155 | 1:13.25 | 1:14.88 | 438 | |
| | 50m: 34.77 | 100m: 40.11 | | | | | |
| 38. | Olivier Wilbers | ZPC Hoogeveen | 200600181 | 1:12.03 | 1:15.06 | 435 | |
| | 50m: 35.51 | 100m: 39.55 | | | | | |
| 39. | Tiemen Jonkman | Dz&Pc | 200301193 | 1:11.73 | 1:15.09 | 434 | |
| | 50m: 33.63 | 100m: 41.46 | | | | | |
| 40. | Jorian Darwinkel | HZ&PC Heerenveen | 200300565 | 1:07.71 | 1:15.41 | 429 | |
| | 50m: 34.11 | 100m: 41.30 | | | | | |
| 41. | Lou van Leeuwen | De Dolfijn | 200702779 | 1:12.62 | 1:15.44 | 428 | |
| | 50m: 35.55 | 100m: 39.89 | | | | | |
| 42. | Gerjan Berends | ZPC Hoogeveen | 200900169 | 1:12.36 | 1:15.51 | 427 | |
| | 50m: 36.27 | 100m: 39.24 | | | | | |
| 43. | Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 1:09.87 | 1:15.54 | 426 | |
| | 50m: 35.45 | 100m: 40.09 | | | | | |
| 44. | Thomas Nauta | Arethusa | 200900339 | 1:19.62 | 1:16.89 | 404 | |
| | 50m: 35.53 | 100m: 41.36 | | | | | |
| 45. | Luis Cayetano Alonso | Haderslev Svømme Klut0995BA | | 1:14.36 | 1:18.87 | 375 | |
| | 50m: 37.14 | 100m: 41.73 | | | | | |
| 46. | Luc Kerpels | ZPC Hoogeveen | 200503015 | 1:14.17 | 1:19.31 | 368 | |
| | 50m: 37.42 | 100m: 41.89 | | | | | |
| 47. | Duco de Gelder | Blue Marlins | 201000217 | 1:17.93 | 1:20.05 | 358 | |
| | 50m: 37.42 | 100m: 42.63 | | | | | |
| 48. | Laurits Holm | Haderslev Svømme Klut0627AO | | 1:16.02 | 1:20.43 | 353 | |
| | 50m: 36.77 | 100m: 43.66 | | | | | |
| 49. | Diede Veld | HZ&PC Heerenveen | 200800011 | 1:14.33 | 1:20.45 | 353 | |
| | 50m: 37.86 | 100m: 42.59 | | | | | |
| 50. | Dilan Gaemers | Avena | 200602311 | 1:27.49 | 1:20.47 | 353 | |
| | 50m: 37.07 | 100m: 43.40 | | | | | |
| 51. | Nathan Magava | De Dolfijn | 201003067 | 1:14.53 | 1:20.69 | 350 | |
| | 50m: 38.17 | 100m: 42.52 | | | | | |
| 52. | Mathijs Boersma | ZPC Hoogeveen | 201000313 | 1:18.73 | 1:20.72 | 349 | |
| | 50m: 38.02 | 100m: 42.70 | | | | | |
| 53. | Cayden Malone | De Dolfijn | 201002195 | 1:17.49 | 1:21.44 | 340 | |
| | 50m: 38.45 | 100m: 42.99 | | | | | |
| 54. | Roan van der Stege | Swol 1894 | 200900107 | 1:17.47 | 1:22.45 | 328 | |
| | 50m: 39.01 | 100m: 43.44 | | | | | |
| 55. | Ruben Kragt | Zv 44 | 201000007 | 1:19.40 | 1:23.93 | 311 | |
| | 50m: 38.88 | 100m: 45.05 | | | | | |
| 56. | Mattias Stolk | HZ&PC Heerenveen | 201000525 | 1:26.46 | 1:24.01 | 310 | |
| | 50m: 39.53 | 100m: 44.48 | | | | | |
| 57. | Kick Germers | Swol 1894 | 201000185 | 1:18.56 | 1:24.04 | 310 | |
| | 50m: 40.08 | 100m: 43.96 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 28, Heren, 100m schoolslag, Voorronde, Junioren 1 en ouder

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|-------|-------------------------|---------------------|-----------|--|---------|----------------|-----|----|
| 58. | Dax van den Nouland | Blue Marlins | 201000071 | | 1:19.40 | 1:25.97 | 289 | |
| | 50m: 39.91 | 100m: 46.06 | | | | | | |
| 59. | Roderick Veldhuizen | Ksn (Sg) | 200804031 | | 1:28.92 | 1:27.77 | 272 | |
| | 50m: 41.38 | 100m: 46.39 | | | | | | |
| 60. | Stan Rothschild | ZC Borger | 201000353 | | 1:26.96 | 1:28.54 | 265 | |
| | 50m: 42.03 | 100m: 46.51 | | | | | | |
| 61. | Robin Mintjes | HZ&PC Heerenveen | 201000957 | | 1:27.73 | 1:29.81 | 254 | |
| | 50m: 43.17 | 100m: 46.64 | | | | | | |
| 62. | Art Jin van der Ent | Blue Marlins | 200903785 | | 1:27.12 | 1:30.27 | 250 | |
| | <i>*Back-up tijd</i> | | | | | | | |
| | 50m: 42.50 | 100m: 47.77 | | | | | | |
| 63. | Henry Watson | De Dolfijn | 201001703 | | 1:25.41 | 1:30.49 | 248 | |
| | 50m: 42.09 | 100m: 48.40 | | | | | | |
| 64. | Kyaro Giuliano | De Dolfijn | 201000489 | | 1:26.07 | 1:31.67 | 238 | |
| | 50m: 42.58 | 100m: 49.09 | | | | | | |
| 65. | Gijs Nooter | Zv 44 | 201000725 | | 1:30.22 | 1:31.95 | 236 | |
| | 50m: 43.62 | 100m: 48.33 | | | | | | |
| 66. | Luca Karsten Schöler | HZ&PC Heerenveen | 201101451 | | 1:35.79 | 1:34.43 | 218 | |
| | 50m: 44.52 | 100m: 49.91 | | | | | | |
| 67. | Leroy Maring | ZPC de Kanaalstreek | 201100307 | | 1:32.25 | 1:35.67 | 210 | |
| | 50m: 45.14 | 100m: 50.53 | | | | | | |
| 68. | Sam Whittaker | De Dolfijn | 201101295 | | 1:35.39 | 1:37.09 | 201 | |
| | 50m: 45.13 | 100m: 51.96 | | | | | | |
| 69. | Daan Mulder | Ksn (Sg) | 201100267 | | 1:31.79 | 1:37.62 | 197 | |
| | 50m: 46.08 | 100m: 51.54 | | | | | | |
| AFGEM | Jonathan Baaijens | Psv | 200800409 | | 1:10.76 | | | |
| AFGEM | S. De Freitas Steverink | Psv | 200404481 | | 1:05.58 | | | |

Programmanr. 29
3-3-2024 - 12:08

Dames, 200m schoolslag
Spring Swim record: Djanilla Brink 2:36.21

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------------|-------------|-------------|-------------|--|---------|----------------|-----|----|
| 1. | Djanilla Brink | De Dolfijn | 200600988 | | | 2:29.47 | 2:35.76 | 709 | Q |
| | <i>*Spring Swim record</i> | | | | | | | | |
| | 50m: 34.82 | 100m: 39.09 | 150m: 40.84 | 200m: 41.01 | | | | | |
| 2. | Nina Zusterzeel | Psv | 200800656 | | | 2:32.46 | 2:43.10 | 618 | Q |
| | 50m: 36.95 | 100m: 42.24 | 150m: 42.68 | 200m: 41.23 | | | | | |
| 3. | Nieke Dovic | Psv | 200700238 | | | 2:35.83 | 2:44.42 | 603 | Q |
| | 50m: 37.16 | 100m: 41.67 | 150m: 43.20 | 200m: 42.39 | | | | | |
| 4. | Esmee Mulder | Dz&Pc | 200800038 | | | 2:41.64 | 2:45.22 | 594 | Q |
| | 50m: 37.40 | 100m: 41.63 | 150m: 42.80 | 200m: 43.39 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 29, Dames, 200m schoolslag, Voorronde, Senioren Open

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|------------------|-------------|-------------|---------|----------------|-----|----|
| 5. | Veerle Hildebrand | Psv | 200801830 | | 2:41.22 | 2:46.06 | 585 | Q |
| | 50m: 37.35 | 100m: 43.11 | 150m: 42.99 | 200m: 42.61 | | | | |
| 6. | Hedwig Bolt | HZ&PC Heerenveen | 200602660 | | 2:41.79 | 2:46.28 | 583 | Q |
| | 50m: 37.42 | 100m: 42.51 | 150m: 43.04 | 200m: 43.31 | | | | |
| 7. | Rinske Bouman | Blue Marlins | 200400578 | | 2:40.32 | 2:46.55 | 580 | Q |
| | 50m: 37.26 | 100m: 41.60 | 150m: 43.59 | 200m: 44.10 | | | | |
| 8. | Lise Kleinbekman | Dz&Pc | 200502870 | | 2:50.69 | 2:52.44 | 523 | Q |
| | 50m: 39.82 | 100m: 44.59 | 150m: 44.75 | 200m: 43.28 | | | | |
| 9. | Yill van Bezouw | Hieronymus | 201100704 | | 2:48.32 | 2:52.79 | 520 | R |
| | 50m: 38.73 | 100m: 44.23 | 150m: 45.28 | 200m: 44.55 | | | | |
| 10. | Marlies Dijsselhof | Dedemsvaart-AC | 200601046 | | 2:59.25 | 2:54.07 | 508 | R |
| | 50m: 37.87 | 100m: 44.65 | 150m: 45.36 | 200m: 46.19 | | | | |
| 11. | Liv Heijdra | Wvz | 200800736 | | 2:48.49 | 2:55.50 | 496 | |
| | 50m: 38.14 | 100m: 44.77 | 150m: 46.05 | 200m: 46.54 | | | | |
| 12. | Mijke Ouderkerken | Blue Marlins | 200901254 | | 2:47.29 | 2:55.64 | 495 | |
| | <i>*Back up tijd</i> | | | | | | | |
| | 50m: 39.77 | 100m: 44.55 | 150m: 45.88 | 200m: 45.44 | | | | |
| 13. | Myrthe Stelten | Hellas-Glana | 200900234 | | 2:55.11 | 2:56.42 | 488 | |
| | 50m: 39.81 | 100m: 45.25 | 150m: 45.61 | 200m: 45.75 | | | | |
| 14. | Jildou van der Hoek | Dz&Pc | 200801654 | | 2:59.91 | 2:56.59 | 487 | |
| | 50m: 39.87 | 100m: 45.03 | 150m: 46.49 | 200m: 45.20 | | | | |
| 15. | Noël Iris Hettinga | Neptunia '24 | 200002536 | | 2:49.60 | 2:57.21 | 482 | |
| | 50m: 40.35 | 100m: 45.87 | 150m: 44.89 | 200m: 46.10 | | | | |
| 16. | Leonoor van Dijk | Blue Marlins | 200400832 | | 2:53.28 | 2:57.51 | 479 | |
| | 50m: 39.58 | 100m: 45.35 | 150m: 45.97 | 200m: 46.61 | | | | |
| 17. | Michelle Zomerdijk | Dedemsvaart-AC | 200003196 | | 2:53.87 | 2:58.19 | 474 | |
| | 50m: 40.39 | 100m: 45.78 | 150m: 46.48 | 200m: 45.54 | | | | |
| 18. | Annelie Klinkhamer | ZC Borger | 200702606 | | 2:51.15 | 2:59.39 | 464 | |
| | 50m: 40.30 | 100m: 45.27 | 150m: 47.10 | 200m: 46.72 | | | | |
| 19. | Anna Beck | Blue Marlins | 200605282 | | NT | 2:59.41 | 464 | |
| | 50m: 39.80 | 100m: 45.15 | 150m: 46.92 | 200m: 47.54 | | | | |
| 20. | Tess van de Steeg | Wvz | 201000016 | | 2:52.95 | 2:59.52 | 463 | |
| | 50m: 39.96 | 100m: 45.79 | 150m: 46.01 | 200m: 47.76 | | | | |
| 21. | Fenna Westerneng | Dz&Pc | 200900070 | | 3:17.02 | 3:00.22 | 458 | |
| | 50m: 41.27 | 100m: 46.65 | 150m: 46.65 | 200m: 45.65 | | | | |
| 22. | Rixt Rothschild | ZC Borger | 200900026 | | 2:51.38 | 3:01.98 | 445 | |
| | 50m: 40.94 | 100m: 46.60 | 150m: 46.73 | 200m: 47.71 | | | | |
| 23. | Sanne Mulder | Wvz | 200900280 | | 2:53.37 | 3:02.35 | 442 | |
| | <i>*Back up tijd</i> | | | | | | | |
| | 50m: 42.01 | 100m: 46.70 | 150m: 47.41 | 200m: 46.23 | | | | |
| 24. | Monica van der Meer | Deltasteur | 200704288 | | 3:05.02 | 3:03.71 | 432 | |
| | 50m: 41.98 | 100m: 47.22 | 150m: 48.59 | 200m: 45.92 | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 29, Dames, 200m schoolslag, Voorronde, Senioren Open

| Rang | | | | | | In.tijd | Tijd | Pnt | RT |
|------|---|------------------|-------------|-------------|--|---------|----------------|-----|----|
| 25. | Odenza Soselisa | Blue Marlins | 201101780 | | | 3:01.57 | 3:04.42 | 427 | |
| | 50m: 42.36 | 100m: 48.07 | 150m: 47.40 | 200m: 46.59 | | | | | |
| 26. | Isa Kerpels | ZPC Hoozeveen | 200800880 | | | 2:55.42 | 3:05.32 | 421 | |
| | 50m: 42.44 | 100m: 48.20 | 150m: 47.33 | 200m: 47.35 | | | | | |
| 27. | Anna Strang van Hees | De Duinkickers | 200902566 | | | 3:06.53 | 3:06.44 | 413 | |
| | 50m: 41.55 | 100m: 48.02 | 150m: 48.30 | 200m: 48.57 | | | | | |
| 28. | Nynke van der Zee | Orca Leeuwarden | 200700604 | | | 2:58.64 | 3:06.51 | 413 | |
| | 50m: 40.64 | 100m: 47.46 | 150m: 50.10 | 200m: 48.31 | | | | | |
| 29. | Minke Oliva Bouman | Blue Marlins | 201100104 | | | 3:04.01 | 3:10.20 | 389 | |
| | 50m: 44.12 | 100m: 48.96 | 150m: 48.96 | 200m: 48.16 | | | | | |
| 30. | Elin Reinstra | TriVia | 201100842 | | | 3:03.29 | 3:10.69 | 386 | |
| | 50m: 43.36 | 100m: 49.75 | 150m: 49.20 | 200m: 48.38 | | | | | |
| 31. | Esther Dijsselhof | Dedemsvaart-AC | 200800784 | | | 3:02.11 | 3:10.99 | 385 | |
| | 50m: 42.24 | 100m: 49.15 | 150m: 50.51 | 200m: 49.09 | | | | | |
| 32. | W. van der Heide | Orca Leeuwarden | 201100028 | | | 3:07.19 | 3:12.52 | 375 | |
| | 50m: 44.96 | 100m: 50.42 | 150m: 50.74 | 200m: 46.40 | | | | | |
| 33. | Manoah Dekker | Deltasteur | 201100656 | | | 3:15.08 | 3:13.21 | 371 | |
| | 50m: 45.02 | 100m: 50.58 | 150m: 50.38 | 200m: 47.23 | | | | | |
| 34. | Hayleigh Onstwedder | Batavia Swim | 201002902 | | | 3:11.81 | 3:13.83 | 368 | |
| | 50m: 42.97 | 100m: 50.34 | 150m: 51.43 | 200m: 49.09 | | | | | |
| 35. | Charlotte van der Meer | Deltasteur | 200704478 | | | 3:20.27 | 3:13.86 | 368 | |
| | 50m: 44.70 | 100m: 50.08 | 150m: 51.42 | 200m: 47.66 | | | | | |
| 36. | Hanna Sampimon | Ksn (Sg) | 200901824 | | | 3:16.13 | 3:13.96 | 367 | |
| | 50m: 43.19 | 100m: 50.45 | 150m: 51.24 | 200m: 49.08 | | | | | |
| 37. | Esmée Ykema | HZ&PC Heerenveen | 200801710 | | | 3:02.00 | 3:14.63 | 363 | |
| | 50m: 41.89 | 100m: 50.73 | 150m: 51.66 | 200m: 50.35 | | | | | |
| 38. | Melissa de Lang | Swol 1894 | 200001186 | | | 2:58.25 | 3:15.19 | 360 | |
| | 50m: 42.48 | 100m: 50.35 | 150m: 51.42 | 200m: 50.94 | | | | | |
| 39. | Monique Tienstra | TriVia | 200600354 | | | 3:04.38 | 3:20.69 | 331 | |
| | 50m: 44.26 | 100m: 50.42 | 150m: 52.20 | 200m: 53.81 | | | | | |
| 40. | Nicole Stahl | De Dolfijn | 200600542 | | | 3:01.86 | 3:23.29 | 319 | |
| | 50m: 45.58 | 100m: 50.73 | 150m: 53.65 | 200m: 53.33 | | | | | |
| 41. | Lieke Hegeman | TriVia | 200505390 | | | 3:14.61 | 3:23.94 | 316 | |
| | 50m: 46.18 | 100m: 51.70 | 150m: 53.01 | 200m: 53.05 | | | | | |
| 42. | Cynthia Koolman | ZPC Hoozeveen | 200300232 | | | 3:00.64 | 3:24.04 | 315 | |
| | 50m: 44.55 | 100m: 51.80 | 150m: 53.48 | 200m: 54.21 | | | | | |
| 43. | Maurieke Frijstein | Deltasteur | 201100198 | | | 3:22.23 | 3:25.70 | 308 | |
| | 50m: 45.97 | 100m: 53.16 | 150m: 53.38 | 200m: 53.19 | | | | | |
| 44. | Meila Broenink | Batavia Swim | 201102332 | | | 3:38.42 | 3:30.13 | 289 | |
| | 50m: 48.05 | 100m: 54.20 | 150m: 54.68 | 200m: 53.20 | | | | | |
| DIS | Indy Feenema | Orca Leeuwarden | 201000850 | | | 3:00.85 | | | |
| | <i>SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.</i> | | | | | | | | |

DZ&PC Spring Swim 2024

Programmanr. 29, Dames, 200m schoolslag, Voorronde, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|---|-------------|---------|-----------|---------|------|-----|----|
| DIS | Tess Vonk | De Geul | 200900024 | 2:49.78 | | | |
| <i>SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.</i> | | | | | | | |
| AFGEM | Fay Boxum | Dz&Pc | 200900060 | 2:49.23 | | | |
| AFGEM | Tereza Boom | Psv | 200904028 | 2:52.45 | | | |

Programmanr. 30
3-3-2024 - 12:30

Heren, 200m vrije slag
Spring Swim record: Stan Pijnenburg 1:49.98

Juniores 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------|----------------|-------------|-------------|---------|----------------|-----|----|
| 1. | Bart Sommeling | De Dolfijn | 199800765 | | 1:44.60 | 1:52.42 | 746 | Q |
| | 50m: 26.05 | 100m: 27.86 | 150m: 29.11 | 200m: 29.40 | | | | |
| 2. | Luuk van Rooij | Psv | 200400581 | | 1:47.32 | 1:53.41 | 727 | Q |
| | 50m: 25.94 | 100m: 28.66 | 150m: 29.76 | 200m: 29.05 | | | | |
| 3. | Niels Dijkshoorn | Team NL - PSV | 200203079 | | 1:53.54 | 1:54.54 | 706 | Q |
| | 50m: 26.17 | 100m: 28.22 | 150m: 29.99 | 200m: 30.16 | | | | |
| 4. | Tiago Fonseca Gomes | Psv | 200703587 | | 1:48.64 | 1:54.80 | 701 | Q |
| | <i>*Back up tijd</i> | | | | | | | |
| | 50m: 26.71 | 100m: 29.07 | 150m: 29.50 | 200m: 29.52 | | | | |
| 5. | Merlin Belmon | Team NL - PSV | 200403191 | | 1:52.77 | 1:57.36 | 656 | Q |
| | 50m: 26.82 | 100m: 29.34 | 150m: 30.66 | 200m: 30.54 | | | | |
| 6. | Lucas van Rooij | Psv | 200603943 | | 1:53.53 | 1:58.59 | 636 | Q |
| | 50m: 27.55 | 100m: 29.45 | 150m: 30.91 | 200m: 30.68 | | | | |
| 7. | Tim van Erven | Dz&Pc | 200700175 | | 2:01.20 | 2:00.57 | 605 | Q |
| | 50m: 28.32 | 100m: 30.55 | 150m: 30.90 | 200m: 30.80 | | | | |
| 8. | Yarno van Dam | Acz | 200800115 | | 2:06.28 | 2:01.02 | 598 | Q |
| | 50m: 27.70 | 100m: 30.59 | 150m: 31.59 | 200m: 31.14 | | | | |
| 9. | Colin Bes | ZC Polaris | 200500201 | | 2:01.36 | 2:01.05 | 598 | R |
| | 50m: 27.09 | 100m: 30.18 | 150m: 31.59 | 200m: 32.19 | | | | |
| 10. | Denzel Barthen | Wvz | 200700147 | | 1:57.60 | 2:01.21 | 595 | R |
| | 50m: 28.39 | 100m: 30.83 | 150m: 32.33 | 200m: 29.66 | | | | |
| 11. | Olivier Wilbers | ZPC Hoogeveen | 200600181 | | 1:57.33 | 2:01.23 | 595 | |
| | 50m: 28.63 | 100m: 30.42 | 150m: 30.84 | 200m: 31.34 | | | | |
| 12. | Tieme Wiersma | Dz&Pc | 200701031 | | 2:00.22 | 2:01.60 | 590 | |
| | 50m: 28.07 | 100m: 30.01 | 150m: 31.74 | 200m: 31.78 | | | | |
| 13. | Jaydey Schonewille | Steenwijk 1934 | 200800025 | | 1:58.16 | 2:02.02 | 584 | |
| | 50m: 28.36 | 100m: 30.56 | 150m: 32.07 | 200m: 31.03 | | | | |
| 14. | Boele Böhm | Blue Marlins | 200700739 | | 1:54.68 | 2:02.50 | 577 | |
| | 50m: 28.59 | 100m: 32.33 | 150m: 30.92 | 200m: 30.66 | | | | |
| 15. | Koen Vissers | Psv | 200401429 | | 1:55.16 | 2:03.07 | 569 | |
| | 50m: 27.49 | 100m: 30.32 | 150m: 32.32 | 200m: 32.94 | | | | |
| 16. | Martijn Nies | Psv | 200902095 | | 1:59.12 | 2:03.14 | 568 | |
| | 50m: 28.45 | 100m: 31.18 | 150m: 31.96 | 200m: 31.55 | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 30, Heren, 200m vrije slag, Voorronde, Junioren 1 en ouder

| Rang | | | | | | In.tijd | Tijd | Pnt | RT |
|------|---------------------|-----------------------------|-------------|-------------|--|---------|----------------|-----|----|
| 17. | Marnix Rietveld | ZV Haerlem | 200700939 | | | 2:03.78 | 2:03.71 | 560 | |
| | 50m: 28.75 | 100m: 32.05 | 150m: 31.91 | 200m: 31.00 | | | | | |
| 18. | Johannes Due Jessen | Haderslev Svømme Klut0847AI | | | | 2:02.12 | 2:04.72 | 547 | |
| | 50m: 29.36 | 100m: 31.35 | 150m: 31.95 | 200m: 32.06 | | | | | |
| 19. | Thijn Damen | Psv | 200300973 | | | 1:51.72 | 2:05.20 | 540 | |
| | 50m: 26.60 | 100m: 29.90 | 150m: 34.02 | 200m: 34.68 | | | | | |
| 20. | Melle van Veen | Dedemsvaart-AC | 200700661 | | | 2:09.51 | 2:05.27 | 539 | |
| | 50m: 28.00 | 100m: 31.94 | 150m: 32.88 | 200m: 32.45 | | | | | |
| 21. | Tiamo van der Veen | Zv 44 | 200600033 | | | 1:59.82 | 2:05.92 | 531 | |
| | 50m: 28.84 | 100m: 31.94 | 150m: 32.49 | 200m: 32.65 | | | | | |
| 22. | Diede Veld | HZ&PC Heerenveen | 200800011 | | | 2:00.05 | 2:06.90 | 519 | |
| | 50m: 28.48 | 100m: 32.03 | 150m: 33.31 | 200m: 33.08 | | | | | |
| 23. | Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | | | 2:00.10 | 2:08.20 | 503 | |
| | 50m: 28.81 | 100m: 32.03 | 150m: 33.99 | 200m: 33.37 | | | | | |
| 24. | Tim Zuurman | ZPC Hoogeveen | 200700131 | | | 2:04.08 | 2:08.40 | 501 | |
| | 50m: 29.78 | 100m: 32.42 | 150m: 33.17 | 200m: 33.03 | | | | | |
| 25. | Eise van der Zee | Orca Leeuwarden | 200501437 | | | 2:00.67 | 2:08.79 | 496 | |
| | 50m: 29.70 | 100m: 32.54 | 150m: 34.16 | 200m: 32.39 | | | | | |
| 26. | Arjan Boogaard | Deltasteur | 200800093 | | | 2:02.29 | 2:09.83 | 484 | |
| | 50m: 30.23 | 100m: 33.58 | 150m: 34.02 | 200m: 32.00 | | | | | |
| 27. | Jones Chuang | Psv | 200801173 | | | 2:01.62 | 2:10.35 | 479 | |
| | 50m: 29.24 | 100m: 32.96 | 150m: 33.63 | 200m: 34.52 | | | | | |
| 28. | Donny van den Bosch | De Duinkickers | 199502001 | | | 2:06.27 | 2:10.48 | 477 | |
| | 50m: 30.10 | 100m: 32.99 | 150m: 34.21 | 200m: 33.18 | | | | | |
| 29. | Gaëtan Spicq | Blue Marlins | 200701807 | | | 2:06.52 | 2:11.07 | 471 | |
| | 50m: 30.02 | 100m: 33.59 | 150m: 34.38 | 200m: 33.08 | | | | | |
| 30. | Lars ten Katen | Batavia Swim | 200600959 | | | 2:07.61 | 2:11.35 | 468 | |
| | 50m: 30.22 | 100m: 34.00 | 150m: 34.22 | 200m: 32.91 | | | | | |
| 31. | Twan Wielage | Ksn (Sg) | 200902671 | | | 2:14.22 | 2:13.67 | 444 | |
| | 50m: 30.72 | 100m: 34.54 | 150m: 35.28 | 200m: 33.13 | | | | | |
| 32. | Mathijs de Wit | Ksn (Sg) | 201001215 | | | 2:15.58 | 2:13.97 | 441 | |
| | 50m: 30.98 | 100m: 34.42 | 150m: 35.06 | 200m: 33.51 | | | | | |
| 33. | Aidan van der Stelt | Blue Marlins | 200900901 | | | 2:10.51 | 2:14.27 | 438 | |
| | 50m: 30.73 | 100m: 34.60 | 150m: 35.79 | 200m: 33.15 | | | | | |
| 34. | Thomas van Velzen | Zv 44 | 200703189 | | | 2:06.66 | 2:14.40 | 437 | |
| | 50m: 30.06 | 100m: 33.56 | 150m: 36.23 | 200m: 34.55 | | | | | |
| 35. | Xander Boets | ZPC de Kanaalstreek | 200800133 | | | 2:08.44 | 2:14.58 | 435 | |
| | 50m: 30.66 | 100m: 32.99 | 150m: 35.65 | 200m: 35.28 | | | | | |
| 36. | Niels Kragt | G.S.Z.V. De Golfbreker | 200300155 | | | 2:09.35 | 2:15.14 | 429 | |
| | 50m: 30.62 | 100m: 34.39 | 150m: 35.87 | 200m: 34.26 | | | | | |
| 37. | Jonathan Bos | Haderslev Svømme Klut9827AU | | | | 2:04.24 | 2:15.51 | 426 | |
| | 50m: 31.82 | 100m: 33.89 | 150m: 35.17 | 200m: 34.63 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 30, Heren, 200m vrije slag, Voorronde, Junioren 1 en ouder

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|-------|----------------------|------------------|-------------|-------------|---------|----------------|-----|----|
| 38. | Ramon Vos | ZPC Hoogeveen | 201100051 | | 2:08.97 | 2:15.68 | 424 | |
| | 50m: 30.79 | 100m: 34.73 | 150m: 35.74 | 200m: 34.42 | | | | |
| 39. | Evren Ege Orcunus | De Dolfijn | 201003253 | | 2:11.06 | 2:15.87 | 423 | |
| | 50m: 31.71 | 100m: 35.28 | 150m: 34.55 | 200m: 34.33 | | | | |
| 40. | Sverre van der Zwaan | Wvz | 200900737 | | 2:09.80 | 2:15.96 | 422 | |
| | 50m: 30.78 | 100m: 35.01 | 150m: 35.74 | 200m: 34.43 | | | | |
| 41. | Abel op den Velde | De Duinkikkers | 201000079 | | 2:21.20 | 2:16.84 | 414 | |
| | 50m: 31.84 | 100m: 35.28 | 150m: 35.36 | 200m: 34.36 | | | | |
| 42. | Gijs Vesseur | Zv 44 | 200700277 | | 2:06.08 | 2:17.93 | 404 | |
| | 50m: 30.99 | 100m: 36.06 | 150m: 35.93 | 200m: 34.95 | | | | |
| 43. | Ruben Nooter | Zv 44 | 200901577 | | 2:10.11 | 2:18.09 | 403 | |
| | 50m: 29.68 | 100m: 36.56 | 150m: 36.65 | 200m: 35.20 | | | | |
| 44. | Dilan Gaemers | Avena | 200602311 | | 2:19.10 | 2:18.15 | 402 | |
| | 50m: 30.04 | 100m: 35.76 | 150m: 36.47 | 200m: 35.88 | | | | |
| 45. | Renzo Steller | Wvz | 200701141 | | 2:11.47 | 2:19.72 | 389 | |
| | 50m: 31.79 | 100m: 35.14 | 150m: 36.68 | 200m: 36.11 | | | | |
| 46. | Dyon Scholten | Steenwijk 1934 | 200900095 | | 2:15.42 | 2:19.82 | 388 | |
| | 50m: 31.28 | 100m: 35.40 | 150m: 37.70 | 200m: 35.44 | | | | |
| 47. | Juan Cruz Slappendel | F.Z.C.'54 | 200903053 | | 2:21.71 | 2:20.04 | 386 | |
| | 50m: 30.53 | 100m: 35.08 | 150m: 37.50 | 200m: 36.93 | | | | |
| 48. | Rick Smelt | ZVZwartsluis | 200600051 | | 2:12.80 | 2:20.63 | 381 | |
| | 50m: 32.36 | 100m: 35.96 | 150m: 37.13 | 200m: 35.18 | | | | |
| 49. | Aiden Lips | Blue Marlins | 200800951 | | 2:12.15 | 2:24.35 | 352 | |
| | 50m: 32.31 | 100m: 36.64 | 150m: 37.07 | 200m: 38.33 | | | | |
| 50. | Mattias Stolk | HZ&PC Heerenveen | 201000525 | | 2:31.07 | 2:26.53 | 337 | |
| | 50m: 33.61 | 100m: 38.17 | 150m: 38.45 | 200m: 36.30 | | | | |
| 51. | Milan Bottenberg | Deltasteur | 200900153 | | 2:25.89 | 2:26.54 | 337 | |
| | 50m: 33.63 | 100m: 37.97 | 150m: 38.48 | 200m: 36.46 | | | | |
| 52. | Colin Beuker | ZC Polaris | 200802023 | | 2:28.18 | 2:29.71 | 316 | |
| | 50m: 33.64 | 100m: 38.78 | 150m: 39.48 | 200m: 37.81 | | | | |
| 53. | Hielke van der Zwaag | Wetterwille | 200701197 | | 2:23.68 | 2:30.25 | 312 | |
| | 50m: 32.92 | 100m: 38.96 | 150m: 39.33 | 200m: 39.04 | | | | |
| 54. | Emin Karadeniz | Wvz | 200804047 | | 2:33.86 | 2:35.78 | 280 | |
| | 50m: 34.36 | 100m: 39.06 | 150m: 41.73 | 200m: 40.63 | | | | |
| 55. | Twan Felix | Deltasteur | 201000123 | | 2:33.84 | 2:38.29 | 267 | |
| | <i>*Back up tijd</i> | | | | | | | |
| | 50m: 34.91 | 100m: 40.98 | 150m: 41.98 | 200m: 40.42 | | | | |
| 56. | Jake van Duivendijk | Blue Marlins | 201000945 | | 2:36.61 | 2:46.82 | 228 | |
| | 50m: 35.26 | 100m: 42.79 | 150m: 43.92 | 200m: 44.85 | | | | |
| 57. | Timo Bottenberg | Deltasteur | 200900151 | | 2:45.84 | 2:47.67 | 225 | |
| | 50m: 38.72 | 100m: 43.89 | 150m: 44.75 | 200m: 40.31 | | | | |
| AFGEM | Rely Hoogendijk | Wvz | 200702521 | | 2:06.47 | | | |

DZ&PC Spring Swim 2024

Programmanr. 30, Heren, 200m vrije slag, Voorronde, Junioren 1 en ouder

| Rang | | | In.tijd | Tijd | Pnt | RT |
|-------|----------------|---------------|-----------|---------|-----|----|
| AFGEM | Jip Bakker | Dz&Pc | 200600287 | 2:00.60 | | |
| AFGEM | Bram Loots | Kzc | 200700197 | 1:52.60 | | |
| AFGEM | Taco Hengstman | ZPC Hoogeveen | 200304601 | 2:02.77 | | |
| AFGEM | Yuri Wasser | Psv | 200301327 | 2:02.96 | | |
| AFGEM | Émile Fouzaï | Blue Marlins | 200500263 | 1:48.17 | | |

Programmanr. 31
3-3-2024 - 12:50

Dames, 50m vlinderslag
Spring Swim record: Kim Busch 26.75

Senioren Open
Resultaten Voorronde

Punten: FINA 2023

| Rang | | | In.tijd | Tijd | Pnt | RT | |
|------|-----------------------|-----------------------|-----------|-------|--------------|-----|---|
| 1. | Jinth Engelse | Niemo Barracuda | 200800204 | 28.11 | 27.67 | 688 | A |
| 2. | Kinge Zandringa | De Dolfijn | 199801422 | 26.60 | 27.72 | 684 | A |
| 3. | Sam van Nunen | Team NL - PSV | 200100036 | 27.61 | 27.92 | 669 | A |
| 4. | Sara Korthuis | Dz&Pc | 200600494 | 27.76 | 28.16 | 652 | A |
| 5. | Evy Rozeboom | Daw | 200601338 | 28.01 | 28.23 | 648 | A |
| 6. | Megan Jonkman | Blue Marlins | 200600508 | 27.43 | 28.35 | 639 | A |
| 7. | Anne Fleur Willemsen | Azuro | 199901396 | 27.97 | 28.67 | 618 | A |
| 8. | Jolijn Liezen | Steenwijk 1934 | 200500518 | 28.84 | 29.21 | 585 | A |
| 9. | Phaedra Meijer | Blue Marlins | 200405834 | 28.71 | 29.41 | 573 | B |
| 10. | Tess Bemer | De Duinkickers | 200600450 | 29.31 | 29.43 | 572 | B |
| 11. | Rafaëla Mulders | De Reuring | 200701398 | 29.98 | 29.55 | 565 | B |
| 12. | Dachen Haaijer | ZPC Hoogeveen | 200800380 | 29.14 | 29.66 | 558 | B |
| 13. | Karin Rijkelijkhuisen | Dz&Pc | 199403358 | 28.65 | 29.77 | 552 | B |
| 14. | Arianne Kooijnga | Dz&Pc | 200001544 | 29.43 | 29.79 | 551 | B |
| 15. | Sille Holm-Nissen | Haderslev Svømme Klut | 0738AV | 29.32 | 30.02 | 538 | B |
| 16. | Emmelien Smelt | ZVZwartsluis | 200800012 | 29.47 | 30.25 | 526 | B |
| 17. | Olena Dijkstra | Orca Leeuwarden | 200202624 | 28.77 | 30.34 | 522 | R |
| 18. | Dionne Salomons | ZC Borger | 200200504 | 31.04 | 30.37 | 520 | R |
| 19. | Marre Zandringa | Orca Leeuwarden | 199701136 | 31.13 | 30.43 | 517 | |
| | Leonoor van Dijk | Blue Marlins | 200400832 | 28.21 | 30.43 | 517 | |
| 21. | Liv Heijdra | Wvz | 200800736 | 29.43 | 30.44 | 516 | |
| 22. | Indy van Laarhoven | Psv | 200500710 | 29.24 | 30.53 | 512 | |
| 23. | Esmee Mulder | Dz&Pc | 200800038 | 30.13 | 30.57 | 510 | |
| 24. | Ciska de Lugt | Dz&Pc | 200503302 | 30.24 | 30.67 | 505 | |
| 25. | Indira van Aggele | De Dolfijn | 200804424 | 28.88 | 30.82 | 498 | |
| 26. | Elin Brinkhof | De Dolfijn | 200900078 | 30.37 | 30.89 | 494 | |
| 27. | Evy van Laarhoven | Psv | 200500712 | 29.05 | 30.92 | 493 | |
| 28. | Eefje Irvine | De Dolfijn | 200700164 | 29.63 | 30.97 | 490 | |
| | Féline Sam | ZVZwartsluis | 200700018 | 29.44 | 30.97 | 490 | |
| 30. | Luca Ebbinge | Dz&Pc | 199802406 | 29.38 | 31.01 | 488 | |
| 31. | Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | 32.02 | 31.21 | 479 | |
| 32. | Julia Agricola | Dz&Pc | 200800266 | 32.76 | 31.34 | 473 | |
| 33. | Ilana Gentile | Orca Leeuwarden | 200801558 | 30.39 | 31.44 | 469 | |
| 34. | Lola Verheijen | Psv | 201100832 | 30.35 | 31.55 | 464 | |
| 35. | Julia Dabrowska | Blue Marlins | 201000300 | 30.26 | 31.57 | 463 | |
| 36. | Sigrid Sand Jürgensen | Haderslev Svømme Klut | 0756AQ | 31.38 | 31.66 | 459 | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 31, Dames, 50m vlinderslag, Voorrunde, Senioren Open

| Rang | | | In.tijd | Tijd | Pnt | RT |
|------|------------------------|-----------------------------|---------|--------------|-----|----|
| 37. | Anja Kisielewicz | Haderslev Svømme Klut0714AX | 31.21 | 31.82 | 452 | |
| 38. | Lotte Lübbers | Ksn (Sg) 200900190 | 32.75 | 32.00 | 444 | |
| 39. | Ananda van der Wiel | Wvz 200701562 | 30.34 | 32.11 | 440 | |
| 40. | Leyona Lichtendonk | Dedemsvaart-AC 200700010 | 31.24 | 32.28 | 433 | |
| 41. | Inger van Oord | De Dolfijn 200703912 | 30.11 | 32.29 | 433 | |
| 42. | Fleur van den Eijk | Blue Marlins 200900304 | 31.26 | 32.34 | 431 | |
| 43. | Luus Gielens | Psv 200900138 | 30.70 | 32.36 | 430 | |
| 44. | Yara van Asselen | De Dolfijn 200900408 | 32.19 | 32.40 | 428 | |
| 45. | Lieke Brinkman | ZC Borger 200800072 | 31.96 | 32.49 | 425 | |
| 46. | Sterre van der Wal | Steenwijk 1934 200502356 | 31.75 | 32.63 | 419 | |
| 47. | Milou Geneuglijk | HZ&PC Heerenveen 200900556 | 32.49 | 32.70 | 416 | |
| 48. | Marijke Drent | Bubble 199906232 | 31.60 | 32.78 | 413 | |
| 49. | Nynke van der Zee | Orca Leeuwarden 200700604 | 30.94 | 32.81 | 412 | |
| 50. | Chloé in 't Veen | Wvz 201100010 | 31.43 | 32.82 | 412 | |
| 51. | Aniek Vuist | Steenwijk 1934 200600958 | 30.73 | 32.88 | 410 | |
| 52. | Vivian Nooter | Zv 44 200703614 | 31.18 | 32.95 | 407 | |
| 53. | Luesza Siahaija | ZPC Hoogeveen 200801316 | 32.19 | 33.00 | 405 | |
| 54. | Annelie Batenburg | Psv 201001962 | 32.78 | 33.03 | 404 | |
| 55. | Sophie van Leent | Blue Marlins 200800522 | 32.54 | 33.07 | 403 | |
| 56. | Anna Klomp | Swol 1894 200600006 | 32.47 | 33.14 | 400 | |
| 57. | Kinley Cole | Psv 200903696 | 31.49 | 33.35 | 393 | |
| 58. | Senna Boogmans | De Duinkickers 201000640 | 33.51 | 33.41 | 390 | |
| 59. | Indy Feenema | Orca Leeuwarden 201000850 | 34.19 | 33.43 | 390 | |
| 60. | Amber Tiesinga | Dz&Pc 200600782 | 32.53 | 33.49 | 388 | |
| 61. | Evelien de Jong | Neptunia '24 199805316 | 33.15 | 33.53 | 386 | |
| 62. | Anniek Brinkman | ZC Borger 200800076 | 32.51 | 33.58 | 385 | |
| 63. | Monique Tienstra | TriVia 200600354 | 32.11 | 33.66 | 382 | |
| | Femke ter Horst | ZPC Hoogeveen 201000108 | 32.77 | 33.66 | 382 | |
| 65. | Esmee van Peer | TriVia 200201114 | 32.34 | 33.70 | 380 | |
| 66. | Esmé Sportel | Dedemsvaart-AC 200900682 | 36.19 | 33.77 | 378 | |
| 67. | Anouk Steller | Wvz 201000004 | 31.81 | 33.84 | 376 | |
| 68. | Marlouke Frijstein | Deltasteur 200800152 | 33.06 | 33.88 | 374 | |
| 69. | Karlijn Dijkshoorn | Steenwijk 1934 200803926 | 31.09 | 33.98 | 371 | |
| 70. | Veerle de Ridder | HZ&PC Heerenveen 200700778 | 30.88 | 34.05 | 369 | |
| 71. | Esmee van der Tuuk | ZPC Hoogeveen 200800682 | 32.69 | 34.10 | 367 | |
| 72. | Joyce Toonstra | Neptunia '24 200501298 | 36.13 | 34.25 | 362 | |
| 73. | Manou Longayroux | Blue Marlins 201000580 | 32.95 | 34.26 | 362 | |
| 74. | Anna Lepoutre | Psv 201100534 | 33.19 | 34.29 | 361 | |
| 75. | Loïs Jalving | HZ&PC Heerenveen 200400280 | 34.30 | 34.50 | 355 | |
| 76. | Samantha Magava | De Dolfijn 200804644 | 35.34 | 34.55 | 353 | |
| 77. | Charlotte van der Meer | Deltasteur 200704478 | 33.69 | 34.59 | 352 | |
| 78. | Evita Hoornweg | TriVia 201002046 | 34.18 | 34.72 | 348 | |
| 79. | Kristine Hansen | Haderslev Svømme Klut0804AX | 35.01 | 34.80 | 345 | |
| 80. | Anique Polinder | Zv 44 200800008 | 34.56 | 35.12 | 336 | |
| 81. | Manora Ponne | Steenwijk 1934 201102222 | 34.76 | 35.22 | 333 | |
| 82. | Isa Segenhout | Orca Leeuwarden 201000128 | 34.02 | 35.27 | 332 | |
| | Esther Dijsselhof | Dedemsvaart-AC 200800784 | 34.49 | 35.27 | 332 | |
| 84. | Feyona Vonk | F.Z.C.'54 200600814 | 34.32 | 35.31 | 331 | |

DZ&PC Spring Swim 2024

Programmanr. 31, Dames, 50m vlinderslag, Voorrunde, Senioren Open

| Rang | | | In.tijd | Tijd | Pnt | RT |
|-------|-----------------------|------------------|-----------|-------|--------------|-----|
| 85. | Annemiek Meulenbeld | Orca Leeuwarden | 199506230 | 33.93 | 35.38 | 329 |
| 86. | Hanna Sampimon | Ksn (Sg) | 200901824 | 40.51 | 35.53 | 325 |
| 87. | Anne van der Kamp | Deltasteur | 200900274 | 34.63 | 35.65 | 321 |
| 88. | Melissa de Lang | Swol 1894 | 200001186 | 33.38 | 35.66 | 321 |
| 89. | Elien Groothuismink | Swol 1894 | 200800920 | 35.85 | 35.79 | 318 |
| 90. | Melody Paulussen | De Dolfijn | 201101106 | 33.82 | 35.80 | 317 |
| | Amila Mustafic | Dz&Pc | 201200026 | 38.49 | 35.80 | 317 |
| 92. | Fenna Boterman | TriVia | 200701710 | 34.26 | 35.85 | 316 |
| 93. | Jubilee van Heijdoorn | Wvz | 200900636 | 33.45 | 36.32 | 304 |
| 94. | Almyra Santing | ZC Polaris | 200602786 | 35.28 | 36.45 | 301 |
| 95. | Veronica Borges | Blue Marlins | 200903380 | 35.03 | 36.49 | 300 |
| 96. | Lisa Boogaard | Deltasteur | 201100990 | 35.40 | 36.56 | 298 |
| 97. | Minke Oliva Bouman | Blue Marlins | 201100104 | 35.13 | 36.57 | 298 |
| | <i>*Back up tijd</i> | | | | | |
| 98. | Lieke Rossel | ZC Polaris | 200603070 | 36.08 | 36.67 | 295 |
| 99. | Yenthe Segeren | F.Z.C.'54 | 200801440 | 37.06 | 36.72 | 294 |
| 100. | Debora Lazarev | De Dolfijn | 200603398 | 32.86 | 36.78 | 293 |
| 101. | Milou Filemon | Blue Marlins | 201100078 | 35.31 | 36.91 | 289 |
| 102. | Charlie Klaver | De Dolfijn | 201102094 | 34.65 | 37.22 | 282 |
| 103. | Kyara Balt | De Vikings | 201100306 | 37.75 | 38.28 | 259 |
| 104. | Jente van 't Hul | Deltasteur | 201000186 | 39.18 | 38.39 | 257 |
| 105. | Isabel Amelink | Deltasteur | 201100196 | 37.39 | 38.48 | 255 |
| 106. | Lyanne Pathuis | Bubble | 200800042 | 34.76 | 38.64 | 252 |
| 107. | Marit Dekker | Wvz | 200902276 | 37.54 | 38.83 | 249 |
| | <i>*Back up tijd</i> | | | | | |
| 108. | Lieke Hegeman | TriVia | 200505390 | 38.69 | 40.20 | 224 |
| 109. | Cynthia Koolman | ZPC Hoogeveen | 200300232 | 35.36 | 41.76 | 200 |
| 110. | Wendy Elferink | HZ&PC Heerenveen | 200604202 | 39.00 | 41.91 | 198 |
| 111. | Marlies Brouwer | Dz&Pc | 201101152 | 45.90 | 42.32 | 192 |
| 112. | Amber Spronk | Deltasteur | 201000970 | 40.19 | 42.70 | 187 |
| NG.ZA | Mariia Kostina | Blue Marlins | 201002042 | 32.49 | | |
| AFGEM | Fay Boxum | Dz&Pc | 200900060 | 31.45 | | |
| AFGEM | Fardau Dikkers | Wetterwille | 200501722 | 30.79 | | |
| AFGEM | Lisa Veenstra | F.Z.C.'54 | 200304294 | 35.27 | | |
| AFGEM | Benthe Hilbolling | ZC Borger | 200700362 | 37.28 | | |
| AFGEM | Meike van Berkum | Swol 1894 | 201002826 | 37.15 | | |
| AFGEM | Floor Hogervorst | Blue Marlins | 200701400 | 29.68 | | |

Programmanr. 32
3-3-2024 - 13:06

Heren, 200m wisselslag
Spring Swim record: Kyle Stolk 2:04.46

Junioren 1 en ouder
Resultaten Voorronde

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|---|---------|----------------|-----|----|
| 1. Thomas Jansen 50m: 27.03 100m: 33.92 150m: 34.70 200m: 29.36 | 2:01.65 | 2:05.01 | 758 | Q |
| Team NL - WVZ 200100143 | | | | |
| 2. Sven Klink 50m: 27.25 100m: 32.76 150m: 37.13 200m: 30.06 | 2:02.41 | 2:07.20 | 719 | Q |
| Swol 1894 200500349 | | | | |
| 3. Luuk van Rooij 50m: 27.31 100m: 33.21 150m: 37.75 200m: 29.57 | 2:00.84 | 2:07.84 | 709 | Q |
| Psv 200400581 | | | | |
| 4. Yanieck Weijland 50m: 28.76 100m: 34.93 150m: 35.80 200m: 28.62 | 2:06.13 | 2:08.11 | 704 | Q |
| Team NL - Blue Marlins 200500329 | | | | |
| 5. Domingo Kuipers 50m: 27.76 100m: 32.93 150m: 36.35 200m: 31.12 | 2:04.31 | 2:08.16 | 703 | Q |
| Dz&Pc 200501787 | | | | |
| S. De Freitas Steverink 50m: 27.28 100m: 33.80 150m: 37.37 200m: 29.71 | 2:07.51 | 2:08.16 | 703 | Q |
| Psv 200404481 | | | | |
| 7. Nikodim Markovic 50m: 27.57 100m: 34.13 150m: 38.02 200m: 30.63 | 2:04.93 | 2:10.35 | 668 | Q |
| Blue Marlins 200700255 | | | | |
| 8. River Streefland 50m: 28.50 100m: 36.14 150m: 37.40 200m: 30.83 | 2:05.44 | 2:12.87 | 631 | Q |
| Blue Marlins 200502253 | | | | |
| 9. Steijn Louter 50m: 28.29 100m: 37.14 150m: 36.38 200m: 31.42 | 2:10.07 | 2:13.23 | 626 | R |
| Team NL - PSV 200500793 | | | | |
| 10. Wytse Broekstra 50m: 28.98 100m: 35.29 150m: 37.36 200m: 32.42 | 2:10.49 | 2:14.05 | 615 | R |
| De Vikings 200800121 | | | | |
| 11. Tiede Groener 50m: 27.91 100m: 35.15 150m: 39.78 200m: 31.61 | 2:06.13 | 2:14.45 | 609 | |
| De Dinkel 200700155 | | | | |
| 12. Wouter Zijlstra 50m: 29.39 100m: 35.64 150m: 39.01 200m: 30.97 | 2:09.53 | 2:15.01 | 602 | |
| HZ&PC Heerenveen 200401545 | | | | |
| 13. Lars Verhalle 50m: 26.84 100m: 35.24 150m: 40.55 200m: 33.78 | 1:58.82 | 2:16.41 | 583 | |
| Psv 200200019 | | | | |
| 14. Rick Offringa 50m: 29.31 100m: 36.75 150m: 38.38 200m: 32.85 | 2:23.76 | 2:17.29 | 572 | |
| Dz&Pc 200300979 | | | | |
| 15. Sven Koonstra 50m: 30.52 100m: 37.31 150m: 38.10 200m: 31.42 | 2:15.45 | 2:17.35 | 571 | |
| De Vikings 200900189 | | | | |
| 16. Storm Tolsma 50m: 29.03 100m: 37.84 150m: 39.00 200m: 31.58 | 2:21.93 | 2:17.45 | 570 | |
| Zignea 200600277 | | | | |
| 17. Lars Bulman 50m: 28.69 100m: 37.91 150m: 40.10 200m: 32.39 | 2:07.63 | 2:19.09 | 550 | |
| Blue Marlins 200600125 | | | | |
| 18. Coenraad Floris Stork 50m: 30.05 100m: 38.52 150m: 38.43 200m: 32.29 | 2:20.71 | 2:19.29 | 548 | |
| G.S.Z.V. De Golfbreker 200305075 | | | | |
| 19. Roan van der Weide 50m: 29.97 100m: 38.48 150m: 38.58 200m: 32.70 | 2:16.17 | 2:19.73 | 543 | |
| Blue Marlins 200601629 | | | | |
| 20. Luca Boorsma 50m: 29.54 100m: 35.79 150m: 42.39 200m: 33.71 | 2:16.24 | 2:21.43 | 523 | |
| De Dolfijn 200902031 | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 32, Heren, 200m wisselslag, Voorronde, Junioren 1 en ouder

| Rang | | | | | | In.tijd | Tijd | Pnt | RT |
|------|---------------------------|------------------------|-------------|-------------|--|---------|----------------|-----|----|
| 21. | Tieme Wiersma | Dz&Pc | 200701031 | | | 2:15.07 | 2:22.10 | 516 | |
| | 50m: 31.22 | 100m: 36.00 | 150m: 41.28 | 200m: 33.60 | | | | | |
| 22. | Bjorn Rijkaart | Wvz | 200601337 | | | 2:14.17 | 2:22.33 | 513 | |
| | 50m: 29.54 | 100m: 37.33 | 150m: 42.17 | 200m: 33.29 | | | | | |
| 23. | Giulian Janssen | Psv | 200900125 | | | 2:18.39 | 2:22.40 | 513 | |
| | 50m: 28.83 | 100m: 37.76 | 150m: 42.82 | 200m: 32.99 | | | | | |
| 24. | Jaydey Schonewille | Steenwijk 1934 | 200800025 | | | 2:16.15 | 2:22.41 | 512 | |
| | 50m: 30.02 | 100m: 38.24 | 150m: 41.90 | 200m: 32.25 | | | | | |
| 25. | Derk Jan van Duijn | Dz&Pc | 200105575 | | | 2:23.32 | 2:22.53 | 511 | |
| | 50m: 31.98 | 100m: 38.88 | 150m: 38.87 | 200m: 32.80 | | | | | |
| 26. | Jelte de Jong | Zpch | 200900975 | | | 2:18.11 | 2:23.37 | 502 | |
| | 50m: 29.61 | 100m: 36.49 | 150m: 44.04 | 200m: 33.23 | | | | | |
| 27. | Q. Brouwer von Gonzenbe | TriVia | 200700001 | | | 2:18.23 | 2:23.55 | 500 | |
| | 50m: 29.17 | 100m: 38.33 | 150m: 41.65 | 200m: 34.40 | | | | | |
| 28. | Olivier van de Voort | De Dolfijn | 199703035 | SM10 | | 2:14.06 | 2:24.08 | 495 | |
| | 50m: 29.52 | 100m: 32.95 | 150m: 47.06 | 200m: 34.55 | | | | | |
| 29. | Lou van Leeuwen | De Dolfijn | 200702779 | | | 2:20.85 | 2:24.33 | 492 | |
| | 50m: 31.09 | 100m: 38.00 | 150m: 40.88 | 200m: 34.36 | | | | | |
| 30. | Thierry Zulver | ZV Vlaardingen-Schiede | 200700023 | | | 2:14.88 | 2:24.48 | 491 | |
| | 50m: 30.53 | 100m: 37.31 | 150m: 42.90 | 200m: 33.74 | | | | | |
| 31. | Luc Kerpels | ZPC Hoogeveen | 200503015 | | | 2:17.44 | 2:25.04 | 485 | |
| | 50m: 31.70 | 100m: 36.52 | 150m: 44.53 | 200m: 32.29 | | | | | |
| 32. | Storm Boxum | Dz&Pc | 200700421 | | | 2:15.73 | 2:25.38 | 482 | |
| | 50m: 31.24 | 100m: 39.74 | 150m: 40.22 | 200m: 34.18 | | | | | |
| 33. | Diede Veld | HZ&PC Heerenveen | 200800011 | | | 2:16.59 | 2:25.52 | 480 | |
| | 50m: 31.19 | 100m: 39.19 | 150m: 42.36 | 200m: 32.78 | | | | | |
| 34. | L. van den Nieuwenhuijzer | Orca Leeuwarden | 200305073 | | | 2:21.28 | 2:25.56 | 480 | |
| | 50m: 29.55 | 100m: 36.75 | 150m: 45.20 | 200m: 34.06 | | | | | |
| 35. | Collard Jungeling | Dz&Pc | 200701831 | | | 2:15.76 | 2:25.92 | 476 | |
| | 50m: 30.80 | 100m: 39.78 | 150m: 43.29 | 200m: 32.05 | | | | | |
| 36. | Pepijn van Egmond | Wvz | 200402309 | | | 2:14.26 | 2:26.42 | 471 | |
| | 50m: 28.89 | 100m: 37.87 | 150m: 44.09 | 200m: 35.57 | | | | | |
| 37. | Floris van der Salm | De Dolfijn | 200700705 | | | 2:21.33 | 2:28.10 | 456 | |
| | 50m: 32.02 | 100m: 38.04 | 150m: 43.62 | 200m: 34.42 | | | | | |
| 38. | Duuk Harms | Dedemsvaart-AC | 200900201 | | | 2:36.78 | 2:28.75 | 450 | |
| | 50m: 34.02 | 100m: 39.47 | 150m: 42.23 | 200m: 33.03 | | | | | |
| 39. | Jere Wiersma | Dz&Pc | 200701037 | | | 2:26.39 | 2:28.86 | 449 | |
| | 50m: 31.49 | 100m: 39.25 | 150m: 45.20 | 200m: 32.92 | | | | | |
| 40. | Kay van Sleen | Steenwijk 1934 | 200400083 | | | 2:24.95 | 2:29.19 | 446 | |
| | 50m: 32.12 | 100m: 40.58 | 150m: 41.02 | 200m: 35.47 | | | | | |
| 41. | Oliver Lund Gofredsen | Haderslev Svømme Klub | 0833AR | | | 2:27.36 | 2:29.98 | 439 | |
| | 50m: 32.53 | 100m: 36.78 | 150m: 44.51 | 200m: 36.16 | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 32, Heren, 200m wisselslag, Voorronde, Junioren 1 en ouder

| Rang | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|-----------------------|-----------------------------|-------------|-------------|--|--|---------|----------------|-----|----|
| 42. | Ruben Kommerie | Dz&Pc | 200401105 | | | | 2:27.38 | 2:30.19 | 437 | |
| | 50m: 30.43 | 100m: 39.48 | 150m: 46.55 | 200m: 33.73 | | | | | | |
| 43. | Jetze de Vries | De Vikings | 200602589 | | | | 2:21.34 | 2:30.27 | 436 | |
| | 50m: 31.39 | 100m: 39.63 | 150m: 43.63 | 200m: 35.62 | | | | | | |
| 44. | Luis Cayetano Alonso | Haderslev Svømme Klut0995BA | | | | | 2:27.48 | 2:30.42 | 435 | |
| | 50m: 33.44 | 100m: 42.40 | 150m: 41.91 | 200m: 32.67 | | | | | | |
| 45. | Hein Muller | Dz&Pc | 200800157 | | | | 2:30.56 | 2:30.47 | 434 | |
| | 50m: 35.01 | 100m: 39.72 | 150m: 41.28 | 200m: 34.46 | | | | | | |
| 46. | Vasco Strampel | Steenwijk 1934 | 200702073 | | | | 2:30.97 | 2:30.65 | 433 | |
| | 50m: 30.70 | 100m: 38.32 | 150m: 45.77 | 200m: 35.86 | | | | | | |
| 47. | Eskild Meyer | Haderslev Svømme Klut0903BA | | | | | 2:25.02 | 2:30.75 | 432 | |
| | 50m: 32.44 | 100m: 44.43 | 150m: 41.07 | 200m: 32.81 | | | | | | |
| 48. | Tim van Rooij | Psv | 200700129 | | | | 2:16.87 | 2:32.20 | 420 | |
| | 50m: 30.47 | 100m: 39.47 | 150m: 45.97 | 200m: 36.29 | | | | | | |
| 49. | Lias IJzerman | Dedemsvaart-AC | 200703145 | | | | 2:24.54 | 2:32.37 | 418 | |
| | 50m: 32.29 | 100m: 39.15 | 150m: 45.97 | 200m: 34.96 | | | | | | |
| 50. | Finn Eghuizen | HZ&PC Heerenveen | 200900431 | | | | 2:37.03 | 2:32.59 | 417 | |
| | 50m: 33.62 | 100m: 39.78 | 150m: 46.78 | 200m: 32.41 | | | | | | |
| 51. | Thomas Nauta | Arethusa | 200900339 | | | | 2:37.97 | 2:33.62 | 408 | |
| | 50m: 35.33 | 100m: 42.07 | 150m: 42.09 | 200m: 34.13 | | | | | | |
| 52. | Jordey Thole | ZPC Hoogeveen | 200700385 | | | | 2:27.89 | 2:34.24 | 403 | |
| | 50m: 31.09 | 100m: 45.74 | 150m: 43.44 | 200m: 33.97 | | | | | | |
| 53. | Jamie Kenworthy | De Dolfijn | 200800045 | | | | 2:24.72 | 2:34.47 | 401 | |
| | 50m: 31.76 | 100m: 39.76 | 150m: 46.07 | 200m: 36.88 | | | | | | |
| 54. | Thom de Hoog | Blue Marlins | 200600019 | | | | 2:12.95 | 2:34.66 | 400 | |
| | 50m: 30.41 | 100m: 38.35 | 150m: 46.34 | 200m: 39.56 | | | | | | |
| 55. | Twan Huisman | Wvz | 200702207 | | | | 2:28.19 | 2:35.58 | 393 | |
| | 50m: 33.91 | 100m: 45.50 | 150m: 39.30 | 200m: 36.87 | | | | | | |
| 56. | Sven Casper Hageman | Steenwijk 1934 | 201000009 | | | | 2:33.66 | 2:37.43 | 379 | |
| | 50m: 34.42 | 100m: 41.50 | 150m: 46.02 | 200m: 35.49 | | | | | | |
| 57. | Kasper Lubbers | Orca Leeuwarden | 201100025 | | | | 2:37.50 | 2:37.97 | 375 | |
| | 50m: 35.08 | 100m: 41.94 | 150m: 45.83 | 200m: 35.12 | | | | | | |
| 58. | Brian Arturo Bloemsma | De Dolfijn | 200901155 | | | | 2:32.49 | 2:38.50 | 372 | |
| | 50m: 33.57 | 100m: 43.13 | 150m: 43.44 | 200m: 38.36 | | | | | | |
| 59. | Roan van der Stege | Swol 1894 | 200900107 | | | | 2:32.39 | 2:38.74 | 370 | |
| | 50m: 34.46 | 100m: 43.34 | 150m: 46.32 | 200m: 34.62 | | | | | | |
| 60. | Sven Mulder | Wvz | 200901655 | | | | 2:43.72 | 2:40.27 | 359 | |
| | 50m: 36.06 | 100m: 40.41 | 150m: 48.92 | 200m: 34.88 | | | | | | |
| 61. | Ruben Trompetter | Dz&Pc | 200500997 | | | | 2:33.60 | 2:40.49 | 358 | |
| | 50m: 33.98 | 100m: 41.75 | 150m: 46.66 | 200m: 38.10 | | | | | | |
| 62. | Twan Wielage | Ksn (Sg) | 200902671 | | | | 2:34.13 | 2:42.09 | 347 | |
| | 50m: 32.88 | 100m: 42.18 | 150m: 49.13 | 200m: 37.90 | | | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 32, Heren, 200m wisselslag, Voorronde, Junioren 1 en ouder

| Rang | | | | | | In.tijd | Tijd | Pnt | RT |
|-------|----------------------|------------------|-----------|-------|-------|---------|----------------|-------|----|
| 63. | Matthijs van Velzen | Zv 44 | 201100435 | | | 2:38.17 | 2:42.57 | 344 | |
| | 50m: | 33.25 | 100m: | 44.10 | 150m: | 48.87 | 200m: | 36.35 | |
| 64. | Siem Faber | Batavia Swim | 200900065 | | | 2:54.69 | 2:44.01 | 335 | |
| | 50m: | 34.25 | 100m: | 43.53 | 150m: | 48.62 | 200m: | 37.61 | |
| 65. | Mathijs Boersma | ZPC Hogeveen | 201000313 | | | 2:40.20 | 2:44.44 | 333 | |
| | 50m: | 41.24 | 100m: | 42.24 | 150m: | 44.15 | 200m: | 36.81 | |
| 66. | Kick Germers | Swol 1894 | 201000185 | | | 2:36.22 | 2:48.13 | 311 | |
| | 50m: | 37.52 | 100m: | 44.83 | 150m: | 47.97 | 200m: | 37.81 | |
| 67. | Henry Watson | De Dolfijn | 201001703 | | | 2:48.09 | 2:48.49 | 309 | |
| | 50m: | 34.22 | 100m: | 44.56 | 150m: | 50.72 | 200m: | 38.99 | |
| 68. | Robin Mintjes | HZ&PC Heerenveen | 201000957 | | | 2:48.60 | 2:48.93 | 307 | |
| | 50m: | 36.47 | 100m: | 44.70 | 150m: | 50.05 | 200m: | 37.71 | |
| 69. | Roderick Veldhuizen | Ksn (Sg) | 200804031 | | | 2:45.32 | 2:49.29 | 305 | |
| | 50m: | 35.34 | 100m: | 45.18 | 150m: | 49.55 | 200m: | 39.22 | |
| 70. | Juan Cruz Slappendel | F.Z.C.'54 | 200903053 | | | 2:45.58 | 2:49.71 | 303 | |
| | 50m: | 35.17 | 100m: | 43.38 | 150m: | 55.09 | 200m: | 36.07 | |
| 71. | Douwe Enzerink | Deltasteur | 201102657 | | | 2:55.49 | 2:50.64 | 298 | |
| | 50m: | 37.16 | 100m: | 44.19 | 150m: | 50.86 | 200m: | 38.43 | |
| 72. | Vince van Dam | Acz | 201000405 | | | 2:52.21 | 2:51.24 | 295 | |
| | 50m: | 35.52 | 100m: | 43.96 | 150m: | 49.82 | 200m: | 41.94 | |
| 73. | Kyaro Giuliano | De Dolfijn | 201000489 | | | 2:51.85 | 2:51.67 | 292 | |
| | 50m: | 38.03 | 100m: | 45.41 | 150m: | 49.82 | 200m: | 38.41 | |
| 74. | Victor de Haan | HZ&PC Heerenveen | 201001921 | | | 2:49.99 | 2:52.28 | 289 | |
| | 50m: | 41.12 | 100m: | 40.69 | 150m: | 55.55 | 200m: | 34.92 | |
| 75. | Daniël Scheppink | Swol 1894 | 200902769 | | | 2:54.51 | 2:53.16 | 285 | |
| | 50m: | 40.34 | 100m: | 45.24 | 150m: | 50.34 | 200m: | 37.24 | |
| 76. | Cas Kleinpenning | ZVZwartsluis | 200702499 | | | 2:56.84 | 2:56.11 | 271 | |
| | 50m: | 34.48 | 100m: | 44.24 | 150m: | 57.17 | 200m: | 40.22 | |
| 77. | Daan Mulder | Ksn (Sg) | 201100267 | | | 2:52.54 | 2:57.87 | 263 | |
| | 50m: | 40.35 | 100m: | 45.23 | 150m: | 52.37 | 200m: | 39.92 | |
| 78. | Amor van der Veen | Zv 44 | 201100197 | | | 2:50.10 | 3:01.31 | 248 | |
| | 50m: | 41.43 | 100m: | 42.82 | 150m: | 57.28 | 200m: | 39.78 | |
| AFGEM | Jonathan Baaijens | Psv | 200800409 | | | 2:31.06 | | | |

DZ&PC Spring Swim 2024

5 - Spring Swim Sessie 5: Finales

3-3-2024 - 17:00

Programmanr. 19 Dames, 400m vrije slag Senioren Open
3-3-2024 - 17:00 Spring Swim record: Laura Setz 4:21.06 Resultaten Finale

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|---|------------------|-----------|---------|--------------------|
| 1. Serena Stel <i>*Spring Swim record</i> | De Dolfijn | 199801528 | 4:22.27 | 4:20.79 744 |
| 50m: 29.77 150m: 33.21 250m: 32.68 350m: 33.41 | | | | |
| 100m: 32.68 200m: 33.79 300m: 33.66 400m: 31.59 | | | | |
| 2. Marte Hieke van der Kamp | HZ&PC Heerenveen | 200500218 | 4:27.06 | 4:25.34 707 |
| 50m: 30.70 150m: 33.41 250m: 33.93 350m: 33.74 | | | | |
| 100m: 32.84 200m: 33.75 300m: 33.89 400m: 33.08 | | | | |
| 3. Hedwig Bolt | HZ&PC Heerenveen | 200602660 | 4:30.62 | 4:26.55 697 |
| 50m: 30.69 150m: 33.75 250m: 33.48 350m: 33.57 | | | | |
| 100m: 33.94 200m: 34.45 300m: 34.07 400m: 32.60 | | | | |
| 4. Merel Schravendijk | Blue Marlins | 200503382 | 4:33.62 | 4:32.77 650 |
| 50m: 30.88 150m: 34.23 250m: 35.42 350m: 35.19 | | | | |
| 100m: 33.29 200m: 34.50 300m: 35.42 400m: 33.84 | | | | |
| 5. Julie van Nispen | Z&PV Nuenen | 200800290 | 4:36.99 | 4:33.11 648 |
| 50m: 31.26 150m: 34.45 250m: 34.13 350m: 34.18 | | | | |
| 100m: 35.05 200m: 35.06 300m: 35.05 400m: 33.93 | | | | |
| 6. Bregje Dekkers | Psv | 200900746 | 4:40.29 | 4:40.31 599 |
| 50m: 32.57 150m: 36.22 250m: 35.63 350m: 35.40 | | | | |
| 100m: 35.38 200m: 35.69 300m: 35.77 400m: 33.65 | | | | |
| 7. Myrthe Natzijl | Dz&Pc | 200400076 | 4:43.78 | 4:44.28 575 |
| 50m: 32.48 150m: 35.85 250m: 36.10 350m: 36.54 | | | | |
| 100m: 35.65 200m: 36.38 300m: 36.45 400m: 34.83 | | | | |
| 8. Julia Agricola | Dz&Pc | 200800266 | 4:46.91 | 4:44.51 573 |
| 50m: 32.99 150m: 36.70 250m: 36.25 350m: 36.38 | | | | |
| 100m: 35.37 200m: 35.99 300m: 36.17 400m: 34.66 | | | | |

Programmanr. 20 Heren, 100m vlinderslag Junioren 1 en ouder
3-3-2024 - 17:08 Spring Swim record: Maarten Brzoskowski 55.09 Resultaten Finale

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|--|--------------|-----------|-------|------------------|
| Finale A | | | | |
| 1. Michael Smink <i>*Spring Swim record</i> | Blue Marlins | 200302169 | 55.20 | 54.05 765 |
| 50m: 25.00 100m: 29.05 | | | | |
| 2. Tiago Fonseca Gomes | Psv | 200703587 | 55.94 | 56.35 675 |
| 50m: 26.00 100m: 30.35 | | | | |
| 3. Domingo Kuipers | Dz&Pc | 200501787 | 57.45 | 56.86 657 |
| 50m: 26.75 100m: 30.11 | | | | |
| 4. Sven Klink | Swol 1894 | 200500349 | 57.36 | 57.54 634 |
| 50m: 26.91 100m: 30.63 | | | | |

DZ&PC Spring Swim 2024

Programmanr. 20, Heren, 100m vlinderslag, Finale, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|----------|-------------------------|-----------------------|-----------|---------|----------------|-----|----|
| 5. | Matthijs van Meerendonk | Dz&Pc | 199900375 | 58.16 | 58.66 | 599 | |
| | 50m: | 26.99 | 100m: | 31.67 | | | |
| 6. | Lars Bulman | Blue Marlins | 200600125 | 58.92 | 58.75 | 596 | |
| | 50m: | 27.12 | 100m: | 31.63 | | | |
| 7. | Kaan Sudak | Blue Marlins | 200803733 | 58.87 | 59.49 | 574 | |
| | 50m: | 27.44 | 100m: | 32.05 | | | |
| 8. | Storm Tolsma | Zignea | 200600277 | 1:02.07 | 1:01.74 | 513 | |
| | 50m: | 28.66 | 100m: | 33.08 | | | |
| Finale B | | | | | | | |
| 9. | Jones Chuang | Psv | 200801173 | 59.51 | 59.09 | 586 | |
| | 50m: | 27.40 | 100m: | 31.69 | | | |
| 10. | Tiede Groener | De Dinkel | 200700155 | 59.72 | 59.13 | 584 | |
| | 50m: | 27.56 | 100m: | 31.57 | | | |
| 11. | Joshua Agussalim | Wvz | 200600153 | 1:00.25 | 59.31 | 579 | |
| | 50m: | 27.58 | 100m: | 31.73 | | | |
| 12. | Pepijn van Egmond | Wvz | 200402309 | 1:00.40 | 1:00.22 | 553 | |
| | 50m: | 27.83 | 100m: | 32.39 | | | |
| 13. | Donny van den Bosch | De Duinkickers | 199502001 | 1:00.57 | 1:00.50 | 546 | |
| | 50m: | 28.19 | 100m: | 32.31 | | | |
| 14. | Jisse Lousma | Wvz | 200701493 | 59.94 | 1:00.63 | 542 | |
| | 50m: | 28.94 | 100m: | 31.69 | | | |
| 15. | Collard Jungeling | Dz&Pc | 200701831 | 1:01.46 | 1:01.11 | 529 | |
| | 50m: | 28.47 | 100m: | 32.64 | | | |
| 16. | Johannes Due Jessen | Haderslev Svømme Klub | 0847AI | 1:01.60 | 1:02.15 | 503 | |
| | 50m: | 28.98 | 100m: | 33.17 | | | |

Programmanr. 21
3-3-2024 - 17:14

Dames, 100m rugslag
Spring Swim record: Maaïke de Waard 1:02.11

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|----------|-------------------|----------------------|-----------|---------|----------------|-----|-------|
| Finale A | | | | | | | |
| 1. | Jinth Engelse | Niemo Barracuda | 200800204 | 1:02.70 | 1:03.05 | 756 | +0,66 |
| | 50m: | 30.48 | 100m: | 32.57 | | | |
| 2. | Mare Schallenberg | Acz | 200600078 | 1:04.90 | 1:04.24 | 715 | +0,71 |
| | 50m: | 31.84 | 100m: | 32.40 | | | |
| 3. | Elise Tanis | De Dolfijn | 200200120 | 1:03.93 | 1:04.29 | 713 | +0,66 |
| | 50m: | 31.22 | 100m: | 33.07 | | | |
| 4. | Sara Korthuis | Dz&Pc | 200600494 | 1:04.31 | 1:04.47 | 707 | +0,75 |
| | 50m: | 31.13 | 100m: | 33.34 | | | |
| 5. | Angelina Rolman | Team NL - De Dolfijn | 200701972 | 1:04.96 | 1:05.56 | 672 | +0,63 |
| | 50m: | 31.96 | 100m: | 33.60 | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 21, Dames, 100m rugslag, Finale, Senioren Open

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|--------------------|---------------|-----------|---------|----------------|-----|-------|
| 6. | Eefje Irvine | De Dolfijn | 200700164 | 1:06.01 | 1:06.08 | 657 | +0,62 |
| | 50m: 32.51 | 100m: 33.57 | | | | | |
| 7. | Dachen Haaijer | ZPC Hoogeveen | 200800380 | 1:06.15 | 1:06.30 | 650 | +0,62 |
| | 50m: 32.27 | 100m: 34.03 | | | | | |
| 8. | Yara van Kalmthout | Team NL - PSV | 200200984 | 1:06.44 | 1:06.76 | 637 | +0,67 |
| | 50m: 32.59 | 100m: 34.17 | | | | | |

Finale B

| | | | | | | | |
|-----|--------------------|------------------|-----------|---------|----------------|-----|-------|
| 9. | Carolina Cermelli | De Dolfijn | 200106390 | 1:07.87 | 1:06.02 | 658 | +0,64 |
| | 50m: 31.55 | 100m: 34.47 | | | | | |
| 10. | Laura van Etten | HZ&PC Heerenveen | 200800264 | 1:06.90 | 1:06.03 | 658 | +0,71 |
| | 50m: 32.49 | 100m: 33.54 | | | | | |
| 11. | Fay Boxum | Dz&Pc | 200900060 | 1:07.76 | 1:07.93 | 604 | +0,64 |
| | 50m: 32.86 | 100m: 35.07 | | | | | |
| 12. | Floor Hogervorst | Blue Marlins | 200701400 | 1:08.98 | 1:08.56 | 588 | +0,72 |
| | 50m: 33.69 | 100m: 34.87 | | | | | |
| 13. | Fenna Zusterzeel | Psv | 201000008 | 1:08.48 | 1:08.67 | 585 | +0,58 |
| | 50m: 33.05 | 100m: 35.62 | | | | | |
| 14. | Maaïke Issard | Dz&Pc | 200300022 | 1:08.98 | 1:10.21 | 547 | +0,72 |
| | 50m: 33.27 | 100m: 36.94 | | | | | |
| 15. | Emmelien Smelt | ZVZwartsluis | 200800012 | 1:09.15 | 1:10.25 | 546 | +0,67 |
| | 50m: 34.14 | 100m: 36.11 | | | | | |
| 16. | Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | 1:09.42 | 1:10.36 | 544 | +0,76 |
| | 50m: 34.01 | 100m: 36.35 | | | | | |

Programmanr. 22
3-3-2024 - 17:21

Heren, 50m vrije slag
Spring Swim record: Thom de Boer 22.31

Junioren 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|----------|----------------------|------------------------|-----------|---------|--------------|-----|----|
| Finale A | | | | | | | |
| 1. | Thom de Boer | De Dolfijn | 199100181 | 22.31 | 22.33 | 821 | |
| 2. | Jesse van der A | De Dolfijn | 199905303 | 23.28 | 23.30 | 722 | |
| 3. | Brandon van den Berg | Team NL - Blue Marlins | 200200669 | 23.06 | 23.33 | 719 | |
| 4. | Michael Smink | Blue Marlins | 200302169 | 23.56 | 23.74 | 683 | |
| 5. | Koen de Groot | Team NL - PSV | 200401059 | 23.75 | 23.81 | 677 | |
| 6. | Bart Sommeling | De Dolfijn | 199800765 | 23.94 | 24.26 | 640 | |
| 7. | Lars Verhalle | Psv | 200200019 | 23.86 | 24.30 | 637 | |
| 8. | Nikodim Markovic | Blue Marlins | 200700255 | 24.24 | 24.45 | 625 | |
| Finale B | | | | | | | |
| 9. | Merlin Belmon | Team NL - PSV | 200403191 | 24.43 | 24.00 | 661 | |
| 10. | Luuk van Rooij | Psv | 200400581 | 24.66 | 24.42 | 627 | |
| 11. | Emiel van Oord | De Dolfijn | 200503707 | 24.49 | 24.43 | 627 | |
| 12. | Jelle Betten | Dz&Pc | 200001535 | 24.28 | 24.52 | 620 | |

DZ&PC Spring Swim 2024

Programmanr. 22, Heren, 50m vrije slag, Finale, Junioren 1 en ouder

| Rang | | | In.tijd | Tijd | Pnt | RT |
|------|---------------|--------------|-----------|-------|--------------|-----|
| 13. | Saviël Armand | Acz | 200204461 | 24.46 | 24.62 | 612 |
| 14. | Kaan Sudak | Blue Marlins | 200803733 | 24.27 | 24.66 | 609 |
| 15. | Jip Bakker | Dz&Pc | 200600287 | 24.88 | 24.75 | 603 |
| 16. | Thijn Damen | Psv | 200300973 | 24.75 | 24.81 | 598 |

Programmanr. 23
3-3-2024 - 17:27

Dames, 50m schoolslag
Spring Swim record: Tes Schouten 31.97

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | | | In.tijd | Tijd | Pnt | RT |
|----------|-----------------------|----------------|-----------|-------|--------------|-----|
| Finale A | | | | | | |
| 1. | Lynn Blommers | Blue Marlins | 200105062 | 33.51 | 33.33 | 679 |
| 2. | Michelle Zomerdijk | Dedemsvaart-AC | 200003196 | 34.49 | 33.96 | 642 |
| 3. | Karin Rijkelijkhuisen | Dz&Pc | 199403358 | 34.17 | 34.42 | 616 |
| 4. | Nieke Dovic | Psv | 200700238 | 34.63 | 34.61 | 606 |
| 5. | Thalia Meijer | Blue Marlins | 200704048 | 34.68 | 34.78 | 597 |
| 6. | Veerle Hildebrand | Psv | 200801830 | 35.06 | 34.82 | 595 |
| 7. | Djanilla Brink | De Dolfijn | 200600988 | 34.89 | 35.13 | 580 |
| 8. | Evy van Laarhoven | Psv | 200500712 | 35.61 | 36.33 | 524 |

Finale B

| | | | | | | |
|-----|--------------------|-----------------------|-----------|-------|--------------|-----|
| 9. | Rafaëla Mulders | De Reuring | 200701398 | 35.62 | 35.46 | 564 |
| 10. | Lise Kleinbekman | Dz&Pc | 200502870 | 35.97 | 35.77 | 549 |
| 11. | Marlies Dijsselhof | Dedemsvaart-AC | 200601046 | 36.62 | 35.86 | 545 |
| 12. | Anja Kisielewicz | Haderslev Svømme Klub | 0714AX | 35.72 | 35.96 | 540 |
| 13. | Esmee Mulder | Dz&Pc | 200800038 | 36.33 | 36.25 | 528 |
| 14. | Phaedra Meijer | Blue Marlins | 200405834 | 35.77 | 36.56 | 514 |
| 15. | Amber Kunst | Daw | 200900680 | 36.85 | 36.83 | 503 |
| 16. | Annelie Klinkhamer | ZC Borger | 200702606 | 36.68 | 37.52 | 476 |

Programmanr. 24
3-3-2024 - 17:32

Heren, 200m rugslag
Spring Swim record: Niels Dijkshoorn 2:05.79

Junioren 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------------|---------------|-------------|-------------|----------------|-----|-------|
| 1. | Niels Dijkshoorn | Team NL - PSV | 200203079 | 2:05.79 | 2:03.08 | 751 | +0,68 |
| | <i>*Spring Swim record</i> | | | | | | |
| | 50m: 28.86 | 100m: 31.56 | 150m: 31.73 | 200m: 30.93 | | | |
| 2. | Daan Sonneveld | Wvz | 200601085 | 2:09.89 | 2:09.76 | 641 | +0,67 |
| | 50m: 30.71 | 100m: 33.89 | 150m: 32.87 | 200m: 32.29 | | | |
| 3. | Bram Loots | Kzc | 200700197 | 2:12.30 | 2:09.86 | 640 | +0,71 |
| | 50m: 30.98 | 100m: 33.62 | 150m: 33.51 | 200m: 31.75 | | | |
| 4. | Sven Klink | Swol 1894 | 200500349 | 2:11.23 | 2:11.65 | 614 | +0,71 |
| | 50m: 31.01 | 100m: 33.61 | 150m: 33.60 | 200m: 33.43 | | | |
| 5. | Tiamo van der Veen | Zv 44 | 200600033 | 2:13.07 | 2:13.07 | 594 | +0,57 |
| | 50m: 30.65 | 100m: 33.41 | 150m: 34.44 | 200m: 34.57 | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
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DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 24, Heren, 200m rugslag, Finale, Junioren 1 en ouder

| Rang | | | | | | In.tijd | Tijd | Pnt | RT |
|------|------------------|------------------------|-------------|-------------|--|---------|----------------|-----|-------|
| 6. | Wytse Broekstra | De Vikings | 200800121 | | | 2:14.54 | 2:16.02 | 557 | +0,67 |
| | 50m: 30.76 | 100m: 34.07 | 150m: 35.75 | 200m: 35.44 | | | | | |
| 7. | Jisse Lousma | Wvz | 200701493 | | | 2:15.31 | 2:16.17 | 555 | +0,68 |
| | 50m: 33.52 | 100m: 35.27 | 150m: 34.74 | 200m: 32.64 | | | | | |
| 8. | Yanieck Weijland | Team NL - Blue Marlins | 200500329 | | | 2:13.57 | 2:16.77 | 547 | +0,77 |
| | 50m: 33.09 | 100m: 34.86 | 150m: 34.87 | 200m: 33.95 | | | | | |

Programmanr. 25
3-3-2024 - 17:36

Dames, 200m vlinderslag
Spring Swim record: Alinda Dingshoff 2:19.92

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | | | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------------|------------------|-------------|-------------|--|---------|----------------|-----|----|
| 1. | Evy Rozeboom | Daw | 200601338 | | | 2:23.24 | 2:19.17 | 670 | |
| | <i>*Spring Swim record</i> | | | | | | | | |
| | 50m: 30.82 | 100m: 35.70 | 150m: 36.65 | 200m: 36.00 | | | | | |
| 2. | Nikita van den Ouden | Psv | 199900622 | | | 2:28.71 | 2:27.78 | 560 | |
| | 50m: 31.60 | 100m: 37.00 | 150m: 38.86 | 200m: 40.32 | | | | | |
| 3. | Alinda Dingshoff | De Dolfijn | 200000928 | | | 2:33.90 | 2:27.86 | 559 | |
| | 50m: 31.09 | 100m: 35.98 | 150m: 40.12 | 200m: 40.67 | | | | | |
| 4. | Frouke Ludwig | Dz&Pc | 200800112 | | | 2:31.98 | 2:29.06 | 545 | |
| | 50m: 33.02 | 100m: 38.41 | 150m: 38.34 | 200m: 39.29 | | | | | |
| 5. | Marte Hieke van der Kamp | HZ&PC Heerenveen | 200500218 | | | 2:33.38 | 2:29.61 | 539 | |
| | 50m: 33.28 | 100m: 38.93 | 150m: 39.74 | 200m: 37.66 | | | | | |
| 6. | Laura van Etten | HZ&PC Heerenveen | 200800264 | | | 2:32.92 | 2:31.28 | 522 | |
| | 50m: 32.29 | 100m: 39.07 | 150m: 39.95 | 200m: 39.97 | | | | | |
| 7. | Tess Vonk | De Geul | 200900024 | | | 2:42.37 | 2:41.57 | 428 | |
| | 50m: 35.15 | 100m: 41.52 | 150m: 42.27 | 200m: 42.63 | | | | | |
| 8. | Elin Brinkhof | De Dolfijn | 200900078 | | | 2:46.59 | 2:42.37 | 422 | |
| | 50m: 34.16 | 100m: 40.19 | 150m: 45.02 | 200m: 43.00 | | | | | |

Programmanr. 26
3-3-2024 - 18:02

Heren, 50m rugslag
Spring Swim record: Jay de Vries 26.68

Junioren 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | | | | | | In.tijd | Tijd | Pnt | RT |
|------|--|--|--|--|--|---------|------|-----|----|
|------|--|--|--|--|--|---------|------|-----|----|

DZ&PC Spring Swim 2024

Programmanr. 26, Heren, 50m rugslag, Finale

Finale A

| | | | | | | |
|-------------------|------------------------|-----------|-------|--------------|-----|-------|
| 1. Jay de Vries | Team NL - Blue Marlins | 200400669 | 26.68 | 26.85 | 688 | +0,64 |
| 2. Lars Minnaert | Psv | 200502355 | 27.22 | 27.17 | 664 | +0,60 |
| 3. Jelle Betten | Dz&Pc | 200001535 | 27.50 | 27.36 | 650 | +0,60 |
| 4. Daan Sonneveld | Wvz | 200601085 | 27.35 | 27.57 | 636 | +0,67 |
| 5. Lars Verhalle | Psv | 200200019 | 27.76 | 28.08 | 602 | +0,66 |
| 6. Niek Issard | Dz&Pc | 200700037 | 28.53 | 28.39 | 582 | +0,67 |
| 7. Jisse Lousma | Wvz | 200701493 | 28.54 | 28.55 | 572 | +0,63 |
| 8. Jip Bakker | Dz&Pc | 200600287 | 29.66 | 29.92 | 497 | +0,63 |

Finale B

| | | | | | | |
|-----------------------------|--------------|-----------|-------|--------------|-----|-------|
| 9. Matthijs van Meerendonk | Dz&Pc | 199900375 | 28.67 | 28.82 | 556 | +0,60 |
| 10. Colin Bes | ZC Polaris | 200500201 | 29.17 | 28.93 | 550 | +0,59 |
| 11. Emiel van Oord | De Dolfijn | 200503707 | 28.70 | 28.95 | 549 | +0,60 |
| 12. Jesse van der A | De Dolfijn | 199905303 | 29.13 | 28.98 | 547 | +0,72 |
| 13. Lars ten Katen | Batavia Swim | 200600959 | 28.99 | 29.04 | 544 | +0,62 |
| 14. Mees Niemeijer | Dz&Pc | 200201275 | 29.50 | 29.18 | 536 | +0,70 |
| 15. Thom de Hoog | Blue Marlins | 200600019 | 29.37 | 29.38 | 525 | +0,67 |
| 16. Q. Brouwer von Gonzenbe | TriVia | 200700001 | 29.66 | 30.03 | 492 | +0,69 |
| 17. Michael Smink | Blue Marlins | 200302169 | 27.33 | 29.92 | 497 | +0,63 |

Programmanr. 27
3-3-2024 - 18:08

Dames, 100m vrije slag
Spring Swim record: Kim Busch en Sam van Nunen 55.

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | | | In.tijd | Tijd | Pnt | RT |
|----------|----------------------------|-----------------------|-----------|-------|--------------|-----|
| Finale A | | | | | | |
| 1. | Sam van Nunen | Team NL - PSV | 200100036 | 55.31 | 55.05 | 828 |
| | <i>*Spring Swim record</i> | | | | | |
| | 50m: 26.08 | 100m: 28.97 | | | | |
| 2. | Anne Thastrup-Hansen | Haderslev Svømme Klut | 0688AV | 56.85 | 56.80 | 754 |
| | 50m: 27.55 | 100m: 29.25 | | | | |
| 3. | Yara van Kalmthout | Team NL - PSV | 200200984 | 56.78 | 57.22 | 738 |
| | 50m: 27.77 | 100m: 29.45 | | | | |
| 4. | Kirsten Verhalle | Psv | 200400210 | 57.31 | 57.42 | 730 |
| | 50m: 27.77 | 100m: 29.65 | | | | |
| 5. | Sara Korthuis | Dz&Pc | 200600494 | 57.81 | 57.76 | 717 |
| | 50m: 28.03 | 100m: 29.73 | | | | |
| 6. | Megan Jonkman | Blue Marlins | 200600508 | 57.68 | 57.86 | 713 |
| | 50m: 28.47 | 100m: 29.39 | | | | |
| 7. | Angelina Rolman | Team NL - De Dolfijn | 200701972 | 57.68 | 58.05 | 706 |
| | 50m: 28.12 | 100m: 29.93 | | | | |
| 8. | Serena Stel | De Dolfijn | 199801528 | 58.04 | 58.37 | 695 |
| | 50m: 28.81 | 100m: 29.56 | | | | |
| Finale B | | | | | | |
| 9. | Mare Schallenberg | Acz | 200600078 | 58.31 | 58.23 | 700 |

DZ&PC Spring Swim 2024

Programmanr. 27, Dames, 100m vrije slag, Finale, Senioren Open

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|---------------------|-------|------------------|-------|-----------|---------|----------------|-----|
| | 50m: | 28.71 | 100m: | 29.52 | | | | |
| 10. | Anna van Droffelaar | | Team NL - PSV | | 200400258 | 58.49 | 58.54 | 689 |
| | 50m: | 28.47 | 100m: | 30.07 | | | | |
| 11. | Lynn Blommers | | Blue Marlins | | 200105062 | 59.55 | 59.77 | 647 |
| | 50m: | 28.81 | 100m: | 30.96 | | | | |
| 12. | Dachen Haaijer | | ZPC Hoogeveen | | 200800380 | 59.85 | 1:00.59 | 621 |
| | 50m: | 29.18 | 100m: | 31.41 | | | | |
| 13. | Julie van Nispen | | Z&PV Nuenen | | 200800290 | 1:00.78 | 1:00.96 | 610 |
| | 50m: | 29.45 | 100m: | 31.51 | | | | |
| 14. | Madeleine Bertram | | De Dolfijn | | 200900516 | 1:01.24 | 1:00.98 | 609 |
| | 50m: | 29.59 | 100m: | 31.39 | | | | |
| 15. | Veerle de Ridder | | HZ&PC Heerenveen | | 200700778 | 1:01.18 | 1:01.30 | 600 |
| | 50m: | 29.34 | 100m: | 31.96 | | | | |
| 16. | Laura van Etten | | HZ&PC Heerenveen | | 200800264 | 1:00.82 | 1:01.57 | 592 |
| | 50m: | 29.62 | 100m: | 31.95 | | | | |

Programmanr. 28
3-3-2024 - 18:14

Heren, 100m schoolslag
Spring Swim record: Koen de Groot 1:02.99

Junioren 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|----------|--------------------|-------|---------------|-------|-----------|---------|----------------|-----|
| Finale A | | | | | | | | |
| 1. | Steijn Louter | | Team NL - PSV | | 200500793 | 1:03.14 | 1:03.61 | 714 |
| | 50m: | 29.91 | 100m: | 33.70 | | | | |
| 2. | Luca Janssen | | Team NL - PSV | | 200403237 | 1:03.26 | 1:03.71 | 711 |
| | 50m: | 29.67 | 100m: | 34.04 | | | | |
| 3. | Koen de Groot | | Team NL - PSV | | 200401059 | 1:02.99 | 1:03.81 | 708 |
| | 50m: | 29.51 | 100m: | 34.30 | | | | |
| 4. | Jason van den Berg | | Blue Marlins | | 200400009 | 1:03.83 | 1:04.64 | 681 |
| | 50m: | 30.37 | 100m: | 34.27 | | | | |
| 5. | Cas Verstegen | | Psv | | 200500891 | 1:05.52 | 1:05.25 | 662 |
| | 50m: | 31.06 | 100m: | 34.19 | | | | |
| 6. | Juri Dijkstra | | De Dolfijn | | 200002119 | 1:05.60 | 1:05.59 | 652 |
| | 50m: | 30.57 | 100m: | 35.02 | | | | |
| 7. | Storm Boxum | | Dz&Pc | | 200700421 | 1:05.76 | 1:05.79 | 646 |
| | 50m: | 30.98 | 100m: | 34.81 | | | | |
| 8. | Wytse Broekstra | | De Vikings | | 200800121 | 1:05.39 | 1:06.06 | 638 |
| | 50m: | 31.33 | 100m: | 34.73 | | | | |
| Finale B | | | | | | | | |
| 9. | Roan van der Weide | | Blue Marlins | | 200601629 | 1:06.67 | 1:06.53 | 624 |
| | 50m: | 31.06 | 100m: | 35.47 | | | | |

DZ&PC Spring Swim 2024



SPORTBEDRIJF
DRACHTEN

DZ&PC Spring Swim
1 t/m 3 maart 2024



Programmanr. 28, Heren, 100m schoolslag, Finale, Junioren 1 en ouder

| Rang | | | | In.tijd | Tijd | Pnt | RT |
|------|------------------|------------------------|-----------|---------|----------------|-----|----|
| 10. | Rick Bulman | Blue Marlins | 200101899 | 1:08.01 | 1:07.72 | 592 | |
| | 50m: 32.13 | 100m: 35.59 | | | | | |
| 11. | Sven Koorstra | De Vikings | 200900189 | 1:10.79 | 1:10.04 | 535 | |
| | 50m: 33.29 | 100m: 36.75 | | | | | |
| 12. | Thygo van Peppel | Blue Marlins | 200901101 | 1:10.65 | 1:10.30 | 529 | |
| | 50m: 32.77 | 100m: 37.53 | | | | | |
| 13. | Thierry Zulver | ZV Vlaardingen-Schieda | 200700023 | 1:10.60 | 1:10.64 | 522 | |
| | 50m: 32.70 | 100m: 37.94 | | | | | |
| 14. | Hein Muller | Dz&Pc | 200800157 | 1:11.04 | 1:10.97 | 514 | |
| | 50m: 33.17 | 100m: 37.80 | | | | | |
| 15. | Luca Boorsma | De Dolfijn | 200902031 | 1:11.42 | 1:11.69 | 499 | |
| | 50m: 33.76 | 100m: 37.93 | | | | | |
| 16. | Storm Tolsma | Zignea | 200600277 | 1:11.09 | 1:12.17 | 489 | |
| | 50m: 34.01 | 100m: 38.16 | | | | | |

Programmanr. 29
3-3-2024 - 18:21

Dames, 200m schoolslag
Spring Swim record: Djanilla Brink 2:35.76

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | | | | | In.tijd | Tijd | Pnt | RT |
|------|--------------------|----------------|-------------|-------------|----------------|------|-----|----|
| 1. | Djanilla Brink | De Dolfijn | 200600988 | 2:35.76 | 2:37.19 | 690 | | |
| | 50m: 35.22 | 100m: 39.76 | 150m: 40.50 | 200m: 41.71 | | | | |
| 2. | Nina Zusterzeel | Psv | 200800656 | 2:43.10 | 2:38.87 | 669 | | |
| | 50m: 36.35 | 100m: 40.53 | 150m: 41.32 | 200m: 40.67 | | | | |
| 3. | Nieke Dovic | Psv | 200700238 | 2:44.42 | 2:41.24 | 639 | | |
| | 50m: 36.45 | 100m: 41.11 | 150m: 41.86 | 200m: 41.82 | | | | |
| 4. | Esmee Mulder | Dz&Pc | 200800038 | 2:45.22 | 2:44.12 | 606 | | |
| | 50m: 36.93 | 100m: 40.98 | 150m: 42.49 | 200m: 43.72 | | | | |
| 5. | Veerle Hildebrand | Psv | 200801830 | 2:46.06 | 2:48.78 | 557 | | |
| | 50m: 36.96 | 100m: 42.26 | 150m: 44.44 | 200m: 45.12 | | | | |
| 6. | Rinske Bouman | Blue Marlins | 200400578 | 2:46.55 | 2:50.30 | 543 | | |
| | 50m: 38.01 | 100m: 42.45 | 150m: 44.32 | 200m: 45.52 | | | | |
| 7. | Lise Kleinbekman | Dz&Pc | 200502870 | 2:52.44 | 2:55.44 | 496 | | |
| | 50m: 38.62 | 100m: 44.65 | 150m: 46.20 | 200m: 45.97 | | | | |
| 8. | Marlies Dijsselhof | Dedemsvaart-AC | 200601046 | 2:54.07 | 2:56.58 | 487 | | |
| | 50m: 39.10 | 100m: 44.02 | 150m: 46.18 | 200m: 47.28 | | | | |

DZ&PC Spring Swim 2024

Programmanr. 30
3-3-2024 - 18:26

Heren, 200m vrije slag
Spring Swim record: Stan Pijnenburg 1:49.98

Juniores 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|--|---------------|-----------|---------|--------------------|
| 1. Bart Sommeling 50m: 26.11 100m: 28.56 150m: 30.23 200m: 28.16 | De Dolfijn | 199800765 | 1:52.42 | 1:53.06 734 |
| 2. Luuk van Rooij 50m: 26.17 100m: 28.71 150m: 29.56 200m: 29.10 | Psv | 200400581 | 1:53.41 | 1:53.54 725 |
| 3. Niels Dijkshoorn 50m: 27.02 100m: 28.73 150m: 29.06 200m: 29.21 | Team NL - PSV | 200203079 | 1:54.54 | 1:54.02 715 |
| 4. Tiago Fonseca Gomes 50m: 27.14 100m: 29.13 150m: 29.90 200m: 30.09 | Psv | 200703587 | 1:54.80 | 1:56.26 675 |
| 5. Merlin Belmon 50m: 27.04 100m: 30.15 150m: 30.34 200m: 30.08 | Team NL - PSV | 200403191 | 1:57.36 | 1:57.61 652 |
| 6. Lucas van Rooij 50m: 27.88 100m: 30.15 150m: 30.54 200m: 30.24 | Psv | 200603943 | 1:58.59 | 1:58.81 632 |
| 7. Colin Bes 50m: 28.14 100m: 30.73 150m: 31.25 200m: 30.40 | ZC Polaris | 200500201 | 2:01.05 | 2:00.52 606 |
| 8. Tim van Erven 50m: 27.34 100m: 30.09 150m: 31.47 200m: 31.86 | Dz&Pc | 200700175 | 2:00.57 | 2:00.76 602 |

Programmanr. 31
3-3-2024 - 18:31

Dames, 50m vlinderslag
Spring Swim record: Kim Busch 26.75

Senioren Open
Resultaten Finale

Punten: FINA 2023

| Rang | In.tijd | Tijd | Pnt | RT |
|---------------------------|-----------------------------|-----------|-------|------------------|
| Finale A | | | | |
| 1. Kinge Zandringa | De Dolfijn | 199801422 | 27.72 | 27.16 727 |
| 2. Jinth Engelse | Niemo Barracuda | 200800204 | 27.67 | 27.84 675 |
| 3. Sara Korthuis | Dz&Pc | 200600494 | 28.16 | 27.96 667 |
| 4. Evy Rozeboom | Daw | 200601338 | 28.23 | 28.45 633 |
| 5. Megan Jonkman | Blue Marlins | 200600508 | 28.35 | 28.55 626 |
| 6. Jolijn Liezen | Steenwijk 1934 | 200500518 | 29.21 | 28.93 602 |
| 7. Tess Berner | De Duinkickers | 200600450 | 29.43 | 29.15 588 |
| 8. Phaedra Meijer | Blue Marlins | 200405834 | 29.41 | 30.56 510 |
| Finale B | | | | |
| 9. Rafaela Mulders | De Reuring | 200701398 | 29.55 | 29.35 576 |
| 10. Karin Rijkelijkhuisen | Dz&Pc | 199403358 | 29.77 | 29.70 556 |
| 11. Dachen Haaijer | ZPC Hoogeveen | 200800380 | 29.66 | 30.03 538 |
| Sille Holm-Nissen | Haderslev Svømme Klut0738AV | | 30.02 | 30.03 538 |
| 13. Dionne Salomons | ZC Borger | 200200504 | 30.37 | 30.22 528 |
| 14. Indy van Laarhoven | Psv | 200500710 | 30.53 | 30.49 514 |
| 15. Esmee Mulder | Dz&Pc | 200800038 | 30.57 | 30.55 511 |
| NG.ZA Ciska de Lugt | Dz&Pc | 200503302 | 30.67 | |

DZ&PC Spring Swim 2024

Programmanr. 32
3-3-2024 - 18:36

Heren, 200m wisselslag
Spring Swim record: Kyle Stolk 2:04.46

Junioren 1 en ouder
Resultaten Finale

Punten: FINA 2023

| Rang | | | | | | | In.tijd | Tijd | Pnt | RT |
|------|----------------------------|------------------------|-----------|-------|-------|-------|---------|----------------|-----|----|
| 1. | Thomas Jansen | Team NL - WVZ | 200100143 | | | | 2:05.01 | 2:03.42 | 788 | |
| | <i>*Spring Swim record</i> | | | | | | | | | |
| | 50m: | 26.26 | 100m: | 32.22 | 150m: | 35.63 | 200m: | 29.31 | | |
| 2. | S. De Freitas Steverink | Psv | 200404481 | | | | 2:08.16 | 2:05.48 | 749 | |
| | 50m: | 27.22 | 100m: | 33.30 | 150m: | 36.27 | 200m: | 28.69 | | |
| 3. | Sven Klink | Swol 1894 | 200500349 | | | | 2:07.20 | 2:07.17 | 720 | |
| | 50m: | 27.20 | 100m: | 32.78 | 150m: | 37.47 | 200m: | 29.72 | | |
| 4. | Domingo Kuipers | Dz&Pc | 200501787 | | | | 2:08.16 | 2:07.85 | 708 | |
| | 50m: | 27.60 | 100m: | 33.08 | 150m: | 36.73 | 200m: | 30.44 | | |
| 5. | Yanieck Weijland | Team NL - Blue Marlins | 200500329 | | | | 2:08.11 | 2:09.83 | 677 | |
| | 50m: | 28.44 | 100m: | 35.02 | 150m: | 36.51 | 200m: | 29.86 | | |
| 6. | Nikodim Markovic | Blue Marlins | 200700255 | | | | 2:10.35 | 2:12.30 | 639 | |
| | 50m: | 27.78 | 100m: | 34.38 | 150m: | 38.11 | 200m: | 32.03 | | |
| 7. | Sven Koonstra | De Vikings | 200900189 | | | | 2:17.35 | 2:16.93 | 577 | |
| | 50m: | 30.25 | 100m: | 36.64 | 150m: | 38.07 | 200m: | 31.97 | | |
| 8. | Storm Tolsma | Zignea | 200600277 | | | | 2:17.45 | 2:20.43 | 534 | |
| | 50m: | 30.57 | 100m: | 37.14 | 150m: | 40.56 | 200m: | 32.16 | | |